

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards

Location: Brooks Familv YMCA

Time	F/P/S	Event	Place	Points	Improv
Tessa Akershoek (12) F					
1:22.15Y	F # 23	Female 11-12 100 Back	20	---	-3.22
	40.66	---			
	(40.66)	---			
NS	F # 29	Female 11-12 100 Fly	---	---	---
2:47.95Y	F # 35	Female 12 & Under 200 Free	14	---	-0.14
	38.17	---			
	(38.17)	---			
Sydney Ayers (14) F					
1:11.27Y	F # 5	Female 13-14 100 Free	29	---	-2.29
	33.85	1:11.27			
	(33.85)	(37.42)			
1:40.47Y	F # 11	Female 13-14 100 Breast	32	---	5.87
	46.50	1:40.47			
	(46.50)	(53.97)			
3:05.63Y	F # 17	Female 13-14 200 IM	26	---	-1.53
	42.25	1:27.89 2:24.18 3:05.63			
	(42.25)	(45.64) (56.29) (41.45)			
1:28.29Y	F # 25	Female 13-14 100 Back	25	---	0.68
	---	---			
	---	---			
1:36.00Y	F # 31	Female 13-14 100 Fly	24	---	2.16
	43.11	1:36.00			
	(43.11)	(52.89)			
2:45.07Y	F # 37	Female 13-14 200 Free	17	---	5.86
	36.10	1:17.38 2:03.06 2:45.07			
	(36.10)	(41.28) (45.68) (42.01)			
Quentin Bailey (10) M					
40.17Y	F # 2	Male 10 & Under 50 Free	34	---	-2.34
54.40Y	F # 8	Male 10 & Under 50 Breast	25	---	-0.28
3:43.01Y	F # 16	Male 12 & Under 200 IM	26	---	---
	54.55	1:52.04 2:54.02 --- 3:43.01			
	(54.55)	(57.49) (1:01.98) --- (3:43.01)			

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Time	F/P/S	Event	Place	Points	Improv
Shirley Barger (14) F					
1:00.49Y	F # 5	Female 13-14 100 Free	4	---	0.86
	29.03	1:00.49			
	(29.03)	(31.46)			
1:23.62Y	F # 11	Female 13-14 100 Breast	10	---	1.87
	39.31	1:23.62			
	(39.31)	(44.31)			
2:32.72Y	F # 17	Female 13-14 200 IM	4	---	1.85
	33.70	1:13.68 2:00.28 2:32.72			
	(33.70)	(39.98) (46.60) (32.44)			
1:12.52Y	F # 25	Female 13-14 100 Back	8	---	1.75
	35.72	1:12.52			
	(35.72)	(36.80)			
1:14.59Y	F # 31	Female 13-14 100 Fly	9	---	2.34
	34.41	1:14.59			
	(34.41)	(40.18)			
2:09.34Y	F # 37	Female 13-14 200 Free	1	---	1.32
	30.25	1:03.28 1:36.27 2:09.34			
	(30.25)	(33.03) (32.99) (33.07)			
Jackson Barksdale (13) M					
1:00.40Y	F # 6	Male 13-14 100 Free	21	---	0.36
	29.38	1:00.40			
	(29.38)	(31.02)			
1:22.46Y	F # 12	Male 13-14 100 Breast	20	---	-4.28
	39.68	1:22.46			
	(39.68)	(42.78)			
2:37.12Y	F # 18	Male 13-14 200 IM	12	---	-1.13
	35.76	1:13.68 2:03.32 2:37.12			
	(35.76)	(37.92) (49.64) (33.80)			
1:11.27Y	F # 26	Male 13-14 100 Back	19	---	-1.77
	34.15	1:11.27			
	(34.15)	(37.12)			
1:15.26Y	F # 32	Male 13-14 100 Fly	18	---	-5.76
	34.96	1:15.26			
	(34.96)	(40.30)			
2:12.24Y	F # 38	Male 13-14 200 Free	8	---	-1.38
	30.11	1:02.76 1:37.47 2:12.24			
	(30.11)	(32.65) (34.71) (34.77)			
George Burkhardt (7) M					
58.40Y	F # 22	Male 10 & Under 50 Back	42	---	---
1:08.70Y	F # 28	Male 10 & Under 50 Fly	39	---	---
1:53.69Y	F # 34	Male 10 & Under 100 Free	33	---	7.50
	---	1:53.69			
	---	(1:53.69)			

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Location: Brooks Family YMCA

Time	F/P/S	Event	Place	Points	Improv	
Ada Compton (14) F						
1:12.87Y	F # 5	Female 13-14 100 Free	LY-VA	32	---	4.22
	33.28	1:12.87				
	(33.28)	(39.59)				
1:43.55Y	F # 11	Female 13-14 100 Breast	LY-VA	35	---	5.51
	47.09	1:43.55				
	(47.09)	(56.46)				
3:13.62Y	F # 17	Female 13-14 200 IM	LY-VA	30	---	11.08
	43.54	1:31.91 2:32.33 3:13.62				
	(43.54)	(48.37) (1:00.42) (41.29)				
1:27.54Y	F # 25	Female 13-14 100 Back	LY-VA	24	---	4.27
	42.97	--- 1:27.54				
	(42.97)	--- (1:27.54)				
1:37.58Y	F # 31	Female 13-14 100 Fly	LY-VA	25	---	8.22
	44.03	1:37.58				
	(44.03)	(53.55)				
2:46.26Y	F # 37	Female 13-14 200 Free	LY-VA	18	---	11.15
	35.68	1:18.52 2:04.08 2:46.26				
	(35.68)	(42.84) (45.56) (42.18)				
Bobby Compton (10) M						
39.51Y	F # 2	Male 10 & Under 50 Free	LY-VA	31	---	-1.35
56.46Y DQ	F # 8	Male 10 & Under 50 Breast	LY-VA	---	---	---
1:54.48Y	F # 14	Male 12 & Under 100 IM	LY-VA	49	---	1.63
	55.96	1:54.48				
	(55.96)	(58.52)				
59.26Y	F # 22	Male 10 & Under 50 Back	LY-VA	43	---	3.45
55.56Y	F # 28	Male 10 & Under 50 Fly	LY-VA	29	---	-2.13
3:25.15Y	F # 36	Male 12 & Under 200 Free	LY-VA	29	---	-9.26
	44.88	1:37.80 2:31.84 3:25.15				
	(44.88)	(52.92) (54.04) (53.31)				
Ben Cook (7) M						
44.21Y	F # 2	Male 10 & Under 50 Free	LY-VA	42	---	---
56.34Y	F # 8	Male 10 & Under 50 Breast	LY-VA	31	---	-5.73
2:07.79Y	F # 14	Male 12 & Under 100 IM	LY-VA	59	---	---
	1:07.89	2:07.79				
	(1:07.89)	(59.90)				
Isaac Cook (13) M						
57.81Y	F # 6	Male 13-14 100 Free	LY-VA	12	---	-0.87
	---	57.81				
	---	(57.81)				
1:13.61Y	F # 12	Male 13-14 100 Breast	LY-VA	7	---	-2.85
	34.83	1:13.61				
	(34.83)	(38.78)				
2:25.95Y	F # 18	Male 13-14 200 IM	LY-VA	5	---	-4.01
	32.26	1:12.98 1:54.84 2:25.95				
	(32.26)	(40.72) (41.86) (31.11)				

