

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Tessa Akershoek (12) F					
2:49.39Y	P # 37B	Female 12-12 200 Free LY-VA	23	---	1.44
1:33.30Y	P # 41B	Female 12-12 100 Fly LY-VA	18	---	6.82
47.22Y	P # 45B	Female 12-12 50 Breast LY-VA	19	---	2.42
33.32Y	P # 75B	Female 12-12 50 Free LY-VA	27	---	0.49
1:43.01Y	P # 79B	Female 12-12 100 Breast LY-VA	24	---	4.89
37.11Y	P # 83B	Female 12-12 50 Back LY-VA	23	---	-1.43
Shirley Barger (14) F					
26.75Y	F # 1	Female 13-14 50 Free LY-VA	13	6	-0.53
27.03Y	P # 1	Female 13-14 50 Free LY-VA	13	---	-0.25
5:38.18Y	F # 5A	Female 13-14 500 Free LY-VA	8	13	-3.95
2:05.47Y	F # 17	Female 13-14 200 Free LY-VA	11	8	-2.55
2:07.92Y	P # 17	Female 13-14 200 Free LY-VA	12	---	-0.10
1:08.82Y	F # 25	Female 13-14 100 Fly LY-VA	16	3	-3.43
1:11.53Y	P # 25	Female 13-14 100 Fly LY-VA	19	---	-0.72
5:14.17Y	F # 29	Female 13-14 400 IM LY-VA	14	5	-12.91
1:10.36Y	P # 63	Female 13-14 100 Back LY-VA	27	---	-0.41
2:43.01Y	F # 67	Female 13-14 200 Breast LY-VA	12	7	-11.62
2:47.10Y	P # 67	Female 13-14 200 Breast LY-VA	14	---	-7.53
2:28.95Y	F # 93	Female 13-14 200 Back LY-VA	14	5	-1.28
2:31.66Y	P # 93	Female 13-14 200 Back LY-VA	21	---	1.43
58.61Y	P # 97	Female 13-14 100 Free LY-VA	15	---	-1.02
59.46Y	F # 97	Female 13-14 100 Free LY-VA	15	4	-0.17
2:28.44Y	P # 101	Female 13-14 200 IM LY-VA	18	---	-2.43
2:28.51Y	F # 101	Female 13-14 200 IM LY-VA	14	5	-2.36
Jackson Barksdale (13) M					
26.61Y	P # 2	Male 13-14 50 Free LY-VA	15	---	-0.43
27.37Y	F # 2	Male 13-14 50 Free LY-VA	16	3	0.33
6:22.83Y	F # 6A	Male 13-14 500 Free LY-VA	16	3	13.41
3:07.72Y	P # 60	Male 13-14 200 Fly LY-VA	17	---	---
1:14.10Y	P # 64	Male 13-14 100 Back LY-VA	30	---	2.83
3:04.75Y	P # 68	Male 13-14 200 Breast LY-VA	24	---	-0.15
2:34.69Y	P # 94	Male 13-14 200 Back LY-VA	23	---	-5.25
1:00.02Y	P # 98	Male 13-14 100 Free LY-VA	23	---	-0.02
2:41.85Y	P # 102	Male 13-14 200 IM LY-VA	27	---	4.73
Ada Compton (14) F					
1:25.33Y	P # 63	Female 13-14 100 Back LY-VA	55	---	2.06
3:38.18Y	P # 67	Female 13-14 200 Breast LY-VA	40	---	10.69
3:08.54Y	P # 93	Female 13-14 200 Back LY-VA	41	---	5.98
1:11.03Y	P # 97	Female 13-14 100 Free LY-VA	49	---	2.38
3:08.90Y	P # 101	Female 13-14 200 IM LY-VA	47	---	6.36

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Time	F/P/S	Event	Place	Points	Improv
Bobby Compton (11) M					
39.42Y	P # 76A	Male 11-11 50 Free LY-VA	39	---	-0.09
2:02.94Y	P # 80A	Male 11-11 100 Breast LY-VA	31	---	-11.15
55.17Y	P # 84A	Male 11-11 50 Back LY-VA	40	---	-0.64
52.34Y	P # 110A	Male 11-11 50 Fly LY-VA	25	---	-3.22
1:26.70Y	P # 118A	Male 11-11 100 Free LY-VA	30	---	-17.97
1:46.00Y	P # 122A	Male 11-11 100 IM LY-VA	22	---	-6.85
Ben Cook (7) M					
4:40.74Y DQ	F # 12	Male 10 & Under 200 IM LY-VA	---	---	---
10:47.67Y	F # 16	Male 10 & Under 500 Free LY-VA	14	5	-7.83
1:03.71Y	P # 36	Male 10 & Under 50 Back LY-VA	43	---	---
3:57.28Y	P # 40	Male 10 & Under 200 Free LY-VA	42	---	---
58.83Y	P # 48	Male 10 & Under 50 Breast LY-VA	35	---	2.49
41.95Y	P # 74	Male 10 & Under 50 Free LY-VA	54	---	-2.26
2:07.02Y	P # 78	Male 10 & Under 100 Breast LY-VA	41	---	-17.89
1:14.28Y	P # 82	Male 10 & Under 50 Fly LY-VA	53	---	---
Isaac Cook (13) M					
24.74Y	P # 2	Male 13-14 50 Free LY-VA	9	---	-1.04
25.31Y	F # 2	Male 13-14 50 Free LY-VA	9	12	-0.47
2:08.03Y	P # 18	Male 13-14 200 Free LY-VA	20	---	---
2:09.80Y	F # 18	Male 13-14 200 Free LY-VA	18	1	---
1:10.38Y	P # 22	Male 13-14 100 Breast LY-VA	8	---	-3.23
1:11.59Y	F # 22	Male 13-14 100 Breast LY-VA	8	13	-2.02
1:02.81Y	F # 26	Male 13-14 100 Fly LY-VA	14	5	-2.77
1:03.52Y	P # 26	Male 13-14 100 Fly LY-VA	13	---	-2.06
2:29.30Y	P # 60	Male 13-14 200 Fly LY-VA	10	---	-11.16
2:30.33Y	F # 60	Male 13-14 200 Fly LY-VA	12	7	-10.13
1:05.72Y	P # 64	Male 13-14 100 Back LY-VA	19	---	-7.24
2:33.81Y	P # 68	Male 13-14 200 Breast LY-VA	10	---	-4.38
2:34.57Y	F # 68	Male 13-14 200 Breast LY-VA	10	10	-3.62
Matthew Cook (11) M					
3:04.28Y	F # 10A	Male 11-11 200 IM LY-VA	10	10	-10.53
7:10.83Y	F # 14A	Male 11-11 500 Free LY-VA	14	5	-34.21
2:35.62Y	P # 38A	Male 11-11 200 Free LY-VA	20	---	---
1:37.17Y	P # 42A	Male 11-11 100 Fly LY-VA	24	---	---
45.09Y	P # 46A	Male 11-11 50 Breast LY-VA	15	---	-8.37
33.77Y	P # 76A	Male 11-11 50 Free LY-VA	32	---	---
1:41.14Y	P # 80A	Male 11-11 100 Breast LY-VA	25	---	-3.02
38.97Y	P # 84A	Male 11-11 50 Back LY-VA	28	---	-3.34

