

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Tessa Akershoek (12) F						
1:30.04Y	F # 22C	Female 11-12 100 Fly	LY-VA	9	---	3.56
	39.28	1:30.04				
	(39.28)	(50.76)				
3:03.84Y	F # 28B	Female 11-12 200 Back	LY-VA	6	---	-9.32
	44.39	1:31.74 2:20.70 3:03.84				
	(44.39)	(47.35) (48.96) (43.14)				
1:17.05Y	F # 32C	Female 11-12 100 Free	LY-VA	19	---	1.08
	37.09	1:17.05				
	(37.09)	(39.96)				
1:24.48Y	F # 53C	Female 11-12 100 IM	LY-VA	13	---	1.41
	39.59	1:24.48				
	(39.59)	(44.89)				
3:25.01Y	F # 61B	Female 11-12 200 Breast	LY-VA	5	---	-14.20
	45.91	1:38.29 2:32.76 3:25.01				
	(45.91)	(52.38) (54.47) (52.25)				
36.95Y	F # 71C	Female 11-12 50 Fly	LY-VA	11	---	2.59
Sydney Ayers (14) F						
39.68Y	F # 2	200 Medley Relay Lead Off	LY-VA	---	---	-2.49
1:13.96Y	F # 3A	Female 13-14 100 Free	LY-VA	25	---	0.40
	35.85	1:13.96				
	(35.85)	(38.11)				
1:40.85Y	F # 5A	Female 13-14 100 Breast	LY-VA	19	---	6.25
	---	1:40.85				
	---	(1:40.85)				
3:18.59Y	F # 7A	Female 13-14 200 Back	LY-VA	14	---	6.83
	45.01	1:34.61 2:28.33 3:18.59				
	(45.01)	(49.60) (53.72) (50.26)				
3:07.16Y	F # 11A	Female 13-14 200 IM	LY-VA	17	---	-0.59
	43.51	1:31.60 2:26.40 3:07.16				
	(43.51)	(48.09) (54.80) (40.76)				
33.40Y	F # 40A	Female 13-14 50 Free	LY-VA	21	---	0.07
3:37.74Y	F # 42A	Female 13-14 200 Breast	LY-VA	12	---	1.96
	48.74	1:43.91 2:40.85 3:37.74				
	(48.74)	(55.17) (56.94) (56.89)				
1:29.29Y	F # 44A	Female 13-14 100 Back	LY-VA	19	---	1.68
	43.33	1:29.29				
	(43.33)	(45.96)				
2:48.07Y	F # 46A	Female 13-14 200 Free	LY-VA	16	---	8.86
	36.85	1:19.32 2:04.15 2:48.07				
	(36.85)	(42.47) (44.83) (43.92)				

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Time	F/P/S	Event	Place	Points	Improv			
Quentin Bailey (10) M								
48.59Y	F # 25B	Male 9-10 50 Back	LY-VA	16	---	-8.75		
1:56.24Y	F # 31B	Male 9-10 100 Breast	LY-VA	5	---	---		
	56.13	1:56.24						
	(56.13)	(1:00.11)						
1:31.93Y	F # 33B	Male 9-10 100 Free	LY-VA	13	---	-5.74		
	43.67	1:31.93						
	(43.67)	(48.26)						
9:17.85Y	F # 35B	Male 9-10 500 Free	LY-VA	6	---	---		
	47.47	1:40.96	2:37.65	3:35.44	4:35.45	5:35.94	6:36.55	7:34.64
	(47.47)	(53.49)	(56.69)	(57.79)	(1:00.01)	(1:00.49)	(1:00.61)	(58.09)
	8:30.77	9:17.85						
	(56.13)	(47.08)						
Shirley Barger (14) F								
1:00.15Y	F # 3A	Female 13-14 100 Free	LY-VA	8	---	0.52		
	29.11	1:00.15						
	(29.11)	(31.04)						
2:36.82Y	F # 7A	Female 13-14 200 Back	LY-VA	4	---	6.59		
	37.69	1:17.71	1:57.85	2:36.82				
	(37.69)	(40.02)	(40.14)	(38.97)				
1:14.56Y	F # 9A	Female 13-14 100 Fly	LY-VA	14	---	2.31		
	35.04	1:14.56						
	(35.04)	(39.52)						
5:48.81Y	F # 13A	Female 13-14 500 Free	LY-VA	6	---	6.68		
	31.48	1:06.78	1:42.89	2:18.66	2:54.67	3:30.21	4:06.04	4:41.31
	(31.48)	(35.30)	(36.11)	(35.77)	(36.01)	(35.54)	(35.83)	(35.27)
	5:16.21	5:48.81						
	(34.90)	(32.60)						
28.54Y	F # 40A	Female 13-14 50 Free	LY-VA	5	---	1.26		
1:13.72Y	F # 44A	Female 13-14 100 Back	LY-VA	7	---	2.95		
	36.25	1:13.72						
	(36.25)	(37.47)						
2:13.73Y	F # 46A	Female 13-14 200 Free	LY-VA	4	---	5.71		
	31.19	1:06.01	1:40.34	2:13.73				
	(31.19)	(34.82)	(34.33)	(33.39)				
5:28.21Y	F # 48A	Female 13-14 400 IM	LY-VA	2	---	1.13		
	35.28	1:18.04	2:00.96	2:43.02	3:29.84	4:16.91	4:54.02	5:28.21
	(35.28)	(42.76)	(42.92)	(42.06)	(46.82)	(47.07)	(37.11)	(34.19)

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Time	F/P/S	Event	Place	Points	Improv	
Jackson Barksdale (13) M						
1:01.61Y	F # 4A	Male 13-14 100 Free	LY-VA	20	---	1.57
	29.65	1:01.61				
	(29.65)	(31.96)				
1:30.93Y	F # 6A	Male 13-14 100 Breast	LY-VA	19	---	4.19
	43.23	1:30.93				
	(43.23)	(47.70)				
1:21.02Y	F # 10A	Male 13-14 100 Fly	LY-VA	19	---	-0.87
	36.72	1:21.02				
	(36.72)	(44.30)				
2:45.12Y	F # 12A	Male 13-14 200 IM	LY-VA	17	---	6.87
	38.02	1:19.67 2:09.76 2:45.12				
	(38.02)	(41.65) (50.09) (35.36)				
27.40Y	F # 41A	Male 13-14 50 Free	LY-VA	12	---	0.36
3:04.90Y	F # 43A	Male 13-14 200 Breast	LY-VA	9	---	-3.59
	41.91	1:28.97 2:17.31 3:04.90				
	(41.91)	(47.06) (48.34) (47.59)				
1:13.60Y	F # 45A	Male 13-14 100 Back	LY-VA	12	---	0.56
	35.83	1:13.60				
	(35.83)	(37.77)				
2:20.20Y	F # 47A	Male 13-14 200 Free	LY-VA	15	---	6.58
	32.42	1:07.74 1:44.20 2:20.20				
	(32.42)	(35.32) (36.46) (36.00)				

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Time	F/P/S	Event	Place	Points	Improv	
Adeline Brebner (13) F						
1:24.01Y	F # 3A	Female 13-14 100 Free	LY-VA	29	---	-0.99
	---	1:24.01				
	---	(1:24.01)				
3:23.18Y	F # 7A	Female 13-14 200 Back	LY-VA	15	---	-12.07
	46.62	1:38.65 2:31.86 3:23.18				
	(46.62)	(52.03) (53.21) (51.32)				
1:49.58Y	F # 9A	Female 13-14 100 Fly	LY-VA	18	---	-3.87
	---	1:49.58				
	---	(1:49.58)				
8:05.75Y	F # 13A	Female 13-14 500 Free	LY-VA	18	---	---
	44.52	1:32.02 2:19.87 3:08.89	---	4:48.18 5:39.09 6:31.13		
	(44.52)	(47.50) (47.85) (49.02)	---	(4:48.18) (50.91) (52.04)		
	7:21.57	8:05.75				
	(50.44)	(44.18)				
37.55Y	F # 40A	Female 13-14 50 Free	LY-VA	22	---	1.73
3:43.92Y	F # 42A	Female 13-14 200 Breast	LY-VA	13	---	---
	50.85	1:47.61 --- 3:43.92				
	(50.85)	(56.76) --- (3:43.92)				
1:35.36Y	F # 44A	Female 13-14 100 Back	LY-VA	22	---	-3.79
	46.78	1:35.36				
	(46.78)	(48.58)				
3:07.05Y	F # 46A	Female 13-14 200 Free	LY-VA	20	---	-3.32
	42.26	1:30.97 --- 3:07.05				
	(42.26)	(48.71) --- (3:07.05)				
George Burkhardt (7) M						
27.35Y	F # 58	Male 8 & Under 25 Back	LY-VA	8	---	---
53.26Y	F # 60A	Male 8 & Under 50 Free	LY-VA	13	---	5.82
32.20Y	F # 64	Male 8 & Under 25 Fly	LY-VA	7	---	---
4:17.74Y	F # 70A	Male 8 & Under 200 Free	LY-VA	4	---	---
	58.72	2:08.58 3:15.04 4:17.74				
	(58.72)	(1:09.86) (1:06.46) (1:02.70)				
Connor Burton (17) M						
57.45Y	F # 4B	Male 15 & Over 100 Free	LY-VA	35	---	-0.32
	27.64	57.45				
	(27.64)	(29.81)				
1:17.65Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	16	---	-3.36
	37.69	1:17.65				
	(37.69)	(39.96)				
2:26.19Y	F # 12B	Male 15 & Over 200 IM	LY-VA	19	---	---
	31.57	1:11.57 1:55.12 2:26.19				
	(31.57)	(40.00) (43.55) (31.07)				

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Time	F/P/S	Event				Place		Points	Improv
Cole Campbell (15) M									
52.72Y	F # 4B	Male 15 & Over 100 Free				LY-VA	23	---	2.20
	25.19	52.72							
	(25.19)	(27.53)							
NS	F # 6B	Male 15 & Over 100 Breast				LY-VA	---	---	---
1:01.68Y	F # 10B	Male 15 & Over 100 Fly				LY-VA	20	---	3.07
	27.38	1:01.68							
	(27.38)	(34.30)							
2:16.78Y	F # 12B	Male 15 & Over 200 IM				LY-VA	16	---	5.91
	28.37	1:03.30	1:43.64	2:16.78					
	(28.37)	(34.93)	(40.34)	(33.14)					
23.69Y	F # 41B	Male 15 & Over 50 Free				LY-VA	5	---	0.92
2:36.27Y	F # 43B	Male 15 & Over 200 Breast				LY-VA	7	---	15.45
	34.32	1:12.93	1:54.61	2:36.27					
	(34.32)	(38.61)	(41.68)	(41.66)					
1:02.23Y	F # 45B	Male 15 & Over 100 Back				LY-VA	9	---	0.06
	29.63	1:02.23							
	(29.63)	(32.60)							
2:10.04Y	F # 47B	Male 15 & Over 200 Free				LY-VA	14	---	15.05
	27.94	1:00.64	1:35.81	2:10.04					
	(27.94)	(32.70)	(35.17)	(34.23)					
Ryan Carwile (13) M									
1:16.58Y	F # 4A	Male 13-14 100 Free				LY-VA	28	---	-6.72
	35.91	1:16.58							
	(35.91)	(40.67)							
1:40.82Y	F # 6A	Male 13-14 100 Breast				LY-VA	21	---	-5.14
	47.55	1:40.82							
	(47.55)	(53.27)							
3:14.64Y	F # 12A	Male 13-14 200 IM				LY-VA	19	---	---
	42.06	1:31.93	2:30.67	3:14.64					
	(42.06)	(49.87)	(58.74)	(43.97)					
8:03.52Y	F # 14A	Male 13-14 500 Free				LY-VA	21	---	---
	39.46	1:23.37	2:09.71	2:59.53	3:49.36	4:40.09	5:32.22	6:23.61	
	(39.46)	(43.91)	(46.34)	(49.82)	(49.83)	(50.73)	(52.13)	(51.39)	
	---	8:03.52							
	---	(8:03.52)							

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Time	F/P/S	Event	Place	Points	Improv	
Ada Compton (14) F						
1:12.92Y	F # 3A	Female 13-14 100 Free	LY-VA	23	---	4.27
	34.76	1:12.92				
	(34.76)	(38.16)				
1:44.07Y	F # 5A	Female 13-14 100 Breast	LY-VA	20	---	6.03
	48.87	1:44.07				
	(48.87)	(55.20)				
3:17.13Y	F # 7A	Female 13-14 200 Back	LY-VA	13	---	14.57
	47.44	1:37.39 2:28.32 3:17.13				
	(47.44)	(49.95) (50.93) (48.81)				
3:12.33Y	F # 11A	Female 13-14 200 IM	LY-VA	19	---	9.79
	41.59	1:31.45 2:29.57 3:12.33				
	(41.59)	(49.86) (58.12) (42.76)				
32.54Y	F # 40A	Female 13-14 50 Free	LY-VA	17	---	1.59
3:48.44Y	F # 42A	Female 13-14 200 Breast	LY-VA	14	---	20.95
	50.31	1:47.73 2:49.22 3:48.44				
	(50.31)	(57.42) (1:01.49) (59.22)				
1:33.20Y	F # 44A	Female 13-14 100 Back	LY-VA	21	---	9.93
	45.72	1:33.20				
	(45.72)	(47.48)				
2:55.31Y	F # 46A	Female 13-14 200 Free	LY-VA	19	---	20.20
	37.38	1:22.10 2:10.39 2:55.31				
	(37.38)	(44.72) (48.29) (44.92)				
Bobby Compton (10) M						
4:19.40Y DQ	F # 19B	Male 9-10 200 IM	LY-VA	---	---	---
	1:00.39	2:13.20 3:22.17 4:19.40				
	(1:00.39)	(1:12.81) (1:08.97) (57.23)				
58.52Y	F # 25B	Male 9-10 50 Back	LY-VA	22	---	2.71
2:08.32Y DQ	F # 31B	Male 9-10 100 Breast	LY-VA	---	---	---
	1:02.53	2:08.32				
	(1:02.53)	(1:05.79)				
1:44.67Y	F # 33B	Male 9-10 100 Free	LY-VA	17	---	-1.19
	48.39	1:44.67				
	(48.39)	(56.28)				
1:52.85Y	F # 54B	Male 9-10 100 IM	LY-VA	6	---	-13.56
	55.03	1:52.85				
	(55.03)	(57.82)				
40.86Y	F # 60B	Male 9-10 50 Free	LY-VA	13	---	-0.46
2:03.63Y	F # 66B	Male 9-10 100 Back	LY-VA	8	---	---
	1:00.83	2:03.63				
	(1:00.83)	(1:02.80)				
57.69Y	F # 72B	Male 9-10 50 Fly	LY-VA	10	---	---

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Time	F/P/S	Event	Place	Points	Improv
Ben Cook (7) M					
26.40Y	F # 21	Male 8 & Under 25 Breast	LY-VA	2	---
22.84Y	F # 27	Male 8 & Under 25 Free	LY-VA	7	---
2:24.91Y	F # 31A	Male 8 & Under 100 Breast	LY-VA	6	---
	1:07.59	2:24.91			
	(1:07.59)	(1:17.32)			
10:55.50Y	F # 35A	Male 8 & Under 500 Free	LY-VA	1	---
	---	---	3:09.75	4:15.62	5:23.91
	---	---	(3:09.75)	(1:05.87)	(1:08.29)
	---	10:55.50	---	---	(8:42.35)
	---	(10:55.50)			
Isaac Cook (13) M					
58.68Y	F # 4A	Male 13-14 100 Free	LY-VA	14	---
	28.09	58.68			-1.46
	(28.09)	(30.59)			
1:09.51Y	F # 10A	Male 13-14 100 Fly	LY-VA	16	---
	---	1:09.51			
	---	(1:09.51)			
2:29.96Y	F # 12A	Male 13-14 200 IM	LY-VA	9	---
	33.72	1:14.74	1:57.31	2:29.96	
	(33.72)	(41.02)	(42.57)	(32.65)	
6:15.46Y	F # 14A	Male 13-14 500 Free	LY-VA	18	---
	34.52	1:12.64	1:51.35	2:30.60	3:09.66
	(34.52)	(38.12)	(38.71)	(39.25)	(39.06)
	5:41.05	6:15.46			3:48.24
	(36.34)	(34.41)			4:26.51
					5:04.71
					(38.27)
					(38.20)
26.31Y	F # 37	200 Free Relay Lead Off	LY-VA	---	---
2:40.46Y	F # 39A	Male 13-14 200 Fly	LY-VA	4	---
	35.45	1:16.67	1:59.60	2:40.46	
	(35.45)	(41.22)	(42.93)	(40.86)	
25.78Y	F # 41A	Male 13-14 50 Free	LY-VA	7	---
Matthew Cook (11) M					
3:14.81Y	F # 19C	Male 11-12 200 IM	LY-VA	12	---
	49.12	1:37.26	2:35.23	3:14.81	
	(49.12)	(48.14)	(57.97)	(39.58)	
42.31Y	F # 25C	Male 11-12 50 Back	LY-VA	19	---
1:49.93Y	F # 31C	Male 11-12 100 Breast	LY-VA	15	---
	---	1:49.93			
	---	(1:49.93)			
7:45.04Y	F # 35C	Male 11-12 500 Free	LY-VA	8	---
	42.66	1:29.55	2:17.03	3:04.28	3:52.60
	(42.66)	(46.89)	(47.48)	(47.25)	(48.32)
	7:02.04	7:45.04			4:40.42
	(46.28)	(43.00)			5:28.64
					6:15.76
					(48.22)
					(47.12)

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Time	F/P/S	Event	Place	Points	Improv
Sunday Cook (12) F					
40.16Y	F # 15	200 Medley Relay Lead Off	LY-VA	---	0.80
3:25.49Y	F # 18C	Female 11-12 200 IM	LY-VA	---	---
	---	1:39.15 2:42.42 3:25.49			
	---	(1:39.15) (1:03.27) (43.07)			
1:49.55Y	F # 30C	Female 11-12 100 Breast	LY-VA	---	-0.71
	53.59	1:49.55			
	(53.59)	(55.96)			
1:24.98Y	F # 32C	Female 11-12 100 Free	LY-VA	---	2.84
	40.10	1:24.98			
	(40.10)	(44.88)			
1:34.09Y	F # 53C	Female 11-12 100 IM	LY-VA	---	-3.88
	42.74	1:34.09			
	(42.74)	(51.35)			
36.33Y	F # 59C	Female 11-12 50 Free	LY-VA	---	-0.14
2:27.72Y	F # 65C	Female 11-12 100 Back	LY-VA	---	56.27
	1:09.39	2:27.72			
	(1:09.39)	(1:18.33)			
2:57.63Y	F # 69C	Female 11-12 200 Free	LY-VA	---	---
	39.22	1:24.81 --- 2:57.63			
	(39.22)	(45.59) --- (2:57.63)			
Mason Cooper (17) M					
54.82Y	F # 4B	Male 15 & Over 100 Free	LY-VA	---	-0.02
	26.20	54.82			
	(26.20)	(28.62)			
2:17.82Y	F # 8B	Male 15 & Over 200 Back	LY-VA	---	-1.73
	31.97	1:07.56 1:43.95 2:17.82			
	(31.97)	(35.59) (36.39) (33.87)			
59.44Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	---	-0.07
	27.71	59.44			
	(27.71)	(31.73)			
5:39.74Y	F # 14B	Male 15 & Over 500 Free	LY-VA	---	-3.15
	28.22	1:01.41 1:36.14 2:11.35 2:45.97 3:20.84 3:56.10 4:31.31			
	(28.22)	(33.19) (34.73) (35.21) (34.62) (34.87) (35.26) (35.21)			
	5:06.66	5:39.74			
	(35.35)	(33.08)			

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Time	F/P/S	Event	Place	Points	Improv
Benjamin Costa (14) M					
DQ	F # 4A	Male 13-14 100 Free	LY-VA	---	---
2:18.04Y	F # 8A	Male 13-14 200 Back	LY-VA	---	-3.00
	33.49 1:09.11 1:44.82 2:18.04				
	(33.49) (35.62) (35.71) (33.22)				
1:00.21Y	F # 10A	Male 13-14 100 Fly	LY-VA	---	-1.81
	28.58 1:00.21				
	(28.58) (31.63)				
5:37.41Y	F # 14A	Male 13-14 500 Free	LY-VA	---	-1.02
	29.39 1:03.22 1:37.76 2:12.33 2:46.99 3:22.19 3:56.89 4:32.07				
	(29.39) (33.83) (34.54) (34.57) (34.66) (35.20) (34.70) (35.18)				
	5:06.74 5:37.41				
	(34.67) (30.67)				
2:18.18Y	F # 39A	Male 13-14 200 Fly	LY-VA	---	-5.18
	30.16 1:05.33 1:43.03 2:18.18				
	(30.16) (35.17) (37.70) (35.15)				
25.56Y	F # 41A	Male 13-14 50 Free	LY-VA	---	-0.27
1:02.00Y	F # 45A	Male 13-14 100 Back	LY-VA	---	-3.70
	30.73 1:02.00				
	(30.73) (31.27)				
2:05.30Y	F # 47A	Male 13-14 200 Free	LY-VA	---	-3.68
	28.13 1:01.00 1:34.38 2:05.30				
	(28.13) (32.87) (33.38) (30.92)				
Anderson Cox (8) M					
3:50.73Y DQ	F # 19A	Male 8 & Under 200 IM	LY-VA	---	---
	55.85 1:59.84 3:00.04 3:50.73				
	(55.85) (1:03.99) (1:00.20) (50.69)				
17.30Y	F # 27	Male 8 & Under 25 Free	LY-VA	---	-1.34
1:52.66Y	F # 31A	Male 8 & Under 100 Breast	LY-VA	---	-1.05
	51.13 1:52.66				
	(51.13) (1:01.53)				
1:32.52Y	F # 33A	Male 8 & Under 100 Free	LY-VA	---	8.08
	41.96 1:32.52				
	(41.96) (50.56)				
23.24Y	F # 58	Male 8 & Under 25 Back	LY-VA	---	-6.04
39.30Y	F # 60A	Male 8 & Under 50 Free	LY-VA	---	-0.02
1:58.67Y	F # 66A	Male 8 & Under 100 Back	LY-VA	---	-26.24
	56.73 1:58.67				
	(56.73) (1:01.94)				
56.80Y	F # 72A	Male 8 & Under 50 Fly	LY-VA	---	-2.29