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Time	F/P/S	Event	Place	Points	Improv	
Matthew Cook (11) M						
1:15.50Y	F # 4	Male 12 & Under 100 Free	LY-VA	27	---	-5.93
	37.57	1:15.50				
	(37.57)	(37.93)				
1:44.16Y	F # 10	Male 11-12 100 Breast	LY-VA	22	---	-5.77
	---	1:44.16				
	---	(1:44.16)				
1:27.65Y	F # 14	Male 12 & Under 100 IM	LY-VA	19	---	-9.61
	41.26	1:27.65				
	(41.26)	(46.39)				
Sunday Cook (12) F						
1:20.67Y	F # 3	Female 12 & Under 100 Free	LY-VA	40	---	-1.47
	39.09	1:20.67				
	(39.09)	(41.58)				
1:49.20Y DQ	F # 9	Female 11-12 100 Breast	LY-VA	---	---	---
	---	1:49.20				
	---	(1:49.20)				
1:32.77Y	F # 13	Female 12 & Under 100 IM	LY-VA	30	---	-1.32
	42.20	1:32.77				
	(42.20)	(50.57)				
1:33.52Y	F # 23	Female 11-12 100 Back	LY-VA	39	---	2.99
	46.60	1:33.52				
	(46.60)	(46.92)				
7:55.63Y	F # 39	Female 11 & Over 500 Free	LY-VA	31	---	-3.69
	40.19	1:25.76 2:13.98 3:02.63 3:52.15 5:31.20 6:19.50 7:07.68				
	(40.19)	(45.57) (48.22) (48.65) (49.52) (1:39.05) (48.30) (48.18)				
	---	7:55.63				
	---	(7:55.63)				
Clayton Cox (11) M						
1:09.40Y	F # 4	Male 12 & Under 100 Free	LY-VA	15	---	-3.96
	33.02	1:09.40				
	(33.02)	(36.38)				
1:49.44Y	F # 10	Male 11-12 100 Breast	LY-VA	27	---	-5.90
	51.13	1:49.44				
	(51.13)	(58.31)				
1:28.48Y	F # 14	Male 12 & Under 100 IM	LY-VA	21	---	-2.58
	42.92	1:28.48				
	(42.92)	(45.56)				

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Location: Brooks Familv YMCA

Time	F/P/S	Event		Place	Points	Improv
Liam Cox (10) M						
35.25Y	F # 2	Male 10 & Under 50 Free	LY-VA	16	---	-1.00
56.12Y	F # 8	Male 10 & Under 50 Breast	LY-VA	29	---	-3.23
3:40.72Y	F # 16	Male 12 & Under 200 IM	LY-VA	25	---	---
	55.47	1:51.27 2:59.96 --- 3:40.72				
	(55.47)	(55.80) (1:08.69) --- (3:40.72)				
44.74Y	F # 22	Male 10 & Under 50 Back	LY-VA	22	---	1.04
54.01Y	F # 28	Male 10 & Under 50 Fly	LY-VA	24	---	0.50
2:50.58Y	F # 36	Male 12 & Under 200 Free	LY-VA	21	---	-3.25
	38.71	1:23.25 2:08.61 2:50.58				
	(38.71)	(44.54) (45.36) (41.97)				
Lucas Cox (14) M						
1:05.46Y	F # 6	Male 13-14 100 Free	LY-VA	29	---	-2.38
	31.55	1:05.46				
	(31.55)	(33.91)				
1:29.77Y	F # 12	Male 13-14 100 Breast	LY-VA	32	---	-2.11
	43.51	1:29.77				
	(43.51)	(46.26)				
2:56.81Y	F # 18	Male 13-14 200 IM	LY-VA	20	---	-6.86
	43.96	1:30.71 2:21.09 2:56.81				
	(43.96)	(46.75) (50.38) (35.72)				
1:23.16Y	F # 26	Male 13-14 100 Back	LY-VA	28	---	-7.03
	40.12	1:23.16				
	(40.12)	(43.04)				
1:33.54Y	F # 32	Male 13-14 100 Fly	LY-VA	26	---	3.23
	45.87	1:33.54				
	(45.87)	(47.67)				
2:24.13Y	F # 38	Male 13-14 200 Free	LY-VA	12	---	-1.40
	33.48	1:11.18 1:49.69 2:24.13				
	(33.48)	(37.70) (38.51) (34.44)				
Grey Dawson (8) M						
45.63Y	F # 2	Male 10 & Under 50 Free	LY-VA	44	---	2.29
57.96Y	F # 8	Male 10 & Under 50 Breast	LY-VA	35	---	-4.31
2:06.68Y	F # 14	Male 12 & Under 100 IM	LY-VA	58	---	---
	1:08.92	2:06.68				
	(1:08.92)	(57.76)				

