

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 1 Friday Morning 13 & Up DEEP END

Day of Meet: 1 Starts at 08:45 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	105 Girls 13 & Over 100 Breaststroke	55	7 u	08:45 AM	_____
Prelims	106 Boys 13 & Over 100 Breaststroke	42	6 u	08:58 AM	_____
Prelims	113 Girls 13 & Over 200 Freestyle	85	11 u	09:09 AM	_____
Prelims	114 Boys 13 & Over 200 Freestyle	70	9 u	09:39 AM	_____
Prelims	119 Girls 13 & Over 100 Butterfly	56	7 u	10:02 AM	_____
Prelims	120 Boys 13 & Over 100 Butterfly	58	8 u	10:13 AM	_____
	Break: 5 Minutes:				
Finals	125 Girls 13-14 400 Freestyle Relay	11	2 u	10:30 AM	_____
Finals	126 Boys 13-14 400 Freestyle Relay	7	1 u	10:39 AM	_____
Finals	127 Girls 13 & Over 400 Freestyle Relay	5	1 u	10:46 AM	_____
Finals	128 Boys 13 & Over 400 Freestyle Relay	7	1 u	10:51 AM	_____
	Break: 10 Minutes:				
Prelims	129 Girls 13 & Over 400 IM	16	2 u	11:05 AM	_____
Prelims	130 Boys 13 & Over 400 IM	15	2 u	11:17 AM	_____
	Swimmers Counts for Warm-ups: 189	====	====		
	Entry / Heat Totals:	427	57		
	Finish Time			11:28 AM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 2 Friday Morning 12 & Under SHALLOW END

Day of Meet: 1 Starts at 08:45 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	101 Girls 11-12 200 Freestyle	35	5 u	08:45 AM	_____
Prelims	102 Boys 11-12 200 Freestyle	32	4 u	09:02 AM	_____
Prelims	103 Girls 9-10 200 Freestyle	20	3 u	09:14 AM	_____
Prelims	104 Boys 9-10 200 Freestyle	15	2 u	09:24 AM	_____
Prelims	107 Girls 11-12 50 Butterfly	44	6 u	09:30 AM	_____
Prelims	108 Boys 11-12 50 Butterfly	30	4 u	09:37 AM	_____
Prelims	109 Girls 9-10 50 Butterfly	44	6 u	09:41 AM	_____
Prelims	110 Boys 9-10 50 Butterfly	33	5 u	09:49 AM	_____
Prelims	111 Girls 11-12 200 Backstroke	13	2 u	09:55 AM	_____
Prelims	112 Boys 11-12 200 Backstroke	11	2 u	10:02 AM	_____
Prelims	115 Girls 9-10 100 Breaststroke	28	4 u	10:09 AM	_____
Prelims	116 Boys 9-10 100 Breaststroke	33	5 u	10:19 AM	_____
Prelims	117 Girls 11-12 100 Breaststroke	34	5 u	10:30 AM	_____
Prelims	118 Boys 11-12 100 Breaststroke	31	4 u	10:41 AM	_____
Prelims	121 Girls 9-10 100 IM	52	7 u	10:48 AM	_____
Prelims	122 Boys 9-10 100 IM	38	5 u	11:03 AM	_____
Prelims	123 Girls 11-12 100 IM	53	7 u	11:14 AM	_____
Prelims	124 Boys 11-12 100 IM	44	6 u	11:26 AM	_____
	Break: 5 Minutes:				
Finals	131 Girls 11-12 400 Freestyle Relay	10	2 u	11:42 AM	_____
Finals	132 Boys 11-12 400 Freestyle Relay	7	1 u	11:53 AM	_____
	Swimmers Counts for Warm-ups: 220	=====	=====		
	Entry / Heat Totals:	607	85		
	Finish Time			12:01 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 3 Friday Finals GIRLS SHALLOW END

