

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Relay Results

2024 CCA Summer Awards 12-Jul-24 to 14-Jul-24 LC Meters

Time	F/P/S	Relay	Place	Points
Event # 23 Female 11-12 200 Free				
2:20.54L F		Lynchburg YMCA Swim Team	LY VA	7 24
Caroline Nelson (11)		Ellington Hermosa (12)	Tammy Eakkhattiyakorn (11)	Lainey Pennington (12)
43.12 (43.12)	1:07.77 (24.65)	1:47.51 (39.74)	2:20.54 (33.03)	
Event # 24 Male 11-12 200 Free				
2:20.61L F		Lynchburg YMCA Swim Team	LY VA	4 30
Noah Leger (11)		Jefferson Koscielny (12)	Aidan Moss (12)	Austin Woodruff (11)
35.75 (35.75)	1:12.59 (36.84)	1:48.02 (35.43)	2:20.61 (32.59)	
Event # 29 Female 13 & Over 400 Free				
4:27.80L F		Lynchburg YMCA Swim Team	LY VA	2 34
Anna Mills (17)		Sarah Warren (15)	Kathleen King (14)	Broughton Webb (14)
32.08 (32.08)	1:06.79 (1:06.79)	---	2:12.40 (1:05.61)	
2:47.37 (34.97)	3:23.45 (1:11.05)	3:54.20 (30.75)	4:27.80 (1:04.35)	
4:57.35L F		Lynchburg YMCA Swim Team	LY VA	12 10
Hannah Curl (14)		Zelynn Gustafson (15)	Avery Duff (13)	Ella Pennington (14)
33.67 (33.67)	1:12.20 (1:12.20)	1:46.92 (34.72)	2:26.67 (1:14.47)	
3:02.94 (36.27)	3:43.19 (1:16.52)	4:18.76 (35.57)	4:57.35 (1:14.16)	
Event # 30 Male 13 & Over 400 Free				
3:59.69L F		Lynchburg YMCA Swim Team	LY VA	1 40
Noah Wells (16)		Noah Kasper (16)	Avery Snyder (15)	Thomas Fenton (18)
28.25 (28.25)	58.60 (58.60)	1:28.15 (29.55)	2:00.10 (1:01.50)	
2:27.78 (27.68)	2:59.46 (59.36)	3:28.57 (29.11)	3:59.69 (1:00.23)	
4:08.90L F		Lynchburg YMCA Swim Team	LY VA	4 30
Mitchell Rogers (13)		Luke Morrison (14)	Caleb Wu (13)	Josh Edwards (15)
29.40 (29.40)	1:01.72 (1:01.72)	1:31.03 (29.31)	2:03.13 (1:01.41)	
2:34.91 (31.78)	3:08.41 (1:05.28)	3:36.83 (28.42)	4:08.90 (1:00.49)	
Event # 31 Female 13 & Over 200 Free				
2:03.92L F		Lynchburg YMCA Swim Team	LY VA	3 32
Sarah Warren (15)		Anna Mills (17)	Kathleen King (14)	Broughton Webb (14)
30.77 (30.77)	1:01.46 (30.69)	1:33.26 (31.80)	2:03.92 (30.66)	
2:12.58L F		Lynchburg YMCA Swim Team	LY VA	12 10
Ava Kirby (17)		Hannah Curl (14)	Ella Pennington (14)	Avery Duff (13)
33.88 (33.88)	1:05.59 (31.71)	1:39.57 (33.98)	2:12.58 (33.01)	
Event # 32 Male 13 & Over 200 Free				
1:46.58L F		Lynchburg YMCA Swim Team	LY VA	1 40
Noah Wells (16)		Thomas Fenton (18)	Brody Wall (14)	Noah Kasper (16)
25.87 (25.87)	52.62 (26.75)	1:19.93 (27.31)	1:46.58 (26.65)	
1:52.85L F		Lynchburg YMCA Swim Team	LY VA	4 30
Mitchell Rogers (13)		Avery Snyder (15)	Benjamin Costa (13)	Josh Edwards (15)
28.85 (28.85)	56.46 (27.61)	1:25.37 (28.91)	1:52.85 (27.48)	
Event # 56 Male 10 & Under 200 Medley				
3:13.46L F		Lynchburg YMCA Swim Team	LY VA	4 30
Max Smith (7)		Titus Wu (8)	Sammy Wells (9)	Benjamin Leger (8)
50.78 (50.78)	1:44.20 (53.42)	2:31.17 (46.97)	3:13.46 (42.29)	
Event # 57 Female 11-12 200 Medley				
2:46.98L F		Lynchburg YMCA Swim Team	LY VA	10 14
Camille Greenlaw (11)		Lainey Pennington (12)	Ellington Hermosa (12)	Caroline Nelson (11)
45.12 (45.12)	1:34.57 (49.45)	2:14.36 (39.79)	2:46.98 (32.62)	
Event # 58 Male 11-12 200 Medley				
2:39.16L F		Lynchburg YMCA Swim Team	LY VA	3 32
Austin Woodruff (11)		Noah Leger (11)	Aidan Moss (12)	Jefferson Koscielny (12)
41.44 (41.44)	1:28.31 (46.87)	2:04.46 (36.15)	2:39.16 (34.70)	

