

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

Regional 4D Championships 2025 10-Feb-25 to 11-Feb-25 [Ageup: 2/11/2025] Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Emily Asbury (17) F						
DQ	F # 4	Female Open 200 Free	LY-VA	---	---	---
DQ	F # 16	Female Open 500 Free	LY-VA	---	---	---
Cole Campbell (16) M						
22.00Y	F # 7	Male Open 50 Free	LY-VA	1	9	-0.09
49.88Y	F # 13	Male Open 100 Free	LY-VA	3	6	1.22
Mason Cooper (18) M						
58.88Y	F # 11	Male Open 100 Fly	LY-VA	6	3	1.01
59.69Y	F # 19	Male Open 100 Back	LY-VA	4	5	0.31
Ruby Duis (17) F						
24.89Y	F # 8	Female Open 50 Free	LY-VA	1	9	-0.23
55.96Y	F # 14	Female Open 100 Free	LY-VA	1	9	-1.87
Josh Edwards (16) M						
23.80Y	F # 7	Male Open 50 Free	LY-VA	6	3	0.21
59.19Y	F # 11	Male Open 100 Fly	LY-VA	7	2	-0.11
Jamie Johnson (14) F						
2:28.85Y	F # 4	Female Open 200 Free	LY-VA	12	---	-5.54
1:07.46Y	F # 14	Female Open 100 Free	LY-VA	14	---	-1.17
Noah Kasper (17) M						
1:54.87Y	F # 3	Male Open 200 Free	LY-VA	4	5	2.13
52.22Y	F # 13	Male Open 100 Free	LY-VA	6	3	1.31
Kathleen King (14) F						
1:05.86Y	F # 12	Female Open 100 Fly	LY-VA	7	2	0.13
1:05.11Y	F # 20	Female Open 100 Back	LY-VA	7	2	0.67
Ava Kirby (17) F						
6:09.93Y	F # 16	Female Open 500 Free	LY-VA	10	---	0.15
1:23.76Y	F # 22	Female Open 100 Breast	LY-VA	8	1	0.96
Jacob Kovarik (15) M						
2:26.88Y	F # 5	Male Open 200 IM	LY-VA	13	---	-0.78
5:53.01Y	F # 15	Male Open 500 Free	LY-VA	10	---	2.24
Katherine Kovarik (17) F						
2:22.84Y	F # 6	Female Open 200 IM	LY-VA	3	6	-3.31
1:05.53Y	F # 20	Female Open 100 Back	LY-VA	8	1	-0.05
Anna Mills (17) F						
5:31.64Y	F # 16	Female Open 500 Free	LY-VA	4	5	9.69
1:02.57Y	F # 20	Female Open 100 Back	LY-VA	3	6	-0.60
Luke Morrison (15) M						
DQ	F # 11	Male Open 100 Fly	LY-VA	---	---	---
5:06.04Y	F # 15	Male Open 500 Free	LY-VA	2	7	-0.81

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Broderick Nelson (14) M						
2:03.26Y	F # 5	Male Open 200 IM	LY-VA	3	6	1.55
1:04.13Y	F # 21	Male Open 100 Breast	LY-VA	3	6	2.09
Aidan Parker (15) M						
6:27.98Y	F # 15	Male Open 500 Free	LY-VA	15	---	-33.33
Ella Pennington (14) F						
2:27.59Y	F # 6	Female Open 200 IM	LY-VA	6	3	4.58
1:06.68Y	F # 12	Female Open 100 Fly	LY-VA	8	1	-0.09
Owen Porter (14) M						
2:16.89Y	F # 5	Male Open 200 IM	LY-VA	8	1	2.36
1:06.41Y	F # 21	Male Open 100 Breast	LY-VA	8	1	0.12
Hudson Rice (16) M						
55.65Y	F # 19	Male Open 100 Back	LY-VA	1	9	-1.37
Sarah Warren (15) F						
2:19.31Y	F # 6	Female Open 200 IM	LY-VA	2	7	2.31
1:00.32Y	F # 12	Female Open 100 Fly	LY-VA	1	9	0.14
Graham Woodruff (16) M						
2:07.06Y	F # 5	Male Open 200 IM	LY-VA	4	5	4.74
Taylor Woodruff (14) F						
1:58.84Y	F # 4	Female Open 200 Free	LY-VA	2	7	2.17
1:00.77Y	F # 20	Female Open 100 Back	LY-VA	1	9	0.79