

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Quentin Bailey (10) M						
3:18.16L	P # 28A	Male 10 & Under 200 Free	LY-VA	17	---	---
1:47.88L	P # 36A	Male 10 & Under 100 Back	LY-VA	23	---	---
56.20L	P # 40A	Male 10 & Under 50 Breast	LY-VA	18	---	---
Shirley Barger (15) F						
31.72L	P # 5B	Female 15 & Over 50 Free	LY-VA	35	---	-0.08
1:32.86L	P # 17B	Female 15 & Over 100 Breast	LY-VA	19	---	-1.95
5:14.47L	F # 21B	Female 15 & Over 400 Free	LY-VA	32	---	-6.41
2:28.49L	P # 25B	Female 15 & Over 200 Free	LY-VA	38	---	-6.05
1:25.81L	P # 33B	Female 15 & Over 100 Back	LY-VA	34	---	1.32
6:08.31L	F # 41B	Female 15 & Over 400 IM	LY-VA	18	---	-23.43
1:09.48L	P # 49B	Female 15 & Over 100 Free	LY-VA	49	---	-1.41
3:18.54L	P # 53B	Female 15 & Over 200 Breast	LY-VA	16	---	-0.69
3:18.93L	F # 53B	Female 15 & Over 200 Breast	LY-VA	12	---	-0.30
10:47.64L	F # 69B	Female 15 & Over 800 Free	LY-VA	16	---	-3.94
Cole Campbell (16) M						
27.34L	P # 6B	Male 15 & Over 50 Free	LY-VA	34	---	1.52
2:39.07L	P # 10B	Male 15 & Over 200 IM	LY-VA	32	---	11.72
1:20.12L	P # 18B	Male 15 & Over 100 Breast	LY-VA	34	---	4.75
1:01.73L	P # 50B	Male 15 & Over 100 Free	LY-VA	40	---	5.10
2:57.66L	P # 54B	Male 15 & Over 200 Breast	LY-VA	24	---	3.21
28.52L	P # 62B	Male 15 & Over 50 Fly	LY-VA	20	---	-0.88
Ben Cook (8) M						
59.25L	P # 16A	Male 10 & Under 50 Back	LY-VA	33	---	---
2:19.49L	P # 20A	Male 10 & Under 100 Breast	LY-VA	20	---	6.53
7:55.04L	F # 24A	Male 10 & Under 400 Free	LY-VA	9	---	10.47
3:36.55L	P # 28A	Male 10 & Under 200 Free	LY-VA	26	---	---
1:01.38L	P # 40A	Male 10 & Under 50 Breast	LY-VA	28	---	---
9:22.56L	F # 44A	Male 10 & Under 400 IM	LY-VA	3	---	---
16:07.96L	F # 72A	Male 10 & Under 800 Free	LY-VA	4	---	---

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Time	F/P/S	Event		Place	Points	Improv
Isaac Cook (14) M						
28.07L	P # 6A	Male 13-14 50 Free	LY-VA	11	---	0.02
28.45L	F # 6A	Male 13-14 50 Free	LY-VA	14	---	0.40
2:32.76L	P # 10A	Male 13-14 200 IM	LY-VA	5	---	---
2:32.97L	F # 10A	Male 13-14 200 IM	LY-VA	6	---	---
1:21.88L	F # 18A	Male 13-14 100 Breast	LY-VA	10	---	---
1:22.62L	P # 18A	Male 13-14 100 Breast	LY-VA	12	---	---
1:07.64L	P # 30A	Male 13-14 100 Fly	LY-VA	6	---	-4.10
1:07.86L	F # 30A	Male 13-14 100 Fly	LY-VA	6	---	-3.88
1:11.61L	P # 34A	Male 13-14 100 Back	LY-VA	6	---	-1.16
1:12.72L	F # 34A	Male 13-14 100 Back	LY-VA	8	---	-0.05
5:35.24L	F # 42A	Male 13-14 400 IM	LY-VA	4	---	-6.68
1:01.75L	F # 50A	Male 13-14 100 Free	LY-VA	11	---	-2.62
1:02.18L	P # 50A	Male 13-14 100 Free	LY-VA	10	---	-2.19
Matthew Cook (12) M						
3:16.12L	P # 12B	Male 11-12 200 IM	LY-VA	26	---	-5.41
41.65L	P # 16B	Male 11-12 50 Back	LY-VA	26	---	---
5:55.98L	F # 24B	Male 11-12 400 Free	LY-VA	22	---	1.59
2:47.72L	P # 28B	Male 11-12 200 Free	LY-VA	35	---	1.41
1:36.95L	P # 32B	Male 11-12 100 Fly	LY-VA	28	---	---
49.53L	P # 40B	Male 11-12 50 Breast	LY-VA	36	---	---
Anderson Cox (9) M						
41.66L	P # 8A	Male 10 & Under 50 Free	LY-VA	22	---	-3.17
56.82L	P # 16A	Male 10 & Under 50 Back	LY-VA	29	---	---
1:50.03L	F # 20A	Male 10 & Under 100 Breast	LY-VA	4	---	-25.79
1:56.05L	P # 20A	Male 10 & Under 100 Breast	LY-VA	4	---	-19.77
3:18.29L	P # 28A	Male 10 & Under 200 Free	LY-VA	18	---	-25.99
2:06.66L	P # 36A	Male 10 & Under 100 Back	LY-VA	34	---	---
53.29L DQ	P # 40A	Male 10 & Under 50 Breast	LY-VA	---	---	---
Clayton Cox (12) M						
2:46.83L	P # 28B	Male 11-12 200 Free	LY-VA	34	---	-2.78
1:35.38L	P # 32B	Male 11-12 100 Fly	LY-VA	27	---	---
52.08L	P # 40B	Male 11-12 50 Breast	LY-VA	38	---	-19.22
1:17.89L	P # 52B	Male 11-12 100 Free	LY-VA	45	---	---
3:21.79L	P # 60B	Male 11-12 200 Back	LY-VA	24	---	---
39.87L	P # 64B	Male 11-12 50 Fly	LY-VA	34	---	-1.62

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Time	F/P/S	Event		Place	Points	Improv
Liam Cox (11) M						
37.94L	P # 8B	Male 11-12 50 Free	LY-VA	43	---	0.85
42.48L	P # 16B	Male 11-12 50 Back	LY-VA	29	---	-2.56
5:55.60L	F # 24B	Male 11-12 400 Free	LY-VA	21	---	-3.69
2:53.55L	P # 28B	Male 11-12 200 Free	LY-VA	40	---	1.83
1:33.47L	P # 36B	Male 11-12 100 Back	LY-VA	35	---	-1.98
53.52L	P # 40B	Male 11-12 50 Breast	LY-VA	40	---	0.40
1:20.82L	P # 52B	Male 11-12 100 Free	LY-VA	47	---	-1.56
47.12L	P # 64B	Male 11-12 50 Fly	LY-VA	43	---	-0.84
12:06.22L	F # 72B	Male 11-12 800 Free	LY-VA	7	---	-5.78
Lucas Cox (15) M						
32.53L	P # 6B	Male 15 & Over 50 Free	LY-VA	60	---	-0.88
3:08.13L	P # 10B	Male 15 & Over 200 IM	LY-VA	42	---	0.09
5:31.45L	F # 22B	Male 15 & Over 400 Free	LY-VA	30	---	-13.61
3:23.36L	P # 54B	Male 15 & Over 200 Breast	LY-VA	33	---	-11.31
41.23L	P # 62B	Male 15 & Over 50 Fly	LY-VA	50	---	-10.71
11:32.74L	F # 70B	Male 15 & Over 800 Free	LY-VA	16	---	-2.36
Meredith Cox (13) F						
36.47L	P # 5A	Female 13-14 50 Free	LY-VA	41	---	-4.84
3:18.39L	P # 9A	Female 13-14 200 IM	LY-VA	30	---	-12.61
6:13.43L	F # 21A	Female 13-14 400 Free	LY-VA	28	---	-44.47
2:51.02L	P # 25A	Female 13-14 200 Free	LY-VA	41	---	-12.56
1:31.43L	P # 33A	Female 13-14 100 Back	LY-VA	34	---	-9.74
52.13L	P # 37A	Female 13-14 50 Breast	LY-VA	33	---	-1.05
Grey Dawson (9) M						
47.86L	P # 8A	Male 10 & Under 50 Free	LY-VA	33	---	---
56.57L	P # 16A	Male 10 & Under 50 Back	LY-VA	28	---	---
2:19.01L	P # 20A	Male 10 & Under 100 Breast	LY-VA	19	---	---
Avery Duff (14) F						
34.18L	P # 5A	Female 13-14 50 Free	LY-VA	36	---	0.14
3:31.51L	P # 9A	Female 13-14 200 IM	LY-VA	31	---	-14.88
45.26L	P # 13A	Female 13-14 50 Back	LY-VA	29	---	-1.21
2:51.59L	P # 25A	Female 13-14 200 Free	LY-VA	42	---	2.00
1:42.28L	P # 29A	Female 13-14 100 Fly	LY-VA	26	---	-4.36
1:41.05L	P # 33A	Female 13-14 100 Back	LY-VA	42	---	3.60
1:16.50L	P # 49A	Female 13-14 100 Free	LY-VA	39	---	-0.12
3:33.83L	P # 57A	Female 13-14 200 Back	LY-VA	28	---	-2.51
41.83L	P # 61A	Female 13-14 50 Fly	LY-VA	38	---	-6.79