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Time	F/P/S	Event	Place	Points	Improv
Sunday Cook (13) F					
2:49.62Y	P # 17	Female 13-14 200 Free	42	---	-8.01
1:46.65Y	P # 21	Female 13-14 100 Breast	34	---	-2.90
3:13.42Y DQ	P # 93	Female 13-14 200 Back	---	---	---
1:18.32Y	P # 97	Female 13-14 100 Free	54	---	-2.35
3:19.39Y	P # 101	Female 13-14 200 IM	50	---	-6.10
Mason Cooper (18) M					
2:14.89Y	F # 62	Male Open 200 Fly	14	5	-2.70
2:19.15Y	P # 62	Male Open 200 Fly	18	---	1.56
59.38Y	F # 66	Male Open 100 Back	14	5	-0.91
59.53Y	P # 66	Male Open 100 Back	19	---	-0.76
2:37.40Y	P # 70	Male Open 200 Breast	21	---	-9.87
Benjamin Costa (14) M					
24.73Y	F # 2	Male 13-14 50 Free	10	10	0.37
25.00Y	P # 2	Male 13-14 50 Free	10	---	0.64
5:29.58Y	F # 6A	Male 13-14 500 Free	8	13	-7.83
1:57.50Y	F # 18	Male 13-14 200 Free	11	8	0.98
2:00.55Y	P # 18	Male 13-14 200 Free	12	---	4.03
57.82Y	F # 26	Male 13-14 100 Fly	5	16	-0.41
58.58Y	P # 26	Male 13-14 100 Fly	4	---	0.35
2:10.25Y	F # 60	Male 13-14 200 Fly	6	15	-0.04
2:10.81Y	P # 60	Male 13-14 200 Fly	5	---	0.52
58.77Y	F # 64	Male 13-14 100 Back	5	16	-0.20
59.53Y	P # 64	Male 13-14 100 Back	7	---	0.56
2:10.36Y	P # 94	Male 13-14 200 Back	5	---	-0.08
2:11.04Y	F # 94	Male 13-14 200 Back	5	16	0.60
53.05Y	F # 98	Male 13-14 100 Free	5	16	-2.97
53.35Y	P # 98	Male 13-14 100 Free	7	---	-2.67
2:14.83Y	F # 102	Male 13-14 200 IM	12	7	-6.13
2:16.29Y	P # 102	Male 13-14 200 IM	11	---	-4.67
Anderson Cox (8) M					
48.61Y DQ	P # 36	Male 10 & Under 50 Back	---	---	---
3:01.41Y	P # 40	Male 10 & Under 200 Free	23	---	-20.09
47.50Y	P # 48	Male 10 & Under 50 Breast	12	---	-5.05
38.01Y	P # 74	Male 10 & Under 50 Free	35	---	-1.29
1:58.78Y	P # 78	Male 10 & Under 100 Breast	33	---	6.12
1:00.34Y	P # 82	Male 10 & Under 50 Fly	48	---	3.54

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Time	F/P/S	Event	Place	Points	Improv
Clayton Cox (11) M					
3:28.66Y DQ	F # 34	Male 11-12 200 Back	LY-VA	---	---
2:39.31Y	P # 38A	Male 11-11 200 Free	LY-VA	---	-0.49
1:32.52Y	P # 42A	Male 11-11 100 Fly	LY-VA	---	2.01
31.33Y	P # 76A	Male 11-11 50 Free	LY-VA	---	-1.02
40.99Y	P # 84A	Male 11-11 50 Back	LY-VA	---	-1.68
NS	P # 110A	Male 11-11 50 Fly	LY-VA	---	---
NS	P # 114A	Male 11-11 100 Back	LY-VA	---	---
NS	P # 118A	Male 11-11 100 Free	LY-VA	---	---
Liam Cox (10) M					
34.53Y	P # 74	Male 10 & Under 50 Free	LY-VA	---	-0.72
1:52.59Y	P # 78	Male 10 & Under 100 Breast	LY-VA	---	-8.84
45.21Y DQ	P # 82	Male 10 & Under 50 Fly	LY-VA	---	---
1:31.64Y	P # 112	Male 10 & Under 100 Back	LY-VA	---	-4.93
1:16.94Y	P # 116	Male 10 & Under 100 Free	LY-VA	---	-1.36
1:33.51Y	P # 120	Male 10 & Under 100 IM	LY-VA	---	-6.61
Lucas Cox (14) M					
1:06.63Y	P # 98	Male 13-14 100 Free	LY-VA	---	1.17
2:55.07Y	P # 102	Male 13-14 200 IM	LY-VA	---	-1.74
Meredith Cox (13) F					
2:36.77Y	P # 17	Female 13-14 200 Free	LY-VA	---	-7.35
1:34.01Y	P # 21	Female 13-14 100 Breast	LY-VA	---	-4.17
1:32.70Y	P # 25	Female 13-14 100 Fly	LY-VA	---	1.71
3:23.07Y	P # 59	Female 13-14 200 Fly	LY-VA	---	-1.01
3:26.87Y	F # 59	Female 13-14 200 Fly	LY-VA	5	2.79
1:24.69Y	P # 63	Female 13-14 100 Back	LY-VA	---	-1.35
3:29.99Y DQ	P # 67	Female 13-14 200 Breast	LY-VA	---	---
Avery Duff (14) F					
2:27.56Y	P # 17	Female 13-14 200 Free	LY-VA	---	4.74
1:25.09Y	P # 25	Female 13-14 100 Fly	LY-VA	---	-2.46
6:27.58Y	F # 29	Female 13-14 400 IM	LY-VA	---	9.02
2:57.55Y	P # 93	Female 13-14 200 Back	LY-VA	---	4.27
1:05.85Y	P # 97	Female 13-14 100 Free	LY-VA	---	2.86
24:24.06Y	F # 105	Female Open 1650 Free	LY-VA	---	---
14:39.41Y	F # 505	Female Open 1000 Free	LY-VA	---	57.48

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Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Tammy Eakkhattiyakorn (11) F						
2:30.83Y	P # 37A	Female 11-11 200 Free	LY-VA	12	---	-7.32
1:36.96Y	P # 41A	Female 11-11 100 Fly	LY-VA	14	---	-9.00
45.88Y	P # 45A	Female 11-11 50 Breast	LY-VA	16	---	1.06
32.76Y	P # 75A	Female 11-11 50 Free	LY-VA	22	---	0.16
1:34.28Y	P # 79A	Female 11-11 100 Breast	LY-VA	14	---	0.07
40.44Y	P # 83A	Female 11-11 50 Back	LY-VA	25	---	-0.73
3:18.10Y	F # 107	Female 11-12 200 Breast	LY-VA	10	5	0.28
1:11.94Y	P # 117A	Female 11-11 100 Free	LY-VA	15	---	-0.50
1:22.05Y	F # 121A	Female 11-11 100 IM	LY-VA	10	---	-6.68
1:25.44Y	P # 121A	Female 11-11 100 IM	LY-VA	13	---	-3.29
Tyler Eakkhattiyakorn (13) M						
2:17.58Y	P # 18	Male 13-14 200 Free	LY-VA	28	---	-2.71
1:11.52Y	F # 22	Male 13-14 100 Breast	LY-VA	10	10	-0.29
1:13.64Y	P # 22	Male 13-14 100 Breast	LY-VA	12	---	1.83
1:23.89Y	P # 26	Male 13-14 100 Fly	LY-VA	26	---	4.75
1:14.26Y	P # 64	Male 13-14 100 Back	LY-VA	31	---	-2.17
2:35.97Y	F # 68	Male 13-14 200 Breast	LY-VA	11	8	-3.31
2:39.90Y	P # 68	Male 13-14 200 Breast	LY-VA	13	---	0.62
1:02.99Y	P # 98	Male 13-14 100 Free	LY-VA	29	---	0.15
2:35.33Y	P # 102	Male 13-14 200 IM	LY-VA	24	---	0.84
Evy Edwards (11) F						
3:32.73Y	F # 9A	Female 11-11 200 IM	LY-VA	8	13	-0.42
1:43.15Y	P # 41A	Female 11-11 100 Fly	LY-VA	16	---	-2.44
50.01Y DQ	P # 45A	Female 11-11 50 Breast	LY-VA	---	---	---
35.64Y	P # 75A	Female 11-11 50 Free	LY-VA	35	---	0.70
1:49.44Y	P # 79A	Female 11-11 100 Breast	LY-VA	32	---	4.22
49.36Y	P # 83A	Female 11-11 50 Back	LY-VA	37	---	4.89
41.76Y	P # 109A	Female 11-11 50 Fly	LY-VA	15	---	0.63
1:30.43Y	P # 117A	Female 11-11 100 Free	LY-VA	28	---	6.74
1:38.74Y	P # 121A	Female 11-11 100 IM	LY-VA	24	---	4.47