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Time	F/P/S	Event	Place	Points	Improv
Avery Duff (14) F					
1:04.83Y DQ	F # 5	Female 13-14 100 Free	LY-VA	---	---
	30.40	1:04.83			
	(30.40)	(34.43)			
2:58.21Y	F # 17	Female 13-14 200 IM	LY-VA	21	---
	37.44	1:25.66 2:21.60 --- 2:58.21			3.53
	(37.44)	(48.22) (55.94) --- (2:58.21)			
1:23.58Y	F # 25	Female 13-14 100 Back	LY-VA	23	---
	40.67	1:23.58			4.65
	(40.67)	(42.91)			
1:29.15Y	F # 31	Female 13-14 100 Fly	LY-VA	22	---
	39.50	1:29.15			1.60
	(39.50)	(49.65)			
2:30.45Y	F # 37	Female 13-14 200 Free	LY-VA	13	---
	33.78	1:11.83 1:51.87 2:30.45			7.63
	(33.78)	(38.05) (40.04) (38.58)			
Evy Edwards (11) F					
1:23.69Y	F # 3	Female 12 & Under 100 Free	LY-VA	44	---
	38.24	1:23.69			-0.07
	(38.24)	(45.45)			
1:48.97Y	F # 9	Female 11-12 100 Breast	LY-VA	39	---
	50.58	1:48.97			3.75
	(50.58)	(58.39)			
1:39.31Y	F # 13	Female 12 & Under 100 IM	LY-VA	44	---
	45.42	1:39.31			5.04
	(45.42)	(53.89)			
1:48.43Y	F # 23	Female 11-12 100 Back	LY-VA	43	---
	51.94	1:48.43			4.69
	(51.94)	(56.49)			
3:06.88Y	F # 35	Female 12 & Under 200 Free	LY-VA	27	---
	41.74	--- 1:32.46 2:23.65 --- 3:06.88			-1.79
	(41.74)	--- (1:32.46) (51.19) --- (3:06.88)			
Millie Fowler (9) F					
41.92Y	F # 1	Female 10 & Under 50 Free	LY-VA	33	---
					0.23
1:01.91Y	F # 7	Female 10 & Under 50 Breast	LY-VA	31	---
					-5.24
1:58.29Y	F # 13	Female 12 & Under 100 IM	LY-VA	62	---
	56.03	1:58.29			---
	(56.03)	(1:02.26)			
48.28Y	F # 21	Female 10 & Under 50 Back	LY-VA	28	---
					-5.00
1:04.87Y	F # 27	Female 10 & Under 50 Fly	LY-VA	36	---

1:31.81Y	F # 33	Female 10 & Under 100 Free	LY-VA	18	---
	---	1:31.81			-8.52
	---	(1:31.81)			
Kensley Gigliotti (10) F					
NS	F # 1	Female 10 & Under 50 Free	LY-VA	---	---

NS	F # 7	Female 10 & Under 50 Breast	LY-VA	---	---

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Time	F/P/S	Event				Place				Points	Improv
Emma Graterol Quijada (7) F											
NS	F # 1	Female 10 & Under 50 Free				LY-VA		---		---	---
NS	F # 7	Female 10 & Under 50 Breast				LY-VA		---		---	---
NS	F # 21	Female 10 & Under 50 Back				LY-VA		---		---	---
NS	F # 33	Female 10 & Under 100 Free				LY-VA		---		---	---
Camille Greenlaw (11) F											
1:10.37Y	F # 3	Female 12 & Under 100 Free				LY-VA		25		---	-1.33
	33.18	1:10.37									
	(33.18)	(37.19)									
1:33.34Y	F # 9	Female 11-12 100 Breast				LY-VA		20		---	-6.33
	---	1:33.34									
	---	(1:33.34)									
1:21.50Y	F # 13	Female 12 & Under 100 IM				LY-VA		13		---	-1.54
	38.12	---				1:21.50					
	(38.12)	---				(1:21.50)					
NS	F # 23	Female 11-12 100 Back				LY-VA		---		---	---
NS	F # 29	Female 11-12 100 Fly				LY-VA		---		---	---
NS	F # 35	Female 12 & Under 200 Free				LY-VA		---		---	---
Cheyanne Henderson (12) F											
1:27.68Y	F # 23	Female 11-12 100 Back				LY-VA		33		---	1.71
	41.64	---				1:27.68					
	(41.64)	---				(1:27.68)					
1:33.64Y	F # 29	Female 11-12 100 Fly				LY-VA		23		---	-3.04
	41.87	1:33.64									
	(41.87)	(51.77)									
7:03.23Y	F # 39	Female 11 & Over 500 Free				LY-VA		27		---	-31.29
	35.27	1:16.98	2:00.70	2:43.83	3:27.97	4:12.35	4:56.69	5:41.24			
	(35.27)	(41.71)	(43.72)	(43.13)	(44.14)	(44.38)	(44.34)	(44.55)			
	6:24.69	7:03.23									
	(43.45)	(38.54)									
Connor Henry (11) M											
1:21.56Y	F # 4	Male 12 & Under 100 Free				LY-VA		38		---	1.88
	37.17	1:21.56									
	(37.17)	(44.39)									
1:44.79Y	F # 10	Male 11-12 100 Breast				LY-VA		23		---	5.46
	47.39	1:44.79									
	(47.39)	(57.40)									
1:36.84Y	F # 14	Male 12 & Under 100 IM				LY-VA		33		---	7.17
	48.40	1:36.84									
	(48.40)	(48.44)									

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Ty Henry (9) M						
45.73Y	F # 2	Male 10 & Under 50 Free	LY-VA	45	---	3.82
58.20Y	F # 8	Male 10 & Under 50 Breast	LY-VA	36	---	0.44
1:52.43Y	F # 14	Male 12 & Under 100 IM	LY-VA	48	---	-5.09
	54.58	1:52.43				
	(54.58)	(57.85)				
Margaret Herman (7) F						
1:06.23Y	F # 1	Female 10 & Under 50 Free	LY-VA	57	---	---
1:27.20Y DQ	F # 7	Female 10 & Under 50 Breast	LY-VA	---	---	---
1:25.07Y DQ	F # 21	Female 10 & Under 50 Back	LY-VA	---	---	---
2:15.00Y	F # 33	Female 10 & Under 100 Free	LY-VA	44	---	---
	---	2:15.00				
	---	(2:15.00)				
Nathaniel Herman (8) M						
49.86Y	F # 2	Male 10 & Under 50 Free	LY-VA	55	---	---
1:25.60Y DQ	F # 8	Male 10 & Under 50 Breast	LY-VA	---	---	---
2:24.13Y DQ	F # 14	Male 12 & Under 100 IM	LY-VA	---	---	---
	---	2:24.13				
	---	(2:24.13)				
1:01.14Y	F # 22	Male 10 & Under 50 Back	LY-VA	44	---	---
1:09.80Y	F # 28	Male 10 & Under 50 Fly	LY-VA	41	---	---
1:54.63Y	F # 34	Male 10 & Under 100 Free	LY-VA	34	---	---
	54.60	1:54.63				
	(54.60)	(1:00.03)				
Ellington Hermosa (13) F						
1:07.05Y	F # 5	Female 13-14 100 Free	LY-VA	23	---	-8.82
	31.78	1:07.05				
	(31.78)	(35.27)				
1:35.99Y	F # 11	Female 13-14 100 Breast	LY-VA	28	---	-9.92
	46.30	1:35.99				
	(46.30)	(49.69)				
3:03.01Y	F # 17	Female 13-14 200 IM	LY-VA	24	---	---
	37.46	1:23.83 2:23.79 3:03.01				
	(37.46)	(46.37) (59.96) (39.22)				
Sebastian Hermosa (14) M						
1:00.67Y	F # 6	Male 13-14 100 Free	LY-VA	22	---	---
	27.36	1:00.67				
	(27.36)	(33.31)				
1:24.77Y	F # 12	Male 13-14 100 Breast	LY-VA	23	---	---
	40.09	1:24.77				
	(40.09)	(44.68)				
2:39.56Y	F # 18	Male 13-14 200 IM	LY-VA	14	---	---
	31.50	1:14.80 2:05.19 2:39.56				
	(31.50)	(43.30) (50.39) (34.37)				