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Time	F/P/S	Event		Place	Points	Improv
Tammy Eakkhattiyakorn (12) F						
34.89L	P # 7B	Female 11-12 50 Free	LY-VA	46	---	-3.62
42.87L	P # 15B	Female 11-12 50 Back	LY-VA	31	---	-0.71
6:04.79L	F # 23B	Female 11-12 400 Free	LY-VA	22	---	---
2:47.30L	P # 27B	Female 11-12 200 Free	LY-VA	38	---	-5.69
1:31.28L	P # 35B	Female 11-12 100 Back	LY-VA	37	---	-2.64
47.27L	P # 39B	Female 11-12 50 Breast	LY-VA	36	---	-2.26
1:16.39L	P # 51B	Female 11-12 100 Free	LY-VA	42	---	-4.59
3:38.03L	P # 55B	Female 11-12 200 Breast	LY-VA	22	---	-34.91
44.91L	P # 63B	Female 11-12 50 Fly	LY-VA	55	---	-0.75
Tyler Eakkhattiyakorn (14) M						
31.35L	P # 6A	Male 13-14 50 Free	LY-VA	32	---	-0.39
2:54.70L	P # 10A	Male 13-14 200 IM	LY-VA	16	---	-0.72
2:55.52L	F # 10A	Male 13-14 200 IM	LY-VA	16	---	0.10
1:22.23L	F # 18A	Male 13-14 100 Breast	LY-VA	12	---	-2.73
1:24.37L	P # 18A	Male 13-14 100 Breast	LY-VA	16	---	-0.59
2:40.34L	P # 26A	Male 13-14 200 Free	LY-VA	29	---	1.36
1:26.18L	P # 34A	Male 13-14 100 Back	LY-VA	29	---	-5.69
36.80L	F # 38A	Male 13-14 50 Breast	LY-VA	7	---	-0.34
36.93L	P # 38A	Male 13-14 50 Breast	LY-VA	8	---	-0.21
1:11.80L	P # 50A	Male 13-14 100 Free	LY-VA	33	---	2.19
3:01.85L	P # 54A	Male 13-14 200 Breast	LY-VA	9	---	1.54
3:02.58L	F # 54A	Male 13-14 200 Breast	LY-VA	9	---	2.27
39.11L	P # 62A	Male 13-14 50 Fly	LY-VA	31	---	-5.15
Evy Edwards (11) F						
38.95L	P # 7B	Female 11-12 50 Free	LY-VA	56	---	-2.56
48.90L	P # 15B	Female 11-12 50 Back	LY-VA	42	---	-4.63
1:51.93L	P # 19B	Female 11-12 100 Breast	LY-VA	31	---	-31.80
3:10.52L	P # 27B	Female 11-12 200 Free	LY-VA	54	---	-37.07
1:45.10L	P # 35B	Female 11-12 100 Back	LY-VA	50	---	-19.21
52.90L	P # 39B	Female 11-12 50 Breast	LY-VA	48	---	-4.44
1:30.11L	P # 51B	Female 11-12 100 Free	LY-VA	67	---	-16.10
42.60L	P # 63B	Female 11-12 50 Fly	LY-VA	50	---	-5.23

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Time	F/P/S	Event	Place	Points	Improv	
Sam Edwards (14) M						
29.64L	P # 6A	Male 13-14 50 Free	LY-VA	19	---	-0.91
32.85L	F # 14A	Male 13-14 50 Back	LY-VA	4	---	-0.39
32.96L	P # 14A	Male 13-14 50 Back	LY-VA	3	---	-0.28
4:54.77L	F # 22A	Male 13-14 400 Free	LY-VA	4	15	1.31
2:18.08L	P # 26A	Male 13-14 200 Free	LY-VA	5	---	1.24
2:19.84L	F # 26A	Male 13-14 200 Free	LY-VA	9	---	3.00
1:11.21L	F # 34A	Male 13-14 100 Back	LY-VA	5	---	-0.16
1:12.20L	P # 34A	Male 13-14 100 Back	LY-VA	7	---	0.83
5:29.27L	F # 42A	Male 13-14 400 IM	LY-VA	3	---	-0.05
1:05.19L	P # 50A	Male 13-14 100 Free	LY-VA	20	---	1.10
1:05.76L	F # 50A	Male 13-14 100 Free	LY-VA	18	---	1.67
2:32.52L	P # 58A	Male 13-14 200 Back	LY-VA	2	---	-0.53
2:32.69L	F # 58A	Male 13-14 200 Back	LY-VA	3	---	-0.36
10:08.24L	F # 70A	Male 13-14 800 Free	LY-VA	2	---	12.81
Eli Fleenor (15) M						
29.64L	P # 6B	Male 15 & Over 50 Free	LY-VA	54	---	---
1:42.50L	P # 18B	Male 15 & Over 100 Breast	LY-VA	46	---	---
2:32.00L	P # 26B	Male 15 & Over 200 Free	LY-VA	46	---	---
42.37L	P # 38B	Male 15 & Over 50 Breast	LY-VA	40	---	---
1:07.99L	P # 50B	Male 15 & Over 100 Free	LY-VA	63	---	---
3:41.81L	P # 54B	Male 15 & Over 200 Breast	LY-VA	34	---	---
37.24L	P # 62B	Male 15 & Over 50 Fly	LY-VA	48	---	---
Evan Fong (16) M						
28.18L	P # 6B	Male 15 & Over 50 Free	LY-VA	46	---	-0.91
2:32.33L	P # 10B	Male 15 & Over 200 IM	LY-VA	25	---	-5.44
1:19.66L	P # 18B	Male 15 & Over 100 Breast	LY-VA	32	---	-2.45
1:05.63L	F # 34B	Male 15 & Over 100 Back	LY-VA	11	---	-4.94
1:05.88L	P # 34B	Male 15 & Over 100 Back	LY-VA	12	---	-4.69
35.84L	P # 38B	Male 15 & Over 50 Breast	LY-VA	25	---	-26.56
5:35.85L	F # 42B	Male 15 & Over 400 IM	LY-VA	19	---	0.11
1:01.15L	P # 50B	Male 15 & Over 100 Free	LY-VA	35	---	-2.68
2:57.31L	P # 54B	Male 15 & Over 200 Breast	LY-VA	22	---	-2.10
29.84L	P # 62B	Male 15 & Over 50 Fly	LY-VA	32	---	-36.23
Zachary Fong (11) M						
43.11L	P # 8B	Male 11-12 50 Free	LY-VA	46	---	-3.61
49.75L	P # 16B	Male 11-12 50 Back	LY-VA	31	---	-0.63
2:05.69L	P # 20B	Male 11-12 100 Breast	LY-VA	27	---	-11.97
3:15.38L	P # 28B	Male 11-12 200 Free	LY-VA	47	---	-22.11
1:43.07L	P # 36B	Male 11-12 100 Back	LY-VA	41	---	-6.93
55.53L	P # 40B	Male 11-12 50 Breast	LY-VA	43	---	-7.42
1:35.51L	P # 52B	Male 11-12 100 Free	LY-VA	53	---	---
52.49L	P # 64B	Male 11-12 50 Fly	LY-VA	47	---	---

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Time	F/P/S	Event		Place	Points	Improv
Jocelyn French (14) F						
33.75L	P # 5A	Female 13-14 50 Free	LY-VA	34	---	-4.03
3:11.86L	P # 9A	Female 13-14 200 IM	LY-VA	29	---	-37.71
1:34.25L	P # 17A	Female 13-14 100 Breast	LY-VA	16	---	---
1:34.45L	F # 17A	Female 13-14 100 Breast	LY-VA	17	---	---
2:47.08L	P # 25A	Female 13-14 200 Free	LY-VA	38	---	-31.06
1:38.77L	P # 33A	Female 13-14 100 Back	LY-VA	39	---	---
41.73L	F # 37A	Female 13-14 50 Breast	LY-VA	16	---	-7.29
42.77L	P # 37A	Female 13-14 50 Breast	LY-VA	16	---	-6.25
1:17.38L	P # 49A	Female 13-14 100 Free	LY-VA	40	---	-12.87
3:22.90L	F # 53A	Female 13-14 200 Breast	LY-VA	12	---	-34.59
3:29.67L	P # 53A	Female 13-14 200 Breast	LY-VA	14	---	-27.82
39.97L	P # 61A	Female 13-14 50 Fly	LY-VA	35	---	-11.79
Emma Graterol Quijada (8) F						
51.69L	P # 7A	Female 10 & Under 50 Free	LY-VA	37	---	---
59.69L	P # 15A	Female 10 & Under 50 Back	LY-VA	28	---	---
2:09.96L	P # 35A	Female 10 & Under 100 Back	LY-VA	43	---	---
1:17.16L	P # 39A	Female 10 & Under 50 Breast	LY-VA	42	---	---
1:53.51L	P # 51A	Female 10 & Under 100 Free	LY-VA	43	---	---
1:24.55L DQ	P # 63A	Female 10 & Under 50 Fly	LY-VA	---	---	---
Zelynn Gustafson (16) F						
33.11L	P # 5B	Female 15 & Over 50 Free	LY-VA	40	---	1.08
3:05.67L	P # 9B	Female 15 & Over 200 IM	LY-VA	36	---	-8.27
5:39.89L	F # 21B	Female 15 & Over 400 Free	LY-VA	40	---	2.24
2:34.76L	P # 25B	Female 15 & Over 200 Free	LY-VA	48	---	-7.69
1:30.45L	P # 33B	Female 15 & Over 100 Back	LY-VA	40	---	-4.53
48.23L	P # 37B	Female 15 & Over 50 Breast	LY-VA	21	---	0.92
1:12.53L	P # 49B	Female 15 & Over 100 Free	LY-VA	55	---	0.83
3:12.05L	P # 57B	Female 15 & Over 200 Back	LY-VA	31	---	-2.33
11:51.26L	F # 69B	Female 15 & Over 800 Free	LY-VA	21	---	5.20
Chandler Henry (17) M						
5:25.08L	F # 42B	Male 15 & Over 400 IM	LY-VA	12	---	-12.34
1:03.88L	P # 50B	Male 15 & Over 100 Free	LY-VA	53	---	-0.64
2:53.81L	F # 54B	Male 15 & Over 200 Breast	LY-VA	16	---	-1.01
2:57.15L	P # 54B	Male 15 & Over 200 Breast	LY-VA	20	---	2.33
10:25.92L	F # 70B	Male 15 & Over 800 Free	LY-VA	12	---	---

