

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Eli Aguayo (11) M						
2:06.32Y DQ	F # 38	Male 11-12 100 Free	LY-VA	---	---	---
1:09.32Y	F # 46	Male 11-12 50 Back	LY-VA	16	---	2.34
54.02Y	F # 104	Male 11-12 50 Free	LY-VA	18	---	-5.94
2:18.66Y	F # 108	Male 11-12 100 Back	LY-VA	13	---	-1.92
	1:07.34	2:18.66				
	(1:07.34)	(1:11.32)				
Wesley Aukland (8) M						
49.62Y	F # 30	100 Free Relay Lead Off	LY-VA	---	---	26.48
26.08Y	F # 36	Male 8 & Under 25 Free	LY-VA	11	---	2.94
35.72Y	F # 44	Male 8 & Under 25 Breast	LY-VA	6	---	1.30
1:01.16Y	F # 48A	Male 8 & Under 50 Back	LY-VA	6	---	0.50
2:38.78Y DQ	F # 60A	Male 8 & Under 100 IM	LY-VA	---	---	---
	---	2:38.78				
	---	(2:38.78)				
26.57Y	F # 88	Male 8 & Under 25 Back	LY-VA	9	---	0.60
48.49Y DQ	F # 94	Male 8 & Under 25 Fly	LY-VA	---	---	---
1:17.76Y DQ	F # 98A	Male 8 & Under 50 Breast	LY-VA	---	---	---
52.58Y	F # 106A	Male 8 & Under 50 Free	LY-VA	6	---	0.58

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Time	F/P/S	Event	Place	Points	Improv	
Sydney Ayers (15) F						
32.08Y	F # 5B	Female 15 & Over 50 Free	LY-VA	11	---	0.01
14:32.68Y	F # 9C	Female 15 & Over 1000 Free	LY-VA	7	---	---
	37.00	1:17.88 2:01.04 2:44.63	3:27.38 4:11.87 4:56.98 5:41.47			
	(37.00)	(40.88) (43.16) (43.59)	(42.75) (44.49) (45.11) (44.49)			
	6:26.12	7:11.27 7:55.33 8:41.40	9:26.04 10:10.85 10:54.63 11:39.32			
	(44.65)	(45.15) (44.06) (46.07)	(44.64) (44.81) (43.78) (44.69)			
	12:23.91	13:09.11 13:52.92 14:32.68				
	(44.59)	(45.20) (43.81) (39.76)				
2:35.55Y	F # 15B	Female 15 & Over 200 Free	LY-VA	28	---	-0.70
	35.61	1:14.67 1:55.57 2:35.55				
	(35.61)	(39.06) (40.90) (39.98)				
1:35.54Y	F # 19B	Female 15 & Over 100 Breast	LY-VA	13	---	3.78
	45.10	1:35.54				
	(45.10)	(50.44)				
1:28.03Y	F # 21B	Female 15 & Over 100 Back	LY-VA	21	---	4.63
	---	1:28.03				
	---	(1:28.03)				
44.61Y	F # 25B	Female 15 & Over 50 Breast	LY-VA	9	---	2.99
3:04.55Y	F # 67B	Female 15 & Over 200 IM	LY-VA	4	---	6.21
	40.70	1:26.32 2:22.60 3:04.55				
	(40.70)	(45.62) (56.28) (41.95)				
1:13.33Y	F # 69B	Female 15 & Over 100 Free	LY-VA	12	---	3.94
	35.31	1:13.33				
	(35.31)	(38.02)				
1:32.04Y	F # 73B	Female 15 & Over 100 Fly	LY-VA	5	---	6.28
	43.00	1:32.04				
	(43.00)	(49.04)				
7:21.99Y	F # 79B	Female 15 & Over 500 Free	LY-VA	8	---	9.98
	38.61	1:21.84 2:06.98 2:51.44	3:36.35 4:21.86 5:08.18 5:54.32			
	(38.61)	(43.23) (45.14) (44.46)	(44.91) (45.51) (46.32) (46.14)			
	6:39.18	7:21.99				
	(44.86)	(42.81)				
Quentin Bailey (11) M						
1:17.66Y	F # 38	Male 11-12 100 Free	LY-VA	15	---	0.58
	38.17	1:17.66				
	(38.17)	(39.49)				
1:39.72Y	F # 50	Male 11-12 100 Breast	LY-VA	9	---	-1.32
	48.07	1:39.72				
	(48.07)	(51.65)				
40.46Y	F # 54	Male 11-12 50 Fly	LY-VA	11	---	-0.20
1:29.51Y	F # 58	Male 11-12 100 IM	LY-VA	13	---	-3.11
	44.38	1:29.51				
	(44.38)	(45.13)				

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Time	F/P/S	Event				Place				Points	Improv	
Webster Bailey (6) M												
22.03Y	F # 36	Male 8 & Under 25 Free				LY-VA				8	---	-2.40
1:56.66Y	F # 40A	Male 8 & Under 100 Free				LY-VA				3	---	-8.13
	56.85	1:56.66										
	(56.85)	(59.81)										
37.95Y	F # 44	Male 8 & Under 25 Breast				LY-VA				7	---	---
1:04.64Y	F # 48A	Male 8 & Under 50 Back				LY-VA				8	---	-1.47
Shirley Barger (15) F												
27.53Y	F # 5B	Female 15 & Over 50 Free				LY-VA				5	---	1.54
11:22.12Y	F # 9C	Female 15 & Over 1000 Free				LY-VA				4	---	23.70
	31.56	1:05.29	1:39.80	2:14.06	2:48.21	3:22.48	3:56.64	4:30.88				
	(31.56)	(33.73)	(34.51)	(34.26)	(34.15)	(34.27)	(34.16)	(34.24)				
	5:05.02	5:39.62	6:14.07	6:48.70	7:23.17	7:57.76	8:31.98	9:06.36				
	(34.14)	(34.60)	(34.45)	(34.63)	(34.47)	(34.59)	(34.22)	(34.38)				
	9:40.58	10:14.95	10:49.31	11:22.12								
	(34.22)	(34.37)	(34.36)	(32.81)								
2:08.08Y	F # 15B	Female 15 & Over 200 Free				LY-VA				9	---	5.29
	30.67	1:03.58	1:36.00	2:08.08								
	(30.67)	(32.91)	(32.42)	(32.08)								
1:20.46Y	F # 19B	Female 15 & Over 100 Breast				LY-VA				7	---	4.56
	38.21	1:20.46										
	(38.21)	(42.25)										
1:10.12Y	F # 21B	Female 15 & Over 100 Back				LY-VA				12	---	3.64
	34.16	1:10.12										
	(34.16)	(35.96)										
5:13.26Y	F # 27B	Female 15 & Over 400 IM				LY-VA				13	---	10.38
	33.28	1:12.38	1:54.71	2:35.29	3:19.93	4:05.97	4:40.82	5:13.26				
	(33.28)	(39.10)	(42.33)	(40.58)	(44.64)	(46.04)	(34.85)	(32.44)				
27.51Y	F # 63	200 Free Relay Lead Off				LY-VA				---	---	1.52
1:00.13Y	F # 69B	Female 15 & Over 100 Free				LY-VA				3	---	3.64
	29.35	1:00.13										
	(29.35)	(30.78)										
2:30.41Y	F # 71B	Female 15 & Over 200 Back				LY-VA				3	---	1.46
	36.74	1:15.54	1:53.48	2:30.41								
	(36.74)	(38.80)	(37.94)	(36.93)								
33.19Y	F # 77B	Female 15 & Over 50 Back				LY-VA				3	---	-4.58
5:38.81Y	F # 79B	Female 15 & Over 500 Free				LY-VA				3	---	16.10
	31.61	1:05.74	1:40.34	2:14.74	2:48.96	3:23.49	3:57.59	4:31.68				
	(31.61)	(34.13)	(34.60)	(34.40)	(34.22)	(34.53)	(34.10)	(34.09)				
	5:05.80	5:38.81										
	(34.12)	(33.01)										

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Time	F/P/S	Event		Place	Points	Improv
George Barksdale (9) M						
1:36.64Y	F # 40B	Male 9-10 100 Free	LY-VA	24	---	-5.73
	43.42	1:36.64				
	(43.42)	(53.22)				
46.53Y	F # 48B	Male 9-10 50 Back	LY-VA	15	---	-0.64
1:08.69Y	F # 56B	Male 9-10 50 Fly	LY-VA	24	---	-28.74
2:08.04Y DQ	F # 60B	Male 9-10 100 IM	LY-VA	---	---	---
	59.72	2:08.04				
	(59.72)	(1:08.32)				
Jackson Barksdale (14) M						
2:16.95Y	F # 16A	Male 13-14 200 Free	LY-VA	11	---	4.71
	31.60	1:07.18 1:43.30 2:16.95				
	(31.60)	(35.58) (36.12) (33.65)				
31.49Y	F # 18A	Male 13-14 50 Fly	LY-VA	12	---	2.64
1:09.37Y	F # 22A	Male 13-14 100 Back	LY-VA	11	---	1.46
	34.81	1:09.37				
	(34.81)	(34.56)				
38.45Y	F # 26A	Male 13-14 50 Breast	LY-VA	7	---	2.82
57.36Y	F # 70A	Male 13-14 100 Free	LY-VA	2	---	2.27
	27.71	57.36				
	(27.71)	(29.65)				
1:16.64Y	F # 74A	Male 13-14 100 Fly	LY-VA	9	---	7.96
	36.21	1:16.64				
	(36.21)	(40.43)				
3:08.56Y	F # 76A	Male 13-14 200 Breast	LY-VA	4	---	13.62
	43.32	1:31.06 2:19.64 3:08.56				
	(43.32)	(47.74) (48.58) (48.92)				
6:10.73Y	F # 80A	Male 13-14 500 Free	LY-VA	4	---	29.07
	34.48	1:12.57 1:50.11 2:28.41 3:06.69 3:44.13 4:21.83 4:58.86				
	(34.48)	(38.09) (37.54) (38.30) (38.28) (37.44) (37.70) (37.03)				
	5:35.49	6:10.73				
	(36.63)	(35.24)				

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Time	F/P/S	Event	Place	Points	Improv	
Avi Bourque (12) F						
3:10.89Y	F # 1	Female 11-12 200 IM	LY-VA	9	---	-12.61
	42.41	1:30.85 2:30.92 3:10.89				
	(42.41)	(48.44) (1:00.07) (39.97)				
7:15.40Y	F # 7C	Female 11-12 500 Free	LY-VA	5	---	-13.93
	38.95	1:23.97 2:09.45 2:54.61 3:39.25 4:23.53 5:07.93 5:51.98				
	(38.95)	(45.02) (45.48) (45.16) (44.64) (44.28) (44.40) (44.05)				
	6:36.36	7:15.40				
	(44.38)	(39.04)				
1:16.65Y	F # 37	Female 11-12 100 Free	LY-VA	24	---	-10.04
	36.33	1:16.65				
	(36.33)	(40.32)				
40.57Y	F # 53	Female 11-12 50 Fly	LY-VA	14	---	-5.81
1:30.97Y	F # 57	Female 11-12 100 IM	LY-VA	21	---	-18.11
	---	1:30.97				
	---	(1:30.97)				
3:07.93Y	F # 61C	Female 11-12 200 Back	LY-VA	10	---	---
	44.62	1:34.60 2:22.58 3:07.93				
	(44.62)	(49.98) (47.98) (45.35)				
Boaz Bourque (9) M						
4:00.33Y	F # 4B	Male 9-10 200 IM	LY-VA	7	---	0.05
	50.67	1:49.66 3:12.99 4:00.33				
	(50.67)	(58.99) (1:23.33) (47.34)				
8:06.62Y	F # 8B	Male 9-10 500 Free	LY-VA	8	---	---
	44.41	1:34.84 2:24.30 3:13.49 4:03.56 4:53.37 5:44.44 6:33.86				
	(44.41)	(50.43) (49.46) (49.19) (50.07) (49.81) (51.07) (49.42)				
	7:20.16	8:06.62				
	(46.30)	(46.46)				
40.91Y	F # 32	200 Free Relay Lead Off	LY-VA	---	---	0.71
1:30.68Y	F # 40B	Male 9-10 100 Free	LY-VA	20	---	-2.38
	41.74	1:30.68				
	(41.74)	(48.94)				
2:41.07Y	F # 52B	Male 9-10 100 Breast	LY-VA	16	---	23.69
	1:18.88	2:41.07				
	(1:18.88)	(1:22.19)				
48.28Y	F # 56B	Male 9-10 50 Fly	LY-VA	14	---	-1.53
1:57.53Y	F # 60B	Male 9-10 100 IM	LY-VA	16	---	---
	---	1:57.53				
	---	(1:57.53)				

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Time	F/P/S	Event	Place	Points	Improv
Jesse Bourque (11) M					
3:54.45Y	F # 2	Male 11-12 200 IM	LY-VA	11	---
	49.25	1:41.62 --- 3:54.45			
	(49.25)	(52.37) --- (3:54.45)			
8:05.13Y	F # 8C	Male 11-12 500 Free	LY-VA	6	---
	---	1:28.75 --- 3:07.77	---	---	---
	---	(1:28.75) --- (3:07.77)	---	---	---
	7:18.43	8:05.13			
	(49.41)	(46.70)			
1:25.77Y	F # 38	Male 11-12 100 Free	LY-VA	20	---
	---	1:25.77			-1.09
	---	(1:25.77)			
2:43.26Y	F # 50	Male 11-12 100 Breast	LY-VA	11	---
	---	2:43.26			
	---	(2:43.26)			
44.60Y	F # 54	Male 11-12 50 Fly	LY-VA	14	---
1:48.84Y	F # 58	Male 11-12 100 IM	LY-VA	20	---
	---	1:48.84			-0.95
	---	(1:48.84)			
Silas Bourque (13) M					
33.39Y	F # 6A	Male 13-14 50 Free	LY-VA	12	---
2:46.72Y	F # 16A	Male 13-14 200 Free	LY-VA	20	---
	37.98	1:21.95 2:06.24 2:46.72			
	(37.98)	(43.97) (44.29) (40.48)			
38.40Y	F # 18A	Male 13-14 50 Fly	LY-VA	16	---
1:33.61Y	F # 20A	Male 13-14 100 Breast	LY-VA	10	---
	44.33	1:33.61			
	(44.33)	(49.28)			
41.85Y	F # 26A	Male 13-14 50 Breast	LY-VA	9	---
Avery Burkhardt (7) F					
22.35Y	F # 35	Female 8 & Under 25 Free	LY-VA	8	---
2:03.53Y	F # 39A	Female 8 & Under 100 Free	LY-VA	3	---
	---	2:03.53			
	---	(2:03.53)			
32.72Y DQ	F # 43	Female 8 & Under 25 Breast	LY-VA	---	---
1:06.11Y DQ	F # 47A	Female 8 & Under 50 Back	LY-VA	---	---
26.29Y	F # 87	Female 8 & Under 25 Back	LY-VA	8	---
51.12Y	F # 105A	Female 8 & Under 50 Free	LY-VA	8	---

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George Burkhardt (8) M					
8:30.76Y	F # 8A	Male 8 & Under 500 Free	LY-VA 1	---	---
	41.43	1:28.38 --- 3:12.29 4:05.10 4:58.72 5:52.52 6:46.11			
	(41.43)	(46.95) --- (3:12.29) (52.81) (53.62) (53.80) (53.59)			
	7:40.64	8:30.76			
	(54.53)	(50.12)			
16.32Y	F # 36	Male 8 & Under 25 Free	LY-VA 1	---	-0.92
48.80Y	F # 48A	Male 8 & Under 50 Back	LY-VA 2	---	1.63
1:42.19Y	F # 60A	Male 8 & Under 100 IM	LY-VA 1	---	0.18
	48.38	1:42.19			
	(48.38)	(53.81)			
21.94Y	F # 88	Male 8 & Under 25 Back	LY-VA 3	---	-1.52
19.66Y	F # 94	Male 8 & Under 25 Fly	LY-VA 2	---	-2.61
Ben Cook (8) M					
3:46.51Y	F # 4A	Male 8 & Under 200 IM	LY-VA 1	---	14.90
	1:04.99	2:04.31 3:01.68 3:46.51			
	(1:04.99)	(59.32) (57.37) (44.83)			
8:38.63Y	F # 8A	Male 8 & Under 500 Free	LY-VA 2	---	6.99
	43.74	1:36.90 2:29.01 3:21.99 4:17.67 5:11.26 6:04.84 6:58.46			
	(43.74)	(53.16) (52.11) (52.98) (55.68) (53.59) (53.58) (53.62)			
	7:51.29	8:38.63			
	(52.83)	(47.34)			
16.71Y	F # 36	Male 8 & Under 25 Free	LY-VA 2	---	-0.25
4:48.26Y	F # 42A	Male 8 & Under 200 Fly	LY-VA 1	---	---
	1:03.73	2:21.42 3:38.65 4:48.26			
	(1:03.73)	(1:17.69) (1:17.23) (1:09.61)			
54.74Y	F # 48A	Male 8 & Under 50 Back	LY-VA 4	---	3.09
1:43.35Y	F # 60A	Male 8 & Under 100 IM	LY-VA 2	---	-0.29
	55.68	1:43.35			
	(55.68)	(47.67)			
3:13.19Y	F # 92A	Male 8 & Under 200 Free	LY-VA 2	---	7.61
	43.17	1:33.60 2:25.88 3:13.19			
	(43.17)	(50.43) (52.28) (47.31)			
53.34Y	F # 98A	Male 8 & Under 50 Breast	LY-VA 2	---	2.10
3:47.21Y	F # 112A	Male 8 & Under 200 Breast	LY-VA 1	---	---
	53.56	1:54.05 2:52.56 3:47.21			
	(53.56)	(1:00.49) (58.51) (54.65)			