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Carson Hill (10) M						
39.69Y	F # 2	Male 10 & Under 50 Free	LY-VA	32	---	-3.99
59.09Y	F # 8	Male 10 & Under 50 Breast	LY-VA	38	---	0.24
1:56.74Y	F # 14	Male 12 & Under 100 IM	LY-VA	51	---	-12.20
	58.40	1:56.74				
	(58.40)	(58.34)				
54.82Y	F # 22	Male 10 & Under 50 Back	LY-VA	39	---	-2.91
1:03.14Y	F # 28	Male 10 & Under 50 Fly	LY-VA	34	---	-2.48
1:36.53Y	F # 34	Male 10 & Under 100 Free	LY-VA	23	---	-10.70
	45.80	1:36.53				
	(45.80)	(50.73)				
Sydney Hill (14) F						
1:00.73Y	F # 5	Female 13-14 100 Free	LY-VA	5	---	-3.07
	29.24	1:00.73				
	(29.24)	(31.49)				
1:30.13Y	F # 11	Female 13-14 100 Breast	LY-VA	17	---	1.94
	42.16	1:30.13				
	(42.16)	(47.97)				
2:43.68Y	F # 17	Female 13-14 200 IM	LY-VA	11	---	2.85
	37.64	1:17.49	2:08.48	2:43.68		
	(37.64)	(39.85)	(50.99)	(35.20)		
1:13.65Y	F # 25	Female 13-14 100 Back	LY-VA	10	---	1.86
	35.68	1:13.65				
	(35.68)	(37.97)				
1:23.72Y	F # 31	Female 13-14 100 Fly	LY-VA	16	---	1.10
	37.70	1:23.72				
	(37.70)	(46.02)				
2:19.21Y	F # 37	Female 13-14 200 Free	LY-VA	5	---	-7.41
	32.71	1:08.75	1:45.61	2:19.21		
	(32.71)	(36.04)	(36.86)	(33.60)		
Kenleigh Holt (13) F						
1:11.67Y	F # 5	Female 13-14 100 Free	LY-VA	30	---	-1.41
	32.63	1:11.67				
	(32.63)	(39.04)				
1:42.43Y	F # 11	Female 13-14 100 Breast	LY-VA	34	---	2.23
	47.48	1:42.43				
	(47.48)	(54.95)				
6:47.81Y	F # 19	Female 13-14 400 IM	LY-VA	5	---	---
	44.99	1:46.06	2:34.40	3:22.71	4:21.94	5:20.58
	(44.99)	(1:01.07)	(48.34)	(48.31)	(59.23)	(58.64)
					(43.01)	---
	6:47.81					
	(6:47.81)					

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Family YMCA

Time	F/P/S	Event	Place	Points	Improv			
Eva Kendall (13) F								
1:10.90Y	F # 5	Female 13-14 100 Free	LY-VA	28	---	-4.25		
	33.54	1:10.90						
	(33.54)	(37.36)						
1:30.62Y	F # 11	Female 13-14 100 Breast	LY-VA	18	---	-3.99		
	43.08	1:30.62						
	(43.08)	(47.54)						
6:40.73Y	F # 19	Female 13-14 400 IM	LY-VA	4	---	---		
	41.85	1:37.36	---	---	3:24.45	4:18.00	5:11.54	5:56.14
	(41.85)	(55.51)	---	---	(3:24.45)	(53.55)	(53.54)	(44.60)
	6:40.73							
	(44.59)							
1:23.24Y	F # 25	Female 13-14 100 Back	LY-VA	22	---	-5.50		
	40.08	---	1:23.24					
	(40.08)	---	(1:23.24)					
1:42.33Y	F # 31	Female 13-14 100 Fly	LY-VA	26	---	1.98		
	44.72	1:42.33						
	(44.72)	(57.61)						
2:41.44Y	F # 37	Female 13-14 200 Free	LY-VA	16	---	-1.14		
	36.40	1:17.23	2:00.17	2:41.44				
	(36.40)	(40.83)	(42.94)	(41.27)				
Phillip Kendall (11) M								
1:29.54Y	F # 4	Male 12 & Under 100 Free	LY-VA	39	---	-6.76		
	40.11	1:29.54						
	(40.11)	(49.43)						
2:04.91Y	F # 10	Male 11-12 100 Breast	LY-VA	32	---	3.83		
	---	2:04.91						
	---	(2:04.91)						
1:47.76Y	F # 14	Male 12 & Under 100 IM	LY-VA	45	---	5.45		
	51.56	1:47.76						
	(51.56)	(56.20)						
Amelia Kobek (9) F								
1:24.68Y	F # 3	Female 12 & Under 100 Free	LY-VA	46	---	-1.44		
	38.74	1:24.68						
	(38.74)	(45.94)						
53.20Y	F # 7	Female 10 & Under 50 Breast	LY-VA	22	---	-0.20		
1:36.00Y	F # 13	Female 12 & Under 100 IM	LY-VA	41	---	-1.84		
	45.09	1:36.00						
	(45.09)	(50.91)						