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Connor Henry (12) M						
36.75L	P # 8B	Male 11-12 50 Free	LY-VA	42	---	0.46
3:37.21L	P # 12B	Male 11-12 200 IM	LY-VA	29	---	---
6:26.96L	F # 24B	Male 11-12 400 Free	LY-VA	24	---	---
3:01.16L	P # 28B	Male 11-12 200 Free	LY-VA	42	---	-24.69
1:57.15L	P # 32B	Male 11-12 100 Fly	LY-VA	33	---	4.20
49.31L	P # 40B	Male 11-12 50 Breast	LY-VA	34	---	0.72
1:23.66L	P # 52B	Male 11-12 100 Free	LY-VA	49	---	-2.92
3:40.78L	F # 56B	Male 11-12 200 Breast	LY-VA	16	---	-41.09
3:47.73L	P # 56B	Male 11-12 200 Breast	LY-VA	19	---	-34.14
49.32L	P # 64B	Male 11-12 50 Fly	LY-VA	44	---	2.66
Myer Henry (8) M						
1:14.25L	P # 8A	Male 10 & Under 50 Free	LY-VA	42	---	---
1:18.00L	P # 16A	Male 10 & Under 50 Back	LY-VA	38	---	---
1:27.65L	P # 40A	Male 10 & Under 50 Breast	LY-VA	35	---	---
Trevor Henry (14) M						
1:16.65L	P # 50A	Male 13-14 100 Free	LY-VA	39	---	1.19
3:09.17L	P # 58A	Male 13-14 200 Back	LY-VA	15	---	-2.79
3:13.31L	F # 58A	Male 13-14 200 Back	LY-VA	12	---	1.35
38.48L	P # 62A	Male 13-14 50 Fly	LY-VA	30	---	-7.95
Ty Henry (9) M						
41.77L	P # 8A	Male 10 & Under 50 Free	LY-VA	23	---	-9.97
50.32L	P # 16A	Male 10 & Under 50 Back	LY-VA	18	---	-4.12
1:57.53L	F # 20A	Male 10 & Under 100 Breast	LY-VA	7	---	-12.72
2:02.07L	P # 20A	Male 10 & Under 100 Breast	LY-VA	7	---	-8.18
3:22.44L	P # 28A	Male 10 & Under 200 Free	LY-VA	21	---	---
1:47.79L	P # 36A	Male 10 & Under 100 Back	LY-VA	22	---	-8.70
56.63L	P # 40A	Male 10 & Under 50 Breast	LY-VA	21	---	1.89
1:36.03L	P # 52A	Male 10 & Under 100 Free	LY-VA	27	---	-6.52
55.93L	P # 64A	Male 10 & Under 50 Fly	LY-VA	23	---	-0.22
Margaret Herman (7) F						
52.54L	P # 7A	Female 10 & Under 50 Free	LY-VA	38	---	---
1:10.03L	P # 15A	Female 10 & Under 50 Back	LY-VA	34	---	---
2:36.83L	P # 19A	Female 10 & Under 100 Breast	LY-VA	26	---	---
Nathaniel Herman (9) M						
44.21L	P # 8A	Male 10 & Under 50 Free	LY-VA	28	---	---
58.70L	P # 16A	Male 10 & Under 50 Back	LY-VA	32	---	---
7:27.24L	F # 24A	Male 10 & Under 400 Free	LY-VA	8	---	---

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Time	F/P/S	Event		Place	Points	Improv
Ellington Hermosa (13) F						
34.91L	P # 5A	Female 13-14 50 Free	LY-VA	38	---	-0.28
44.41L	P # 13A	Female 13-14 50 Back	LY-VA	28	---	---
6:03.83L	F # 21A	Female 13-14 400 Free	LY-VA	27	---	---
2:54.17L	P # 25A	Female 13-14 200 Free	LY-VA	44	---	-5.37
1:34.80L	P # 29A	Female 13-14 100 Fly	LY-VA	25	---	-6.04
1:38.90L	P # 33A	Female 13-14 100 Back	LY-VA	40	---	---
1:19.87L	P # 49A	Female 13-14 100 Free	LY-VA	43	---	2.43
3:26.10L	P # 57A	Female 13-14 200 Back	LY-VA	27	---	---
35.95L	P # 61A	Female 13-14 50 Fly	LY-VA	25	---	-2.69
Sebastian Hermosa (15) M						
30.11L	P # 6B	Male 15 & Over 50 Free	LY-VA	55	---	---
3:05.02L	P # 10B	Male 15 & Over 200 IM	LY-VA	41	---	---
5:46.91L	F # 22B	Male 15 & Over 400 Free	LY-VA	31	---	---
2:42.16L	P # 26B	Male 15 & Over 200 Free	LY-VA	48	---	---
1:23.38L	P # 34B	Male 15 & Over 100 Back	LY-VA	39	---	---
42.32L	P # 38B	Male 15 & Over 50 Breast	LY-VA	39	---	---
1:09.21L	P # 50B	Male 15 & Over 100 Free	LY-VA	64	---	---
2:58.34L	F # 58B	Male 15 & Over 200 Back	LY-VA	17	---	---
3:00.13L	P # 58B	Male 15 & Over 200 Back	LY-VA	26	---	---
33.45L	P # 62B	Male 15 & Over 50 Fly	LY-VA	47	---	---
Carson Hill (10) M						
48.47L	P # 8A	Male 10 & Under 50 Free	LY-VA	35	---	1.95
58.17L	P # 16A	Male 10 & Under 50 Back	LY-VA	31	---	0.81
2:21.04L DQ	P # 20A	Male 10 & Under 100 Breast	LY-VA	---	---	---
3:54.81L	P # 28A	Male 10 & Under 200 Free	LY-VA	33	---	---
2:08.84L	P # 36A	Male 10 & Under 100 Back	LY-VA	35	---	-1.40
59.53L	P # 40A	Male 10 & Under 50 Breast	LY-VA	25	---	-0.52
1:51.31L	P # 52A	Male 10 & Under 100 Free	LY-VA	39	---	3.40
1:03.50L	P # 64A	Male 10 & Under 50 Fly	LY-VA	28	---	-6.08
Sydney Hill (14) F						
31.23L	P # 5A	Female 13-14 50 Free	LY-VA	17	---	-0.77
31.51L	F # 5A	Female 13-14 50 Free	LY-VA	17	---	-0.49
3:08.11L	P # 9A	Female 13-14 200 IM	LY-VA	28	---	-7.36
5:36.37L	F # 21A	Female 13-14 400 Free	LY-VA	23	---	-16.88

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Ann-Margaret Holt (15) F						
28.52L	F # 5B	Female 15 & Over 50 Free	LY-VA	12	---	0.29
29.20L	P # 5B	Female 15 & Over 50 Free	LY-VA	18	---	0.97
33.00L	F # 13B	Female 15 & Over 50 Back	LY-VA	7	---	-0.82
33.38L	P # 13B	Female 15 & Over 50 Back	LY-VA	7	---	-0.44
4:36.58L	F # 21B	Female 15 & Over 400 Free	LY-VA	7	12	1.61
2:09.37L	F # 25B	Female 15 & Over 200 Free	LY-VA	6	---	0.92
2:10.82L	P # 25B	Female 15 & Over 200 Free	LY-VA	7	---	2.37
1:11.56L	F # 29B	Female 15 & Over 100 Fly	LY-VA	15	---	0.95
1:12.20L	P # 29B	Female 15 & Over 100 Fly	LY-VA	16	---	1.59
1:11.18L	F # 33B	Female 15 & Over 100 Back	LY-VA	10	---	1.44
1:12.02L	P # 33B	Female 15 & Over 100 Back	LY-VA	10	---	2.28
1:00.43L	F # 49B	Female 15 & Over 100 Free	LY-VA	13	---	-0.58
1:01.72L	P # 49B	Female 15 & Over 100 Free	LY-VA	16	---	0.71
2:32.05L	F # 57B	Female 15 & Over 200 Back	LY-VA	7	---	3.25
2:35.39L	P # 57B	Female 15 & Over 200 Back	LY-VA	9	---	6.59
9:45.65L	F # 69B	Female 15 & Over 800 Free	LY-VA	6	---	20.54
Davis Hottle (18) M						
26.50L	P # 6B	Male 15 & Over 50 Free	LY-VA	20	---	1.02
2:33.04L	P # 10B	Male 15 & Over 200 IM	LY-VA	26	---	6.85
29.92L	F # 14B	Male 15 & Over 50 Back	LY-VA	7	---	0.54
30.49L	P # 14B	Male 15 & Over 50 Back	LY-VA	6	---	1.11
2:06.11L	P # 26B	Male 15 & Over 200 Free	LY-VA	11	---	2.19
1:05.57L	P # 30B	Male 15 & Over 100 Fly	LY-VA	30	---	4.76
1:05.51L	P # 34B	Male 15 & Over 100 Back	LY-VA	11	---	2.22
Luke Hottle (16) M						
2:16.88L	F # 2B	Male 15 & Over 200 Fly	LY-VA	9	---	0.89
2:16.95L	P # 2B	Male 15 & Over 200 Fly	LY-VA	8	---	0.96
2:15.46L	F # 10B	Male 15 & Over 200 IM	LY-VA	3	---	4.17
2:16.29L	P # 10B	Male 15 & Over 200 IM	LY-VA	3	---	5.00
1:10.41L	F # 18B	Male 15 & Over 100 Breast	LY-VA	10	---	2.45
1:10.56L	P # 18B	Male 15 & Over 100 Breast	LY-VA	11	---	2.60
2:06.39L	P # 26B	Male 15 & Over 200 Free	LY-VA	12	---	4.11
1:01.15L	P # 30B	Male 15 & Over 100 Fly	LY-VA	14	---	0.36
4:57.28L	F # 42B	Male 15 & Over 400 IM	LY-VA	6	---	15.06
Jaewon Hur (12) M						
3:26.77L	P # 28B	Male 11-12 200 Free	LY-VA	49	---	-22.31
1:54.10L	P # 36B	Male 11-12 100 Back	LY-VA	44	---	-21.08
48.13L	P # 40B	Male 11-12 50 Breast	LY-VA	31	---	---
1:26.83L	P # 52B	Male 11-12 100 Free	LY-VA	51	---	-14.85
3:41.23L	P # 56B	Male 11-12 200 Breast	LY-VA	16	---	---
50.36L	P # 64B	Male 11-12 50 Fly	LY-VA	45	---	-11.62

