## Lynchburg YMCA Swim Team Head Coach Ryan Woodruff

## Individual Meet Results - Standard: 25SRCH

2024 13th Speedo Swim and Tri Winter Champs 12-Dec-24 to 15-Dec-24 Yards Location: s Christiansburg Aquatic Center

Tim	e F/	P/S	Event		Place	Points	Improv
Graham Woodruff (15) M							
2:00.73	Y 25QT	F # 62	Male Open 200 Fly	LY-VA	5	16	-2.24
Taylor Woodruff (14) F							
1:56.67	Y 25QT	F # 17	Female 13-14 200 Free	LY-VA	2	19	-3.53