Day of Meet: 1 Starts at 05:15 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	101 Girls 11-12 200 Freestyle	16	2 u	05:15 PM	_____
Finals	103 Girls 9-10 200 Freestyle	8	1 u	05:23 PM	_____
Finals	105 Girls 13 & Over 100 Breaststroke	32	4 u	05:27 PM	_____
Finals	107 Girls 11-12 50 Butterfly	16	2 u	05:38 PM	_____
Finals	109 Girls 9-10 50 Butterfly	8	1 u	05:42 PM	_____
Finals	111 Girls 11-12 200 Backstroke	8	1 u	05:45 PM	_____
Finals	113 Girls 13 & Over 200 Freestyle	32	4 u	05:49 PM	_____
Finals	115 Girls 9-10 100 Breaststroke	8	1 u	06:03 PM	_____
Finals	117 Girls 11-12 100 Breaststroke	16	2 u	06:07 PM	_____
Finals	119 Girls 13 & Over 100 Butterfly	32	4 u	06:12 PM	_____
Finals	121 Girls 9-10 100 IM	8	1 u	06:23 PM	_____
Finals	123 Girls 11-12 100 IM	16	2 u	06:26 PM	_____
Finals	129 Girls 13 & Over 400 IM	16	4 u	06:31 PM	_____
	Swimmers Counts for Warm-ups: 121	=====	=====		
	Entry / Heat Totals:	216	29		
	Finish Time			06:58 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 4 Friday Finals BOYS DEEP END

Day of Meet: 1 Starts at 05:15 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	102 Boys 11-12 200 Freestyle	16	2 u	05:15 PM	_____
Finals	104 Boys 9-10 200 Freestyle	8	1 u	05:23 PM	_____
Finals	106 Boys 13 & Over 100 Breaststroke	32	4 u	05:28 PM	_____
Finals	108 Boys 11-12 50 Butterfly	16	2 u	05:38 PM	_____
Finals	110 Boys 9-10 50 Butterfly	8	1 u	05:42 PM	_____
Finals	112 Boys 11-12 200 Backstroke	8	1 u	05:45 PM	_____
Finals	114 Boys 13 & Over 200 Freestyle	32	4 u	05:49 PM	_____
Finals	116 Boys 9-10 100 Breaststroke	8	1 u	06:03 PM	_____
Finals	118 Boys 11-12 100 Breaststroke	16	2 u	06:06 PM	_____
Finals	120 Boys 13 & Over 100 Butterfly	32	4 u	06:12 PM	_____
Finals	122 Boys 9-10 100 IM	8	1 u	06:22 PM	_____
Finals	124 Boys 11-12 100 IM	16	2 u	06:25 PM	_____
Finals	130 Boys 13 & Over 400 IM	15	4 u	06:30 PM	_____
	Swimmers Counts for Warm-ups: 118	=====	=====		
	Entry / Heat Totals:	215	29		
	Finish Time			06:56 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 5 Saturday AM 13 & Up DEEP END

Day of Meet: 2 Starts at 09:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	205 Girls 13 & Over 200 Butterfly	16	2 u	09:15 AM	_____
Prelims	206 Boys 13 & Over 200 Butterfly	25	4 u	09:21 AM	_____
Prelims	211 Girls 13 & Over 50 Freestyle	112	14 u	09:33 AM	_____
Prelims	212 Boys 13 & Over 50 Freestyle	99	13 u	09:45 AM	_____
Prelims	217 Girls 13 & Over 200 Breaststroke	50	7 u	09:56 AM	_____
Prelims	218 Boys 13 & Over 200 Breaststroke	39	5 u	10:20 AM	_____
Prelims	225 Girls 13 & Over 100 Backstroke	84	11 u	10:36 AM	_____
Prelims	226 Boys 13 & Over 100 Backstroke	76	10 u	10:57 AM	_____
	Break: 5 Minutes:				
Finals	231 Girls 13-14 400 Medley Relay	12	2 u	11:21 AM	_____
Finals	232 Boys 13-14 400 Medley Relay	9	2 u	11:31 AM	_____
Finals	233 Girls 13 & Over 400 Medley Relay	7	1 u	11:43 AM	_____
Finals	234 Boys 13 & Over 400 Medley Relay	8	1 u	11:49 AM	_____
	Break: 5 Minutes:				
Prelims	237 Girls 13 & Over 500 Freestyle	53	7 u	11:59 AM	_____
Prelims	238 Boys 13 & Over 500 Freestyle	55	7 u	12:44 PM	_____
	Swimmers Counts for Warm-ups: 254	=====	=====		
	Entry / Heat Totals:	645	86		
	Finish Time			01:27 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 6 Saturday AM 12 & Under SHALLOW END