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Time	F/P/S	Event		Place	Points	Improv
Josh Edwards (16) M						
23.72Y	P # 4	Male Open 50 Free	LY-VA	16	---	0.13
23.82Y	F # 4	Male Open 50 Free	LY-VA	17	2	0.23
1:57.89Y	P # 20	Male Open 200 Free	LY-VA	25	---	-1.04
1:59.27Y	F # 20	Male Open 200 Free	LY-VA	23	---	0.34
1:07.26Y	F # 24	Male Open 100 Breast	LY-VA	11	8	-0.22
1:09.38Y	P # 24	Male Open 100 Breast	LY-VA	11	---	1.90
59.57Y	F # 28	Male Open 100 Fly	LY-VA	22	---	0.27
1:00.08Y	P # 28	Male Open 100 Fly	LY-VA	24	---	0.78
1:01.45Y	P # 66	Male Open 100 Back	LY-VA	27	---	-2.40
1:02.89Y	F # 66	Male Open 100 Back	LY-VA	25	---	-0.96
2:35.71Y	P # 70	Male Open 200 Breast	LY-VA	19	---	-12.25
2:40.57Y	F # 70	Male Open 200 Breast	LY-VA	17	2	-7.39
53.89Y	P # 100	Male Open 100 Free	LY-VA	28	---	1.08
2:18.39Y	P # 104	Male Open 200 IM	LY-VA	22	---	-2.82
Sam Edwards (14) M						
25.68Y	P # 2	Male 13-14 50 Free	LY-VA	12	---	-0.57
25.78Y	F # 2	Male 13-14 50 Free	LY-VA	12	7	-0.47
5:18.20Y	F # 6A	Male 13-14 500 Free	LY-VA	5	16	-1.88
1:57.23Y	F # 18	Male 13-14 200 Free	LY-VA	10	10	-3.76
2:01.60Y	P # 18	Male 13-14 200 Free	LY-VA	15	---	0.61
1:00.80Y	F # 26	Male 13-14 100 Fly	LY-VA	10	10	-5.81
1:02.79Y	P # 26	Male 13-14 100 Fly	LY-VA	11	---	-3.82
4:46.23Y	F # 30	Male 13-14 400 IM	LY-VA	5	16	-8.79
1:01.53Y	F # 52	400 Medley Relay Lead Off	LY-VA	---	---	-0.42
1:00.91Y	P # 64	Male 13-14 100 Back	LY-VA	12	---	-1.04
1:00.96Y	F # 64	Male 13-14 100 Back	LY-VA	11	8	-0.99
2:11.36Y	P # 94	Male 13-14 200 Back	LY-VA	7	---	-0.67
2:12.64Y	F # 94	Male 13-14 200 Back	LY-VA	7	14	0.61
56.54Y	P # 98	Male 13-14 100 Free	LY-VA	17	---	0.52
56.89Y	F # 98	Male 13-14 100 Free	LY-VA	16	3	0.87
18:07.94Y	F # 106	Male Open 1650 Free	LY-VA	5	16	2.56
10:57.67Y	F # 506	Male Open 1000 Free	LY-VA	2	---	7.79
Evan Fong (15) M						
1:56.85Y	F # 20	Male Open 200 Free	LY-VA	22	---	-4.14
1:58.65Y	P # 20	Male Open 200 Free	LY-VA	26	---	-2.34
1:06.52Y	F # 24	Male Open 100 Breast	LY-VA	8	13	-2.54
1:06.91Y	P # 24	Male Open 100 Breast	LY-VA	8	---	-2.15
59.02Y	P # 28	Male Open 100 Fly	LY-VA	18	---	-0.26
1:00.09Y	F # 28	Male Open 100 Fly	LY-VA	18	1	0.81
58.54Y	F # 66	Male Open 100 Back	LY-VA	20	---	-1.47
59.66Y	P # 66	Male Open 100 Back	LY-VA	20	---	-0.35
2:25.89Y	F # 70	Male Open 200 Breast	LY-VA	8	13	-10.11
2:27.68Y	P # 70	Male Open 200 Breast	LY-VA	8	---	-8.32

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Jocelyn French (14) F					
1:25.89Y	P # 63	Female 13-14 100 Back LY-VA	56	---	-11.94
3:09.76Y	P # 67	Female 13-14 200 Breast LY-VA	28	---	-4.75
Camille Greenlaw (11) F					
31.52Y	P # 75A	Female 11-11 50 Free LY-VA	17	---	-0.76
1:34.84Y	P # 79A	Female 11-11 100 Breast LY-VA	15	---	1.50
36.64Y	P # 83A	Female 11-11 50 Back LY-VA	15	---	-0.27
1:18.04Y	F # 113A	Female 11-11 100 Back LY-VA	5	16	-4.55
1:20.24Y	P # 113A	Female 11-11 100 Back LY-VA	9	---	-2.35
1:08.61Y	F # 117A	Female 11-11 100 Free LY-VA	6	15	-1.76
1:10.35Y	P # 117A	Female 11-11 100 Free LY-VA	12	---	-0.02
1:21.17Y	F # 121A	Female 11-11 100 IM LY-VA	6	15	-0.33
1:22.55Y	P # 121A	Female 11-11 100 IM LY-VA	10	---	1.05
Zelynn Gustafson (15) F					
2:47.41Y	F # 95	Female Open 200 Back LY-VA	21	---	-3.06
2:47.88Y	P # 95	Female Open 200 Back LY-VA	27	---	-2.59
1:02.90Y	P # 99	Female Open 100 Free LY-VA	49	---	-0.62
2:49.78Y	P # 103	Female Open 200 IM LY-VA	49	---	6.61
Cheyenne Henderson (12) F					
31.87Y	P # 75B	Female 12-12 50 Free LY-VA	24	---	0.66
1:36.92Y DQ	P # 79B	Female 12-12 100 Breast LY-VA	---	---	---
39.75Y	P # 83B	Female 12-12 50 Back LY-VA	27	---	-1.05
3:31.39Y	F # 107	Female 11-12 200 Breast LY-VA	12	11	-5.83
38.22Y	P # 109B	Female 12-12 50 Fly LY-VA	21	---	-5.31
1:11.14Y	P # 117B	Female 12-12 100 Free LY-VA	21	---	-0.50
Chandler Henry (16) M					
1:07.38Y	P # 24	Male Open 100 Breast LY-VA	9	---	-0.80
1:07.64Y	F # 24	Male Open 100 Breast LY-VA	9	12	-0.54
59.59Y	F # 28	Male Open 100 Fly LY-VA	23	---	-0.12
1:00.22Y	P # 28	Male Open 100 Fly LY-VA	25	---	0.51
4:51.07Y	F # 32	Male Open 400 IM LY-VA	7	14	-15.77
2:24.52Y	F # 62	Male Open 200 Fly LY-VA	20	---	-57.25
2:28.04Y	P # 62	Male Open 200 Fly LY-VA	23	---	-53.73
2:25.63Y	P # 70	Male Open 200 Breast LY-VA	7	---	0.66
2:26.10Y	F # 70	Male Open 200 Breast LY-VA	9	12	1.13
Connor Henry (11) M					
2:51.85Y	P # 38A	Male 11-11 200 Free LY-VA	24	---	-4.06
1:43.98Y	P # 42A	Male 11-11 100 Fly LY-VA	26	---	---
46.12Y	P # 46A	Male 11-11 50 Breast LY-VA	17	---	0.33
33.77Y	P # 76A	Male 11-11 50 Free LY-VA	32	---	0.38
1:41.31Y	P # 80A	Male 11-11 100 Breast LY-VA	26	---	1.98
45.44Y	P # 84A	Male 11-11 50 Back LY-VA	36	---	-1.19