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Daniel Cook (17) M								
26.97Y	F # 6B	Male 15 & Over 50 Free	LY-VA	20	---	-0.87		
2:20.69Y	F # 16B	Male 15 & Over 200 Free	LY-VA	46	---	-10.28		
	31.46	1:07.24	1:44.99	2:20.69				
	(31.46)	(35.78)	(37.75)	(35.70)				
29.91Y	F # 18B	Male 15 & Over 50 Fly	LY-VA	14	---	0.03		
1:18.62Y	F # 22B	Male 15 & Over 100 Back	LY-VA	25	---	-4.49		
	38.09	1:18.62						
	(38.09)	(40.53)						
39.48Y	F # 26B	Male 15 & Over 50 Breast	LY-VA	14	---	-8.50		
Isaac Cook (14) M								
24.24Y	F # 6A	Male 13-14 50 Free	LY-VA	1	---	0.84		
10:52.16Y	F # 10B	Male 13-14 1000 Free	LY-VA	1	---	---		
	29.14	1:00.91	1:33.15	2:05.91	2:38.74	3:11.70	3:44.95	4:18.11
	(29.14)	(31.77)	(32.24)	(32.76)	(32.83)	(32.96)	(33.25)	(33.16)
	4:51.52	5:25.14	5:58.12	6:31.27	7:04.68	7:38.04	8:10.88	8:43.83
	(33.41)	(33.62)	(32.98)	(33.15)	(33.41)	(33.36)	(32.84)	(32.95)
	9:16.57	9:49.12	10:21.35	10:52.16				
	(32.74)	(32.55)	(32.23)	(30.81)				
25.85Y	F # 18A	Male 13-14 50 Fly	LY-VA	2	---	-0.53		
58.75Y	F # 22A	Male 13-14 100 Back	LY-VA	1	---	-3.60		
	28.52	58.75						
	(28.52)	(30.23)						
2:12.55Y	F # 24A	Male 13-14 200 Fly	LY-VA	1	---	8.76		
	29.14	1:02.52	1:37.21	2:12.55				
	(29.14)	(33.38)	(34.69)	(35.34)				
4:35.90Y	F # 28A	Male 13-14 400 IM	LY-VA	1	---	11.54		
	29.70	1:03.60	1:40.79	2:17.04	2:56.29	3:35.14	4:05.67	4:35.90
	(29.70)	(33.90)	(37.19)	(36.25)	(39.25)	(38.85)	(30.53)	(30.23)

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Time	F/P/S	Event	Place	Points	Improv	
Matthew Cook (12) M						
2:36.00Y	F # 2	Male 11-12 200 IM	LY-VA	2	---	0.17
	34.73	1:15.00 2:00.80 2:36.00				
	(34.73)	(40.27) (45.80) (35.20)				
12:21.74Y	F # 10A	Male 11-12 1000 Free	LY-VA	2	---	---
	30.58	1:05.92 1:42.81 2:20.04 2:58.23 3:35.43 4:13.63 4:51.43				
	(30.58)	(35.34) (36.89) (37.23) (38.19) (37.20) (38.20) (37.80)				
	5:29.45	6:08.16 6:46.15 7:24.59 8:03.19 8:40.48 9:18.76 9:57.11				
	(38.02)	(38.71) (37.99) (38.44) (38.60) (37.29) (38.28) (38.35)				
	10:34.43	11:11.62 11:47.38 12:21.74				
	(37.32)	(37.19) (35.76) (34.36)				
1:02.47Y	F # 38	Male 11-12 100 Free	LY-VA	3	---	-2.50
	30.29	1:02.47				
	(30.29)	(32.18)				
2:45.23Y	F # 42C	Male 11-12 200 Fly	LY-VA	3	---	3.14
	35.36	1:18.15 2:03.10 2:45.23				
	(35.36)	(42.79) (44.95) (42.13)				
1:24.34Y	F # 50	Male 11-12 100 Breast	LY-VA	3	---	-0.60
	39.75	1:24.34				
	(39.75)	(44.59)				
1:12.28Y	F # 58	Male 11-12 100 IM	LY-VA	2	---	-2.81
	34.23	1:12.28				
	(34.23)	(38.05)				
Sunday Cook (14) F						
32.68Y	F # 5A	Female 13-14 50 Free	LY-VA	10	---	-1.55
2:46.23Y	F # 15A	Female 13-14 200 Free	LY-VA	13	---	0.58
	36.88	1:19.28 2:02.92 2:46.23				
	(36.88)	(42.40) (43.64) (43.31)				
1:43.82Y	F # 19A	Female 13-14 100 Breast	LY-VA	10	---	-0.28
	---	1:43.82				
	---	(1:43.82)				
1:21.33Y	F # 21A	Female 13-14 100 Back	LY-VA	12	---	-1.24
	39.89	1:21.33				
	(39.89)	(41.44)				
47.31Y	F # 25A	Female 13-14 50 Breast	LY-VA	13	---	-0.25
3:05.86Y	F # 67A	Female 13-14 200 IM	LY-VA	6	---	-1.22
	40.56	1:27.19 2:24.69 3:05.86				
	(40.56)	(46.63) (57.50) (41.17)				
3:34.85Y	F # 75A	Female 13-14 200 Breast	LY-VA	6	---	-8.38
	48.29	1:43.25 2:39.65 3:34.85				
	(48.29)	(54.96) (56.40) (55.20)				
36.96Y	F # 77A	Female 13-14 50 Back	LY-VA	6	---	-2.40
7:33.09Y	F # 79A	Female 13-14 500 Free	LY-VA	5	---	-22.54
	39.60	1:24.54 2:10.73 2:57.12 3:43.61 4:30.89 5:17.72 6:04.01				
	(39.60)	(44.94) (46.19) (46.39) (46.49) (47.28) (46.83) (46.29)				
	6:49.09	7:33.09				
	(45.08)	(44.00)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place				Points	Improv
Benjamin Costa (15) M											
24.18Y	F # 6B	Male 15 & Over 50 Free				LY-VA		9	---	0.54	
11:22.24Y	F # 10C	Male 15 & Over 1000 Free				LY-VA		8	---	---	
	28.83	1:01.56	1:35.13	2:08.62	2:42.82	3:17.20	3:51.59	4:25.84			
	(28.83)	(32.73)	(33.57)	(33.49)	(34.20)	(34.38)	(34.39)	(34.25)			
	5:01.24	5:35.74	6:10.93	6:46.53	7:21.51	7:55.94	8:31.02	9:05.18			
	(35.40)	(34.50)	(35.19)	(35.60)	(34.98)	(34.43)	(35.08)	(34.16)			
	9:39.87	10:15.01	10:48.96	11:22.24							
	(34.69)	(35.14)	(33.95)	(33.28)							
Anderson Cox (9) M											
36.91Y	F # 32	200 Free Relay Lead Off				LY-VA		---	---	2.48	
1:16.16Y	F # 40B	Male 9-10 100 Free				LY-VA		11	---	0.42	
	36.19	1:16.16									
	(36.19)	(39.97)									
44.42Y	F # 48B	Male 9-10 50 Back				LY-VA		11	---	-1.23	
49.70Y	F # 56B	Male 9-10 50 Fly				LY-VA		16	---	1.57	
1:31.22Y	F # 60B	Male 9-10 100 IM				LY-VA		10	---	0.56	
	45.04	1:31.22									
	(45.04)	(46.18)									
45.48Y	F # 98B	Male 9-10 50 Breast				LY-VA		9	---	-1.56	
1:54.04Y	F # 102B	Male 9-10 100 Fly				LY-VA		5	---	---	
	49.97	1:54.04									
	(49.97)	(1:04.07)									
34.93Y	F # 106B	Male 9-10 50 Free				LY-VA		12	---	0.50	
3:37.59Y	F # 112B	Male 9-10 200 Breast				LY-VA		2	---	---	
	51.40	1:44.63	2:42.68	3:37.59							
	(51.40)	(53.23)	(58.05)	(54.91)							

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Liam Cox (11) M						
2:53.53Y	F # 2	Male 11-12 200 IM	LY-VA	5	---	2.20
	39.43	1:24.56 2:16.59 2:53.53				
	(39.43)	(45.13) (52.03) (36.94)				
13:08.75Y	F # 10A	Male 11-12 1000 Free	LY-VA	4	---	---
	36.34	1:16.85 1:57.52 2:38.16 3:18.36 3:58.54 4:38.10 5:19.13				
	(36.34)	(40.51) (40.67) (40.64) (40.20) (40.18) (39.56) (41.03)				
	5:59.39	6:39.87 7:19.65 7:59.98 8:39.64 9:18.84 9:58.85 10:38.55				
	(40.26)	(40.48) (39.78) (40.33) (39.66) (39.20) (40.01) (39.70)				
	11:17.13	11:55.44 12:32.82 13:08.75				
	(38.58)	(38.31) (37.38) (35.93)				
3:17.50Y DQ	F # 42C	Male 11-12 200 Fly	LY-VA	---	---	---
	41.99	1:33.26 2:26.26 3:17.50				
	(41.99)	(51.27) (53.00) (51.24)				
39.22Y	F # 46	Male 11-12 50 Back	LY-VA	8	---	1.04
1:23.33Y	F # 58	Male 11-12 100 IM	LY-VA	9	---	3.19
	39.05	1:23.33				
	(39.05)	(44.28)				
2:53.25Y	F # 62C	Male 11-12 200 Back	LY-VA	8	---	1.58
	41.49	1:26.26 2:10.16 2:53.25				
	(41.49)	(44.77) (43.90) (43.09)				
Lucas Cox (15) M						
28.24Y	F # 6B	Male 15 & Over 50 Free	LY-VA	22	---	-0.95
12:52.87Y	F # 10C	Male 15 & Over 1000 Free	LY-VA	14	---	7.68
	33.03	1:10.87 1:50.06 2:29.11 3:07.79 3:46.54 4:24.81 5:04.49				
	(33.03)	(37.84) (39.19) (39.05) (38.68) (38.75) (38.27) (39.68)				
	5:44.01	6:23.76 7:04.26 7:43.02 8:22.43 9:02.53 9:40.47 10:19.37				
	(39.52)	(39.75) (40.50) (38.76) (39.41) (40.10) (37.94) (38.90)				
	11:00.06	11:38.84 12:16.12 12:52.87				
	(40.69)	(38.78) (37.28) (36.75)				
2:18.21Y	F # 16B	Male 15 & Over 200 Free	LY-VA	45	---	-1.77
	32.32	1:07.78 1:43.97 2:18.21				
	(32.32)	(35.46) (36.19) (34.24)				
35.42Y	F # 18B	Male 15 & Over 50 Fly	LY-VA	18	---	-2.12
1:22.37Y	F # 20B	Male 15 & Over 100 Breast	LY-VA	22	---	-1.34
	40.47	1:22.37				
	(40.47)	(41.90)				
38.14Y	F # 26B	Male 15 & Over 50 Breast	LY-VA	13	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Meredith Cox (14) F						
32.16Y	F # 5A	Female 13-14 50 Free	LY-VA	9	---	0.23
13:27.85Y	F # 9B	Female 13-14 1000 Free	LY-VA	5	---	-92.90
	38.40	1:18.93 2:00.45 2:41.34	3:22.92 4:03.66 4:44.62	5:25.90		
	(38.40)	(40.53) (41.52) (40.89)	(41.58) (40.74) (40.96)	(41.28)		
	6:06.94	6:47.65 7:28.58 8:09.57	8:50.37 9:31.37 10:12.24	10:52.95		
	(41.04)	(40.71) (40.93) (40.99)	(40.80) (41.00) (40.87)	(40.71)		
	11:32.68	12:12.97 12:51.86 13:27.85				
	(39.73)	(40.29) (38.89) (35.99)				
2:30.25Y	F # 15A	Female 13-14 200 Free	LY-VA	9	---	5.09
	36.35	1:14.23 1:53.16 2:30.25				
	(36.35)	(37.88) (38.93) (37.09)				
1:21.53Y	F # 21A	Female 13-14 100 Back	LY-VA	13	---	1.73
	41.53	1:21.53				
	(41.53)	(40.00)				
3:08.26Y	F # 23A	Female 13-14 200 Fly	LY-VA	6	---	7.76
	43.47	1:33.75 2:23.01 3:08.26				
	(43.47)	(50.28) (49.26) (45.25)				
5:55.97Y	F # 27A	Female 13-14 400 IM	LY-VA	5	---	5.14
	42.56	1:30.39 2:15.99 3:00.38	3:51.16 4:40.55 5:20.27	5:55.97		
	(42.56)	(47.83) (45.60) (44.39)	(50.78) (49.39) (39.72)	(35.70)		
2:47.77Y	F # 67A	Female 13-14 200 IM	LY-VA	5	---	0.91
	37.75	1:22.74 2:10.30 2:47.77				
	(37.75)	(44.99) (47.56) (37.47)				
1:12.19Y	F # 69A	Female 13-14 100 Free	LY-VA	11	---	1.52
	35.88	1:12.19				
	(35.88)	(36.31)				
1:18.15Y	F # 73A	Female 13-14 100 Fly	LY-VA	6	---	1.54
	37.84	1:18.15				
	(37.84)	(40.31)				
6:34.37Y	F # 79A	Female 13-14 500 Free	LY-VA	3	---	3.00
	37.78	1:17.41 1:57.53 2:37.52	3:17.75 3:58.23 4:38.95	5:18.15		
	(37.78)	(39.63) (40.12) (39.99)	(40.23) (40.48) (40.72)	(39.20)		
	5:57.13	6:34.37				
	(38.98)	(37.24)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Grey Dawson (9) M					
3:33.27Y DQ	F # 4B	Male 9-10 200 IM	LY-VA	---	---
	52.43	1:46.22 2:48.23 3:33.27			
	(52.43)	(53.79) (1:02.01) (45.04)			
8:34.50Y	F # 8B	Male 9-10 500 Free	LY-VA	9	---
	43.95	1:36.37 2:30.68 3:24.65	---	5:11.51	---
	(43.95)	(52.42) (54.31) (53.97)	---	(5:11.51)	---
	7:51.01	8:34.50			
	(53.18)	(43.49)			
1:31.87Y	F # 40B	Male 9-10 100 Free	LY-VA	22	---
	43.13	1:31.87			
	(43.13)	(48.74)			
44.87Y	F # 48B	Male 9-10 50 Back	LY-VA	12	---
1:54.35Y	F # 52B	Male 9-10 100 Breast	LY-VA	14	---
	56.08	1:54.35			
	(56.08)	(58.27)			
46.98Y	F # 56B	Male 9-10 50 Fly	LY-VA	12	---
50.72Y	F # 98B	Male 9-10 50 Breast	LY-VA	12	---
2:01.16Y DQ	F # 102B	Male 9-10 100 Fly	LY-VA	---	---
	---	2:01.16			
	---	(2:01.16)			
38.46Y	F # 106B	Male 9-10 50 Free	LY-VA	16	---
1:53.38Y DQ	F # 110B	Male 9-10 100 Back	LY-VA	---	---
	---	1:53.38			
	---	(1:53.38)			
Evie Douglas (9) F					
1:57.43Y	F # 39B	Female 9-10 100 Free	LY-VA	21	---
	53.70	1:57.43			
	(53.70)	(1:03.73)			
55.71Y	F # 47B	Female 9-10 50 Back	LY-VA	16	---
2:14.87Y	F # 51B	Female 9-10 100 Breast	LY-VA	10	---
	1:04.55	2:14.87			
	(1:04.55)	(1:10.32)			
2:19.58Y	F # 59B	Female 9-10 100 IM	LY-VA	17	---
	---	2:19.58			
	---	(2:19.58)			
4:23.00Y	F # 91B	Female 9-10 200 Free	LY-VA	12	---
	57.20	2:03.81 3:13.67 4:23.00			
	(57.20)	(1:06.61) (1:09.86) (1:09.33)			
1:04.24Y	F # 97B	Female 9-10 50 Breast	LY-VA	13	---
56.37Y	F # 105B	Female 9-10 50 Free	LY-VA	16	---
2:13.90Y	F # 109B	Female 9-10 100 Back	LY-VA	17	---
	1:05.04	2:13.90			
	(1:05.04)	(1:08.86)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Avery Duff (15) F						
1:06.84Y	F # 69B	Female 15 & Over 100 Free	LY-VA	11	---	4.19
	31.75	1:06.84				
	(31.75)	(35.09)				
3:02.04Y	F # 71B	Female 15 & Over 200 Back	LY-VA	6	---	9.64
	43.66	1:30.43 2:17.73 3:02.04				
	(43.66)	(46.77) (47.30) (44.31)				
38.56Y	F # 77B	Female 15 & Over 50 Back	LY-VA	5	---	1.47
6:56.44Y	F # 79B	Female 15 & Over 500 Free	LY-VA	7	---	21.59
	37.79	1:19.47 2:01.11 2:43.58	3:26.34 4:08.67 4:51.72 5:34.03			
	(37.79)	(41.68) (41.64) (42.47)	(42.76) (42.33) (43.05) (42.31)			
	6:16.15	6:56.44				
	(42.12)	(40.29)				
Tammy Eakkhattiyakorn (12) F						
2:43.47Y	F # 1	Female 11-12 200 IM	LY-VA	2	---	-1.95
	36.96	1:18.81 2:07.71 2:43.47				
	(36.96)	(41.85) (48.90) (35.76)				
13:28.51Y	F # 9A	Female 11-12 1000 Free	LY-VA	4	---	---
	36.07	1:16.52 1:58.29 2:40.08	3:21.65 4:03.35 4:44.48 5:25.30			
	(36.07)	(40.45) (41.77) (41.79)	(41.57) (41.70) (41.13) (40.82)			
	6:06.53	6:48.83 7:29.71 8:10.64	8:51.51 9:33.20 10:13.80 10:53.92			
	(41.23)	(42.30) (40.88) (40.93)	(40.87) (41.69) (40.60) (40.12)			
	11:33.17	12:13.03 12:51.26 13:28.51				
	(39.25)	(39.86) (38.23) (37.25)				
30.98Y	F # 33	200 Free Relay Lead Off	LY-VA	---	---	0.02
36.99Y	F # 45	Female 11-12 50 Back	LY-VA	4	---	0.29
35.14Y	F # 53	Female 11-12 50 Fly	LY-VA	6	---	-3.22
1:16.11Y	F # 57	Female 11-12 100 IM	LY-VA	3	---	-1.56
	35.40	1:16.11				
	(35.40)	(40.71)				
2:43.33Y	F # 61C	Female 11-12 200 Back	LY-VA	4	---	-2.04
	38.83	1:21.04 2:02.83 2:43.33				
	(38.83)	(42.21) (41.79) (40.50)				
2:27.42Y	F # 89	Female 11-12 200 Free	LY-VA	7	---	0.74
	34.06	1:12.04 1:50.11 2:27.42				
	(34.06)	(37.98) (38.07) (37.31)				
40.32Y	F # 95	Female 11-12 50 Breast	LY-VA	4	---	0.56
1:22.01Y	F # 99	Female 11-12 100 Fly	LY-VA	7	---	-6.85
	---	1:22.01				
	---	(1:22.01)				
1:18.72Y	F # 107	Female 11-12 100 Back	LY-VA	6	---	0.64
	38.98	1:18.72				
	(38.98)	(39.74)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place			Points	Improv
Tyler Eakkhattiyakorn (14) M										
26.61Y	F # 6A	Male	13-14 50 Free			LY-VA		5	---	0.38
12:09.96Y	F # 10B	Male	13-14 1000 Free			LY-VA		3	---	-44.90
	32.38	1:07.60	1:43.67	2:20.80	2:57.49	3:34.69	4:12.06	4:49.72		
	(32.38)	(35.22)	(36.07)	(37.13)	(36.69)	(37.20)	(37.37)	(37.66)		
	5:26.65	6:04.66	6:41.74	7:19.49	7:57.23	8:33.72	9:10.46	9:47.81		
	(36.93)	(38.01)	(37.08)	(37.75)	(37.74)	(36.49)	(36.74)	(37.35)		
	10:24.80	11:01.54	11:38.07	12:09.96						
	(36.99)	(36.74)	(36.53)	(31.89)						
1:12.35Y	F # 22A	Male	13-14 100 Back			LY-VA		15	---	0.63
	35.74	1:12.35								
	(35.74)	(36.61)								
32.74Y	F # 26A	Male	13-14 50 Breast			LY-VA		1	---	2.34
5:22.69Y DQ	F # 28A	Male	13-14 400 IM			LY-VA		---	---	---
	36.38	1:19.25	2:02.96	2:45.66	3:27.73	4:10.10	4:48.38	5:22.69		
	(36.38)	(42.87)	(43.71)	(42.70)	(42.07)	(42.37)	(38.28)	(34.31)		
31.52Y	F # 66	200 Free Relay Lead Off				LY-VA		---	---	5.29
2:26.67Y	F # 68A	Male	13-14 200 IM			LY-VA		5	---	2.99
	34.16	1:13.07	1:53.15	2:26.67						
	(34.16)	(38.91)	(40.08)	(33.52)						
59.63Y	F # 70A	Male	13-14 100 Free			LY-VA		6	---	1.89
	29.70	59.63								
	(29.70)	(29.93)								
5:51.75Y	F # 80A	Male	13-14 500 Free			LY-VA		2	---	12.33
	31.77	1:06.56	1:41.99	2:18.07	2:54.64	3:30.82	4:07.40	4:43.52		
	(31.77)	(34.79)	(35.43)	(36.08)	(36.57)	(36.18)	(36.58)	(36.12)		
	5:18.63	5:51.75								
	(35.11)	(33.12)								
Jacob Eaton (8) M										
35.98Y	F # 88	Male 8 & Under 25 Back				LY-VA		12	---	-0.18
44.46Y DQ	F # 94	Male 8 & Under 25 Fly				LY-VA		---	---	---
1:34.76Y DQ	F # 98A	Male 8 & Under 50 Breast				LY-VA		---	---	---
1:09.41Y	F # 106A	Male 8 & Under 50 Free				LY-VA		9	---	7.32

