

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 SwimRVA Heavyweight Battle 01-Feb-25 to 02-Feb-25 Yards Alt: 197

Location: SwimRVA - CSAC

Time	F/P/S	Event	Place	Points	Improv	
Shirley Barger (14) F						
2:14.56Y	F # 4	Female 13-14 200 Free	LY-VA	19	---	9.09
	---	---	---	2:14.56		
	---	---	---	(2:14.56)		
1:13.72Y	F # 6	Female 13-14 100 Back	LY-VA	31	---	3.36
	36.07	1:13.72				
	(36.07)	(37.65)				
1:20.26Y	F # 8	Female 13-14 100 Breast	LY-VA	21	---	-1.49
	37.79	1:20.26				
	(37.79)	(42.47)				
29.02Y	F # 12	Female 13-14 50 Free	LY-VA	35	---	2.27
2:34.89Y	F # 32	Female 13-14 200 Back	LY-VA	35	---	5.94
	37.62	1:16.99 1:56.22 2:34.89				
	(37.62)	(39.37) (39.23) (38.67)				
1:01.57Y DQ	F # 34	Female 13-14 100 Free	LY-VA	---	---	---
	29.55	1:01.57				
	(29.55)	(32.02)				
5:48.61Y	F # 38	Female 13-14 500 Free	LY-VA	13	---	10.43
	31.78	1:06.79 1:42.13 2:17.73 2:52.61 3:28.20 4:03.72 4:38.69				
	(31.78)	(35.01) (35.34) (35.60) (34.88) (35.59) (35.52) (34.97)				
	5:14.35	5:48.61				
	(35.66)	(34.26)				
2:32.83Y	F # 42	Female 13-14 200 IM	LY-VA	19	---	4.39
	33.03	1:12.69 1:57.11 2:32.83				
	(33.03)	(39.66) (44.42) (35.72)				

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Time	F/P/S	Event	Place	Points	Improv	
Cole Campbell (16) M						
1:57.09Y	F # 20A	Male 15-16 200 Free	LY-VA	21	---	2.10
	25.76	54.48 1:24.85 1:57.09				
	(25.76)	(28.72) (30.37) (32.24)				
1:02.36Y	F # 22A	Male 15-16 100 Back	LY-VA	15	---	0.19
	29.27	1:02.36				
	(29.27)	(33.09)				
1:08.77Y	F # 24A	Male 15-16 100 Breast	LY-VA	17	---	7.12
	30.98	1:08.77				
	(30.98)	(37.79)				
22.81Y	F # 28A	Male 15-16 50 Free	LY-VA	8	3	0.72
51.38Y	F # 48A	Male 15-16 100 Free	LY-VA	27	---	2.72
	24.19	51.38				
	(24.19)	(27.19)				
2:33.37Y	F # 50A	Male 15-16 200 Breast	LY-VA	19	---	12.55
	33.05	1:11.34 1:52.80 2:33.37				
	(33.05)	(38.29) (41.46) (40.57)				
5:24.05Y	F # 52A	Male 15-16 500 Free	LY-VA	20	---	2.55
	26.91	57.88 1:30.17 2:03.18 2:35.89 3:09.22 3:42.98 4:17.23				
	(26.91)	(30.97) (32.29) (33.01) (32.71) (33.33) (33.76) (34.25)				
	4:51.08	5:24.05				
	(33.85)	(32.97)				
1:00.76Y	F # 54A	Male 15-16 100 Fly	LY-VA	29	---	3.73
	27.55	1:00.76				
	(27.55)	(33.21)				
Ruby Duis (17) F						
2:08.69Y	F # 19B	Female 17-18 200 Free	LY-VA	15	---	0.47
	28.79	1:01.51 1:35.49 2:08.69				
	(28.79)	(32.72) (33.98) (33.20)				
1:11.54Y	F # 21B	Female 17-18 100 Back	LY-VA	18	---	3.17
	34.29	1:11.54				
	(34.29)	(37.25)				
1:20.56Y	F # 23B	Female 17-18 100 Breast	LY-VA	13	---	1.32
	37.42	1:20.56				
	(37.42)	(43.14)				
26.26Y	F # 27B	Female 17-18 50 Free	LY-VA	13	---	1.14
58.30Y	F # 47B	Female 17-18 100 Free	LY-VA	19	---	0.47
	27.66	58.30				
	(27.66)	(30.64)				
NS	F # 51B	Female 17-18 500 Free	LY-VA	---	---	---

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2025 SwimRVA Heavyweight Battle 01-Feb-25 to 02-Feb-25 Yards Alt: 197

