

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 USRY Short Course Champs 20-Mar-25 to 23-Mar-25 Yards

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Tessa Akershoek (12) F						
1:21.74Y	F # 89	Female 11-12 100 IM	LY-VA	40	---	-1.33
32.37Y	F # 97	Female 11-12 50 Free	LY-VA	59	---	-0.40
36.31Y	F # 103	Female 11-12 50 Fly	LY-VA	40	---	1.95
Shirley Barger (14) F						
11:26.45Y	F # 1A	Female 14 & Under 1000 Free	LY-VA	5	16	-13.76
26.66Y	P # 9A	Female 13-14 50 Free	LY-VA	25	---	-0.09
1:08.71Y	P # 13A	Female 13-14 100 Back	LY-VA	34	---	-0.73
2:05.25Y	F # 43A	Female 13-14 200 Free	LY-VA	15	4	0.24
2:06.76Y	P # 43A	Female 13-14 200 Free	LY-VA	19	---	1.75
1:15.90Y	F # 45A	Female 13-14 100 Breast	LY-VA	17	2	-0.41
1:16.10Y	P # 45A	Female 13-14 100 Breast	LY-VA	19	---	-0.21
5:02.88Y	F # 53A	Female 13-14 400 IM	LY-VA	8	13	-6.26
5:06.17Y	P # 53A	Female 13-14 400 IM	LY-VA	10	---	-2.97
58.45Y	F # 79A	Female 13-14 100 Free	LY-VA	17	2	-0.16
58.65Y	P # 79A	Female 13-14 100 Free	LY-VA	25	---	0.04
2:24.20Y	F # 81A	Female 13-14 200 IM	LY-VA	13	6	-4.24
2:25.65Y	P # 81A	Female 13-14 200 IM	LY-VA	19	---	-2.79
Jackson Barksdale (13) M						
2:16.85Y	P # 44A	Male 13-14 200 Free	LY-VA	51	---	4.61
1:00.93Y	P # 80A	Male 13-14 100 Free	LY-VA	53	---	2.86
2:36.50Y	P # 82A	Male 13-14 200 IM	LY-VA	38	---	4.30
Cole Campbell (16) M						
1:04.92Y	P # 46B	Male 15 & Over 100 Breast	LY-VA	24	---	3.27
51.95Y	P # 80B	Male 15 & Over 100 Free	LY-VA	40	---	3.29
Isaac Cook (14) M						
NS	P # 10A	Male 13-14 50 Free	LY-VA	---	---	---
NS	P # 46A	Male 13-14 100 Breast	LY-VA	---	---	---
Mason Cooper (18) M						
27.36Y	F # 42	200 Medley Relay Lead Off	LY-VA	---	---	-1.27
2:06.53Y	P # 44B	Male 15 & Over 200 Free	LY-VA	81	---	3.60
1:13.27Y	P # 46B	Male 15 & Over 100 Breast	LY-VA	59	---	2.16
1:00.16Y	P # 48B	Male 15 & Over 100 Fly	LY-VA	52	---	2.29

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Time	F/P/S	Event	Place	Points	Improv	
Benjamin Costa (14) M						
24.99Y	P # 10A	Male 13-14 50 Free	LY-VA	19	---	0.63
2:12.35Y	F # 12A	Male 13-14 200 Fly	LY-VA	6	15	2.10
2:13.30Y	P # 12A	Male 13-14 200 Fly	LY-VA	7	---	3.05
58.74Y	F # 14A	Male 13-14 100 Back	LY-VA	5	16	0.59
1:00.18Y	P # 14A	Male 13-14 100 Back	LY-VA	7	---	2.03
27.65Y	F # 40	200 Medley Relay Lead Off	LY-VA	---	---	0.19
1:57.18Y	F # 44A	Male 13-14 200 Free	LY-VA	13	6	0.66
1:58.77Y	P # 44A	Male 13-14 200 Free	LY-VA	16	---	2.25
56.87Y	F # 48A	Male 13-14 100 Fly	LY-VA	3	18	-0.95
58.53Y	P # 48A	Male 13-14 100 Fly	LY-VA	6	---	0.71
NS	P # 78A	Male 13-14 200 Back	LY-VA	---	---	---
NS	P # 80A	Male 13-14 100 Free	LY-VA	---	---	---
NS	P # 82A	Male 13-14 200 IM	LY-VA	---	---	---
Anderson Cox (9) M						
47.04Y	F # 28	Male 10 & Under 50 Breast	LY-VA	19	---	-0.14
1:24.16Y	F # 32	Male 10 & Under 100 Free	LY-VA	32	---	-0.28
1:41.45Y	F # 70	Male 10 & Under 100 Breast	LY-VA	16	3	-5.82
Clayton Cox (12) M						
1:06.47Y	F # 30	Male 11-12 100 Free	LY-VA	30	---	-2.29
29.87Y	F # 76	200 Free Relay Lead Off	LY-VA	---	---	0.13
29.60Y	F # 98	Male 11-12 50 Free	LY-VA	27	---	-0.14
36.68Y	F # 104	Male 11-12 50 Fly	LY-VA	44	---	-0.24
Avery Duff (14) F						
29.53Y	P # 9A	Female 13-14 50 Free	LY-VA	90	---	1.07
1:22.44Y	P # 13A	Female 13-14 100 Back	LY-VA	87	---	3.96
2:24.96Y	P # 43A	Female 13-14 200 Free	LY-VA	64	---	2.14
1:04.00Y	P # 79A	Female 13-14 100 Free	LY-VA	72	---	1.35
Ruby Duis (17) F						
25.50Y	F # 7	200 Free Relay Lead Off	LY-VA	---	---	0.61
25.14Y	P # 9B	Female 15 & Over 50 Free	LY-VA	6	---	0.25
57.65Y	P # 79B	Female 15 & Over 100 Free	LY-VA	42	---	1.69
Tyler Eakkhattiyakorn (13) M						
2:40.82Y	P # 16A	Male 13-14 200 Breast	LY-VA	23	---	4.85
1:12.32Y	P # 46A	Male 13-14 100 Breast	LY-VA	21	---	0.80
1:03.16Y	P # 80A	Male 13-14 100 Free	LY-VA	57	---	0.99
2:27.95Y	F # 82A	Male 13-14 200 IM	LY-VA	17	2	-5.02
2:29.93Y	P # 82A	Male 13-14 200 IM	LY-VA	35	---	-3.04

