

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 Commonwealth Cup 08-Nov-24 to 10-Nov-24 Yards

Location: SwimRVA-CSAC

Time	F/P/S	Event		Place	Points	Improv
Cole Campbell (15) M						
1:05.61Y	P # 4	Male 13 & Over 100 Breast	LY-VA	51	---	2.79
1:01.64Y	P # 6	Male 13 & Over 100 Fly	LY-VA	92	---	3.03
22.96Y	P # 16	Male 13 & Over 50 Free	LY-VA	47	---	0.19
2:32.59Y	P # 18	Male 13 & Over 200 Breast	LY-VA	63	---	11.77
51.05Y	P # 30	Male 13 & Over 100 Free	LY-VA	70	---	0.53
2:17.03Y	P # 32	Male 13 & Over 200 IM	LY-VA	132	---	6.16
Sam Edwards (13) M						
2:05.19Y	P # 2	Male 13 & Over 200 Free	LY-VA	105	---	0.12
4:58.42Y	P # 8	Male 13 & Over 400 IM	LY-VA	53	---	3.40
1:02.50Y	P # 20	Male 13 & Over 100 Back	LY-VA	87	---	-0.98
5:31.24Y	P # 22	Male 13 & Over 500 Free	LY-VA	67	---	-2.24
2:17.33Y	P # 28	Male 13 & Over 200 Back	LY-VA	60	---	2.13
18:38.85Y	F # 36	Male 13 & Over 1650 Free	LY-VA	30	---	---
Ann-Margaret Holt (15) F						
1:58.13Y	P # 1	Female 13 & Over 200 Free	LY-VA	27	---	4.03
1:03.05Y	P # 5	Female 13 & Over 100 Fly	LY-VA	58	---	2.02
1:55.44Y	F # 9	800 Free Relay Lead Off	LY-VA	---	---	1.34
25.35Y	P # 15	Female 13 & Over 50 Free	LY-VA	39	---	0.86
1:02.27Y	P # 19	Female 13 & Over 100 Back	LY-VA	47	---	0.79
5:08.04Y	F # 21	Female 13 & Over 500 Free	LY-VA	10	7	0.24
5:12.59Y	P # 21	Female 13 & Over 500 Free	LY-VA	14	---	4.79
2:15.70Y	P # 27	Female 13 & Over 200 Back	LY-VA	38	---	4.83
55.41Y	P # 29	Female 13 & Over 100 Free	LY-VA	48	---	2.58
17:47.93Y	F # 35	Female 13 & Over 1650 Free	LY-VA	8	11	-6.13
Davis Hottle (17) M						
1:49.76Y	P # 2	Male 13 & Over 200 Free	LY-VA	49	---	3.08
55.21Y	P # 6	Male 13 & Over 100 Fly	LY-VA	44	---	1.79
4:30.88Y	P # 8	Male 13 & Over 400 IM	LY-VA	35	---	3.12
23.24Y	P # 16	Male 13 & Over 50 Free	LY-VA	64	---	0.63
55.83Y	P # 20	Male 13 & Over 100 Back	LY-VA	35	---	0.39
56.42Y	F # 24	400 Medley Relay Lead Off	LY-VA	---	---	0.98
26.61Y	F # 26	200 Medley Relay Lead Off	LY-VA	---	---	0.52
2:01.28Y	P # 28	Male 13 & Over 200 Back	LY-VA	26	---	4.56
2:01.50Y	F # 28	Male 13 & Over 200 Back	LY-VA	23	---	4.78
50.94Y	P # 30	Male 13 & Over 100 Free	LY-VA	67	---	1.26
2:08.63Y	P # 32	Male 13 & Over 200 IM	LY-VA	79	---	4.94