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Clayton Cox (11) M					
NS	F # 56B	Male 11-12 200 Fly	LY-VA	---	---
1:29.23Y DQ	F # 66C	Male 11-12 100 Back	LY-VA	---	---
	43.80	1:29.23			
	(43.80)	(45.43)			
2:42.14Y	F # 70C	Male 11-12 200 Free	LY-VA	---	2.34
	38.01	1:19.33 2:02.55 2:42.14			
	(38.01)	(41.32) (43.22) (39.59)			
41.76Y	F # 72C	Male 11-12 50 Fly	LY-VA	---	1.82
Liam Cox (10) M					
3:29.56Y DQ	F # 19B	Male 9-10 200 IM	LY-VA	---	---
	54.16	1:44.84 2:48.41 3:29.56			
	(54.16)	(50.68) (1:03.57) (41.15)			
2:01.43Y	F # 31B	Male 9-10 100 Breast	LY-VA	---	---
	58.88	2:01.43			
	(58.88)	(1:02.55)			
1:18.30Y	F # 33B	Male 9-10 100 Free	LY-VA	---	-3.46
	37.95	1:18.30			
	(37.95)	(40.35)			
7:27.23Y	F # 35B	Male 9-10 500 Free	LY-VA	---	-30.40
	39.41	1:24.03 2:10.27 2:57.87 3:44.44 4:30.82 5:15.94 5:59.16			
	(39.41)	(44.62) (46.24) (47.60) (46.57) (46.38) (45.12) (43.22)			
	6:44.73	7:27.23			
	(45.57)	(42.50)			
36.25Y	F # 60B	Male 9-10 50 Free	LY-VA	---	-0.83
1:35.42Y DQ	F # 66B	Male 9-10 100 Back	LY-VA	---	---
	45.94	1:35.42			
	(45.94)	(49.48)			
2:53.83Y	F # 70B	Male 9-10 200 Free	LY-VA	---	-4.73
	40.79	1:25.94 2:12.16 2:53.83			
	(40.79)	(45.15) (46.22) (41.67)			
54.36Y	F # 72B	Male 9-10 50 Fly	LY-VA	---	0.85

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event				Place				Points	Improv
Lucas Cox (14) M											
1:07.84Y	F # 4A	Male	13-14	100 Free		LY-VA		25	---		-0.62
	32.88	1:07.84									
	(32.88)	(34.96)									
1:31.88Y	F # 6A	Male	13-14	100 Breast		LY-VA		20	---		-3.29
	43.72	1:31.88									
	(43.72)	(48.16)									
1:30.31Y	F # 10A	Male	13-14	100 Fly		LY-VA		20	---		-5.73
	43.38	1:30.31									
	(43.38)	(46.93)									
6:26.31Y	F # 14A	Male	13-14	500 Free		LY-VA		19	---		-32.15
	34.63	1:14.16	1:53.68	2:32.43	3:13.35	3:53.63	4:31.93	5:11.75			
	(34.63)	(39.53)	(39.52)	(38.75)	(40.92)	(40.28)	(38.30)	(39.82)			
	5:50.16	6:26.31									
	(38.41)	(36.15)									
30.14Y	F # 41A	Male	13-14	50 Free		LY-VA		19	---		-0.46
3:19.17Y	F # 43A	Male	13-14	200 Breast		LY-VA		13	---		-6.57
	47.81	1:39.01	2:32.71	3:19.17							
	(47.81)	(51.20)	(53.70)	(46.46)							
1:30.19Y	F # 45A	Male	13-14	100 Back		LY-VA		16	---		-3.85
	44.52	1:30.19									
	(44.52)	(45.67)									
2:25.53Y	F # 47A	Male	13-14	200 Free		LY-VA		19	---		-6.19
	33.51	1:11.88	1:50.57	2:25.53							
	(33.51)	(38.37)	(38.69)	(34.96)							

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Meredith Cox (13) F						
1:13.92Y	F # 3A	Female 13-14 100 Free	LY-VA	24	---	0.25
	36.21	1:13.92				
	(36.21)	(37.71)				
1:38.43Y	F # 5A	Female 13-14 100 Breast	LY-VA	18	---	0.25
	48.81	1:38.43				
	(48.81)	(49.62)				
3:00.10Y	F # 7A	Female 13-14 200 Back	LY-VA	12	---	-11.12
	45.58	1:31.73 2:16.20 3:00.10				
	(45.58)	(46.15) (44.47) (43.90)				
7:23.73Y	F # 13A	Female 13-14 500 Free	LY-VA	16	---	-1.61
	40.46	1:24.41 2:09.52 2:55.51 3:42.31 4:27.34 5:13.90 5:58.32				
	(40.46)	(43.95) (45.11) (45.99) (46.80) (45.03) (46.56) (44.42)				
	6:42.86	7:23.73				
	(44.54)	(40.87)				
3:24.08Y	F # 38A	Female 13-14 200 Fly	LY-VA	4	---	---
	45.69	1:38.42 --- 3:24.08				
	(45.69)	(52.73) --- (3:24.08)				
32.96Y	F # 40A	Female 13-14 50 Free	LY-VA	20	---	-1.83
1:27.38Y	F # 44A	Female 13-14 100 Back	LY-VA	17	---	1.34
	43.21	1:27.38				
	(43.21)	(44.17)				
2:49.78Y	F # 46A	Female 13-14 200 Free	LY-VA	17	---	5.66
	38.72	1:23.79 2:08.87 2:49.78				
	(38.72)	(45.07) (45.08) (40.91)				
Grey Dawson (8) M						
49.02Y	F # 17	100 Medley Relay Lead Off	LY-VA	---	---	25.87
DQ	F # 21	Male 8 & Under 25 Breast	LY-VA	---	---	---
54.38Y	F # 25A	Male 8 & Under 50 Back	LY-VA	2	---	0.11
2:13.90Y	F # 31A	Male 8 & Under 100 Breast	LY-VA	5	---	---
	1:04.19	2:13.90				
	(1:04.19)	(1:09.71)				
1:42.12Y	F # 33A	Male 8 & Under 100 Free	LY-VA	5	---	-1.20
	49.10	1:42.12				
	(49.10)	(53.02)				
1:52.56Y DQ	F # 54A	Male 8 & Under 100 IM	LY-VA	---	---	---
	---	1:52.56				
	---	(1:52.56)				
43.34Y	F # 60A	Male 8 & Under 50 Free	LY-VA	6	---	-0.62
25.65Y	F # 64	Male 8 & Under 25 Fly	LY-VA	5	---	---
3:47.84Y	F # 70A	Male 8 & Under 200 Free	LY-VA	2	---	---
	49.69	1:47.87 2:49.47 3:47.84				
	(49.69)	(58.18) (1:01.60) (58.37)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Jack Deacon (5) M					
33.35Y	F # 27	Male 8 & Under 25 Free	LY-VA	15	---
53.03Y DQ	F # 58	Male 8 & Under 25 Back	LY-VA	---	---
1:25.80Y	F # 60A	Male 8 & Under 50 Free	LY-VA	19	---
Maddie Deacon (8) F					
27.82Y	F # 20	Female 8 & Under 25 Breast	LY-VA	5	---
59.85Y	F # 24A	Female 8 & Under 50 Back	LY-VA	10	---
20.11Y	F # 26	Female 8 & Under 25 Free	LY-VA	4	---
1:42.03Y	F # 32A	Female 8 & Under 100 Free	LY-VA	5	---
47.08		1:42.03			
(47.08)		(54.95)			
2:02.42Y	F # 53A	Female 8 & Under 100 IM	LY-VA	3	---
---		2:02.42			
---		(2:02.42)			
29.94Y	F # 57	Female 8 & Under 25 Back	LY-VA	11	---
53.15Y	F # 59A	Female 8 & Under 50 Free	LY-VA	8	---
27.58Y	F # 63	Female 8 & Under 25 Fly	LY-VA	3	---
Avery Duff (14) F					
1:05.62Y	F # 3A	Female 13-14 100 Free	LY-VA	16	---
31.37		1:05.62			
(31.37)		(34.25)			
NS	F # 9A	Female 13-14 100 Fly	LY-VA	---	---
3:01.51Y	F # 11A	Female 13-14 200 IM	LY-VA	15	---
38.52		1:28.17 2:24.22 3:01.51			
(38.52)		(49.65) (56.05) (37.29)			
6:56.11Y	F # 13A	Female 13-14 500 Free	LY-VA	14	---
37.73		1:19.85 2:02.44 2:45.12 3:27.07 4:09.01 4:51.59 5:34.45			
(37.73)		(42.12) (42.59) (42.68) (41.95) (41.94) (42.58) (42.86)			
6:16.56		6:56.11			
(42.11)		(39.55)			
29.55Y	F # 40A	Female 13-14 50 Free	LY-VA	11	---
1:27.33Y	F # 44A	Female 13-14 100 Back	LY-VA	16	---
42.27		1:27.33			
(42.27)		(45.06)			
2:31.48Y	F # 46A	Female 13-14 200 Free	LY-VA	10	---
34.97		1:13.70 1:53.27 2:31.48			
(34.97)		(38.73) (39.57) (38.21)			
6:18.56Y	F # 48A	Female 13-14 400 IM	LY-VA	5	---
39.71		1:29.71 2:19.31 3:09.59 4:05.91 5:03.52 5:41.71 6:18.56			
(39.71)		(50.00) (49.60) (50.28) (56.32) (57.61) (38.19) (36.85)			

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Ruby Duis (17) F						
26.91Y	F # 40B	Female 15 & Over 50 Free	LY-VA	2	---	0.15
1:11.43Y	F # 44B	Female 15 & Over 100 Back	LY-VA	6	---	0.23
	34.36	1:11.43				
	(34.36)	(37.07)				
2:13.58Y	F # 46B	Female 15 & Over 200 Free	LY-VA	3	---	0.46
	29.82	1:03.63 1:39.03 2:13.58				
	(29.82)	(33.81) (35.40) (34.55)				
Tammy Eakkhattiyakorn (11) F						
3:01.64Y	F # 18C	Female 11-12 200 IM	LY-VA	10	---	-6.89
	44.19	1:32.33 2:24.01 3:01.64				
	(44.19)	(48.14) (51.68) (37.63)				
3:08.46Y	F # 28B	Female 11-12 200 Back	LY-VA	7	---	---
	44.38	1:31.82 2:20.72 3:08.46				
	(44.38)	(47.44) (48.90) (47.74)				
1:38.83Y	F # 30C	Female 11-12 100 Breast	LY-VA	8	---	4.62
	49.18	1:38.83				
	(49.18)	(49.65)				
1:14.69Y	F # 32C	Female 11-12 100 Free	LY-VA	17	---	2.25
	36.73	1:14.69				
	(36.73)	(37.96)				
32.60Y	F # 59C	Female 11-12 50 Free	LY-VA	19	---	-1.21
3:17.82Y	F # 61B	Female 11-12 200 Breast	LY-VA	3	---	-28.93
	44.57	1:34.44 2:26.09 3:17.82				
	(44.57)	(49.87) (51.65) (51.73)				
2:38.15Y	F # 69C	Female 11-12 200 Free	LY-VA	6	---	-5.10
	36.15	1:16.17 1:58.09 2:38.15				
	(36.15)	(40.02) (41.92) (40.06)				
40.15Y	F # 71C	Female 11-12 50 Fly	LY-VA	14	---	-3.20

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Tyler Eakkhattiyakorn (13) M						
1:02.84Y	F # 4A	Male 13-14 100 Free	LY-VA	21	---	-2.24
	30.14	1:02.84				
	(30.14)	(32.70)				
1:14.09Y	F # 6A	Male 13-14 100 Breast	LY-VA	7	---	0.15
	35.98	1:14.09				
	(35.98)	(38.11)				
2:45.51Y	F # 8A	Male 13-14 200 Back	LY-VA	12	---	1.31
	40.34	1:22.63 2:04.52 2:45.51				
	(40.34)	(42.29) (41.89) (40.99)				
2:38.33Y	F # 12A	Male 13-14 200 IM	LY-VA	14	---	3.84
	37.51	1:18.52 --- 2:38.33				
	(37.51)	(41.01) --- (2:38.33)				
29.16Y	F # 41A	Male 13-14 50 Free	LY-VA	16	---	0.15
2:42.74Y	F # 43A	Male 13-14 200 Breast	LY-VA	5	---	-0.18
	39.30	1:21.29 2:03.40 2:42.74				
	(39.30)	(41.99) (42.11) (39.34)				
2:20.29Y	F # 47A	Male 13-14 200 Free	LY-VA	17	---	-4.25
	32.51	1:08.71 1:45.52 2:20.29				
	(32.51)	(36.20) (36.81) (34.77)				
5:43.07Y	F # 49A	Male 13-14 400 IM	LY-VA	8	---	-1.81
	42.08	1:29.79 2:15.23 3:00.54 3:43.26 4:27.48 5:07.80 5:43.07				
	(42.08)	(47.71) (45.44) (45.31) (42.72) (44.22) (40.32) (35.27)				
Jacob Eaton (6) M						
34.72Y	F # 27	Male 8 & Under 25 Free	LY-VA	16	---	0.79
36.16Y	F # 58	Male 8 & Under 25 Back	LY-VA	14	---	-3.68
1:19.97Y	F # 60A	Male 8 & Under 50 Free	LY-VA	18	---	---
Evy Edwards (11) F						
3:33.15Y	F # 18C	Female 11-12 200 IM	LY-VA	18	---	-8.95
	45.94	1:42.25 --- 3:33.15				
	(45.94)	(56.31) --- (3:33.15)				
49.31Y	F # 24C	Female 11-12 50 Back	LY-VA	19	---	4.84
1:45.22Y	F # 30C	Female 11-12 100 Breast	LY-VA	16	---	-5.97
	49.86	1:45.22				
	(49.86)	(55.36)				
1:31.80Y	F # 32C	Female 11-12 100 Free	LY-VA	27	---	8.04
	41.05	1:31.80				
	(41.05)	(50.75)				
1:34.27Y	F # 53C	Female 11-12 100 IM	LY-VA	21	---	-1.82
	44.14	1:34.27				
	(44.14)	(50.13)				
38.12Y	F # 59C	Female 11-12 50 Free	LY-VA	31	---	3.18
3:08.67Y	F # 69C	Female 11-12 200 Free	LY-VA	13	---	-2.26
	40.01	1:30.88 --- 3:08.67				
	(40.01)	(50.87) --- (3:08.67)				
41.13Y	F # 71C	Female 11-12 50 Fly	LY-VA	16	---	-0.67

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Josh Edwards (16) M						
55.59Y	F # 4B	Male 15 & Over 100 Free	LY-VA	30	---	2.42
	26.47	55.59				
	(26.47)	(29.12)				
1:14.94Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	15	---	7.46
	---	1:14.94				
	---	(1:14.94)				
1:07.74Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	23	---	3.41
	30.95	1:07.74				
	(30.95)	(36.79)				
2:32.68Y	F # 12B	Male 15 & Over 200 IM	LY-VA	23	---	11.47
	32.23	1:13.32 1:59.09 2:32.68				
	(32.23)	(41.09) (45.77) (33.59)				
25.14Y	F # 41B	Male 15 & Over 50 Free	LY-VA	12	---	1.06
2:48.31Y	F # 43B	Male 15 & Over 200 Breast	LY-VA	8	---	-1.88
	38.48	1:21.71 2:05.05 2:48.31				
	(38.48)	(43.23) (43.34) (43.26)				
1:07.88Y	F # 45B	Male 15 & Over 100 Back	LY-VA	13	---	4.03
	33.13	1:07.88				
	(33.13)	(34.75)				
2:11.65Y	F # 47B	Male 15 & Over 200 Free	LY-VA	15	---	12.72
	29.48	1:03.02 1:37.58 2:11.65				
	(29.48)	(33.54) (34.56) (34.07)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Sam Edwards (13) M						
57.51Y	F # 4A	Male 13-14 100 Free	LY-VA	12	---	-0.90
	27.71	57.51				
	(27.71)	(29.80)				
2:17.46Y	F # 8A	Male 13-14 200 Back	LY-VA	4	---	2.26
	31.96	1:07.41 1:43.11 2:17.46				
	(31.96)	(35.45) (35.70) (34.35)				
1:06.61Y	F # 10A	Male 13-14 100 Fly	LY-VA	11	---	-1.59
	31.70	1:06.61				
	(31.70)	(34.91)				
5:33.48Y	F # 14A	Male 13-14 500 Free	LY-VA	8	---	-1.87
	29.08	1:01.59 1:35.28 2:09.44 2:44.13 3:18.50 3:52.77 4:27.38				
	(29.08)	(32.51) (33.69) (34.16) (34.69) (34.37) (34.27) (34.61)				
	5:01.04	5:33.48				
	(33.66)	(32.44)				
26.25Y	F # 37	200 Free Relay Lead Off	LY-VA	---	---	-0.44
26.84Y	F # 41A	Male 13-14 50 Free	LY-VA	11	---	0.15
1:05.35Y	F # 45A	Male 13-14 100 Back	LY-VA	4	---	1.87
	31.22	1:05.35				
	(31.22)	(34.13)				
2:05.12Y	F # 47A	Male 13-14 200 Free	LY-VA	5	---	0.05
	28.33	59.82 1:32.69 2:05.12				
	(28.33)	(31.49) (32.87) (32.43)				
4:55.02Y	F # 49A	Male 13-14 400 IM	LY-VA	1	---	-0.34
	32.18	1:09.30 1:46.11 2:22.58 3:05.78 3:49.37 4:22.10 4:55.02				
	(32.18)	(37.12) (36.81) (36.47) (43.20) (43.59) (32.73) (32.92)				
Haleema Elakkad (7) F						
34.88Y DQ	F # 20	Female 8 & Under 25 Breast	LY-VA	---	---	---
1:12.96Y DQ	F # 24A	Female 8 & Under 50 Back	LY-VA	---	---	---
30.30Y	F # 26	Female 8 & Under 25 Free	LY-VA	13	---	---
2:58.42Y DQ	F # 32A	Female 8 & Under 100 Free	LY-VA	---	---	---
	---	2:58.42				
	---	(2:58.42)				
27.30Y	F # 57	Female 8 & Under 25 Back	LY-VA	8	---	---
1:10.41Y	F # 59A	Female 8 & Under 50 Free	LY-VA	13	---	---
2:27.80Y DQ	F # 65A	Female 8 & Under 100 Back	LY-VA	---	---	---
	1:10.66	2:27.80				
	(1:10.66)	(1:17.14)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Ismail Elakkad (13) M					
NS	F # 4A	Male 13-14 100 Free	LY-VA	---	---
NS	F # 6A	Male 13-14 100 Breast	LY-VA	---	---
NS	F # 12A	Male 13-14 200 IM	LY-VA	---	---
32.63Y	F # 41A	Male 13-14 50 Free	LY-VA	23	---
1:44.79Y DQ	F # 45A	Male 13-14 100 Back	LY-VA	---	---
	---	1:44.79			
	---	(1:44.79)			
3:12.67Y	F # 47A	Male 13-14 200 Free	LY-VA	23	---
	39.01	1:26.82	---	3:12.67	-67.60
	(39.01)	(47.81)	---	(3:12.67)	
Frances Fenton (17) F					
58.84Y	F # 3B	Female 15 & Over 100 Free	LY-VA	10	---
	28.05	58.84			
	(28.05)	(30.79)			
1:12.67Y	F # 5B	Female 15 & Over 100 Breast	LY-VA	4	---
	34.59	1:12.67			
	(34.59)	(38.08)			
1:09.47Y	F # 9B	Female 15 & Over 100 Fly	LY-VA	14	---
	31.51	1:09.47			
	(31.51)	(37.96)			
2:28.62Y	F # 11B	Female 15 & Over 200 IM	LY-VA	9	---
	32.18	1:12.89	1:54.62	2:28.62	
	(32.18)	(40.71)	(41.73)	(34.00)	