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Time	F/P/S	Event		Place	Points	Improv
Josh Edwards (16) M						
23.77Y	P # 10B	Male 15 & Over 50 Free	LY-VA	41	---	0.18
1:01.84Y	P # 14B	Male 15 & Over 100 Back	LY-VA	41	---	0.72
2:34.02Y	P # 16B	Male 15 & Over 200 Breast	LY-VA	29	---	-1.69
1:57.29Y	P # 44B	Male 15 & Over 200 Free	LY-VA	56	---	-0.60
1:06.54Y	P # 46B	Male 15 & Over 100 Breast	LY-VA	32	---	0.60
1:00.40Y	P # 48B	Male 15 & Over 100 Fly	LY-VA	53	---	1.21
52.35Y	P # 80B	Male 15 & Over 100 Free	LY-VA	48	---	-0.46
23.43Y	T # 81	Mixed Open 50 Free	LY-VA	3	---	-0.16
2:14.08Y	P # 82B	Male 15 & Over 200 IM	LY-VA	36	---	-2.47
Sam Edwards (14) M						
10:50.68Y	F # 2A	Male 14 & Under 1000 Free	LY-VA	6	15	0.80
25.49Y	F # 6	200 Free Relay Lead Off	LY-VA	---	---	-0.16
25.68Y	P # 10A	Male 13-14 50 Free	LY-VA	36	---	0.03
1:00.54Y	P # 14A	Male 13-14 100 Back	LY-VA	8	---	0.05
1:01.01Y	F # 14A	Male 13-14 100 Back	LY-VA	8	13	0.52
5:15.71Y	F # 18A	Male 13-14 500 Free	LY-VA	10	10	-2.49
5:23.65Y	P # 18A	Male 13-14 500 Free	LY-VA	11	---	5.45
28.20Y	F # 40	200 Medley Relay Lead Off	LY-VA	---	---	-0.21
2:03.42Y	P # 44A	Male 13-14 200 Free	LY-VA	27	---	6.19
4:36.75Y	F # 54A	Male 13-14 400 IM	LY-VA	3	18	-8.27
4:41.89Y	P # 54A	Male 13-14 400 IM	LY-VA	3	---	-3.13
2:07.28Y	P # 78A	Male 13-14 200 Back	LY-VA	4	---	0.31
2:08.50Y	F # 78A	Male 13-14 200 Back	LY-VA	5	16	1.53
1:00.55Y	T # 83	Female 13-14 100 Fly	LY-VA	1	---	-0.25
59.50Y	F # 84	400 Medley Relay Lead Off	LY-VA	---	---	-0.99
17:48.46Y	F # 88A	Male 13-14 1650 Free	LY-VA	1	22	-8.35
Evan Fong (16) M						
24.28Y	F # 8	200 Free Relay Lead Off	LY-VA	---	---	-0.20
24.50Y	P # 10B	Male 15 & Over 50 Free	LY-VA	61	---	0.02
59.18Y	P # 14B	Male 15 & Over 100 Back	LY-VA	30	---	0.64
2:30.65Y	P # 16B	Male 15 & Over 200 Breast	LY-VA	24	---	4.76
2:00.07Y	P # 44B	Male 15 & Over 200 Free	LY-VA	65	---	3.22
1:07.53Y	P # 46B	Male 15 & Over 100 Breast	LY-VA	35	---	1.01
59.38Y	P # 48B	Male 15 & Over 100 Fly	LY-VA	47	---	0.36
54.05Y	P # 80B	Male 15 & Over 100 Free	LY-VA	72	---	-0.84
2:14.80Y	P # 82B	Male 15 & Over 200 IM	LY-VA	39	---	2.12
59.37Y	F # 86	400 Medley Relay Lead Off	LY-VA	---	---	0.83
Jocelyn French (14) F						
3:02.07Y	P # 15A	Female 13-14 200 Breast	LY-VA	32	---	-7.69
1:22.02Y	P # 45A	Female 13-14 100 Breast	LY-VA	48	---	-0.09
1:06.36Y	F # 49	400 Free Relay Lead Off	LY-VA	---	---	-2.52
1:07.58Y	P # 79A	Female 13-14 100 Free	LY-VA	92	---	-1.30