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Time	F/P/S	Event		Place	Points	Improv
Trevor Henry (14) M						
2:35.94Y	P # 18	Male 13-14 200 Free	LY-VA	33	---	4.29
1:23.18Y	P # 26	Male 13-14 100 Fly	LY-VA	25	---	-1.00
3:02.11Y DQ	P # 60	Male 13-14 200 Fly	LY-VA	---	---	---
1:23.22Y	P # 64	Male 13-14 100 Back	LY-VA	35	---	-3.86
Ty Henry (9) M						
49.51Y	P # 36	Male 10 & Under 50 Back	LY-VA	38	---	-4.31
3:24.65Y	P # 40	Male 10 & Under 200 Free	LY-VA	36	---	5.49
55.91Y	P # 48	Male 10 & Under 50 Breast	LY-VA	29	---	-1.85
39.87Y	P # 74	Male 10 & Under 50 Free	LY-VA	44	---	-2.04
2:04.37Y	P # 78	Male 10 & Under 100 Breast	LY-VA	39	---	1.60
51.86Y DQ	P # 82	Male 10 & Under 50 Fly	LY-VA	---	---	---
Carson Hill (10) M						
39.12Y	P # 74	Male 10 & Under 50 Free	LY-VA	38	---	-0.57
2:06.31Y DQ	P # 78	Male 10 & Under 100 Breast	LY-VA	---	---	---
58.08Y	P # 82	Male 10 & Under 50 Fly	LY-VA	45	---	-5.06
1:48.55Y	P # 112	Male 10 & Under 100 Back	LY-VA	44	---	-9.76
1:32.82Y	P # 116	Male 10 & Under 100 Free	LY-VA	39	---	-3.71
1:47.61Y	P # 120	Male 10 & Under 100 IM	LY-VA	33	---	-9.13
Sydney Hill (14) F						
1:11.60Y	P # 63	Female 13-14 100 Back	LY-VA	33	---	-0.19
3:06.50Y	P # 67	Female 13-14 200 Breast	LY-VA	25	---	-16.58
1:01.03Y	P # 97	Female 13-14 100 Free	LY-VA	25	---	0.30
2:44.25Y	P # 101	Female 13-14 200 IM	LY-VA	35	---	3.42
22:13.74Y	F # 105	Female Open 1650 Free	LY-VA	19	---	---
13:25.69Y	F # 505	Female Open 1000 Free	LY-VA	1	---	-11.67
Ann-Margaret Holt (15) F						
NS	P # 95	Female Open 200 Back	LY-VA	---	---	---
18:02.07Y	F # 105	Female Open 1650 Free	LY-VA	4	17	14.14
Jaewon Hur (11) M						
35.35Y	P # 76A	Male 11-11 50 Free	LY-VA	36	---	-2.11
1:41.85Y	P # 80A	Male 11-11 100 Breast	LY-VA	28	---	-4.99
49.77Y	P # 84A	Male 11-11 50 Back	LY-VA	37	---	2.83
3:34.26Y	F # 108	Male 11-12 200 Breast	LY-VA	12	7	---
1:26.18Y	P # 118A	Male 11-11 100 Free	LY-VA	29	---	0.99
1:42.87Y DQ	P # 122A	Male 11-11 100 IM	LY-VA	---	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Lana Keith (11) F					
31.22Y DQ	P # 75A	Female 11-11 50 Free	LY-VA	---	---
1:38.02Y	P # 79A	Female 11-11 100 Breast	LY-VA	---	-14.06
38.74Y	P # 83A	Female 11-11 50 Back	LY-VA	---	-3.14
29.77Y	F # 91	200 Free Relay Lead Off	LY-VA	---	-5.93
39.59Y	P # 109A	Female 11-11 50 Fly	LY-VA	---	-3.19
1:09.29Y	P # 117A	Female 11-11 100 Free	LY-VA	---	-8.16
1:22.50Y	P # 121A	Female 11-11 100 IM	LY-VA	---	-14.18
Eva Kendall (13) F					
2:32.89Y	P # 17	Female 13-14 200 Free	LY-VA	---	-8.55
1:30.31Y	P # 21	Female 13-14 100 Breast	LY-VA	---	-0.03
1:32.79Y	P # 25	Female 13-14 100 Fly	LY-VA	---	-7.56
1:21.87Y	P # 63	Female 13-14 100 Back	LY-VA	---	-1.13
3:12.22Y	P # 67	Female 13-14 200 Breast	LY-VA	---	-2.65
Phillip Kendall (11) M					
3:31.84Y DQ	F # 34	Male 11-12 200 Back	LY-VA	---	---
3:14.00Y	P # 38A	Male 11-11 200 Free	LY-VA	---	-7.63
55.93Y	P # 46A	Male 11-11 50 Breast	LY-VA	---	-0.61
Colt Kirby (13) M					
2:10.97Y	P # 18	Male 13-14 200 Free	LY-VA	---	-2.31
1:23.99Y	P # 22	Male 13-14 100 Breast	LY-VA	---	0.45
2:29.15Y	F # 60	Male 13-14 200 Fly	LY-VA	8	-8.96
2:33.34Y	P # 60	Male 13-14 200 Fly	LY-VA	---	-4.77
1:09.20Y	P # 64	Male 13-14 100 Back	LY-VA	---	-3.08
2:52.43Y	F # 68	Male 13-14 200 Breast	LY-VA	2	-5.06
2:56.62Y	P # 68	Male 13-14 200 Breast	LY-VA	---	-0.87
Amelia Kobek (9) F					
45.79Y	P # 35	Female 10 & Under 50 Back	LY-VA	---	0.19
1:44.86Y	P # 43	Female 10 & Under 100 Fly	LY-VA	---	---
52.31Y	P # 47	Female 10 & Under 50 Breast	LY-VA	---	-0.89
50.44Y	F # 55	200 Medley Relay Lead Off	LY-VA	---	4.84
Evangeline Korby (13) F					
1:20.85Y	P # 63	Female 13-14 100 Back	LY-VA	---	-2.14
3:16.10Y	P # 67	Female 13-14 200 Breast	LY-VA	---	-10.50
Jon Korby (13) M					
1:17.12Y	P # 64	Male 13-14 100 Back	LY-VA	---	-0.77
3:07.44Y	P # 68	Male 13-14 200 Breast	LY-VA	---	-4.62