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Eli Fleenor (15) M						
1:04.24Y	F # 4B	Male 15 & Over 100 Free	LY-VA	39	---	3.84
	29.61	1:04.24				
	(29.61)	(34.63)				
1:27.39Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	22	---	0.77
	43.05	1:27.39				
	(43.05)	(44.34)				
1:31.52Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	29	---	---
	40.31	1:31.52				
	(40.31)	(51.21)				
2:53.30Y	F # 12B	Male 15 & Over 200 IM	LY-VA	28	---	-9.29
	38.74	1:27.91 2:17.44 2:53.30				
	(38.74)	(49.17) (49.53) (35.86)				
28.33Y	F # 41B	Male 15 & Over 50 Free	LY-VA	22	---	1.46
3:22.37Y	F # 43B	Male 15 & Over 200 Breast	LY-VA	11	---	15.14
	46.25	1:37.27 2:30.89 3:22.37				
	(46.25)	(51.02) (53.62) (51.48)				
1:29.93Y DQ	F # 45B	Male 15 & Over 100 Back	LY-VA	---	---	---
	44.23	1:29.93				
	(44.23)	(45.70)				
2:25.47Y	F # 47B	Male 15 & Over 200 Free	LY-VA	19	---	7.02
	32.44	1:08.16 1:48.52 2:25.47				
	(32.44)	(35.72) (40.36) (36.95)				
Evan Fong (15) M						
55.40Y	F # 4B	Male 15 & Over 100 Free	LY-VA	29	---	-2.39
	26.59	55.40				
	(26.59)	(28.81)				
1:09.06Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	12	---	-1.80
	33.06	1:09.06				
	(33.06)	(36.00)				
59.28Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	13	---	-1.83
	27.79	59.28				
	(27.79)	(31.49)				
2:15.59Y	F # 12B	Male 15 & Over 200 IM	LY-VA	15	---	2.91
	28.41	1:04.87 1:44.74 2:15.59				
	(28.41)	(36.46) (39.87) (30.85)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Zachary Fong (10) M					
3:31.42Y DQ	F # 19B	Male 9-10 200 IM	LY-VA	---	---
	---	1:42.93 2:41.28 3:31.42			
	---	(1:42.93) (58.35) (50.14)			
43.97Y	F # 25B	Male 9-10 50 Back	LY-VA	---	-1.43
1:27.95Y	F # 33B	Male 9-10 100 Free	LY-VA	---	0.42
	40.37	1:27.95			
	(40.37)	(47.58)			
8:16.60Y	F # 35B	Male 9-10 500 Free	LY-VA	---	---
	43.67	1:32.26 2:21.37 3:12.25 4:03.47 4:54.44 5:45.30 6:37.34			
	(43.67)	(48.59) (49.11) (50.88) (51.22) (50.97) (50.86) (52.04)			
	7:29.47	8:16.60			
	(52.13)	(47.13)			
Millie Fowler (9) F					
53.28Y	F # 24B	Female 9-10 50 Back	LY-VA	---	---
2:37.01Y DQ	F # 30B	Female 9-10 100 Breast	LY-VA	---	---
	1:11.87	2:37.01			
	(1:11.87)	(1:25.14)			
1:40.33Y	F # 32B	Female 9-10 100 Free	LY-VA	---	---
	46.31	1:40.33			
	(46.31)	(54.02)			
41.69Y	F # 59B	Female 9-10 50 Free	LY-VA	---	-4.67
1:52.71Y DQ	F # 65B	Female 9-10 100 Back	LY-VA	---	---
	53.56	1:52.71			
	(53.56)	(59.15)			
1:07.15Y	F # 67B	Female 9-10 50 Breast	LY-VA	---	---
3:34.78Y	F # 69B	Female 9-10 200 Free	LY-VA	---	---
	45.81	1:43.07 2:40.85 3:34.78			
	(45.81)	(57.26) (57.78) (53.93)			
Jocelyn French (14) F					
1:10.22Y	F # 3A	Female 13-14 100 Free	LY-VA	---	-1.09
	34.37	1:10.22			
	(34.37)	(35.85)			
1:25.99Y	F # 5A	Female 13-14 100 Breast	LY-VA	---	-4.52
	41.28	1:25.99			
	(41.28)	(44.71)			
2:52.70Y	F # 11A	Female 13-14 200 IM	LY-VA	---	-7.35
	36.32	--- 2:13.44 2:52.70			
	(36.32)	--- (2:13.44) (39.26)			
7:02.19Y	F # 13A	Female 13-14 500 Free	LY-VA	---	-20.59
	36.07	1:18.66 2:01.72 2:45.43 3:27.72 4:12.23 4:55.91 5:39.77			
	(36.07)	(42.59) (43.06) (43.71) (42.29) (44.51) (43.68) (43.86)			
	6:23.93	7:02.19			
	(44.16)	(38.26)			

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Kensley Gigliotti (10) F						
50.17Y	F # 24B	Female 9-10 50 Back	LY-VA	16	---	---
DNF	F # 30B	Female 9-10 100 Breast	LY-VA	---	---	---
NS	F # 32B	Female 9-10 100 Free	LY-VA	---	---	---
Emma Graterol Quijada (7) F						
1:01.25Y	F # 24A	Female 8 & Under 50 Back	LY-VA	12	---	---
26.69Y	F # 26	Female 8 & Under 25 Free	LY-VA	12	---	---
NS	F # 57	Female 8 & Under 25 Back	LY-VA	---	---	---
1:06.97Y	F # 59A	Female 8 & Under 50 Free	LY-VA	11	---	---
Walker Graves (8) M						
DQ	F # 21	Male 8 & Under 25 Breast	LY-VA	---	---	---
1:01.54Y	F # 25A	Male 8 & Under 50 Back	LY-VA	6	---	---
23.90Y	F # 27	Male 8 & Under 25 Free	LY-VA	10	---	-0.52
2:12.08Y	F # 33A	Male 8 & Under 100 Free	LY-VA	7	---	-5.42

		2:12.08				
		(2:12.08)				
26.26Y	F # 58	Male 8 & Under 25 Back	LY-VA	6	---	-1.60
52.09Y	F # 60A	Male 8 & Under 50 Free	LY-VA	11	---	-5.37
33.81Y DQ	F # 64	Male 8 & Under 25 Fly	LY-VA	---	---	---
2:27.72Y	F # 66A	Male 8 & Under 100 Back	LY-VA	7	---	---
		1:09.39 2:27.72				
		(1:09.39) (1:18.33)				
Camille Greenlaw (11) F						
37.46Y	F # 15	200 Medley Relay Lead Off	LY-VA	---	---	-1.00
1:44.68Y	F # 22C	Female 11-12 100 Fly	LY-VA	10	---	0.86

		1:44.68				
		(1:44.68)				
36.91Y	F # 24C	Female 11-12 50 Back	LY-VA	5	---	-1.55
3:02.36Y	F # 28B	Female 11-12 200 Back	LY-VA	5	---	-10.63
		43.87 1:31.14 2:18.58 3:02.36				
		(43.87) (47.27) (47.44) (43.78)				
1:39.67Y	F # 30C	Female 11-12 100 Breast	LY-VA	11	---	-4.92
		48.24 1:39.67				
		(48.24) (51.43)				
33.17Y	F # 50	200 Free Relay Lead Off	LY-VA	---	---	-0.22
32.28Y	F # 59C	Female 11-12 50 Free	LY-VA	17	---	-1.11
3:24.85Y	F # 61B	Female 11-12 200 Breast	LY-VA	4	---	-9.91
		47.47 1:39.89 2:33.84 3:24.85				
		(47.47) (52.42) (53.95) (51.01)				
1:22.65Y	F # 65C	Female 11-12 100 Back	LY-VA	8	---	0.06
		40.68 1:22.65				
		(40.68) (41.97)				
2:43.63Y	F # 69C	Female 11-12 200 Free	LY-VA	8	---	2.30
		37.14 1:19.38 2:01.72 2:43.63				
		(37.14) (42.24) (42.34) (41.91)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Daniel Gustafson (12) M						
2:40.02Y	F # 19C	Male 11-12 200 IM	LY-VA	2	---	-2.23
	36.38	1:20.15 2:05.18 2:40.02				
	(36.38)	(43.77) (45.03) (34.84)				
1:19.37Y	F # 23C	Male 11-12 100 Fly	LY-VA	5	---	-1.14
	39.46	1:19.37				
	(39.46)	(39.91)				
37.03Y	F # 25C	Male 11-12 50 Back	LY-VA	7	---	-2.21
1:13.09Y	F # 54C	Male 11-12 100 IM	LY-VA	2	---	-0.61
	34.76	1:13.09				
	(34.76)	(38.33)				
30.60Y	F # 60C	Male 11-12 50 Free	LY-VA	5	---	0.34
2:45.76Y	F # 62B	Male 11-12 200 Breast	LY-VA	2	---	-7.75
	39.49	1:19.78 2:02.87 2:45.76				
	(39.49)	(40.29) (43.09) (42.89)				
1:23.48Y	F # 66C	Male 11-12 100 Back	LY-VA	6	---	0.57
	41.84	1:23.48				
	(41.84)	(41.64)				
Zelynn Gustafson (15) F						
1:03.52Y	F # 3B	Female 15 & Over 100 Free	LY-VA	16	---	-0.48
	30.38	1:03.52				
	(30.38)	(33.14)				
1:32.26Y	F # 5B	Female 15 & Over 100 Breast	LY-VA	9	---	3.93
	44.56	1:32.26				
	(44.56)	(47.70)				
2:51.50Y	F # 7B	Female 15 & Over 200 Back	LY-VA	14	---	-0.06
	40.61	1:23.93 2:08.68 2:51.50				
	(40.61)	(43.32) (44.75) (42.82)				
2:44.01Y	F # 11B	Female 15 & Over 200 IM	LY-VA	12	---	0.84
	37.34	1:21.59 2:10.33 2:44.01				
	(37.34)	(44.25) (48.74) (33.68)				
29.48Y	F # 40B	Female 15 & Over 50 Free	LY-VA	5	---	0.11
3:09.83Y	F # 42B	Female 15 & Over 200 Breast	LY-VA	3	---	-1.19
	43.75	1:33.28 2:22.08 3:09.83				
	(43.75)	(49.53) (48.80) (47.75)				
1:22.31Y	F # 44B	Female 15 & Over 100 Back	LY-VA	8	---	2.96
	40.72	1:22.31				
	(40.72)	(41.59)				
2:24.39Y	F # 46B	Female 15 & Over 200 Free	LY-VA	5	---	3.70
	34.45	1:11.92 1:49.24 2:24.39				
	(34.45)	(37.47) (37.32) (35.15)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Cheyanne Henderson (12) F						
3:02.46Y	F # 18C	Female 11-12 200 IM	LY-VA	11	---	2.37
	38.63	1:27.09 2:23.95 3:02.46				
	(38.63)	(48.46) (56.86) (38.51)				
1:41.14Y DQ	F # 30C	Female 11-12 100 Breast	LY-VA	---	---	---
	47.96	1:41.14				
	(47.96)	(53.18)				
1:13.50Y	F # 32C	Female 11-12 100 Free	LY-VA	14	---	1.86
	34.69	1:13.50				
	(34.69)	(38.81)				
7:39.40Y	F # 34C	Female 11-12 500 Free	LY-VA	3	---	4.88
	37.63	1:23.69 2:10.67 2:58.37	3:45.57 4:35.54 5:23.02 6:11.86			
	(37.63)	(46.06) (46.98) (47.70) (47.20) (49.97) (47.48) (48.84)				
	6:57.94	7:39.40				
	(46.08)	(41.46)				
1:24.22Y	F # 53C	Female 11-12 100 IM	LY-VA	12	---	-0.64
	40.86	1:24.22				
	(40.86)	(43.36)				
32.64Y	F # 59C	Female 11-12 50 Free	LY-VA	20	---	1.43
1:29.30Y	F # 65C	Female 11-12 100 Back	LY-VA	10	---	3.33
	42.14	1:29.30				
	(42.14)	(47.16)				
2:44.93Y	F # 69C	Female 11-12 200 Free	LY-VA	9	---	-9.49
	35.39	1:18.77 2:04.81 2:44.93				
	(35.39)	(43.38) (46.04) (40.12)				
Chandler Henry (16) M						
25.55Y	F # 41B	Male 15 & Over 50 Free	LY-VA	15	---	-0.54

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Connor Henry (11) M						
46.63Y	F # 25C	Male 11-12 50 Back	LY-VA	21	---	-4.98
3:30.15Y DQ	F # 29B	Male 11-12 200 Back	LY-VA	---	---	---
	50.37	1:43.61 2:37.49 3:30.15				
	(50.37)	(53.24) (53.88) (52.66)				
1:39.33Y	F # 31C	Male 11-12 100 Breast	LY-VA	10	---	-10.83
	47.18	1:39.33				
	(47.18)	(52.15)				
1:19.68Y	F # 33C	Male 11-12 100 Free	LY-VA	17	---	-4.70
	37.60	1:19.68				
	(37.60)	(42.08)				
33.39Y	F # 50	200 Free Relay Lead Off	LY-VA	---	---	-2.00
1:29.67Y	F # 54C	Male 11-12 100 IM	LY-VA	14	---	-7.20
	45.74	1:29.67				
	(45.74)	(43.93)				
34.46Y	F # 60C	Male 11-12 50 Free	LY-VA	14	---	-0.93
3:28.87Y	F # 62B	Male 11-12 200 Breast	LY-VA	5	---	---
	47.82	1:40.81 2:34.73 3:28.87				
	(47.82)	(52.99) (53.92) (54.14)				
2:55.91Y	F # 70C	Male 11-12 200 Free	LY-VA	9	---	-30.56
	38.92	1:25.34 2:13.15 2:55.91				
	(38.92)	(46.42) (47.81) (42.76)				
Myer Henry (7) M						
56.79Y	F # 21	Male 8 & Under 25 Breast	LY-VA	6	---	---
35.22Y	F # 27	Male 8 & Under 25 Free	LY-VA	18	---	---
3:08.05Y	F # 33A	Male 8 & Under 100 Free	LY-VA	9	---	---
	1:29.70	3:08.05				
	(1:29.70)	(1:38.35)				
41.58Y	F # 58	Male 8 & Under 25 Back	LY-VA	15	---	---
1:15.76Y	F # 60A	Male 8 & Under 50 Free	LY-VA	17	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Trevor Henry (14) M						
1:11.40Y	F # 4A	Male 13-14 100 Free	LY-VA	27	---	-1.57
	32.81	1:11.40				
	(32.81)	(38.59)				
3:03.17Y	F # 8A	Male 13-14 200 Back	LY-VA	15	---	-2.73
	44.23	1:32.51 2:18.82 3:03.17				
	(44.23)	(48.28) (46.31) (44.35)				
1:32.80Y	F # 10A	Male 13-14 100 Fly	LY-VA	21	---	4.84
	42.02	1:32.80				
	(42.02)	(50.78)				
6:41.61Y	F # 14A	Male 13-14 500 Free	LY-VA	20	---	-6.53
	35.42	1:16.51 1:57.16 2:38.57 3:20.35 4:01.67 4:42.14 5:22.97				
	(35.42)	(41.09) (40.65) (41.41) (41.78) (41.32) (40.47) (40.83)				
	6:02.56	6:41.61				
	(39.59)	(39.05)				
3:16.30Y	F # 39A	Male 13-14 200 Fly	LY-VA	5	---	---
	39.62	1:32.77 2:26.31 3:16.30				
	(39.62)	(53.15) (53.54) (49.99)				
31.37Y	F # 41A	Male 13-14 50 Free	LY-VA	21	---	-0.02
1:27.15Y	F # 45A	Male 13-14 100 Back	LY-VA	15	---	0.07
	42.76	1:27.15				
	(42.76)	(44.39)				
2:36.87Y	F # 47A	Male 13-14 200 Free	LY-VA	21	---	5.22
	34.22	1:15.45 1:57.30 2:36.87				
	(34.22)	(41.23) (41.85) (39.57)				
Ty Henry (9) M						
53.82Y	F # 25B	Male 9-10 50 Back	LY-VA	19	---	-20.32
2:02.77Y	F # 31B	Male 9-10 100 Breast	LY-VA	8	---	---
	59.26	2:02.77				
	(59.26)	(1:03.51)				
1:36.42Y	F # 33B	Male 9-10 100 Free	LY-VA	14	---	-3.65
	47.92	1:36.42				
	(47.92)	(48.50)				
43.54Y	F # 51	200 Free Relay Lead Off	LY-VA	---	---	-12.74
1:48.17Y DQ	F # 54B	Male 9-10 100 IM	LY-VA	---	---	---
	51.60	1:48.17				
	(51.60)	(56.57)				
41.91Y	F # 60B	Male 9-10 50 Free	LY-VA	14	---	-14.37
1:00.02Y	F # 68B	Male 9-10 50 Breast	LY-VA	3	---	2.26
3:19.16Y	F # 70B	Male 9-10 200 Free	LY-VA	7	---	---
	44.77	1:38.20 2:28.55 3:19.16				
	(44.77)	(53.43) (50.35) (50.61)				
Margaret Herman (7) F						
NS	F # 57	Female 8 & Under 25 Back	LY-VA	---	---	---
NS	F # 59A	Female 8 & Under 50 Free	LY-VA	---	---	---
NS	F # 67A	Female 8 & Under 50 Breast	LY-VA	---	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Nathaniel Herman (8) M					
NS	F # 58	Male 8 & Under 25 Back	LY-VA	---	---
NS	F # 60A	Male 8 & Under 50 Free	LY-VA	---	---
NS	F # 64	Male 8 & Under 25 Fly	LY-VA	---	---
NS	F # 68A	Male 8 & Under 50 Breast	LY-VA	---	---
Carson Hill (10) M					
1:53.55Y DQ	F # 54B	Male 9-10 100 IM	LY-VA	---	---
	55.30	1:53.55			
	(55.30)	(58.25)			
1:58.31Y	F # 66B	Male 9-10 100 Back	LY-VA	7	---
	57.60	1:58.31			
	(57.60)	(1:00.71)			
58.85Y	F # 68B	Male 9-10 50 Breast	LY-VA	2	---
58.27Y DQ	F # 72B	Male 9-10 50 Fly	LY-VA	---	---
Sydney Hill (14) F					
34.02Y	F # 2	200 Medley Relay Lead Off	LY-VA	---	0.53
1:04.21Y	F # 3A	Female 13-14 100 Free	LY-VA	13	---
	31.01	1:04.21			
	(31.01)	(33.20)			
2:44.82Y	F # 7A	Female 13-14 200 Back	LY-VA	7	---
	39.05	1:22.32 2:04.71 2:44.82			
	(39.05)	(43.27) (42.39) (40.11)			
2:46.12Y	F # 11A	Female 13-14 200 IM	LY-VA	10	---
	36.64	1:16.85 2:09.53 2:46.12			
	(36.64)	(40.21) (52.68) (36.59)			
6:39.42Y	F # 13A	Female 13-14 500 Free	LY-VA	12	---
	35.19	1:15.07 1:55.87 2:37.47 3:19.29 4:00.89 4:42.91 5:24.64			
	(35.19)	(39.88) (40.80) (41.60) (41.82) (41.60) (42.02) (41.73)			
	6:04.93	6:39.42			
	(40.29)	(34.49)			
29.05Y	F # 40A	Female 13-14 50 Free	LY-VA	8	---
1:15.18Y	F # 44A	Female 13-14 100 Back	LY-VA	9	---
	36.51	1:15.18			
	(36.51)	(38.67)			
2:26.62Y	F # 46A	Female 13-14 200 Free	LY-VA	9	---
	34.50	1:12.60 1:51.26 2:26.62			
	(34.50)	(38.10) (38.66) (35.36)			
6:00.90Y	F # 48A	Female 13-14 400 IM	LY-VA	4	---
	38.91	1:28.13 2:12.58 2:55.94 3:49.16 4:42.59 5:23.91 6:00.90			
	(38.91)	(49.22) (44.45) (43.36) (53.22) (53.43) (41.32) (36.99)			

