

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results - Standard: 25 AGCH

SW District Champs 9 & Over 28-Feb-25 to 02-Mar-25 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv	
Isaac Cook (14) M						
2:30.78Y QT25	F # 218A	Male 13-14 200 Breast	LY-VA	1	20	-3.03
Benjamin Costa (14) M						
2:09.96Y QT25	P # 312A	Male 13-14 200 Back	LY-VA	5	---	-0.40
52.69Y QT25	F # 318A	Male 13-14 100 Free	LY-VA	1	20	-0.36
Sam Edwards (14) M						
2:09.37Y QT25	F # 312A	Male 13-14 200 Back	LY-VA	1	20	-1.99
2:09.46Y QT25	P # 312A	Male 13-14 200 Back	LY-VA	4	---	-1.90
Daniel Gustafson (12) M						
1:08.75Y QT25	P # 124	Male 11-12 100 IM	LY-VA	1	---	-1.45
1:08.97Y QT25	F # 124	Male 11-12 100 IM	LY-VA	1	20	-1.23
Kathleen King (14) F						
1:02.19Y QT25	P # 225A	Female 13-14 100 Back	LY-VA	3	---	-2.25
Dabney Morrison (10) F						
2:51.38Y QT25	F # 227	Female 9-10 200 IM	LY-VA	2	17	-8.48
1:20.70Y QT25	P # 309	Female 9-10 100 Fly	LY-VA	3	---	-10.75
1:21.72Y QT25	F # 309	Female 9-10 100 Fly	LY-VA	2	17	-9.73
Mac Morrison (11) M						
2:10.48Y QT25	F # 102	Male 11-12 200 Free	LY-VA	2	17	-4.70
26.98Y QT25	F # 224	Male 11-12 50 Free	LY-VA	2	17	-1.46
27.21Y QT25	P # 224	Male 11-12 50 Free	LY-VA	1	---	-1.23
Caroline Nelson (12) F						
2:06.82Y QT25	F # 101	Female 11-12 200 Free	LY-VA	1	20	-4.86
1:06.12Y QT25	F # 123	Female 11-12 100 IM	LY-VA	1	20	-3.57
26.75Y QT25	F # 223	Female 11-12 50 Free	LY-VA	2	17	-1.23
27.14Y QT25	P # 223	Female 11-12 50 Free	LY-VA	2	---	-0.84
5:41.13Y QT25	F # 235	Female 11-12 500 Free	LY-VA	1	20	-13.28
1:05.22Y QT25	F # 307	Female 11-12 100 Fly	LY-VA	1	20	-2.98
1:06.27Y QT25	P # 307	Female 11-12 100 Fly	LY-VA	1	---	-1.93
2:44.42Y QT25	F # 319	Female 11-12 200 Breast	LY-VA	4	15	-9.07
2:44.71Y QT25	P # 319	Female 11-12 200 Breast	LY-VA	2	---	-8.78
5:11.83Y QT25	F # 331	Female 11-12 400 IM	LY-VA	1	20	-36.35
Lainey Pennington (12) F						
2:09.16Y QT25	F # 101	Female 11-12 200 Free	LY-VA	3	16	-1.29
2:35.85Y QT25	P # 219	Female 11-12 200 Fly	LY-VA	2	---	-4.25
Broughton Webb (14) F						
1:02.88Y QT25	P # 225A	Female 13-14 100 Back	LY-VA	4	---	-0.90
2:10.45Y QT25	P # 311A	Female 13-14 200 Back	LY-VA	1	---	-5.49

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Sammy Wells (10) M						
1:20.61Y QT25	P # 310	Male 9-10 100 Fly	LY-VA	3	---	-4.93
1:08.28Y QT25	F # 322	Male 9-10 100 Free	LY-VA	3	16	-0.56
1:08.57Y QT25	P # 322	Male 9-10 100 Free	LY-VA	3	---	-0.27
6:24.22Y QT25	F # 328B	Male 9-10 500 Free	LY-VA	1	20	-24.55
Titus Wu (9) M						
34.55Y QT25	P # 110	Male 9-10 50 Fly	LY-VA	2	---	-1.46
1:29.06Y QT25	P # 116	Male 9-10 100 Breast	LY-VA	2	---	-6.10
1:30.19Y QT25	F # 116	Male 9-10 100 Breast	LY-VA	2	17	-4.97
1:15.49Y QT25	F # 210	Male 9-10 100 Back	LY-VA	1	20	-6.28
1:15.92Y QT25	P # 210	Male 9-10 100 Back	LY-VA	1	---	-5.85
41.27Y QT25	F # 216	Male 9-10 50 Breast	LY-VA	1	20	-1.03
41.29Y QT25	P # 216	Male 9-10 50 Breast	LY-VA	1	---	-1.01
2:46.75Y QT25	F # 228	Male 9-10 200 IM	LY-VA	1	20	-4.34
6:34.35Y QT25	F # 328B	Male 9-10 500 Free	LY-VA	2	17	-27.26