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Jefferson Koscielny (13) M						
1:33.18Y	P # 64	Male 13-14 100 Back	LY-VA	37	---	-0.84
3:28.87Y	P # 68	Male 13-14 200 Breast	LY-VA	29	---	-12.04
3:04.71Y DQ	P # 94	Male 13-14 200 Back	LY-VA	---	---	---
1:10.86Y	P # 98	Male 13-14 100 Free	LY-VA	38	---	0.77
2:49.90Y	P # 102	Male 13-14 200 IM	LY-VA	31	---	-8.66
Jacob Kovarik (15) M						
1:05.56Y	P # 66	Male Open 100 Back	LY-VA	34	---	-5.12
2:39.99Y	F # 70	Male Open 200 Breast	LY-VA	20	---	-3.37
2:49.63Y	P # 70	Male Open 200 Breast	LY-VA	25	---	6.27
2:21.74Y	P # 96	Male Open 200 Back	LY-VA	19	---	-5.72
2:24.57Y	F # 96	Male Open 200 Back	LY-VA	13	6	-2.89
55.63Y	P # 100	Male Open 100 Free	LY-VA	34	---	0.36
58.09Y	F # 100	Male Open 100 Free	LY-VA	25	---	2.82
2:27.70Y	P # 104	Male Open 200 IM	LY-VA	29	---	0.04
2:27.90Y	F # 104	Male Open 200 IM	LY-VA	19	---	0.24
Katherine Kovarik (17) F						
1:05.58Y	P # 65	Female Open 100 Back	LY-VA	20	---	-0.18
1:09.43Y	F # 65	Female Open 100 Back	LY-VA	27	---	3.67
2:46.60Y	P # 69	Female Open 200 Breast	LY-VA	27	---	-12.83
2:53.32Y	F # 69	Female Open 200 Breast	LY-VA	27	---	-6.11
2:22.23Y	P # 95	Female Open 200 Back	LY-VA	10	---	-1.94
2:29.01Y	F # 95	Female Open 200 Back	LY-VA	9	12	4.84
57.20Y	P # 99	Female Open 100 Free	LY-VA	19	---	-1.85
59.43Y	F # 99	Female Open 100 Free	LY-VA	18	1	0.38
2:26.15Y	P # 103	Female Open 200 IM	LY-VA	25	---	-6.50
2:30.99Y	F # 103	Female Open 200 IM	LY-VA	18	1	-1.66
Lennon Leedy (7) F						
NS	P # 111	Female 10 & Under 100 Back	LY-VA	---	---	---
NS	P # 115	Female 10 & Under 100 Free	LY-VA	---	---	---
NS	P # 119	Female 10 & Under 100 IM	LY-VA	---	---	---
Erik Lee (10) M						
44.85Y	P # 74	Male 10 & Under 50 Free	LY-VA	59	---	-1.31
2:19.15Y	P # 78	Male 10 & Under 100 Breast	LY-VA	47	---	-8.32
1:02.10Y	P # 82	Male 10 & Under 50 Fly	LY-VA	49	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Benjamin Leger (9) M						
3:17.23Y	F # 12	Male 10 & Under 200 IM	LY-VA	10	10	0.82
7:26.30Y	F # 16	Male 10 & Under 500 Free	LY-VA	10	10	11.06
42.55Y	P # 36	Male 10 & Under 50 Back	LY-VA	20	---	-1.22
2:49.52Y	P # 40	Male 10 & Under 200 Free	LY-VA	16	---	0.17
1:46.79Y	P # 44	Male 10 & Under 100 Fly	LY-VA	11	---	11.78
35.94Y	P # 74	Male 10 & Under 50 Free	LY-VA	27	---	0.97
1:44.47Y	P # 78	Male 10 & Under 100 Breast	LY-VA	18	---	0.65
44.48Y	P # 82	Male 10 & Under 50 Fly	LY-VA	20	---	1.16
1:32.90Y	P # 112	Male 10 & Under 100 Back	LY-VA	23	---	0.11
1:19.33Y	P # 116	Male 10 & Under 100 Free	LY-VA	21	---	1.23
1:31.78Y	P # 120	Male 10 & Under 100 IM	LY-VA	14	---	-0.53
Jacob Leger (15) M						
23.85Y	P # 4	Male Open 50 Free	LY-VA	18	---	-0.15
24.20Y	F # 4	Male Open 50 Free	LY-VA	18	1	0.20
1:12.62Y	P # 24	Male Open 100 Breast	LY-VA	17	---	-6.70
1:14.75Y	F # 24	Male Open 100 Breast	LY-VA	17	2	-4.57
59.44Y	P # 28	Male Open 100 Fly	LY-VA	21	---	0.64
1:00.98Y	F # 28	Male Open 100 Fly	LY-VA	26	---	2.18
2:18.80Y DQ	P # 62	Male Open 200 Fly	LY-VA	---	---	---
2:39.54Y	F # 70	Male Open 200 Breast	LY-VA	19	---	-5.56
2:52.26Y	P # 70	Male Open 200 Breast	LY-VA	29	---	7.16
53.79Y	F # 100	Male Open 100 Free	LY-VA	20	---	-0.68
54.99Y	P # 100	Male Open 100 Free	LY-VA	31	---	0.52
Noah Leger (12) M						
2:48.22Y	F # 10B	Male 12-12 200 IM	LY-VA	9	12	5.95
6:49.57Y	F # 14B	Male 12-12 500 Free	LY-VA	7	14	32.40
1:18.52Y	P # 42B	Male 12-12 100 Fly	LY-VA	7	---	-0.19
1:22.66Y	F # 42B	Male 12-12 100 Fly	LY-VA	8	13	3.95
40.04Y	P # 46B	Male 12-12 50 Breast	LY-VA	6	---	0.24
40.43Y	F # 46B	Male 12-12 50 Breast	LY-VA	7	14	0.63
5:39.14Y	F # 50	Male 11-12 400 IM	LY-VA	6	15	-5.75
2:56.69Y	F # 72	Male 11-12 200 Fly	LY-VA	7	14	-13.27
31.38Y	P # 76B	Male 12-12 50 Free	LY-VA	20	---	1.55
1:31.89Y	P # 80B	Male 12-12 100 Breast	LY-VA	14	---	3.61
30.78Y	F # 92	200 Free Relay Lead Off	LY-VA	---	---	0.95
3:09.97Y	F # 108	Male 11-12 200 Breast	LY-VA	10	10	3.01
1:18.05Y	P # 114B	Male 12-12 100 Back	LY-VA	9	---	2.28
1:19.93Y	F # 114B	Male 12-12 100 Back	LY-VA	8	13	4.16
1:17.82Y	P # 122B	Male 12-12 100 IM	LY-VA	8	---	1.75
1:19.41Y	F # 122B	Male 12-12 100 IM	LY-VA	7	14	3.34

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Dabney Morrison (10) F						
39.19Y	P # 35	Female 10 & Under 50 Back	LY-VA	15	---	-1.30
1:31.73Y DQ	P # 43	Female 10 & Under 100 Fly	LY-VA	---	---	---
45.40Y	P # 47	Female 10 & Under 50 Breast	LY-VA	11	---	-0.92
33.83Y	P # 73	Female 10 & Under 50 Free	LY-VA	25	---	-0.46
1:41.75Y	P # 77	Female 10 & Under 100 Breast	LY-VA	19	---	-1.77
35.06Y	P # 81	Female 10 & Under 50 Fly	LY-VA	4	---	-1.52
35.51Y	F # 81	Female 10 & Under 50 Fly	LY-VA	8	13	-1.07
1:28.22Y	P # 111	Female 10 & Under 100 Back	LY-VA	25	---	-3.75
1:17.31Y	P # 115	Female 10 & Under 100 Free	LY-VA	24	---	0.54
1:28.97Y	P # 119	Female 10 & Under 100 IM	LY-VA	17	---	2.18
Luke Morrison (15) M						
1:52.18Y	F # 20	Male Open 200 Free	LY-VA	13	6	-2.35
1:53.51Y	P # 20	Male Open 200 Free	LY-VA	15	---	-1.02
58.36Y	F # 28	Male Open 100 Fly	LY-VA	15	4	-0.34
58.49Y	P # 28	Male Open 100 Fly	LY-VA	15	---	-0.21
4:43.72Y	F # 32	Male Open 400 IM	LY-VA	5	16	-14.60
2:11.33Y	F # 62	Male Open 200 Fly	LY-VA	8	13	-1.69
2:12.49Y	P # 62	Male Open 200 Fly	LY-VA	12	---	-0.53
1:01.39Y	P # 66	Male Open 100 Back	LY-VA	26	---	-3.01
1:01.70Y	F # 66	Male Open 100 Back	LY-VA	24	---	-2.70
2:14.26Y	P # 96	Male Open 200 Back	LY-VA	17	---	-6.22
52.43Y	F # 100	Male Open 100 Free	LY-VA	16	2.5	-0.66
53.10Y	P # 100	Male Open 100 Free	LY-VA	23	---	0.01
2:14.30Y	P # 104	Male Open 200 IM	LY-VA	16	---	-3.20
Mac Morrison (11) M						
2:42.28Y	F # 34	Male 11-12 200 Back	LY-VA	17	2	-5.92
2:19.98Y	P # 38A	Male 11-11 200 Free	LY-VA	11	---	0.62
1:07.03Y	F # 42A	Male 11-11 100 Fly	LY-VA	3	18	-6.34
1:09.61Y	P # 42A	Male 11-11 100 Fly	LY-VA	4	---	-3.76
2:58.97Y	F # 72	Male 11-12 200 Fly	LY-VA	8	13	-28.31
28.44Y	P # 76A	Male 11-11 50 Free	LY-VA	12	---	-0.77
36.23Y	P # 84A	Male 11-11 50 Back	LY-VA	24	---	0.43
28.60Y	F # 92	200 Free Relay Lead Off	LY-VA	---	---	-0.61
29.26Y	F # 110A	Male 11-11 50 Fly	LY-VA	3	18	-2.41
29.51Y	P # 110A	Male 11-11 50 Fly	LY-VA	2	---	-2.16
1:00.26Y	F # 118A	Male 11-11 100 Free	LY-VA	5	16	-3.70
1:02.05Y	P # 118A	Male 11-11 100 Free	LY-VA	9	---	-1.91
1:14.18Y	P # 122A	Male 11-11 100 IM	LY-VA	10	---	-0.73