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Ann-Margaret Holt (15) F						
54.98Y	F # 3B	Female 15 & Over 100 Free	LY-VA	3	---	2.15
	26.67	54.98				
	(26.67)	(28.31)				
2:15.71Y	F # 7B	Female 15 & Over 200 Back	LY-VA	7	---	4.84
	32.45	1:06.51 1:41.52 2:15.71				
	(32.45)	(34.06) (35.01) (34.19)				
1:03.39Y	F # 9B	Female 15 & Over 100 Fly	LY-VA	9	---	2.36
	29.63	1:03.39				
	(29.63)	(33.76)				
5:14.34Y	F # 13B	Female 15 & Over 500 Free	LY-VA	1	---	6.54
	29.07	59.99 1:31.86 2:03.72 2:35.55 3:07.73 3:39.66 4:11.65				
	(29.07)	(30.92) (31.87) (31.86) (31.83) (32.18) (31.93) (31.99)				
	4:43.45	5:14.34				
	(31.80)	(30.89)				
25.91Y	F # 36	200 Free Relay Lead Off	LY-VA	---	---	1.42
2:20.71Y	F # 38B	Female 15 & Over 200 Fly	LY-VA	4	---	1.04
	31.98	1:07.67 1:44.40 2:20.71				
	(31.98)	(35.69) (36.73) (36.31)				
26.21Y	F # 40B	Female 15 & Over 50 Free	LY-VA	1	---	1.72
1:03.31Y	F # 44B	Female 15 & Over 100 Back	LY-VA	1	---	1.83
	31.11	1:03.31				
	(31.11)	(32.20)				
1:58.66Y	F # 46B	Female 15 & Over 200 Free	LY-VA	1	---	4.56
	28.34	58.24 1:28.53 1:58.66				
	(28.34)	(29.90) (30.29) (30.13)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Kenleigh Holt (13) F						
39.81Y	F # 2	200 Medley Relay Lead Off	LY-VA	---	---	4.50
1:15.08Y	F # 3A	Female 13-14 100 Free	LY-VA	26	---	2.00
	35.83	1:15.08				
	(35.83)	(39.25)				
1:45.40Y	F # 5A	Female 13-14 100 Breast	LY-VA	21	---	5.20
	49.43	1:45.40				
	(49.43)	(55.97)				
2:56.04Y	F # 7A	Female 13-14 200 Back	LY-VA	10	---	-7.31
	40.82	--- --- 2:56.04				
	(40.82)	--- --- (2:56.04)				
3:16.08Y	F # 11A	Female 13-14 200 IM	LY-VA	20	---	6.67
	46.41	1:34.67 2:32.66 3:16.08				
	(46.41)	(48.26) (57.99) (43.42)				
32.77Y	F # 40A	Female 13-14 50 Free	LY-VA	18	---	-0.32
3:51.60Y	F # 42A	Female 13-14 200 Breast	LY-VA	15	---	8.25
	50.40	1:51.36 2:52.12 3:51.60				
	(50.40)	(1:00.96) (1:00.76) (59.48)				
1:22.90Y	F # 44A	Female 13-14 100 Back	LY-VA	14	---	2.09
	40.15	1:22.90				
	(40.15)	(42.75)				
2:51.60Y	F # 46A	Female 13-14 200 Free	LY-VA	18	---	13.68
	37.98	1:21.47 2:06.91 2:51.60				
	(37.98)	(43.49) (45.44) (44.69)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Davis Hottle (17) M						
26.99Y	F # 1	200 Medley Relay Lead Off	LY-VA	---	---	0.90
51.41Y	F # 4B	Male 15 & Over 100 Free	LY-VA	14	---	1.73
	24.79	51.41				
	(24.79)	(26.62)				
2:04.62Y	F # 8B	Male 15 & Over 200 Back	LY-VA	5	---	7.90
	28.98	1:00.67 1:33.18 2:04.62				
	(28.98)	(31.69) (32.51) (31.44)				
56.58Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	9	---	3.16
	26.99	56.58				
	(26.99)	(29.59)				
2:07.99Y	F # 12B	Male 15 & Over 200 IM	LY-VA	7	---	4.30
	27.95	1:01.43 1:39.59 2:07.99				
	(27.95)	(33.48) (38.16) (28.40)				
2:11.08Y	F # 39B	Male 15 & Over 200 Fly	LY-VA	3	---	3.91
	28.88	1:01.47 1:36.11 2:11.08				
	(28.88)	(32.59) (34.64) (34.97)				
57.34Y	F # 45B	Male 15 & Over 100 Back	LY-VA	3	---	1.90
	28.28	57.34				
	(28.28)	(29.06)				
1:56.36Y	F # 47B	Male 15 & Over 200 Free	LY-VA	6	---	9.68
	26.71	56.10 1:26.65 1:56.36				
	(26.71)	(29.39) (30.55) (29.71)				
4:42.19Y	F # 49B	Male 15 & Over 400 IM	LY-VA	5	---	14.43

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Luke Hottle (15) M						
1:03.72Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	6	---	2.95
	30.14	1:03.72				
	(30.14)	(33.58)				
55.85Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	6	---	1.46
	26.30	55.85				
	(26.30)	(29.55)				
2:01.23Y	F # 12B	Male 15 & Over 200 IM	LY-VA	2	---	4.11
	26.69	58.61 1:33.67 2:01.23				
	(26.69)	(31.92) (35.06) (27.56)				
4:56.82Y	F # 14B	Male 15 & Over 500 Free	LY-VA	4	---	12.34
	27.32	57.25 1:27.61 1:58.15 2:28.46 2:58.80 3:29.10 3:59.03				
	(27.32)	(29.93) (30.36) (30.54) (30.31) (30.34) (30.30) (29.93)				
	4:29.14	4:56.82				
	(30.11)	(27.68)				
2:04.73Y	F # 39B	Male 15 & Over 200 Fly	LY-VA	2	---	2.96
	27.97	1:00.29 1:32.64 2:04.73				
	(27.97)	(32.32) (32.35) (32.09)				
2:19.94Y	F # 43B	Male 15 & Over 200 Breast	LY-VA	3	---	9.54
	31.86	1:07.63 1:44.10 2:19.94				
	(31.86)	(35.77) (36.47) (35.84)				
57.52Y	F # 45B	Male 15 & Over 100 Back	LY-VA	4	---	1.05
	28.91	57.52				
	(28.91)	(28.61)				
4:22.46Y	F # 49B	Male 15 & Over 400 IM	LY-VA	2	---	14.76
Ashton Hunt (16) M						
1:03.82Y	F # 4B	Male 15 & Over 100 Free	LY-VA	38	---	-1.17
	30.22	1:03.82				
	(30.22)	(33.60)				
1:27.15Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	21	---	0.77
	41.45	1:27.15				
	(41.45)	(45.70)				
1:12.73Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	25	---	---
	32.42	1:12.73				
	(32.42)	(40.31)				
2:42.80Y	F # 12B	Male 15 & Over 200 IM	LY-VA	26	---	---
	34.60	1:15.07 2:06.61 2:42.80				
	(34.60)	(40.47) (51.54) (36.19)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Maisey Hunt (11) F						
45.69Y	F # 15	200 Medley Relay Lead Off	LY-VA	---	---	---
3:40.52Y	F # 18C	Female 11-12 200 IM	LY-VA	19	---	---
	46.58	1:40.23 --- 3:40.52				
	(46.58)	(53.65) --- (3:40.52)				
43.94Y	F # 24C	Female 11-12 50 Back	LY-VA	15	---	---
1:52.95Y	F # 30C	Female 11-12 100 Breast	LY-VA	19	---	---
	53.04	1:52.95				
	(53.04)	(59.91)				
1:36.65Y	F # 32C	Female 11-12 100 Free	LY-VA	28	---	12.89
	43.25	1:36.65				
	(43.25)	(53.40)				
Jaewon Hur (11) M						
46.94Y	F # 25C	Male 11-12 50 Back	LY-VA	22	---	-5.39
1:46.84Y	F # 31C	Male 11-12 100 Breast	LY-VA	14	---	-3.80
	50.14	1:46.84				
	(50.14)	(56.70)				
1:29.52Y	F # 33C	Male 11-12 100 Free	LY-VA	21	---	4.33
	42.30	1:29.52				
	(42.30)	(47.22)				
37.79Y	F # 50	200 Free Relay Lead Off	LY-VA	---	---	-2.95
37.46Y	F # 60C	Male 11-12 50 Free	LY-VA	18	---	-3.28
3:12.66Y	F # 70C	Male 11-12 200 Free	LY-VA	11	---	-2.38
	40.80	1:30.21 2:22.32 3:12.66				
	(40.80)	(49.41) (52.11) (50.34)				
52.37Y	F # 72C	Male 11-12 50 Fly	LY-VA	12	---	-1.57
Lucas Jewett (9) M						
NS	F # 25B	Male 9-10 50 Back	LY-VA	---	---	---
NS	F # 31B	Male 9-10 100 Breast	LY-VA	---	---	---
NS	F # 33B	Male 9-10 100 Free	LY-VA	---	---	---
NS	F # 60B	Male 9-10 50 Free	LY-VA	---	---	---
NS	F # 66B	Male 9-10 100 Back	LY-VA	---	---	---
NS	F # 68B	Male 9-10 50 Breast	LY-VA	---	---	---
NS	F # 70B	Male 9-10 200 Free	LY-VA	---	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Noah Kasper (17) M						
53.57Y	F # 4B	Male 15 & Over 100 Free	LY-VA	24	---	2.15
	26.19	53.57				
	(26.19)	(27.38)				
2:20.56Y	F # 8B	Male 15 & Over 200 Back	LY-VA	16	---	6.27
	33.89	1:09.56 1:45.46 2:20.56				
	(33.89)	(35.67) (35.90) (35.10)				
1:01.09Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	17	---	3.21
	28.73	1:01.09				
	(28.73)	(32.36)				
5:27.97Y	F # 14B	Male 15 & Over 500 Free	LY-VA	9	---	14.11
	29.68	1:02.38 1:35.79 2:09.01 2:43.05 3:16.58 3:50.03 4:23.04				
	(29.68)	(32.70) (33.41) (33.22) (34.04) (33.53) (33.45) (33.01)				
	4:55.97	5:27.97				
	(32.93)	(32.00)				
25.32Y	F # 41B	Male 15 & Over 50 Free	LY-VA	13	---	1.45
1:04.06Y	F # 45B	Male 15 & Over 100 Back	LY-VA	11	---	3.45
	31.73	1:04.06				
	(31.73)	(32.33)				
1:58.90Y	F # 47B	Male 15 & Over 200 Free	LY-VA	8	---	4.16
	28.95	59.46 1:29.78 1:58.90				
	(28.95)	(30.51) (30.32) (29.12)				
5:05.07Y	F # 49B	Male 15 & Over 400 IM	LY-VA	7	---	13.72
Tripp Kastroll (11) M						
54.60Y	F # 25C	Male 11-12 50 Back	LY-VA	23	---	2.30
2:01.14Y	F # 31C	Male 11-12 100 Breast	LY-VA	17	---	---
	56.02	2:01.14				
	(56.02)	(1:05.12)				
1:45.65Y	F # 33C	Male 11-12 100 Free	LY-VA	22	---	---
	49.37	1:45.65				
	(49.37)	(56.28)				
45.89Y	F # 60C	Male 11-12 50 Free	LY-VA	19	---	4.40
1:57.91Y	F # 66C	Male 11-12 100 Back	LY-VA	11	---	---
	57.10	1:57.91				
	(57.10)	(1:00.81)				
55.71Y	F # 68C	Male 11-12 50 Breast	LY-VA	11	---	---
3:49.19Y	F # 70C	Male 11-12 200 Free	LY-VA	12	---	---
	51.88	1:54.77 2:57.56 3:49.19				
	(51.88)	(1:02.89) (1:02.79) (51.63)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Eva Kendall (13) F						
1:15.15Y	F # 3A	Female 13-14 100 Free	LY-VA	27	---	-1.85
	35.47	1:15.15				
	(35.47)	(39.68)				
1:40.35Y	F # 9A	Female 13-14 100 Fly	LY-VA	17	---	---
	43.72	1:40.35				
	(43.72)	(56.63)				
3:07.61Y	F # 11A	Female 13-14 200 IM	LY-VA	18	---	---
	47.09	1:36.34 2:28.62 3:07.61				
	(47.09)	(49.25) (52.28) (38.99)				
7:28.13Y	F # 13A	Female 13-14 500 Free	LY-VA	17	---	---
	38.90	1:23.43 2:09.06 2:54.43 3:40.97 4:27.24 5:13.67 6:00.53				
	(38.90)	(44.53) (45.63) (45.37) (46.54) (46.27) (46.43) (46.86)				
	6:46.51	7:28.13				
	(45.98)	(41.62)				
32.39Y	F # 40A	Female 13-14 50 Free	LY-VA	16	---	-0.20
3:14.87Y	F # 42A	Female 13-14 200 Breast	LY-VA	8	---	-8.02
	44.56	1:34.44 2:26.68 3:14.87				
	(44.56)	(49.88) (52.24) (48.19)				
1:28.74Y	F # 44A	Female 13-14 100 Back	LY-VA	18	---	-0.24
	43.74	1:28.74				
	(43.74)	(45.00)				
2:44.86Y	F # 46A	Female 13-14 200 Free	LY-VA	15	---	2.28
	37.29	1:19.43 2:03.08 2:44.86				
	(37.29)	(42.14) (43.65) (41.78)				
Phillip Kendall (11) M						
1:42.31Y	F # 54C	Male 11-12 100 IM	LY-VA	15	---	-18.90
	47.94	1:42.31				
	(47.94)	(54.37)				
1:41.00Y	F # 66C	Male 11-12 100 Back	LY-VA	10	---	-5.13
	48.78	1:41.00				
	(48.78)	(52.22)				
56.54Y	F # 68C	Male 11-12 50 Breast	LY-VA	12	---	-1.39
57.35Y	F # 72C	Male 11-12 50 Fly	LY-VA	13	---	-6.86

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv			
Kathleen King (14) F								
30.97Y	F # 2	200 Medley Relay Lead Off	LY-VA	---	0.03			
1:01.59Y	F # 3A	Female 13-14 100 Free	LY-VA	11	---	4.14		
	29.57	1:01.59						
	(29.57)	(32.02)						
2:28.18Y	F # 7A	Female 13-14 200 Back	LY-VA	3	---	6.32		
	34.56	1:12.23	---	2:28.18				
	(34.56)	(37.67)	---	(2:28.18)				
1:13.10Y	F # 9A	Female 13-14 100 Fly	LY-VA	12	---	3.08		
	34.33	1:13.10						
	(34.33)	(38.77)						
6:02.77Y	F # 13A	Female 13-14 500 Free	LY-VA	9	---	13.93		
	32.83	1:09.38	1:46.07	2:23.12	2:59.93	3:37.04	4:14.05	4:50.98
	(32.83)	(36.55)	(36.69)	(37.05)	(36.81)	(37.11)	(37.01)	(36.93)
	5:27.21	6:02.77						
	(36.23)	(35.56)						
27.71Y	F # 40A	Female 13-14 50 Free	LY-VA	2	---	1.56		
1:07.16Y	F # 44A	Female 13-14 100 Back	LY-VA	3	---	2.72		
	32.88	1:07.16						
	(32.88)	(34.28)						
2:18.98Y	F # 46A	Female 13-14 200 Free	LY-VA	6	---	13.60		
	32.04	1:07.78	1:43.96	2:18.98				
	(32.04)	(35.74)	(36.18)	(35.02)				
5:36.90Y	F # 48A	Female 13-14 400 IM	LY-VA	3	---	-34.57		
	35.65	1:19.12	2:02.54	2:43.71	3:33.55	4:23.69	5:00.84	5:36.90
	(35.65)	(43.47)	(43.42)	(41.17)	(49.84)	(50.14)	(37.15)	(36.06)
Ava Kirby (17) F								
38.86Y	F # 40B	Female 15 & Over 50 Free	LY-VA	7	---	9.51		

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Colt Kirby (13) M						
1:00.17Y	F # 4A	Male 13-14 100 Free	LY-VA	19	---	-0.02
	29.31	1:00.17				
	(29.31)	(30.86)				
1:11.35Y	F # 10A	Male 13-14 100 Fly	LY-VA	18	---	0.93
	34.09	1:11.35				
	(34.09)	(37.26)				
2:30.73Y	F # 12A	Male 13-14 200 IM	LY-VA	11	---	-4.24
	1:14.65	---	1:58.84	2:30.73		
	(1:14.65)	---	(1:58.84)	(31.89)		
6:00.75Y	F # 14A	Male 13-14 500 Free	LY-VA	16	---	3.96
	33.01	1:09.23	1:46.49	2:23.83	3:01.18	3:38.51
	(33.01)	(36.22)	(37.26)	(37.34)	(37.35)	(37.33)
	5:28.22	6:00.75			4:15.11	4:52.23
	(35.99)	(32.53)			(36.60)	(37.12)
28.06Y	F # 37	200 Free Relay Lead Off	LY-VA	---	---	0.79
27.62Y	F # 41A	Male 13-14 50 Free	LY-VA	14	---	0.35
2:57.49Y	F # 43A	Male 13-14 200 Breast	LY-VA	7	---	-4.20
	41.66	1:26.88	2:13.43	2:57.49		
	(41.66)	(45.22)	(46.55)	(44.06)		
NS	F # 47A	Male 13-14 200 Free	LY-VA	---	---	---
NS	F # 49A	Male 13-14 400 IM	LY-VA	---	---	---
Amelia Kobek (9) F						
3:35.12Y	F # 18B	Female 9-10 200 IM	LY-VA	3	---	---
	49.39	1:47.61	2:48.32	3:35.12		
	(49.39)	(58.22)	(1:00.71)	(46.80)		
45.60Y	F # 24B	Female 9-10 50 Back	LY-VA	9	---	-0.98
1:57.14Y	F # 30B	Female 9-10 100 Breast	LY-VA	9	---	2.62
	53.94	1:57.14				
	(53.94)	(1:03.20)				
1:30.89Y	F # 32B	Female 9-10 100 Free	LY-VA	10	---	4.77
	41.81	1:30.89				
	(41.81)	(49.08)				
1:37.84Y	F # 53B	Female 9-10 100 IM	LY-VA	6	---	-2.14
	44.85	1:37.84				
	(44.85)	(52.99)				
39.21Y	F # 59B	Female 9-10 50 Free	LY-VA	9	---	-0.37
1:41.79Y	F # 65B	Female 9-10 100 Back	LY-VA	4	---	---
	48.10	1:41.79				
	(48.10)	(53.69)				
44.73Y	F # 71B	Female 9-10 50 Fly	LY-VA	5	---	-0.63

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Walker Kobek (16) M						
56.98Y	F # 4B	Male 15 & Over 100 Free	LY-VA	32	---	-31.42
	27.17	56.98				
	(27.17)	(29.81)				
1:17.76Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	17	---	-40.32
	37.23	1:17.76				
	(37.23)	(40.53)				
1:08.94Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	24	---	---
	31.30	1:08.94				
	(31.30)	(37.64)				
2:25.32Y	F # 12B	Male 15 & Over 200 IM	LY-VA	18	---	-37.34
	31.87	1:07.35 1:51.97 2:25.32				
	(31.87)	(35.48) (44.62) (33.35)				
Max Koestner (7) M						
30.38Y	F # 58	Male 8 & Under 25 Back	LY-VA	12	---	0.96
55.97Y	F # 60A	Male 8 & Under 50 Free	LY-VA	14	---	-6.29
1:21.37Y DQ	F # 68A	Male 8 & Under 50 Breast	LY-VA	---	---	---
Evangeline Korby (13) F						
30.23Y	F # 40A	Female 13-14 50 Free	LY-VA	13	---	0.42
3:26.60Y	F # 42A	Female 13-14 200 Breast	LY-VA	10	---	---
	44.87	1:36.97 2:32.91 3:26.60				
	(44.87)	(52.10) (55.94) (53.69)				
1:32.55Y	F # 44A	Female 13-14 100 Back	LY-VA	20	---	-1.10
	---	1:32.55				
	---	(1:32.55)				
2:40.43Y	F # 46A	Female 13-14 200 Free	LY-VA	14	---	11.71
	35.55	1:17.35 1:59.50 2:40.43				
	(35.55)	(41.80) (42.15) (40.93)				
Jon Korby (13) M						
29.86Y	F # 37	200 Free Relay Lead Off	LY-VA	---	---	-0.32
30.66Y	F # 41A	Male 13-14 50 Free	LY-VA	20	---	0.48
3:12.52Y	F # 43A	Male 13-14 200 Breast	LY-VA	11	---	0.46
	43.35	1:33.30 --- 3:12.52				
	(43.35)	(49.95) --- (3:12.52)				
1:20.74Y	F # 45A	Male 13-14 100 Back	LY-VA	14	---	2.85
	40.18	1:20.74				
	(40.18)	(40.56)				
2:35.62Y	F # 47A	Male 13-14 200 Free	LY-VA	20	---	5.30
	34.91	1:14.67 1:56.50 2:35.62				
	(34.91)	(39.76) (41.83) (39.12)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event				Place			Points	Improv
Jefferson Koscielny (12) M										
3:05.52Y	F # 19C	Male	11-12	200 IM	LY-VA		9	---	-11.81	
	39.24	1:30.03	2:24.75	3:05.52						
	(39.24)	(50.79)	(54.72)	(40.77)						
3:11.71Y	F # 29B	Male	11-12	200 Back	LY-VA		6	---	---	
	45.97	1:35.32	2:25.67	3:11.71						
	(45.97)	(49.35)	(50.35)	(46.04)						
1:12.49Y	F # 33C	Male	11-12	100 Free	LY-VA		12	---	2.40	
	34.61	1:12.49								
	(34.61)	(37.88)								
7:09.39Y	F # 35C	Male	11-12	500 Free	LY-VA		7	---	-26.93	
	35.97	1:18.27	2:02.31	2:45.97	3:30.71	4:15.66	5:43.40	---		
	(35.97)	(42.30)	(44.04)	(43.66)	(44.74)	(44.95)	(1:27.74)	---		
	6:27.93	7:09.39								
	(6:27.93)	(41.46)								
Jacob Kovarik (15) M										
56.29Y	F # 4B	Male	15 & Over	100 Free	LY-VA		31	---	1.02	
	27.55	56.29								
	(27.55)	(28.74)								
1:22.35Y	F # 6B	Male	15 & Over	100 Breast	LY-VA		20	---	8.76	
	38.67	1:22.35								
	(38.67)	(43.68)								
1:17.41Y	F # 10B	Male	15 & Over	100 Fly	LY-VA		26	---	-10.61	
	36.35	1:17.41								
	(36.35)	(41.06)								
2:29.86Y	F # 12B	Male	15 & Over	200 IM	LY-VA		22	---	2.20	
	30.47	1:10.25	1:55.51	2:29.86						
	(30.47)	(39.78)	(45.26)	(34.35)						
25.32Y	F # 41B	Male	15 & Over	50 Free	LY-VA		13	---	0.39	
2:57.24Y	F # 43B	Male	15 & Over	200 Breast	LY-VA		9	---	13.88	
	39.33	1:25.64	2:13.02	2:57.24						
	(39.33)	(46.31)	(47.38)	(44.22)						
2:15.86Y	F # 47B	Male	15 & Over	200 Free	LY-VA		16	---	0.38	
	31.23	1:06.38	1:41.34	2:15.86						
	(31.23)	(35.15)	(34.96)	(34.52)						
5:39.87Y	F # 49B	Male	15 & Over	400 IM	LY-VA		9	---	-14.47	
	35.58	1:19.39	2:05.73	2:47.98	3:37.76	4:26.41	5:03.82	5:39.87		
	(35.58)	(43.81)	(46.34)	(42.25)	(49.78)	(48.65)	(37.41)	(36.05)		