Day of Meet: 2 Starts at 09:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	207 Girls 11-12 100 Backstroke	62	8 u	09:15 AM	_____
Prelims	208 Boys 11-12 100 Backstroke	44	6 u	09:33 AM	_____
Prelims	209 Girls 9-10 100 Backstroke	62	8 u	09:45 AM	_____
Prelims	210 Boys 9-10 100 Backstroke	44	6 u	10:05 AM	_____
Prelims	213 Girls 11-12 50 Breaststroke	58	8 u	10:19 AM	_____
Prelims	214 Boys 11-12 50 Breaststroke	49	7 u	10:29 AM	_____
Prelims	215 Girls 9-10 50 Breaststroke	62	8 u	10:37 AM	_____
Prelims	216 Boys 9-10 50 Breaststroke	52	7 u	10:48 AM	_____
Prelims	219 Girls 11-12 200 Butterfly	7	1 u	10:57 AM	_____
Prelims	220 Boys 11-12 200 Butterfly	5	1 u	11:01 AM	_____
Prelims	221 Girls 9-10 50 Freestyle	78	10 u	11:04 AM	_____
Prelims	222 Boys 9-10 50 Freestyle	61	8 u	11:15 AM	_____
Prelims	223 Girls 11-12 50 Freestyle	87	11 u	11:24 AM	_____
Prelims	224 Boys 11-12 50 Freestyle	65	9 u	11:35 AM	_____
Finals-S	227 Girls 9-10 200 IM	16	2 u	11:44 AM	_____
Finals-S	228 Boys 9-10 200 IM	13	2 u	11:52 AM	_____
Prelims	229 Girls 11-12 200 IM	50	7 u	12:00 PM	_____
Prelims	230 Boys 11-12 200 IM	27	4 u	12:23 PM	_____
	Break: 5 Minutes:				
Finals	235 Girls 11-12 500 Freestyle	23	3 u	12:42 PM	_____
Finals	236 Boys 11-12 500 Freestyle	22	3 u	01:05 PM	_____
	Swimmers Counts for Warm-ups: 329	=====	=====		
	Entry / Heat Totals:	887	119		
	Finish Time			01:26 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 7 Saturday Finals Girls SHALLOW END

Day of Meet: 2 Starts at 05:15 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	201 Girls 11-12 200 Freestyle Relay	14	2 u	05:15 PM	_____
Finals	203 Girls 9-10 200 Freestyle Relay	11	2 u	05:23 PM	_____
	Break: 5 Minutes:				
Finals	205 Girls 13 & Over 200 Butterfly	16	4 u	05:36 PM	_____
Finals	207 Girls 11-12 100 Backstroke	16	2 u	05:53 PM	_____
Finals	209 Girls 9-10 100 Backstroke	8	1 u	05:59 PM	_____
Finals	211 Girls 13 & Over 50 Freestyle	32	4 u	06:02 PM	_____
Finals	213 Girls 11-12 50 Breaststroke	16	2 u	06:09 PM	_____
Finals	215 Girls 9-10 50 Breaststroke	8	1 u	06:14 PM	_____
Finals	217 Girls 13 & Over 200 Breaststroke	32	4 u	06:16 PM	_____
Finals	219 Girls 11-12 200 Butterfly	7	1 u	06:33 PM	_____
Finals	221 Girls 9-10 50 Freestyle	8	1 u	06:38 PM	_____
Finals	223 Girls 11-12 50 Freestyle	16	2 u	06:40 PM	_____
Finals	225 Girls 13 & Over 100 Backstroke	32	4 u	06:44 PM	_____
Finals-1	227 Girls 9-10 200 IM	8	1 u	06:55 PM	_____
Finals	229 Girls 11-12 200 IM	16	2 u	07:00 PM	_____
Finals	237 Girls 13 & Over 500 Freestyle	32	4 u	07:09 PM	_____
	Swimmers Counts for Warm-ups: 180	=====	=====		
	Entry / Heat Totals:	272	37		
	Finish Time			07:38 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 8 Saturday Finals Boys DEEP END