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Time	F/P/S	Event	Place	Points	Improv	
Camille Greenlaw (12) F						
6:35.00Y	F # 3B	Female 11-12 500 Free	LY-VA	16	3	-2.21
1:07.34Y	F # 29	Female 11-12 100 Free	LY-VA	41	---	0.91
1:18.31Y	F # 33	Female 11-12 100 Back	LY-VA	30	---	1.22
35.69Y	F # 55	Female 11-12 50 Back	LY-VA	38	---	-0.07
2:25.75Y	F # 71	Female 11-12 200 Free	LY-VA	27	---	-1.70
1:18.75Y	F # 89	Female 11-12 100 IM	LY-VA	32	---	-1.04
2:48.70Y	F # 93	Female 11-12 200 Back	LY-VA	9	12	-1.36
30.72Y	F # 97	Female 11-12 50 Free	LY-VA	50	---	0.81
Chandler Henry (16) M						
11:03.14Y	F # 2B	Male 15 & Over 1000 Free	LY-VA	6	15	-12.05
24.21Y	P # 10B	Male 15 & Over 50 Free	LY-VA	52	---	-0.14
2:19.92Y	F # 16B	Male 15 & Over 200 Breast	LY-VA	12	7	-2.59
2:25.23Y	P # 16B	Male 15 & Over 200 Breast	LY-VA	17	---	2.72
1:58.36Y	P # 44B	Male 15 & Over 200 Free	LY-VA	61	---	-0.42
1:06.54Y	P # 46B	Male 15 & Over 100 Breast	LY-VA	32	---	1.35
4:39.55Y	F # 54B	Male 15 & Over 400 IM	LY-VA	11	8	2.80
4:41.03Y	P # 54B	Male 15 & Over 400 IM	LY-VA	12	---	4.28
54.32Y	P # 80B	Male 15 & Over 100 Free	LY-VA	78	---	0.52
2:10.57Y	P # 82B	Male 15 & Over 200 IM	LY-VA	24	---	-1.10
1:07.43Y	T # 85	Female Open 100 Breast	LY-VA	1	---	2.24
Sydney Hill (14) F						
27.52Y	P # 9A	Female 13-14 50 Free	LY-VA	43	---	-0.03
1:10.05Y	P # 13A	Female 13-14 100 Back	LY-VA	41	---	2.01
2:16.23Y	P # 43A	Female 13-14 200 Free	LY-VA	44	---	-2.98
1:21.08Y	P # 47A	Female 13-14 100 Fly	LY-VA	57	---	3.14
57.47Y	F # 49	400 Free Relay Lead Off	LY-VA	---	---	-2.36
2:32.33Y	P # 77A	Female 13-14 200 Back	LY-VA	33	---	3.56
1:00.41Y	P # 79A	Female 13-14 100 Free	LY-VA	44	---	0.58
Ann-Margaret Holt (15) F						
2:10.78Y	F # 11B	Female 15 & Over 200 Fly	LY-VA	2	19	-4.59
2:10.96Y	P # 11B	Female 15 & Over 200 Fly	LY-VA	2	---	-4.41
59.53Y	F # 13B	Female 15 & Over 100 Back	LY-VA	3	18	-1.95
1:00.00Y	P # 13B	Female 15 & Over 100 Back	LY-VA	5	---	-1.48
58.77Y	T # 65	Female 10 & Under 100 Back	LY-VA	1	---	-2.71
Davis Hottle (17) M						
25.93Y	F # 42	200 Medley Relay Lead Off	LY-VA	---	---	0.37
1:46.32Y	F # 44B	Male 15 & Over 200 Free	LY-VA	3	18	0.91
1:46.48Y	P # 44B	Male 15 & Over 200 Free	LY-VA	9	---	1.07
49.19Y	P # 80B	Male 15 & Over 100 Free	LY-VA	9	---	0.96
49.47Y	F # 80B	Male 15 & Over 100 Free	LY-VA	8	13	1.24
53.93Y	T # 82	Mixed Open 100 Back	LY-VA	1	---	0.18

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Time	F/P/S	Event		Place	Points	Improv
Luke Hottle (16) M						
1:56.29Y	F # 78B	Male 15 & Over 200 Back	LY-VA	3	18	-4.82
1:58.70Y	P # 78B	Male 15 & Over 200 Back	LY-VA	4	---	-2.41
1:55.48Y	F # 82B	Male 15 & Over 200 IM	LY-VA	1	22	1.60
1:56.79Y	P # 82B	Male 15 & Over 200 IM	LY-VA	1	---	2.91
Noah Kasper (17) M						
10:57.31Y	F # 2B	Male 15 & Over 1000 Free	LY-VA	5	16	11.66
24.14Y	P # 10B	Male 15 & Over 50 Free	LY-VA	50	---	0.27
1:01.09Y	P # 14B	Male 15 & Over 100 Back	LY-VA	37	---	0.48
5:17.92Y	P # 18B	Male 15 & Over 500 Free	LY-VA	21	---	4.06
1:53.69Y	P # 44B	Male 15 & Over 200 Free	LY-VA	37	---	0.95
58.05Y	P # 48B	Male 15 & Over 100 Fly	LY-VA	34	---	0.83
50.62Y	P # 80B	Male 15 & Over 100 Free	LY-VA	23	---	-0.29
2:12.33Y	P # 82B	Male 15 & Over 200 IM	LY-VA	29	---	-1.43
50.13Y	T # 84	Male 13-14 100 Free	LY-VA	1	---	-0.78
Kathleen King (14) F						
27.32Y	F # 5	200 Free Relay Lead Off	LY-VA	---	---	1.17
26.86Y	P # 9A	Female 13-14 50 Free	LY-VA	29	---	0.71
1:00.82Y	F # 13A	Female 13-14 100 Back	LY-VA	10	10	-1.37
1:05.24Y	P # 13A	Female 13-14 100 Back	LY-VA	16	---	3.05
29.73Y	F # 39	200 Medley Relay Lead Off	LY-VA	---	---	0.78
1:00.37Y	T # 41	Female Open 100 Back	LY-VA	1	---	-1.82
2:10.43Y	P # 43A	Female 13-14 200 Free	LY-VA	31	---	5.05
1:04.10Y	F # 47A	Female 13-14 100 Fly	LY-VA	16	3	-1.63
1:05.12Y	P # 47A	Female 13-14 100 Fly	LY-VA	19	---	-0.61
2:17.99Y	F # 77A	Female 13-14 200 Back	LY-VA	9	12	0.63
2:20.93Y	P # 77A	Female 13-14 200 Back	LY-VA	12	---	3.57
1:00.19Y	P # 79A	Female 13-14 100 Free	LY-VA	41	---	2.74
1:05.99Y	F # 83	400 Medley Relay Lead Off	LY-VA	---	---	3.80
Colt Kirby (13) M						
26.83Y	P # 10A	Male 13-14 50 Free	LY-VA	53	---	-0.44
1:08.92Y	P # 14A	Male 13-14 100 Back	LY-VA	42	---	-0.28
1:16.43Y	P # 46A	Male 13-14 100 Breast	LY-VA	37	---	-3.06
1:06.29Y	P # 48A	Male 13-14 100 Fly	LY-VA	41	---	-4.13
58.48Y	P # 80A	Male 13-14 100 Free	LY-VA	39	---	-0.41
2:24.28Y	F # 82A	Male 13-14 200 IM	LY-VA	15	4	-4.38
2:27.95Y	P # 82A	Male 13-14 200 IM	LY-VA	33	---	-0.71
Amelia Kobek (10) F						
1:33.67Y	F # 65	Female 10 & Under 100 Fly	LY-VA	10	10	-10.00
1:32.05Y	F # 91	Female 10 & Under 100 IM	LY-VA	35	---	-1.22
38.83Y	F # 101	Female 10 & Under 50 Fly	LY-VA	14	5	-1.36