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Katherine Kovarik (16) F						
1:01.25Y	F # 3B	Female 15 & Over 100 Free	LY-VA	14	---	2.20
	---	1:01.25				
	---	(1:01.25)				
2:30.72Y	F # 7B	Female 15 & Over 200 Back	LY-VA	13	---	6.55
	34.32	1:12.05 1:51.67 2:30.72				
	(34.32)	(37.73) (39.62) (39.05)				
1:17.33Y	F # 9B	Female 15 & Over 100 Fly	LY-VA	15	---	10.55
	35.23	1:17.33				
	(35.23)	(42.10)				
6:07.47Y	F # 13B	Female 15 & Over 500 Free	LY-VA	8	---	21.86
	32.21	1:07.71 1:43.69 2:20.24 2:57.83 3:35.30 4:12.92 4:51.02				
	(32.21)	(35.50) (35.98) (36.55) (37.59) (37.47) (37.62) (38.10)				
	5:29.83	6:07.47				
	(38.81)	(37.64)				
28.20Y	F # 40B	Female 15 & Over 50 Free	LY-VA	3	---	1.03
2:59.43Y	F # 42B	Female 15 & Over 200 Breast	LY-VA	2	---	-3.01
	41.29	1:27.32 2:13.51 2:59.43				
	(41.29)	(46.03) (46.19) (45.92)				
1:08.89Y	F # 44B	Female 15 & Over 100 Back	LY-VA	5	---	3.13
	33.44	1:08.89				
	(33.44)	(35.45)				
2:18.74Y	F # 46B	Female 15 & Over 200 Free	LY-VA	4	---	11.41
	31.54	1:06.54 1:42.67 2:18.74				
	(31.54)	(35.00) (36.13) (36.07)				
Yeva Langeland (7) F						
26.40Y	F # 20	Female 8 & Under 25 Breast	LY-VA	4	---	0.60
52.58Y	F # 24A	Female 8 & Under 50 Back	LY-VA	4	---	-2.60
17.39Y	F # 26	Female 8 & Under 25 Free	LY-VA	1	---	-0.72
1:40.37Y	F # 32A	Female 8 & Under 100 Free	LY-VA	4	---	2.03
	---	1:40.37				
	---	(1:40.37)				
22.85Y	F # 57	Female 8 & Under 25 Back	LY-VA	4	---	---
1:52.69Y DQ	F # 65A	Female 8 & Under 100 Back	LY-VA	---	---	---
	53.93	1:52.69				
	(53.93)	(58.76)				
1:02.30Y	F # 67A	Female 8 & Under 50 Breast	LY-VA	1	---	---
3:49.16Y	F # 69A	Female 8 & Under 200 Free	LY-VA	3	---	---
	50.70	1:49.33 --- 3:49.16				
	(50.70)	(58.63) --- (3:49.16)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Lennon Leedy (6) F						
49.43Y	F # 24A	Female 8 & Under 50 Back	LY-VA	2	---	-8.12
18.18Y	F # 26	Female 8 & Under 25 Free	LY-VA	3	---	-0.36
2:14.28Y	F # 30A	Female 8 & Under 100 Breast	LY-VA	4	---	---
	1:04.29	2:14.28				
	(1:04.29)	(1:09.99)				
43.73Y	F # 59A	Female 8 & Under 50 Free	LY-VA	3	---	-3.01
1:55.82Y	F # 65A	Female 8 & Under 100 Back	LY-VA	1	---	---
	53.55	1:55.82				
	(53.55)	(1:02.27)				
3:43.18Y	F # 69A	Female 8 & Under 200 Free	LY-VA	2	---	---
	47.76	1:44.68 2:45.57 3:43.18				
	(47.76)	(56.92) (1:00.89) (57.61)				
1:05.32Y	F # 71A	Female 8 & Under 50 Fly	LY-VA	2	---	---
Erik Lee (10) M						
2:27.47Y	F # 31B	Male 9-10 100 Breast	LY-VA	15	---	---
	1:10.38	2:27.47				
	(1:10.38)	(1:17.09)				
1:46.73Y	F # 33B	Male 9-10 100 Free	LY-VA	18	---	-5.68
	---	1:46.73				
	---	(1:46.73)				
46.16Y	F # 60B	Male 9-10 50 Free	LY-VA	18	---	-5.24
1:10.55Y	F # 68B	Male 9-10 50 Breast	LY-VA	6	---	---
3:55.03Y	F # 70B	Male 9-10 200 Free	LY-VA	9	---	---
	---	49.71 --- 3:55.03				
	---	(49.71) --- (3:55.03)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Benjamin Leger (8) M						
47.14Y	F # 17	100 Medley Relay Lead Off	LY-VA	---	---	24.97
3:18.27Y	F # 19A	Male 8 & Under 200 IM	LY-VA	1	---	1.86
	49.28	1:39.42 2:36.32 3:18.27				
	(49.28)	(50.14) (56.90) (41.95)				
1:41.94Y	F # 23A	Male 8 & Under 100 Fly	LY-VA	1	---	6.93
	48.45	1:41.94				
	(48.45)	(53.49)				
1:43.82Y	F # 31A	Male 8 & Under 100 Breast	LY-VA	1	---	-4.17
	49.99	1:43.82				
	(49.99)	(53.83)				
1:23.43Y	F # 33A	Male 8 & Under 100 Free	LY-VA	2	---	5.33
	39.14	1:23.43				
	(39.14)	(44.29)				
1:32.31Y	F # 54A	Male 8 & Under 100 IM	LY-VA	1	---	-0.96
	44.23	1:32.31				
	(44.23)	(48.08)				
36.79Y	F # 60A	Male 8 & Under 50 Free	LY-VA	1	---	1.82
1:32.79Y	F # 66A	Male 8 & Under 100 Back	LY-VA	1	---	-1.87
	46.02	1:32.79				
	(46.02)	(46.77)				
2:53.15Y	F # 70A	Male 8 & Under 200 Free	LY-VA	1	---	3.80
	39.49	1:24.43 2:10.83 2:53.15				
	(39.49)	(44.94) (46.40) (42.32)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Jacob Leger (15) M						
55.37Y	F # 4B	Male 15 & Over 100 Free	LY-VA	28	---	-0.23
	26.90	55.37				
	(26.90)	(28.47)				
1:01.32Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	18	---	1.53
	29.17	1:01.32				
	(29.17)	(32.15)				
2:20.69Y	F # 12B	Male 15 & Over 200 IM	LY-VA	17	---	-0.13
	30.61	1:08.70 1:50.58 2:20.69				
	(30.61)	(38.09) (41.88) (30.11)				
5:42.89Y	F # 14B	Male 15 & Over 500 Free	LY-VA	12	---	8.48
	29.27	1:03.95 1:39.64 2:15.21 2:51.42 3:26.86 4:01.51 4:36.10				
	(29.27)	(34.68) (35.69) (35.57) (36.21) (35.44) (34.65) (34.59)				
	5:11.20	5:42.89				
	(35.10)	(31.69)				
2:18.30Y	F # 39B	Male 15 & Over 200 Fly	LY-VA	4	---	2.25
	30.02	1:06.17 1:43.94 2:18.30				
	(30.02)	(36.15) (37.77) (34.36)				
25.96Y	F # 41B	Male 15 & Over 50 Free	LY-VA	16	---	1.13
2:06.42Y	F # 47B	Male 15 & Over 200 Free	LY-VA	12	---	1.14
	28.98	1:02.28 1:35.04 2:06.42				
	(28.98)	(33.30) (32.76) (31.38)				
5:01.91Y	F # 49B	Male 15 & Over 400 IM	LY-VA	6	---	5.07
	32.02	1:09.18 1:50.89 2:30.56 3:14.58 3:57.18 4:30.92 5:01.91				
	(32.02)	(37.16) (41.71) (39.67) (44.02) (42.60) (33.74) (30.99)				
Noah Leger (12) M						
36.76Y	F # 15	200 Medley Relay Lead Off	LY-VA	---	---	2.64
2:51.72Y	F # 19C	Male 11-12 200 IM	LY-VA	3	---	9.45
	38.32	1:23.69 2:14.89 2:51.72				
	(38.32)	(45.37) (51.20) (36.83)				
1:27.99Y	F # 23C	Male 11-12 100 Fly	LY-VA	7	---	9.28
	39.04	1:27.99				
	(39.04)	(48.95)				
37.77Y	F # 25C	Male 11-12 50 Back	LY-VA	11	---	3.65
1:34.64Y	F # 31C	Male 11-12 100 Breast	LY-VA	7	---	6.36
	45.95	1:34.64				
	(45.95)	(48.69)				
31.35Y	F # 50	200 Free Relay Lead Off	LY-VA	---	---	1.52
31.50Y	F # 60C	Male 11-12 50 Free	LY-VA	8	---	1.67
3:11.54Y	F # 62B	Male 11-12 200 Breast	LY-VA	3	---	4.58
	45.08	1:35.87 2:25.39 3:11.54				
	(45.08)	(50.79) (49.52) (46.15)				
37.96Y	F # 72C	Male 11-12 50 Fly	LY-VA	7	---	2.02
5:44.89Y	F # 74C	Male 11-12 400 IM	LY-VA	1	---	-29.02
	41.39	1:27.61 2:11.50 2:55.33 3:43.27 4:31.74 5:08.53 5:44.89				
	(41.39)	(46.22) (43.89) (43.83) (47.94) (48.47) (36.79) (36.36)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Savannah McGee (16) F						
1:15.04Y	F # 3B	Female 15 & Over 100 Free	LY-VA	20	---	2.10
	34.70	1:15.04				
	(34.70)	(40.34)				
1:27.84Y	F # 5B	Female 15 & Over 100 Breast	LY-VA	8	---	-5.50
	40.46	1:27.84				
	(40.46)	(47.38)				
1:51.27Y DNF	F # 7B	Female 15 & Over 200 Back	LY-VA	---	---	---
	---	1:34.11	---	1:51.27		
	---	(1:34.11)	---	(1:51.27)		
Collins Melcher (6) F						
45.25Y DQ	F # 20	Female 8 & Under 25 Breast	LY-VA	---	---	---
1:07.96Y	F # 24A	Female 8 & Under 50 Back	LY-VA	14	---	-1.72
33.10Y	F # 26	Female 8 & Under 25 Free	LY-VA	15	---	3.13
2:36.07Y	F # 32A	Female 8 & Under 100 Free	LY-VA	11	---	8.67
	1:12.44	2:36.07				
	(1:12.44)	(1:23.63)				
30.39Y	F # 57	Female 8 & Under 25 Back	LY-VA	12	---	-2.08
1:07.73Y	F # 59A	Female 8 & Under 50 Free	LY-VA	12	---	1.08
2:27.42Y	F # 65A	Female 8 & Under 100 Back	LY-VA	2	---	---
	1:09.46	2:27.42				
	(1:09.46)	(1:17.96)				
Blythe Miller (16) F						
1:00.83Y	F # 3B	Female 15 & Over 100 Free	LY-VA	13	---	-1.13
	29.71	1:00.83				
	(29.71)	(31.12)				
1:18.12Y	F # 5B	Female 15 & Over 100 Breast	LY-VA	6	---	0.83
	36.27	1:18.12				
	(36.27)	(41.85)				
2:35.73Y	F # 11B	Female 15 & Over 200 IM	LY-VA	10	---	-8.60
	34.86	1:15.68	2:00.24	2:35.73		
	(34.86)	(40.82)	(44.56)	(35.49)		
5:58.09Y	F # 13B	Female 15 & Over 500 Free	LY-VA	7	---	-41.04
	32.33	1:08.72	1:45.51	2:22.05	2:59.25	3:36.18
	(32.33)	(36.39)	(36.79)	(36.54)	(37.20)	(36.93)
	5:24.61	5:58.09			4:12.98	4:48.83
	(35.78)	(33.48)			(36.80)	(35.85)

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event				Place			Points	Improv
Julius Moore (12) M										
1:20.32Y	F # 23C	Male	11-12	100 Fly		LY-VA	6	---		-15.46
	36.40	1:20.32								
	(36.40)	(43.92)								
35.93Y	F # 25C	Male	11-12	50 Back		LY-VA	4	---		-5.32
1:10.67Y	F # 33C	Male	11-12	100 Free		LY-VA	7	---		4.37
	34.35	1:10.67								
	(34.35)	(36.32)								
7:00.39Y	F # 35C	Male	11-12	500 Free		LY-VA	6	---		-25.11
	38.08	1:22.10	2:06.28	2:50.52	3:32.64	4:16.24	4:59.38	5:41.79		
	(38.08)	(44.02)	(44.18)	(44.24)	(42.12)	(43.60)	(43.14)	(42.41)		
	6:23.73	7:00.39								
	(41.94)	(36.66)								
Dabney Morrison (10) F										
42.04Y	F # 16	200 Medley Relay Lead Off				LY-VA	---	---		-0.16
3:14.28Y DQ	F # 18B	Female	9-10	200 IM		LY-VA	---	---		---
	43.10	1:31.84	2:30.70	3:14.28						
	(43.10)	(48.74)	(58.86)	(43.58)						
42.95Y	F # 24B	Female	9-10	50 Back		LY-VA	4	---		0.75
1:44.38Y	F # 30B	Female	9-10	100 Breast		LY-VA	4	---		0.86
	48.54	1:44.38								
	(48.54)	(55.84)								
1:22.63Y	F # 32B	Female	9-10	100 Free		LY-VA	5	---		-0.76
	38.66	1:22.63								
	(38.66)	(43.97)								
34.29Y	F # 59B	Female	9-10	50 Free		LY-VA	2	---		-2.79
3:35.52Y	F # 61A	Female	9-10	200 Breast		LY-VA	2	---		---
	48.31	1:43.89	2:41.39	3:35.52						
	(48.31)	(55.58)	(57.50)	(54.13)						
2:49.96Y	F # 69B	Female	9-10	200 Free		LY-VA	2	---		-8.30
	---	---	2:08.22	2:49.96						
	---	---	(2:08.22)	(41.74)						
40.53Y	F # 71B	Female	9-10	50 Fly		LY-VA	1	---		1.79

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Luke Morrison (14) M						
54.96Y	F # 4A	Male 13-14 100 Free	LY-VA	5	---	-0.91
	26.35	54.96				
	(26.35)	(28.61)				
2:22.09Y	F # 8A	Male 13-14 200 Back	LY-VA	7	---	1.61
	34.24	1:09.91 1:46.23 2:22.09				
	(34.24)	(35.67) (36.32) (35.86)				
1:01.36Y	F # 10A	Male 13-14 100 Fly	LY-VA	8	---	0.75
	28.82	1:01.36				
	(28.82)	(32.54)				
5:17.73Y	F # 14A	Male 13-14 500 Free	LY-VA	3	---	-4.96
	26.97	58.17 1:33.38 2:06.07 2:38.25 3:10.70 3:43.32 4:15.40				
	(26.97)	(31.20) (35.21) (32.69) (32.18) (32.45) (32.62) (32.08)				
	4:47.11	5:17.73				
	(31.71)	(30.62)				
25.52Y	F # 37	200 Free Relay Lead Off	LY-VA	---	---	0.13
2:27.15Y	F # 39A	Male 13-14 200 Fly	LY-VA	3	---	9.87
	30.77	1:05.90 1:42.77 2:27.15				
	(30.77)	(35.13) (36.87) (44.38)				
25.42Y	F # 41A	Male 13-14 50 Free	LY-VA	3	---	0.03
1:05.74Y	F # 45A	Male 13-14 100 Back	LY-VA	6	---	1.34
	32.77	1:05.74				
	(32.77)	(32.97)				
1:58.96Y	F # 47A	Male 13-14 200 Free	LY-VA	2	---	1.10
	27.24	57.47 1:28.53 1:58.96				
	(27.24)	(30.23) (31.06) (30.43)				
Mac Morrison (11) M						
1:14.71Y	F # 23C	Male 11-12 100 Fly	LY-VA	2	---	-3.97
	35.19	1:14.71				
	(35.19)	(39.52)				
36.69Y	F # 25C	Male 11-12 50 Back	LY-VA	5	---	0.89
2:48.20Y	F # 29B	Male 11-12 200 Back	LY-VA	3	---	-17.24
	39.20	1:22.67 2:06.28 2:48.20				
	(39.20)	(43.47) (43.61) (41.92)				
1:03.96Y	F # 33C	Male 11-12 100 Free	LY-VA	3	---	-0.10
	30.70	1:03.96				
	(30.70)	(33.26)				
1:17.01Y	F # 54C	Male 11-12 100 IM	LY-VA	3	---	-0.81
	35.12	1:17.01				
	(35.12)	(41.89)				
29.54Y	F # 60C	Male 11-12 50 Free	LY-VA	3	---	0.33
46.28Y	F # 68C	Male 11-12 50 Breast	LY-VA	7	---	1.09
2:21.58Y	F # 70C	Male 11-12 200 Free	LY-VA	2	---	2.22
	32.39	1:08.31 1:45.97 2:21.58				
	(32.39)	(35.92) (37.66) (35.61)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Aidan Moss (13) M						
1:05.22Y	F # 4A	Male 13-14 100 Free	LY-VA	24	---	0.80
	31.29	1:05.22				
	(31.29)	(33.93)				
2:26.07Y	F # 8A	Male 13-14 200 Back	LY-VA	9	---	-1.79
	34.61	1:11.45 1:48.69 2:26.07				
	(34.61)	(36.84) (37.24) (37.38)				
2:32.85Y	F # 12A	Male 13-14 200 IM	LY-VA	12	---	-0.03
	33.44	1:11.93 1:59.56 2:32.85				
	(33.44)	(38.49) (47.63) (33.29)				
6:10.08Y	F # 14A	Male 13-14 500 Free	LY-VA	17	---	-2.95
	32.36	1:09.73 1:47.56 2:25.11 3:03.18 3:41.18 4:18.77 4:56.77				
	(32.36)	(37.37) (37.83) (37.55) (38.07) (38.00) (37.59) (38.00)				
	5:34.30	6:10.08				
	(37.53)	(35.78)				
29.76Y	F # 37	200 Free Relay Lead Off	LY-VA	---	---	-0.09
30.05Y	F # 41A	Male 13-14 50 Free	LY-VA	18	---	0.20
1:09.94Y	F # 45A	Male 13-14 100 Back	LY-VA	8	---	1.22
	34.22	1:09.94				
	(34.22)	(35.72)				
2:20.21Y	F # 47A	Male 13-14 200 Free	LY-VA	16	---	1.21
	32.37	1:08.65 1:45.56 2:20.21				
	(32.37)	(36.28) (36.91) (34.65)				
5:23.33Y	F # 49A	Male 13-14 400 IM	LY-VA	6	---	---
	35.06	1:16.11 1:55.51 2:36.05 3:22.38 4:10.15 4:47.11 5:23.33				
	(35.06)	(41.05) (39.40) (40.54) (46.33) (47.77) (36.96) (36.22)				
Omar Mossalem (9) M						
1:34.22Y	F # 60B	Male 9-10 50 Free	LY-VA	20	---	---
2:21.85Y DQ	F # 68B	Male 9-10 50 Breast	LY-VA	---	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
William Moss (9) M						
43.21Y	F # 25B	Male 9-10 50 Back	LY-VA	8	---	1.69
3:15.76Y	F # 29A	Male 9-10 200 Back	LY-VA	2	---	---
	45.69	1:36.55 2:27.67 3:15.76				
	(45.69)	(50.86) (51.12) (48.09)				
1:48.21Y	F # 31B	Male 9-10 100 Breast	LY-VA	3	---	-9.93
	53.59	1:48.21				
	(53.59)	(54.62)				
1:28.34Y	F # 33B	Male 9-10 100 Free	LY-VA	10	---	-0.65
	42.22	1:28.34				
	(42.22)	(46.12)				
1:34.81Y	F # 54B	Male 9-10 100 IM	LY-VA	4	---	-5.82
	---	1:34.81				
	---	(1:34.81)				
38.00Y	F # 60B	Male 9-10 50 Free	LY-VA	11	---	-1.70
1:29.57Y	F # 66B	Male 9-10 100 Back	LY-VA	3	---	1.37
	44.00	1:29.57				
	(44.00)	(45.57)				
47.36Y	F # 72B	Male 9-10 50 Fly	LY-VA	7	---	-5.56
Hope Mountz (12) F						
49.66Y	F # 24C	Female 11-12 50 Back	LY-VA	20	---	---
2:06.79Y DQ	F # 30C	Female 11-12 100 Breast	LY-VA	---	---	---
	---	2:06.79				
	---	(2:06.79)				
1:24.85Y	F # 32C	Female 11-12 100 Free	LY-VA	23	---	-7.63
	---	1:24.85				
	---	(1:24.85)				
8:46.24Y	F # 34C	Female 11-12 500 Free	LY-VA	4	---	---
	42.17	1:34.68 2:28.59 3:23.22 4:18.36	---	6:10.22	7:03.09	
	(42.17)	(52.51) (53.91) (54.63) (55.14)	---	(6:10.22)	(52.87)	
	7:57.28	8:46.24				
	(54.19)	(48.96)				
1:45.24Y DQ	F # 53C	Female 11-12 100 IM	LY-VA	---	---	---
	---	1:45.24				
	---	(1:45.24)				
35.93Y	F # 59C	Female 11-12 50 Free	LY-VA	28	---	-6.70
56.52Y	F # 67C	Female 11-12 50 Breast	LY-VA	12	---	---
48.53Y	F # 71C	Female 11-12 50 Fly	LY-VA	20	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Broderick Nelson (14) M						
25.56Y	F # 41A	Male 13-14 50 Free	LY-VA	5	---	2.06
2:36.41Y	F # 43A	Male 13-14 200 Breast	LY-VA	2	---	22.76
	34.49	1:14.72	1:55.55	2:36.41		
	(34.49)	(40.23)	(40.83)	(40.86)		
1:02.78Y	F # 45A	Male 13-14 100 Back	LY-VA	2	---	4.88
	30.59	1:02.78				
	(30.59)	(32.19)				
2:00.76Y	F # 47A	Male 13-14 200 Free	LY-VA	3	---	9.32
	27.30	58.12	1:29.75	2:00.76		
	(27.30)	(30.82)	(31.63)	(31.01)		
Caroline Nelson (11) F						
2:28.44Y	F # 18C	Female 11-12 200 IM	LY-VA	3	---	-2.96
	33.46	1:14.44	1:56.43	2:28.44		
	(33.46)	(40.98)	(41.99)	(32.01)		
1:10.65Y	F # 22C	Female 11-12 100 Fly	LY-VA	3	---	-3.02
	34.53	1:10.65				
	(34.53)	(36.12)				
1:17.62Y	F # 30C	Female 11-12 100 Breast	LY-VA	1	---	-0.06
	37.92	1:17.62				
	(37.92)	(39.70)				
1:02.29Y	F # 32C	Female 11-12 100 Free	LY-VA	4	---	0.17
	30.71	1:02.29				
	(30.71)	(31.58)				
1:10.29Y	F # 53C	Female 11-12 100 IM	LY-VA	2	---	-2.87
	34.09	1:10.29				
	(34.09)	(36.20)				
28.79Y	F # 59C	Female 11-12 50 Free	LY-VA	4	---	0.81
2:57.96Y	F # 61B	Female 11-12 200 Breast	LY-VA	2	---	1.12
	40.67	1:26.99	2:13.86	2:57.96		
	(40.67)	(46.32)	(46.87)	(44.10)		
37.35Y	F # 67C	Female 11-12 50 Breast	LY-VA	2	---	1.94
Andy Noh (17) M						
1:00.17Y	F # 4B	Male 15 & Over 100 Free	LY-VA	37	---	-1.98
	28.39	1:00.17				
	(28.39)	(31.78)				
1:21.55Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	19	---	3.09
	37.45	1:21.55				
	(37.45)	(44.10)				
1:25.79Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	28	---	---
	37.64	1:25.79				
	(37.64)	(48.15)				
2:44.17Y	F # 12B	Male 15 & Over 200 IM	LY-VA	27	---	11.95
	37.71	1:18.16	2:06.65	2:44.17		
	(37.71)	(40.45)	(48.49)	(37.52)		