Day of Meet: 2 Starts at 05:15 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	202 Boys 11-12 200 Freestyle Relay	12	2 u	05:15 PM	_____
Finals	204 Boys 9-10 200 Freestyle Relay	10	2 u	05:23 PM	_____
	Break: 5 Minutes:				
Finals	206 Boys 13 & Over 200 Butterfly	25	4 u	05:36 PM	_____
Finals	208 Boys 11-12 100 Backstroke	16	2 u	05:52 PM	_____
Finals	210 Boys 9-10 100 Backstroke	8	1 u	05:58 PM	_____
Finals	212 Boys 13 & Over 50 Freestyle	32	4 u	06:01 PM	_____
Finals	214 Boys 11-12 50 Breaststroke	16	2 u	06:09 PM	_____
Finals	216 Boys 9-10 50 Breaststroke	8	1 u	06:13 PM	_____
Finals	218 Boys 13 & Over 200 Breaststroke	32	4 u	06:15 PM	_____
Finals	220 Boys 11-12 200 Butterfly	5	1 u	06:32 PM	_____
Finals	222 Boys 9-10 50 Freestyle	8	1 u	06:36 PM	_____
Finals	224 Boys 11-12 50 Freestyle	16	2 u	06:38 PM	_____
Finals	226 Boys 13 & Over 100 Backstroke	32	4 u	06:42 PM	_____
Finals-1	228 Boys 9-10 200 IM	8	1 u	06:53 PM	_____
Finals	230 Boys 11-12 200 IM	16	2 u	06:58 PM	_____
Finals	238 Boys 13 & Over 500 Freestyle	32	4 u	07:07 PM	_____
	Swimmers Counts for Warm-ups: 168	=====	=====		
	Entry / Heat Totals:	276	37		
	Finish Time			07:34 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025
Blue Ridge Region/ SW District
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Session Report

Session: 9 Sunday AM 13 & Up DEEP END

Day of Meet: 3 Starts at 08:45 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	311 Girls 13 & Over 200 Backstroke	54	7 u	08:45 AM	_____
Prelims	312 Boys 13 & Over 200 Backstroke	51	7 u	09:09 AM	_____
Prelims	317 Girls 13 & Over 100 Freestyle	105	14 u	09:31 AM	_____
Prelims	318 Boys 13 & Over 100 Freestyle	103	13 u	09:52 AM	_____
Prelims	325 Girls 13 & Over 200 IM	83	11 u	10:10 AM	_____
Prelims	326 Boys 13 & Over 200 IM	84	11 u	10:44 AM	_____
	Break: 5 Minutes:				
Finals	329 Girls 13-14 200 Freestyle Relay	13	2 u	11:22 AM	_____
Finals	330 Boys 13-14 200 Freestyle Relay	10	2 u	11:27 AM	_____
Finals	333 Girls 13 & Over 200 Freestyle Relay	8	1 u	11:32 AM	_____
Finals	334 Boys 13 & Over 200 Freestyle Relay	6	1 u	11:34 AM	_____
	Break: 20 Minutes:				
Finals-S	305 Girls 13 & Over 1000 Freestyle	2	1 u	11:56 AM	_____
	Swimmers Counts for Warm-ups: 233	=====	=====		
	Entry / Heat Totals:	519	70		
	Finish Time			12:10 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 10 Sunday AM 12 & Under SHALLOW END