Location: SwimRVA - CSAC

Time	F/P/S	Event	Place	Points	Improv	
Josh Edwards (16) M						
2:02.78Y	F # 20A	Male 15-16 200 Free	LY-VA	29	---	4.89
	27.47	58.46 1:30.56 2:02.78				
	(27.47)	(30.99) (32.10) (32.22)				
1:04.33Y	F # 22A	Male 15-16 100 Back	LY-VA	18	---	2.88
	31.47	1:04.33				
	(31.47)	(32.86)				
1:11.98Y	F # 24A	Male 15-16 100 Breast	LY-VA	20	---	4.72
	33.49	1:11.98				
	(33.49)	(38.49)				
24.81Y	F # 28A	Male 15-16 50 Free	LY-VA	26	---	1.22
53.76Y	F # 48A	Male 15-16 100 Free	LY-VA	38	---	0.95
	25.59	53.76				
	(25.59)	(28.17)				
2:43.06Y	F # 50A	Male 15-16 200 Breast	LY-VA	22	---	7.35
	35.42	1:17.27 2:00.44 2:43.06				
	(35.42)	(41.85) (43.17) (42.62)				
1:02.75Y	F # 54A	Male 15-16 100 Fly	LY-VA	37	---	3.45
	28.85	1:02.75				
	(28.85)	(33.90)				
2:19.92Y	F # 56A	Male 15-16 200 IM	LY-VA	34	---	1.53
	29.62	1:07.07 1:47.91 2:19.92				
	(29.62)	(37.45) (40.84) (32.01)				

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2025 SwimRVA Heavyweight Battle 01-Feb-25 to 02-Feb-25 Yards Alt: 197

Location: SwimRVA - CSAC

Time	F/P/S	Event	Place	Points	Improv	
Sam Edwards (14) M						
2:05.50Y	F # 5	Male 13-14 200 Free	LY-VA	24	---	8.27
	27.93	59.34 1:32.12 2:05.50				
	(27.93)	(31.41) (32.78) (33.38)				
1:04.41Y	F # 7	Male 13-14 100 Back	LY-VA	15	---	3.50
	31.22	1:04.41				
	(31.22)	(33.19)				
2:29.99Y	F # 11	Male 13-14 200 Fly	LY-VA	12	---	3.54
	31.42	1:07.81 1:48.27 2:29.99				
	(31.42)	(36.39) (40.46) (41.72)				
19:20.23Y	F # 15	Male 13-14 1650 Free	LY-VA	10	1	74.85
	29.37	1:02.08 1:36.07 2:10.21 2:44.53 3:18.93 3:52.87 4:26.91				
	(29.37)	(32.71) (33.99) (34.14) (34.32) (34.40) (33.94) (34.04)				
	5:01.93	5:37.26 6:13.04 6:48.97 7:24.46 8:00.18 8:36.13 9:12.96				
	(35.02)	(35.33) (35.78) (35.93) (35.49) (35.72) (35.95) (36.83)				
	9:49.41	10:25.69 11:02.32 11:37.95 12:14.11 12:50.52 13:27.45 14:04.60				
	(36.45)	(36.28) (36.63) (35.63) (36.16) (36.41) (36.93) (37.15)				
	14:41.71	15:17.98 15:53.29 16:29.52 17:05.81 17:41.02 18:15.27 18:47.50				
	(37.11)	(36.27) (35.31) (36.23) (36.29) (35.21) (34.25) (32.23)				
	19:20.23					
	(32.73)					
26.37Y	F # 31	200 Free Relay Lead Off	LY-VA	---	---	0.69
2:16.22Y	F # 33	Male 13-14 200 Back	LY-VA	11	1	4.86
	31.50	1:06.08 1:41.16 2:16.22				
	(31.50)	(34.58) (35.08) (35.06)				
58.71Y	F # 35	Male 13-14 100 Free	LY-VA	36	---	2.69
	27.75	58.71				
	(27.75)	(30.96)				
5:33.18Y	F # 39	Male 13-14 500 Free	LY-VA	13	---	14.98
	28.65	1:00.61 1:33.92 2:07.58 2:41.61 3:16.12 3:50.70 4:25.49				
	(28.65)	(31.96) (33.31) (33.66) (34.03) (34.51) (34.58) (34.79)				
	5:00.10	5:33.18				
	(34.61)	(33.08)				
1:05.30Y	F # 41	Male 13-14 100 Fly	LY-VA	29	---	4.50
	31.10	1:05.30				
	(31.10)	(34.20)				
Evan Fong (15) M						
NS	F # 20A	Male 15-16 200 Free	LY-VA	---	---	---
NS	F # 22A	Male 15-16 100 Back	LY-VA	---	---	---
NS	F # 24A	Male 15-16 100 Breast	LY-VA	---	---	---
NS	F # 28A	Male 15-16 50 Free	LY-VA	---	---	---