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Evy Edwards (12) F						
3:05.02Y	F # 1	Female 11-12 200 IM	LY-VA	6	---	1.28
	38.52	1:26.41 2:23.37 3:05.02				
	(38.52)	(47.89) (56.96) (41.65)				
3:11.02Y	F # 41C	Female 11-12 200 Fly	LY-VA	4	---	---
	40.67	1:30.79 2:23.00 3:11.02				
	(40.67)	(50.12) (52.21) (48.02)				
1:36.28Y	F # 49	Female 11-12 100 Breast	LY-VA	12	---	3.10
	45.03	1:36.28				
	(45.03)	(51.25)				
35.41Y	F # 53	Female 11-12 50 Fly	LY-VA	8	---	-0.32
1:27.18Y	F # 57	Female 11-12 100 IM	LY-VA	17	---	5.00
	40.91	1:27.18				
	(40.91)	(46.27)				
1:23.33Y	F # 99	Female 11-12 100 Fly	LY-VA	8	---	-0.30
	36.86	1:23.33				
	(36.86)	(46.47)				
33.10Y	F # 103	Female 11-12 50 Free	LY-VA	13	---	0.77
1:24.79Y	F # 107	Female 11-12 100 Back	LY-VA	14	---	-3.37
	41.70	1:24.79				
	(41.70)	(43.09)				
3:34.24Y	F # 111C	Female 11-12 200 Breast	LY-VA	6	---	3.83
	48.83	1:44.72 2:41.96 3:34.24				
	(48.83)	(55.89) (57.24) (52.28)				
Josh Edwards (17) M						
25.26Y	F # 6B	Male 15 & Over 50 Free	LY-VA	17	---	1.83
2:09.21Y	F # 16B	Male 15 & Over 200 Free	LY-VA	39	---	11.92
	28.52	1:00.55 1:34.40 2:09.21				
	(28.52)	(32.03) (33.85) (34.81)				
NS	F # 18B	Male 15 & Over 50 Fly	LY-VA	---	---	---
1:14.91Y	F # 20B	Male 15 & Over 100 Breast	LY-VA	16	---	8.97
	35.00	1:14.91				
	(35.00)	(39.91)				
1:09.88Y	F # 22B	Male 15 & Over 100 Back	LY-VA	22	---	8.76
	33.76	1:09.88				
	(33.76)	(36.12)				
2:26.42Y	F # 68B	Male 15 & Over 200 IM	LY-VA	9	---	12.34
	29.33	1:08.94 1:52.88 2:26.42				
	(29.33)	(39.61) (43.94) (33.54)				
1:01.79Y	F # 70B	Male 15 & Over 100 Free	LY-VA	20	---	9.44
	29.69	1:01.79				
	(29.69)	(32.10)				
1:08.77Y	F # 74B	Male 15 & Over 100 Fly	LY-VA	11	---	9.58
	31.26	1:08.77				
	(31.26)	(37.51)				
31.92Y	F # 78B	Male 15 & Over 50 Back	LY-VA	9	---	0.59

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place				Points	Improv	
Sam Edwards (15) M												
25.85Y	F # 6B	Male 15 & Over 50 Free				LY-VA				19	---	1.10
11:36.44Y	F # 10C	Male 15 & Over 1000 Free				LY-VA				9	---	46.56
	28.38	1:00.91	1:34.26	2:08.08	2:42.60	3:17.70	3:53.08	4:29.13				
	(28.38)	(32.53)	(33.35)	(33.82)	(34.52)	(35.10)	(35.38)	(36.05)				
	5:05.36	5:41.50	6:17.85	6:54.04	7:29.54	8:05.79	8:41.55	9:17.43				
	(36.23)	(36.14)	(36.35)	(36.19)	(35.50)	(36.25)	(35.76)	(35.88)				
	9:53.16	10:29.00	11:04.03	11:36.44								
	(35.73)	(35.84)	(35.03)	(32.41)								
28.74Y	F # 12	200 Medley Relay Lead Off				LY-VA				---	---	0.64
2:04.86Y	F # 16B	Male 15 & Over 200 Free				LY-VA				35	---	7.63
	28.15	59.96	1:32.82	2:04.86								
	(28.15)	(31.81)	(32.86)	(32.04)								
28.04Y	F # 18B	Male 15 & Over 50 Fly				LY-VA				10	---	-2.02
1:03.79Y	F # 22B	Male 15 & Over 100 Back				LY-VA				14	---	4.29
	30.45	1:03.79										
	(30.45)	(33.34)										
4:56.16Y	F # 28B	Male 15 & Over 400 IM				LY-VA				25	---	19.41
	29.69	1:04.32	1:41.50	2:18.44	3:02.56	3:46.13	4:21.61	4:56.16				
	(29.69)	(34.63)	(37.18)	(36.94)	(44.12)	(43.57)	(35.48)	(34.55)				
54.34Y	F # 70B	Male 15 & Over 100 Free				LY-VA				10	---	-1.68
	26.25	54.34										
	(26.25)	(28.09)										
2:17.75Y	F # 72B	Male 15 & Over 200 Back				LY-VA				3	---	10.78
	31.59	1:06.70	1:43.18	2:17.75								
	(31.59)	(35.11)	(36.48)	(34.57)								
29.03Y	F # 78B	Male 15 & Over 50 Back				LY-VA				5	---	0.93
5:34.11Y	F # 80B	Male 15 & Over 500 Free				LY-VA				8	---	18.40
	28.09	1:00.28	1:34.10	2:08.04	2:42.41	3:17.39	3:52.10	4:26.73				
	(28.09)	(32.19)	(33.82)	(33.94)	(34.37)	(34.98)	(34.71)	(34.63)				
	5:01.60	5:34.11										
	(34.87)	(32.51)										

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Evan Fong (16) M						
27.15Y	F # 12	200 Medley Relay Lead Off	LY-VA	---	---	0.33
1:56.37Y	F # 16B	Male 15 & Over 200 Free	LY-VA	18	---	-0.48
	26.40	54.91 1:25.19 1:56.37				
	(26.40)	(28.51) (30.28) (31.18)				
1:09.31Y	F # 20B	Male 15 & Over 100 Breast	LY-VA	10	---	5.15
	33.29	1:09.31				
	(33.29)	(36.02)				
57.43Y	F # 22B	Male 15 & Over 100 Back	LY-VA	6	---	1.43
	27.95	57.43				
	(27.95)	(29.48)				
2:25.49Y	F # 24B	Male 15 & Over 200 Fly	LY-VA	12	---	4.20
	29.97	1:06.58 1:45.47 2:25.49				
	(29.97)	(36.61) (38.89) (40.02)				
2:12.23Y	F # 68B	Male 15 & Over 200 IM	LY-VA	6	---	2.55
	28.07	59.84 1:40.00 2:12.23				
	(28.07)	(31.77) (40.16) (32.23)				
54.43Y	F # 70B	Male 15 & Over 100 Free	LY-VA	11	---	2.13
	26.33	54.43				
	(26.33)	(28.10)				
2:18.51Y	F # 72B	Male 15 & Over 200 Back	LY-VA	4	---	11.03
	31.53	1:05.90 1:42.33 2:18.51				
	(31.53)	(34.37) (36.43) (36.18)				
59.34Y	F # 74B	Male 15 & Over 100 Fly	LY-VA	6	---	3.36
	27.65	59.34				
	(27.65)	(31.69)				
Zachary Fong (11) M						
37.06Y	F # 34	200 Free Relay Lead Off	LY-VA	---	---	-0.37
1:24.44Y	F # 38	Male 11-12 100 Free	LY-VA	19	---	-0.35
	38.52	1:24.44				
	(38.52)	(45.92)				
49.08Y DQ	F # 54	Male 11-12 50 Fly	LY-VA	---	---	---
1:37.40Y	F # 58	Male 11-12 100 IM	LY-VA	18	---	4.47
	45.97	1:37.40				
	(45.97)	(51.43)				
3:13.72Y	F # 62C	Male 11-12 200 Back	LY-VA	10	---	---
	45.33	1:34.21 2:23.73 3:13.72				
	(45.33)	(48.88) (49.52) (49.99)				
51.75Y	F # 96	Male 11-12 50 Breast	LY-VA	11	---	4.42
1:46.03Y	F # 100	Male 11-12 100 Fly	LY-VA	9	---	---
	49.92	1:46.03				
	(49.92)	(56.11)				
39.70Y	F # 104	Male 11-12 50 Free	LY-VA	15	---	2.27
3:50.14Y	F # 112C	Male 11-12 200 Breast	LY-VA	5	---	---
	50.89	1:49.32 --- 3:50.14				
	(50.89)	(58.43) --- (3:50.14)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Lorelei Gans (10) F						
1:42.47Y	F # 39B	Female 9-10 100 Free	LY-VA	19	---	-4.84
	47.20	1:42.47				
	(47.20)	(55.27)				
55.04Y	F # 47B	Female 9-10 50 Back	LY-VA	14	---	2.90
2:15.28Y DQ	F # 51B	Female 9-10 100 Breast	LY-VA	---	---	---
	---	2:15.28				
	---	(2:15.28)				
2:05.09Y DQ	F # 59B	Female 9-10 100 IM	LY-VA	---	---	---
	---	2:05.09				
	---	(2:05.09)				
3:45.26Y	F # 91B	Female 9-10 200 Free	LY-VA	10	---	---
	49.11	1:48.95 2:48.03 3:45.26				
	(49.11)	(59.84) (59.08) (57.23)				
1:03.56Y	F # 97B	Female 9-10 50 Breast	LY-VA	11	---	---
46.32Y	F # 105B	Female 9-10 50 Free	LY-VA	14	---	-2.49
1:57.09Y	F # 109B	Female 9-10 100 Back	LY-VA	13	---	-3.09
	55.42	1:57.09				
	(55.42)	(1:01.67)				
Samuel Gans (13) M						
37.13Y	F # 6A	Male 13-14 50 Free	LY-VA	13	---	---
41.49Y	F # 18A	Male 13-14 50 Fly	LY-VA	18	---	---
1:46.31Y	F # 20A	Male 13-14 100 Breast	LY-VA	11	---	---
	49.44	1:46.31				
	(49.44)	(56.87)				
1:45.56Y	F # 22A	Male 13-14 100 Back	LY-VA	25	---	---
	48.67	1:45.56				
	(48.67)	(56.89)				
48.69Y	F # 26A	Male 13-14 50 Breast	LY-VA	12	---	---
3:28.09Y	F # 68A	Male 13-14 200 IM	LY-VA	9	---	---
	44.94	1:42.13 2:42.53 3:28.09				
	(44.94)	(57.19) (1:00.40) (45.56)				
1:26.43Y	F # 70A	Male 13-14 100 Free	LY-VA	14	---	-23.94
	42.55	1:26.43				
	(42.55)	(43.88)				
49.32Y DQ	F # 78A	Male 13-14 50 Back	LY-VA	---	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Emma Graterol (9) F					
3:41.24Y DQ	F # 3B	Female 9-10 200 IM	LY-VA	---	---
	53.16	1:48.17 2:55.03 3:41.24			
	(53.16)	(55.01) (1:06.86) (46.21)			
8:37.82Y	F # 7B	Female 9-10 500 Free	LY-VA	---	---
	43.65	1:32.83 2:25.09 3:18.44 4:12.93 5:06.78 6:03.12 6:57.36	5		
	(43.65)	(49.18) (52.26) (53.35) (54.49) (53.85) (56.34) (54.24)			
	7:50.48	8:37.82			
	(53.12)	(47.34)			
1:26.03Y	F # 39B	Female 9-10 100 Free	LY-VA	---	-5.77
	1:26.22	1:26.03			
	(1:26.22)	(.19)			
46.16Y	F # 47B	Female 9-10 50 Back	LY-VA	---	-1.37
2:14.15Y	F # 51B	Female 9-10 100 Breast	LY-VA	---	-4.52
	1:07.45	2:14.15			
	(1:07.45)	(1:06.70)			
1:50.49Y	F # 59B	Female 9-10 100 IM	LY-VA	---	-1.77
	56.48	1:50.49			
	(56.48)	(54.01)			
45.34Y	F # 83	200 Medley Relay Lead Off	LY-VA	---	-2.19
3:06.15Y	F # 91B	Female 9-10 200 Free	LY-VA	---	-11.99
	42.26	1:29.27 2:18.73 3:06.15			
	(42.26)	(47.01) (49.46) (47.42)			
1:04.11Y	F # 97B	Female 9-10 50 Breast	LY-VA	---	0.30
41.29Y	F # 105B	Female 9-10 50 Free	LY-VA	---	-0.77
1:39.55Y	F # 109B	Female 9-10 100 Back	LY-VA	---	-1.21
	48.28	1:39.55			
	(48.28)	(51.27)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Camille Greenlaw (12) F						
2:44.47Y	F # 1	Female 11-12 200 IM	LY-VA	3	---	2.89
	36.63	1:18.53 2:09.10 2:44.47				
	(36.63)	(41.90) (50.57) (35.37)				
12:50.93Y	F # 9A	Female 11-12 1000 Free	LY-VA	3	---	-71.83
	34.79	1:12.54 1:51.44 2:29.84 3:08.67 3:48.00 4:27.34 5:07.27				
	(34.79)	(37.75) (38.90) (38.40) (38.83) (39.33) (39.34) (39.93)				
	5:45.99	6:23.60 7:02.76 7:41.77 8:21.20 9:00.79 9:40.08 10:19.91				
	(38.72)	(37.61) (39.16) (39.01) (39.43) (39.59) (39.29) (39.83)				
	10:59.71	11:38.43 12:16.25 12:50.93				
	(39.80)	(38.72) (37.82) (34.68)				
1:03.01Y	F # 37	Female 11-12 100 Free	LY-VA	4	---	1.60
	31.13	1:03.01				
	(31.13)	(31.88)				
34.79Y	F # 45	Female 11-12 50 Back	LY-VA	1	---	-0.27
1:14.54Y	F # 57	Female 11-12 100 IM	LY-VA	2	---	0.08
	36.23	1:14.54				
	(36.23)	(38.31)				
2:42.42Y	F # 61C	Female 11-12 200 Back	LY-VA	3	---	2.89
	39.13	1:20.90 2:02.86 2:42.42				
	(39.13)	(41.77) (41.96) (39.56)				
38.16Y	F # 85	200 Medley Relay Lead Off	LY-VA	---	---	3.10
2:18.16Y	F # 89	Female 11-12 200 Free	LY-VA	4	---	1.75
	32.38	1:08.06 1:43.92 2:18.16				
	(32.38)	(35.68) (35.86) (34.24)				
1:20.77Y	F # 99	Female 11-12 100 Fly	LY-VA	5	---	1.53
	36.99	1:20.77				
	(36.99)	(43.78)				
29.55Y	F # 103	Female 11-12 50 Free	LY-VA	4	---	0.87
1:17.25Y	F # 107	Female 11-12 100 Back	LY-VA	4	---	2.70
	38.34	1:17.25				
	(38.34)	(38.91)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards
Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Zelynn Gustafson (16) F					
29.07Y	F # 5B	Female 15 & Over 50 Free	LY-VA 10	---	0.94
12:54.27Y	F # 9C	Female 15 & Over 1000 Free	LY-VA 5	---	-11.36
	35.55 1:14.10 1:52.68 2:31.65 3:10.89 3:50.03 4:29.42 5:08.78				
	(35.55) (38.55) (38.58) (38.97) (39.24) (39.14) (39.39) (39.36)				
	5:47.97 6:27.21 7:06.88 7:45.43 8:23.87 9:02.77 9:42.42 10:21.79				
	(39.19) (39.24) (39.67) (38.55) (38.44) (38.90) (39.65) (39.37)				
	11:01.63 11:41.17 12:19.44 12:54.27				
	(39.84) (39.54) (38.27) (34.83)				
2:17.88Y	F # 15B	Female 15 & Over 200 Free	LY-VA 19	---	3.59
	33.21 1:09.10 1:44.60 2:17.88				
	(33.21) (35.89) (35.50) (33.28)				
34.03Y	F # 17B	Female 15 & Over 50 Fly	LY-VA 11	---	1.42
1:22.36Y	F # 21B	Female 15 & Over 100 Back	LY-VA 19	---	6.76
	40.83 1:22.36				
	(40.83) (41.53)				
5:45.03Y	F # 27B	Female 15 & Over 400 IM	LY-VA 17	---	-8.72
	40.54 1:31.09 2:17.56 3:02.04 3:49.23 4:36.41 5:11.71 5:45.03				
	(40.54) (50.55) (46.47) (44.48) (47.19) (47.18) (35.30) (33.32)				
2:41.46Y	F # 67B	Female 15 & Over 200 IM	LY-VA 2	---	6.20
	39.03 1:22.42 2:09.05 2:41.46				
	(39.03) (43.39) (46.63) (32.41)				
1:03.26Y	F # 69B	Female 15 & Over 100 Free	LY-VA 7	---	3.25
	30.30 1:03.26				
	(30.30) (32.96)				
1:25.29Y	F # 73B	Female 15 & Over 100 Fly	LY-VA 4	---	5.38
	41.71 1:25.29				
	(41.71) (43.58)				
6:17.40Y	F # 79B	Female 15 & Over 500 Free	LY-VA 5	---	16.13
	35.15 1:13.82 1:52.87 2:31.34 3:10.01 3:48.61 4:26.93 5:05.02				
	(35.15) (38.67) (39.05) (38.47) (38.67) (38.60) (38.32) (38.09)				
	5:42.69 6:17.40				
	(37.67) (34.71)				
Cheyanne Henderson (13) F					
29.86Y	F # 5A	Female 13-14 50 Free	LY-VA 4	---	-1.35
36.23Y	F # 17A	Female 13-14 50 Fly	LY-VA 10	---	-1.99
1:26.52Y	F # 21A	Female 13-14 100 Back	LY-VA 15	---	0.55
	42.78 1:26.52				
	(42.78) (43.74)				
39.94Y	F # 25A	Female 13-14 50 Breast	LY-VA 7	---	-6.36