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Family YMCA

Time	F/P/S	Event		Place	Points	Improv
Max Koestner (7) M						
56.74Y	F # 2	Male 10 & Under 50 Free	LY-VA	61	---	0.77
1:13.97Y DQ	F # 8	Male 10 & Under 50 Breast	LY-VA	---	---	---
2:24.63Y DQ	F # 14	Male 12 & Under 100 IM	LY-VA	---	---	---
	---	2:24.63				
	---	(2:24.63)				
NS	F # 22	Male 10 & Under 50 Back	LY-VA	---	---	---
NS	F # 34	Male 10 & Under 100 Free	LY-VA	---	---	---
Evangeline Korby (13) F						
1:05.89Y	F # 5	Female 13-14 100 Free	LY-VA	17	---	-2.08
	31.25	1:05.89				
	(31.25)	(34.64)				
1:34.94Y	F # 11	Female 13-14 100 Breast	LY-VA	27	---	5.16
	44.98	1:34.94				
	(44.98)	(49.96)				
2:53.48Y	F # 17	Female 13-14 200 IM	LY-VA	19	---	-8.21
	1:25.75	---	2:16.73	2:53.48		
	(1:25.75)	---	(2:16.73)	(36.75)		
1:22.99Y	F # 25	Female 13-14 100 Back	LY-VA	21	---	-9.56
	---	1:22.99				
	---	(1:22.99)				
1:26.66Y	F # 31	Female 13-14 100 Fly	LY-VA	20	---	-10.36
	40.16	1:26.66				
	(40.16)	(46.50)				
2:26.45Y	F # 37	Female 13-14 200 Free	LY-VA	11	---	-2.27
	32.62	1:10.21 1:49.35 2:26.45				
	(32.62)	(37.59) (39.14) (37.10)				
Jon Korby (13) M						
1:06.93Y	F # 6	Male 13-14 100 Free	LY-VA	31	---	1.19
	31.88	1:06.93				
	(31.88)	(35.05)				
1:27.40Y	F # 12	Male 13-14 100 Breast	LY-VA	27	---	-1.35
	40.83	1:27.40				
	(40.83)	(46.57)				
2:49.12Y	F # 18	Male 13-14 200 IM	LY-VA	19	---	-5.10
	37.90	1:20.91 2:11.04 2:49.12				
	(37.90)	(43.01) (50.13) (38.08)				
1:19.03Y	F # 26	Male 13-14 100 Back	LY-VA	24	---	1.14
	37.85	1:19.03				
	(37.85)	(41.18)				
1:23.84Y	F # 32	Male 13-14 100 Fly	LY-VA	22	---	-3.62
	37.49	1:23.84				
	(37.49)	(46.35)				
2:28.53Y	F # 38	Male 13-14 200 Free	LY-VA	13	---	-1.79
	33.09	1:11.49 1:50.74 2:28.53				
	(33.09)	(38.40) (39.25) (37.79)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards

Location: Brooks Family YMCA

Time	F/P/S	Event	Place	Points	Improv
Jefferson Koscielny (13) M					
NS	F # 6	Male 13-14 100 Free	LY-VA	---	---
NS	F # 12	Male 13-14 100 Breast	LY-VA	---	---
NS	F # 26	Male 13-14 100 Back	LY-VA	---	---
NS	F # 32	Male 13-14 100 Fly	LY-VA	---	---
NS	F # 38	Male 13-14 200 Free	LY-VA	---	---
Lennon Leedy (6) F					
43.67Y	F # 1	Female 10 & Under 50 Free	LY-VA	35	---
1:02.49Y	F # 7	Female 10 & Under 50 Breast	LY-VA	32	---
1:59.58Y	F # 13	Female 12 & Under 100 IM	LY-VA	65	---
---		1:59.58			-4.14
---		(1:59.58)			
52.48Y	F # 21	Female 10 & Under 50 Back	LY-VA	37	---
1:04.45Y	F # 27	Female 10 & Under 50 Fly	LY-VA	35	---
1:43.25Y	F # 33	Female 10 & Under 100 Free	LY-VA	27	---
47.43		1:43.25			-0.30
(47.43)		(55.82)			
Erik Lee (10) M					
51.56Y	F # 2	Male 10 & Under 50 Free	LY-VA	58	---
1:10.29Y	F # 8	Male 10 & Under 50 Breast	LY-VA	47	---
2:11.61Y	F # 14	Male 12 & Under 100 IM	LY-VA	61	---
1:07.27		2:11.61			
(1:07.27)		(1:04.34)			
Benjamin Leger (9) M					
NS	F # 22	Male 10 & Under 50 Back	LY-VA	---	---
NS	F # 28	Male 10 & Under 50 Fly	LY-VA	---	---
NS	F # 34	Male 10 & Under 100 Free	LY-VA	---	---
Noah Leger (12) M					
1:23.24Y	F # 24	Male 11-12 100 Back	LY-VA	17	---
40.00		1:23.24			7.47
(40.00)		(43.24)			
1:28.38Y	F # 30	Male 11-12 100 Fly	LY-VA	15	---
41.01		1:28.38			9.67
(41.01)		(47.37)			
NS	F # 36	Male 12 & Under 200 Free	LY-VA	---	---

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Familv YMCA

Time	F/P/S	Event				Place	Points	Improv
Dabney Morrison (10) F								
34.64Y	F # 1	Female 10 & Under 50 Free		LY-VA	10	---	0.35	
46.32Y	F # 7	Female 10 & Under 50 Breast		LY-VA	5	---	-1.70	
1:26.79Y	F # 13	Female 12 & Under 100 IM		LY-VA	20	---	-6.75	
	41.98	1:26.79						
	(41.98)	(44.81)						
40.49Y	F # 21	Female 10 & Under 50 Back		LY-VA	8	---	-1.55	
36.58Y	F # 27	Female 10 & Under 50 Fly		LY-VA	2	---	-2.16	
1:16.77Y	F # 33	Female 10 & Under 100 Free		LY-VA	2	---	-5.86	
	36.29	1:16.77						
	(36.29)	(40.48)						
Mac Morrison (11) M								
1:05.93Y	F # 4	Male 12 & Under 100 Free		LY-VA	8	---	1.97	
	31.16	1:05.93						
	(31.16)	(34.77)						
1:38.25Y	F # 10	Male 11-12 100 Breast		LY-VA	18	---	-5.36	
	45.97	1:38.25						
	(45.97)	(52.28)						
1:14.91Y	F # 14	Male 12 & Under 100 IM		LY-VA	1	---	-2.10	
	34.39	1:14.91						
	(34.39)	(40.52)						
1:18.43Y	F # 24	Male 11-12 100 Back		LY-VA	8	---	0.06	
	37.89	1:18.43						
	(37.89)	(40.54)						
1:13.37Y	F # 30	Male 11-12 100 Fly		LY-VA	3	---	-1.34	
	34.88	1:13.37						
	(34.88)	(38.49)						
6:15.02Y	F # 40	Male 11 & Over 500 Free		LY-VA	14	---	-5.35	
	33.53	1:10.87	---	1:49.97	2:27.96	---	3:07.32	3:47.07
	(33.53)	(37.34)	---	(1:49.97)	(37.99)	---	(3:07.32)	(39.75)
	4:26.51	---	5:04.74	5:41.49	---	6:15.02		
	(39.44)	---	(5:04.74)	(36.75)	---	(6:15.02)		