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Time	F/P/S	Event	Place	Points	Improv	
Chandler Henry (16) M						
4:44.59Y	F # 18A	Male 15-16 400 IM	LY-VA	11	1	-6.48
	28.95	1:02.50 1:40.99 2:18.80	2:58.57 3:37.76	4:12.28	4:44.59	
	(28.95)	(33.55) (38.49) (37.81)	(39.77) (39.19)	(34.52)	(32.31)	
2:00.71Y	F # 20A	Male 15-16 200 Free	LY-VA	25	---	1.93
	28.07	58.55 1:30.03 2:00.71				
	(28.07)	(30.48) (31.48) (30.68)				
1:08.14Y	F # 24A	Male 15-16 100 Breast	LY-VA	16	---	0.76
	32.13	1:08.14				
	(32.13)	(36.01)				
24.87Y	F # 28A	Male 15-16 50 Free	LY-VA	28	---	0.32
54.99Y	F # 48A	Male 15-16 100 Free	LY-VA	42	---	-0.53
	26.25	54.99				
	(26.25)	(28.74)				
2:28.48Y	F # 50A	Male 15-16 200 Breast	LY-VA	16	---	3.51
	33.73	1:11.55 1:50.20 2:28.48				
	(33.73)	(37.82) (38.65) (38.28)				
5:23.46Y	F # 52A	Male 15-16 500 Free	LY-VA	19	---	-15.60
	28.92	1:01.89 1:35.39 2:08.69	2:42.11 3:15.55	3:48.37	4:20.77	
	(28.92)	(32.97) (33.50) (33.30)	(33.42) (33.44)	(32.82)	(32.40)	
	4:52.63	5:23.46				
	(31.86)	(30.83)				
2:14.26Y	F # 56A	Male 15-16 200 IM	LY-VA	29	---	-1.86
	28.20	1:03.40 1:42.85 2:14.26				
	(28.20)	(35.20) (39.45) (31.41)				

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Time	F/P/S	Event	Place	Points	Improv	
Ann-Margaret Holt (15) F						
1:56.87Y	F # 19A	Female 15-16 200 Free	LY-VA	5	6	3.01
	27.54	57.01 1:27.03 1:56.87				
	(27.54)	(29.47) (30.02) (29.84)				
1:02.10Y	F # 21A	Female 15-16 100 Back	LY-VA	9	2	0.62
	30.11	1:02.10				
	(30.11)	(31.99)				
25.68Y	F # 27A	Female 15-16 50 Free	LY-VA	7	4	1.19
18:04.51Y	F # 29A	Female 15-16 1650 Free	LY-VA	3	8	16.58
	30.00	1:02.73 1:35.49 2:08.15 2:41.14 3:13.95 3:47.17 4:19.96				
	(30.00)	(32.73) (32.76) (32.66) (32.99) (32.81) (33.22) (32.79)				
	4:53.06	5:25.91 5:58.84 6:31.79 7:05.18 7:38.11 8:11.08 8:44.00				
	(33.10)	(32.85) (32.93) (32.95) (33.39) (32.93) (32.97) (32.92)				
	9:17.18	9:50.28 10:23.49 10:56.97 11:29.92 12:03.00 12:35.96 13:08.79				
	(33.18)	(33.10) (33.21) (33.48) (32.95) (33.08) (32.96) (32.83)				
	13:41.73	14:14.56 14:47.57 15:20.37 15:53.29 16:26.30 16:59.18 17:32.39				
	(32.94)	(32.83) (33.01) (32.80) (32.92) (33.01) (32.88) (33.21)				
	18:04.51					
	(32.12)					
2:15.43Y	F # 45A	Female 15-16 200 Back	LY-VA	13	1	7.58
	32.55	1:06.74 1:41.26 2:15.43				
	(32.55)	(34.19) (34.52) (34.17)				
55.44Y	F # 47A	Female 15-16 100 Free	LY-VA	18	---	2.61
	26.58	55.44				
	(26.58)	(28.86)				
5:09.32Y	F # 51A	Female 15-16 500 Free	LY-VA	4	7	5.72
	28.34	59.03 1:30.19 2:01.59 2:33.14 3:04.60 3:36.20 4:07.90				
	(28.34)	(30.69) (31.16) (31.40) (31.55) (31.46) (31.60) (31.70)				
	4:38.72	5:09.32				
	(30.82)	(30.60)				
1:05.08Y	F # 53A	Female 15-16 100 Fly	LY-VA	29	---	5.25
	29.83	1:05.08				
	(29.83)	(35.25)				
Davis Hottle (17) M						
2:02.07Y	F # 46B	Male 17-18 200 Back	LY-VA	8	3	5.35
	28.88	59.37 1:30.90 2:02.07				
	(28.88)	(30.49) (31.53) (31.17)				
50.65Y	F # 48B	Male 17-18 100 Free	LY-VA	16	---	2.42
	24.42	50.65				
	(24.42)	(26.23)				
57.47Y	F # 54B	Male 17-18 100 Fly	LY-VA	21	---	5.28
	27.50	57.47				
	(27.50)	(29.97)				
2:11.31Y	F # 56B	Male 17-18 200 IM	LY-VA	22	---	7.62
	28.05	1:01.68 1:41.84 2:11.31				
	(28.05)	(33.63) (40.16) (29.47)				