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Eva Kendall (13) F						
33.71L	P # 5A	Female 13-14 50 Free	LY-VA	33	---	-0.51
40.49L	P # 13A	Female 13-14 50 Back	LY-VA	26	---	---
5:34.76L	F # 21A	Female 13-14 400 Free	LY-VA	21	---	-28.57
2:38.98L	P # 25A	Female 13-14 200 Free	LY-VA	33	---	-5.65
1:28.24L	P # 33A	Female 13-14 100 Back	LY-VA	30	---	0.34
44.10L DQ	P # 37A	Female 13-14 50 Breast	LY-VA	---	---	---
1:13.18L	P # 49A	Female 13-14 100 Free	LY-VA	33	---	-1.69
3:25.20L	F # 53A	Female 13-14 200 Breast	LY-VA	13	---	-6.17
3:27.10L	P # 53A	Female 13-14 200 Breast	LY-VA	13	---	-4.27
3:04.95L	P # 57A	Female 13-14 200 Back	LY-VA	21	---	---
3:05.66L	F # 57A	Female 13-14 200 Back	LY-VA	18	---	---
Kathleen King (15) F						
31.79L	P # 5B	Female 15 & Over 50 Free	LY-VA	36	---	1.21
34.21L	F # 13B	Female 15 & Over 50 Back	LY-VA	11	---	-3.33
35.49L	P # 13B	Female 15 & Over 50 Back	LY-VA	17	---	-2.05
5:41.84L	F # 21B	Female 15 & Over 400 Free	LY-VA	41	---	17.61
2:31.26L	P # 25B	Female 15 & Over 200 Free	LY-VA	44	---	5.15
1:18.59L	P # 29B	Female 15 & Over 100 Fly	LY-VA	26	---	-1.52
1:19.11L	P # 33B	Female 15 & Over 100 Back	LY-VA	28	---	4.17
1:09.33L	P # 49B	Female 15 & Over 100 Free	LY-VA	48	---	2.13
2:48.40L	P # 57B	Female 15 & Over 200 Back	LY-VA	23	---	3.83
33.78L	P # 61B	Female 15 & Over 50 Fly	LY-VA	25	---	-4.59
Colt Kirby (14) M						
30.07L	P # 6A	Male 13-14 50 Free	LY-VA	26	---	-1.89
2:40.30L	P # 10A	Male 13-14 200 IM	LY-VA	8	---	-21.21
5:05.43L	F # 22A	Male 13-14 400 Free	LY-VA	8	11	-8.44
2:21.47L	F # 26A	Male 13-14 200 Free	LY-VA	15	---	-4.12
2:21.69L	P # 26A	Male 13-14 200 Free	LY-VA	13	---	-3.90
1:12.25L	F # 30A	Male 13-14 100 Fly	LY-VA	8	---	-3.55
1:12.70L	P # 30A	Male 13-14 100 Fly	LY-VA	8	---	-3.10
1:18.78L	P # 34A	Male 13-14 100 Back	LY-VA	20	---	-12.89
1:06.18L	P # 50A	Male 13-14 100 Free	LY-VA	22	---	-0.62
2:45.14L	F # 58A	Male 13-14 200 Back	LY-VA	9	---	-20.15
2:45.55L	P # 58A	Male 13-14 200 Back	LY-VA	9	---	-19.74
32.08L	F # 62A	Male 13-14 50 Fly	LY-VA	13	---	---
32.97L	P # 62A	Male 13-14 50 Fly	LY-VA	20	---	---
Amelia Kobek (10) F						
1:29.58L	P # 51A	Female 10 & Under 100 Free	LY-VA	19	---	---
3:41.05L	P # 59A	Female 10 & Under 200 Back	LY-VA	9	---	---
3:34.88L DQ	F # 59A	Female 10 & Under 200 Back	LY-VA	---	---	---
43.27L	P # 63A	Female 10 & Under 50 Fly	LY-VA	7	---	---
43.89L	F # 63A	Female 10 & Under 50 Fly	LY-VA	7	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Jefferson Koscielny (13) M						
34.61L	P # 6A	Male 13-14 50 Free	LY-VA	39	---	0.73
3:05.01L	F # 10A	Male 13-14 200 IM	LY-VA	18	---	-23.28
3:19.95L	P # 10A	Male 13-14 200 IM	LY-VA	19	---	-8.34
6:07.35L	F # 22A	Male 13-14 400 Free	LY-VA	15	2	---
2:49.04L	P # 26A	Male 13-14 200 Free	LY-VA	35	---	-5.58
1:28.02L	P # 30A	Male 13-14 100 Fly	LY-VA	21	---	-16.43
49.35L DQ	P # 38A	Male 13-14 50 Breast	LY-VA	---	---	---
Jacob Kovarik (15) M						
29.19L	P # 6B	Male 15 & Over 50 Free	LY-VA	53	---	1.20
3:03.86L	P # 10B	Male 15 & Over 200 IM	LY-VA	40	---	13.26
1:33.04L	P # 18B	Male 15 & Over 100 Breast	LY-VA	45	---	8.95
Benjamin Leger (9) M						
37.64L	P # 8A	Male 10 & Under 50 Free	LY-VA	11	---	-4.04
3:21.69L	F # 12A	Male 10 & Under 200 IM	LY-VA	5	---	-24.75
3:22.08L	P # 12A	Male 10 & Under 200 IM	LY-VA	5	---	-24.36
6:03.82L	F # 24A	Male 10 & Under 400 Free	LY-VA	4	---	-33.15
2:57.06L	P # 28A	Male 10 & Under 200 Free	LY-VA	6	---	-10.77
2:58.71L	F # 28A	Male 10 & Under 200 Free	LY-VA	5	---	-9.12
1:39.13L	P # 32A	Male 10 & Under 100 Fly	LY-VA	4	---	-8.62
1:40.83L	F # 32A	Male 10 & Under 100 Fly	LY-VA	4	---	-6.92
54.80L	P # 40A	Male 10 & Under 50 Breast	LY-VA	13	---	-1.25
1:21.72L	P # 52A	Male 10 & Under 100 Free	LY-VA	8	---	-7.43
1:25.52L	F # 52A	Male 10 & Under 100 Free	LY-VA	9	---	-3.63
43.89L	P # 64A	Male 10 & Under 50 Fly	LY-VA	10	---	-1.48
12:35.45L	F # 72A	Male 10 & Under 800 Free	LY-VA	3	---	-62.13
Jacob Leger (16) M						
2:33.49L	F # 2B	Male 15 & Over 200 Fly	LY-VA	16	---	-5.07
2:38.53L	P # 2B	Male 15 & Over 200 Fly	LY-VA	17	---	-0.03
28.21L	P # 6B	Male 15 & Over 50 Free	LY-VA	47	---	-1.07
2:40.11L	P # 10B	Male 15 & Over 200 IM	LY-VA	34	---	-16.83
2:15.50L	P # 26B	Male 15 & Over 200 Free	LY-VA	30	---	-6.93
1:06.79L	P # 30B	Male 15 & Over 100 Fly	LY-VA	35	---	-3.83
39.39L	P # 38B	Male 15 & Over 50 Breast	LY-VA	36	---	-3.56
1:02.82L	P # 50B	Male 15 & Over 100 Free	LY-VA	46	---	-2.57
3:06.88L DQ	P # 54B	Male 15 & Over 200 Breast	LY-VA	---	---	---
30.36L	P # 62B	Male 15 & Over 50 Fly	LY-VA	35	---	-1.34

Lynchburg YMCA Swim Team
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Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Noah Leger (12) M						
33.70L	P # 8B	Male 11-12 50 Free	LY-VA	33	---	-0.82
2:59.09L	F # 12B	Male 11-12 200 IM	LY-VA	15	---	-3.07
3:02.12L	P # 12B	Male 11-12 200 IM	LY-VA	17	---	-0.04
5:34.32L	F # 24B	Male 11-12 400 Free	LY-VA	17	---	-27.78
2:42.31L	P # 28B	Male 11-12 200 Free	LY-VA	28	---	-0.52
1:25.74L	P # 36B	Male 11-12 100 Back	LY-VA	24	---	-2.87
6:29.38L	F # 44B	Male 11-12 400 IM	LY-VA	7	---	-5.92
1:13.68L	P # 52B	Male 11-12 100 Free	LY-VA	33	---	-1.22
3:11.48L	P # 60B	Male 11-12 200 Back	LY-VA	22	---	2.58
11:31.81L	F # 72B	Male 11-12 800 Free	LY-VA	3	---	-70.84
Lawson McSwain (11) M						
34.55L	P # 8B	Male 11-12 50 Free	LY-VA	37	---	---
3:03.63L	P # 12B	Male 11-12 200 IM	LY-VA	19	---	---
41.91L	P # 16B	Male 11-12 50 Back	LY-VA	28	---	---
2:39.29L	P # 28B	Male 11-12 200 Free	LY-VA	24	---	---
1:29.52L	P # 36B	Male 11-12 100 Back	LY-VA	32	---	---
48.73L	P # 40B	Male 11-12 50 Breast	LY-VA	32	---	---
1:14.07L	P # 52B	Male 11-12 100 Free	LY-VA	36	---	---
2:59.94L	F # 60B	Male 11-12 200 Back	LY-VA	17	---	---
3:01.92L	P # 60B	Male 11-12 200 Back	LY-VA	18	---	---
44.68L	P # 64B	Male 11-12 50 Fly	LY-VA	41	---	---
Collins Melcher (7) F						
56.53L	P # 7A	Female 10 & Under 50 Free	LY-VA	41	---	---
1:06.24L	P # 15A	Female 10 & Under 50 Back	LY-VA	33	---	---
2:16.27L	P # 35A	Female 10 & Under 100 Back	LY-VA	46	---	---
1:25.97L DQ	P # 39A	Female 10 & Under 50 Breast	LY-VA	---	---	---
Jack Mills (19) M						
24.83L	F # 6B	Male 15 & Over 50 Free	LY-VA	2	---	1.29
25.27L	P # 6B	Male 15 & Over 50 Free	LY-VA	3	---	1.73
57.73L	F # 30B	Male 15 & Over 100 Fly	LY-VA	5	---	2.97
58.38L	P # 30B	Male 15 & Over 100 Fly	LY-VA	4	---	3.62
54.05L	P # 50B	Male 15 & Over 100 Free	LY-VA	5	---	2.86
26.51L	P # 62B	Male 15 & Over 50 Fly	LY-VA	3	---	1.24