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Jacob Kovarik (15) M						
25.09Y	P # 10B	Male 15 & Over 50 Free	LY-VA	76	---	0.36
2:49.49Y	P # 16B	Male 15 & Over 200 Breast	LY-VA	36	---	9.50
1:10.38Y	P # 46B	Male 15 & Over 100 Breast	LY-VA	48	---	-3.21
54.47Y	P # 80B	Male 15 & Over 100 Free	LY-VA	79	---	0.31
Katherine Kovarik (17) F						
25.75Y	P # 9B	Female 15 & Over 50 Free	LY-VA	20	---	0.01
26.36Y	F # 9B	Female 15 & Over 50 Free	LY-VA	18	1	0.62
1:02.85Y	P # 13B	Female 15 & Over 100 Back	LY-VA	20	---	-2.33
5:30.11Y	P # 17B	Female 15 & Over 500 Free	LY-VA	13	---	-2.57
5:42.22Y	F # 17B	Female 15 & Over 500 Free	LY-VA	18	1	9.54
2:01.93Y	P # 43B	Female 15 & Over 200 Free	LY-VA	20	---	-2.00
2:06.99Y	F # 43B	Female 15 & Over 200 Free	LY-VA	18	1	3.06
1:13.39Y	P # 45B	Female 15 & Over 100 Breast	LY-VA	26	---	-8.29
56.93Y	F # 51	400 Free Relay Lead Off	LY-VA	---	---	---
2:18.14Y	P # 77B	Female 15 & Over 200 Back	LY-VA	17	---	-4.09
2:21.18Y	F # 77B	Female 15 & Over 200 Back	LY-VA	15	4	-1.05
55.46Y	F # 79B	Female 15 & Over 100 Free	LY-VA	13	6	-1.47
55.78Y	P # 79B	Female 15 & Over 100 Free	LY-VA	13	---	-1.15
Benjamin Leger (9) M						
6:48.95Y	F # 4A	Male 10 & Under 500 Free	LY-VA	8	13	-0.33
46.25Y	F # 28	Male 10 & Under 50 Breast	LY-VA	16	3	-0.82
1:12.77Y	F # 32	Male 10 & Under 100 Free	LY-VA	11	8	-0.85
39.98Y	F # 58	Male 10 & Under 50 Back	LY-VA	18	1	-2.18
3:00.13Y	F # 62	Male 10 & Under 200 IM	LY-VA	6	15	-5.36
1:29.34Y	F # 66	Male 10 & Under 100 Fly	LY-VA	11	8	-2.03
1:24.25Y	F # 92	Male 10 & Under 100 IM	LY-VA	10	10	-5.06
32.82Y	F # 96	Male 10 & Under 50 Free	LY-VA	15	4	-0.94
2:35.77Y	F # 106	Male 10 & Under 200 Free	LY-VA	6	15	0.35
Jacob Leger (15) M						
24.13Y	P # 10B	Male 15 & Over 50 Free	LY-VA	48	---	0.28
2:07.99Y	F # 12B	Male 15 & Over 200 Fly	LY-VA	8	13	-8.06
2:09.60Y	P # 12B	Male 15 & Over 200 Fly	LY-VA	9	---	-6.45
2:36.05Y	P # 16B	Male 15 & Over 200 Breast	LY-VA	31	---	-3.49
1:55.78Y	P # 44B	Male 15 & Over 200 Free	LY-VA	45	---	-2.49
1:12.95Y	P # 46B	Male 15 & Over 100 Breast	LY-VA	58	---	3.18
NS	P # 48B	Male 15 & Over 100 Fly	LY-VA	---	---	---
53.01Y	P # 80B	Male 15 & Over 100 Free	LY-VA	58	---	-0.46
23.51Y	T # 81	Mixed Open 50 Free	LY-VA	4	---	-0.34
2:18.60Y	P # 82B	Male 15 & Over 200 IM	LY-VA	53	---	8.07

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Noah Leger (12) M						
6:20.01Y	F # 4B	Male 11-12 500 Free	LY-VA	13	6	2.84
1:04.27Y	F # 30	Male 11-12 100 Free	LY-VA	22	---	-2.25
5:35.18Y	F # 38	Male 11-12 400 IM	LY-VA	6	15	-3.96
33.40Y	F # 56	Male 11-12 50 Back	LY-VA	20	---	-0.72
2:34.44Y	F # 60	Male 11-12 200 IM	LY-VA	11	8	-1.92
1:22.46Y	F # 68	Male 11-12 100 Breast	LY-VA	7	14	-5.09
1:14.15Y	F # 90	Male 11-12 100 IM	LY-VA	14	5	-1.92
29.90Y	F # 98	Male 11-12 50 Free	LY-VA	32	---	0.48
2:58.76Y	F # 100	Male 11-12 200 Breast	LY-VA	6	15	-6.83
Blythe Miller (16) F						
27.52Y	P # 9B	Female 15 & Over 50 Free	LY-VA	84	---	-0.06
2:53.44Y	P # 15B	Female 15 & Over 200 Breast	LY-VA	34	---	1.08
2:10.51Y	P # 43B	Female 15 & Over 200 Free	LY-VA	58	---	0.48
1:19.73Y	P # 45B	Female 15 & Over 100 Breast	LY-VA	55	---	4.17
Anna Mills (17) F						
26.10Y	P # 9B	Female 15 & Over 50 Free	LY-VA	30	---	-0.13
1:01.03Y	P # 13B	Female 15 & Over 100 Back	LY-VA	10	---	0.40
1:01.33Y	F # 13B	Female 15 & Over 100 Back	LY-VA	12	7	0.70
5:23.78Y	F # 17B	Female 15 & Over 500 Free	LY-VA	10	10	3.32
5:30.05Y	P # 17B	Female 15 & Over 500 Free	LY-VA	12	---	9.59
29.08Y	F # 41	200 Medley Relay Lead Off	LY-VA	---	---	-1.78
1:01.10Y	T # 41	Female Open 100 Back	LY-VA	2	---	0.47
2:00.46Y	F # 43B	Female 15 & Over 200 Free	LY-VA	12	7	-1.88
2:00.98Y	P # 43B	Female 15 & Over 200 Free	LY-VA	15	---	-1.36
2:14.44Y	F # 77B	Female 15 & Over 200 Back	LY-VA	6	15	0.06
2:14.64Y	P # 77B	Female 15 & Over 200 Back	LY-VA	8	---	0.26
55.35Y	F # 79B	Female 15 & Over 100 Free	LY-VA	12	7	-1.00
56.19Y	P # 79B	Female 15 & Over 100 Free	LY-VA	16	---	-0.16
1:02.40Y	F # 85	400 Medley Relay Lead Off	LY-VA	---	---	1.77
Dabney Morrison (10) F						
38.91Y	F # 21	200 Medley Relay Lead Off	LY-VA	---	---	0.32
43.82Y	F # 27	Female 10 & Under 50 Breast	LY-VA	9	12	0.36
1:13.31Y	F # 31	Female 10 & Under 100 Free	LY-VA	10	10	-2.96
1:25.00Y	F # 35	Female 10 & Under 100 Back	LY-VA	12	7	3.43
39.60Y	F # 57	Female 10 & Under 50 Back	LY-VA	20	---	1.01
1:35.89Y	F # 69	Female 10 & Under 100 Breast	LY-VA	6	15	-5.86
34.28Y	F # 73	200 Free Relay Lead Off	LY-VA	---	---	0.75
1:20.15Y	F # 91	Female 10 & Under 100 IM	LY-VA	4	17	-0.68
35.28Y	F # 101	Female 10 & Under 50 Fly	LY-VA	4	17	0.87
2:41.85Y	F # 105	Female 10 & Under 200 Free	LY-VA	10	10	-7.76