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Event # 59 Female 13 & Over 400 Medley

5:05.03L	F	Lynchburg YMCA Swim Team						LY VA	1	40
Anna Mills (17)		Ella Pennington (14)				Sarah Warren (15)		Broughton Webb (14)		
	38.56	(38.56)	1:18.44	(1:18.44)	2:02.55	(44.11)	2:52.93	(1:34.49)		
	3:24.18	(31.25)	4:01.04	(1:08.11)	4:31.80	(30.76)	5:05.03	(1:03.99)		
5:33.22L	F	Lynchburg YMCA Swim Team						LY VA	11	12
Addy Smith (13)		Ava Kirby (17)				Kathleen King (14)		Hannah Curl (14)		
	39.77	(39.77)	1:22.57	(1:22.57)	2:07.65	(45.08)	2:58.28	(1:35.71)		
	3:34.84	(36.56)	4:20.04	(1:21.76)	4:53.24	(33.20)	5:33.22	(1:13.18)		

Event # 60 Male 13 & Over 400 Medley

4:40.12L F	Lynchburg YMCA Swim Team						LY VA	3	32
Noah Wells (16)	Chandler Henry (16)						Mitchell Rogers (13)	Cole Campbell (15)	
35.06 (35.06)	1:11.02 (1:11.02)	1:49.10 (38.08)	2:32.02 (1:21.00)						
3:02.98 (30.96)	3:39.63 (1:07.61)	4:07.64 (28.01)	4:40.12 (1:00.49)						
4:47.14L F	Lynchburg YMCA Swim Team						LY VA	6	26
Sam Edwards (13)	Josh Edwards (15)						Benjamin Costa (13)	Brody Wall (14)	
35.13 (35.13)	1:13.18 (1:13.18)	1:50.70 (37.52)	2:34.90 (1:21.72)						
3:06.91 (32.01)	3:47.49 (1:12.59)	4:15.81 (28.32)	4:47.14 (59.65)						

Event # 94 Male 10 & Under 200 Free

2:43.78L F	Lynchburg YMCA Swim Team						LY VA	4	30
Benjamin Leger (8)	Seth Snyder (8)						Sammy Wells (9)	Titus Wu (8)	
41.68 (41.68)	1:24.78 (43.10)	2:03.39 (38.61)	2:43.78 (40.39)						

Event # 95 Female 11-12 400 Free

5:07.57L F	Lynchburg YMCA Swim Team						LY VA	5	28
Caroline Nelson (11)	Camille Greenlaw (11)						Ellington Hermosa (12)	Lainey Pennington (12)	
35.49 (35.49)	1:13.52 (1:13.52)	1:51.79 (38.27)	2:35.90 (1:22.38)						
---	3:55.22 (1:19.32)	---	5:07.57 (1:12.35)						

Event # 96 Male 11-12 400 Free

5:09.14L F	Lynchburg YMCA Swim Team						LY VA	4	30
Aidan Moss (12)	Noah Leger (11)						Daniel Gustafson (12)	Austin Woodruff (11)	
35.74 (35.74)	1:15.18 (1:15.18)	1:50.66 (35.48)	2:30.88 (1:15.70)						
3:10.13 (39.25)	3:53.00 (1:22.12)	4:28.71 (35.71)	5:09.14 (1:16.14)						

Event # 97 Female 13 & Over 200 Medley

2:17.39L	F	Lynchburg YMCA Swim Team						LY VA	2	34
Anna Mills (17)		Ella Pennington (14)			Sarah Warren (15)			Broughton Webb (14)		
34.74	(34.74)	1:16.59	(41.85)	1:47.61	(31.02)	2:17.39	(29.78)			
2:26.16L	F	Lynchburg YMCA Swim Team						LY VA	9	18
Addy Smith (13)		Ava Kirby (17)			Kathleen King (14)			Hannah Curl (14)		
37.76	(37.76)	1:20.66	(42.90)	1:55.58	(34.92)	2:26.16	(30.58)			

Event # 98 Male 13 & Over 200 Medley

2:05.03L	F	Lynchburg YMCA Swim Team						LY VA	3	32
Benjamin Costa (13)		Chandler Henry (16)			Mitchell Rogers (13)				Noah Wells (16)	
33.34	(33.34)	1:09.17	(35.83)	1:39.19	(30.02)	2:05.03	(25.84)			
2:08.22L	F	Lynchburg YMCA Swim Team						LY VA	5	28
Sam Edwards (13)		Josh Edwards (15)			Adam Wells (14)				Noah Kasper (16)	
35.59	(35.59)	1:11.55	(35.96)	1:40.83	(29.28)	2:08.22	(27.39)			