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Location: SwimRVA - CSAC

Time	F/P/S	Event	Place	Points	Improv
Luke Hottle (16) M					
22.40Y	F # 44	200 Free Relay Lead Off	LY-VA	---	0.58
49.46Y	F # 48A	Male 15-16 100 Free	LY-VA	10	3
	23.96	49.46			
	(23.96)	(25.50)			
2:14.97Y	F # 50A	Male 15-16 200 Breast	LY-VA	2	9
	30.05	1:05.09 1:40.50 2:14.97			
	(30.05)	(35.04) (35.41) (34.47)			
4:51.82Y	F # 52A	Male 15-16 500 Free	LY-VA	3	8
	25.93	54.56 1:23.96 1:53.76 2:23.72 2:53.57 3:23.55 3:53.39			
	(25.93)	(28.63) (29.40) (29.80) (29.96) (29.85) (29.98) (29.84)			
	4:23.31	4:51.82			
	(29.92)	(28.51)			
1:58.87Y	F # 56A	Male 15-16 200 IM	LY-VA	2	9
	25.65	56.50 1:30.78 1:58.87			
	(25.65)	(30.85) (34.28) (28.09)			
Noah Kasper (17) M					
2:00.87Y	F # 20B	Male 17-18 200 Free	LY-VA	16	---
	27.39	57.81 1:29.80 2:00.87			
	(27.39)	(30.42) (31.99) (31.07)			
1:03.68Y	F # 22B	Male 17-18 100 Back	LY-VA	19	---
	30.51	1:03.68			
	(30.51)	(33.17)			
2:31.33Y	F # 26B	Male 17-18 200 Fly	LY-VA	12	---
	32.30	1:09.96 1:49.93 2:31.33			
	(32.30)	(37.66) (39.97) (41.40)			
24.52Y	F # 28B	Male 17-18 50 Free	LY-VA	22	---
2:20.28Y	F # 46B	Male 17-18 200 Back	LY-VA	16	---
	32.64	1:08.40 1:44.62 2:20.28			
	(32.64)	(35.76) (36.22) (35.66)			
52.87Y	F # 48B	Male 17-18 100 Free	LY-VA	31	---
	25.35	52.87			
	(25.35)	(27.52)			
5:31.59Y	F # 52B	Male 17-18 500 Free	LY-VA	14	---
	29.63	1:02.43 1:35.84 2:09.56 2:43.36 3:17.74 3:51.90 4:25.64			
	(29.63)	(32.80) (33.41) (33.72) (33.80) (34.38) (34.16) (33.74)			
	4:59.43	5:31.59			
	(33.79)	(32.16)			
1:01.79Y	F # 54B	Male 17-18 100 Fly	LY-VA	27	---
	28.96	1:01.79			
	(28.96)	(32.83)			

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Time	F/P/S	Event	Place	Points	Improv	
Kathleen King (14) F						
2:09.88Y	F # 4	Female 13-14 200 Free	LY-VA	15	---	4.50
	30.33	1:03.28 1:36.88 2:09.88				
	(30.33)	(32.95) (33.60) (33.00)				
1:06.75Y	F # 6	Female 13-14 100 Back	LY-VA	21	---	2.31
	18.33	1:06.75				
	(18.33)	(48.42)				
27.10Y	F # 12	Female 13-14 50 Free	LY-VA	19	---	0.95
2:22.36Y	F # 32	Female 13-14 200 Back	LY-VA	19	---	0.50
	34.38	1:10.65 1:46.96 2:22.36				
	(34.38)	(36.27) (36.31) (35.40)				
1:01.65Y	F # 34	Female 13-14 100 Free	LY-VA	37	---	4.20
	29.84	1:01.65				
	(29.84)	(31.81)				
1:05.73Y	F # 40	Female 13-14 100 Fly	LY-VA	23	---	-4.29
	30.14	1:05.73				
	(30.14)	(35.59)				
2:29.68Y	F # 42	Female 13-14 200 IM	LY-VA	18	---	-3.71
	31.71	1:10.74 1:56.27 2:29.68				
	(31.71)	(39.03) (45.53) (33.41)				
Jefferson Koscielny (13) M						
2:27.63Y	F # 5	Male 13-14 200 Free	LY-VA	37	---	-3.03
	33.59	1:10.70 1:50.68 2:27.63				
	(33.59)	(37.11) (39.98) (36.95)				
1:30.32Y	F # 7	Male 13-14 100 Back	LY-VA	33	---	-2.86
	43.92	1:30.32				
	(43.92)	(46.40)				
1:36.08Y	F # 9	Male 13-14 100 Breast	LY-VA	41	---	-1.97
	46.32	1:36.08				
	(46.32)	(49.76)				
30.67Y	F # 13	Male 13-14 50 Free	LY-VA	46	---	-0.50
NS	F # 33	Male 13-14 200 Back	LY-VA	---	---	---
NS	F # 35	Male 13-14 100 Free	LY-VA	---	---	---
NS	F # 37	Male 13-14 200 Breast	LY-VA	---	---	---
NS	F # 43	Male 13-14 200 IM	LY-VA	---	---	---