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Selah Parish (11) F						
1:08.32Y	F # 22C	Female 11-12 100 Fly	LY-VA	2	---	-13.76
	32.53	1:08.32				
	(32.53)	(35.79)				
2:35.41Y	F # 28B	Female 11-12 200 Back	LY-VA	2	---	---
	36.72	1:17.53 1:57.86 2:35.41				
	(36.72)	(40.81) (40.33) (37.55)				
1:24.91Y	F # 30C	Female 11-12 100 Breast	LY-VA	3	---	-7.68
	39.44	1:24.91				
	(39.44)	(45.47)				
1:02.40Y	F # 32C	Female 11-12 100 Free	LY-VA	5	---	-3.09
	29.55	1:02.40				
	(29.55)	(32.85)				
Aidan Parker (14) M						
1:10.73Y	F # 4A	Male 13-14 100 Free	LY-VA	26	---	-0.66
	---	1:10.73				
	---	(1:10.73)				
1:29.76Y	F # 6A	Male 13-14 100 Breast	LY-VA	17	---	-0.33
	---	1:29.76				
	---	(1:29.76)				
1:38.54Y	F # 10A	Male 13-14 100 Fly	LY-VA	22	---	2.78
	43.84	1:38.54				
	(43.84)	(54.70)				
3:03.98Y	F # 12A	Male 13-14 200 IM	LY-VA	18	---	-1.05
	44.23	1:33.93 2:24.38 3:03.98				
	(44.23)	(49.70) (50.45) (39.60)				
31.81Y	F # 41A	Male 13-14 50 Free	LY-VA	22	---	-2.23
3:18.08Y	F # 43A	Male 13-14 200 Breast	LY-VA	12	---	2.99
	44.52	1:36.75 2:27.17 3:18.08				
	(44.52)	(52.23) (50.42) (50.91)				
1:33.90Y	F # 45A	Male 13-14 100 Back	LY-VA	17	---	6.49
	45.21	1:33.90				
	(45.21)	(48.69)				
2:47.58Y	F # 47A	Male 13-14 200 Free	LY-VA	22	---	11.35
	37.76	1:20.02 2:03.75 2:47.58				
	(37.76)	(42.26) (43.73) (43.83)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Addison Pavao (10) M					
4:03.18Y	F # 19B	Male 9-10 200 IM	LY-VA	3	---
	1:02.93	---	---	4:03.18	
	(1:02.93)	---	---	(4:03.18)	
54.15Y	F # 25B	Male 9-10 50 Back	LY-VA	20	---
2:03.98Y	F # 31B	Male 9-10 100 Breast	LY-VA	9	---
	1:00.21	2:03.98			
	(1:00.21)	(1:03.77)			
1:37.95Y	F # 33B	Male 9-10 100 Free	LY-VA	15	---
	48.19	1:37.95			
	(48.19)	(49.76)			
NS	F # 54B	Male 9-10 100 IM	LY-VA	---	---
NS	F # 60B	Male 9-10 50 Free	LY-VA	---	---
NS	F # 66B	Male 9-10 100 Back	LY-VA	---	---
NS	F # 68B	Male 9-10 50 Breast	LY-VA	---	---
Hayes Pavao (6) M					
35.12Y	F # 27	Male 8 & Under 25 Free	LY-VA	17	---
NS	F # 60A	Male 8 & Under 50 Free	LY-VA	---	---
Ella Pennington (14) F					
34.58Y	F # 2	200 Medley Relay Lead Off	LY-VA	---	---
1:06.25Y	F # 3A	Female 13-14 100 Free	LY-VA	17	---
	32.21	1:06.25			
	(32.21)	(34.04)			
1:23.99Y	F # 5A	Female 13-14 100 Breast	LY-VA	9	---
	39.93	1:23.99			
	(39.93)	(44.06)			
2:34.64Y	F # 11A	Female 13-14 200 IM	LY-VA	7	---
	33.35	1:13.09	1:58.76	2:34.64	
	(33.35)	(39.74)	(45.67)	(35.88)	
6:07.46Y	F # 13A	Female 13-14 500 Free	LY-VA	10	---
	33.83	1:10.39	1:48.08	2:25.66	3:02.34
	(33.83)	(36.56)	(37.69)	(37.58)	3:39.81
	5:31.67	6:07.46			4:17.10
	(37.04)	(35.79)			4:54.63
					(37.29)
					(37.53)
30.10Y	F # 40A	Female 13-14 50 Free	LY-VA	12	---
2:57.08Y	F # 42A	Female 13-14 200 Breast	LY-VA	3	---
	41.61	1:27.31	2:12.21	2:57.08	
	(41.61)	(45.70)	(44.90)	(44.87)	
1:17.31Y	F # 44A	Female 13-14 100 Back	LY-VA	13	---
	38.23	1:17.31			
	(38.23)	(39.08)			
2:19.04Y	F # 46A	Female 13-14 200 Free	LY-VA	7	---
	33.20	1:08.85	1:44.27	2:19.04	
	(33.20)	(35.65)	(35.42)	(34.77)	

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event				Place				Points	Improv
Lainey Pennington (12) F											
2:37.14Y	F # 18C	Female	11-12	200 IM	LY-VA	4	---		-0.21		
	33.87	1:13.92	2:01.64	2:37.14							
	(33.87)	(40.05)	(47.72)	(35.50)							
1:15.97Y	F # 22C	Female	11-12	100 Fly	LY-VA	4	---		4.08		
	33.82	1:15.97									
	(33.82)	(42.15)									
1:02.84Y	F # 32C	Female	11-12	100 Free	LY-VA	6	---		0.54		
	29.92	1:02.84									
	(29.92)	(32.92)									
5:58.36Y	F # 34C	Female	11-12	500 Free	LY-VA	1	---		2.68		
	32.62	1:08.80	1:45.38	2:22.07	2:58.52	3:35.10	4:11.25	4:47.54			
	(32.62)	(36.18)	(36.58)	(36.69)	(36.45)	(36.58)	(36.15)	(36.29)			
	5:23.51	5:58.36									
	(35.97)	(34.85)									
2:44.06Y	F # 55B	Female	11-12	200 Fly	LY-VA	3	---		-8.55		
	34.97	1:17.61	2:00.81	2:44.06							
	(34.97)	(42.64)	(43.20)	(43.25)							
28.88Y	F # 59C	Female	11-12	50 Free	LY-VA	5	---		0.21		
2:11.70Y	F # 69C	Female	11-12	200 Free	LY-VA	1	---		-0.73		
	31.87	1:05.74	1:39.10	2:11.70							
	(31.87)	(33.87)	(33.36)	(32.60)							
5:28.21Y	F # 73C	Female	11-12	400 IM	LY-VA	1	---		-10.59		
	35.41	1:18.77	2:00.98	2:42.37	3:29.23	4:17.32	4:53.12	5:28.21			
	(35.41)	(43.36)	(42.21)	(41.39)	(46.86)	(48.09)	(35.80)	(35.09)			
Max Pennington (7) M											
26.59Y	F # 21	Male 8 & Under 25 Breast			LY-VA	3	---		-0.84		
1:05.02Y	F # 25A	Male 8 & Under 50 Back			LY-VA	7	---		0.09		
22.53Y	F # 27	Male 8 & Under 25 Free			LY-VA	6	---		-0.01		
2:09.65Y	F # 31A	Male 8 & Under 100 Breast			LY-VA	4	---		0.37		
	1:02.66	2:09.65									
	(1:02.66)	(1:06.99)									
48.49Y	F # 60A	Male 8 & Under 50 Free			LY-VA	8	---		-4.94		
2:10.46Y	F # 66A	Male 8 & Under 100 Back			LY-VA	6	---		---		
	---	2:10.46									
	---	(2:10.46)									
NS	F # 68A	Male 8 & Under 50 Breast			LY-VA	---	---		---		
1:26.96Y DQ	F # 72A	Male 8 & Under 50 Fly			LY-VA	---	---		---		

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Charlotte Pickeral (9) F						
40.98Y	F # 24B	Female 9-10 50 Back	LY-VA	2	---	-1.57
3:08.35Y	F # 28A	Female 9-10 200 Back	LY-VA	1	---	---
	43.79	1:31.13 2:20.22 3:08.35				
	(43.79)	(47.34) (49.09) (48.13)				
1:19.70Y	F # 32B	Female 9-10 100 Free	LY-VA	1	---	0.46
	37.48	1:19.70				
	(37.48)	(42.22)				
NS	F # 34B	Female 9-10 500 Free	LY-VA	---	---	---
1:28.59Y	F # 53B	Female 9-10 100 IM	LY-VA	1	---	-6.14
	40.26	1:28.59				
	(40.26)	(48.33)				
33.88Y	F # 59B	Female 9-10 50 Free	LY-VA	1	---	-1.32
2:44.57Y	F # 69B	Female 9-10 200 Free	LY-VA	1	---	-8.90
	36.49	1:20.27 2:05.05 2:44.57				
	(36.49)	(43.78) (44.78) (39.52)				
42.27Y	F # 71B	Female 9-10 50 Fly	LY-VA	3	---	-0.33
Danna Pineda (13) F						
1:07.41Y	F # 3A	Female 13-14 100 Free	LY-VA	18	---	2.47
	33.72	1:07.41				
	(33.72)	(33.69)				
1:34.61Y	F # 5A	Female 13-14 100 Breast	LY-VA	16	---	0.80
	45.40	1:34.61				
	(45.40)	(49.21)				
1:21.06Y	F # 9A	Female 13-14 100 Fly	LY-VA	15	---	-0.49
	---	1:21.06				
	---	(1:21.06)				
2:53.97Y	F # 11A	Female 13-14 200 IM	LY-VA	14	---	4.39
	39.66	1:23.83 2:18.46 2:53.97				
	(39.66)	(44.17) (54.63) (35.51)				
28.97Y	F # 40A	Female 13-14 50 Free	LY-VA	6	---	0.18
3:29.98Y	F # 42A	Female 13-14 200 Breast	LY-VA	11	---	3.59
	47.32	1:41.25 2:35.49 3:29.98				
	(47.32)	(53.93) (54.24) (54.49)				
1:16.44Y	F # 44A	Female 13-14 100 Back	LY-VA	12	---	1.79
	37.85	1:16.44				
	(37.85)	(38.59)				
2:36.78Y	F # 46A	Female 13-14 200 Free	LY-VA	11	---	9.39
	35.86	1:16.30 1:57.41 2:36.78				
	(35.86)	(40.44) (41.11) (39.37)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Owen Porter (14) M						
57.94Y	F # 4A	Male 13-14 100 Free	LY-VA	13	---	-1.09
	27.72	57.94				
	(27.72)	(30.22)				
1:11.43Y	F # 6A	Male 13-14 100 Breast	LY-VA	4	---	2.36
	33.67	1:11.43				
	(33.67)	(37.76)				
1:06.89Y	F # 10A	Male 13-14 100 Fly	LY-VA	12	---	-1.84
	30.60	1:06.89				
	(30.60)	(36.29)				
2:23.24Y	F # 12A	Male 13-14 200 IM	LY-VA	7	---	-0.74
	31.42	1:09.17				
		1:50.16				
		2:23.24				
	(31.42)	(37.75)				
		(40.99)				
		(33.08)				
26.40Y	F # 41A	Male 13-14 50 Free	LY-VA	8	---	-0.61
2:39.57Y	F # 43A	Male 13-14 200 Breast	LY-VA	4	---	2.97
	35.53	1:15.76				
		1:57.61				
		2:39.57				
	(35.53)	(40.23)				
		(41.85)				
		(41.96)				
2:11.06Y	F # 47A	Male 13-14 200 Free	LY-VA	9	---	1.17
	29.26	1:02.14				
		1:36.44				
		2:11.06				
	(29.26)	(32.88)				
		(34.30)				
		(34.62)				
5:25.16Y	F # 49A	Male 13-14 400 IM	LY-VA	7	---	0.72
	34.05	1:15.70				
		1:59.72				
		2:44.01				
		3:29.14				
		4:15.68				
		4:51.00				
		5:25.16				
	(34.05)	(41.65)				
		(44.02)				
		(44.29)				
		(45.13)				
		(46.54)				
		(35.32)				
		(34.16)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Hudson Rice (15) M						
50.22Y	F # 4B	Male 15 & Over 100 Free	LY-VA	8	---	0.46
	24.45	50.22				
	(24.45)	(25.77)				
2:05.37Y	F # 8B	Male 15 & Over 200 Back	LY-VA	7	---	0.79
	30.37	1:02.57 1:34.46 2:05.37				
	(30.37)	(32.20) (31.89) (30.91)				
55.84Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	5	---	2.89
	26.55	55.84				
	(26.55)	(29.29)				
4:56.26Y	F # 14B	Male 15 & Over 500 Free	LY-VA	3	---	6.77
	28.12	58.53 1:29.05 1:59.46 2:29.98 3:00.04 3:29.73 3:59.54				
	(28.12)	(30.41) (30.52) (30.41) (30.52) (30.06) (29.69) (29.81)				
	4:28.67	4:56.26				
	(29.13)	(27.59)				
23.21Y	F # 36	200 Free Relay Lead Off	LY-VA	---	---	0.59
2:02.82Y	F # 39B	Male 15 & Over 200 Fly	LY-VA	1	---	5.13
	28.33	59.72 1:31.89 2:02.82				
	(28.33)	(31.39) (32.17) (30.93)				
2:21.82Y	F # 43B	Male 15 & Over 200 Breast	LY-VA	4	---	6.02
	32.59	1:08.99 1:45.82 2:21.82				
	(32.59)	(36.40) (36.83) (36.00)				
1:52.74Y	F # 47B	Male 15 & Over 200 Free	LY-VA	3	---	5.18
	25.97	54.94 1:24.56 1:52.74				
	(25.97)	(28.97) (29.62) (28.18)				
4:18.66Y	F # 49B	Male 15 & Over 400 IM	LY-VA	1	---	9.81
Trey Robbins (8) M						
1:58.92Y DQ	F # 54A	Male 8 & Under 100 IM	LY-VA	---	---	---
	53.23	1:58.92				
	(53.23)	(1:05.69)				
1:51.14Y	F # 66A	Male 8 & Under 100 Back	LY-VA	3	---	---
	54.65	1:51.14				
	(54.65)	(56.49)				
1:18.85Y DQ	F # 68A	Male 8 & Under 50 Breast	LY-VA	---	---	---
1:00.20Y	F # 72A	Male 8 & Under 50 Fly	LY-VA	3	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Mitchell Rogers (14) M						
55.13Y	F # 4A	Male 13-14 100 Free	LY-VA	6	---	0.44
	26.33	55.13				
	(26.33)	(28.80)				
1:11.62Y	F # 6A	Male 13-14 100 Breast	LY-VA	6	---	3.81
	34.55	1:11.62				
	(34.55)	(37.07)				
59.78Y	F # 10A	Male 13-14 100 Fly	LY-VA	4	---	-0.23
	28.04	59.78				
	(28.04)	(31.74)				
2:17.70Y	F # 12A	Male 13-14 200 IM	LY-VA	2	---	6.42
	29.10	1:05.85 1:45.54 2:17.70				
	(29.10)	(36.75) (39.69) (32.16)				
25.72Y	F # 37	200 Free Relay Lead Off	LY-VA	---	---	0.50
2:16.27Y	F # 39A	Male 13-14 200 Fly	LY-VA	1	---	3.62
	29.78	1:04.66 1:41.50 2:16.27				
	(29.78)	(34.88) (36.84) (34.77)				
2:36.63Y	F # 43A	Male 13-14 200 Breast	LY-VA	3	---	6.66
	35.47	1:15.79 1:56.75 2:36.63				
	(35.47)	(40.32) (40.96) (39.88)				
2:02.39Y	F # 47A	Male 13-14 200 Free	LY-VA	4	---	4.90
	27.86	58.76 1:30.57 2:02.39				
	(27.86)	(30.90) (31.81) (31.82)				
5:00.94Y	F # 49A	Male 13-14 400 IM	LY-VA	2	---	18.90
Jayden Roh (11) M						
1:09.23Y	F # 25C	Male 11-12 50 Back	LY-VA	24	---	---
2:32.49Y	F # 31C	Male 11-12 100 Breast	LY-VA	18	---	---
	---	2:32.49				
	---	(2:32.49)				
2:37.82Y	F # 33C	Male 11-12 100 Free	LY-VA	23	---	---
	---	2:37.82				
	---	(2:37.82)				
Hadley Saechao (8) F						
3:48.79Y	F # 18A	Female 8 & Under 200 IM	LY-VA	1	---	---
	---	---				
	---	---				
	---	---				
55.09Y	F # 24A	Female 8 & Under 50 Back	LY-VA	7	---	-2.65
1:54.28Y	F # 30A	Female 8 & Under 100 Breast	LY-VA	2	---	-19.59
	54.34	1:54.28				
	(54.34)	(59.94)				
1:33.69Y	F # 32A	Female 8 & Under 100 Free	LY-VA	2	---	-20.69
	44.52	1:33.69				
	(44.52)	(49.17)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Landon Saechao (10) M						
37.07Y	F # 16	200 Medley Relay Lead Off	LY-VA	---	---	-9.71
38.02Y	F # 25B	Male 9-10 50 Back	LY-VA	2	---	-8.76
3:11.19Y DQ	F # 29A	Male 9-10 200 Back	LY-VA	---	---	---
	42.94	1:31.14 2:21.83 3:11.19				
	(42.94)	(48.20) (50.69) (49.36)				
1:49.30Y	F # 31B	Male 9-10 100 Breast	LY-VA	4	---	-25.62
	53.32	1:49.30				
	(53.32)	(55.98)				
1:19.70Y	F # 33B	Male 9-10 100 Free	LY-VA	8	---	-11.44
	37.94	1:19.70				
	(37.94)	(41.76)				
Ben Schewel (7) M						
53.34Y	F # 17	100 Medley Relay Lead Off	LY-VA	---	---	27.56
29.68Y	F # 21	Male 8 & Under 25 Breast	LY-VA	5	---	-1.94
1:00.12Y	F # 25A	Male 8 & Under 50 Back	LY-VA	5	---	2.36
23.14Y	F # 27	Male 8 & Under 25 Free	LY-VA	8	---	2.00
2:35.01Y	F # 31A	Male 8 & Under 100 Breast	LY-VA	7	---	---
	1:13.55	2:35.01				
	(1:13.55)	(1:21.46)				
52.34Y	F # 60A	Male 8 & Under 50 Free	LY-VA	12	---	1.85
2:06.96Y	F # 66A	Male 8 & Under 100 Back	LY-VA	5	---	---
	---	2:06.96				
	---	(2:06.96)				
1:12.71Y	F # 68A	Male 8 & Under 50 Breast	LY-VA	2	---	-3.41
4:16.27Y	F # 70A	Male 8 & Under 200 Free	LY-VA	3	---	---
	57.30	2:04.18 --- 4:16.27				
	(57.30)	(1:06.88) --- (4:16.27)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Max Schonfelder (18) M						
48.93Y	F # 4B	Male 15 & Over 100 Free	LY-VA	3	---	1.84
	23.66	48.93				
	(23.66)	(25.27)				
1:01.48Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	2	---	4.02
	29.26	1:01.48				
	(29.26)	(32.22)				
54.63Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	3	---	3.04
	25.47	54.63				
	(25.47)	(29.16)				
2:01.32Y	F # 12B	Male 15 & Over 200 IM	LY-VA	3	---	6.73
	26.46	58.48 1:33.57 2:01.32				
	(26.46)	(32.02) (35.09) (27.75)				
22.58Y	F # 41B	Male 15 & Over 50 Free	LY-VA	1	---	1.07
2:15.33Y	F # 43B	Male 15 & Over 200 Breast	LY-VA	1	---	9.20
	30.28	1:04.43 1:39.95 2:15.33				
	(30.28)	(34.15) (35.52) (35.38)				
56.14Y	F # 45B	Male 15 & Over 100 Back	LY-VA	2	---	-1.94
	27.56	56.14				
	(27.56)	(28.58)				
1:50.05Y	F # 47B	Male 15 & Over 200 Free	LY-VA	1	---	4.20
	25.59	53.65 1:21.99 1:50.05				
	(25.59)	(28.06) (28.34) (28.06)				
Ella Shinkle (12) F						
NS	F # 18C	Female 11-12 200 IM	LY-VA	---	---	---
NS	F # 24C	Female 11-12 50 Back	LY-VA	---	---	---
NS	F # 28B	Female 11-12 200 Back	LY-VA	---	---	---
NS	F # 32C	Female 11-12 100 Free	LY-VA	---	---	---
NS	F # 53C	Female 11-12 100 IM	LY-VA	---	---	---
NS	F # 71C	Female 11-12 50 Fly	LY-VA	---	---	---
NS	F # 73C	Female 11-12 400 IM	LY-VA	---	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Ava Shopbell (15) F						
58.76Y	F # 3B	Female 15 & Over 100 Free	LY-VA	9	---	1.52
	28.12	58.76				
	(28.12)	(30.64)				
2:18.39Y	F # 7B	Female 15 & Over 200 Back	LY-VA	8	---	0.07
	32.85	1:07.81 --- 2:18.39				
	(32.85)	(34.96) --- (2:18.39)				
1:00.46Y	F # 9B	Female 15 & Over 100 Fly	LY-VA	2	---	1.47
	28.70	1:00.46				
	(28.70)	(31.76)				
2:17.03Y	F # 11B	Female 15 & Over 200 IM	LY-VA	6	---	4.16
	29.42	1:05.66 1:45.02 2:17.03				
	(29.42)	(36.24) (39.36) (32.01)				
2:08.71Y	F # 38B	Female 15 & Over 200 Fly	LY-VA	1	---	3.12
	29.04	1:02.54 1:35.35 2:08.71				
	(29.04)	(33.50) (32.81) (33.36)				
2:37.16Y	F # 42B	Female 15 & Over 200 Breast	LY-VA	1	---	3.30
	36.12	1:16.50 1:56.96 2:37.16				
	(36.12)	(40.38) (40.46) (40.20)				
1:05.06Y	F # 44B	Female 15 & Over 100 Back	LY-VA	3	---	-1.41
	32.08	1:05.06				
	(32.08)	(32.98)				
4:43.32Y	F # 48B	Female 15 & Over 400 IM	LY-VA	1	---	4.30
	29.62	1:03.03 1:40.08 2:16.70 2:56.69 3:36.99 4:10.82 4:43.32				
	(29.62)	(33.41) (37.05) (36.62) (39.99) (40.30) (33.83) (32.50)				
Elaine Smith (9) F						
1:08.92Y	F # 24B	Female 9-10 50 Back	LY-VA	24	---	---
2:26.46Y DQ	F # 30B	Female 9-10 100 Breast	LY-VA	---	---	---
	---	2:26.46				
	---	(2:26.46)				
2:02.02Y	F # 32B	Female 9-10 100 Free	LY-VA	21	---	---
	---	2:02.02				
	---	(2:02.02)				
51.97Y	F # 59B	Female 9-10 50 Free	LY-VA	22	---	---
2:18.68Y	F # 65B	Female 9-10 100 Back	LY-VA	9	---	---
	1:05.97	2:18.68				
	(1:05.97)	(1:12.71)				
1:09.33Y	F # 67B	Female 9-10 50 Breast	LY-VA	15	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Avery Snyder (16) M						
24.90Y	F # 41B	Male 15 & Over 50 Free	LY-VA	10	---	0.61
2:29.67Y	F # 43B	Male 15 & Over 200 Breast	LY-VA	5	---	9.74
	34.14	1:12.59 1:50.86 2:29.67				
	(34.14)	(38.45) (38.27) (38.81)				
1:05.27Y	F # 45B	Male 15 & Over 100 Back	LY-VA	12	---	2.92
	32.15	1:05.27				
	(32.15)	(33.12)				
1:59.22Y	F # 47B	Male 15 & Over 200 Free	LY-VA	9	---	8.10
	26.84	56.79 1:28.38 1:59.22				
	(26.84)	(29.95) (31.59) (30.84)				
Seth Snyder (8) M						
43.08Y	F # 25A	Male 8 & Under 50 Back	LY-VA	1	---	-0.87
15.96Y	F # 27	Male 8 & Under 25 Free	LY-VA	1	---	-2.45
1:59.61Y	F # 31A	Male 8 & Under 100 Breast	LY-VA	3	---	-49.41
	57.62	1:59.61				
	(57.62)	(1:01.99)				
1:18.77Y	F # 33A	Male 8 & Under 100 Free	LY-VA	1	---	0.33
	38.28	1:18.77				
	(38.28)	(40.49)				
1:32.70Y	F # 54A	Male 8 & Under 100 IM	LY-VA	2	---	-0.25
	42.23	1:32.70				
	(42.23)	(50.47)				
20.00Y	F # 58	Male 8 & Under 25 Back	LY-VA	1	---	-0.91
37.02Y	F # 60A	Male 8 & Under 50 Free	LY-VA	2	---	0.16
42.11Y	F # 72A	Male 8 & Under 50 Fly	LY-VA	1	---	-5.79
Audrey Spivey (8) F						
29.84Y	F # 20	Female 8 & Under 25 Breast	LY-VA	8	---	---
58.68Y DQ	F # 24A	Female 8 & Under 50 Back	LY-VA	---	---	---
21.38Y	F # 26	Female 8 & Under 25 Free	LY-VA	5	---	-4.58
1:54.13Y	F # 32A	Female 8 & Under 100 Free	LY-VA	7	---	-6.23
	---	1:54.13				
	---	(1:54.13)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Jude Spivey (9) M					
3:44.11Y	F # 19B	Male 9-10 200 IM	LY-VA	2	---
	58.61	---	2:55.92	3:44.11	
	(58.61)	---	(2:55.92)	(48.19)	
48.27Y	F # 25B	Male 9-10 50 Back	LY-VA	15	---
1:57.86Y	F # 31B	Male 9-10 100 Breast	LY-VA	6	---
	---	1:57.86			-10.76
	---	(1:57.86)			
9:46.20Y	F # 35B	Male 9-10 500 Free	LY-VA	7	---
	44.32	1:38.40	---	3:40.98	4:45.00
				5:45.67	6:48.62
				7:49.61	
	(44.32)	(54.08)	---	(3:40.98)	(1:04.02)
				(1:00.67)	(1:02.95)
				(1:00.99)	
	8:51.25	9:46.20			
	(1:01.64)	(54.95)			
Emerson Stauder (8) F					
21.87Y	F # 20	Female 8 & Under 25 Breast	LY-VA	1	---
46.27Y	F # 24A	Female 8 & Under 50 Back	LY-VA	1	---
1:53.38Y	F # 30A	Female 8 & Under 100 Breast	LY-VA	1	---
	52.99	1:53.38			
	(52.99)	(1:00.39)			
1:27.88Y	F # 32A	Female 8 & Under 100 Free	LY-VA	1	---
	41.35	1:27.88			
	(41.35)	(46.53)			
20.72Y	F # 57	Female 8 & Under 25 Back	LY-VA	1	---
37.63Y	F # 59A	Female 8 & Under 50 Free	LY-VA	1	---
3:05.25Y	F # 69A	Female 8 & Under 200 Free	LY-VA	1	---
	42.11	1:28.76	2:16.19	3:05.25	
	(42.11)	(46.65)	(47.43)	(49.06)	
51.96Y	F # 71A	Female 8 & Under 50 Fly	LY-VA	1	---
					-11.07