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Familv YMCA

Time	F/P/S	Event	Place	Points	Improv
Aidan Moss (13) M					
1:03.13Y	F # 6	Male 13-14 100 Free	25	---	-1.29
	30.09	1:03.13			
	(30.09)	(33.04)			
1:24.17Y	F # 12	Male 13-14 100 Breast	21	---	-2.59
	40.83	1:24.17			
	(40.83)	(43.34)			
2:29.47Y	F # 18	Male 13-14 200 IM	7	---	-3.38
	33.61	1:11.07 1:57.15 2:29.47			
	(33.61)	(37.46) (46.08) (32.32)			
1:07.25Y	F # 26	Male 13-14 100 Back	11	---	-1.47
	33.66	1:07.25			
	(33.66)	(33.59)			
1:11.24Y	F # 32	Male 13-14 100 Fly	14	---	-2.30
	34.47	1:11.24			
	(34.47)	(36.77)			
2:15.79Y	F # 38	Male 13-14 200 Free	10	---	-3.21
	31.59	1:05.46 --- 2:15.79			
	(31.59)	(33.87) --- (2:15.79)			
William Moss (9) M					
40.06Y	F # 2	Male 10 & Under 50 Free	33	---	2.06
54.14Y	F # 8	Male 10 & Under 50 Breast	23	---	2.25
3:34.28Y	F # 16	Male 12 & Under 200 IM	23	---	-48.38
	---	1:43.15 --- 3:34.28			
	---	(1:43.15) --- (3:34.28)			
41.87Y	F # 22	Male 10 & Under 50 Back	16	---	0.35
52.28Y	F # 28	Male 10 & Under 50 Fly	22	---	4.92
1:26.99Y	F # 34	Male 10 & Under 100 Free	14	---	-1.35
	42.26	1:26.99			
	(42.26)	(44.73)			
Hope Mountz (12) F					
1:20.42Y	F # 3	Female 12 & Under 100 Free	39	---	-4.43
	37.33	1:20.42			
	(37.33)	(43.09)			
1:55.36Y	F # 9	Female 11-12 100 Breast	43	---	---
	52.67	1:55.36			
	(52.67)	(1:02.69)			
1:34.33Y	F # 13	Female 12 & Under 100 IM	34	---	---
	44.78	1:34.33			
	(44.78)	(49.55)			

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Family YMCA

Time	F/P/S	Event					Place	Points	Improv
Broderick Nelson (14) M									
52.78Y	F # 6	Male 13-14 100 Free			LY-VA	2	---	1.16	
	25.64	52.78							
	(25.64)	(27.14)							
1:07.56Y	F # 12	Male 13-14 100 Breast			LY-VA	1	---	5.45	
	32.17	1:07.56							
	(32.17)	(35.39)							
4:29.86Y	F # 20	Male 13-14 400 IM			LY-VA	1	---	15.80	
	28.14	1:00.21 1:35.45 2:09.90 2:48.53 3:28.07 3:59.88 4:29.86							
	(28.14)	(32.07) (35.24) (34.45) (38.63) (39.54) (31.81) (29.98)							
Caroline Nelson (12) F									
1:00.72Y	F # 3	Female 12 & Under 100 Free			LY-VA	5	---	-1.40	
	29.30	1:00.72							
	(29.30)	(31.42)							
1:19.82Y	F # 9	Female 11-12 100 Breast			LY-VA	5	---	2.20	
	38.15	1:19.82							
	(38.15)	(41.67)							
2:29.44Y	F # 15	Female 12 & Under 200 IM			LY-VA	2	---	1.00	
	33.60	1:14.96 1:57.55 2:29.44							
	(33.60)	(41.36) (42.59) (31.89)							
Selah Parish (11) F									
59.85Y	F # 3	Female 12 & Under 100 Free			LY-VA	3	---	-2.55	
	28.25	59.85							
	(28.25)	(31.60)							
1:22.09Y	F # 9	Female 11-12 100 Breast			LY-VA	9	---	-2.82	
	39.68	1:22.09							
	(39.68)	(42.41)							
1:09.47Y	F # 13	Female 12 & Under 100 IM			LY-VA	4	---	-5.47	
	32.01	1:09.47							
	(32.01)	(37.46)							
Addison Pavao (10) M									
45.51Y	F # 2	Male 10 & Under 50 Free			LY-VA	43	---	-0.45	
59.29Y	F # 8	Male 10 & Under 50 Breast			LY-VA	40	---	4.12	
2:06.03Y	F # 14	Male 12 & Under 100 IM			LY-VA	57	---	8.24	
	---	2:06.03							
	---	(2:06.03)							
Hayes Pavao (6) M									
1:30.85Y	F # 2	Male 10 & Under 50 Free			LY-VA	65	---	---	

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Familv YMCA

Time	F/P/S	Event	Place	Points	Improv	
Ella Pennington (14) F						
1:04.36Y	F # 5	Female 13-14 100 Free	LY-VA	12	---	0.46
	30.98	1:04.36				
	(30.98)	(33.38)				
1:22.01Y	F # 11	Female 13-14 100 Breast	LY-VA	8	---	2.00
	39.03	1:22.01				
	(39.03)	(42.98)				
2:32.24Y	F # 17	Female 13-14 200 IM	LY-VA	3	---	2.49
	32.78	1:12.29 1:58.49 2:32.24				
	(32.78)	(39.51) (46.20) (33.75)				
1:15.44Y	F # 25	Female 13-14 100 Back	LY-VA	13	---	3.37
	37.08	1:15.44				
	(37.08)	(38.36)				
1:12.91Y	F # 31	Female 13-14 100 Fly	LY-VA	7	---	2.64
	33.39	1:12.91				
	(33.39)	(39.52)				
5:58.73Y	F # 39	Female 11 & Over 500 Free	LY-VA	8	---	4.56
	32.88	1:08.40 1:44.33 2:20.62 2:57.05 3:33.44 4:09.84 4:46.46				
	(32.88)	(35.52) (35.93) (36.29) (36.43) (36.39) (36.40) (36.62)				
	5:23.17	5:58.73				
	(36.71)	(35.56)				
Lainey Pennington (12) F						
1:01.35Y	F # 3	Female 12 & Under 100 Free	LY-VA	6	---	-0.95
	29.71	1:01.35				
	(29.71)	(31.64)				
1:24.11Y	F # 9	Female 11-12 100 Breast	LY-VA	10	---	-3.43
	39.41	1:24.11				
	(39.41)	(44.70)				
2:32.53Y	F # 15	Female 12 & Under 200 IM	LY-VA	5	---	-4.61
	33.59	1:13.47 1:58.66 2:32.53				
	(33.59)	(39.88) (45.19) (33.87)				
1:14.61Y	F # 23	Female 11-12 100 Back	LY-VA	8	---	-2.24
	36.51	1:14.61				
	(36.51)	(38.10)				
1:14.03Y	F # 29	Female 11-12 100 Fly	LY-VA	6	---	2.14
	33.86	1:14.03				
	(33.86)	(40.17)				
2:11.38Y	F # 35	Female 12 & Under 200 Free	LY-VA	2	---	-0.32
	30.69	1:04.03 1:38.09 2:11.38				
	(30.69)	(33.34) (34.06) (33.29)				
Max Pennington (7) M						
49.37Y	F # 2	Male 10 & Under 50 Free	LY-VA	53	---	0.88
1:03.52Y	F # 8	Male 10 & Under 50 Breast	LY-VA	43	---	3.91
2:02.03Y	F # 14	Male 12 & Under 100 IM	LY-VA	56	---	-9.51
	16.68	2:02.03				
	(16.68)	(1:45.35)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Familv YMCA