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Time	F/P/S	Event	Place	Points	Improv	
Jacob Leger (15) M						
2:02.54Y	F # 20A	Male 15-16 200 Free	LY-VA	27	---	4.27
	27.82	59.45 1:31.85 2:02.54				
	(27.82)	(31.63) (32.40) (30.69)				
1:17.18Y	F # 24A	Male 15-16 100 Breast	LY-VA	24	---	4.56
	35.64	1:17.18				
	(35.64)	(41.54)				
2:25.41Y	F # 26A	Male 15-16 200 Fly	LY-VA	18	---	9.36
	31.83	1:10.31 1:47.21 2:25.41				
	(31.83)	(38.48) (36.90) (38.20)				
25.48Y	F # 28A	Male 15-16 50 Free	LY-VA	33	---	1.63
NS	F # 48A	Male 15-16 100 Free	LY-VA	---	---	---
NS	F # 50A	Male 15-16 200 Breast	LY-VA	---	---	---
NS	F # 54A	Male 15-16 100 Fly	LY-VA	---	---	---
NS	F # 56A	Male 15-16 200 IM	LY-VA	---	---	---
Anna Mills (17) F						
36.68Y	F # 16	200 Medley Relay Lead Off	LY-VA	---	---	5.82
2:05.28Y	F # 19B	Female 17-18 200 Free	LY-VA	12	---	2.94
	29.46	1:02.31 1:35.12 2:05.28				
	(29.46)	(32.85) (32.81) (30.16)				
1:04.90Y	F # 21B	Female 17-18 100 Back	LY-VA	11	---	1.73
	31.40	1:04.90				
	(31.40)	(33.50)				
27.56Y	F # 27B	Female 17-18 50 Free	LY-VA	20	---	0.86
Luke Morrison (15) M						
1:56.08Y	F # 20A	Male 15-16 200 Free	LY-VA	19	---	3.90
	27.18	56.48 1:26.53 1:56.08				
	(27.18)	(29.30) (30.05) (29.55)				
2:15.20Y	F # 26A	Male 15-16 200 Fly	LY-VA	14	---	3.87
	29.20	1:03.12 1:38.54 2:15.20				
	(29.20)	(33.92) (35.42) (36.66)				
24.98Y	F # 28A	Male 15-16 50 Free	LY-VA	30	---	0.48
53.56Y	F # 48A	Male 15-16 100 Free	LY-VA	37	---	1.13
	25.57	53.56				
	(25.57)	(27.99)				
5:11.65Y	F # 52A	Male 15-16 500 Free	LY-VA	11	---	4.80
	28.64	59.95 1:31.39 2:03.24 2:34.18 3:05.58 3:37.18 4:09.13				
	(28.64)	(31.31) (31.44) (31.85) (30.94) (31.40) (31.60) (31.95)				
	4:40.80	5:11.65				
	(31.67)	(30.85)				
59.31Y	F # 54A	Male 15-16 100 Fly	LY-VA	25	---	0.95
	27.58	59.31				
	(27.58)	(31.73)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 SwimRVA Heavyweight Battle 01-Feb-25 to 02-Feb-25 Yards Alt: 197
Location: SwimRVA - CSAC