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Declund Stevenson (17) M						
49.94Y	F # 4B	Male 15 & Over 100 Free	LY-VA	6	---	1.59
	24.22	49.94				
	(24.22)	(25.72)				
1:02.64Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	3	---	3.28
	---	1:02.64				
	---	(1:02.64)				
2:07.95Y	F # 12B	Male 15 & Over 200 IM	LY-VA	6	---	1.92
	28.01	1:04.78 1:38.84 2:07.95				
	(28.01)	(36.77) (34.06) (29.11)				
5:18.07Y	F # 14B	Male 15 & Over 500 Free	LY-VA	8	---	14.96
	27.42	58.46 1:31.27 2:04.97 2:37.87 3:11.14 3:43.47 4:15.55				
	(27.42)	(31.04) (32.81) (33.70) (32.90) (33.27) (32.33) (32.08)				
	4:47.85	5:18.07				
	(32.30)	(30.22)				
22.78Y	F # 36	200 Free Relay Lead Off	LY-VA	---	---	0.68
23.03Y	F # 41B	Male 15 & Over 50 Free	LY-VA	3	---	0.93
2:18.23Y	F # 43B	Male 15 & Over 200 Breast	LY-VA	2	---	7.91
	31.05	1:05.64 1:41.56 2:18.23				
	(31.05)	(34.59) (35.92) (36.67)				
1:01.12Y	F # 45B	Male 15 & Over 100 Back	LY-VA	8	---	2.36
	29.89	1:01.12				
	(29.89)	(31.23)				
1:53.88Y	F # 47B	Male 15 & Over 200 Free	LY-VA	4	---	7.41
	25.75	54.36 1:24.41 1:53.88				
	(25.75)	(28.61) (30.05) (29.47)				
Keaton Tanner (8) M						
38.96Y	F # 60A	Male 8 & Under 50 Free	LY-VA	3	---	-4.72
1:46.89Y	F # 66A	Male 8 & Under 100 Back	LY-VA	2	---	-3.75
	51.97	1:46.89				
	(51.97)	(54.92)				
1:09.43Y	F # 68A	Male 8 & Under 50 Breast	LY-VA	1	---	---
1:04.17Y	F # 72A	Male 8 & Under 50 Fly	LY-VA	4	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Alaina Thomas (10) F						
57.69Y	F # 16	200 Medley Relay Lead Off	LY-VA	---	---	1.59
53.50Y	F # 24B	Female 9-10 50 Back	LY-VA	21	---	-2.60
1:54.84Y	F # 32B	Female 9-10 100 Free	LY-VA	20	---	9.18
	53.55	1:54.84				
	(53.55)	(1:01.29)				
2:18.18Y	F # 53B	Female 9-10 100 IM	LY-VA	19	---	-13.15
	---	2:18.18				
	---	(2:18.18)				
48.46Y	F # 59B	Female 9-10 50 Free	LY-VA	20	---	-1.82
2:06.80Y	F # 65B	Female 9-10 100 Back	LY-VA	8	---	6.24
	---	2:06.80				
	---	(2:06.80)				
1:12.03Y DQ	F # 71B	Female 9-10 50 Fly	LY-VA	---	---	---
Bailey Thomas (16) F						
1:13.90Y	F # 3B	Female 15 & Over 100 Free	LY-VA	19	---	1.42
	35.53	1:13.90				
	(35.53)	(38.37)				
2:59.59Y	F # 7B	Female 15 & Over 200 Back	LY-VA	15	---	1.27
	---	---				
	---	---				
	---	(2:59.59)				
3:08.07Y DQ	F # 11B	Female 15 & Over 200 IM	LY-VA	---	---	---
	39.94	1:27.85 2:24.99 3:08.07				
	(39.94)	(47.91) (57.14) (43.08)				
7:08.90Y	F # 13B	Female 15 & Over 500 Free	LY-VA	9	---	12.86
	37.04	1:18.63 2:01.80 2:45.98 3:30.31 4:14.54 4:59.08 5:43.77				
	(37.04)	(41.59) (43.17) (44.18) (44.33) (44.23) (44.54) (44.69)				
	6:27.18	7:08.90				
	(43.41)	(41.72)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Brandon Thomas (12) M						
3:08.23Y	F # 19C	Male 11-12 200 IM	LY-VA	10	---	0.61
	42.43	1:31.28 2:30.27 3:08.23				
	(42.43)	(48.85) (58.99) (37.96)				
3:06.21Y	F # 29B	Male 11-12 200 Back	LY-VA	5	---	-13.81
	44.32	1:32.46 2:21.04 3:06.21				
	(44.32)	(48.14) (48.58) (45.17)				
1:13.79Y	F # 33C	Male 11-12 100 Free	LY-VA	14	---	4.81
	34.51	1:13.79				
	(34.51)	(39.28)				
6:59.97Y	F # 35C	Male 11-12 500 Free	LY-VA	5	---	0.90
	37.77	1:19.56 2:04.90 2:47.09 3:29.89 4:13.15 4:56.53 5:40.51				
	(37.77)	(41.79) (45.34) (42.19) (42.80) (43.26) (43.38) (43.98)				
	6:22.13	6:59.97				
	(41.62)	(37.84)				
1:23.47Y	F # 54C	Male 11-12 100 IM	LY-VA	10	---	-2.93
	39.34	1:23.47				
	(39.34)	(44.13)				
31.80Y	F # 60C	Male 11-12 50 Free	LY-VA	9	---	-0.26
47.29Y	F # 68C	Male 11-12 50 Breast	LY-VA	9	---	1.04
41.72Y	F # 72C	Male 11-12 50 Fly	LY-VA	8	---	1.06
Camryn Thomas (5) F						
38.64Y	F # 26	Female 8 & Under 25 Free	LY-VA	17	---	3.30
44.64Y	F # 57	Female 8 & Under 25 Back	LY-VA	14	---	---
1:35.16Y	F # 59A	Female 8 & Under 50 Free	LY-VA	14	---	-7.28
Canton Thomasey (7) M						
27.89Y	F # 58	Male 8 & Under 25 Back	LY-VA	9	---	---
49.41Y	F # 60A	Male 8 & Under 50 Free	LY-VA	9	---	---
29.61Y DQ	F # 64	Male 8 & Under 25 Fly	LY-VA	---	---	---
1:02.11Y DQ	F # 68A	Male 8 & Under 50 Breast	LY-VA	---	---	---
Wave Thomasey (11) F						
1:26.08Y	F # 53C	Female 11-12 100 IM	LY-VA	17	---	-1.28
	39.61	1:26.08				
	(39.61)	(46.47)				
31.99Y	F # 59C	Female 11-12 50 Free	LY-VA	15	---	-0.85
NS	F # 65C	Female 11-12 100 Back	LY-VA	---	---	---
NS	F # 69C	Female 11-12 200 Free	LY-VA	---	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Bri Torrence (10) F						
1:54.90Y	F # 53B	Female 9-10 100 IM	LY-VA	14	---	0.18
	47.86	1:54.90				
	(47.86)	(1:07.04)				
38.51Y	F # 59B	Female 9-10 50 Free	LY-VA	8	---	2.26
1:39.51Y	F # 65B	Female 9-10 100 Back	LY-VA	3	---	4.27
	1:40.04	1:39.51				
	(1:40.04)	(.53)				
45.81Y	F # 71B	Female 9-10 50 Fly	LY-VA	8	---	-0.43
Syrus Tracey (9) M						
1:49.94Y	F # 23B	Male 9-10 100 Fly	LY-VA	3	---	---
	---	1:49.94				
	---	(1:49.94)				
42.35Y	F # 25B	Male 9-10 50 Back	LY-VA	7	---	---
1:47.59Y	F # 31B	Male 9-10 100 Breast	LY-VA	2	---	-7.47
	52.83	1:47.59				
	(52.83)	(54.76)				
1:18.40Y	F # 33B	Male 9-10 100 Free	LY-VA	6	---	-5.49
	38.17	1:18.40				
	(38.17)	(40.23)				
35.19Y	F # 51	200 Free Relay Lead Off	LY-VA	---	---	-0.73
1:29.50Y	F # 54B	Male 9-10 100 IM	LY-VA	2	---	-9.77
	41.31	1:29.50				
	(41.31)	(48.19)				
33.98Y	F # 60B	Male 9-10 50 Free	LY-VA	4	---	-1.94
1:31.85Y	F # 66B	Male 9-10 100 Back	LY-VA	5	---	---
	1:32.02	1:31.85				
	(1:32.02)	(.17)				
2:53.73Y	F # 70B	Male 9-10 200 Free	LY-VA	4	---	-10.04
	39.83	1:25.79 2:11.46 2:53.73				
	(39.83)	(45.96) (45.67) (42.27)				

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Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv			
Kinley Tuck (13) F								
36.60Y	F # 2	200 Medley Relay Lead Off	LY-VA	---	-0.68			
1:10.42Y	F # 3A	Female 13-14 100 Free	LY-VA	22	---	-0.58		
	34.57	1:10.42						
	(34.57)	(35.85)						
2:50.15Y	F # 7A	Female 13-14 200 Back	LY-VA	9	---	-5.48		
	41.29	1:24.54	---	2:50.15				
	(41.29)	(43.25)	---	(2:50.15)				
1:25.41Y	F # 9A	Female 13-14 100 Fly	LY-VA	16	---	-5.37		
	39.15	1:25.41						
	(39.15)	(46.26)						
6:44.16Y	F # 13A	Female 13-14 500 Free	LY-VA	13	---	-5.82		
	36.86	1:18.29	2:00.94	2:41.81	3:23.13	4:04.11	4:44.71	5:24.86
	(36.86)	(41.43)	(42.65)	(40.87)	(41.32)	(40.98)	(40.60)	(40.15)
	6:05.07	6:44.16						
	(40.21)	(39.09)						
3:05.88Y	F # 38A	Female 13-14 200 Fly	LY-VA	3	---	---		
	41.25	1:28.44	2:17.97	3:05.88				
	(41.25)	(47.19)	(49.53)	(47.91)				
32.91Y	F # 40A	Female 13-14 50 Free	LY-VA	19	---	-0.22		
3:23.57Y	F # 42A	Female 13-14 200 Breast	LY-VA	9	---	-4.28		
	47.72	1:41.14	2:32.98	3:23.57				
	(47.72)	(53.42)	(51.84)	(50.59)				
1:23.67Y	F # 44A	Female 13-14 100 Back	LY-VA	15	---	1.08		
	41.26	1:23.67						
	(41.26)	(42.41)						