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Aidan Moss (13) M					
2:18.28Y	P # 18	Male 13-14 200 Free	LY-VA 30	---	2.49
1:11.12Y	P # 26	Male 13-14 100 Fly	LY-VA 22	---	-0.12
5:19.09Y	F # 30	Male 13-14 400 IM	LY-VA 9	12	-4.24
2:37.59Y	P # 60	Male 13-14 200 Fly	LY-VA 13	---	-15.64
2:37.97Y	F # 60	Male 13-14 200 Fly	LY-VA 13	6	-15.26
1:07.75Y	P # 64	Male 13-14 100 Back	LY-VA 22	---	0.50
3:00.60Y	P # 68	Male 13-14 200 Breast	LY-VA 22	---	---
2:22.05Y	P # 94	Male 13-14 200 Back	LY-VA 14	---	-4.02
2:23.70Y	F # 94	Male 13-14 200 Back	LY-VA 12	7	-2.37
1:04.71Y	P # 98	Male 13-14 100 Free	LY-VA 32	---	1.58
2:30.33Y	F # 102	Male 13-14 200 IM	LY-VA 15	4	0.86
2:32.14Y	P # 102	Male 13-14 200 IM	LY-VA 20	---	2.67
William Moss (9) M					
42.43Y	P # 36	Male 10 & Under 50 Back	LY-VA 19	---	0.91
3:08.87Y	P # 40	Male 10 & Under 200 Free	LY-VA 29	---	-2.17
50.86Y	P # 48	Male 10 & Under 50 Breast	LY-VA 17	---	-1.03
43.40Y	F # 56	200 Medley Relay Lead Off	LY-VA ---	---	1.88
40.03Y	P # 74	Male 10 & Under 50 Free	LY-VA 47	---	2.03
1:53.52Y DQ	P # 78	Male 10 & Under 100 Breast	LY-VA ---	---	---
50.01Y	P # 82	Male 10 & Under 50 Fly	LY-VA 28	---	2.65
1:32.15Y	P # 112	Male 10 & Under 100 Back	LY-VA 21	---	3.95
1:29.84Y	P # 116	Male 10 & Under 100 Free	LY-VA 34	---	2.85
1:41.01Y	P # 120	Male 10 & Under 100 IM	LY-VA 23	---	6.20
Selah Parish (11) F					
2:15.76Y	F # 37A	Female 11-11 200 Free	LY-VA 2	19	-16.18
2:15.90Y	P # 37A	Female 11-11 200 Free	LY-VA 2	---	-16.04
1:05.52Y	P # 41A	Female 11-11 100 Fly	LY-VA 1	---	-2.80
1:07.43Y	F # 41A	Female 11-11 100 Fly	LY-VA 1	22	-0.89
5:14.08Y	F # 49	Female 11-12 400 IM	LY-VA 1	22	---
26.97Y	P # 75A	Female 11-11 50 Free	LY-VA 1	---	-2.35
27.47Y	F # 75A	Female 11-11 50 Free	LY-VA 1	22	-1.85
1:18.96Y	P # 79A	Female 11-11 100 Breast	LY-VA 2	---	-3.13
1:20.41Y	F # 79A	Female 11-11 100 Breast	LY-VA 3	18	-1.68
31.30Y	F # 83A	Female 11-11 50 Back	LY-VA 1	22	-4.46
32.04Y	P # 83A	Female 11-11 50 Back	LY-VA 1	---	-3.72
Aidan Parker (15) M					
2:46.00Y DQ	P # 96	Male Open 200 Back	LY-VA ---	---	---
1:08.62Y	P # 100	Male Open 100 Free	LY-VA 49	---	-2.11
2:48.41Y	F # 104	Male Open 200 IM	LY-VA 20	---	-15.57
2:51.43Y	P # 104	Male Open 200 IM	LY-VA 35	---	-12.55

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Ella Pennington (14) F						
29.68Y	P # 1	Female 13-14 50 Free	LY-VA	31	---	0.02
5:48.71Y	F # 5A	Female 13-14 500 Free	LY-VA	16	3	-5.46
1:20.25Y	P # 21	Female 13-14 100 Breast	LY-VA	15	---	0.24
1:20.54Y	F # 21	Female 13-14 100 Breast	LY-VA	16	3	0.53
1:06.77Y	F # 25	Female 13-14 100 Fly	LY-VA	13	6	-3.50
1:07.66Y	P # 25	Female 13-14 100 Fly	LY-VA	17	---	-2.61
5:09.29Y	F # 29	Female 13-14 400 IM	LY-VA	12	7	-20.43
1:10.63Y	P # 63	Female 13-14 100 Back	LY-VA	28	---	-1.44
2:47.66Y	F # 67	Female 13-14 200 Breast	LY-VA	15	4	-5.21
2:52.54Y	P # 67	Female 13-14 200 Breast	LY-VA	17	---	-0.33
2:25.08Y	F # 93	Female 13-14 200 Back	LY-VA	12	7	-11.09
2:31.99Y	P # 93	Female 13-14 200 Back	LY-VA	22	---	-4.18
1:00.62Y	F # 97	Female 13-14 100 Free	LY-VA	17	2	-3.28
1:00.71Y	P # 97	Female 13-14 100 Free	LY-VA	23	---	-3.19
2:23.01Y	F # 101	Female 13-14 200 IM	LY-VA	11	8	-6.74
2:29.58Y	P # 101	Female 13-14 200 IM	LY-VA	20	---	-0.17
Lainey Pennington (12) F						
2:34.94Y	F # 9B	Female 12-12 200 IM	LY-VA	7	14	2.41
5:51.95Y	F # 13B	Female 12-12 500 Free	LY-VA	4	17	4.18
2:12.21Y	P # 37B	Female 12-12 200 Free	LY-VA	6	---	1.07
2:12.61Y	F # 37B	Female 12-12 200 Free	LY-VA	5	16	1.47
1:11.26Y	F # 41B	Female 12-12 100 Fly	LY-VA	6	15	0.66
1:12.86Y	P # 41B	Female 12-12 100 Fly	LY-VA	7	---	2.26
5:27.44Y	F # 49	Female 11-12 400 IM	LY-VA	2	19	-0.77
2:42.37Y	F # 71	Female 11-12 200 Fly	LY-VA	3	18	2.27
28.80Y	P # 75B	Female 12-12 50 Free	LY-VA	11	---	0.13
1:27.57Y	P # 79B	Female 12-12 100 Breast	LY-VA	13	---	3.46
31.82Y	F # 109B	Female 12-12 50 Fly	LY-VA	8	13	-0.91
32.44Y	P # 109B	Female 12-12 50 Fly	LY-VA	10	---	-0.29
1:15.53Y	P # 113B	Female 12-12 100 Back	LY-VA	10	---	0.92
1:01.45Y	F # 117B	Female 12-12 100 Free	LY-VA	5	16	0.49
1:01.72Y	P # 117B	Female 12-12 100 Free	LY-VA	8	---	0.76