Time	F/P/S	Event	Place	Points	Improv
Broderick Nelson (14) M					
NS	F # 3	Male 13-14 400 IM	LY-VA	---	---
NS	F # 9	Male 13-14 100 Breast	LY-VA	---	---
NS	F # 11	Male 13-14 200 Fly	LY-VA	---	---
NS	F # 13	Male 13-14 50 Free	LY-VA	---	---
Hudson Rice (16) M					
1:47.80Y	F # 20A	Male 15-16 200 Free	LY-VA	3	8
	24.91	52.68 1:20.47 1:47.80			
	(24.91)	(27.77) (27.79) (27.33)			
57.02Y	F # 22A	Male 15-16 100 Back	LY-VA	6	5
	28.45	57.02			
	(28.45)	(28.57)			
1:59.18Y	F # 26A	Male 15-16 200 Fly	LY-VA	2	9
	26.64	56.73 1:28.17 1:59.18			
	(26.64)	(30.09) (31.44) (31.01)			
16:35.22Y	F # 30A	Male 15-16 1650 Free	LY-VA	1	12
	27.19	57.01 1:27.54 1:57.91 2:28.04 2:58.66 3:28.95 3:59.22			
	(27.19)	(29.82) (30.53) (30.37) (30.13) (30.62) (30.29) (30.27)			
	4:29.85	5:00.20 5:30.73 6:00.93 6:31.51 7:01.84 7:32.39 8:02.48			
	(30.63)	(30.35) (30.53) (30.20) (30.58) (30.33) (30.55) (30.09)			
	8:32.82	9:02.82 9:33.08 10:03.69 10:34.10 11:03.92 11:33.98 12:04.48			
	(30.34)	(30.00) (30.26) (30.61) (30.41) (29.82) (30.06) (30.50)			
	12:34.63	13:05.19 13:35.96 14:06.24 14:36.57 15:07.19 15:37.61 16:07.22			
	(30.15)	(30.56) (30.77) (30.28) (30.33) (30.62) (30.42) (29.61)			
	16:35.22				
	(28.00)				
49.51Y	F # 48A	Male 15-16 100 Free	LY-VA	11	2
	24.30	49.51			
	(24.30)	(25.21)			
2:19.22Y	F # 50A	Male 15-16 200 Breast	LY-VA	6	5
	31.71	1:07.49 1:43.84 2:19.22			
	(31.71)	(35.78) (36.35) (35.38)			
54.93Y	F # 54A	Male 15-16 100 Fly	LY-VA	10	1
	26.13	54.93			
	(26.13)	(28.80)			
2:04.10Y	F # 56A	Male 15-16 200 IM	LY-VA	12	---
	26.40	58.58 1:36.04 2:04.10			
	(26.40)	(32.18) (37.46) (28.06)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 SwimRVA Heavyweight Battle 01-Feb-25 to 02-Feb-25 Yards Alt: 197

Location: SwimRVA - CSAC

Time	F/P/S	Event	Place	Points	Improv	
Mitchell Rogers (14) M						
4:42.68Y	F # 3	Male 13-14 400 IM	LY-VA	6	5	10.95
	29.68	1:03.33 1:40.30 2:17.85	2:57.57 3:38.31 4:10.86 4:42.68			
	(29.68)	(33.65) (36.97) (37.55)	(39.72) (40.74) (32.55) (31.82)			
1:58.32Y	F # 5	Male 13-14 200 Free	LY-VA	14	1	0.83
	27.10	56.85 1:27.76 1:58.32				
	(27.10)	(29.75) (30.91) (30.56)				
1:11.47Y	F # 9	Male 13-14 100 Breast	LY-VA	20	---	5.73
	33.14	1:11.47				
	(33.14)	(38.33)				
2:16.68Y	F # 11	Male 13-14 200 Fly	LY-VA	9	2	9.49
	30.62	1:05.27 1:40.48 2:16.68				
	(30.62)	(34.65) (35.21) (36.20)				
55.53Y	F # 35	Male 13-14 100 Free	LY-VA	23	---	2.34
	26.41	55.53				
	(26.41)	(29.12)				
2:36.18Y	F # 37	Male 13-14 200 Breast	LY-VA	17	1	9.56
	34.75	1:14.14 1:55.08 2:36.18				
	(34.75)	(39.39) (40.94) (41.10)				
5:19.73Y	F # 39	Male 13-14 500 Free	LY-VA	7	4	17.71
	27.88	58.80 1:31.09 2:03.55	2:36.00 3:08.88 3:41.60 4:14.41			
	(27.88)	(30.92) (32.29) (32.46)	(32.45) (32.88) (32.72) (32.81)			
	4:47.30	5:19.73				
	(32.89)	(32.43)				
1:01.42Y	F # 41	Male 13-14 100 Fly	LY-VA	21	---	1.64
	28.44	1:01.42				
	(28.44)	(32.98)				
Ava Shopbell (15) F						
NS	F # 17A	Female 15-16 400 IM	LY-VA	---	---	---
2:06.76Y	F # 19A	Female 15-16 200 Free	LY-VA	21	---	1.19
	29.52	1:01.92 1:34.33 2:06.76				
	(29.52)	(32.40) (32.41) (32.43)				
2:07.82Y	F # 25A	Female 15-16 200 Fly	LY-VA	1	12	2.84
	28.80	1:01.53 1:34.06 2:07.82				
	(28.80)	(32.73) (32.53) (33.76)				
27.58Y	F # 27A	Female 15-16 50 Free	LY-VA	30	---	1.22
NS	F # 47A	Female 15-16 100 Free	LY-VA	---	---	---
NS	F # 49A	Female 15-16 200 Breast	LY-VA	---	---	---
NS	F # 53A	Female 15-16 100 Fly	LY-VA	---	---	---
NS	F # 55A	Female 15-16 200 IM	LY-VA	---	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 SwimRVA Heavyweight Battle 01-Feb-25 to 02-Feb-25 Yards Alt: 197

