

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 YMCA Short Course Nationals 31-Mar-25 to 04-Apr-25 Yards

Location: Greensboro Aquatic Complex

Time	F/P/S	Event	Place	Points	Improv
Cole Campbell (16) M					
22.04Y	T # 232	Male Open 50 Free LY-VA	3	---	0.32
22.03Y	P # 404 SW	Male Open 50 Free LY-VA	118	---	0.31
1:02.64Y	T # 426	Male Open 100 Breast LY-VA	25	---	0.99
50.51Y	T # 522	Male Open 100 Free LY-VA	53	---	1.85
Ruby Duis (17) F					
24.57Y	T # 231	Female Open 50 Free LY-VA	2	---	-0.32
25.22Y	P # 307 SW	200 Free Relay Lead Off LY-VA	---	---	0.33
Ann-Margaret Holt (15) F					
10:27.96Y	F # 103 SW	Female Open 1000 Free LY-VA	17	---	2.95
24.76Y	T # 231	Female Open 50 Free LY-VA	4	---	0.27
1:52.29Y	F # 305 SW	Female Open 200 Free LY-VA	19	---	0.49
1:53.45Y	P # 305 SW	Female Open 200 Free LY-VA	26	---	1.65
5:01.65Y	F # 405 SW	Female Open 500 Free LY-VA	18	---	2.66
5:05.36Y	P # 405 SW	Female Open 500 Free LY-VA	22	---	6.37
51.86Y	F # 501 SW	Female Open 100 Free LY-VA	21	---	-0.68
52.29Y	P # 501 SW	Female Open 100 Free LY-VA	26	---	-0.25
52.97Y	P # 507 SW	400 Free Relay Lead Off LY-VA	---	---	0.43
Davis Hottle (17) M					
53.05Y	P # 204 SW	Male Open 100 Fly LY-VA	128	---	0.86
1:59.00Y	T # 222	Male Open 200 Back LY-VA	12	---	2.28
54.21Y	P # 302 SW	Male Open 100 Back LY-VA	99	---	0.46
22.54Y	T # 424	Male Open 50 Free LY-VA	25	---	-0.04
48.87Y	T # 522	Male Open 100 Free LY-VA	27	---	0.64
Luke Hottle (16) M					
1:44.02Y	F # 106 SW	800 Free Relay Lead Off LY-VA	---	---	-3.73
2:08.88Y	P # 206 SW	Male Open 200 Breast LY-VA	55	---	-0.54
4:01.94Y	F # 304 SW	Male Open 400 IM LY-VA	20	---	-1.08
4:06.07Y	P # 304 SW	Male Open 400 IM LY-VA	22	---	3.05
1:55.17Y	P # 402 SW	Male Open 200 IM LY-VA	45	---	1.29
1:56.88Y	P # 504 SW	Male Open 200 Fly LY-VA	59	---	2.54
Katherine Kovarik (17) F					
26.37Y	T # 231	Female Open 50 Free LY-VA	41	---	0.63
2:00.54Y	T # 325	Female Open 200 Free LY-VA	35	---	-1.39
56.62Y	T # 427	Female Open 100 Free LY-VA	79	---	1.16
Anna Mills (17) F					
1:59.98Y	T # 227	Female Open 200 Free LY-VA	19	---	-0.48
1:02.96Y	T # 321	Female Open 100 Back LY-VA	41	---	2.33
NS	T # 423	Female Open 50 Free LY-VA	---	---	---