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Chandler Henry (17) M						
24.77Y	F # 6B	Male 15 & Over 50 Free	LY-VA	15	---	1.32
10:49.14Y	F # 10C	Male 15 & Over 1000 Free	LY-VA	5	---	-14.00
	29.09	1:01.46 1:34.21 2:07.81	2:41.13	3:14.54	3:47.57	4:20.73
	(29.09)	(32.37) (32.75) (33.60)	(33.32)	(33.41)	(33.03)	(33.16)
	4:53.69	5:26.92 5:59.96 6:32.95	7:04.65	7:37.02	8:09.17	8:41.59
	(32.96)	(33.23) (33.04) (32.99)	(31.70)	(32.37)	(32.15)	(32.42)
	9:13.94	9:45.99 10:17.69 10:49.14				
	(32.35)	(32.05) (31.70) (31.45)				
27.47Y	F # 12	200 Medley Relay Lead Off	LY-VA	---	---	0.55
1:57.10Y	F # 16B	Male 15 & Over 200 Free	LY-VA	22	---	3.61
	27.77	58.34 1:27.70 1:57.10				
	(27.77)	(30.57) (29.36) (29.40)				
1:05.74Y	F # 20B	Male 15 & Over 100 Breast	LY-VA	4	---	2.74
	30.79	1:05.74				
	(30.79)	(34.95)				
2:11.70Y	F # 24B	Male 15 & Over 200 Fly	LY-VA	6	---	-12.82
	30.22	1:03.80 1:37.46 2:11.70				
	(30.22)	(33.58) (33.66) (34.24)				
4:34.36Y	F # 28B	Male 15 & Over 400 IM	LY-VA	13	---	18.49
	28.71	1:01.31 1:37.10 2:12.49	2:51.41	3:30.32	4:03.04	4:34.36
	(28.71)	(32.60) (35.79) (35.39)	(38.92)	(38.91)	(32.72)	(31.32)
24.60Y	F # 64	200 Free Relay Lead Off	LY-VA	---	---	1.15
2:06.40Y	F # 68B	Male 15 & Over 200 IM	LY-VA	3	---	4.39
	27.02	59.11 1:36.05 2:06.40				
	(27.02)	(32.09) (36.94) (30.35)				
52.84Y	F # 70B	Male 15 & Over 100 Free	LY-VA	6	---	1.79
	25.38	52.84				
	(25.38)	(27.46)				
2:24.88Y	F # 76B	Male 15 & Over 200 Breast	LY-VA	2	---	5.05
	32.85	1:09.53 1:47.09 2:24.88				
	(32.85)	(36.68) (37.56) (37.79)				
5:21.10Y	F # 80B	Male 15 & Over 500 Free	LY-VA	5	---	14.72
	28.63	1:01.03 1:33.75 2:06.58	2:39.29	3:11.81	3:44.47	4:17.26
	(28.63)	(32.40) (32.72) (32.83)	(32.71)	(32.52)	(32.66)	(32.79)
	4:49.70	5:21.10				
	(32.44)	(31.40)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Connor Henry (12) M						
2:56.21Y	F # 2	Male 11-12 200 IM	LY-VA	7	---	2.66
	41.17	1:28.13 2:17.84 2:56.21				
	(41.17)	(46.96) (49.71) (38.37)				
13:51.03Y	F # 10A	Male 11-12 1000 Free	LY-VA	5	---	---
	35.73	1:16.84 1:59.08 2:40.47 3:22.68 4:04.97 4:47.42 5:31.52				
	(35.73)	(41.11) (42.24) (41.39) (42.21) (42.29) (42.45) (44.10)				
	6:14.98	6:58.85 7:42.72 8:24.15 9:06.25 9:47.43 10:27.21 11:08.90				
	(43.46)	(43.87) (43.87) (41.43) (42.10) (41.18) (39.78) (41.69)				
	11:50.87	12:32.26 13:12.91 13:51.03				
	(41.97)	(41.39) (40.65) (38.12)				
1:12.27Y	F # 38	Male 11-12 100 Free	LY-VA	11	---	-1.22
	33.45	1:12.27				
	(33.45)	(38.82)				
1:32.28Y	F # 50	Male 11-12 100 Breast	LY-VA	6	---	1.66
	43.26	1:32.28				
	(43.26)	(49.02)				
42.03Y	F # 54	Male 11-12 50 Fly	LY-VA	13	---	0.42
1:25.46Y	F # 58	Male 11-12 100 IM	LY-VA	11	---	0.21
	41.84	1:25.46				
	(41.84)	(43.62)				
41.82Y	F # 96	Male 11-12 50 Breast	LY-VA	3	---	1.44
30.82Y	F # 104	Male 11-12 50 Free	LY-VA	7	---	-0.68
1:29.06Y	F # 108	Male 11-12 100 Back	LY-VA	9	---	-6.85
	43.86	1:29.06				
	(43.86)	(45.20)				
3:15.46Y	F # 112C	Male 11-12 200 Breast	LY-VA	3	---	6.85
	42.53	1:32.64 2:24.39 3:15.46				
	(42.53)	(50.11) (51.75) (51.07)				
Myer Henry (8) M						
43.48Y	F # 30	100 Free Relay Lead Off	LY-VA	---	---	20.40
22.77Y	F # 36	Male 8 & Under 25 Free	LY-VA	9	---	-0.31
1:58.31Y	F # 40A	Male 8 & Under 100 Free	LY-VA	4	---	-8.36
	57.45	1:58.31				
	(57.45)	(1:00.86)				
29.22Y	F # 44	Male 8 & Under 25 Breast	LY-VA	3	---	-2.28
2:12.34Y DQ	F # 60A	Male 8 & Under 100 IM	LY-VA	---	---	---
	---	2:12.34				
	---	(2:12.34)				
29.49Y	F # 88	Male 8 & Under 25 Back	LY-VA	10	---	1.90
27.46Y	F # 94	Male 8 & Under 25 Fly	LY-VA	6	---	0.93
1:10.90Y	F # 98A	Male 8 & Under 50 Breast	LY-VA	5	---	1.46
2:10.10Y	F # 110A	Male 8 & Under 100 Back	LY-VA	1	---	---
	1:02.14	2:10.10				
	(1:02.14)	(1:07.96)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place				Points	Improv	
Trevor Henry (15) M												
27.36Y	F # 6B	Male 15 & Over 50 Free				LY-VA				21	---	2.89
11:52.60Y	F # 10C	Male 15 & Over 1000 Free				LY-VA				11	---	-87.20
	31.01	1:06.16	1:41.48	2:17.05	2:52.22	3:28.22	4:04.22	4:40.37				
	(31.01)	(35.15)	(35.32)	(35.57)	(35.17)	(36.00)	(36.00)	(36.15)				
	5:16.00	5:52.07	6:28.30	7:04.25	7:40.54	8:17.14	8:53.72	9:29.92				
	(35.63)	(36.07)	(36.23)	(35.95)	(36.29)	(36.60)	(36.58)	(36.20)				
	10:05.89	10:42.66	11:18.40	11:52.60								
	(35.97)	(36.77)	(35.74)	(34.20)								
2:11.65Y	F # 16B	Male 15 & Over 200 Free				LY-VA				42	---	2.41
	29.56	1:02.96	1:38.19	2:11.65								
	(29.56)	(33.40)	(35.23)	(33.46)								
30.83Y	F # 18B	Male 15 & Over 50 Fly				LY-VA				15	---	-1.04
1:13.58Y	F # 22B	Male 15 & Over 100 Back				LY-VA				24	---	-2.17
	34.98	1:13.58										
	(34.98)	(38.60)										
2:42.67Y	F # 24B	Male 15 & Over 200 Fly				LY-VA				14	---	17.67
	33.87	1:15.23	2:00.14	2:42.67								
	(33.87)	(41.36)	(44.91)	(42.53)								
2:30.74Y	F # 68B	Male 15 & Over 200 IM				LY-VA				10	---	-19.10
	30.94	1:09.44	1:58.66	2:30.74								
	(30.94)	(38.50)	(49.22)	(32.08)								
1:01.52Y	F # 70B	Male 15 & Over 100 Free				LY-VA				18	---	1.04
	29.56	1:01.52										
	(29.56)	(31.96)										
1:09.04Y	F # 74B	Male 15 & Over 100 Fly				LY-VA				12	---	1.42
	32.88	1:09.04										
	(32.88)	(36.16)										
5:46.35Y	F # 80B	Male 15 & Over 500 Free				LY-VA				9	---	17.93
	30.04	1:04.15	1:39.79	2:14.80	2:49.79	3:25.41	4:01.32	4:36.74				
	(30.04)	(34.11)	(35.64)	(35.01)	(34.99)	(35.62)	(35.91)	(35.42)				
	5:12.25	5:46.35										
	(35.51)	(34.10)										

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Ty Henry (10) M					
3:10.95Y DQ	F # 4B	Male 9-10 200 IM	LY-VA	---	---
	47.84	1:33.61 2:28.85 3:10.95			
	(47.84)	(45.77) (55.24) (42.10)			
7:19.84Y	F # 8B	Male 9-10 500 Free	LY-VA	---	12.92
	38.94	1:23.75 2:08.51 2:53.28 3:37.42 4:21.80 5:06.31 5:51.76	5		
	(38.94)	(44.81) (44.76) (44.77) (44.14) (44.38) (44.51) (45.45)			
	6:36.40	7:19.84			
	(44.64)	(43.44)			
1:19.98Y	F # 40B	Male 9-10 100 Free	LY-VA	---	0.97
	37.70	1:19.98	15		
	(37.70)	(42.28)			
1:44.73Y	F # 52B	Male 9-10 100 Breast	LY-VA	---	0.51
	49.47	1:44.73	11		
	(49.47)	(55.26)			
1:37.19Y	F # 60B	Male 9-10 100 IM	LY-VA	---	3.03
	48.38	1:37.19	14		
	(48.38)	(48.81)			
3:24.79Y	F # 62B	Male 9-10 200 Back	LY-VA	---	---
	48.44	--- 2:35.46 3:24.79	5		
	(48.44)	--- (2:35.46) (49.33)			
44.13Y	F # 84	200 Medley Relay Lead Off	LY-VA	---	3.09
1:41.75Y DQ	F # 102B	Male 9-10 100 Fly	LY-VA	---	---
	47.25	1:41.75			
	(47.25)	(54.50)			
36.42Y	F # 106B	Male 9-10 50 Free	LY-VA	---	0.56
1:31.19Y	F # 110B	Male 9-10 100 Back	LY-VA	---	-5.80
	45.05	1:31.19	9		
	(45.05)	(46.14)			
3:39.82Y	F # 112B	Male 9-10 200 Breast	LY-VA	---	-4.86
	51.78	1:46.01 2:45.54 3:39.82	3		
	(51.78)	(54.23) (59.53) (54.28)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Margaret Herman (8) F					
3:52.44Y	F # 3A	Female 8 & Under 200 IM	LY-VA	1	---
	55.16	1:56.46 2:59.55 3:52.44			
	(55.16)	(1:01.30) (1:03.09) (52.89)			
9:13.43Y	F # 7A	Female 8 & Under 500 Free	LY-VA	1	---
	47.83	1:42.71 2:37.88 3:33.33 4:28.18 5:27.77 6:26.16 7:23.17			
	(47.83)	(54.88) (55.17) (55.45) (54.85) (59.59) (58.39) (57.01)			
	---	9:13.43			
	---	(9:13.43)			
54.82Y	F # 29	100 Free Relay Lead Off	LY-VA	---	35.31
19.06Y	F # 35	Female 8 & Under 25 Free	LY-VA	7	-0.45
26.92Y	F # 43	Female 8 & Under 25 Breast	LY-VA	3	0.85
2:01.95Y	F # 51A	Female 8 & Under 100 Breast	LY-VA	2	-3.17
	59.93	2:01.95			
	(59.93)	(1:02.02)			
1:55.73Y	F # 59A	Female 8 & Under 100 IM	LY-VA	3	1.11
	57.20	1:55.73			
	(57.20)	(58.53)			
26.52Y	F # 87	Female 8 & Under 25 Back	LY-VA	9	1.14
23.88Y	F # 93	Female 8 & Under 25 Fly	LY-VA	4	-1.71
43.01Y	F # 105A	Female 8 & Under 50 Free	LY-VA	3	-0.64
1:57.06Y	F # 109A	Female 8 & Under 100 Back	LY-VA	3	1.22
	59.08	1:57.06			
	(59.08)	(57.98)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Nathaniel Herman (9) M						
3:18.11Y	F # 4B	Male 9-10 200 IM	LY-VA	5	---	-1.39
	46.88	1:33.76 2:35.51 3:18.11				
	(46.88)	(46.88) (1:01.75) (42.60)				
7:16.10Y	F # 8B	Male 9-10 500 Free	LY-VA	4	---	-11.53
	38.27	1:21.25 2:05.86 2:50.94 3:36.07 4:21.20 5:06.11 5:51.99				
	(38.27)	(42.98) (44.61) (45.08) (45.13) (45.13) (44.91) (45.88)				
	6:35.78	7:16.10				
	(43.79)	(40.32)				
32.85Y	F # 32	200 Free Relay Lead Off	LY-VA	---	---	-0.52
1:12.90Y	F # 40B	Male 9-10 100 Free	LY-VA	9	---	-2.34
	34.67	1:12.90				
	(34.67)	(38.23)				
41.85Y	F # 48B	Male 9-10 50 Back	LY-VA	8	---	-2.17
42.48Y	F # 56B	Male 9-10 50 Fly	LY-VA	9	---	1.58
3:06.20Y	F # 62B	Male 9-10 200 Back	LY-VA	3	---	---
	46.44	1:33.85 2:21.22 3:06.20				
	(46.44)	(47.41) (47.37) (44.98)				
2:39.45Y	F # 92B	Male 9-10 200 Free	LY-VA	5	---	-0.57
	37.05	1:18.11 2:00.41 2:39.45				
	(37.05)	(41.06) (42.30) (39.04)				
51.41Y	F # 98B	Male 9-10 50 Breast	LY-VA	13	---	-0.23
33.64Y	F # 106B	Male 9-10 50 Free	LY-VA	9	---	0.27
1:27.57Y	F # 110B	Male 9-10 100 Back	LY-VA	6	---	-15.57
	42.71	1:27.57				
	(42.71)	(44.86)				
Ellington Hermosa (14) F						
13:39.59Y	F # 9B	Female 13-14 1000 Free	LY-VA	6	---	-15.18
	33.54	1:12.71 1:53.57 2:34.68 3:16.13 3:57.53 4:39.33 5:21.47				
	(33.54)	(39.17) (40.86) (41.11) (41.45) (41.40) (41.80) (42.14)				
	6:03.04	6:45.30 7:27.44 8:09.91 8:51.11 9:33.46 10:15.04 10:56.78				
	(41.57)	(42.26) (42.14) (42.47) (41.20) (42.35) (41.58) (41.74)				
	11:37.78	12:18.96 13:00.46 13:39.59				
	(41.00)	(41.18) (41.50) (39.13)				
30.64Y	F # 65	200 Free Relay Lead Off	LY-VA	---	---	1.60
1:16.64Y	F # 73A	Female 13-14 100 Fly	LY-VA	4	---	-0.03
	33.62	1:16.64				
	(33.62)	(43.02)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Carson Hill (11) M						
1:30.42Y	F # 38	Male 11-12 100 Free	LY-VA	22	---	3.46
	43.62	1:30.42				
	(43.62)	(46.80)				
52.15Y DQ	F # 54	Male 11-12 50 Fly	LY-VA	---	---	---
1:45.39Y	F # 58	Male 11-12 100 IM	LY-VA	19	---	-1.91
	50.19	1:45.39				
	(50.19)	(55.20)				
3:55.24Y	F # 62C	Male 11-12 200 Back	LY-VA	11	---	---
	1:01.01	--- 3:03.22 3:55.24				
	(1:01.01)	--- (3:03.22) (52.02)				
3:14.25Y	F # 90	Male 11-12 200 Free	LY-VA	9	---	-13.08
	43.10	1:32.84 2:26.45 3:14.25				
	(43.10)	(49.74) (53.61) (47.80)				
53.33Y DQ	F # 96	Male 11-12 50 Breast	LY-VA	---	---	---
1:53.93Y DQ	F # 100	Male 11-12 100 Fly	LY-VA	---	---	---
	54.20	1:53.93				
	(54.20)	(59.73)				
40.79Y	F # 104	Male 11-12 50 Free	LY-VA	16	---	2.29
Rory Hill (7) F						
26.79Y	F # 35	Female 8 & Under 25 Free	LY-VA	9	---	1.50
2:48.93Y DQ	F # 39A	Female 8 & Under 100 Free	LY-VA	---	---	---
	---	2:48.93				
	---	(2:48.93)				
34.15Y DQ	F # 43	Female 8 & Under 25 Breast	LY-VA	---	---	---
1:12.92Y	F # 47A	Female 8 & Under 50 Back	LY-VA	4	---	0.77
1:15.01Y	F # 81	100 Medley Relay Lead Off	LY-VA	---	---	46.17
33.76Y	F # 87	Female 8 & Under 25 Back	LY-VA	11	---	4.92
42.44Y DQ	F # 93	Female 8 & Under 25 Fly	LY-VA	---	---	---
1:38.08Y DQ	F # 97A	Female 8 & Under 50 Breast	LY-VA	---	---	---
1:13.52Y	F # 105A	Female 8 & Under 50 Free	LY-VA	11	---	16.59