Location: SwimRVA - CSAC

Time	F/P/S	Event	Place	Points	Improv	
Kinley Tuck (13) F						
2:31.38Y	F # 4	Female 13-14 200 Free	LY-VA	32	---	-5.04
	---	---	---	2:31.38		
	---	---	---	(2:31.38)		
1:16.93Y	F # 6	Female 13-14 100 Back	LY-VA	35	---	-2.67
	37.79	1:16.93				
	(37.79)	(39.14)				
1:31.52Y	F # 8	Female 13-14 100 Breast	LY-VA	36	---	-0.69
	43.63	1:31.52				
	(43.63)	(47.89)				
31.55Y	F # 12	Female 13-14 50 Free	LY-VA	48	---	0.60
Broughton Webb (14) F						
4:40.98Y	F # 2	Female 13-14 400 IM	LY-VA	2	9	7.16
	31.06	1:06.48 1:42.55 2:16.98	2:56.49 3:36.54 4:09.26	4:40.98		
	(31.06)	(35.42) (36.07) (34.43)	(39.51) (40.05) (32.72)	(31.72)		
1:12.61Y	F # 8	Female 13-14 100 Breast	LY-VA	7	4	3.85
	34.36	1:12.61				
	(34.36)	(38.25)				
27.48Y	F # 12	Female 13-14 50 Free	LY-VA	25	---	1.09
17:54.06Y	F # 14	Female 13-14 1650 Free	LY-VA	1	12	26.09
	29.57	1:01.88 1:34.38 2:07.44	2:40.35 3:13.21 3:46.28	4:19.27		
	(29.57)	(32.31) (32.50) (33.06)	(32.91) (32.86) (33.07)	(32.99)		
	4:51.98	5:24.54 5:57.08 6:29.73	7:02.37 7:34.63 8:07.13	8:39.80		
	(32.71)	(32.56) (32.54) (32.65)	(32.64) (32.26) (32.50)	(32.67)		
	9:12.53	9:45.12 10:17.83 10:50.41	11:23.33 11:55.99 12:28.67	13:01.68		
	(32.73)	(32.59) (32.71) (32.58)	(32.92) (32.66) (32.68)	(33.01)		
	13:34.16	14:06.50 14:39.10 15:11.72	15:44.32 16:16.87 16:49.43	17:21.87		
	(32.48)	(32.34) (32.60) (32.62)	(32.60) (32.55) (32.56)	(32.44)		
	17:54.06					
	(32.19)					
2:17.04Y	F # 32	Female 13-14 200 Back	LY-VA	9	3	1.10
	32.63	1:06.46 1:41.77 2:17.04				
	(32.63)	(33.83) (35.31) (35.27)				
57.73Y	F # 34	Female 13-14 100 Free	LY-VA	15	---	1.53
	27.98	57.73				
	(27.98)	(29.75)				
2:32.56Y	F # 36	Female 13-14 200 Breast	LY-VA	8	3	5.84
	34.73	1:13.31 1:52.55 2:32.56				
	(34.73)	(38.58) (39.24) (40.01)				
2:17.37Y	F # 42	Female 13-14 200 IM	LY-VA	7	4	5.70
	30.60	1:05.29 1:44.60 2:17.37				
	(30.60)	(34.69) (39.31) (32.77)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 SwimRVA Heavyweight Battle 01-Feb-25 to 02-Feb-25 Yards Alt: 197

Location: SwimRVA - CSAC

Time	F/P/S	Event	Place	Points	Improv
Graham Woodruff (16) M					
26.52Y	F # 16	200 Medley Relay Lead Off	LY-VA	---	0.83
1:52.20Y	F # 20A	Male 15-16 200 Free	LY-VA	11	1
	26.57	55.31 1:24.37 1:52.20			9.27
	(26.57)	(28.74) (29.06) (27.83)			
59.75Y	F # 22A	Male 15-16 100 Back	LY-VA	11	1
	29.00	59.75			6.70
	(29.00)	(30.75)			
23.94Y	F # 28A	Male 15-16 50 Free	LY-VA	17	---
17:37.77Y	F # 30A	Male 15-16 1650 Free	LY-VA	5	6
	29.09	1:01.29 1:34.57 2:07.94 2:41.30 3:14.19 3:47.09 4:20.10			2.59
	(29.09)	(32.20) (33.28) (33.37) (33.36) (32.89) (32.90) (33.01)			61.96
	4:53.48	5:26.36 5:58.17 6:30.44 7:03.30 7:34.70 8:06.26 8:38.36			
	(33.38)	(32.88) (31.81) (32.27) (32.86) (31.40) (31.56) (32.10)			
	9:10.60	9:42.78 10:14.76 10:46.73 11:18.40 11:49.97 12:22.33 12:54.80			
	(32.24)	(32.18) (31.98) (31.97) (31.67) (31.57) (32.36) (32.47)			
	13:27.06	13:59.50 14:31.93 15:04.41 15:36.56 16:08.56 16:37.39 17:08.00			
	(32.26)	(32.44) (32.43) (32.48) (32.15) (32.00) (28.83) (30.61)			
	17:37.77				
	(29.77)				
2:07.15Y	F # 46A	Male 15-16 200 Back	LY-VA	14	---
	30.23	1:02.60 1:35.26 2:07.15			9.98
	(30.23)	(32.37) (32.66) (31.89)			
51.64Y	F # 48A	Male 15-16 100 Free	LY-VA	28	---
	24.27	51.64			4.46
	(24.27)	(27.37)			
NS	F # 52A	Male 15-16 500 Free	LY-VA	---	---
59.31Y	F # 54A	Male 15-16 100 Fly	LY-VA	25	---
	26.96	59.31			6.74
	(26.96)	(32.35)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 SwimRVA Heavyweight Battle 01-Feb-25 to 02-Feb-25 Yards Alt: 197