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Broderick Nelson (15) M						
2:12.40Y	T # 226	Male Open 200 Breast	LY-VA	8	---	-1.25
4:13.68Y	P # 304	SW Male Open 400 IM	LY-VA	49	---	-0.38
4:13.70Y	F # 304	SW Male Open 400 IM	LY-VA	31	---	-0.36
1:58.40Y	T # 422	Male Open 200 IM	LY-VA	8	---	-0.73
1:01.02Y	P # 506	SW Male Open 100 Breast	LY-VA	123	---	0.13
Hudson Rice (16) M						
52.30Y	T # 224	Male Open 100 Fly	LY-VA	13	---	0.99
4:01.86Y	F # 304	SW Male Open 400 IM	LY-VA	19	---	-2.61
4:06.04Y	P # 304	SW Male Open 400 IM	LY-VA	21	---	1.57
4:45.03Y	P # 406	SW Male Open 500 Free	LY-VA	37	---	4.90
1:55.45Y	P # 504	SW Male Open 200 Fly	LY-VA	44	---	-0.08
16:22.33Y	F # 510	SW Male Open 1650 Free	LY-VA	20	---	1.42
Max Schonfelder (18) M						
51.14Y	P # 204	SW Male Open 100 Fly	LY-VA	57	---	-0.25
2:06.35Y	P # 206	SW Male Open 200 Breast	LY-VA	32	---	1.20
21.68Y	P # 308	SW 200 Free Relay Lead Off	LY-VA	---	---	0.43
1:54.60Y	P # 402	SW Male Open 200 IM	LY-VA	37	---	0.10
56.98Y	P # 506	SW Male Open 100 Breast	LY-VA	16	---	0.46
57.07Y	F # 506	SW Male Open 100 Breast	LY-VA	14	3	0.55
Ava Shopbell (15) F						
58.06Y	P # 203	SW Female Open 100 Fly	LY-VA	46	---	-0.03
58.44Y	F # 203	SW Female Open 100 Fly	LY-VA	30	---	0.35
4:31.00Y	F # 303	SW Female Open 400 IM	LY-VA	26	---	-1.59
4:34.34Y	P # 303	SW Female Open 400 IM	LY-VA	27	---	1.75
2:12.28Y	P # 401	SW Female Open 200 IM	LY-VA	68	---	2.78
2:03.69Y	F # 503	SW Female Open 200 Fly	LY-VA	10	7	-0.92
2:04.41Y	P # 503	SW Female Open 200 Fly	LY-VA	10	---	-0.20
Declund Stevenson (17) M						
52.45Y	P # 204	SW Male Open 100 Fly	LY-VA	108	---	-0.09
1:57.39Y	T # 328	Male Open 200 IM	LY-VA	3	---	-1.68
21.45Y	P # 404	SW Male Open 50 Free	LY-VA	52	---	0.05
47.81Y	P # 502	SW Male Open 100 Free	LY-VA	86	---	0.65
59.60Y	P # 506	SW Male Open 100 Breast	LY-VA	73	---	0.88
47.83Y	P # 508	SW 400 Free Relay Lead Off	LY-VA	---	---	0.67
Brody Wall (14) M						
51.62Y	F # 204	SW Male Open 100 Fly	LY-VA	30	---	0.15
51.94Y	P # 204	SW Male Open 100 Fly	LY-VA	85	---	0.47
1:49.07Y	T # 326	Male Open 200 Free	LY-VA	52	---	2.33
22.05Y	P # 404	SW Male Open 50 Free	LY-VA	121	---	0.14
49.13Y	T # 522	Male Open 100 Free	LY-VA	33	---	0.75

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Sarah Warren (15) F						
1:00.47Y	P # 203	SW Female Open 100 Fly	LY-VA	88	---	1.50
4:48.21Y	T # 329	Female Open 400 IM	LY-VA	11	---	4.83
2:16.15Y	T # 421	Female Open 200 IM	LY-VA	40	---	0.51
2:09.94Y	P # 503	SW Female Open 200 Fly	LY-VA	44	---	1.55
Broughton Webb (14) F						
1:55.35Y	F # 105	SW 800 Free Relay Lead Off	LY-VA	---	---	-1.74
2:26.27Y	P # 205	SW Female Open 200 Breast	LY-VA	56	---	0.79
4:30.65Y	F # 303	SW Female Open 400 IM	LY-VA	25	---	-0.32
4:38.05Y	P # 303	SW Female Open 400 IM	LY-VA	38	---	7.08
5:03.66Y	F # 405	SW Female Open 500 Free	LY-VA	25	---	-1.39
5:07.29Y	P # 405	SW Female Open 500 Free	LY-VA	27	---	2.24
17:26.23Y	F # 509	Female Open 1650 Free	LY-VA	10	7	0.31
Graham Woodruff (16) M						
24.86Y	P # 102	200 Medley Relay Lead Off	LY-VA	---	---	-0.50
2:00.85Y	T # 228	Male Open 200 Free	LY-VA	35	---	17.92
1:49.52Y	P # 306	SW Male Open 200 Free	LY-VA	101	---	6.59
21.43Y	P # 404	SW Male Open 50 Free	LY-VA	48	---	0.08
5:03.16Y	P # 406	SW Male Open 500 Free	LY-VA	50	---	20.26
54.95Y	P # 408	SW 400 Medley Relay Lead Off	LY-VA	---	---	1.90
21.31Y	T # 530	Male Open 50 Free	LY-VA	1	---	-0.04
48.27Y	T # 537	Male Open 100 Free	LY-VA	1	---	1.09
Taylor Woodruff (14) F						
28.13Y	P # 101	SW 200 Medley Relay Lead Off	LY-VA	---	---	---
10:27.96Y	F # 103	SW Female Open 1000 Free	LY-VA	17	---	-10.30
59.15Y	P # 203	SW Female Open 100 Fly	LY-VA	64	---	1.62
1:58.40Y	T # 325	Female Open 200 Free	LY-VA	22	---	1.73
1:02.57Y	P # 407	SW 400 Medley Relay Lead Off	LY-VA	---	---	2.59
26.17Y	T # 423	Female Open 50 Free	LY-VA	50	---	0.86
2:03.92Y	F # 503	SW Female Open 200 Fly	LY-VA	13	4	-0.39
2:05.07Y	P # 503	SW Female Open 200 Fly	LY-VA	13	---	0.76
17:33.01Y	F # 509	Female Open 1650 Free	LY-VA	12	5	-16.57
George Xu (17) M						
53.60Y	P # 204	SW Male Open 100 Fly	LY-VA	137	---	1.01
55.04Y	P # 302	SW Male Open 100 Back	LY-VA	106	---	1.15
1:57.52Y	T # 430	Male Open 200 Fly	LY-VA	3	---	-2.68
2:00.72Y	T # 532	Male Open 200 Back	LY-VA	7	---	3.84