

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 YMCA Long Course Championships 30-Jul-24 to 03-Aug-24 LC Meters

Location: Florida Aquatics Swimming & Training (FAST)

Time	F/P/S	Event		Place	Points	Improv
Ann-Margaret Holt (14) F						
1:01.01L	F # 105	Female Open 100 Free	LY-VA	36	---	-0.17
1:02.11L	P # 105	Female Open 100 Free	LY-VA	77	---	0.93
9:39.55L	F # 109	Female Open 800 Free	LY-VA	21	---	-8.50
2:11.99L	F # 201	Female Open 200 Free	LY-VA	35	---	-0.03
2:14.72L	P # 201	Female Open 200 Free	LY-VA	67	---	2.70
1:09.74L	T # 351	Female Open 100 Back	LY-VA	3	---	-1.61
4:34.97L	F # 401	Female Open 400 Free	LY-VA	31	---	-6.62
4:43.28L	P # 401	Female Open 400 Free	LY-VA	38	---	1.69
28.72L	P # 503	Female Open 50 Free	LY-VA	66	---	0.33
2:28.80L	T # 563	Female Open 200 Back	LY-VA	1	---	-1.63
Davis Hottle (17) M						
29.46L	P # 108	200 Medley Relay Lead Off	LY-VA	---	---	-0.61
56.05L	T # 146	Male Open 100 Free	LY-VA	4	---	-1.24
2:03.92L	P # 202	Male Open 200 Free	LY-VA	76	---	-4.26
2:21.20L	P # 206	Male Open 200 Back	LY-VA	59	---	1.63
29.38L	P # 304	Male Open 50 Back	LY-VA	44	---	-0.69
1:03.29L	T # 446	Male Open 100 Back	LY-VA	1	---	-1.08
26.03L	P # 504	Male Open 50 Free	LY-VA	90	---	0.55
1:04.49L	P # 506	400 Medley Relay Lead Off	LY-VA	---	---	0.12
1:00.81L	T # 556	Male Open 100 Fly	LY-VA	7	---	-1.02
Luke Hottle (15) M						
8:51.79L	F # 110	Male Open 800 Free	LY-VA	15	6	-7.25
2:24.54L	F # 204	Male Open 200 Breast	LY-VA	12	9	-5.42
2:26.64L	P # 204	Male Open 200 Breast	LY-VA	14	---	-3.32
4:42.22L	F # 302	Male Open 400 IM	LY-VA	14	7	-6.04
4:45.00L	P # 302	Male Open 400 IM	LY-VA	15	---	-3.26
1:07.96L	F # 406	Male Open 100 Breast	LY-VA	26	---	-0.83
1:08.20L	P # 406	Male Open 100 Breast	LY-VA	26	---	-0.59
2:02.28L	F # 410	800 Free Relay Lead Off	LY-VA	---	---	-2.17
2:11.29L	F # 502	Male Open 200 IM	LY-VA	12	9	-4.20
2:12.79L	P # 502	Male Open 200 IM	LY-VA	11	---	-2.70
Hudson Rice (15) M						
2:11.89L	P # 102	Male Open 200 Fly	LY-VA	21	---	-1.75
2:12.20L	F # 102	Male Open 200 Fly	LY-VA	23	---	-1.44
2:01.48L	P # 202	Male Open 200 Free	LY-VA	49	---	-1.47
2:01.51L	F # 202	Male Open 200 Free	LY-VA	36	---	-1.44
1:00.91L	T # 250	Male Open 100 Fly	LY-VA	3	---	-1.43
4:43.16L	F # 302	Male Open 400 IM	LY-VA	9	14	-2.49
4:44.11L	P # 302	Male Open 400 IM	LY-VA	9	---	-1.54
4:14.31L	F # 402	Male Open 400 Free	LY-VA	23	---	-5.65
4:17.14L	P # 402	Male Open 400 Free	LY-VA	24	---	-2.82
16:40.51L	F # 508	Male Open 1500 Free	LY-VA	7	16	-45.88