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 USRY Short Course Champs 20-Mar-25 to 23-Mar-25 Yards

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Luke Morrison (15) M						
24.29Y	F # 8	200 Free Relay Lead Off	LY-VA	---	---	0.09
24.65Y	P # 10B	Male 15 & Over 50 Free	LY-VA	64	---	0.45
2:09.13Y	F # 12B	Male 15 & Over 200 Fly	LY-VA	12	7	-0.24
2:15.26Y	P # 12B	Male 15 & Over 200 Fly	LY-VA	13	---	5.89
5:01.73Y	F # 18B	Male 15 & Over 500 Free	LY-VA	11	8	0.99
5:06.00Y	P # 18B	Male 15 & Over 500 Free	LY-VA	11	---	5.26
1:53.53Y	P # 44B	Male 15 & Over 200 Free	LY-VA	36	---	1.35
59.66Y	P # 48B	Male 15 & Over 100 Fly	LY-VA	50	---	2.68
52.17Y	P # 80B	Male 15 & Over 100 Free	LY-VA	42	---	0.12
2:11.93Y	P # 82B	Male 15 & Over 200 IM	LY-VA	28	---	-2.37
Mac Morrison (12) M						
1:00.60Y	F # 30	Male 11-12 100 Free	LY-VA	12	7	1.10
1:13.53Y	F # 34	Male 11-12 100 Back	LY-VA	17	2	-1.53
32.38Y	F # 56	Male 11-12 50 Back	LY-VA	15	4	-0.17
2:35.09Y	F # 60	Male 11-12 200 IM	LY-VA	12	7	-4.19
1:08.84Y	F # 64	Male 11-12 100 Fly	LY-VA	11	8	1.81
1:11.60Y	F # 90	Male 11-12 100 IM	LY-VA	12	7	0.36
27.17Y	F # 98	Male 11-12 50 Free	LY-VA	13	6	0.24
30.09Y	F # 104	Male 11-12 50 Fly	LY-VA	13	6	0.83
Aidan Moss (13) M						
2:32.50Y	P # 12A	Male 13-14 200 Fly	LY-VA	10	---	2.69
1:04.90Y	P # 14A	Male 13-14 100 Back	LY-VA	25	---	-0.17
1:05.06Y	P # 48A	Male 13-14 100 Fly	LY-VA	32	---	-5.35
2:16.40Y	F # 78A	Male 13-14 200 Back	LY-VA	9	12	-5.65
2:16.56Y	P # 78A	Male 13-14 200 Back	LY-VA	16	---	-5.49
William Moss (10) M						
39.96Y	F # 22	200 Medley Relay Lead Off	LY-VA	---	---	0.36
47.90Y	F # 28	Male 10 & Under 50 Breast	LY-VA	21	---	-0.07
1:26.18Y	F # 36	Male 10 & Under 100 Back	LY-VA	15	4	0.88
40.27Y	F # 58	Male 10 & Under 50 Back	LY-VA	20	---	0.67
3:17.02Y	F # 62	Male 10 & Under 200 IM	LY-VA	13	6	3.29
1:28.95Y	F # 92	Male 10 & Under 100 IM	LY-VA	20	---	-0.80
42.32Y	F # 102	Male 10 & Under 50 Fly	LY-VA	24	---	0.26
Broderick Nelson (15) M						
2:13.73Y	P # 16B	Male 15 & Over 200 Breast	LY-VA	2	---	0.08
2:14.12Y	F # 16B	Male 15 & Over 200 Breast	LY-VA	3	18	0.47
1:00.89Y	F # 46B	Male 15 & Over 100 Breast	LY-VA	5	16	-0.63
1:01.01Y	P # 46B	Male 15 & Over 100 Breast	LY-VA	7	---	-0.51
1:59.13Y	P # 82B	Male 15 & Over 200 IM	LY-VA	2	---	-0.32
2:00.17Y	F # 82B	Male 15 & Over 200 IM	LY-VA	3	18	0.72
17:38.08Y	F # 88B	Male 15 & Over 1650 Free	LY-VA	3	18	23.61

Lynchburg YMCA Swim Team
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Individual Meet Results