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Sydney Hill (15) F						
2:18.09Y	F # 15B	Female 15 & Over 200 Free	LY-VA	20	---	9.69
	32.03	1:07.31 1:43.54 2:18.09				
	(32.03)	(35.28) (36.23) (34.55)				
33.98Y	F # 17B	Female 15 & Over 50 Fly	LY-VA	10	---	0.10
1:16.03Y	F # 21B	Female 15 & Over 100 Back	LY-VA	18	---	7.99
	37.50	1:16.03				
	(37.50)	(38.53)				
5:55.17Y	F # 27B	Female 15 & Over 400 IM	LY-VA	19	---	7.55
	38.87	1:25.85 2:09.54 2:52.09 3:45.91 4:37.74 5:17.58 5:55.17				
	(38.87)	(46.98) (43.69) (42.55) (53.82) (51.83) (39.84) (37.59)				
2:41.61Y	F # 67B	Female 15 & Over 200 IM	LY-VA	3	---	6.02
	37.07	1:17.86 2:06.00 2:41.61				
	(37.07)	(40.79) (48.14) (35.61)				
1:02.82Y	F # 69B	Female 15 & Over 100 Free	LY-VA	5	---	5.35
	30.74	1:02.82				
	(30.74)	(32.08)				
35.14Y	F # 77B	Female 15 & Over 50 Back	LY-VA	4	---	3.35
6:25.43Y	F # 79B	Female 15 & Over 500 Free	LY-VA	6	---	27.93
	34.65	1:12.91 1:52.13 2:31.05 3:11.01 3:50.42 4:31.10 5:10.45				
	(34.65)	(38.26) (39.22) (38.92) (39.96) (39.41) (40.68) (39.35)				
	5:48.99	6:25.43				
	(38.54)	(36.44)				
Cooper Holofchak (13) M						
NS	F # 16A	Male 13-14 200 Free	LY-VA	---	---	---
NS	F # 18A	Male 13-14 50 Fly	LY-VA	---	---	---
NS	F # 20A	Male 13-14 100 Breast	LY-VA	---	---	---
NS	F # 22A	Male 13-14 100 Back	LY-VA	---	---	---
NS	F # 70A	Male 13-14 100 Free	LY-VA	---	---	---
NS	F # 74A	Male 13-14 100 Fly	LY-VA	---	---	---
NS	F # 78A	Male 13-14 50 Back	LY-VA	---	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place				Points	Improv
Ann-Margaret Holt (16) F											
25.45Y	F # 5B	Female 15 & Over 50 Free				LY-VA		1	---	1.12	
10:30.71Y	F # 9C	Female 15 & Over 1000 Free				LY-VA		1	---	12.22	
	29.47	1:01.23	1:33.22	2:05.06	2:36.21	3:07.75	3:39.11	4:10.69			
	(29.47)	(31.76)	(31.99)	(31.84)	(31.15)	(31.54)	(31.36)	(31.58)			
	4:41.85	5:13.63	5:45.17	6:16.73	6:48.47	7:20.80	7:52.58	8:24.29			
	(31.16)	(31.78)	(31.54)	(31.56)	(31.74)	(32.33)	(31.78)	(31.71)			
	8:55.98	9:27.86	9:59.73	10:30.71							
	(31.69)	(31.88)	(31.87)	(30.98)							
28.72Y	F # 11	200 Medley Relay Lead Off				LY-VA		---	---	0.13	
28.54Y	F # 17B	Female 15 & Over 50 Fly				LY-VA		2	---	0.20	
1:01.81Y	F # 21B	Female 15 & Over 100 Back				LY-VA		2	---	3.04	
	30.36	1:01.81									
	(30.36)	(31.45)									
2:13.00Y	F # 23B	Female 15 & Over 200 Fly				LY-VA		2	---	2.22	
	30.58	1:04.65	1:38.90	2:13.00							
	(30.58)	(34.07)	(34.25)	(34.10)							
4:46.41Y	F # 27B	Female 15 & Over 400 IM				LY-VA		8	---	6.23	
	30.57	1:05.12	1:41.55	2:17.18	3:00.08	3:43.81	4:15.90	4:46.41			
	(30.57)	(34.55)	(36.43)	(35.63)	(42.90)	(43.73)	(32.09)	(30.51)			
25.66Y	F # 63	200 Free Relay Lead Off				LY-VA		---	---	1.33	
2:14.24Y	F # 67B	Female 15 & Over 200 IM				LY-VA		1	---	-1.99	
	29.29	1:03.00	1:44.38	2:14.24							
	(29.29)	(33.71)	(41.38)	(29.86)							
54.63Y	F # 69B	Female 15 & Over 100 Free				LY-VA		1	---	2.77	
	26.26	54.63									
	(26.26)	(28.37)									
2:13.80Y	F # 71B	Female 15 & Over 200 Back				LY-VA		1	---	8.20	
	32.21	1:06.17	1:40.33	2:13.80							
	(32.21)	(33.96)	(34.16)	(33.47)							
5:13.44Y	F # 79B	Female 15 & Over 500 Free				LY-VA		1	---	14.45	
	28.71	59.63	1:31.40	2:03.49	2:35.41	3:07.73	3:39.63	4:11.71			
	(28.71)	(30.92)	(31.77)	(32.09)	(31.92)	(32.32)	(31.90)	(32.08)			
	4:42.75	5:13.44									
	(31.04)	(30.69)									

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place				Points	Improv	
Luke Hottle (16) M												
22.17Y	F # 6B	Male 15 & Over 50 Free				LY-VA				1	---	0.35
9:59.49Y	F # 10C	Male 15 & Over 1000 Free				LY-VA				1	---	8.68
	26.63	56.03	1:26.10	1:56.32	2:26.41	2:56.69	3:27.01	3:57.21				
	(26.63)	(29.40)	(30.07)	(30.22)	(30.09)	(30.28)	(30.32)	(30.20)				
	4:27.73	4:58.19	5:28.44	5:58.83	6:29.43	6:59.77	7:29.62	7:59.64				
	(30.52)	(30.46)	(30.25)	(30.39)	(30.60)	(30.34)	(29.85)	(30.02)				
	8:29.86	9:00.34	9:30.37	9:59.49								
	(30.22)	(30.48)	(30.03)	(29.12)								
1:47.50Y	F # 16B	Male 15 & Over 200 Free				LY-VA				2	---	3.48
	25.09	53.24	1:21.12	1:47.50								
	(25.09)	(28.15)	(27.88)	(26.38)								
1:00.19Y	F # 20B	Male 15 & Over 100 Breast				LY-VA				2	---	2.46
	28.52	1:00.19										
	(28.52)	(31.67)										
1:59.43Y	F # 24B	Male 15 & Over 200 Fly				LY-VA				1	---	5.09
	26.98	57.72	1:28.83	1:59.43								
	(26.98)	(30.74)	(31.11)	(30.60)								
4:11.38Y	F # 28B	Male 15 & Over 400 IM				LY-VA				1	---	9.44
	27.48	58.71	1:32.07	2:05.16	2:40.53	3:15.80	3:44.49	4:11.38				
	(27.48)	(31.23)	(33.36)	(33.09)	(35.37)	(35.27)	(28.69)	(26.89)				
1:58.76Y	F # 68B	Male 15 & Over 200 IM				LY-VA				1	---	6.58
	26.72	57.63	1:30.48	1:58.76								
	(26.72)	(30.91)	(32.85)	(28.28)								
48.62Y	F # 70B	Male 15 & Over 100 Free				LY-VA				1	---	0.88
	23.49	48.62										
	(23.49)	(25.13)										
2:15.60Y	F # 76B	Male 15 & Over 200 Breast				LY-VA				1	---	9.48
	30.71	1:05.27	1:40.59	2:15.60								
	(30.71)	(34.56)	(35.32)	(35.01)								
4:52.34Y	F # 80B	Male 15 & Over 500 Free				LY-VA				2	---	7.86
	26.38	55.63	1:25.43	1:55.38	2:25.38	2:55.17	3:24.83	3:54.46				
	(26.38)	(29.25)	(29.80)	(29.95)	(30.00)	(29.79)	(29.66)	(29.63)				
	4:23.94	4:52.34										
	(29.48)	(28.40)										

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Lilli Kastroll (10) F						
1:59.57Y	F # 39B	Female 9-10 100 Free	LY-VA	22	---	-8.70
	---	1:59.57				
	---	(1:59.57)				
1:09.23Y	F # 47B	Female 9-10 50 Back	LY-VA	18	---	2.91
2:43.82Y	F # 51B	Female 9-10 100 Breast	LY-VA	12	---	7.70
	1:20.80	2:43.82				
	(1:20.80)	(1:23.02)				
2:35.92Y	F # 59B	Female 9-10 100 IM	LY-VA	18	---	---
	---	2:35.92				
	---	(2:35.92)				
1:15.04Y	F # 97B	Female 9-10 50 Breast	LY-VA	16	---	-3.77
56.64Y	F # 105B	Female 9-10 50 Free	LY-VA	17	---	5.50
2:24.78Y	F # 109B	Female 9-10 100 Back	LY-VA	18	---	-3.42
	1:09.54	2:24.78				
	(1:09.54)	(1:15.24)				
Tripp Kastroll (12) M						
1:16.83Y	F # 38	Male 11-12 100 Free	LY-VA	14	---	2.93
	36.81	1:16.83				
	(36.81)	(40.02)				
45.04Y	F # 46	Male 11-12 50 Back	LY-VA	13	---	1.93
1:43.03Y	F # 50	Male 11-12 100 Breast	LY-VA	10	---	5.27
	48.35	1:43.03				
	(48.35)	(54.68)				
1:29.87Y	F # 58	Male 11-12 100 IM	LY-VA	14	---	-1.41
	45.29	1:29.87				
	(45.29)	(44.58)				
44.86Y	F # 96	Male 11-12 50 Breast	LY-VA	7	---	-2.73
1:44.80Y	F # 100	Male 11-12 100 Fly	LY-VA	8	---	---
	49.72	1:44.80				
	(49.72)	(55.08)				
36.24Y	F # 104	Male 11-12 50 Free	LY-VA	13	---	0.13
1:35.00Y	F # 108	Male 11-12 100 Back	LY-VA	10	---	-22.91
	47.89	1:35.00				
	(47.89)	(47.11)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv				
Eva Kendall (14) F									
29.81Y	F # 5A	Female 13-14 50 Free	LY-VA	3	---	0.99			
12:41.71Y	F # 9B	Female 13-14 1000 Free	LY-VA	3	---	---			
	33.75	1:10.90	1:48.96	2:26.97	3:06.21	3:44.29	4:22.08	5:01.31	
	(33.75)	(37.15)	(38.06)	(38.01)	(39.24)	(38.08)	(37.79)	(39.23)	
	5:40.76	6:20.50	6:59.21	7:38.26	8:17.40	8:57.12	9:35.80	10:13.89	
	(39.45)	(39.74)	(38.71)	(39.05)	(39.14)	(39.72)	(38.68)	(38.09)	
	10:51.49	11:29.92	12:06.58	12:41.71					
	(37.60)	(38.43)	(36.66)	(35.13)					
2:20.69Y	F # 15A	Female 13-14 200 Free	LY-VA	5	---				1.39
	32.85	1:09.21	1:45.95	2:20.69					
	(32.85)	(36.36)	(36.74)	(34.74)					
1:25.21Y	F # 19A	Female 13-14 100 Breast	LY-VA	5	---				4.89
	39.72	1:25.21							
	(39.72)	(45.49)							
1:15.14Y	F # 21A	Female 13-14 100 Back	LY-VA	5	---				1.77
	37.00	1:15.14							
	(37.00)	(38.14)							
38.57Y	F # 25A	Female 13-14 50 Breast	LY-VA	5	---				0.21
1:04.04Y	F # 69A	Female 13-14 100 Free	LY-VA	4	---				1.29
	30.83	1:04.04							
	(30.83)	(33.21)							
2:39.29Y	F # 71A	Female 13-14 200 Back	LY-VA	4	---				-3.15
	37.71	1:18.43	1:59.22	2:39.29					
	(37.71)	(40.72)	(40.79)	(40.07)					
6:17.67Y	F # 79A	Female 13-14 500 Free	LY-VA	2	---				10.96
	33.71	1:12.17	1:50.88	2:29.33	3:08.16	3:46.82	4:26.37	5:05.04	
	(33.71)	(38.46)	(38.71)	(38.45)	(38.83)	(38.66)	(39.55)	(38.67)	
	5:42.63	6:17.67							
	(37.59)	(35.04)							