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Luke Hottle (15) M						
1:01.15Y	F # 4	Male 13 & Over 100 Breast	LY-VA	18	---	0.38
1:01.75Y	P # 4	Male 13 & Over 100 Breast	LY-VA	17	---	0.98
53.51Y	P # 6	Male 13 & Over 100 Fly	LY-VA	24	---	-0.88
53.72Y	F # 6	Male 13 & Over 100 Fly	LY-VA	23	---	-0.67
4:16.64Y	F # 8	Male 13 & Over 400 IM	LY-VA	20	---	8.94
4:17.33Y	P # 8	Male 13 & Over 400 IM	LY-VA	17	---	9.63
23.26Y	F # 12	200 Free Relay Lead Off	LY-VA	---	---	0.61
22.67Y	P # 16	Male 13 & Over 50 Free	LY-VA	30	---	0.02
2:13.36Y	F # 18	Male 13 & Over 200 Breast	LY-VA	10	6.5	2.96
2:17.40Y	P # 18	Male 13 & Over 200 Breast	LY-VA	15	---	7.00
4:56.41Y	P # 22	Male 13 & Over 500 Free	LY-VA	27	---	11.93
49.32Y	P # 30	Male 13 & Over 100 Free	LY-VA	31	---	-0.62
2:01.51Y	P # 32	Male 13 & Over 200 IM	LY-VA	25	---	4.39
2:01.66Y	F # 32	Male 13 & Over 200 IM	LY-VA	20	---	4.54
16:59.97Y	F # 36	Male 13 & Over 1650 Free	LY-VA	12	5	0.16
Anna Mills (17) F						
NS	P # 27	Female 13 & Over 200 Back	LY-VA	---	---	---
NS	P # 29	Female 13 & Over 100 Free	LY-VA	---	---	---
NS	P # 31	Female 13 & Over 200 IM	LY-VA	---	---	---
Broderick Nelson (14) M						
2:06.00Y	F # 28	Male 13 & Over 200 Back	LY-VA	30	---	4.72
2:08.45Y	P # 28	Male 13 & Over 200 Back	LY-VA	45	---	7.17
52.52Y	P # 30	Male 13 & Over 100 Free	LY-VA	91	---	0.90
2:04.90Y	F # 32	Male 13 & Over 200 IM	LY-VA	27	---	2.99
2:06.35Y	P # 32	Male 13 & Over 200 IM	LY-VA	63	---	4.44
Owen Porter (14) M						
1:09.62Y	P # 4	Male 13 & Over 100 Breast	LY-VA	73	---	0.55
1:06.74Y	P # 6	Male 13 & Over 100 Fly	LY-VA	97	---	-0.15
26.49Y	P # 16	Male 13 & Over 50 Free	LY-VA	125	---	0.09
2:38.80Y	P # 18	Male 13 & Over 200 Breast	LY-VA	67	---	2.20

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Hudson Rice (15) M						
1:47.53Y	P # 2	Male 13 & Over 200 Free	LY-VA	28	---	-0.03
56.28Y	P # 6	Male 13 & Over 100 Fly	LY-VA	58	---	3.33
4:12.27Y	F # 8	Male 13 & Over 400 IM	LY-VA	10	7	3.42
4:15.95Y	P # 8	Male 13 & Over 400 IM	LY-VA	12	---	7.10
1:58.53Y	P # 14	Male 13 & Over 200 Fly	LY-VA	11	---	0.84
1:58.96Y	F # 14	Male 13 & Over 200 Fly	LY-VA	12	4.5	1.27
22.67Y	P # 16	Male 13 & Over 50 Free	LY-VA	30	---	0.05
4:44.76Y	F # 22	Male 13 & Over 500 Free	LY-VA	11	6	-4.73
4:47.87Y	P # 22	Male 13 & Over 500 Free	LY-VA	11	---	-1.62
49.53Y	P # 30	Male 13 & Over 100 Free	LY-VA	38	---	-0.23
2:03.76Y	P # 32	Male 13 & Over 200 IM	LY-VA	43	---	3.33
16:35.92Y	F # 36	Male 13 & Over 1650 Free	LY-VA	6	13	-8.15
Mitchell Rogers (14) M						
1:09.90Y	P # 4	Male 13 & Over 100 Breast	LY-VA	75	---	2.09
1:00.80Y	P # 6	Male 13 & Over 100 Fly	LY-VA	90	---	1.02
4:40.12Y	P # 8	Male 13 & Over 400 IM	LY-VA	45	---	-1.92
4:40.16Y	F # 8	Male 13 & Over 400 IM	LY-VA	30	---	-1.88
2:11.07Y	P # 14	Male 13 & Over 200 Fly	LY-VA	48	---	-1.58
2:11.32Y	F # 14	Male 13 & Over 200 Fly	LY-VA	31	---	-1.33
25.39Y	P # 16	Male 13 & Over 50 Free	LY-VA	123	---	0.17
2:36.49Y	P # 18	Male 13 & Over 200 Breast	LY-VA	66	---	6.52
54.01Y	P # 30	Male 13 & Over 100 Free	LY-VA	122	---	-0.68
2:14.55Y	P # 32	Male 13 & Over 200 IM	LY-VA	124	---	3.27
Max Schonfelder (18) M						
58.66Y	F # 4	Male 13 & Over 100 Breast	LY-VA	6	13	1.20
58.82Y	P # 4	Male 13 & Over 100 Breast	LY-VA	7	---	1.36
52.19Y	F # 6	Male 13 & Over 100 Fly	LY-VA	12	5	0.60
52.75Y	P # 6	Male 13 & Over 100 Fly	LY-VA	14	---	1.16
4:20.65Y	F # 8	Male 13 & Over 400 IM	LY-VA	24	---	-3.24
4:21.72Y	P # 8	Male 13 & Over 400 IM	LY-VA	22	---	-2.17
1:46.83Y	F # 10	800 Free Relay Lead Off	LY-VA	---	---	0.98
22.24Y	F # 12	200 Free Relay Lead Off	LY-VA	---	---	0.73
21.81Y	F # 16	Male 13 & Over 50 Free	LY-VA	18	---	0.30
22.00Y	P # 16	Male 13 & Over 50 Free	LY-VA	17	---	0.49
2:12.71Y	F # 18	Male 13 & Over 200 Breast	LY-VA	7	12	6.58
2:13.62Y	P # 18	Male 13 & Over 200 Breast	LY-VA	8	---	7.49
54.84Y	F # 20	Male 13 & Over 100 Back	LY-VA	22	---	-1.30
54.90Y	P # 20	Male 13 & Over 100 Back	LY-VA	25	---	-1.24
47.26Y	F # 30	Male 13 & Over 100 Free	LY-VA	10	7	0.17
48.15Y	P # 30	Male 13 & Over 100 Free	LY-VA	18	---	1.06
1:57.97Y	F # 32	Male 13 & Over 200 IM	LY-VA	10	7	3.38
2:00.38Y	P # 32	Male 13 & Over 200 IM	LY-VA	19	---	5.79
47.77Y	F # 34	400 Free Relay Lead Off	LY-VA	---	---	0.68