2025 USRY Short Course Champs 20-Mar-25 to 23-Mar-25 Yards

Location: Liberty University Natatorium

Time	F/P/S	Event	Place	Points	Improv	
Caroline Nelson (12) F						
2:24.26Y	F # 59	Female 11-12 200 IM	LY-VA	4	17	2.57
1:07.33Y	F # 63	Female 11-12 100 Fly	LY-VA	5	16	2.11
1:14.30Y	F # 67	Female 11-12 100 Breast	LY-VA	4	17	0.89
2:11.46Y	F # 71	Female 11-12 200 Free	LY-VA	5	16	4.64
Selah Parish (11) F						
6:04.49Y	F # 3B	Female 11-12 500 Free	LY-VA	6	15	-2.62
33.25Y	F # 19	200 Medley Relay Lead Off	LY-VA	---	---	1.95
37.79Y	F # 25	Female 11-12 50 Breast	LY-VA	18	1	0.33
1:02.80Y	F # 29	Female 11-12 100 Free	LY-VA	17	2	3.88
1:12.87Y	F # 33	Female 11-12 100 Back	LY-VA	13	6	3.07
5:32.25Y	F # 37	Female 11-12 400 IM	LY-VA	4	17	20.28
32.14Y	F # 55	Female 11-12 50 Back	LY-VA	9	12	0.84
1:09.46Y	F # 63	Female 11-12 100 Fly	LY-VA	6	15	3.94
1:22.82Y	F # 67	Female 11-12 100 Breast	LY-VA	16	2.5	3.86
2:14.53Y	F # 71	Female 11-12 200 Free	LY-VA	10	10	-1.23
Ella Pennington (14) F						
2:34.02Y	P # 11A	Female 13-14 200 Fly	LY-VA	12	---	4.20
2:27.18Y DQ	F # 11A	Female 13-14 200 Fly	LY-VA	---	---	---
1:08.16Y	P # 13A	Female 13-14 100 Back	LY-VA	29	---	-2.47
5:42.76Y	P # 17A	Female 13-14 500 Free	LY-VA	18	---	-1.93
5:46.23Y	F # 17A	Female 13-14 500 Free	LY-VA	18	1	1.54
2:16.33Y	P # 43A	Female 13-14 200 Free	LY-VA	46	---	4.81
2:30.52Y	T # 46	Mixed Open 200 Fly	LY-VA	1	---	0.70
1:08.22Y	P # 47A	Female 13-14 100 Fly	LY-VA	36	---	1.54
2:25.18Y	F # 77A	Female 13-14 200 Back	LY-VA	15	4	0.10
2:26.60Y	P # 77A	Female 13-14 200 Back	LY-VA	20	---	1.52
1:02.68Y	P # 79A	Female 13-14 100 Free	LY-VA	63	---	2.06
2:30.50Y	P # 81A	Female 13-14 200 IM	LY-VA	29	---	7.49
Lainey Pennington (12) F						
5:48.30Y	F # 3B	Female 11-12 500 Free	LY-VA	4	17	0.93
2:40.44Y	F # 23	Female 11-12 200 Fly	LY-VA	4	17	4.59
1:02.34Y	F # 29	Female 11-12 100 Free	LY-VA	14	5	1.45
1:11.96Y	F # 63	Female 11-12 100 Fly	LY-VA	11	8	1.36
2:11.76Y	F # 71	Female 11-12 200 Free	LY-VA	6	15	2.60
28.40Y	F # 75	200 Free Relay Lead Off	LY-VA	---	---	0.37
1:14.12Y	F # 89	Female 11-12 100 IM	LY-VA	21	---	2.12
28.38Y	F # 97	Female 11-12 50 Free	LY-VA	16	3	0.35
32.55Y	F # 103	Female 11-12 50 Fly	LY-VA	19	---	0.75

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 USRY Short Course Champs 20-Mar-25 to 23-Mar-25 Yards

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Charlotte Pickeral (10) F						
7:09.21Y	F # 3A	Female 10 & Under 500 Free	LY-VA	6	15	10.88
1:14.06Y	F # 31	Female 10 & Under 100 Free	LY-VA	13	6	2.29
1:22.83Y	F # 35	Female 10 & Under 100 Back	LY-VA	9	12	-2.91
39.77Y	F # 57	Female 10 & Under 50 Back	LY-VA	21	---	-0.06
3:04.14Y	F # 61	Female 10 & Under 200 IM	LY-VA	12	7	-3.40
1:37.29Y	F # 69	Female 10 & Under 100 Breast	LY-VA	9	12	-2.93
32.74Y	F # 95	Female 10 & Under 50 Free	LY-VA	8	13	0.50
38.31Y	F # 101	Female 10 & Under 50 Fly	LY-VA	11	8	-0.49
2:39.11Y	F # 105	Female 10 & Under 200 Free	LY-VA	9	12	3.26
Owen Porter (14) M						
25.94Y	P # 10A	Male 13-14 50 Free	LY-VA	41	---	0.36
1:06.79Y	P # 14A	Male 13-14 100 Back	LY-VA	31	---	-0.11
2:22.52Y	F # 16A	Male 13-14 200 Breast	LY-VA	3	18	-2.99
2:23.26Y	P # 16A	Male 13-14 200 Breast	LY-VA	3	---	-2.25
1:05.07Y	F # 46A	Male 13-14 100 Breast	LY-VA	3	18	0.61
1:05.23Y	P # 46A	Male 13-14 100 Breast	LY-VA	3	---	0.77
1:05.41Y	P # 48A	Male 13-14 100 Fly	LY-VA	34	---	2.26
4:55.34Y	F # 54A	Male 13-14 400 IM	LY-VA	10	10	-4.12
5:01.41Y	P # 54A	Male 13-14 400 IM	LY-VA	10	---	1.95
Hudson Rice (16) M						
1:45.20Y	P # 44B	Male 15 & Over 200 Free	LY-VA	6	---	0.60
1:45.33Y	F # 44B	Male 15 & Over 200 Free	LY-VA	2	19	0.73
52.41Y	F # 48B	Male 15 & Over 100 Fly	LY-VA	3	18	1.10
53.74Y	P # 48B	Male 15 & Over 100 Fly	LY-VA	6	---	2.43
4:06.36Y	F # 54B	Male 15 & Over 400 IM	LY-VA	1	22	1.89
4:12.55Y	P # 54B	Male 15 & Over 400 IM	LY-VA	1	---	8.08
Landon Saechao (11) M						
34.87Y	F # 20	200 Medley Relay Lead Off	LY-VA	---	---	-0.54
1:10.78Y	F # 30	Male 11-12 100 Free	LY-VA	43	---	-1.10
1:17.30Y	F # 34	Male 11-12 100 Back	LY-VA	24	---	-2.00
34.39Y	F # 56	Male 11-12 50 Back	LY-VA	29	---	-1.02
31.61Y	F # 76	200 Free Relay Lead Off	LY-VA	---	---	-0.92
Ava Shopbell (15) F						
26.48Y	T # 60	Male 11-12 50 Free	LY-VA	5	---	0.12
57.39Y	P # 79B	Female 15 & Over 100 Free	LY-VA	39	---	0.15
Addy Smith (14) F						
1:11.16Y	P # 13A	Female 13-14 100 Back	LY-VA	49	---	3.09
33.79Y	F # 39	200 Medley Relay Lead Off	LY-VA	---	---	0.44
2:23.06Y	P # 43A	Female 13-14 200 Free	LY-VA	59	---	1.66
2:34.08Y	P # 77A	Female 13-14 200 Back	LY-VA	36	---	3.54
1:05.62Y	P # 79A	Female 13-14 100 Free	LY-VA	89	---	-0.16
1:11.41Y	F # 83	400 Medley Relay Lead Off	LY-VA	---	---	3.34