Lynchburg YMCA Swim Team

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Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Brody Wall (14) M						
53.22Y	F # 4A	Male 13-14 100 Free	LY-VA	2	---	0.85
	25.70	53.22				
	(25.70)	(27.52)				
1:14.13Y	F # 6A	Male 13-14 100 Breast	LY-VA	9	---	-3.85
	35.23	1:14.13				
	(35.23)	(38.90)				
57.60Y	F # 10A	Male 13-14 100 Fly	LY-VA	2	---	-0.08
	27.03	57.60				
	(27.03)	(30.57)				
2:20.46Y	F # 12A	Male 13-14 200 IM	LY-VA	3	---	6.46
	28.92	1:07.17 1:49.20 2:20.46				
	(28.92)	(38.25) (42.03) (31.26)				
24.16Y	F # 41A	Male 13-14 50 Free	LY-VA	1	---	0.46
1:05.68Y	F # 45A	Male 13-14 100 Back	LY-VA	5	---	0.97
	32.73	1:05.68				
	(32.73)	(32.95)				
1:58.71Y	F # 47A	Male 13-14 200 Free	LY-VA	1	---	-1.50
	27.89	58.76 1:30.02 1:58.71				
	(27.89)	(30.87) (31.26) (28.69)				
5:01.59Y	F # 49A	Male 13-14 400 IM	LY-VA	3	---	-3.16
	30.59	1:06.95 1:47.12 2:25.70 3:10.37 3:54.56 4:28.44 5:01.59				
	(30.59)	(36.36) (40.17) (38.58) (44.67) (44.19) (33.88) (33.15)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Sarah Warren (15) F						
1:01.36Y	F # 3B	Female 15 & Over 100 Free	LY-VA	15	---	2.79
	29.47	1:01.36				
	(29.47)	(31.89)				
2:25.60Y	F # 7B	Female 15 & Over 200 Back	LY-VA	12	---	8.10
	34.67	1:11.67 1:49.30 2:25.60				
	(34.67)	(37.00) (37.63) (36.30)				
1:03.67Y	F # 9B	Female 15 & Over 100 Fly	LY-VA	10	---	2.96
	29.98	1:03.67				
	(29.98)	(33.69)				
5:48.06Y	F # 13B	Female 15 & Over 500 Free	LY-VA	6	---	13.17
	33.06	1:08.24 1:43.81 2:19.59 2:55.09 3:30.12 4:05.35 4:40.28				
	(33.06)	(35.18) (35.57) (35.78) (35.50) (35.03) (35.23) (34.93)				
	5:14.33	5:48.06				
	(34.05)	(33.73)				
2:18.02Y	F # 38B	Female 15 & Over 200 Fly	LY-VA	3	---	7.12
	31.34	1:06.56 1:42.05 2:18.02				
	(31.34)	(35.22) (35.49) (35.97)				
28.63Y	F # 40B	Female 15 & Over 50 Free	LY-VA	4	---	1.54
1:08.48Y	F # 44B	Female 15 & Over 100 Back	LY-VA	4	---	5.00
	33.57	1:08.48				
	(33.57)	(34.91)				
5:10.02Y	F # 48B	Female 15 & Over 400 IM	LY-VA	2	---	19.38
	32.04	1:08.57 1:48.24 2:27.37 3:12.47 3:57.65 4:34.73 5:10.02				
	(32.04)	(36.53) (39.67) (39.13) (45.10) (45.18) (37.08) (35.29)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event				Place				Points	Improv
Broughton Webb (14) F											
1:12.49Y	F # 5A	Female	13-14	100 Breast	LY-VA			4	---		3.22
	34.12	1:12.49									
	(34.12)	(38.37)									
1:06.90Y	F # 9A	Female	13-14	100 Fly	LY-VA			6	---		1.30
	31.08	1:06.90									
	(31.08)	(35.82)									
2:19.30Y	F # 11A	Female	13-14	200 IM	LY-VA			2	---		6.35
	31.17	1:06.78	1:46.38	2:19.30							
	(31.17)	(35.61)	(39.60)	(32.92)							
5:20.92Y	F # 13A	Female	13-14	500 Free	LY-VA			2	---		13.29
	29.45	1:01.49	1:34.13	2:06.59	2:39.22	3:11.75	3:44.08	4:16.60			
	(29.45)	(32.04)	(32.64)	(32.46)	(32.63)	(32.53)	(32.33)	(32.52)			
	4:49.06	5:20.92									
	(32.46)	(31.86)									
2:33.68Y	F # 42A	Female	13-14	200 Breast	LY-VA			2	---		5.24
	35.08	1:14.00	1:53.45	2:33.68							
	(35.08)	(38.92)	(39.45)	(40.23)							
1:06.02Y	F # 44A	Female	13-14	100 Back	LY-VA			2	---		2.24
	32.34	1:06.02									
	(32.34)	(33.68)									
2:02.81Y	F # 46A	Female	13-14	200 Free	LY-VA			1	---		4.71
	28.83	59.74	1:31.47	2:02.81							
	(28.83)	(30.91)	(31.73)	(31.34)							
4:46.10Y	F # 48A	Female	13-14	400 IM	LY-VA			1	---		6.89
	31.89	1:08.30	1:45.37	2:21.20	3:01.03	3:41.49	4:14.06	4:46.10			
	(31.89)	(36.41)	(37.07)	(35.83)	(39.83)	(40.46)	(32.57)	(32.04)			

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Adam Wells (14) M						
57.09Y	F # 4A	Male 13-14 100 Free	LY-VA	11	---	4.21
	26.75	57.09				
	(26.75)	(30.34)				
2:41.52Y	F # 8A	Male 13-14 200 Back	LY-VA	11	---	14.28
	35.58	1:17.32 2:00.35 2:41.52				
	(35.58)	(41.74) (43.03) (41.17)				
1:01.80Y	F # 10A	Male 13-14 100 Fly	LY-VA	9	---	-0.10
	28.24	1:01.80				
	(28.24)	(33.56)				
5:56.56Y	F # 14A	Male 13-14 500 Free	LY-VA	15	---	10.77
	30.22	1:06.58 1:43.34 2:20.13 2:56.68 3:32.59 4:09.04 4:45.60				
	(30.22)	(36.36) (36.76) (36.79) (36.55) (35.91) (36.45) (36.56)				
	5:22.66	5:56.56				
	(37.06)	(33.90)				
24.74Y	F # 41A	Male 13-14 50 Free	LY-VA	2	---	1.02
1:13.11Y	F # 45A	Male 13-14 100 Back	LY-VA	11	---	5.23
	34.48	1:13.11				
	(34.48)	(38.63)				
2:12.10Y	F # 47A	Male 13-14 200 Free	LY-VA	11	---	10.44
	28.22	1:01.76 1:37.32 2:12.10				
	(28.22)	(33.54) (35.56) (34.78)				
5:22.48Y	F # 49A	Male 13-14 400 IM	LY-VA	5	---	-6.25
	31.61	1:09.03 1:53.99 2:39.24 3:25.76 4:13.18 4:47.80 5:22.48				
	(31.61)	(37.42) (44.96) (45.25) (46.52) (47.42) (34.62) (34.68)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Noah Wells (16) M						
28.31Y	F # 1	200 Medley Relay Lead Off	LY-VA	---	-0.53	
52.56Y	F # 4B	Male 15 & Over 100 Free	LY-VA	22	---	1.13
	25.18	52.56				
	(25.18)	(27.38)				
2:15.17Y	F # 8B	Male 15 & Over 200 Back	LY-VA	14	---	5.55
	31.55	1:05.61 1:40.52 2:15.17				
	(31.55)	(34.06) (34.91) (34.65)				
1:02.14Y	F # 10B	Male 15 & Over 100 Fly	LY-VA	21	---	1.73
	29.00	1:02.14				
	(29.00)	(33.14)				
5:40.46Y	F # 14B	Male 15 & Over 500 Free	LY-VA	11	---	18.43
	28.41	1:00.46 1:33.62 2:07.57 2:42.98 3:18.25 3:54.34 4:29.97				
	(28.41)	(32.05) (33.16) (33.95) (35.41) (35.27) (36.09) (35.63)				
	5:05.58	5:40.46				
	(35.61)	(34.88)				
24.04Y	F # 41B	Male 15 & Over 50 Free	LY-VA	8	---	1.21
1:02.34Y	F # 45B	Male 15 & Over 100 Back	LY-VA	10	---	4.07
	30.43	1:02.34				
	(30.43)	(31.91)				
2:01.31Y	F # 47B	Male 15 & Over 200 Free	LY-VA	11	---	8.37
	28.08	58.37 1:30.29 2:01.31				
	(28.08)	(30.29) (31.92) (31.02)				
5:43.15Y	F # 49B	Male 15 & Over 400 IM	LY-VA	10	---	51.38
Sammy Wells (10) M						
41.91Y	F # 25B	Male 9-10 50 Back	LY-VA	6	---	-0.99
1:58.96Y DQ	F # 31B	Male 9-10 100 Breast	LY-VA	---	---	---
	55.51	1:58.96				
	(55.51)	(1:03.45)				
1:15.78Y	F # 33B	Male 9-10 100 Free	LY-VA	3	---	2.10
	35.61	1:15.78				
	(35.61)	(40.17)				
34.20Y	F # 60B	Male 9-10 50 Free	LY-VA	5	---	-0.03
2:37.98Y	F # 70B	Male 9-10 200 Free	LY-VA	1	---	-2.70
	35.81	1:16.43 1:58.01 2:37.98				
	(35.81)	(40.62) (41.58) (39.97)				
36.65Y	F # 72B	Male 9-10 50 Fly	LY-VA	3	---	-0.14

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards
Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Austin Woodruff (11) M					
34.04Y	F # 15	200 Medley Relay Lead Off	LY-VA	---	0.74
34.03Y	F # 25C	Male 11-12 50 Back	LY-VA	2	0.73
2:41.10Y	F # 29B	Male 11-12 200 Back	LY-VA	2	2.34
	37.68	1:19.44 2:01.10 2:41.10			
	(37.68)	(41.76) (41.66) (40.00)			
1:10.87Y	F # 33C	Male 11-12 100 Free	LY-VA	8	5.11
	33.48	1:10.87			
	(33.48)	(37.39)			
6:17.14Y	F # 35C	Male 11-12 500 Free	LY-VA	3	15.71
	33.52	1:10.37 1:47.69 2:25.54 3:03.62 3:42.32 4:20.96 5:00.34			
	(33.52)	(36.85) (37.32) (37.85) (38.08) (38.70) (38.64) (39.38)			
	5:39.11	6:17.14			
	(38.77)	(38.03)			
30.25Y	F # 50	200 Free Relay Lead Off	LY-VA	---	1.27
30.05Y	F # 60C	Male 11-12 50 Free	LY-VA	4	1.07
1:17.93Y	F # 66C	Male 11-12 100 Back	LY-VA	3	3.99
	38.04	1:17.93			
	(38.04)	(39.89)			
2:27.90Y	F # 70C	Male 11-12 200 Free	LY-VA	4	8.46
	33.85	1:12.16 1:50.52 2:27.90			
	(33.85)	(38.31) (38.36) (37.38)			
5:58.56Y	F # 74C	Male 11-12 400 IM	LY-VA	2	10.31
	42.44	1:30.65 2:14.79 2:58.69 3:50.78 4:42.47 5:21.22 5:58.56			
	(42.44)	(48.21) (44.14) (43.90) (52.09) (51.69) (38.75) (37.34)			

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event				Place			Points	Improv
Graham Woodruff (15) M										
26.25Y	F # 1	200 Medley Relay Lead Off				LY-VA		---	---	0.56
51.12Y	F # 4B	Male 15 & Over 100 Free				LY-VA		12	---	3.09
	24.55	51.12								
	(24.55)	(26.57)								
2:05.28Y	F # 8B	Male 15 & Over 200 Back				LY-VA		6	---	5.04
	30.14	1:02.02	1:34.42	2:05.28						
	(30.14)	(31.88)	(32.40)	(30.86)						
2:09.20Y	F # 12B	Male 15 & Over 200 IM				LY-VA		10	---	6.88
	26.91	1:00.58	1:38.68	2:09.20						
	(26.91)	(33.67)	(38.10)	(30.52)						
5:05.16Y	F # 14B	Male 15 & Over 500 Free				LY-VA		6	---	16.26
	28.64	59.24	1:29.87	2:00.47	2:31.24	3:01.57	3:31.89	4:03.16		
	(28.64)	(30.60)	(30.63)	(30.60)	(30.77)	(30.33)	(30.32)	(31.27)		
	4:35.03	5:05.16								
	(31.87)	(30.13)								
22.93Y	F # 41B	Male 15 & Over 50 Free				LY-VA		2	---	1.46
59.37Y	F # 45B	Male 15 & Over 100 Back				LY-VA		7	---	4.40
	28.98	59.37								
	(28.98)	(30.39)								
1:55.95Y	F # 47B	Male 15 & Over 200 Free				LY-VA		5	---	9.95
	26.54	55.88	1:26.26	1:55.95						
	(26.54)	(29.34)	(30.38)	(29.69)						
4:25.81Y	F # 49B	Male 15 & Over 400 IM				LY-VA		3	---	-0.32

Lynchburg YMCA Swim Team

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Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Taylor Woodruff (14) F						
35.93Y	F # 2	200 Medley Relay Lead Off	LY-VA	---	---	7.49
58.75Y	F # 3A	Female 13-14 100 Free	LY-VA	6	---	3.01
	28.95	58.75				
	(28.95)	(29.80)				
2:22.69Y	F # 7A	Female 13-14 200 Back	LY-VA	1	---	12.60
	33.62	1:10.41 1:47.49 2:22.69				
	(33.62)	(36.79) (37.08) (35.20)				
1:02.22Y	F # 9A	Female 13-14 100 Fly	LY-VA	4	---	1.83
	30.00	1:02.22				
	(30.00)	(32.22)				
5:35.37Y	F # 13A	Female 13-14 500 Free	LY-VA	4	---	14.08
	31.14	1:04.87 1:38.95 2:12.61 2:46.85 3:21.24 3:55.18 4:29.99				
	(31.14)	(33.73) (34.08) (33.66) (34.24) (34.39) (33.94) (34.81)				
	5:04.31	5:35.37				
	(34.32)	(31.06)				
26.40Y	F # 37	200 Free Relay Lead Off	LY-VA	---	---	0.95
2:12.84Y	F # 38A	Female 13-14 200 Fly	LY-VA	1	---	2.46
	31.08	1:05.29 1:39.75 2:12.84				
	(31.08)	(34.21) (34.46) (33.09)				
26.76Y	F # 40A	Female 13-14 50 Free	LY-VA	1	---	1.31
1:04.59Y	F # 44A	Female 13-14 100 Back	LY-VA	1	---	3.23
	31.50	1:04.59				
	(31.50)	(33.09)				
2:10.33Y	F # 46A	Female 13-14 200 Free	LY-VA	2	---	10.13
	30.59	1:03.83 1:37.96 2:10.33				
	(30.59)	(33.24) (34.13) (32.37)				
Charity Wright (8) F						
NS	F # 57	Female 8 & Under 25 Back	LY-VA	---	---	---
NS	F # 59A	Female 8 & Under 50 Free	LY-VA	---	---	---
28.37Y DQ	F # 63	Female 8 & Under 25 Fly	LY-VA	---	---	---
1:12.38Y DQ	F # 67A	Female 8 & Under 50 Breast	LY-VA	---	---	---

Lynchburg YMCA Swim Team

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Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Caleb Wu (14) M						
56.31Y	F # 4A	Male 13-14 100 Free	LY-VA	10	---	0.75
	27.30	56.31				
	(27.30)	(29.01)				
1:08.48Y	F # 6A	Male 13-14 100 Breast	LY-VA	1	---	2.46
	32.30	1:08.48				
	(32.30)	(36.18)				
2:22.59Y	F # 12A	Male 13-14 200 IM	LY-VA	6	---	3.39
	32.75	1:10.72 1:52.26 2:22.59				
	(32.75)	(37.97) (41.54) (30.33)				
5:41.32Y	F # 14A	Male 13-14 500 Free	LY-VA	14	---	2.30
	31.10	1:05.27 1:40.32 2:15.37 2:50.71 3:25.91 4:00.84 4:35.71				
	(31.10)	(34.17) (35.05) (35.05) (35.34) (35.20) (34.93) (34.87)				
	5:10.17	5:41.32				
	(34.46)	(31.15)				
25.48Y	F # 41A	Male 13-14 50 Free	LY-VA	4	---	0.23
2:32.66Y	F # 43A	Male 13-14 200 Breast	LY-VA	1	---	7.32
	35.22	1:14.25 1:54.18 2:32.66				
	(35.22)	(39.03) (39.93) (38.48)				
2:05.48Y	F # 47A	Male 13-14 200 Free	LY-VA	7	---	0.40
	29.27	1:01.51 1:34.32 2:05.48				
	(29.27)	(32.24) (32.81) (31.16)				
5:07.65Y	F # 49A	Male 13-14 400 IM	LY-VA	4	---	8.70
	33.39	1:14.36 1:53.93 2:33.99 3:17.24 4:00.50 4:35.16 5:07.65				
	(33.39)	(40.97) (39.57) (40.06) (43.25) (43.26) (34.66) (32.49)				
Daniel Wu (5) M						
1:15.40Y	F # 25A	Male 8 & Under 50 Back	LY-VA	9	---	---
25.18Y	F # 27	Male 8 & Under 25 Free	LY-VA	11	---	---
33.57Y	F # 58	Male 8 & Under 25 Back	LY-VA	13	---	---
56.45Y	F # 60A	Male 8 & Under 50 Free	LY-VA	15	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Karis Wu (11) F						
3:24.03Y	F # 18C	Female 11-12 200 IM	LY-VA	15	---	-11.63
	49.56	1:39.53 2:39.49 3:24.03				
	(49.56)	(49.97) (59.96) (44.54)				
44.88Y	F # 24C	Female 11-12 50 Back	LY-VA	16	---	-0.29
1:46.05Y	F # 30C	Female 11-12 100 Breast	LY-VA	17	---	-3.70
	50.86	1:46.05				
	(50.86)	(55.19)				
1:25.02Y	F # 32C	Female 11-12 100 Free	LY-VA	25	---	3.61
	39.14	1:25.02				
	(39.14)	(45.88)				
1:33.17Y	F # 53C	Female 11-12 100 IM	LY-VA	19	---	-0.88
	44.42	1:33.17				
	(44.42)	(48.75)				
48.43Y	F # 67C	Female 11-12 50 Breast	LY-VA	9	---	-1.08
3:01.55Y	F # 69C	Female 11-12 200 Free	LY-VA	12	---	-3.09
	38.51	1:25.57 2:14.89 3:01.55				
	(38.51)	(47.06) (49.32) (46.66)				
47.08Y	F # 71C	Female 11-12 50 Fly	LY-VA	19	---	-0.59
Titus Wu (9) M						
1:30.76Y	F # 23B	Male 9-10 100 Fly	LY-VA	2	---	2.72
	43.48	1:30.76				
	(43.48)	(47.28)				
39.46Y	F # 25B	Male 9-10 50 Back	LY-VA	4	---	-0.44
3:02.74Y	F # 29A	Male 9-10 200 Back	LY-VA	1	---	---
	45.09	1:31.74 2:18.31 3:02.74				
	(45.09)	(46.65) (46.57) (44.43)				
7:28.94Y	F # 35B	Male 9-10 500 Free	LY-VA	2	---	14.88
	39.91	1:26.22 2:13.17 2:59.32 3:46.13 4:32.83 5:19.29 6:04.20				
	(39.91)	(46.31) (46.95) (46.15) (46.81) (46.70) (46.46) (44.91)				
	6:48.48	7:28.94				
	(44.28)	(40.46)				
33.50Y	F # 51	200 Free Relay Lead Off	LY-VA	---	---	0.19
33.58Y	F # 60B	Male 9-10 50 Free	LY-VA	3	---	0.27
3:27.66Y	F # 62A	Male 9-10 200 Breast	LY-VA	1	---	---
	49.05	1:42.58 2:35.71 3:27.66				
	(49.05)	(53.53) (53.13) (51.95)				
2:43.22Y	F # 70B	Male 9-10 200 Free	LY-VA	3	---	2.00
	37.78	1:21.07 2:03.98 2:43.22				
	(37.78)	(43.29) (42.91) (39.24)				
6:45.11Y	F # 74B	Male 9-10 400 IM	LY-VA	1	---	---
	49.62	1:47.49 2:38.24 3:28.57 4:23.77 5:17.97 6:03.56 6:45.11				
	(49.62)	(57.87) (50.75) (50.33) (55.20) (54.20) (45.59) (41.55)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

LY 2024 YMCA October Meet 19-Oct-24 to 20-Oct-24 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Zander Wyman (14) M					
34.75Y	F # 2	200 Medley Relay Lead Off	LY-VA	---	---
1:27.72Y	F # 6A	Male 13-14 100 Breast	LY-VA	15	---
	41.00	1:27.72			-14.99
	(41.00)	(46.72)			
2:47.63Y	F # 8A	Male 13-14 200 Back	LY-VA	14	---
	---	---			-75.48
	---	---			
	---	---			
NS	F # 10A	Male 13-14 100 Fly	LY-VA	---	---
2:54.61Y DQ	F # 12A	Male 13-14 200 IM	LY-VA	---	---
	37.62	1:21.81	2:15.65	2:54.61	
	(37.62)	(44.19)	(53.84)	(38.96)	
George Xu (17) M					
27.50Y	F # 1	200 Medley Relay Lead Off	LY-VA	---	0.93
51.70Y	F # 4B	Male 15 & Over 100 Free	LY-VA	17	---
	25.06	51.70			2.93
	(25.06)	(26.64)			
1:08.74Y	F # 6B	Male 15 & Over 100 Breast	LY-VA	11	---
	32.43	1:08.74			0.44
	(32.43)	(36.31)			
2:05.41Y	F # 8B	Male 15 & Over 200 Back	LY-VA	8	---
	29.93	1:01.48	1:34.05	2:05.41	7.68
	(29.93)	(31.55)	(32.57)	(31.36)	
5:14.43Y	F # 14B	Male 15 & Over 500 Free	LY-VA	7	---
	27.57	58.11	1:29.54	2:00.83	25.48
	(27.57)	(30.54)	(31.43)	(31.29)	
	4:42.80	5:14.43	2:32.58	3:04.95	
	(32.57)	(31.63)	(31.75)	(32.37)	
			(32.66)	(32.62)	
23.67Y	F # 41B	Male 15 & Over 50 Free	LY-VA	4	---
55.55Y	F # 45B	Male 15 & Over 100 Back	LY-VA	1	---
	27.33	55.55			0.62
	(27.33)	(28.22)			
1:51.98Y	F # 47B	Male 15 & Over 200 Free	LY-VA	2	---
	25.83	54.27	1:23.37	1:51.98	3.59
	(25.83)	(28.44)	(29.10)	(28.61)	
4:32.04Y	F # 49B	Male 15 & Over 400 IM	LY-VA	4	---
					11.02