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Ava Shopbell (15) F						
1:11.17Y	P # 3	Female 13 & Over 100 Breast	LY-VA	38	---	-1.45
59.76Y	P # 5	Female 13 & Over 100 Fly	LY-VA	27	---	0.77
4:37.63Y	F # 7	Female 13 & Over 400 IM	LY-VA	11	6	-1.39
4:41.00Y	P # 7	Female 13 & Over 400 IM	LY-VA	15	---	1.98
2:07.65Y	F # 13	Female 13 & Over 200 Fly	LY-VA	7	12	2.06
2:07.96Y	P # 13	Female 13 & Over 200 Fly	LY-VA	8	---	2.37
2:35.74Y	P # 17	Female 13 & Over 200 Breast	LY-VA	33	---	1.88
5:26.18Y	P # 21	Female 13 & Over 500 Free	LY-VA	36	---	2.29
2:17.35Y	P # 27	Female 13 & Over 200 Back	LY-VA	42	---	-0.97
58.30Y	P # 29	Female 13 & Over 100 Free	LY-VA	115	---	1.06
2:16.27Y	P # 31	Female 13 & Over 200 IM	LY-VA	34	---	3.40
Avery Snyder (16) M						
1:56.28Y	P # 2	Male 13 & Over 200 Free	LY-VA	88	---	5.16
1:05.47Y	P # 4	Male 13 & Over 100 Breast	LY-VA	47	---	2.65
4:40.84Y	P # 8	Male 13 & Over 400 IM	LY-VA	46	---	1.09
NS	P # 16	Male 13 & Over 50 Free	LY-VA	---	---	---
NS	P # 18	Male 13 & Over 200 Breast	LY-VA	---	---	---
NS	P # 22	Male 13 & Over 500 Free	LY-VA	---	---	---
Brody Wall (14) M						
23.10Y	P # 16	Male 13 & Over 50 Free	LY-VA	56	---	-0.60
23.14Y	F # 16	Male 13 & Over 50 Free	LY-VA	30	---	-0.56
1:02.99Y	P # 20	Male 13 & Over 100 Back	LY-VA	90	---	-1.72
51.02Y	F # 30	Male 13 & Over 100 Free	LY-VA	28	---	-1.35
51.80Y	P # 30	Male 13 & Over 100 Free	LY-VA	82	---	-0.57
2:10.99Y	P # 32	Male 13 & Over 200 IM	LY-VA	102	---	-3.01
52.48Y	F # 34	400 Free Relay Lead Off	LY-VA	---	---	0.11
Sarah Warren (15) F						
1:03.21Y	P # 5	Female 13 & Over 100 Fly	LY-VA	60	---	2.50
4:58.57Y	P # 7	Female 13 & Over 400 IM	LY-VA	40	---	7.93
2:19.22Y	P # 13	Female 13 & Over 200 Fly	LY-VA	32	---	8.32
28.26Y	P # 15	Female 13 & Over 50 Free	LY-VA	123	---	1.17
1:07.51Y	P # 19	Female 13 & Over 100 Back	LY-VA	87	---	4.03
2:24.26Y	P # 27	Female 13 & Over 200 Back	LY-VA	59	---	6.76
1:00.72Y	P # 29	Female 13 & Over 100 Free	LY-VA	145	---	2.15
2:22.02Y	P # 31	Female 13 & Over 200 IM	LY-VA	69	---	3.55