Lynchburg YMCA Swim Team
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Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Aidan Moss (13) M						
32.14L	P # 6A	Male 13-14 50 Free	LY-VA	35	---	-1.93
2:46.30L	F # 10A	Male 13-14 200 IM	LY-VA	14	---	-13.12
2:47.16L	P # 10A	Male 13-14 200 IM	LY-VA	14	---	-12.26
35.72L	P # 14A	Male 13-14 50 Back	LY-VA	9	---	-1.66
36.16L	F # 14A	Male 13-14 50 Back	LY-VA	9	---	-1.22
2:33.39L	P # 26A	Male 13-14 200 Free	LY-VA	26	---	-7.13
1:14.86L	F # 30A	Male 13-14 100 Fly	LY-VA	14	---	-10.05
1:16.08L	P # 30A	Male 13-14 100 Fly	LY-VA	14	---	-8.83
1:15.18L	F # 34A	Male 13-14 100 Back	LY-VA	15	---	-4.76
1:15.25L	P # 34A	Male 13-14 100 Back	LY-VA	12	---	-4.69
1:10.16L	P # 50A	Male 13-14 100 Free	LY-VA	32	---	-4.18
2:37.67L	P # 58A	Male 13-14 200 Back	LY-VA	6	---	-7.90
2:38.33L	F # 58A	Male 13-14 200 Back	LY-VA	7	---	-7.24
33.83L	P # 62A	Male 13-14 50 Fly	LY-VA	22	---	-1.65
William Moss (10) M						
40.77L	P # 8A	Male 10 & Under 50 Free	LY-VA	18	---	-9.50
3:37.14L	F # 12A	Male 10 & Under 200 IM	LY-VA	9	---	---
3:45.43L	P # 12A	Male 10 & Under 200 IM	LY-VA	9	---	---
47.12L	P # 16A	Male 10 & Under 50 Back	LY-VA	13	---	-6.08
3:09.43L	P # 28A	Male 10 & Under 200 Free	LY-VA	14	---	-59.86
1:39.43L	P # 36A	Male 10 & Under 100 Back	LY-VA	13	---	-13.46
53.86L	P # 40A	Male 10 & Under 50 Breast	LY-VA	10	---	---
1:29.25L	P # 52A	Male 10 & Under 100 Free	LY-VA	18	---	-23.21
3:18.54L	P # 60A	Male 10 & Under 200 Back	LY-VA	7	---	-36.72
3:19.41L	F # 60A	Male 10 & Under 200 Back	LY-VA	9	---	-35.85
48.59L	P # 64A	Male 10 & Under 50 Fly	LY-VA	18	---	-17.05
Broderick Nelson (15) M						
2:24.50L	F # 2B	Male 15 & Over 200 Fly	LY-VA	12	---	4.92
2:34.97L	P # 2B	Male 15 & Over 200 Fly	LY-VA	15	---	15.39
2:28.75L	F # 10B	Male 15 & Over 200 IM	LY-VA	17	---	13.06
2:29.28L	P # 10B	Male 15 & Over 200 IM	LY-VA	18	---	13.59
1:21.29L	P # 18B	Male 15 & Over 100 Breast	LY-VA	39	---	11.91
1:05.46L	P # 30B	Male 15 & Over 100 Fly	LY-VA	29	---	-1.67
35.03L	P # 38B	Male 15 & Over 50 Breast	LY-VA	22	---	0.34
5:30.36L	F # 42B	Male 15 & Over 400 IM	LY-VA	16	---	44.47
2:58.58L	P # 54B	Male 15 & Over 200 Breast	LY-VA	28	---	26.65
2:25.88L	F # 58B	Male 15 & Over 200 Back	LY-VA	6	---	-4.06
2:33.65L	P # 58B	Male 15 & Over 200 Back	LY-VA	13	---	3.71
9:59.72L	F # 70B	Male 15 & Over 800 Free	LY-VA	9	---	23.53

Lynchburg YMCA Swim Team
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Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event	Place	Points	Improv
Caroline Nelson (12) F					
30.50L	P # 7B	Female 11-12 50 Free LY-VA	5	---	-0.85
30.62L	F # 7B	Female 11-12 50 Free LY-VA	9	---	-0.73
2:43.29L	P # 11B	Female 11-12 200 IM LY-VA	3	---	-12.05
2:46.31L	F # 11B	Female 11-12 200 IM LY-VA	6	---	-9.03
1:29.33L	P # 19B	Female 11-12 100 Breast LY-VA	5	---	1.12
1:29.58L	F # 19B	Female 11-12 100 Breast LY-VA	6	---	1.37
1:16.64L	F # 31B	Female 11-12 100 Fly LY-VA	7	---	-2.03
1:16.70L	P # 31B	Female 11-12 100 Fly LY-VA	8	---	-1.97
40.05L	F # 39B	Female 11-12 50 Breast LY-VA	1	---	-0.58
40.94L	P # 39B	Female 11-12 50 Breast LY-VA	2	---	0.31
5:55.21L	F # 43B	Female 11-12 400 IM LY-VA	2	---	-42.75
1:07.54L	F # 51B	Female 11-12 100 Free LY-VA	10	---	-3.13
1:08.43L	P # 51B	Female 11-12 100 Free LY-VA	12	---	-2.24
3:09.27L	F # 55B	Female 11-12 200 Breast LY-VA	5	---	-2.21
3:12.87L	P # 55B	Female 11-12 200 Breast LY-VA	6	---	1.39
35.74L	P # 63B	Female 11-12 50 Fly LY-VA	21	---	-0.29
Selah Parish (12) F					
30.25L	F # 7B	Female 11-12 50 Free LY-VA	7	---	-3.47
30.46L	P # 7B	Female 11-12 50 Free LY-VA	4	---	-3.26
2:47.94L	F # 11B	Female 11-12 200 IM LY-VA	8	---	-43.95
2:51.01L	P # 11B	Female 11-12 200 IM LY-VA	9	---	-40.88
36.71L	F # 15B	Female 11-12 50 Back LY-VA	9	---	-4.97
37.28L	P # 15B	Female 11-12 50 Back LY-VA	7	---	-4.40
2:38.43L	P # 27B	Female 11-12 200 Free LY-VA	26	---	-22.07
1:16.41L	F # 31B	Female 11-12 100 Fly LY-VA	10	---	-27.64
1:21.50L	P # 31B	Female 11-12 100 Fly LY-VA	15	---	-22.55
1:18.96L	F # 35B	Female 11-12 100 Back LY-VA	12	---	-19.52
1:20.00L	P # 35B	Female 11-12 100 Back LY-VA	12	---	-18.48
Aidan Parker (15) M					
33.02L	P # 6B	Male 15 & Over 50 Free LY-VA	62	---	-0.97
3:16.08L	P # 10B	Male 15 & Over 200 IM LY-VA	43	---	3.75
1:42.85L	P # 18B	Male 15 & Over 100 Breast LY-VA	47	---	7.08
2:48.45L	P # 26B	Male 15 & Over 200 Free LY-VA	50	---	2.13
1:32.61L	P # 34B	Male 15 & Over 100 Back LY-VA	41	---	-3.21
45.70L	P # 38B	Male 15 & Over 50 Breast LY-VA	41	---	-3.14
1:19.31L	P # 50B	Male 15 & Over 100 Free LY-VA	67	---	2.79
3:40.26L DQ	P # 54B	Male 15 & Over 200 Breast LY-VA	---	---	---
43.96L	P # 62B	Male 15 & Over 50 Fly LY-VA	51	---	-3.24