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Max Schonfelder (17) M						
54.12L	P # 106	Male Open 100 Free	LY-VA	31	---	-0.40
54.12L	F # 106	Male Open 100 Free	LY-VA	26	---	-0.40
2:31.00L	P # 204	Male Open 200 Breast	LY-VA	32	---	2.05
24.98L	P # 208	200 Free Relay Lead Off	LY-VA	---	---	0.08
58.18L	P # 306	Male Open 100 Fly	LY-VA	30	---	-0.35
1:07.73L	P # 406	Male Open 100 Breast	LY-VA	21	---	0.03
1:07.86L	F # 406	Male Open 100 Breast	LY-VA	25	---	0.16
2:13.39L	F # 502	Male Open 200 IM	LY-VA	22	---	0.52
2:14.79L	P # 502	Male Open 200 IM	LY-VA	26	---	1.92
58.00L	S # 706	Male Open 100 Fly	LY-VA	2	---	-0.53
Ava Shopbell (15) F						
2:18.41L	F # 101	Female Open 200 Fly	LY-VA	5	18	-0.35
2:20.66L	P # 101	Female Open 200 Fly	LY-VA	5	---	1.90
2:34.57L	T # 245	Female Open 200 Back	LY-VA	8	---	-0.14
5:11.90L	F # 301	Female Open 400 IM	LY-VA	15	6	1.09
5:13.79L	P # 301	Female Open 400 IM	LY-VA	16	---	2.98
1:05.05L	F # 305	Female Open 100 Fly	LY-VA	31	---	-0.69
1:05.95L	P # 305	Female Open 100 Fly	LY-VA	35	---	0.21
30.71L	F # 403	Female Open 50 Fly	LY-VA	37	---	-0.66
30.93L	P # 403	Female Open 50 Fly	LY-VA	54	---	-0.44
2:31.49L	F # 501	Female Open 200 IM	LY-VA	37	---	0.61
2:33.33L	P # 501	Female Open 200 IM	LY-VA	52	---	2.45
NS	T # 565	Female Open 200 Fly	LY-VA	---	---	---
Declund Stevenson (17) M						
55.55L	P # 106	Male Open 100 Free	LY-VA	69	---	-1.12
2:05.64L	P # 202	Male Open 200 Free	LY-VA	85	---	-1.47
2:38.18L	P # 204	Male Open 200 Breast	LY-VA	74	---	-0.16
55.61L	P # 308	400 Free Relay Lead Off	LY-VA	---	---	-1.06
1:10.72L	P # 406	Male Open 100 Breast	LY-VA	64	---	-0.51
25.92L	P # 504	Male Open 50 Free	LY-VA	86	---	0.74
2:21.54L	T # 550	Male Open 200 IM	LY-VA	8	---	-7.03
1:03.02L	T # 556	Male Open 100 Fly	LY-VA	12	---	-1.98
Sarah Warren (15) F						
2:26.95L	F # 101	Female Open 200 Fly	LY-VA	32	---	-0.54
2:29.19L	P # 101	Female Open 200 Fly	LY-VA	32	---	1.70
2:38.20L	T # 245	Female Open 200 Back	LY-VA	14	---	2.22
1:08.64L	P # 305	Female Open 100 Fly	LY-VA	67	---	1.47
31.58L	F # 403	Female Open 50 Fly	LY-VA	40	---	-0.82
31.63L	P # 403	Female Open 50 Fly	LY-VA	67	---	-0.77

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Broughton Webb (14) F						
2:44.70L	F # 203	Female Open 200 Breast	LY-VA	31	---	-3.40
2:51.59L	P # 203	Female Open 200 Breast	LY-VA	39	---	3.49
5:10.16L	F # 301	Female Open 400 IM	LY-VA	21	---	-0.20
5:18.00L	P # 301	Female Open 400 IM	LY-VA	25	---	7.64
1:20.32L	T # 349	Female Open 100 Breast	LY-VA	5	---	1.28
4:36.64L	F # 401	Female Open 400 Free	LY-VA	32	---	1.52
4:43.78L	P # 401	Female Open 400 Free	LY-VA	40	---	8.66
2:15.80L	F # 409	800 Free Relay Lead Off	LY-VA	---	---	1.91
2:33.19L	F # 501	Female Open 200 IM	LY-VA	40	---	2.06
2:33.55L	P # 501	Female Open 200 IM	LY-VA	54	---	2.42
17:43.16L	F # 507	Female Open 1500 Free	LY-VA	7	16	-20.60
1:18.41L	T # 607	Mixed Open 100 Breast	LY-VA	1	---	-0.63
Noah Wells (16) M						
57.68L	T # 146	Male Open 100 Free	LY-VA	22	---	0.27
1:07.42L	T # 446	Male Open 100 Back	LY-VA	14	---	-2.97
25.84L	P # 504	Male Open 50 Free	LY-VA	81	---	0.05
1:05.59L	T # 556	Male Open 100 Fly	LY-VA	15	---	-1.96
Graham Woodruff (15) M						
55.01L	P # 106	Male Open 100 Free	LY-VA	54	---	-0.82
55.11L	F # 106	Male Open 100 Free	LY-VA	35	---	-0.72
2:07.56L	P # 202	Male Open 200 Free	LY-VA	90	---	2.65
55.08L	F # 308	400 Free Relay Lead Off	LY-VA	---	---	-0.75
1:05.35L	T # 352	Male Open 100 Back	LY-VA	8	---	-1.67
4:21.28L	F # 402	Male Open 400 Free	LY-VA	32	---	-5.96
4:30.23L	P # 402	Male Open 400 Free	LY-VA	47	---	2.99
2:21.63L	T # 452	Male Open 200 IM	LY-VA	6	---	-5.78
25.15L	F # 504	Male Open 50 Free	LY-VA	37	---	0.08
25.18L	P # 504	Male Open 50 Free	LY-VA	45	---	0.11
2:21.48L	T # 550	Male Open 200 IM	LY-VA	7	---	-5.93
1:02.15L	T # 556	Male Open 100 Fly	LY-VA	11	---	-1.69
Taylor Woodruff (14) F						
2:26.71L	F # 101	Female Open 200 Fly	LY-VA	31	---	-1.65
2:29.85L	P # 101	Female Open 200 Fly	LY-VA	35	---	1.49
33.27L	P # 107	200 Medley Relay Lead Off	LY-VA	---	---	-1.00
1:11.06L	T # 249	Female Open 100 Fly	LY-VA	17	---	1.12
1:11.42L	T # 351	Female Open 100 Back	LY-VA	9	---	-0.91
31.80L	P # 403	Female Open 50 Fly	LY-VA	70	---	-1.56
1:22.28L	P # 505	400 Medley Relay Lead Off	LY-VA	---	---	9.95
1:04.14L	T # 551	Female Open 100 Free	LY-VA	23	---	-0.34