Lynchburg YMCA Swim Team
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Individual Meet Results

2025 USRY Short Course Champs 20-Mar-25 to 23-Mar-25 Yards

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Avery Snyder (16) M						
2:19.89Y	F # 16B	Male 15 & Over 200 Breast	LY-VA	11	8	3.15
2:21.04Y	P # 16B	Male 15 & Over 200 Breast	LY-VA	10	---	4.30
5:03.46Y	P # 18B	Male 15 & Over 500 Free	LY-VA	6	---	1.61
5:05.95Y	F # 18B	Male 15 & Over 500 Free	LY-VA	9	12	4.10
1:04.48Y	P # 46B	Male 15 & Over 100 Breast	LY-VA	23	---	2.93
2:14.76Y DQ	P # 82B	Male 15 & Over 200 IM	LY-VA	---	---	---
Seth Snyder (9) M						
6:51.03Y	F # 4A	Male 10 & Under 500 Free	LY-VA	9	12	-29.73
1:16.34Y	F # 32	Male 10 & Under 100 Free	LY-VA	19	---	0.63
1:24.89Y	F # 36	Male 10 & Under 100 Back	LY-VA	13	6	-2.55
38.48Y	F # 58	Male 10 & Under 50 Back	LY-VA	15	4	-0.95
3:03.90Y	F # 62	Male 10 & Under 200 IM	LY-VA	8	13	-8.01
1:32.06Y	F # 66	Male 10 & Under 100 Fly	LY-VA	13	6	-5.83
34.75Y	F # 74	200 Free Relay Lead Off	LY-VA	---	---	-0.14
34.74Y	F # 96	Male 10 & Under 50 Free	LY-VA	30	---	-0.15
37.31Y	F # 102	Male 10 & Under 50 Fly	LY-VA	10	10	-1.04
2:39.61Y	F # 106	Male 10 & Under 200 Free	LY-VA	7	14	1.42
Emerson Stauder (8) F						
1:41.91Y	F # 69	Female 10 & Under 100 Breast	LY-VA	21	---	-2.59
1:30.72Y	F # 91	Female 10 & Under 100 IM	LY-VA	30	---	-0.08
34.22Y	F # 95	Female 10 & Under 50 Free	LY-VA	22	---	-1.93
Declund Stevenson (17) M						
48.02Y	P # 80B	Male 15 & Over 100 Free	LY-VA	3	---	0.86
48.59Y	F # 80B	Male 15 & Over 100 Free	LY-VA	3	18	1.43
2:01.11Y	P # 82B	Male 15 & Over 200 IM	LY-VA	4	---	2.04
2:02.69Y	F # 82B	Male 15 & Over 200 IM	LY-VA	7	14	3.62
Wave Thomasey (11) F						
29.41Y	F # 75	200 Free Relay Lead Off	LY-VA	---	---	-2.07
Syrus Tracey (9) M						
6:46.68Y	F # 4A	Male 10 & Under 500 Free	LY-VA	5	16	-21.06
44.80Y	F # 28	Male 10 & Under 50 Breast	LY-VA	10	10	0.69
1:12.75Y	F # 32	Male 10 & Under 100 Free	LY-VA	10	10	-2.00
1:25.84Y	F # 36	Male 10 & Under 100 Back	LY-VA	14	5	4.97
37.89Y	F # 58	Male 10 & Under 50 Back	LY-VA	11	8	-0.45
3:03.47Y	F # 62	Male 10 & Under 200 IM	LY-VA	7	14	-0.46
32.61Y	F # 74	200 Free Relay Lead Off	LY-VA	---	---	1.29
1:25.13Y	F # 92	Male 10 & Under 100 IM	LY-VA	13	6	-3.06
33.24Y	F # 96	Male 10 & Under 50 Free	LY-VA	19	---	1.92
2:43.29Y	F # 106	Male 10 & Under 200 Free	LY-VA	11	8	0.80

Lynchburg YMCA Swim Team
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Individual Meet Results