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event	Place	Points	Improv
Mason Patterson (12) M					
31.46L	P # 8B	Male 11-12 50 Free LY-VA	10	---	-0.55
31.71L	F # 8B	Male 11-12 50 Free LY-VA	10	---	-0.30
2:46.81L	P # 12B	Male 11-12 200 IM LY-VA	6	---	1.73
2:48.82L	F # 12B	Male 11-12 200 IM LY-VA	9	---	3.74
5:02.06L	F # 24B	Male 11-12 400 Free LY-VA	5	---	-2.65
Ella Pennington (15) F					
3:00.69L	P # 9B	Female 15 & Over 200 IM LY-VA	32	---	10.75
1:41.20L	P # 17B	Female 15 & Over 100 Breast LY-VA	24	---	8.95
NS	F # 21B	Female 15 & Over 400 Free LY-VA	---	---	---
1:14.79L	P # 49B	Female 15 & Over 100 Free LY-VA	62	---	2.52
2:53.71L DQ	P # 57B	Female 15 & Over 200 Back LY-VA	---	---	---
11:18.82L	F # 69B	Female 15 & Over 800 Free LY-VA	20	---	-11.79
Lainey Pennington (13) F					
3:08.99L	P # 1A	Female 13-14 200 Fly LY-VA	7	---	5.06
2:59.00L DQ	F # 1A	Female 13-14 200 Fly LY-VA	---	---	---
2:57.95L	P # 9A	Female 13-14 200 IM LY-VA	23	---	2.04
5:24.19L	F # 21A	Female 13-14 400 Free LY-VA	16	1	5.78
2:28.09L	F # 25A	Female 13-14 200 Free LY-VA	15	---	-3.09
2:32.08L	P # 25A	Female 13-14 200 Free LY-VA	22	---	0.90
1:20.54L	F # 29A	Female 13-14 100 Fly LY-VA	14	---	-1.66
1:21.67L	P # 29A	Female 13-14 100 Fly LY-VA	14	---	-0.53
45.77L	P # 37A	Female 13-14 50 Breast LY-VA	25	---	-0.42
1:10.96L	P # 49A	Female 13-14 100 Free LY-VA	30	---	0.68
35.91L	P # 61A	Female 13-14 50 Fly LY-VA	24	---	0.01
10:53.79L	F # 69A	Female 13-14 800 Free LY-VA	4	---	-18.07
Charlotte Pickeral (10) F					
35.04L	F # 7A	Female 10 & Under 50 Free LY-VA	3	---	-1.35
36.01L	P # 7A	Female 10 & Under 50 Free LY-VA	3	---	-0.38
45.84L	F # 15A	Female 10 & Under 50 Back LY-VA	8	---	-2.68
46.28L	P # 15A	Female 10 & Under 50 Back LY-VA	8	---	-2.24
6:02.61L	F # 23A	Female 10 & Under 400 Free LY-VA	5	---	0.06
2:52.87L	F # 27A	Female 10 & Under 200 Free LY-VA	6	---	-2.72
2:54.09L	P # 27A	Female 10 & Under 200 Free LY-VA	6	---	-1.50
1:45.35L	F # 31A	Female 10 & Under 100 Fly LY-VA	5	---	-22.07
1:45.63L	P # 31A	Female 10 & Under 100 Fly LY-VA	5	---	-21.79
1:41.66L	P # 35A	Female 10 & Under 100 Back LY-VA	14	---	2.38
1:21.30L	P # 51A	Female 10 & Under 100 Free LY-VA	6	---	-1.04
1:25.79L	F # 51A	Female 10 & Under 100 Free LY-VA	9	---	3.45
46.40L	P # 63A	Female 10 & Under 50 Fly LY-VA	13	---	3.98
12:39.50L	F # 71A	Female 10 & Under 800 Free LY-VA	2	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Owen Porter (15) M						
30.17L	P # 6B	Male 15 & Over 50 Free	LY-VA	57	---	0.43
2:41.24L	P # 10B	Male 15 & Over 200 IM	LY-VA	36	---	0.75
1:21.53L	P # 18B	Male 15 & Over 100 Breast	LY-VA	40	---	4.47
2:25.79L	P # 26B	Male 15 & Over 200 Free	LY-VA	43	---	4.91
36.29L	P # 38B	Male 15 & Over 50 Breast	LY-VA	29	---	-0.37
6:02.11L	F # 42B	Male 15 & Over 400 IM	LY-VA	23	---	2.87
1:05.44L	P # 50B	Male 15 & Over 100 Free	LY-VA	58	---	-3.27
3:00.94L	P # 54B	Male 15 & Over 200 Breast	LY-VA	29	---	11.59
32.82L	P # 62B	Male 15 & Over 50 Fly	LY-VA	46	---	-3.65
Hudson Rice (16) M						
2:12.23L	F # 2B	Male 15 & Over 200 Fly	LY-VA	3	---	1.63
2:14.13L	P # 2B	Male 15 & Over 200 Fly	LY-VA	4	---	3.53
2:15.80L	F # 10B	Male 15 & Over 200 IM	LY-VA	5	---	-1.62
2:16.42L	P # 10B	Male 15 & Over 200 IM	LY-VA	4	---	-1.00
4:18.29L	F # 22B	Male 15 & Over 400 Free	LY-VA	3	16	3.98
2:00.21L	F # 26B	Male 15 & Over 200 Free	LY-VA	3	---	-1.27
2:02.28L	P # 26B	Male 15 & Over 200 Free	LY-VA	5	---	0.80
59.65L	F # 30B	Male 15 & Over 100 Fly	LY-VA	10	---	-1.26
1:00.69L	P # 30B	Male 15 & Over 100 Fly	LY-VA	12	---	-0.22
4:48.17L	F # 42B	Male 15 & Over 400 IM	LY-VA	3	---	5.01
55.34L	F # 50B	Male 15 & Over 100 Free	LY-VA	10	---	-0.49
56.60L	P # 50B	Male 15 & Over 100 Free	LY-VA	11	---	0.77
27.04L	F # 62B	Male 15 & Over 50 Fly	LY-VA	9	---	-5.79
27.29L	P # 62B	Male 15 & Over 50 Fly	LY-VA	11	---	-5.54
8:56.01L	F # 70B	Male 15 & Over 800 Free	LY-VA	2	---	-1.40
Hadley Saechao (9) F						
3:43.62L	P # 27A	Female 10 & Under 200 Free	LY-VA	30	---	---
1:56.19L	P # 35A	Female 10 & Under 100 Back	LY-VA	28	---	---
55.38L	P # 39A	Female 10 & Under 50 Breast	LY-VA	16	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Max Schonfelder (18) M						
25.21L	F # 6B	Male 15 & Over 50 Free	LY-VA	5	---	0.31
25.93L	P # 6B	Male 15 & Over 50 Free	LY-VA	8	---	1.03
2:18.07L	F # 10B	Male 15 & Over 200 IM	LY-VA	6	---	5.20
2:20.04L	P # 10B	Male 15 & Over 200 IM	LY-VA	8	---	7.17
1:11.09L	F # 18B	Male 15 & Over 100 Breast	LY-VA	12	---	3.39
1:12.02L	P # 18B	Male 15 & Over 100 Breast	LY-VA	14	---	4.32
59.90L	F # 30B	Male 15 & Over 100 Fly	LY-VA	6	---	1.90
1:00.36L	P # 30B	Male 15 & Over 100 Fly	LY-VA	9	---	2.36
1:03.26L	F # 34B	Male 15 & Over 100 Back	LY-VA	6	---	-0.82
1:03.58L	P # 34B	Male 15 & Over 100 Back	LY-VA	6	---	-0.50
31.14L	F # 38B	Male 15 & Over 50 Breast	LY-VA	6	---	-0.86
32.28L	P # 38B	Male 15 & Over 50 Breast	LY-VA	9	---	0.28
55.04L	F # 50B	Male 15 & Over 100 Free	LY-VA	7	---	0.92
56.37L	P # 50B	Male 15 & Over 100 Free	LY-VA	10	---	2.25
2:38.98L	F # 54B	Male 15 & Over 200 Breast	LY-VA	6	---	10.03
2:42.52L	P # 54B	Male 15 & Over 200 Breast	LY-VA	9	---	13.57
27.52L	P # 62B	Male 15 & Over 50 Fly	LY-VA	13	---	-0.01
27.52L	F # 62B	Male 15 & Over 50 Fly	LY-VA	10	---	-0.01
Ava Shopbell (16) F						
2:23.71L	F # 1B	Female 15 & Over 200 Fly	LY-VA	3	---	5.30
2:25.33L	P # 1B	Female 15 & Over 200 Fly	LY-VA	2	---	6.92
2:37.09L	F # 9B	Female 15 & Over 200 IM	LY-VA	17	---	6.21
2:37.58L	P # 9B	Female 15 & Over 200 IM	LY-VA	16	---	6.70
4:56.40L	F # 21B	Female 15 & Over 400 Free	LY-VA	20	---	2.33
NS	P # 29B	Female 15 & Over 100 Fly	LY-VA	---	---	---
1:14.53L	P # 33B	Female 15 & Over 100 Back	LY-VA	19	---	-2.53
1:14.78L	F # 33B	Female 15 & Over 100 Back	LY-VA	18	---	-2.28
2:35.82L	F # 57B	Female 15 & Over 200 Back	LY-VA	13	---	1.25
2:37.81L	P # 57B	Female 15 & Over 200 Back	LY-VA	15	---	3.24
NS	P # 61B	Female 15 & Over 50 Fly	LY-VA	---	---	---
Addy Smith (14) F						
33.89L	P # 5A	Female 13-14 50 Free	LY-VA	35	---	-0.41
35.90L	F # 13A	Female 13-14 50 Back	LY-VA	10	---	-1.86
37.35L	P # 13A	Female 13-14 50 Back	LY-VA	15	---	-0.41
5:40.28L	F # 21A	Female 13-14 400 Free	LY-VA	24	---	-27.06
2:37.81L	P # 25A	Female 13-14 200 Free	LY-VA	31	---	-11.52
1:20.00L	P # 33A	Female 13-14 100 Back	LY-VA	19	---	-0.31
1:20.03L	F # 33A	Female 13-14 100 Back	LY-VA	17	---	-0.28
1:14.81L	P # 49A	Female 13-14 100 Free	LY-VA	36	---	-2.05
2:50.79L	F # 57A	Female 13-14 200 Back	LY-VA	12	---	-8.02
2:56.40L	P # 57A	Female 13-14 200 Back	LY-VA	19	---	-2.41
38.57L	P # 61A	Female 13-14 50 Fly	LY-VA	32	---	-4.84

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Avery Snyder (16) M						
27.46L	P # 6B	Male 15 & Over 50 Free	LY-VA	36	---	0.20
1:11.75L	P # 18B	Male 15 & Over 100 Breast	LY-VA	13	---	-0.91
1:12.29L	F # 18B	Male 15 & Over 100 Breast	LY-VA	13	---	-0.37
4:42.67L	F # 22B	Male 15 & Over 400 Free	LY-VA	12	5	9.75
2:07.99L	P # 26B	Male 15 & Over 200 Free	LY-VA	19	---	0.28
2:10.28L	F # 26B	Male 15 & Over 200 Free	LY-VA	15	---	2.57
1:05.29L	P # 30B	Male 15 & Over 100 Fly	LY-VA	26	---	-0.82
32.08L	F # 38B	Male 15 & Over 50 Breast	LY-VA	9	---	-1.94
32.31L	P # 38B	Male 15 & Over 50 Breast	LY-VA	10	---	-1.71
59.03L	P # 50B	Male 15 & Over 100 Free	LY-VA	26	---	-0.97
2:43.24L	P # 54B	Male 15 & Over 200 Breast	LY-VA	10	---	1.06
2:46.08L	F # 54B	Male 15 & Over 200 Breast	LY-VA	9	---	3.90
9:26.23L	F # 70B	Male 15 & Over 800 Free	LY-VA	5	---	3.17
Seth Snyder (9) M						
43.53L	P # 16A	Male 10 & Under 50 Back	LY-VA	7	---	-10.55
42.70L	F # 16A	Male 10 & Under 50 Back	LY-VA	7	---	-11.38
1:59.16L	P # 20A	Male 10 & Under 100 Breast	LY-VA	6	---	---
1:59.66L	F # 20A	Male 10 & Under 100 Breast	LY-VA	8	---	---
6:11.68L	F # 24A	Male 10 & Under 400 Free	LY-VA	6	---	---
3:02.12L	F # 28A	Male 10 & Under 200 Free	LY-VA	9	---	2.76
3:02.34L	P # 28A	Male 10 & Under 200 Free	LY-VA	8	---	2.98
1:46.19L	F # 32A	Male 10 & Under 100 Fly	LY-VA	6	---	-3.98
1:50.25L	P # 32A	Male 10 & Under 100 Fly	LY-VA	7	---	0.08
1:36.65L	P # 36A	Male 10 & Under 100 Back	LY-VA	11	---	-2.89
1:25.19L	P # 52A	Male 10 & Under 100 Free	LY-VA	17	---	-0.57
3:13.70L	F # 60A	Male 10 & Under 200 Back	LY-VA	4	---	-40.14
3:20.82L	P # 60A	Male 10 & Under 200 Back	LY-VA	8	---	-33.02
42.64L	F # 64A	Male 10 & Under 50 Fly	LY-VA	8	---	-1.99
43.39L	P # 64A	Male 10 & Under 50 Fly	LY-VA	9	---	-1.24
Emerson Stauder (9) F						
38.61L	P # 7A	Female 10 & Under 50 Free	LY-VA	13	---	-4.92
49.72L	P # 15A	Female 10 & Under 50 Back	LY-VA	13	---	-5.66
1:57.05L	P # 19A	Female 10 & Under 100 Breast	LY-VA	10	---	-19.55
1:29.90L	P # 51A	Female 10 & Under 100 Free	LY-VA	20	---	---
4:13.19L	P # 55A	Female 10 & Under 200 Breast	LY-VA	11	---	---
54.31L	P # 63A	Female 10 & Under 50 Fly	LY-VA	25	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Keaton Tanner (9) M						
41.26L	P # 8A	Male 10 & Under 50 Free	LY-VA	21	---	---
55.97L	P # 16A	Male 10 & Under 50 Back	LY-VA	27	---	---
3:29.22L	P # 28A	Male 10 & Under 200 Free	LY-VA	22	---	---
1:53.96L	P # 36A	Male 10 & Under 100 Back	LY-VA	30	---	---
1:07.35L	P # 40A	Male 10 & Under 50 Breast	LY-VA	32	---	---
1:37.47L	P # 52A	Male 10 & Under 100 Free	LY-VA	28	---	---
1:10.56L	P # 64A	Male 10 & Under 50 Fly	LY-VA	32	---	---
Wave Thomasey (11) F						
33.48L	P # 7B	Female 11-12 50 Free	LY-VA	34	---	-3.22
41.14L	P # 15B	Female 11-12 50 Back	LY-VA	26	---	-3.37
1:48.42L	P # 19B	Female 11-12 100 Breast	LY-VA	29	---	---
1:17.60L	P # 51B	Female 11-12 100 Free	LY-VA	46	---	-5.49
3:24.04L	P # 59B	Female 11-12 200 Back	LY-VA	23	---	---
41.12L	P # 63B	Female 11-12 50 Fly	LY-VA	45	---	-0.75
Hadley Tinnell (9) F						
38.24L	P # 7A	Female 10 & Under 50 Free	LY-VA	12	---	---
3:34.09L	P # 11A	Female 10 & Under 200 IM	LY-VA	4	---	---
3:38.57L	F # 11A	Female 10 & Under 200 IM	LY-VA	3	---	---
48.65L	P # 15A	Female 10 & Under 50 Back	LY-VA	12	---	---
3:08.64L	P # 27A	Female 10 & Under 200 Free	LY-VA	13	---	---
1:47.40L	P # 35A	Female 10 & Under 100 Back	LY-VA	20	---	---
54.75L	P # 39A	Female 10 & Under 50 Breast	LY-VA	14	---	---
1:26.14L	P # 51A	Female 10 & Under 100 Free	LY-VA	11	---	---
3:32.27L	F # 59A	Female 10 & Under 200 Back	LY-VA	5	---	---
3:36.20L	P # 59A	Female 10 & Under 200 Back	LY-VA	5	---	---
46.56L	P # 63A	Female 10 & Under 50 Fly	LY-VA	14	---	---
Syrus Tracey (10) M						
35.05L	P # 8A	Male 10 & Under 50 Free	LY-VA	4	---	-0.96
35.61L	F # 8A	Male 10 & Under 50 Free	LY-VA	4	---	-0.40
3:22.04L	F # 12A	Male 10 & Under 200 IM	LY-VA	6	---	---
3:22.68L	P # 12A	Male 10 & Under 200 IM	LY-VA	6	---	---
6:10.92L	F # 24A	Male 10 & Under 400 Free	LY-VA	5	---	---
2:57.01L	P # 28A	Male 10 & Under 200 Free	LY-VA	5	---	---
2:57.59L	F # 28A	Male 10 & Under 200 Free	LY-VA	4	---	---
1:47.32L	P # 32A	Male 10 & Under 100 Fly	LY-VA	5	---	---
1:49.67L	F # 32A	Male 10 & Under 100 Fly	LY-VA	7	---	---
50.36L	F # 40A	Male 10 & Under 50 Breast	LY-VA	5	---	---
51.81L	P # 40A	Male 10 & Under 50 Breast	LY-VA	5	---	---
1:20.68L	F # 52A	Male 10 & Under 100 Free	LY-VA	5	---	---
1:20.75L	P # 52A	Male 10 & Under 100 Free	LY-VA	5	---	---
3:21.53L DQ	P # 60A	Male 10 & Under 200 Back	LY-VA	---	---	---
46.66L	P # 64A	Male 10 & Under 50 Fly	LY-VA	17	---	0.12

