

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Records Report for 50MREC-L

2024 VA LC Senior Champs 18-Jul-24 to 21-Jul-24 LC Meters

Female 15-16 200 Fly & Open				
2:21.33		Ava Shopbell at 2024 EZ LC Speedo Super Sectional	5/16/2024	LY -VA
2:18.76	**	Ava Shopbell at 2024 VA LC Senior Champs	7/18/2024	LY -VA
2:21.30		Ava Shopbell at 2024 VA LC Senior Champs	7/18/2024	LY -VA
Female 15-16 400 IM				
5:12.65		Anna Meinke at 2013 VA LC SR Championships	7/18/2013	LY -VA
5:10.81	**	Ava Shopbell at 2024 VA LC Senior Champs	7/18/2024	LY -VA

**Indicates Best Record for Each Event