2025 USRY Short Course Champs 20-Mar-25 to 23-Mar-25 Yards

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Brody Wall (14) M						
1:50.06Y	F # 44A	Male 13-14 200 Free	LY-VA	2	19	3.32
1:52.07Y	P # 44A	Male 13-14 200 Free	LY-VA	2	---	5.33
50.39Y	F # 50	400 Free Relay Lead Off	LY-VA	---	---	2.01
Sarah Warren (15) F						
58.97Y	F # 47B	Female 15 & Over 100 Fly	LY-VA	5	16	-1.21
59.85Y	P # 47B	Female 15 & Over 100 Fly	LY-VA	8	---	-0.33
4:43.38Y	F # 53B	Female 15 & Over 400 IM	LY-VA	2	19	-7.26
4:45.93Y	P # 53B	Female 15 & Over 400 IM	LY-VA	2	---	-4.71
Broughton Webb (14) F						
1:07.13Y	F # 45A	Female 13-14 100 Breast	LY-VA	1	22	-0.73
1:10.22Y	P # 45A	Female 13-14 100 Breast	LY-VA	5	---	2.36
1:02.02Y	F # 47A	Female 13-14 100 Fly	LY-VA	11	8	-3.58
1:03.75Y	P # 47A	Female 13-14 100 Fly	LY-VA	11	---	-1.85
Adam Wells (14) M						
24.06Y	F # 6	200 Free Relay Lead Off	LY-VA	---	---	1.22
23.42Y	P # 10A	Male 13-14 50 Free	LY-VA	4	---	0.58
23.73Y	F # 10A	Male 13-14 50 Free	LY-VA	6	15	0.89
1:03.63Y	P # 14A	Male 13-14 100 Back	LY-VA	20	---	-1.04
5:57.87Y	P # 18A	Male 13-14 500 Free	LY-VA	16	---	21.73
5:59.95Y	F # 18A	Male 13-14 500 Free	LY-VA	15	4	23.81
2:11.71Y	P # 44A	Male 13-14 200 Free	LY-VA	45	---	14.45
1:02.56Y	P # 48A	Male 13-14 100 Fly	LY-VA	25	---	4.80
NS	P # 78A	Male 13-14 200 Back	LY-VA	---	---	---
NS	P # 80A	Male 13-14 100 Free	LY-VA	---	---	---
NS	P # 82A	Male 13-14 200 IM	LY-VA	---	---	---
Noah Wells (17) M						
1:49.41Y	P # 44B	Male 15 & Over 200 Free	LY-VA	14	---	0.74
1:49.43Y	F # 44B	Male 15 & Over 200 Free	LY-VA	9	12	0.76
56.71Y	P # 48B	Male 15 & Over 100 Fly	LY-VA	25	---	-1.09
49.75Y	F # 52	400 Free Relay Lead Off	LY-VA	---	---	0.47
48.80Y	F # 80B	Male 15 & Over 100 Free	LY-VA	5	16	-0.48
49.36Y	P # 80B	Male 15 & Over 100 Free	LY-VA	10	---	0.08
22.37Y	T # 81	Mixed Open 50 Free	LY-VA	2	---	-0.14
2:05.85Y	P # 82B	Male 15 & Over 200 IM	LY-VA	14	---	1.47
2:11.63Y	F # 82B	Male 15 & Over 200 IM	LY-VA	18	1	7.25
1:00.02Y	F # 86	400 Medley Relay Lead Off	LY-VA	---	---	1.75

Lynchburg YMCA Swim Team
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Individual Meet Results

2025 USRY Short Course Champs 20-Mar-25 to 23-Mar-25 Yards

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Sammy Wells (10) M						
6:24.26Y	F # 4A	Male 10 & Under 500 Free	LY-VA	2	19	0.04
1:11.28Y	F # 32	Male 10 & Under 100 Free	LY-VA	8	13	3.00
1:28.04Y	F # 36	Male 10 & Under 100 Back	LY-VA	17	2	2.95
40.31Y	F # 58	Male 10 & Under 50 Back	LY-VA	21	---	-0.34
2:55.02Y	F # 62	Male 10 & Under 200 IM	LY-VA	4	17	-17.91
1:20.75Y	F # 66	Male 10 & Under 100 Fly	LY-VA	5	16	4.08
32.12Y	F # 96	Male 10 & Under 50 Free	LY-VA	11	8	0.49
34.66Y	F # 102	Male 10 & Under 50 Fly	LY-VA	6	15	1.16
2:27.52Y	F # 106	Male 10 & Under 200 Free	LY-VA	3	18	-10.46
Austin Woodruff (12) M						
32.72Y	F # 56	Male 11-12 50 Back	LY-VA	16	3	0.52
2:49.65Y	F # 60	Male 11-12 200 IM	LY-VA	23	---	10.96
1:30.62Y	F # 68	Male 11-12 100 Breast	LY-VA	18	1	4.15
2:29.12Y	F # 72	Male 11-12 200 Free	LY-VA	33	---	12.03
2:39.59Y	F # 94	Male 11-12 200 Back	LY-VA	14	5	5.17
30.65Y	F # 98	Male 11-12 50 Free	LY-VA	47	---	1.90
35.29Y	F # 104	Male 11-12 50 Fly	LY-VA	35	---	0.82
Graham Woodruff (16) M						
2:01.21Y	P # 78B	Male 15 & Over 200 Back	LY-VA	7	---	4.04
50.65Y	P # 80B	Male 15 & Over 100 Free	LY-VA	24	---	3.47
22.03Y	T # 81	Mixed Open 50 Free	LY-VA	1	---	0.68
16:51.11Y	F # 88B	Male 15 & Over 1650 Free	LY-VA	2	19	15.30
Taylor Woodruff (14) F						
NS	P # 77A	Female 13-14 200 Back	LY-VA	---	---	---
17:49.58Y	F # 87A	Female 13-14 1650 Free	LY-VA	1	22	-48.11
Caleb Wu (14) M						
25.45Y	P # 10A	Male 13-14 50 Free	LY-VA	27	---	0.70
2:29.23Y	P # 16A	Male 13-14 200 Breast	LY-VA	7	---	9.82
NS	P # 46A	Male 13-14 100 Breast	LY-VA	---	---	---
NS	P # 82A	Male 13-14 200 IM	LY-VA	---	---	---
Titus Wu (9) M						
6:26.70Y	F # 4A	Male 10 & Under 500 Free	LY-VA	3	18	0.46
1:09.32Y	F # 32	Male 10 & Under 100 Free	LY-VA	6	15	1.52
1:16.78Y	F # 36	Male 10 & Under 100 Back	LY-VA	3	18	1.29
36.19Y	F # 58	Male 10 & Under 50 Back	LY-VA	4	17	0.36
1:25.02Y	F # 66	Male 10 & Under 100 Fly	LY-VA	8	13	2.46
1:30.19Y	F # 70	Male 10 & Under 100 Breast	LY-VA	6	15	1.13
1:17.19Y	F # 92	Male 10 & Under 100 IM	LY-VA	4	17	-1.14
31.08Y	F # 96	Male 10 & Under 50 Free	LY-VA	5	16	-0.33
2:28.57Y	F # 106	Male 10 & Under 200 Free	LY-VA	4	17	-12.65

Lynchburg YMCA Swim Team
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2025 USRY Short Course Champs 20-Mar-25 to 23-Mar-25 Yards

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
George Xu (17) M						
52.59Y	P # 48B	Male 15 & Over 100 Fly	LY-VA	3	---	-1.62
4:18.25Y	F # 54B	Male 15 & Over 400 IM	LY-VA	2	19	-2.77
4:22.31Y	P # 54B	Male 15 & Over 400 IM	LY-VA	3	---	1.29