Time	F/P/S	Event		Place	Points	Improv
Charlotte Pickeral (9) F						
32.56Y	F # 1	Female 10 & Under 50 Free	LY-VA	2	---	-1.32
47.63Y	F # 7	Female 10 & Under 50 Breast	LY-VA	8	---	-1.72
3:14.00Y	F # 15	Female 12 & Under 200 IM	LY-VA	18	---	-2.28
	43.51	1:32.74 2:32.23 3:14.00				
	(43.51)	(49.23) (59.49) (41.77)				
41.81Y	F # 21	Female 10 & Under 50 Back	LY-VA	9	---	0.83
40.23Y	F # 27	Female 10 & Under 50 Fly	LY-VA	6	---	-2.04
1:13.75Y	F # 33	Female 10 & Under 100 Free	LY-VA	1	---	-5.49
	36.25	1:13.75				
	(36.25)	(37.50)				
Danna Pineda (13) F						
1:04.18Y	F # 5	Female 13-14 100 Free	LY-VA	11	---	-0.76
	31.82	1:04.18				
	(31.82)	(32.36)				
1:32.12Y	F # 11	Female 13-14 100 Breast	LY-VA	22	---	-1.69
	44.10	1:32.12				
	(44.10)	(48.02)				
2:44.34Y	F # 17	Female 13-14 200 IM	LY-VA	12	---	-5.24
	34.14	1:16.51 2:09.17 --- 2:44.34				
	(34.14)	(42.37) (52.66) --- (2:44.34)				
Hadley Saechao (8) F						
40.62Y	F # 1	Female 10 & Under 50 Free	LY-VA	30	---	-8.15
52.54Y	F # 7	Female 10 & Under 50 Breast	LY-VA	19	---	-9.04
3:51.35Y	F # 15	Female 12 & Under 200 IM	LY-VA	20	---	2.56
	1:58.93	--- --- 3:00.30 3:51.35				
	(1:58.93)	--- --- (3:00.30) (51.05)				
Landon Saechao (10) M						
33.48Y	F # 2	Male 10 & Under 50 Free	LY-VA	6	---	-6.40
49.56Y	F # 8	Male 10 & Under 50 Breast	LY-VA	13	---	-6.12
1:25.35Y	F # 14	Male 12 & Under 100 IM	LY-VA	15	---	-13.31
	38.78	1:25.35				
	(38.78)	(46.57)				

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Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Family YMCA

Time	F/P/S	Event		Place	Points	Improv
Ella Shinkle (12) F						
1:11.92Y	F # 3	Female 12 & Under 100 Free	LY-VA	28	---	-1.81
	34.98	1:11.92				
	(34.98)	(36.94)				
1:43.99Y	F # 9	Female 11-12 100 Breast	LY-VA	34	---	0.34
	50.26	1:43.99				
	(50.26)	(53.73)				
1:27.57Y	F # 13	Female 12 & Under 100 IM	LY-VA	22	---	-2.56
	41.05	1:27.57				
	(41.05)	(46.52)				
1:23.42Y	F # 23	Female 11-12 100 Back	LY-VA	21	---	-1.99
	---	---	1:23.42			
	---	---	(1:23.42)			
2:41.47Y	F # 35	Female 12 & Under 200 Free	LY-VA	9	---	0.58
	37.27	1:19.47 2:02.74 2:41.47				
	(37.27)	(42.20) (43.27) (38.73)				
Seth Snyder (8) M						
35.71Y	F # 2	Male 10 & Under 50 Free	LY-VA	17	---	-1.15
57.92Y	F # 8	Male 10 & Under 50 Breast	LY-VA	34	---	2.55
3:17.83Y	F # 16	Male 12 & Under 200 IM	LY-VA	21	---	1.53
	44.43	1:33.89 2:36.88 3:17.83				
	(44.43)	(49.46) (1:02.99) (40.95)				
44.01Y	F # 22	Male 10 & Under 50 Back	LY-VA	20	---	0.93
39.46Y	F # 28	Male 10 & Under 50 Fly	LY-VA	12	---	-2.65
2:52.00Y	F # 36	Male 12 & Under 200 Free	LY-VA	23	---	0.69
	39.51	1:25.04 2:10.57 2:52.00				
	(39.51)	(45.53) (45.53) (41.43)				
Audrey Spivey (8) F						
53.85Y	F # 1	Female 10 & Under 50 Free	LY-VA	54	---	-5.82
1:13.65Y	F # 7	Female 10 & Under 50 Breast	LY-VA	45	---	3.66
4:46.80Y	F # 15	Female 12 & Under 200 IM	LY-VA	21	---	---
	1:09.09	---	---	3:45.05 4:46.80		
	(1:09.09)	---	---	(3:45.05) (1:01.75)		
Jude Spivey (9) M						
36.41Y	F # 2	Male 10 & Under 50 Free	LY-VA	20	---	-8.03
49.22Y	F # 8	Male 10 & Under 50 Breast	LY-VA	12	---	-3.09
1:37.45Y	F # 14	Male 12 & Under 100 IM	LY-VA	34	---	-5.79
	47.83	1:37.45				
	(47.83)	(49.62)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards

Location: Brooks Family YMCA

Time	F/P/S	Event				Place	Points	Improv
Bri Torrence (10) F								
36.82Y	F # 1	Female 10 & Under 50 Free			LY-VA	22	---	0.57
1:05.96Y	F # 7	Female 10 & Under 50 Breast			LY-VA	39	---	-9.67
1:41.09Y DQ	F # 13	Female 12 & Under 100 IM			LY-VA	---	---	---
	41.41	1:41.09						
	(41.41)	(59.68)						
43.99Y	F # 21	Female 10 & Under 50 Back			LY-VA	20	---	0.08
42.16Y	F # 27	Female 10 & Under 50 Fly			LY-VA	9	---	-3.65
3:07.07Y	F # 35	Female 12 & Under 200 Free			LY-VA	28	---	-5.60
	41.43	---	1:32.79	2:23.80	---	3:07.07		
	(41.43)	---	(1:32.79)	(51.01)	---	(3:07.07)		
Syrus Tracey (9) M								
34.33Y	F # 2	Male 10 & Under 50 Free			LY-VA	12	---	0.35
51.36Y	F # 8	Male 10 & Under 50 Breast			LY-VA	16	---	-1.65
3:15.88Y	F # 16	Male 12 & Under 200 IM			LY-VA	20	---	-10.18
	---	---	1:35.92	2:36.39	3:15.88			
	---	---	(1:35.92)	(1:00.47)	(39.49)			
Eli Trosper (13) M								
NS	F # 6	Male 13-14 100 Free			LY-VA	---	---	---
NS	F # 12	Male 13-14 100 Breast			LY-VA	---	---	---
NS	F # 18	Male 13-14 200 IM			LY-VA	---	---	---
NS	F # 26	Male 13-14 100 Back			LY-VA	---	---	---
NS	F # 32	Male 13-14 100 Fly			LY-VA	---	---	---
Kinley Tuck (13) F								
1:09.74Y	F # 5	Female 13-14 100 Free			LY-VA	26	---	-0.68
	33.24	1:09.74						
	(33.24)	(36.50)						
1:32.21Y	F # 11	Female 13-14 100 Breast			LY-VA	23	---	-1.31
	43.05	1:32.21						
	(43.05)	(49.16)						
2:55.81Y	F # 17	Female 13-14 200 IM			LY-VA	20	---	-1.57
	37.98	1:22.86	2:15.01	---	2:55.81			
	(37.98)	(44.88)	(52.15)	---	(2:55.81)			

Lynchburg YMCA Swim Team

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Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Family YMCA

Time	F/P/S	Event				Place				Points	Improv
Austin Woodruff (11) M											
1:05.20Y	F # 4	Male 12 & Under 100 Free				LY-VA		6	---	-0.56	
	31.46	1:05.20									
	(31.46)	(33.74)									
1:28.21Y	F # 10	Male 11-12 100 Breast				LY-VA		6	---	-2.97	
	41.98	1:28.21									
	(41.98)	(46.23)									
2:44.10Y	F # 16	Male 12 & Under 200 IM				LY-VA		5	---	0.45	
	37.54	1:19.17	2:09.11	2:44.10							
	(37.54)	(41.63)	(49.94)	(34.99)							
1:14.65Y	F # 24	Male 11-12 100 Back				LY-VA		4	---	0.71	
	36.17	1:14.65									
	(36.17)	(38.48)									
1:19.34Y	F # 30	Male 11-12 100 Fly				LY-VA		7	---	-2.91	
	36.43	1:19.34									
	(36.43)	(42.91)									
6:06.06Y	F # 40	Male 11 & Over 500 Free				LY-VA		13	---	4.63	
	32.99	1:10.22	1:48.35	2:25.81	3:02.62	3:40.05	4:17.13	4:54.01			
	(32.99)	(37.23)	(38.13)	(37.46)	(36.81)	(37.43)	(37.08)	(36.88)			
	5:30.91	6:06.06									
	(36.90)	(35.15)									
Caleb Wu (14) M											
55.65Y	F # 6	Male 13-14 100 Free				LY-VA		5	---	0.09	
	26.88	55.65									
	(26.88)	(28.77)									
1:07.95Y	F # 12	Male 13-14 100 Breast				LY-VA		2	---	1.93	
	32.18	1:07.95									
	(32.18)	(35.77)									
5:01.70Y	F # 20	Male 13-14 400 IM				LY-VA		5	---	2.75	
	32.29	1:12.47	1:53.31	2:32.18	3:13.76	3:55.99	4:30.75	5:01.70			
	(32.29)	(40.18)	(40.84)	(38.87)	(41.58)	(42.23)	(34.76)	(30.95)			
1:02.73Y	F # 26	Male 13-14 100 Back				LY-VA		3	---	-0.84	
	30.79	1:02.73									
	(30.79)	(31.94)									
1:06.85Y	F # 32	Male 13-14 100 Fly				LY-VA		7	---	-1.71	
	31.09	1:06.85									
	(31.09)	(35.76)									
2:02.69Y	F # 38	Male 13-14 200 Free				LY-VA		2	---	-2.39	
	28.92	1:00.65	1:32.72	2:02.69							
	(28.92)	(31.73)	(32.07)	(29.97)							

Lynchburg YMCA Swim Team

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Individual Meet Results

Cavalier Aquatics Quad 09-Nov-24 to 10-Nov-24 Yards
Location: Brooks Familv YMCA

Time	F/P/S	Event		Place	Points	Improv
Titus Wu (9) M						
33.72Y	F # 2	Male 10 & Under 50 Free	LY-VA	8	---	0.41
44.02Y	F # 8	Male 10 & Under 50 Breast	LY-VA	5	---	0.02
3:01.74Y	F # 16	Male 12 & Under 200 IM	LY-VA	17	---	2.05
	41.82	1:29.30 --- 3:01.74				
	(41.82)	(47.48) --- (3:01.74)				
38.88Y	F # 22	Male 10 & Under 50 Back	LY-VA	10	---	-0.58
38.56Y	F # 28	Male 10 & Under 50 Fly	LY-VA	10	---	-0.96
1:13.40Y	F # 34	Male 10 & Under 100 Free	LY-VA	5	---	1.70
	34.97	1:13.40				
	(34.97)	(38.43)				
Spence Young (9) M						
37.13Y	F # 2	Male 10 & Under 50 Free	LY-VA	25	---	-0.51
50.51Y	F # 8	Male 10 & Under 50 Breast	LY-VA	14	---	-2.09
1:35.12Y	F # 14	Male 12 & Under 100 IM	LY-VA	30	---	-9.59
	47.13	1:35.12				
	(47.13)	(47.99)				