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards
Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Charlotte Pickeral (9) F						
3:16.20Y	F # 11	Female 10 & Under 200 IM	LY-VA	7	14	2.20
39.83Y	P # 35	Female 10 & Under 50 Back	LY-VA	19	---	-1.15
2:41.33Y	P # 39	Female 10 & Under 200 Free	LY-VA	9	---	-3.24
2:43.19Y	F # 39	Female 10 & Under 200 Free	LY-VA	9	12	-1.38
47.99Y	P # 47	Female 10 & Under 50 Breast	LY-VA	17	---	0.36
32.72Y	P # 73	Female 10 & Under 50 Free	LY-VA	17	---	0.16
1:40.22Y	P # 77	Female 10 & Under 100 Breast	LY-VA	17	---	-8.46
39.80Y	P # 81	Female 10 & Under 50 Fly	LY-VA	18	---	-0.43
1:25.74Y	P # 111	Female 10 & Under 100 Back	LY-VA	21	---	-6.99
1:14.37Y	P # 115	Female 10 & Under 100 Free	LY-VA	17	---	0.62
1:30.64Y	P # 119	Female 10 & Under 100 IM	LY-VA	23	---	2.05
Mitchell Rogers (14) M						
2:07.19Y	F # 60	Male 13-14 200 Fly	LY-VA	5	16	-0.80
2:11.51Y	P # 60	Male 13-14 200 Fly	LY-VA	6	---	3.52
1:02.97Y	P # 64	Male 13-14 100 Back	LY-VA	15	---	-0.60
1:03.19Y	F # 64	Male 13-14 100 Back	LY-VA	16	3	-0.38
Addie Ruhl (15) F						
2:23.58Y	P # 19	Female Open 200 Free	LY-VA	42	---	-4.18
1:12.03Y	P # 27	Female Open 100 Fly	LY-VA	39	---	-1.36
1:11.61Y	P # 65	Female Open 100 Back	LY-VA	38	---	-4.65
2:34.67Y	F # 95	Female Open 200 Back	LY-VA	19	---	-28.12
2:44.90Y	P # 95	Female Open 200 Back	LY-VA	26	---	-17.89
1:01.27Y	P # 99	Female Open 100 Free	LY-VA	44	---	-1.86
3:01.16Y DQ	P # 103	Female Open 200 IM	LY-VA	---	---	---
Ella Shinkle (12) F						
NS	P # 75B	Female 12-12 50 Free	LY-VA	---	---	---
NS	P # 79B	Female 12-12 100 Breast	LY-VA	---	---	---
NS	P # 83B	Female 12-12 50 Back	LY-VA	---	---	---
Ava Shopbell (15) F						
4:36.96Y	F # 31	Female Open 400 IM	LY-VA	3	18	-0.35
Addy Smith (13) F						
30.23Y	P # 1	Female 13-14 50 Free	LY-VA	32	---	-0.37
6:32.70Y	F # 5A	Female 13-14 500 Free	LY-VA	26	---	-7.28
2:22.83Y	P # 17	Female 13-14 200 Free	LY-VA	27	---	-7.53
1:21.11Y	P # 25	Female 13-14 100 Fly	LY-VA	31	---	1.41
1:08.93Y	F # 51	400 Medley Relay Lead Off	LY-VA	---	---	-2.40
NS	P # 59	Female 13-14 200 Fly	LY-VA	---	---	---
1:08.07Y	P # 63	Female 13-14 100 Back	LY-VA	20	---	-3.26
2:30.54Y	F # 93	Female 13-14 200 Back	LY-VA	17	2	-5.70
2:30.79Y	P # 93	Female 13-14 200 Back	LY-VA	20	---	-5.45
1:05.78Y	P # 97	Female 13-14 100 Free	LY-VA	40	---	-3.64

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Seth Snyder (8) M						
3:17.00Y	F # 12	Male 10 & Under 200 IM	LY-VA	9	12	0.70
7:30.24Y	F # 16	Male 10 & Under 500 Free	LY-VA	11	8	-14.35
40.32Y	P # 36	Male 10 & Under 50 Back	LY-VA	13	---	-2.76
2:54.88Y	P # 40	Male 10 & Under 200 Free	LY-VA	19	---	3.57
1:37.84Y DQ	P # 44	Male 10 & Under 100 Fly	LY-VA	---	---	---
35.64Y	P # 74	Male 10 & Under 50 Free	LY-VA	25	---	-0.07
1:52.70Y	P # 78	Male 10 & Under 100 Breast	LY-VA	28	---	-6.91
41.19Y	P # 82	Male 10 & Under 50 Fly	LY-VA	18	---	1.73
1:29.61Y	P # 112	Male 10 & Under 100 Back	LY-VA	17	---	-3.01
1:17.36Y	P # 116	Male 10 & Under 100 Free	LY-VA	16	---	-1.08
1:37.10Y	P # 120	Male 10 & Under 100 IM	LY-VA	22	---	4.40
Emerson Stauder (8) F						
44.25Y	P # 35	Female 10 & Under 50 Back	LY-VA	35	---	-2.02
3:02.62Y	P # 39	Female 10 & Under 200 Free	LY-VA	30	---	-2.63
50.32Y	P # 47	Female 10 & Under 50 Breast	LY-VA	23	---	-1.74
1:37.77Y	P # 111	Female 10 & Under 100 Back	LY-VA	46	---	-10.16
1:23.77Y	P # 115	Female 10 & Under 100 Free	LY-VA	40	---	-1.91
1:38.33Y	P # 119	Female 10 & Under 100 IM	LY-VA	39	---	-5.01
Keaton Tanner (8) M						
38.95Y	P # 74	Male 10 & Under 50 Free	LY-VA	37	---	-0.01
2:15.20Y DQ	P # 78	Male 10 & Under 100 Breast	LY-VA	---	---	---
59.65Y	P # 82	Male 10 & Under 50 Fly	LY-VA	46	---	-4.52
1:37.75Y	P # 112	Male 10 & Under 100 Back	LY-VA	29	---	-9.14
1:33.30Y	P # 116	Male 10 & Under 100 Free	LY-VA	41	---	-0.46
1:48.52Y	P # 120	Male 10 & Under 100 IM	LY-VA	38	---	-14.36
Alaina Thomas (10) F						
41.00Y	P # 73	Female 10 & Under 50 Free	LY-VA	63	---	-7.46
1:02.06Y	P # 81	Female 10 & Under 50 Fly	LY-VA	73	---	---
1:50.40Y	P # 111	Female 10 & Under 100 Back	LY-VA	60	---	-10.16
1:38.92Y	P # 115	Female 10 & Under 100 Free	LY-VA	63	---	-6.74
2:10.99Y	P # 119	Female 10 & Under 100 IM	LY-VA	70	---	-7.19
Brandon Thomas (12) M						
30.55Y	P # 76B	Male 12-12 50 Free	LY-VA	19	---	-1.25
1:42.65Y	P # 80B	Male 12-12 100 Breast	LY-VA	20	---	-2.96
39.72Y	P # 84B	Male 12-12 50 Back	LY-VA	17	---	2.83
1:25.14Y	P # 114B	Male 12-12 100 Back	LY-VA	13	---	1.45
1:07.34Y	P # 118B	Male 12-12 100 Free	LY-VA	13	---	-1.64
1:24.12Y	P # 122B	Male 12-12 100 IM	LY-VA	12	---	0.65

Lynchburg YMCA Swim Team
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Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Syrus Tracey (9) M						
39.18Y	P # 36	Male 10 & Under 50 Back	LY-VA	9	---	-3.17
39.77Y	F # 36	Male 10 & Under 50 Back	LY-VA	9	12	-2.58
2:47.72Y	P # 40	Male 10 & Under 200 Free	LY-VA	14	---	-6.01
51.22Y	P # 48	Male 10 & Under 50 Breast	LY-VA	18	---	-0.14
33.76Y	P # 74	Male 10 & Under 50 Free	LY-VA	19	---	-0.22
1:47.14Y	P # 78	Male 10 & Under 100 Breast	LY-VA	19	---	-0.45
46.72Y	P # 82	Male 10 & Under 50 Fly	LY-VA	22	---	-1.28
34.03Y	F # 90	200 Free Relay Lead Off	LY-VA	---	---	0.05
Kinley Tuck (13) F						
2:57.09Y	F # 59	Female 13-14 200 Fly	LY-VA	12	7	-8.79
2:58.19Y	P # 59	Female 13-14 200 Fly	LY-VA	16	---	-7.69
1:19.60Y	P # 63	Female 13-14 100 Back	LY-VA	48	---	-2.33
3:12.63Y	P # 67	Female 13-14 200 Breast	LY-VA	31	---	-10.94
2:45.35Y	P # 93	Female 13-14 200 Back	LY-VA	32	---	-4.80
1:10.47Y	P # 97	Female 13-14 100 Free	LY-VA	47	---	0.73
2:52.83Y	P # 101	Female 13-14 200 IM	LY-VA	41	---	0.72
Brody Wall (14) M						
2:06.30Y	P # 60	Male 13-14 200 Fly	LY-VA	4	---	-5.43
2:06.37Y	F # 60	Male 13-14 200 Fly	LY-VA	4	17	-5.36
1:00.59Y	P # 64	Male 13-14 100 Back	LY-VA	11	---	-2.40
1:02.00Y	F # 64	Male 13-14 100 Back	LY-VA	15	4	-0.99
2:31.94Y	F # 68	Male 13-14 200 Breast	LY-VA	8	12.5	-20.87
2:33.23Y	P # 68	Male 13-14 200 Breast	LY-VA	9	---	-19.58
Broughton Webb (14) F						
17:27.97Y	F # 105	Female Open 1650 Free	LY-VA	1	22	-15.52
Sammy Wells (10) M						
31.93Y	F # 74	Male 10 & Under 50 Free	LY-VA	8	13	-2.27
32.18Y	P # 74	Male 10 & Under 50 Free	LY-VA	9	---	-2.02
1:48.21Y	P # 78	Male 10 & Under 100 Breast	LY-VA	22	---	-21.26
35.60Y	F # 82	Male 10 & Under 50 Fly	LY-VA	9	12	-1.05
36.82Y	P # 82	Male 10 & Under 50 Fly	LY-VA	9	---	0.17