Day of Meet: 3 Starts at 08:45 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	307 Girls 11-12 100 Butterfly	40	5 u	08:45 AM	_____
Prelims	308 Boys 11-12 100 Butterfly	23	3 u	08:55 AM	_____
Prelims	309 Girls 9-10 100 Butterfly	18	3 u	09:01 AM	_____
Prelims	310 Boys 9-10 100 Butterfly	18	3 u	09:08 AM	_____
Prelims	313 Girls 11-12 50 Backstroke	73	10 u	09:14 AM	_____
Prelims	314 Boys 11-12 50 Backstroke	49	7 u	09:27 AM	_____
Prelims	315 Girls 9-10 50 Backstroke	71	9 u	09:37 AM	_____
Prelims	316 Boys 9-10 50 Backstroke	53	7 u	09:50 AM	_____
Prelims	319 Girls 11-12 200 Breaststroke	30	4 u	10:00 AM	_____
Prelims	320 Boys 11-12 200 Breaststroke	21	3 u	10:14 AM	_____
Prelims	321 Girls 9-10 100 Freestyle	70	9 u	10:27 AM	_____
Prelims	322 Boys 9-10 100 Freestyle	54	7 u	10:44 AM	_____
Prelims	323 Girls 11-12 100 Freestyle	80	10 u	10:58 AM	_____
Prelims	324 Boys 11-12 100 Freestyle	60	8 u	11:14 AM	_____
Finals	327 Girls 10 & Under 500 Freestyle	20	3 u	11:28 AM	_____
Finals	328 Boys 10 & Under 500 Freestyle	16	2 u	11:54 AM	_____
Finals	331 Girls 11-12 400 IM	9	2 u	12:09 PM	_____
Finals	332 Boys 11-12 400 IM	8	1 u	12:23 PM	_____
	Swimmers Counts for Warm-ups: 311	=====	=====		
	Entry / Heat Totals:	713	96		
	Finish Time			12:30 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 11 Sunday Finals BOYS DEEP END

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	302 Boys 11-12 200 Medley Relay	13	2 u	05:00 PM	_____
Finals	304 Boys 9-10 200 Medley Relay	10	2 u	05:09 PM	_____
	Break: 5 Minutes:				
Finals-1	306 Boys 13 & Over 1000 Freestyle	7	1 u	05:23 PM	_____
Finals	308 Boys 11-12 100 Butterfly	16	2 u	05:37 PM	_____
Finals	310 Boys 9-10 100 Butterfly	8	1 u	05:43 PM	_____
Finals	312 Boys 13 & Over 200 Backstroke	32	4 u	05:46 PM	_____
Finals	314 Boys 11-12 50 Backstroke	16	2 u	06:02 PM	_____
Finals	316 Boys 9-10 50 Backstroke	8	1 u	06:06 PM	_____
Finals	318 Boys 13 & Over 100 Freestyle	32	4 u	06:09 PM	_____
Finals	320 Boys 11-12 200 Breaststroke	8	1 u	06:18 PM	_____
Finals	322 Boys 9-10 100 Freestyle	8	1 u	06:23 PM	_____
Finals	324 Boys 11-12 100 Freestyle	16	2 u	06:26 PM	_____
Finals	326 Boys 13 & Over 200 IM	32	4 u	06:31 PM	_____
	Swimmers Counts for Warm-ups: 134	=====	=====		
	Entry / Heat Totals:	206	27		
	Finish Time			06:46 PM	_____

SW District Champs 9 & Over - 2/28/2025 to 3/2/2025**Blue Ridge Region/ SW District****Hosted by LY****Session Report**

Session: 12 Sunday Finals GIRLS SHALLOW END

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	301 Girls 11-12 200 Medley Relay	15	2 u	05:00 PM	_____
Finals	303 Girls 9-10 200 Medley Relay	11	2 u	05:09 PM	_____
	Break: 5 Minutes:				
Finals-1	305 Girls 13 & Over 1000 Freestyle	8	1 u	05:23 PM	_____
Finals	307 Girls 11-12 100 Butterfly	16	2 u	05:38 PM	_____
Finals	309 Girls 9-10 100 Butterfly	8	1 u	05:43 PM	_____
Finals	311 Girls 13 & Over 200 Backstroke	32	4 u	05:46 PM	_____
Finals	313 Girls 11-12 50 Backstroke	16	2 u	06:03 PM	_____
Finals	315 Girls 9-10 50 Backstroke	8	1 u	06:08 PM	_____
Finals	317 Girls 13 & Over 100 Freestyle	32	4 u	06:10 PM	_____
Finals	319 Girls 11-12 200 Breaststroke	8	1 u	06:20 PM	_____
Finals	321 Girls 9-10 100 Freestyle	8	1 u	06:24 PM	_____
Finals	323 Girls 11-12 100 Freestyle	16	2 u	06:27 PM	_____
Finals	325 Girls 13 & Over 200 IM	32	4 u	06:32 PM	_____
	Swimmers Counts for Warm-ups: 148	=====	=====		
	Entry / Heat Totals:	210	27		
	Finish Time			06:48 PM	_____