Location: SwimRVA - CSAC

Time	F/P/S	Event		Place	Points	Improv
Taylor Woodruff (14) F						
30.42Y	F # 1	200 Medley Relay Lead Off	LY-VA	---	---	2.29
2:08.83Y	F # 4	Female 13-14 200 Free	LY-VA	12	---	12.16
	29.02	1:02.52 1:36.48 2:08.83				
	(29.02)	(33.50) (33.96) (32.35)				
1:08.24Y	F # 6	Female 13-14 100 Back	LY-VA	22	---	8.26
	32.62	1:08.24				
	(32.62)	(35.62)				
2:13.82Y	F # 10	Female 13-14 200 Fly	LY-VA	2	9	7.22
	29.82	1:04.42 1:39.38 2:13.82				
	(29.82)	(34.60) (34.96) (34.44)				
NS	F # 14	Female 13-14 1650 Free	LY-VA	---	---	---
2:20.57Y	F # 32	Female 13-14 200 Back	LY-VA	14	---	11.18
	33.51	1:10.49 1:45.63 2:20.57				
	(33.51)	(36.98) (35.14) (34.94)				
1:00.50Y	F # 34	Female 13-14 100 Free	LY-VA	33	---	4.81
	28.27	1:00.50				
	(28.27)	(32.23)				
5:30.27Y	F # 38	Female 13-14 500 Free	LY-VA	5	6	13.90
	30.16	1:03.83 1:37.05 2:10.76 2:44.18 3:17.97 3:51.68 4:24.84				
	(30.16)	(33.67) (33.22) (33.71) (33.42) (33.79) (33.71) (33.16)				
	4:57.86	5:30.27				
	(33.02)	(32.41)				
1:02.74Y	F # 40	Female 13-14 100 Fly	LY-VA	12	---	3.80
	29.45	1:02.74				
	(29.45)	(33.29)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 SwimRVA Heavyweight Battle 01-Feb-25 to 02-Feb-25 Yards Alt: 197

Location: SwimRVA - CSAC

Time	F/P/S	Event	Place	Points	Improv	
George Xu (17) M						
4:28.98Y	F # 18B	Male 17-18 400 IM	LY-VA	6	5	7.96
	27.30	58.44 1:30.91 2:03.06	2:43.35 3:24.90 3:57.48	4:28.98		
	(27.30)	(31.14) (32.47) (32.15)	(40.29) (41.55) (32.58)	(31.50)		
57.69Y	F # 22B	Male 17-18 100 Back	LY-VA	12	---	3.80
	28.19	57.69				
	(28.19)	(29.50)				
2:06.67Y	F # 26B	Male 17-18 200 Fly	LY-VA	8	3	6.14
	27.76	59.91 1:33.05 2:06.67				
	(27.76)	(32.15) (33.14) (33.62)				
22.99Y	F # 28B	Male 17-18 50 Free	LY-VA	10	2	-0.12
2:04.10Y	F # 46B	Male 17-18 200 Back	LY-VA	11	---	7.22
	28.90	59.89 1:31.98 2:04.10				
	(28.90)	(30.99) (32.09) (32.12)				
49.01Y	F # 48B	Male 17-18 100 Free	LY-VA	7	4	0.24
	23.75	49.01				
	(23.75)	(25.26)				
54.56Y	F # 54B	Male 17-18 100 Fly	LY-VA	9	2	0.35
	25.71	54.56				
	(25.71)	(28.85)				
2:06.03Y	F # 56B	Male 17-18 200 IM	LY-VA	13	---	6.56
	27.23	59.07 1:36.92 2:06.03				
	(27.23)	(31.84) (37.85) (29.11)				