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Abbi Kenny (13) F						
36.56Y	F # 5A	Female 13-14 50 Free	LY-VA	12	---	-1.72
2:59.14Y	F # 15A	Female 13-14 200 Free	LY-VA	14	---	-14.11
	40.14	1:25.35 2:12.18 2:59.14				
	(40.14)	(45.21) (46.83) (46.96)				
45.28Y	F # 17A	Female 13-14 50 Fly	LY-VA	13	---	-2.27
1:46.73Y	F # 21A	Female 13-14 100 Back	LY-VA	18	---	---
	50.49	1:46.73				
	(50.49)	(56.24)				
50.33Y	F # 25A	Female 13-14 50 Breast	LY-VA	14	---	---
3:27.83Y DQ	F # 67A	Female 13-14 200 IM	LY-VA	---	---	---
	48.28	1:44.82 --- 3:27.83				
	(48.28)	(56.54) --- (3:27.83)				
1:26.66Y	F # 69A	Female 13-14 100 Free	LY-VA	13	---	3.25
	---	1:26.66				
	---	(1:26.66)				
47.97Y	F # 77A	Female 13-14 50 Back	LY-VA	9	---	-3.49
8:10.20Y	F # 79A	Female 13-14 500 Free	LY-VA	7	---	---
	42.45	1:29.29 2:18.59 3:10.56 3:58.59 4:48.88 5:39.97 6:31.26				
	(42.45)	(46.84) (49.30) (51.97) (48.03) (50.29) (51.09) (51.29)				
	7:22.04	8:10.20				
	(50.78)	(48.16)				
Montana Kimball (10) F						
1:41.92Y	F # 39B	Female 9-10 100 Free	LY-VA	18	---	-4.09
	47.10	1:41.92				
	(47.10)	(54.82)				
55.13Y	F # 47B	Female 9-10 50 Back	LY-VA	15	---	0.22
56.86Y DQ	F # 55B	Female 9-10 50 Fly	LY-VA	---	---	---
1:58.12Y	F # 59B	Female 9-10 100 IM	LY-VA	13	---	-2.41
	55.49	1:58.12				
	(55.49)	(1:02.63)				
3:45.97Y	F # 91B	Female 9-10 200 Free	LY-VA	11	---	-8.33
	49.40	1:50.11 2:50.11 3:45.97				
	(49.40)	(1:00.71) (1:00.00) (55.86)				
1:04.45Y	F # 97B	Female 9-10 50 Breast	LY-VA	14	---	1.65
41.90Y	F # 105B	Female 9-10 50 Free	LY-VA	11	---	-2.26
2:02.01Y	F # 109B	Female 9-10 100 Back	LY-VA	15	---	1.65
	59.48	2:02.01				
	(59.48)	(1:02.53)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Kathleen King (15) F						
27.58Y	F # 5B	Female 15 & Over 50 Free	LY-VA	6	---	1.43
2:18.70Y	F # 15B	Female 15 & Over 200 Free	LY-VA	21	---	13.32
	32.92	1:08.74 1:44.62 2:18.70				
	(32.92)	(35.82) (35.88) (34.08)				
31.06Y	F # 17B	Female 15 & Over 50 Fly	LY-VA	6	---	1.08
1:09.81Y	F # 21B	Female 15 & Over 100 Back	LY-VA	10	---	9.44
	---	1:09.81				
	---	(1:09.81)				
38.17Y	F # 25B	Female 15 & Over 50 Breast	LY-VA	4	---	-2.32
1:00.66Y	F # 69B	Female 15 & Over 100 Free	LY-VA	4	---	3.21
	29.35	1:00.66				
	(29.35)	(31.31)				
2:36.66Y	F # 71B	Female 15 & Over 200 Back	LY-VA	4	---	19.30
	37.04	1:17.14 1:57.37 2:36.66				
	(37.04)	(40.10) (40.23) (39.29)				
1:11.69Y	F # 73B	Female 15 & Over 100 Fly	LY-VA	1	---	7.59
	33.82	1:11.69				
	(33.82)	(37.87)				
30.44Y	F # 77B	Female 15 & Over 50 Back	LY-VA	1	---	1.49
Colt Kirby (14) M						
26.07Y	F # 6A	Male 13-14 50 Free	LY-VA	3	---	0.67
11:23.85Y	F # 10B	Male 13-14 1000 Free	LY-VA	2	---	-43.11
	30.86	1:04.41 1:38.86 2:13.47 2:48.01 3:22.52 3:57.07 4:30.84				
	(30.86)	(33.55) (34.45) (34.61) (34.54) (34.51) (34.55) (33.77)				
	5:04.91	5:38.89 6:13.38 6:47.64 7:21.98 7:56.99 8:31.69 9:06.53				
	(34.07)	(33.98) (34.49) (34.26) (34.34) (35.01) (34.70) (34.84)				
	9:41.20	10:15.88 10:51.00 11:23.85				
	(34.67)	(34.68) (35.12) (32.85)				
2:06.62Y	F # 16A	Male 13-14 200 Free	LY-VA	7	---	6.35
	28.72	1:00.71 1:34.31 2:06.62				
	(28.72)	(31.99) (33.60) (32.31)				
1:14.65Y	F # 20A	Male 13-14 100 Breast	LY-VA	4	---	0.47
	35.75	1:14.65				
	(35.75)	(38.90)				
1:05.49Y	F # 22A	Male 13-14 100 Back	LY-VA	7	---	2.18
	32.14	1:05.49				
	(32.14)	(33.35)				
5:04.44Y	F # 28A	Male 13-14 400 IM	LY-VA	3	---	9.19
	30.91	1:07.61 1:48.07 2:27.64 3:11.49 3:55.59 4:31.23 5:04.44				
	(30.91)	(36.70) (40.46) (39.57) (43.85) (44.10) (35.64) (33.21)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Amelia Kobek (10) F						
2:52.98Y	F # 3B	Female 9-10 200 IM	LY-VA	1	---	-10.41
	37.84	1:23.72 2:15.47 2:52.98				
	(37.84)	(45.88) (51.75) (37.51)				
7:05.74Y	F # 7B	Female 9-10 500 Free	LY-VA	1	---	-18.98
	36.54	1:18.81 2:01.88 2:45.60 3:29.24 4:13.79 4:57.69 5:42.51				
	(36.54)	(42.27) (43.07) (43.72) (43.64) (44.55) (43.90) (44.82)				
	6:25.51	7:05.74				
	(43.00)	(40.23)				
3:11.16Y	F # 41B	Female 9-10 200 Fly	LY-VA	1	---	---
	38.48	1:26.16 2:19.29 3:11.16				
	(38.48)	(47.68) (53.13) (51.87)				
38.97Y	F # 47B	Female 9-10 50 Back	LY-VA	1	---	0.81
1:37.28Y	F # 51B	Female 9-10 100 Breast	LY-VA	1	---	4.16
	46.56	1:37.28				
	(46.56)	(50.72)				
1:23.32Y	F # 59B	Female 9-10 100 IM	LY-VA	1	---	1.71
	39.27	1:23.32				
	(39.27)	(44.05)				
42.59Y	F # 97B	Female 9-10 50 Breast	LY-VA	2	---	-3.88
1:21.32Y	F # 101B	Female 9-10 100 Fly	LY-VA	1	---	-4.26
	36.88	1:21.32				
	(36.88)	(44.44)				
32.42Y	F # 105B	Female 9-10 50 Free	LY-VA	1	---	0.29
3:25.67Y	F # 111B	Female 9-10 200 Breast	LY-VA	1	---	---
	47.23	1:40.41 2:33.44 3:25.67				
	(47.23)	(53.18) (53.03) (52.23)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Evangeline Korby (14) F						
2:22.46Y	F # 15A	Female 13-14 200 Free	LY-VA	6	---	0.59
	32.71	1:08.59 1:46.52 2:22.46				
	(32.71)	(35.88) (37.93) (35.94)				
1:28.24Y	F # 19A	Female 13-14 100 Breast	LY-VA	7	---	3.39
	42.46	1:28.24				
	(42.46)	(45.78)				
1:25.53Y	F # 21A	Female 13-14 100 Back	LY-VA	14	---	4.68
	41.53	1:25.53				
	(41.53)	(44.00)				
40.45Y	F # 25A	Female 13-14 50 Breast	LY-VA	8	---	-0.32
1:06.46Y	F # 69A	Female 13-14 100 Free	LY-VA	7	---	3.85
	31.69	1:06.46				
	(31.69)	(34.77)				
3:02.54Y	F # 71A	Female 13-14 200 Back	LY-VA	7	---	8.88
	42.48	1:29.82 2:17.20 3:02.54				
	(42.48)	(47.34) (47.38) (45.34)				
3:12.67Y	F # 75A	Female 13-14 200 Breast	LY-VA	4	---	1.69
	43.99	1:32.39 2:23.73 3:12.67				
	(43.99)	(48.40) (51.34) (48.94)				
39.99Y	F # 77A	Female 13-14 50 Back	LY-VA	8	---	1.08

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Jon Korby (14) M						
2:19.60Y	F # 16A	Male 13-14 200 Free	LY-VA	15	---	-0.99
	31.95	1:07.70 1:44.73 2:19.60				
	(31.95)	(35.75) (37.03) (34.87)				
1:19.23Y	F # 20A	Male 13-14 100 Breast	LY-VA	6	---	-0.34
	38.68	1:19.23				
	(38.68)	(40.55)				
1:14.83Y	F # 22A	Male 13-14 100 Back	LY-VA	18	---	0.91
	36.90	1:14.83				
	(36.90)	(37.93)				
5:33.56Y	F # 28A	Male 13-14 400 IM	LY-VA	5	---	---
	36.09	1:19.42 2:01.78 2:44.28	3:30.64 4:17.65 4:56.90 5:33.56			
	(36.09)	(43.33) (42.36) (42.50)	(46.36) (47.01) (39.25) (36.66)			
2:33.26Y	F # 68A	Male 13-14 200 IM	LY-VA	7	---	-5.50
	34.11	1:14.37 1:58.83 2:33.26				
	(34.11)	(40.26) (44.46) (34.43)				
2:43.12Y	F # 72A	Male 13-14 200 Back	LY-VA	6	---	1.80
	39.54	1:20.80 2:02.28 2:43.12				
	(39.54)	(41.26) (41.48) (40.84)				
2:54.14Y	F # 76A	Male 13-14 200 Breast	LY-VA	3	---	-0.83
	40.58	1:24.89 2:10.42 2:54.14				
	(40.58)	(44.31) (45.53) (43.72)				
6:16.41Y	F # 80A	Male 13-14 500 Free	LY-VA	5	---	-3.01
	33.57	1:10.54 1:48.84 2:27.20	3:06.48 3:45.54 4:24.08 5:02.30			
	(33.57)	(36.97) (38.30) (38.36)	(39.28) (39.06) (38.54) (38.22)			
	5:41.10	6:16.41				
	(38.80)	(35.31)				
Jefferson Koscielny (14) M						
1:09.57Y	F # 70A	Male 13-14 100 Free	LY-VA	13	---	2.61
	33.27	1:09.57				
	(33.27)	(36.30)				
3:08.71Y	F # 72A	Male 13-14 200 Back	LY-VA	8	---	-3.00
	45.43	1:33.14 2:22.95 3:08.71				
	(45.43)	(47.71) (49.81) (45.76)				
1:17.52Y	F # 74A	Male 13-14 100 Fly	LY-VA	10	---	5.76
	35.16	1:17.52				
	(35.16)	(42.36)				
6:44.80Y	F # 80A	Male 13-14 500 Free	LY-VA	8	---	14.66
	36.09	1:16.44 1:57.59 2:41.53	3:25.12 4:05.65 4:48.23 5:30.34			
	(36.09)	(40.35) (41.15) (43.94)	(43.59) (40.53) (42.58) (42.11)			
	6:09.47	6:44.80				
	(39.13)	(35.33)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Jacob Kovarik (16) M						
2:09.91Y	F # 16B	Male 15 & Over 200 Free	LY-VA	40	---	-5.57
	30.18	1:03.68 1:37.62 2:09.91				
	(30.18)	(33.50) (33.94) (32.29)				
1:18.98Y	F # 20B	Male 15 & Over 100 Breast	LY-VA	20	---	8.60
	35.98	1:18.98				
	(35.98)	(43.00)				
1:09.75Y	F # 22B	Male 15 & Over 100 Back	LY-VA	21	---	4.19
	34.28	1:09.75				
	(34.28)	(35.47)				
32.40Y	F # 26B	Male 15 & Over 50 Breast	LY-VA	7	---	0.25
25.30Y	F # 64	200 Free Relay Lead Off	LY-VA	---	---	0.57
56.84Y	F # 70B	Male 15 & Over 100 Free	LY-VA	13	---	2.68
	27.26	56.84				
	(27.26)	(29.58)				
2:52.67Y	F # 76B	Male 15 & Over 200 Breast	LY-VA	6	---	12.68
	37.43	1:21.68 2:08.25 2:52.67				
	(37.43)	(44.25) (46.57) (44.42)				
30.34Y	F # 78B	Male 15 & Over 50 Back	LY-VA	8	---	-1.73
6:02.78Y	F # 80B	Male 15 & Over 500 Free	LY-VA	10	---	12.01
	31.20	1:05.95 1:42.09 2:18.49 3:32.78 4:10.73 4:48.81		---		
	(31.20)	(34.75) (36.14) (36.40) (1:14.29) (37.95) (38.08)		---		
	5:26.82	6:02.78				
	(5:26.82)	(35.96)				
Katherine Kovarik (18) F						
2:08.87Y	F # 15B	Female 15 & Over 200 Free	LY-VA	12	---	8.33
	30.10	1:02.82 1:36.45 2:08.87				
	(30.10)	(32.72) (33.63) (32.42)				
31.10Y	F # 17B	Female 15 & Over 50 Fly	LY-VA	7	---	-1.35
1:11.17Y	F # 21B	Female 15 & Over 100 Back	LY-VA	14	---	8.32
	34.34	1:11.17				
	(34.34)	(36.83)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Hank Lancaster (10) M					
9:50.38Y	F # 8B	Male 9-10 500 Free	LY-VA	12	---
	47.32	1:47.84 2:47.97	---	4:53.55	---
	(47.32)	(1:00.52) (1:00.13)	---	(4:53.55)	---
	8:59.62	9:50.38			
	(58.28)	(50.76)			
1:39.43Y	F # 40B	Male 9-10 100 Free	LY-VA	26	---
	47.65	1:39.43			
	(47.65)	(51.78)			
56.96Y	F # 48B	Male 9-10 50 Back	LY-VA	24	---
57.98Y	F # 56B	Male 9-10 50 Fly	LY-VA	22	---
2:00.29Y	F # 60B	Male 9-10 100 IM	LY-VA	17	---
	58.93	2:00.29			
	(58.93)	(1:01.36)			
3:41.99Y	F # 92B	Male 9-10 200 Free	LY-VA	12	---
	50.41	1:49.02 2:49.18			
	(50.41)	(58.61) (1:00.16)			
1:04.73Y	F # 98B	Male 9-10 50 Breast	LY-VA	19	---
39.75Y	F # 106B	Male 9-10 50 Free	LY-VA	18	---
2:03.71Y	F # 110B	Male 9-10 100 Back	LY-VA	17	---
	---	2:03.71			
	---	(2:03.71)			
Yeva Langeland (9) F					
45.41Y	F # 47B	Female 9-10 50 Back	LY-VA	6	---
2:00.72Y	F # 51B	Female 9-10 100 Breast	LY-VA	4	---
	57.04	2:00.72			
	(57.04)	(1:03.68)			
48.27Y	F # 55B	Female 9-10 50 Fly	LY-VA	3	---
1:40.21Y	F # 59B	Female 9-10 100 IM	LY-VA	4	---
	45.60	1:40.21			
	(45.60)	(54.61)			
3:02.88Y	F # 91B	Female 9-10 200 Free	LY-VA	3	---
	42.43	1:26.82 2:15.31			
	(42.43)	(44.39) (48.49)			
51.01Y	F # 97B	Female 9-10 50 Breast	LY-VA	5	---
1:47.75Y	F # 101B	Female 9-10 100 Fly	LY-VA	2	---
	48.74	1:47.75			
	(48.74)	(59.01)			
1:43.93Y	F # 109B	Female 9-10 100 Back	LY-VA	9	---
	50.00	1:43.93			
	(50.00)	(53.93)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Abby Lawrence (9) F						
1:35.72Y	F # 39B	Female 9-10 100 Free	LY-VA	15	---	-24.63
	---	1:35.72				
	---	(1:35.72)				
49.61Y	F # 47B	Female 9-10 50 Back	LY-VA	10	---	-0.67
56.62Y DQ	F # 55B	Female 9-10 50 Fly	LY-VA	---	---	---
1:55.03Y	F # 59B	Female 9-10 100 IM	LY-VA	12	---	-18.94
	53.38	1:55.03				
	(53.38)	(1:01.65)				
3:27.72Y	F # 91B	Female 9-10 200 Free	LY-VA	6	---	-19.85
	44.98	1:39.07 2:34.82 3:27.72				
	(44.98)	(54.09) (55.75) (52.90)				
1:05.18Y	F # 97B	Female 9-10 50 Breast	LY-VA	15	---	---
43.33Y	F # 105B	Female 9-10 50 Free	LY-VA	13	---	-3.84
1:57.81Y	F # 109B	Female 9-10 100 Back	LY-VA	14	---	8.48
	58.76	1:57.81				
	(58.76)	(59.05)				
Lennon Leedy (8) F						
NS	F # 39A	Female 8 & Under 100 Free	LY-VA	---	---	---
NS	F # 47A	Female 8 & Under 50 Back	LY-VA	---	---	---
NS	F # 55A	Female 8 & Under 50 Fly	LY-VA	---	---	---
NS	F # 59A	Female 8 & Under 100 IM	LY-VA	---	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Benjamin Leger (10) M						
2:56.06Y	F # 4B	Male 9-10 200 IM	LY-VA	3	---	0.62
	40.20	1:25.08 2:17.72 2:56.06				
	(40.20)	(44.88) (52.64) (38.34)				
6:51.06Y	F # 8B	Male 9-10 500 Free	LY-VA	3	---	8.89
	36.07	1:17.20 1:59.32 2:41.88 3:24.51 4:06.20 4:48.21 5:30.37				
	(36.07)	(41.13) (42.12) (42.56) (42.63) (41.69) (42.01) (42.16)				
	6:11.66	6:51.06				
	(41.29)	(39.40)				
1:12.61Y	F # 40B	Male 9-10 100 Free	LY-VA	8	---	2.42
	34.70	1:12.61				
	(34.70)	(37.91)				
3:02.72Y	F # 42B	Male 9-10 200 Fly	LY-VA	2	---	---
	42.30	1:31.48 2:20.00 3:02.72				
	(42.30)	(49.18) (48.52) (42.72)				
40.13Y	F # 48B	Male 9-10 50 Back	LY-VA	5	---	0.79
1:37.25Y	F # 52B	Male 9-10 100 Breast	LY-VA	3	---	1.08
	47.49	1:37.25				
	(47.49)	(49.76)				
2:31.30Y	F # 92B	Male 9-10 200 Free	LY-VA	2	---	0.05
	34.81	1:14.22 1:53.13 2:31.30				
	(34.81)	(39.41) (38.91) (38.17)				
1:24.65Y	F # 102B	Male 9-10 100 Fly	LY-VA	4	---	-1.15
	---	1:24.65				
	---	(1:24.65)				
32.63Y	F # 106B	Male 9-10 50 Free	LY-VA	6	---	-0.19
1:27.11Y	F # 110B	Male 9-10 100 Back	LY-VA	5	---	-5.68
	43.01	1:27.11				
	(43.01)	(44.10)				
Jacob Leger (16) M						
24.85Y	F # 6B	Male 15 & Over 50 Free	LY-VA	16	---	1.35
2:00.70Y	F # 16B	Male 15 & Over 200 Free	LY-VA	30	---	9.12
	28.37	59.56 1:30.17 2:00.70				
	(28.37)	(31.19) (30.61) (30.53)				
28.06Y	F # 18B	Male 15 & Over 50 Fly	LY-VA	11	---	3.04
58.98Y	F # 70B	Male 15 & Over 100 Free	LY-VA	15	---	6.88
	28.09	58.98				
	(28.09)	(30.89)				
1:04.15Y	F # 74B	Male 15 & Over 100 Fly	LY-VA	9	---	9.39
	29.51	1:04.15				
	(29.51)	(34.64)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Noah Leger (13) M						
29.10Y	F # 6A	Male 13-14 50 Free	LY-VA	9	---	0.72
12:44.62Y	F # 10B	Male 13-14 1000 Free	LY-VA	5	---	-43.22
	32.87	1:09.93 1:48.36 2:27.16	3:06.21 3:45.30 4:22.18 5:01.87			
	(32.87)	(37.06) (38.43) (38.80)	(39.05) (39.09) (36.88) (39.69)			
	5:40.63	6:19.50 6:59.73 7:39.66	8:19.49 8:59.02 9:38.44 10:17.41			
	(38.76)	(38.87) (40.23) (39.93)	(39.83) (39.53) (39.42) (38.97)			
	10:56.52	11:34.59 12:11.04 12:44.62				
	(39.11)	(38.07) (36.45) (33.58)				
34.35Y	F # 14	200 Medley Relay Lead Off	LY-VA	---	---	0.95
2:19.21Y	F # 16A	Male 13-14 200 Free	LY-VA	14	---	3.17
	31.08	1:06.15 1:43.55 2:19.21				
	(31.08)	(35.07) (37.40) (35.66)				
1:21.14Y	F # 20A	Male 13-14 100 Breast	LY-VA	7	---	2.48
	38.47	1:21.14				
	(38.47)	(42.67)				
2:49.78Y	F # 24A	Male 13-14 200 Fly	LY-VA	3	---	3.65
	36.99	1:21.34 2:05.64 2:49.78				
	(36.99)	(44.35) (44.30) (44.14)				
5:22.08Y	F # 28A	Male 13-14 400 IM	LY-VA	4	---	-2.91
	35.38	1:17.89 1:58.68 2:39.59	3:24.01 4:11.33 4:47.75 5:22.08			
	(35.38)	(42.51) (40.79) (40.91)	(44.42) (47.32) (36.42) (34.33)			
29.64Y	F # 66	200 Free Relay Lead Off	LY-VA	---	---	1.26
2:43.61Y	F # 68A	Male 13-14 200 IM	LY-VA	8	---	11.83
	36.61	1:19.43 2:08.31 2:43.61				
	(36.61)	(42.82) (48.88) (35.30)				
1:05.31Y	F # 70A	Male 13-14 100 Free	LY-VA	12	---	1.82
	31.74	1:05.31				
	(31.74)	(33.57)				
1:18.30Y	F # 74A	Male 13-14 100 Fly	LY-VA	11	---	4.87
	36.45	1:18.30				
	(36.45)	(41.85)				
6:07.67Y	F # 80A	Male 13-14 500 Free	LY-VA	3	---	9.79
	33.92	1:12.77 1:50.42 2:28.49	3:06.38 3:43.88 4:21.07 4:58.22			
	(33.92)	(38.85) (37.65) (38.07)	(37.89) (37.50) (37.19) (37.15)			
	5:34.16	6:07.67				
	(35.94)	(33.51)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Olivia Lemmi (8) F						
18.82Y	F # 35	Female 8 & Under 25 Free	LY-VA	6	---	-1.90
31.14Y	F # 43	Female 8 & Under 25 Breast	LY-VA	6	---	-3.34
50.96Y	F # 47A	Female 8 & Under 50 Back	LY-VA	1	---	-2.93
2:03.80Y DQ	F # 59A	Female 8 & Under 100 IM	LY-VA	---	---	---
	56.38	2:03.80				
	(56.38)	(1:07.42)				
21.89Y	F # 87	Female 8 & Under 25 Back	LY-VA	1	---	-1.33
3:39.87Y	F # 91A	Female 8 & Under 200 Free	LY-VA	2	---	17.01
	43.21	1:44.35 2:43.18 3:39.87				
	(43.21)	(1:01.14) (58.83) (56.69)				
25.62Y	F # 93	Female 8 & Under 25 Fly	LY-VA	6	---	-0.81
1:51.45Y	F # 109A	Female 8 & Under 100 Back	LY-VA	2	---	-12.33
	53.02	1:51.45				
	(53.02)	(58.43)				
Haven Manning (16) M						
24.73Y	F # 6B	Male 15 & Over 50 Free	LY-VA	14	---	0.93
NS	F # 16B	Male 15 & Over 200 Free	LY-VA	---	---	---
26.95Y	F # 18B	Male 15 & Over 50 Fly	LY-VA	6	---	-5.89
1:01.52Y	F # 22B	Male 15 & Over 100 Back	LY-VA	12	---	4.01
	30.20	1:01.52				
	(30.20)	(31.32)				
30.78Y	F # 26B	Male 15 & Over 50 Breast	LY-VA	3	---	-7.38