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Austin Woodruff (12) M					
2:38.69Y	F # 10B	Male 12-12 200 IM	LY-VA 7	14	-4.96
6:06.10Y	F # 14B	Male 12-12 500 Free	LY-VA 5	16	4.67
2:39.48Y	F # 34	Male 11-12 200 Back	LY-VA 15	4	0.72
2:17.09Y	P # 38B	Male 12-12 200 Free	LY-VA 6	---	-2.35
2:20.77Y	F # 38B	Male 12-12 200 Free	LY-VA 7	14	1.33
1:18.82Y	P # 42B	Male 12-12 100 Fly	LY-VA 8	---	-0.52
1:19.55Y	F # 42B	Male 12-12 100 Fly	LY-VA 6	15	0.21
34.53Y	F # 58	200 Medley Relay Lead Off	LY-VA ---	---	1.23
29.21Y	P # 76B	Male 12-12 50 Free	LY-VA 12	---	0.29
33.75Y	F # 84B	Male 12-12 50 Back	LY-VA 9	12	0.45
33.80Y	P # 84B	Male 12-12 50 Back	LY-VA 8	---	0.50
34.81Y	P # 110B	Male 12-12 50 Fly	LY-VA 12	---	0.34
1:12.30Y	F # 114B	Male 12-12 100 Back	LY-VA 3	18	-0.86
1:13.21Y	P # 114B	Male 12-12 100 Back	LY-VA 6	---	0.05
1:05.29Y	P # 118B	Male 12-12 100 Free	LY-VA 10	---	1.14
1:05.98Y	F # 118B	Male 12-12 100 Free	LY-VA 9	12	1.83
Graham Woodruff (15) M					
21.64Y	F # 4	Male Open 50 Free	LY-VA 1	22	0.29
21.79Y	P # 4	Male Open 50 Free	LY-VA 2	---	0.44
53.06Y	F # 28	Male Open 100 Fly	LY-VA 5	16	0.49
53.21Y	P # 28	Male Open 100 Fly	LY-VA 5	---	0.64
53.75Y	F # 54	400 Medley Relay Lead Off	LY-VA ---	---	-1.22
2:00.73Y	F # 62	Male Open 200 Fly	LY-VA 5	16	-2.24
2:04.65Y	P # 62	Male Open 200 Fly	LY-VA 6	---	1.68
53.05Y	F # 66	Male Open 100 Back	LY-VA 2	19	-1.92
54.50Y	P # 66	Male Open 100 Back	LY-VA 3	---	-0.47
1:57.17Y	F # 96	Male Open 200 Back	LY-VA 2	19	-3.07
1:58.11Y	P # 96	Male Open 200 Back	LY-VA 2	---	-2.13
47.45Y	F # 100	Male Open 100 Free	LY-VA 3	18	0.27
48.33Y	P # 100	Male Open 100 Free	LY-VA 3	---	1.15
16:35.81Y	F # 106	Male Open 1650 Free	LY-VA 1	22	-37.98
10:07.11Y	F # 506	Male Open 1000 Free	LY-VA 1	---	6.49

Lynchburg YMCA Swim Team
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Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards

Location: s Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Taylor Woodruff (14) F					
25.31Y	F # 1	Female 13-14 50 Free	2	19	-0.14
25.55Y	P # 1	Female 13-14 50 Free	2	---	0.10
5:17.23Y	F # 5A	Female 13-14 500 Free	2	19	0.86
1:56.67Y	F # 17	Female 13-14 200 Free	2	19	-3.53
2:00.84Y	P # 17	Female 13-14 200 Free	2	---	0.64
58.94Y	F # 25	Female 13-14 100 Fly	1	22	-0.02
1:00.08Y	P # 25	Female 13-14 100 Fly	3	---	1.12
2:09.75Y	F # 59	Female 13-14 200 Fly	1	22	3.15
2:11.95Y	P # 59	Female 13-14 200 Fly	1	---	5.35
1:01.28Y	F # 63	Female 13-14 100 Back	3	18	1.30
1:01.66Y	P # 63	Female 13-14 100 Back	3	---	1.68
59.32Y	F # 85	400 Free Relay Lead Off	---	---	3.58
2:09.39Y	F # 93	Female 13-14 200 Back	1	22	-0.70
2:16.08Y	P # 93	Female 13-14 200 Back	5	---	5.99
55.69Y	F # 97	Female 13-14 100 Free	2	19	-0.05
56.25Y	P # 97	Female 13-14 100 Free	4	---	0.51
Caleb Wu (14) M					
1:01.71Y	F # 64	Male 13-14 100 Back	13	6	-0.34
1:01.88Y	P # 64	Male 13-14 100 Back	14	---	-0.17
2:23.49Y	F # 68	Male 13-14 200 Breast	5	16	0.37
2:26.67Y	P # 68	Male 13-14 200 Breast	5	---	3.55
55.03Y	P # 98	Male 13-14 100 Free	13	---	-0.53
55.38Y	F # 98	Male 13-14 100 Free	12	7	-0.18
2:16.27Y	P # 102	Male 13-14 200 IM	10	---	-2.93
2:16.60Y	F # 102	Male 13-14 200 IM	8	13	-2.60
19:23.29Y	F # 106	Male Open 1650 Free	9	12	---
11:43.29Y	F # 506	Male Open 1000 Free	4	---	-23.34
Karis Wu (11) F					
34.66Y	P # 75A	Female 11-11 50 Free	32	---	-1.37
1:44.78Y	P # 79A	Female 11-11 100 Breast	26	---	-1.27
43.41Y	P # 83A	Female 11-11 50 Back	32	---	-1.47
Titus Wu (9) M					
32.38Y	P # 74	Male 10 & Under 50 Free	11	---	-0.93
1:35.54Y	P # 78	Male 10 & Under 100 Breast	10	---	-0.80
37.30Y	P # 82	Male 10 & Under 50 Fly	11	---	-1.26
1:22.60Y	F # 112	Male 10 & Under 100 Back	9	12	-0.36
1:22.62Y	P # 112	Male 10 & Under 100 Back	8	---	-0.34
1:11.45Y	P # 116	Male 10 & Under 100 Free	9	---	-0.25
1:12.31Y	F # 116	Male 10 & Under 100 Free	9	12	0.61
1:22.37Y	F # 120	Male 10 & Under 100 IM	9	12	-0.81
1:23.94Y	P # 120	Male 10 & Under 100 IM	9	---	0.76

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards
Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Spence Young (9) M						
35.04Y	P # 74	Male 10 & Under 50 Free	LY-VA	24	---	-2.09
1:48.24Y	P # 78	Male 10 & Under 100 Breast	LY-VA	23	---	0.08
47.98Y	P # 82	Male 10 & Under 50 Fly	LY-VA	23	---	-3.63
36.64Y	F # 90	200 Free Relay Lead Off	LY-VA	---	---	-0.49