Lynchburg YMCA Swim Team
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Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Kinley Tuck (14) F						
36.51L	P # 5A	Female 13-14 50 Free	LY-VA	42	---	-3.53
41.44L	P # 13A	Female 13-14 50 Back	LY-VA	27	---	-4.65
6:15.01L	F # 21A	Female 13-14 400 Free	LY-VA	29	---	-23.24
3:00.16L	P # 25A	Female 13-14 200 Free	LY-VA	47	---	-7.20
1:28.50L	P # 33A	Female 13-14 100 Back	LY-VA	31	---	-12.45
51.32L	P # 37A	Female 13-14 50 Breast	LY-VA	32	---	-1.93
1:22.50L	P # 49A	Female 13-14 100 Free	LY-VA	45	---	-6.98
3:07.89L	P # 57A	Female 13-14 200 Back	LY-VA	24	---	-24.75
43.88L	P # 61A	Female 13-14 50 Fly	LY-VA	39	---	-5.72
Brody Wall (15) M						
2:22.61L	F # 2B	Male 15 & Over 200 Fly	LY-VA	10	---	---
2:23.53L	P # 2B	Male 15 & Over 200 Fly	LY-VA	10	---	---
26.50L	P # 6B	Male 15 & Over 50 Free	LY-VA	20	---	-0.80
4:45.89L	F # 22B	Male 15 & Over 400 Free	LY-VA	15	2	-13.85
1:00.02L	F # 30B	Male 15 & Over 100 Fly	LY-VA	8	---	-0.35
1:00.23L	P # 30B	Male 15 & Over 100 Fly	LY-VA	8	---	-0.14
1:12.05L	P # 34B	Male 15 & Over 100 Back	LY-VA	24	---	-3.49
5:28.29L	F # 42B	Male 15 & Over 400 IM	LY-VA	15	---	---
57.30L	F # 50B	Male 15 & Over 100 Free	LY-VA	15	---	0.59
57.77L	P # 50B	Male 15 & Over 100 Free	LY-VA	19	---	1.06
2:35.69L	F # 58B	Male 15 & Over 200 Back	LY-VA	13	---	-6.34
2:36.70L	P # 58B	Male 15 & Over 200 Back	LY-VA	18	---	-5.33
26.72L	P # 62B	Male 15 & Over 50 Fly	LY-VA	5	---	---
26.78L	F # 62B	Male 15 & Over 50 Fly	LY-VA	6	---	---
Sarah Warren (16) F						
2:28.58L	F # 1B	Female 15 & Over 200 Fly	LY-VA	7	---	1.63
2:30.49L	P # 1B	Female 15 & Over 200 Fly	LY-VA	5	---	3.54
2:37.39L	F # 9B	Female 15 & Over 200 IM	LY-VA	18	---	2.48
2:38.77L	P # 9B	Female 15 & Over 200 IM	LY-VA	17	---	3.86
34.91L	F # 13B	Female 15 & Over 50 Back	LY-VA	15	---	-0.23
35.21L	P # 13B	Female 15 & Over 50 Back	LY-VA	16	---	0.07
1:07.90L	F # 29B	Female 15 & Over 100 Fly	LY-VA	10	---	0.73
1:09.38L	P # 29B	Female 15 & Over 100 Fly	LY-VA	12	---	2.21
1:15.84L	P # 33B	Female 15 & Over 100 Back	LY-VA	21	---	3.45
5:30.36L	F # 41B	Female 15 & Over 400 IM	LY-VA	10	---	2.27
1:07.28L	P # 49B	Female 15 & Over 100 Free	LY-VA	42	---	1.61
2:37.99L	F # 57B	Female 15 & Over 200 Back	LY-VA	15	---	2.01
2:41.64L	P # 57B	Female 15 & Over 200 Back	LY-VA	20	---	5.66
32.05L	P # 61B	Female 15 & Over 50 Fly	LY-VA	16	---	0.47
32.13L	F # 61B	Female 15 & Over 50 Fly	LY-VA	15	---	0.55

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Broughton Webb (15) F						
2:28.78L	F # 9B	Female 15 & Over 200 IM	LY-VA	11	---	-2.35
2:32.85L	P # 9B	Female 15 & Over 200 IM	LY-VA	11	---	1.72
1:20.52L	F # 17B	Female 15 & Over 100 Breast	LY-VA	7	---	2.11
1:22.24L	P # 17B	Female 15 & Over 100 Breast	LY-VA	7	---	3.83
4:37.65L	F # 21B	Female 15 & Over 400 Free	LY-VA	9	9	5.09
2:14.78L	F # 25B	Female 15 & Over 200 Free	LY-VA	15	---	0.89
2:17.30L	P # 25B	Female 15 & Over 200 Free	LY-VA	19	---	3.41
37.10L	F # 37B	Female 15 & Over 50 Breast	LY-VA	6	---	-2.36
37.23L	P # 37B	Female 15 & Over 50 Breast	LY-VA	6	---	-2.23
5:11.33L	F # 41B	Female 15 & Over 400 IM	LY-VA	3	---	1.17
1:05.10L	P # 49B	Female 15 & Over 100 Free	LY-VA	32	---	1.35
2:49.32L	F # 53B	Female 15 & Over 200 Breast	LY-VA	6	---	4.62
2:54.02L	P # 53B	Female 15 & Over 200 Breast	LY-VA	6	---	9.32
9:24.71L	F # 69B	Female 15 & Over 800 Free	LY-VA	1	---	4.61
Adam Wells (15) M						
26.34L	F # 6B	Male 15 & Over 50 Free	LY-VA	16	---	-0.35
26.38L	P # 6B	Male 15 & Over 50 Free	LY-VA	15	---	-0.31
31.96L	P # 14B	Male 15 & Over 50 Back	LY-VA	10	---	-3.10
32.47L	F # 14B	Male 15 & Over 50 Back	LY-VA	14	---	-2.59
5:02.02L	F # 22B	Male 15 & Over 400 Free	LY-VA	23	---	-17.46
2:20.95L	P # 26B	Male 15 & Over 200 Free	LY-VA	38	---	-2.60
1:07.46L	P # 30B	Male 15 & Over 100 Fly	LY-VA	38	---	1.80
1:13.94L	P # 34B	Male 15 & Over 100 Back	LY-VA	28	---	-8.15
1:00.35L	P # 50B	Male 15 & Over 100 Free	LY-VA	31	---	-0.52
2:42.34L	F # 58B	Male 15 & Over 200 Back	LY-VA	15	---	-17.12
2:48.20L	P # 58B	Male 15 & Over 200 Back	LY-VA	24	---	-11.26
28.50L	P # 62B	Male 15 & Over 50 Fly	LY-VA	19	---	-1.23
28.79L	F # 62B	Male 15 & Over 50 Fly	LY-VA	18	---	-0.94
Noah Wells (17) M						
26.40L	P # 6B	Male 15 & Over 50 Free	LY-VA	17	---	0.61
26.48L	F # 6B	Male 15 & Over 50 Free	LY-VA	17	---	0.69
33.24L	P # 14B	Male 15 & Over 50 Back	LY-VA	16	---	-3.69
33.31L	F # 14B	Male 15 & Over 50 Back	LY-VA	16	---	-3.62
4:51.60L	F # 22B	Male 15 & Over 400 Free	LY-VA	19	---	-18.17
2:10.76L	P # 26B	Male 15 & Over 200 Free	LY-VA	23	---	-5.17
2:11.07L	F # 26B	Male 15 & Over 200 Free	LY-VA	17	---	-4.86
1:12.09L	P # 30B	Male 15 & Over 100 Fly	LY-VA	47	---	6.50
1:13.43L	P # 34B	Male 15 & Over 100 Back	LY-VA	27	---	6.01
57.27L	P # 50B	Male 15 & Over 100 Free	LY-VA	15	---	-0.14
2:34.85L	P # 58B	Male 15 & Over 200 Back	LY-VA	16	---	0.55
29.50L	P # 62B	Male 15 & Over 50 Fly	LY-VA	29	---	-2.71