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Lawson McSwain (11) M						
2:48.38Y	F # 2	Male 11-12 200 IM	LY-VA	3	---	6.28
	38.32	1:22.18 2:09.81 2:48.38				
	(38.32)	(43.86) (47.63) (38.57)				
1:10.11Y	F # 38	Male 11-12 100 Free	LY-VA	10	---	3.78
	33.09	1:10.11				
	(33.09)	(37.02)				
38.20Y	F # 54	Male 11-12 50 Fly	LY-VA	8	---	0.76
1:20.19Y	F # 58	Male 11-12 100 IM	LY-VA	5	---	4.13
	38.94	1:20.19				
	(38.94)	(41.25)				
2:46.68Y	F # 62C	Male 11-12 200 Back	LY-VA	5	---	---
	40.23	1:22.43 2:04.59 2:46.68				
	(40.23)	(42.20) (42.16) (42.09)				
2:27.26Y	F # 90	Male 11-12 200 Free	LY-VA	4	---	4.15
	33.78	1:11.74 1:50.06 2:27.26				
	(33.78)	(37.96) (38.32) (37.20)				
1:28.05Y	F # 100	Male 11-12 100 Fly	LY-VA	5	---	5.41
	39.98	1:28.05				
	(39.98)	(48.07)				
31.13Y	F # 104	Male 11-12 50 Free	LY-VA	8	---	0.94
1:18.83Y	F # 108	Male 11-12 100 Back	LY-VA	5	---	1.92
	39.06	1:18.83				
	(39.06)	(39.77)				
Collins Melcher (7) F						
18.67Y	F # 35	Female 8 & Under 25 Free	LY-VA	5	---	-0.76
1:42.22Y	F # 39A	Female 8 & Under 100 Free	LY-VA	1	---	-2.38
	47.01	1:42.22				
	(47.01)	(55.21)				
1:02.66Y	F # 55A	Female 8 & Under 50 Fly	LY-VA	3	---	-0.16
2:10.69Y DQ	F # 59A	Female 8 & Under 100 IM	LY-VA	---	---	---
	---	2:10.69				
	---	(2:10.69)				
52.40Y	F # 81	100 Medley Relay Lead Off	LY-VA	---	---	28.94
22.38Y	F # 87	Female 8 & Under 25 Back	LY-VA	3	---	-1.08
26.13Y DQ	F # 93	Female 8 & Under 25 Fly	LY-VA	---	---	---
1:13.94Y	F # 97A	Female 8 & Under 50 Breast	LY-VA	4	---	---
1:50.62Y	F # 109A	Female 8 & Under 100 Back	LY-VA	1	---	-11.84
	51.23	1:50.62				
	(51.23)	(59.39)				
Braden Meulemans (12) M						
2:19.19Y	F # 38	Male 11-12 100 Free	LY-VA	24	---	-43.22
1:03.30Y	F # 46	Male 11-12 50 Back	LY-VA	15	---	-32.79

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Isaac Meulemans (7) M						
41.09Y	F # 36	Male 8 & Under 25 Free	LY-VA	15	---	1.41
2:47.12Y DQ	F # 40A	Male 8 & Under 100 Free	LY-VA	---	---	---
	1:12.32	2:47.12				
	(1:12.32)	(1:34.80)				
44.44Y DQ	F # 44	Male 8 & Under 25 Breast	LY-VA	---	---	---
1:24.76Y DQ	F # 48A	Male 8 & Under 50 Back	LY-VA	---	---	---
Blythe Miller (17) F						
2:13.45Y	F # 15B	Female 15 & Over 200 Free	LY-VA	17	---	5.14
	30.44	1:04.74 1:39.46 2:13.45				
	(30.44)	(34.30) (34.72) (33.99)				
1:22.66Y	F # 19B	Female 15 & Over 100 Breast	LY-VA	9	---	7.10
	38.72	1:22.66				
	(38.72)	(43.94)				
1:13.39Y	F # 21B	Female 15 & Over 100 Back	LY-VA	17	---	-2.21
	---	1:13.39				
	---	(1:13.39)				
Ren Mobley (9) M						
1:56.77Y	F # 40B	Male 9-10 100 Free	LY-VA	29	---	5.60
	55.79	1:56.77				
	(55.79)	(1:00.98)				
55.13Y	F # 48B	Male 9-10 50 Back	LY-VA	22	---	0.47
2:21.86Y DQ	F # 52B	Male 9-10 100 Breast	LY-VA	---	---	---
	1:07.58	2:21.86				
	(1:07.58)	(1:14.28)				
2:08.45Y	F # 60B	Male 9-10 100 IM	LY-VA	20	---	1.02
	1:02.40	2:08.45				
	(1:02.40)	(1:06.05)				
3:55.04Y	F # 92B	Male 9-10 200 Free	LY-VA	13	---	-20.50
	54.65	1:55.75 --- 3:55.04				
	(54.65)	(1:01.10) --- (3:55.04)				
1:08.90Y	F # 98B	Male 9-10 50 Breast	LY-VA	21	---	2.00
50.35Y	F # 106B	Male 9-10 50 Free	LY-VA	24	---	-0.61
1:55.55Y	F # 110B	Male 9-10 100 Back	LY-VA	16	---	3.57
	56.64	1:55.55				
	(56.64)	(58.91)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Maggie Morgan (10) F					
4:40.47Y	F # 3B	Female 9-10 200 IM	LY-VA	8	---
	1:01.82	2:22.34	---	4:40.47	
	(1:01.82)	(1:20.52)	---	(4:40.47)	
44.04Y	F # 31	200 Free Relay Lead Off	LY-VA	---	6.72
1:41.68Y	F # 39B	Female 9-10 100 Free	LY-VA	17	---
	1:54.17	1:41.68			
	(1:54.17)	(12.49)			
1:01.61Y	F # 47B	Female 9-10 50 Back	LY-VA	17	---
2:25.52Y	F # 51B	Female 9-10 100 Breast	LY-VA	11	---
	---	2:25.52			
	---	(2:25.52)			
2:10.42Y	F # 59B	Female 9-10 100 IM	LY-VA	16	---
	---	2:10.42			
	---	(2:10.42)			
Dabney Morrison (11) F					
2:44.85Y	F # 1	Female 11-12 200 IM	LY-VA	4	---
	35.52	1:18.40	2:08.65	2:44.85	
	(35.52)	(42.88)	(50.25)	(36.20)	
13:33.15Y	F # 9A	Female 11-12 1000 Free	LY-VA	5	---
	34.47	1:13.07	1:52.57	2:32.79	3:13.47
	(34.47)	(38.60)	(39.50)	(40.22)	(40.68)
	5:58.21	6:39.20	7:20.73	8:02.70	8:44.71
	(41.40)	(40.99)	(41.53)	(41.97)	(42.01)
	11:31.98	12:13.37	12:53.16	13:33.15	3:55.29
	(41.53)	(41.39)	(39.79)	(39.99)	(41.82)
					(40.38)
					(41.14)
					10:08.49
					10:50.45
					(41.49)
					(41.96)
2:58.83Y	F # 41C	Female 11-12 200 Fly	LY-VA	2	---
	36.97	1:22.92	2:11.26	2:58.83	
	(36.97)	(45.95)	(48.34)	(47.57)	
37.58Y	F # 45	Female 11-12 50 Back	LY-VA	6	---
1:30.93Y	F # 49	Female 11-12 100 Breast	LY-VA	7	---
	44.78	1:30.93			
	(44.78)	(46.15)			
1:17.70Y	F # 57	Female 11-12 100 IM	LY-VA	4	---
	36.34	1:17.70			
	(36.34)	(41.36)			
2:30.89Y	F # 89	Female 11-12 200 Free	LY-VA	10	---
	33.17	1:11.00	1:51.10	2:30.89	
	(33.17)	(37.83)	(40.10)	(39.79)	
41.92Y	F # 95	Female 11-12 50 Breast	LY-VA	7	---
1:18.09Y	F # 107	Female 11-12 100 Back	LY-VA	5	---
	37.89	1:18.09			
	(37.89)	(40.20)			
3:11.31Y	F # 111C	Female 11-12 200 Breast	LY-VA	2	---
	44.86	1:34.63	2:23.00	3:11.31	
	(44.86)	(49.77)	(48.37)	(48.31)	

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place			Points	Improv
Luke Morrison (16) M										
24.72Y	F # 6B	Male 15 & Over 50 Free				LY-VA		13	---	0.79
10:56.72Y	F # 10C	Male 15 & Over 1000 Free				LY-VA		6	---	-1.85
	29.55	1:02.05	1:35.07	2:08.32	2:41.37	3:14.64	3:47.72	4:20.59		
	(29.55)	(32.50)	(33.02)	(33.25)	(33.05)	(33.27)	(33.08)	(32.87)		
	4:53.47	5:26.59	5:59.71	6:33.22	7:06.23	7:39.35	8:12.09	8:45.00		
	(32.88)	(33.12)	(33.12)	(33.51)	(33.01)	(33.12)	(32.74)	(32.91)		
	9:18.23	9:51.63	10:23.45	10:56.72						
	(33.23)	(33.40)	(31.82)	(33.27)						
1:56.52Y	F # 16B	Male 15 & Over 200 Free				LY-VA		19	---	6.91
	27.73	58.00	1:27.46	1:56.52						
	(27.73)	(30.27)	(29.46)	(29.06)						
26.34Y	F # 18B	Male 15 & Over 50 Fly				LY-VA		3	---	0.42
2:13.22Y	F # 24B	Male 15 & Over 200 Fly				LY-VA		7	---	9.41
	29.81	1:03.70	1:38.00	2:13.22						
	(29.81)	(33.89)	(34.30)	(35.22)						
24.80Y	F # 64	200 Free Relay Lead Off				LY-VA		---	---	0.87
53.16Y	F # 70B	Male 15 & Over 100 Free				LY-VA		8	---	1.91
	25.90	53.16								
	(25.90)	(27.26)								
58.85Y	F # 74B	Male 15 & Over 100 Fly				LY-VA		4	---	3.28
	28.06	58.85								
	(28.06)	(30.79)								
5:14.40Y	F # 80B	Male 15 & Over 500 Free				LY-VA		3	---	16.58
	28.98	1:00.21	1:32.68	2:05.10	2:37.32	3:09.15	3:40.65	4:11.93		
	(28.98)	(31.23)	(32.47)	(32.42)	(32.22)	(31.83)	(31.50)	(31.28)		
	4:42.84	5:14.40								
	(30.91)	(31.56)								

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Mac Morrison (12) M						
2:27.88Y	F # 2	Male 11-12 200 IM	LY-VA	1	---	-1.59
	31.71	1:10.62 1:55.00 2:27.88				
	(31.71)	(38.91) (44.38) (32.88)				
5:41.77Y	F # 8C	Male 11-12 500 Free	LY-VA	1	---	-10.97
	30.71	1:05.27 1:39.73 2:14.67 2:49.77 3:24.21 3:59.26 4:33.59				
	(30.71)	(34.56) (34.46) (34.94) (35.10) (34.44) (35.05) (34.33)				
	5:08.01	5:41.77				
	(34.42)	(33.76)				
1:00.57Y	F # 38	Male 11-12 100 Free	LY-VA	2	---	1.68
	28.79	1:00.57				
	(28.79)	(31.78)				
2:37.78Y	F # 42C	Male 11-12 200 Fly	LY-VA	2	---	5.93
	32.94	1:11.41 1:53.27 2:37.78				
	(32.94)	(38.47) (41.86) (44.51)				
29.14Y	F # 54	Male 11-12 50 Fly	LY-VA	1	---	1.19
2:34.37Y	F # 62C	Male 11-12 200 Back	LY-VA	2	---	-7.91
	36.24	1:16.62 1:56.97 2:34.37				
	(36.24)	(40.38) (40.35) (37.40)				
2:16.19Y	F # 90	Male 11-12 200 Free	LY-VA	2	---	8.33
	30.23	1:04.06 1:39.57 2:16.19				
	(30.23)	(33.83) (35.51) (36.62)				
1:05.07Y	F # 100	Male 11-12 100 Fly	LY-VA	1	---	-0.58
	30.79	1:05.07				
	(30.79)	(34.28)				
27.10Y	F # 104	Male 11-12 50 Free	LY-VA	1	---	0.74
1:11.04Y	F # 108	Male 11-12 100 Back	LY-VA	1	---	0.11
	34.78	1:11.04				
	(34.78)	(36.26)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Aidan Moss (14) M						
26.53Y	F # 6A	Male 13-14 50 Free	LY-VA	4	---	-0.34
29.45Y	F # 14	200 Medley Relay Lead Off	LY-VA	---	---	-2.69
2:07.68Y	F # 16A	Male 13-14 200 Free	LY-VA	8	---	5.32
	29.34	1:01.57 1:35.07 2:07.68				
	(29.34)	(32.23) (33.50) (32.61)				
28.43Y	F # 18A	Male 13-14 50 Fly	LY-VA	5	---	1.90
1:04.11Y	F # 22A	Male 13-14 100 Back	LY-VA	3	---	3.89
	31.29	1:04.11				
	(31.29)	(32.82)				
2:30.01Y	F # 24A	Male 13-14 200 Fly	LY-VA	2	---	13.71
	33.05	1:09.95 1:50.15 2:30.01				
	(33.05)	(36.90) (40.20) (39.86)				
58.96Y	F # 70A	Male 13-14 100 Free	LY-VA	5	---	1.75
	28.01	58.96				
	(28.01)	(30.95)				
2:19.23Y	F # 72A	Male 13-14 200 Back	LY-VA	3	---	10.13
	33.42	1:08.64 1:44.32 2:19.23				
	(33.42)	(35.22) (35.68) (34.91)				
1:06.70Y	F # 74A	Male 13-14 100 Fly	LY-VA	3	---	6.63
	31.03	1:06.70				
	(31.03)	(35.67)				
30.52Y	F # 78A	Male 13-14 50 Back	LY-VA	1	---	-1.62

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
William Moss (11) M						
3:01.72Y	F # 2	Male 11-12 200 IM	LY-VA	9	---	-3.49
	43.16	1:28.20 2:21.43 3:01.72				
	(43.16)	(45.04) (53.23) (40.29)				
7:12.45Y	F # 8C	Male 11-12 500 Free	LY-VA	4	---	-11.49
	37.19	1:21.08 2:06.32 2:50.56 3:34.87 4:19.57 5:03.92 5:47.61				
	(37.19)	(43.89) (45.24) (44.24) (44.31) (44.70) (44.35) (43.69)				
	6:30.42	7:12.45				
	(42.81)	(42.03)				
1:15.43Y	F # 38	Male 11-12 100 Free	LY-VA	13	---	0.89
	35.15	1:15.43				
	(35.15)	(40.28)				
39.00Y	F # 46	Male 11-12 50 Back	LY-VA	7	---	0.46
40.89Y	F # 54	Male 11-12 50 Fly	LY-VA	12	---	-1.16
2:55.78Y	F # 62C	Male 11-12 200 Back	LY-VA	9	---	-19.98
	41.66	1:26.73 2:11.47 2:55.78				
	(41.66)	(45.07) (44.74) (44.31)				
39.22Y	F # 86	200 Medley Relay Lead Off	LY-VA	---	---	0.68
44.07Y	F # 96	Male 11-12 50 Breast	LY-VA	5	---	-2.40
33.61Y	F # 104	Male 11-12 50 Free	LY-VA	11	---	0.68
1:24.27Y	F # 108	Male 11-12 100 Back	LY-VA	8	---	-0.62
	41.44	1:24.27				
	(41.44)	(42.83)				
3:24.89Y	F # 112C	Male 11-12 200 Breast	LY-VA	4	---	-7.12
	46.82	1:40.41 2:33.51 3:24.89				
	(46.82)	(53.59) (53.10) (51.38)				
Sara Mrabet (10) F						
45.02Y	F # 31	200 Free Relay Lead Off	LY-VA	---	---	-0.09
1:34.00Y	F # 39B	Female 9-10 100 Free	LY-VA	12	---	-4.95
	---	1:34.00				
	---	(1:34.00)				
2:14.81Y	F # 51B	Female 9-10 100 Breast	LY-VA	9	---	---
	1:03.80	2:14.81				
	(1:03.80)	(1:11.01)				
1:02.50Y	F # 55B	Female 9-10 50 Fly	LY-VA	8	---	1.03
2:01.92Y	F # 59B	Female 9-10 100 IM	LY-VA	15	---	-0.19
	---	2:01.92				
	---	(2:01.92)				
3:32.22Y	F # 91B	Female 9-10 200 Free	LY-VA	8	---	-24.55
	45.46	---				
	(45.46)	---				