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Time	F/P/S	Event		Place	Points	Improv
Broughton Webb (14) F						
2:05.74Y	P # 1	Female 13 & Over 200 Free	LY-VA	77	---	7.64
1:14.79Y	P # 3	Female 13 & Over 100 Breast	LY-VA	60	---	5.52
4:47.89Y	P # 7	Female 13 & Over 400 IM	LY-VA	25	---	8.68
4:49.44Y DQ	F # 7	Female 13 & Over 400 IM	LY-VA	---	---	---
28.65Y	P # 15	Female 13 & Over 50 Free	LY-VA	126	---	2.26
2:36.04Y DQ	P # 17	Female 13 & Over 200 Breast	LY-VA	---	---	---
5:15.38Y	F # 21	Female 13 & Over 500 Free	LY-VA	25	---	7.75
5:23.70Y	P # 21	Female 13 & Over 500 Free	LY-VA	33	---	16.07
59.20Y	P # 29	Female 13 & Over 100 Free	LY-VA	127	---	3.00
2:19.48Y	P # 31	Female 13 & Over 200 IM	LY-VA	54	---	6.53
2:19.89Y DQ	F # 31	Female 13 & Over 200 IM	LY-VA	---	---	---
17:43.49Y	F # 35	Female 13 & Over 1650 Free	LY-VA	6	13	-7.37
Graham Woodruff (15) M						
1:48.23Y	P # 2	Male 13 & Over 200 Free	LY-VA	36	---	2.23
1:08.44Y	P # 4	Male 13 & Over 100 Breast	LY-VA	67	---	1.92
55.53Y	P # 6	Male 13 & Over 100 Fly	LY-VA	48	---	1.84
22.31Y	P # 16	Male 13 & Over 50 Free	LY-VA	24	---	0.84
23.09Y	F # 16	Male 13 & Over 50 Free	LY-VA	24	---	1.62
58.46Y	P # 20	Male 13 & Over 100 Back	LY-VA	65	---	3.49
5:07.88Y	P # 22	Male 13 & Over 500 Free	LY-VA	48	---	18.98
2:03.39Y	P # 28	Male 13 & Over 200 Back	LY-VA	35	---	3.15
48.85Y	P # 30	Male 13 & Over 100 Free	LY-VA	25	---	0.82
49.22Y	F # 30	Male 13 & Over 100 Free	LY-VA	20	---	1.19
2:09.62Y	P # 32	Male 13 & Over 200 IM	LY-VA	89	---	7.30
Taylor Woodruff (14) F						
2:04.90Y	P # 1	Female 13 & Over 200 Free	LY-VA	73	---	4.70
1:00.35Y	F # 5	Female 13 & Over 100 Fly	LY-VA	25	---	-0.04
1:01.19Y	P # 5	Female 13 & Over 100 Fly	LY-VA	40	---	0.80
27.41Y	F # 11	200 Free Relay Lead Off	LY-VA	---	---	1.96
2:09.10Y	F # 13	Female 13 & Over 200 Fly	LY-VA	12	5	-1.28
2:11.94Y	P # 13	Female 13 & Over 200 Fly	LY-VA	14	---	1.56
28.04Y	P # 15	Female 13 & Over 50 Free	LY-VA	121	---	2.59
1:06.29Y	P # 19	Female 13 & Over 100 Back	LY-VA	79	---	4.93
1:04.03Y	F # 23	400 Medley Relay Lead Off	LY-VA	---	---	2.67
29.89Y	F # 25	200 Medley Relay Lead Off	LY-VA	---	---	1.45
2:16.09Y	F # 27	Female 13 & Over 200 Back	LY-VA	29	---	6.00
2:17.98Y	P # 27	Female 13 & Over 200 Back	LY-VA	44	---	7.89
59.20Y	P # 29	Female 13 & Over 100 Free	LY-VA	127	---	3.46
19:05.90Y	F # 35	Female 13 & Over 1650 Free	LY-VA	23	---	28.21

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George Xu (17) M						
2:03.74Y	P # 14	Male 13 & Over 200 Fly	LY-VA	30	---	3.21
23.11Y	P # 16	Male 13 & Over 50 Free	LY-VA	57	---	-0.12
57.35Y	P # 20	Male 13 & Over 100 Back	LY-VA	49	---	2.42
54.73Y	F # 24	400 Medley Relay Lead Off	LY-VA	---	---	-0.20
26.53Y	F # 26	200 Medley Relay Lead Off	LY-VA	---	---	-0.04
2:02.40Y	P # 28	Male 13 & Over 200 Back	LY-VA	33	---	4.67
49.89Y	P # 30	Male 13 & Over 100 Free	LY-VA	45	---	1.12
2:06.01Y	P # 32	Male 13 & Over 200 IM	LY-VA	57	---	6.54