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Sammy Wells (10) M						
34.90L	P # 8A	Male 10 & Under 50 Free	LY-VA	2	---	-2.81
35.31L	F # 8A	Male 10 & Under 50 Free	LY-VA	3	---	-2.40
3:21.80L DQ	P # 12A	Male 10 & Under 200 IM	LY-VA	---	---	---
5:45.45L	F # 24A	Male 10 & Under 400 Free	LY-VA	2	---	-35.76
2:42.85L	F # 28A	Male 10 & Under 200 Free	LY-VA	2	---	-18.54
2:44.21L	P # 28A	Male 10 & Under 200 Free	LY-VA	3	---	-17.18
1:26.08L	F # 32A	Male 10 & Under 100 Fly	LY-VA	2	---	---
1:30.58L	P # 32A	Male 10 & Under 100 Fly	LY-VA	1	---	---
1:34.54L	P # 36A	Male 10 & Under 100 Back	LY-VA	9	---	-3.14
1:39.67L	F # 36A	Male 10 & Under 100 Back	LY-VA	8	---	1.99
1:31.25L	S # 36S	Male 12 & Under 100 Back	LY-VA	1	---	-6.43
1:17.76L	P # 52A	Male 10 & Under 100 Free	LY-VA	3	---	-7.30
1:18.34L	F # 52A	Male 10 & Under 100 Free	LY-VA	4	---	-6.72
37.98L DQ	P # 64A	Male 10 & Under 50 Fly	LY-VA	---	---	---
11:41.45L	F # 72A	Male 10 & Under 800 Free	LY-VA	1	---	---
Austin Woodruff (12) M						
34.38L	P # 8B	Male 11-12 50 Free	LY-VA	36	---	0.82
39.11L	P # 16B	Male 11-12 50 Back	LY-VA	17	---	0.77
39.39L	F # 16B	Male 11-12 50 Back	LY-VA	18	---	1.05
5:32.61L	F # 24B	Male 11-12 400 Free	LY-VA	16	---	5.25
2:39.14L	P # 28B	Male 11-12 200 Free	LY-VA	23	---	2.37
1:25.65L	P # 36B	Male 11-12 100 Back	LY-VA	22	---	-0.77
46.81L	P # 40B	Male 11-12 50 Breast	LY-VA	29	---	-0.36
1:13.81L	P # 52B	Male 11-12 100 Free	LY-VA	35	---	-0.36
3:06.36L	P # 60B	Male 11-12 200 Back	LY-VA	21	---	0.79
11:20.54L	F # 72B	Male 11-12 800 Free	LY-VA	2	---	-9.51
Graham Woodruff (16) M						
26.51L	P # 6B	Male 15 & Over 50 Free	LY-VA	22	---	1.44
30.89L	F # 14B	Male 15 & Over 50 Back	LY-VA	10	---	0.44
32.94L	P # 14B	Male 15 & Over 50 Back	LY-VA	15	---	2.49
4:45.62L	F # 22B	Male 15 & Over 400 Free	LY-VA	14	3	24.34
2:06.18L	F # 26B	Male 15 & Over 200 Free	LY-VA	11	---	2.53
2:07.58L	P # 26B	Male 15 & Over 200 Free	LY-VA	15	---	3.93
1:12.39L	P # 30B	Male 15 & Over 100 Fly	LY-VA	49	---	10.24
1:06.30L	F # 34B	Male 15 & Over 100 Back	LY-VA	12	---	0.95
1:08.42L	P # 34B	Male 15 & Over 100 Back	LY-VA	17	---	3.07
59.83L	P # 50B	Male 15 & Over 100 Free	LY-VA	29	---	4.82
2:17.82L	F # 58B	Male 15 & Over 200 Back	LY-VA	4	---	-6.83
2:25.18L	P # 58B	Male 15 & Over 200 Back	LY-VA	8	---	0.53
9:39.48L	F # 70B	Male 15 & Over 800 Free	LY-VA	6	---	20.91

Lynchburg YMCA Swim Team
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Individual Meet Results

2025 Virginia Commonwealth Games 20-Jun-25 to 22-Jun-25 LC Meters

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Time	F/P/S	Event	Place	Points	Improv	
Taylor Woodruff (14) F						
2:21.46L	F # 1A	Female 13-14 200 Fly	LY-VA	2	---	-0.82
2:24.21L	P # 1A	Female 13-14 200 Fly	LY-VA	1	---	1.93
33.38L	P # 13A	Female 13-14 50 Back	LY-VA	2	---	0.11
33.49L	F # 13A	Female 13-14 50 Back	LY-VA	3	---	0.22
4:47.67L	F # 21A	Female 13-14 400 Free	LY-VA	3	16	6.83
2:16.78L	F # 25A	Female 13-14 200 Free	LY-VA	3	---	-3.21
2:19.07L	P # 25A	Female 13-14 200 Free	LY-VA	3	---	-0.92
1:07.50L	F # 29A	Female 13-14 100 Fly	LY-VA	2	---	1.01
1:10.67L	P # 29A	Female 13-14 100 Fly	LY-VA	3	---	4.18
1:12.65L	F # 33A	Female 13-14 100 Back	LY-VA	4	---	1.87
1:15.01L	P # 33A	Female 13-14 100 Back	LY-VA	7	---	4.23
1:04.71L	F # 49A	Female 13-14 100 Free	LY-VA	6	---	0.57
1:06.08L	P # 49A	Female 13-14 100 Free	LY-VA	12	---	1.94
30.99L	F # 61A	Female 13-14 50 Fly	LY-VA	1	---	-0.81
31.37L	P # 61A	Female 13-14 50 Fly	LY-VA	2	---	-0.43
10:00.12L	F # 69A	Female 13-14 800 Free	LY-VA	2	---	29.30
Caleb Wu (14) M						
28.83L	F # 6A	Male 13-14 50 Free	LY-VA	16	---	0.16
28.93L	P # 6A	Male 13-14 50 Free	LY-VA	16	---	0.26
2:39.58L	F # 10A	Male 13-14 200 IM	LY-VA	10	---	0.95
2:43.00L	P # 10A	Male 13-14 200 IM	LY-VA	11	---	4.37
1:17.27L	F # 18A	Male 13-14 100 Breast	LY-VA	3	---	2.05
1:19.03L	P # 18A	Male 13-14 100 Breast	LY-VA	4	---	3.81
2:24.24L	P # 26A	Male 13-14 200 Free	LY-VA	20	---	2.37
1:14.25L	P # 34A	Male 13-14 100 Back	LY-VA	10	---	-0.65
34.92L	P # 38A	Male 13-14 50 Breast	LY-VA	3	---	-0.26
Karis Wu (12) F						
3:14.64L	P # 27B	Female 11-12 200 Free	LY-VA	58	---	-8.30
1:46.31L	P # 35B	Female 11-12 100 Back	LY-VA	52	---	-5.64
50.82L	P # 39B	Female 11-12 50 Breast	LY-VA	46	---	-4.64
1:26.21L	P # 51B	Female 11-12 100 Free	LY-VA	61	---	-7.49
3:55.00L	P # 55B	Female 11-12 200 Breast	LY-VA	30	---	-47.41
49.19L	P # 63B	Female 11-12 50 Fly	LY-VA	61	---	-0.73

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Individual Meet Results

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Location: Liberty University Natatorium

Time	F/P/S	Event		Place	Points	Improv
Titus Wu (9) M						
34.52L	F # 8A	Male 10 & Under 50 Free	LY-VA	1	---	-2.65
34.77L	P # 8A	Male 10 & Under 50 Free	LY-VA	1	---	-2.40
40.86L	F # 16A	Male 10 & Under 50 Back	LY-VA	2	---	-0.34
41.38L	P # 16A	Male 10 & Under 50 Back	LY-VA	2	---	0.18
1:41.19L	F # 20A	Male 10 & Under 100 Breast	LY-VA	2	---	-6.52
1:45.27L	P # 20A	Male 10 & Under 100 Breast	LY-VA	2	---	-2.44
1:33.32L	F # 32A	Male 10 & Under 100 Fly	LY-VA	3	---	0.97
1:34.81L	P # 32A	Male 10 & Under 100 Fly	LY-VA	3	---	2.46
1:28.45L	F # 36A	Male 10 & Under 100 Back	LY-VA	2	---	-0.71
1:30.37L	P # 36A	Male 10 & Under 100 Back	LY-VA	2	---	1.21
48.23L	F # 40A	Male 10 & Under 50 Breast	LY-VA	2	---	0.22
48.39L	P # 40A	Male 10 & Under 50 Breast	LY-VA	2	---	0.38
1:16.21L	F # 52A	Male 10 & Under 100 Free	LY-VA	3	---	-1.71
1:18.33L	P # 52A	Male 10 & Under 100 Free	LY-VA	4	---	0.41
39.38L	F # 64A	Male 10 & Under 50 Fly	LY-VA	3	---	-1.14
40.31L	P # 64A	Male 10 & Under 50 Fly	LY-VA	4	---	-0.21
12:09.58L	F # 72A	Male 10 & Under 800 Free	LY-VA	2	---	-239.71
George Xu (18) M						
2:26.70L	F # 2B	Male 15 & Over 200 Fly	LY-VA	14	---	7.07
2:28.03L	P # 2B	Male 15 & Over 200 Fly	LY-VA	13	---	8.40
2:27.93L	F # 10B	Male 15 & Over 200 IM	LY-VA	16	---	7.91
2:28.17L	P # 10B	Male 15 & Over 200 IM	LY-VA	16	---	8.15
31.34L	F # 14B	Male 15 & Over 50 Back	LY-VA	11	---	0.21
32.05L	P # 14B	Male 15 & Over 50 Back	LY-VA	11	---	0.92
1:02.96L	P # 30B	Male 15 & Over 100 Fly	LY-VA	21	---	1.66
1:07.63L	P # 34B	Male 15 & Over 100 Back	LY-VA	14	---	1.75
5:20.81L	F # 42B	Male 15 & Over 400 IM	LY-VA	9	---	---
Spence Young (10) M						
3:07.03L	P # 28A	Male 10 & Under 200 Free	LY-VA	12	---	---
1:50.98L	P # 36A	Male 10 & Under 100 Back	LY-VA	27	---	-5.87
54.91L	P # 40A	Male 10 & Under 50 Breast	LY-VA	14	---	---