		(3:32.22)				
1:01.76Y	F # 97B	Female 9-10 50 Breast	LY-VA	10	---	-3.50
42.23Y	F # 105B	Female 9-10 50 Free	LY-VA	12	---	-2.88
2:08.06Y	F # 109B	Female 9-10 100 Back	LY-VA	16	---	3.78
	1:03.34	2:08.06				
	(1:03.34)	(1:04.72)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place				Points	Improv	
Broderick Nelson (15) M												
24.56Y	F # 6B	Male 15 & Over 50 Free				LY-VA				12	---	1.06
10:38.37Y	F # 10C	Male 15 & Over 1000 Free				LY-VA				3	---	33.60
	28.26	59.70	1:31.32	2:03.37	2:35.58	3:07.61	3:39.73	4:12.11				
	(28.26)	(31.44)	(31.62)	(32.05)	(32.21)	(32.03)	(32.12)	(32.38)				
	4:44.53	5:17.37	5:49.72	6:21.82	6:54.52	7:26.71	7:59.26	8:30.95				
	(32.42)	(32.84)	(32.35)	(32.10)	(32.70)	(32.19)	(32.55)	(31.69)				
	9:03.38	9:35.56	10:07.16	10:38.37								
	(32.43)	(32.18)	(31.60)	(31.21)								
1:08.02Y	F # 20B	Male 15 & Over 100 Breast				LY-VA				6	---	7.13
	31.81	1:08.02										
	(31.81)	(36.21)										
2:10.83Y	F # 24B	Male 15 & Over 200 Fly				LY-VA				5	---	5.85
	28.71	1:01.91	1:36.38	2:10.83								
	(28.71)	(33.20)	(34.47)	(34.45)								
30.33Y	F # 26B	Male 15 & Over 50 Breast				LY-VA				1	---	2.35
4:26.52Y	F # 28B	Male 15 & Over 400 IM				LY-VA				8	---	18.87
	27.71	59.60	1:34.48	2:09.07	2:46.81	3:24.66	3:56.38	4:26.52				
	(27.71)	(31.89)	(34.88)	(34.59)	(37.74)	(37.85)	(31.72)	(30.14)				
2:08.43Y	F # 68B	Male 15 & Over 200 IM				LY-VA				4	---	10.99
	26.54	59.32	1:36.59	2:08.43								
	(26.54)	(32.78)	(37.27)	(31.84)								
2:05.26Y	F # 72B	Male 15 & Over 200 Back				LY-VA				2	---	7.79
	30.52	1:02.12	1:34.28	2:05.26								
	(30.52)	(31.60)	(32.16)	(30.98)								
57.78Y	F # 74B	Male 15 & Over 100 Fly				LY-VA				3	---	4.21
	26.95	57.78										
	(26.95)	(30.83)										
2:31.85Y	F # 76B	Male 15 & Over 200 Breast				LY-VA				3	---	19.45
	33.14	1:11.36	1:51.44	2:31.85								
	(33.14)	(38.22)	(40.08)	(40.41)								

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Caroline Nelson (13) F						
26.82Y	F # 5A	Female 13-14 50 Free	LY-VA	1	---	0.07
11:40.73Y	F # 9B	Female 13-14 1000 Free	LY-VA	1	---	-134.85
	31.10	1:05.45 1:39.82 2:14.28	2:49.28 3:24.20 3:59.46 4:35.20			
	(31.10)	(34.35) (34.37) (34.46)	(35.00) (34.92) (35.26) (35.74)			
	5:11.32	5:46.35 6:21.73 6:57.07	7:33.07 8:09.11 8:44.99 9:21.49			
	(36.12)	(35.03) (35.38) (35.34)	(36.00) (36.04) (35.88) (36.50)			
	9:58.28	10:33.97 11:08.91 11:40.73				
	(36.79)	(35.69) (34.94) (31.82)				
31.76Y	F # 17A	Female 13-14 50 Fly	LY-VA	6	---	1.18
1:18.27Y	F # 19A	Female 13-14 100 Breast	LY-VA	2	---	5.57
	37.17	1:18.27				
	(37.17)	(41.10)				
35.42Y	F # 25A	Female 13-14 50 Breast	LY-VA	2	---	1.85
5:12.60Y	F # 27A	Female 13-14 400 IM	LY-VA	2	---	9.05
	34.24	1:13.62 1:53.50 2:33.78	3:17.50 4:01.67 4:38.20 5:12.60			
	(34.24)	(39.38) (39.88) (40.28)	(43.72) (44.17) (36.53) (34.40)			
29.00Y	F # 65	200 Free Relay Lead Off	LY-VA	---	---	2.25
2:29.78Y	F # 67A	Female 13-14 200 IM	LY-VA	2	---	8.14
	33.23	1:13.87 1:55.53 2:29.78				
	(33.23)	(40.64) (41.66) (34.25)				
1:02.29Y	F # 69A	Female 13-14 100 Free	LY-VA	3	---	3.76
	30.92	1:02.29				
	(30.92)	(31.37)				
1:14.17Y	F # 73A	Female 13-14 100 Fly	LY-VA	2	---	8.95
	34.71	1:14.17				
	(34.71)	(39.46)				
2:50.89Y	F # 75A	Female 13-14 200 Breast	LY-VA	3	---	13.58
	38.54	1:23.14 2:08.11 2:50.89				
	(38.54)	(44.60) (44.97) (42.78)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Kaitlyn Nordquist (12) F						
29.34Y	F # 33	200 Free Relay Lead Off	LY-VA	---	---	-1.19
1:04.47Y	F # 37	Female 11-12 100 Free	LY-VA	6	---	0.66
	31.29	1:04.47				
	(31.29)	(33.18)				
1:30.64Y	F # 49	Female 11-12 100 Breast	LY-VA	6	---	-2.77
	43.17	1:30.64				
	(43.17)	(47.47)				
32.75Y	F # 53	Female 11-12 50 Fly	LY-VA	3	---	-1.88
1:19.09Y	F # 57	Female 11-12 100 IM	LY-VA	6	---	1.88
	37.12	1:19.09				
	(37.12)	(41.97)				
2:24.84Y	F # 89	Female 11-12 200 Free	LY-VA	5	---	---
	33.99	1:11.84 1:50.63 2:24.84				
	(33.99)	(37.85) (38.79) (34.21)				
1:16.34Y	F # 99	Female 11-12 100 Fly	LY-VA	2	---	---
	35.17	1:16.34				
	(35.17)	(41.17)				
29.95Y	F # 103	Female 11-12 50 Free	LY-VA	6	---	-0.58
1:21.97Y	F # 107	Female 11-12 100 Back	LY-VA	9	---	---
	40.61	1:21.97				
	(40.61)	(41.36)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Selah Parish (12) F						
2:25.01Y	F # 1	Female 11-12 200 IM	LY-VA	1	---	-1.40
	29.58	1:07.00 1:50.08 2:25.01				
	(29.58)	(37.42) (43.08) (34.93)				
5:48.71Y	F # 7C	Female 11-12 500 Free	LY-VA	1	---	-2.49
	30.32	1:05.95 1:41.92 2:17.60 2:54.12 3:29.46 4:04.87 4:39.87				
	(30.32)	(35.63) (35.97) (35.68) (36.52) (35.34) (35.41) (35.00)				
	5:14.80	5:48.71				
	(34.93)	(33.91)				
58.33Y	F # 37	Female 11-12 100 Free	LY-VA	1	---	0.05
	28.22	58.33				
	(28.22)	(30.11)				
2:24.40Y	F # 41C	Female 11-12 200 Fly	LY-VA	1	---	5.00
	31.07	1:09.40 1:48.41 2:24.40				
	(31.07)	(38.33) (39.01) (35.99)				
1:20.57Y	F # 49	Female 11-12 100 Breast	LY-VA	2	---	1.79
	38.74	1:20.57				
	(38.74)	(41.83)				
28.89Y	F # 53	Female 11-12 50 Fly	LY-VA	1	---	0.21
2:12.15Y	F # 89	Female 11-12 200 Free	LY-VA	3	---	-2.38
	29.15	1:03.70 1:38.60 2:12.15				
	(29.15)	(34.55) (34.90) (33.55)				
1:02.39Y	F # 99	Female 11-12 100 Fly	LY-VA	1	---	-0.16
	29.00	1:02.39				
	(29.00)	(33.39)				
26.82Y	F # 103	Female 11-12 50 Free	LY-VA	1	---	0.73
2:43.01Y	F # 111C	Female 11-12 200 Breast	LY-VA	1	---	---
	36.87	1:18.79 2:01.22 2:43.01				
	(36.87)	(41.92) (42.43) (41.79)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards
Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Aidan Parker (16) M						
28.36Y	F # 6B	Male 15 & Over 50 Free	LY-VA	23	---	0.86
32.22Y	F # 12	200 Medley Relay Lead Off	LY-VA	---	---	0.03
2:14.59Y	F # 16B	Male 15 & Over 200 Free	LY-VA	44	---	-1.18
	32.27	1:05.69 1:39.18 2:14.59				
	(32.27)	(33.42) (33.49) (35.41)				
32.84Y	F # 18B	Male 15 & Over 50 Fly	LY-VA	17	---	0.44
1:09.55Y	F # 22B	Male 15 & Over 100 Back	LY-VA	20	---	0.16
	34.49	1:09.55				
	(34.49)	(35.06)				
36.08Y	F # 26B	Male 15 & Over 50 Breast	LY-VA	11	---	-2.88
1:01.99Y	F # 70B	Male 15 & Over 100 Free	LY-VA	22	---	-0.19
	30.26	1:01.99				
	(30.26)	(31.73)				
2:33.65Y	F # 72B	Male 15 & Over 200 Back	LY-VA	7	---	3.16
	37.06	1:17.62 1:57.86 2:33.65				
	(37.06)	(40.56) (40.24) (35.79)				
31.94Y	F # 78B	Male 15 & Over 50 Back	LY-VA	10	---	-0.25
6:07.40Y	F # 80B	Male 15 & Over 500 Free	LY-VA	12	---	4.67
	33.79	1:09.67 1:47.20 2:24.19 3:01.31 3:38.57 4:16.45 4:54.07				
	(33.79)	(35.88) (37.53) (36.99) (37.12) (37.26) (37.88) (37.62)				
	5:30.92	6:07.40				
	(36.85)	(36.48)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Mason Patterson (12) M					
11:07.85Y	F # 10A	Male 11-12 1000 Free	LY-VA	1	---
	28.75	1:01.10 1:34.24 2:07.30	2:41.09 3:14.37 3:48.31	4:22.16	
	(28.75)	(32.35) (33.14) (33.06)	(33.79) (33.28) (33.94)	(33.85)	
	4:56.03	5:30.01 6:04.04 6:38.18	7:12.20 7:46.27 8:20.41	8:54.51	
	(33.87)	(33.98) (34.03) (34.14)	(34.02) (34.07) (34.14)	(34.10)	
	9:28.13	10:02.05 10:35.52 11:07.85			
	(33.62)	(33.92) (33.47) (32.33)			
27.00Y	F # 34	200 Free Relay Lead Off	LY-VA	---	-0.31
58.26Y	F # 38	Male 11-12 100 Free	LY-VA	1	---
	28.13	58.26			
	(28.13)	(30.13)			
2:30.22Y	F # 42C	Male 11-12 200 Fly	LY-VA	1	---
	32.11	1:10.01 1:50.42 2:30.22			
	(32.11)	(37.90) (40.41) (39.80)			
1:15.94Y	F # 50	Male 11-12 100 Breast	LY-VA	1	---
	35.73	1:15.94			
	(35.73)	(40.21)			
2:25.14Y	F # 62C	Male 11-12 200 Back	LY-VA	1	---
	34.37	1:11.44 1:49.10 2:25.14			
	(34.37)	(37.07) (37.66) (36.04)			
2:02.52Y	F # 90	Male 11-12 200 Free	LY-VA	1	---
	27.52	58.48 1:30.77 2:02.52			
	(27.52)	(30.96) (32.29) (31.75)			
1:06.68Y	F # 100	Male 11-12 100 Fly	LY-VA	2	---
	31.09	1:06.68			
	(31.09)	(35.59)			
27.15Y	F # 104	Male 11-12 50 Free	LY-VA	2	---
2:41.89Y	F # 112C	Male 11-12 200 Breast	LY-VA	1	---
	38.56	1:19.47 2:01.59 2:41.89			
	(38.56)	(40.91) (42.12) (40.30)			
Ella Pennington (15) F					
1:04.97Y	F # 69B	Female 15 & Over 100 Free	LY-VA	10	---
	31.24	1:04.97			
	(31.24)	(33.73)			
1:12.82Y	F # 73B	Female 15 & Over 100 Fly	LY-VA	3	---
	33.73	1:12.82			
	(33.73)	(39.09)			
2:59.16Y	F # 75B	Female 15 & Over 200 Breast	LY-VA	2	---
	40.48	1:26.59 2:12.81 2:59.16			
	(40.48)	(46.11) (46.22) (46.35)			
6:14.23Y	F # 79B	Female 15 & Over 500 Free	LY-VA	4	---
	33.91	1:10.63 1:48.41 2:25.88	3:03.41 3:41.63 4:19.94	4:58.23	
	(33.91)	(36.72) (37.78) (37.47)	(37.53) (38.22) (38.31)	(38.29)	
	5:36.79	6:14.23			
	(38.56)	(37.44)			

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Max Pennington (8) M						
24.18Y	F # 88	Male 8 & Under 25 Back	LY-VA	6	---	-0.71
3:39.00Y	F # 92A	Male 8 & Under 200 Free	LY-VA	4	---	---
	51.02	1:44.72 2:43.17 3:39.00				
	(51.02)	(53.70) (58.45) (55.83)				
25.74Y	F # 94	Male 8 & Under 25 Fly	LY-VA	4	---	-2.50
55.86Y	F # 98A	Male 8 & Under 50 Breast	LY-VA	3	---	-2.85
Charlotte Pickeral (11) F						
2:49.47Y	F # 1	Female 11-12 200 IM	LY-VA	5	---	-2.77
	39.16	1:22.61 2:13.47 2:49.47				
	(39.16)	(43.45) (50.86) (36.00)				
12:49.13Y	F # 9A	Female 11-12 1000 Free	LY-VA	1	---	---
	34.80	1:12.61 1:51.63 2:30.29 3:09.27 3:47.83 4:27.06 5:06.55				
	(34.80)	(37.81) (39.02) (38.66) (38.98) (38.56) (39.23) (39.49)				
	5:45.80	6:24.29 7:02.79 7:41.12 8:19.62 8:58.74 9:38.09 10:16.60				
	(39.25)	(38.49) (38.50) (38.33) (38.50) (39.12) (39.35) (38.51)				
	10:56.01	11:35.63 12:13.31 12:49.13				
	(39.41)	(39.62) (37.68) (35.82)				
1:06.00Y	F # 37	Female 11-12 100 Free	LY-VA	7	---	0.67
	32.26	1:06.00				
	(32.26)	(33.74)				
3:10.44Y	F # 41C	Female 11-12 200 Fly	LY-VA	3	---	---
	40.17	1:32.25 2:23.39 3:10.44				
	(40.17)	(52.08) (51.14) (47.05)				
1:20.65Y	F # 57	Female 11-12 100 IM	LY-VA	11	---	2.28
	37.53	1:20.65				
	(37.53)	(43.12)				
2:47.62Y	F # 61C	Female 11-12 200 Back	LY-VA	5	---	-2.89
	41.18	1:24.21 2:06.89 2:47.62				
	(41.18)	(43.03) (42.68) (40.73)				
37.35Y	F # 85	200 Medley Relay Lead Off	LY-VA	---	---	1.75
41.86Y	F # 95	Female 11-12 50 Breast	LY-VA	6	---	0.52
1:21.77Y	F # 99	Female 11-12 100 Fly	LY-VA	6	---	-3.60
	36.41	1:21.77				
	(36.41)	(45.36)				
1:20.31Y	F # 107	Female 11-12 100 Back	LY-VA	8	---	1.90
	39.72	1:20.31				
	(39.72)	(40.59)				
3:11.59Y	F # 111C	Female 11-12 200 Breast	LY-VA	3	---	1.37
	45.11	1:34.03 2:24.82 3:11.59				
	(45.11)	(48.92) (50.79) (46.77)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Owen Porter (15) M						
2:10.95Y	F # 16B	Male 15 & Over 200 Free	LY-VA	41	---	9.03
	29.96	1:02.82 1:36.87 2:10.95				
	(29.96)	(32.86) (34.05) (34.08)				
1:14.91Y	F # 20B	Male 15 & Over 100 Breast	LY-VA	16	---	10.45
	35.15	1:14.91				
	(35.15)	(39.76)				
33.57Y	F # 26B	Male 15 & Over 50 Breast	LY-VA	9	---	3.66
5:21.10Y	F # 28B	Male 15 & Over 400 IM	LY-VA	28	---	25.76
	34.60	1:15.61 1:58.30 2:39.74	3:24.99 4:10.63 4:46.62 5:21.10			
	(34.60)	(41.01) (42.69) (41.44) (45.25) (45.64) (35.99) (34.48)				
2:22.47Y	F # 68B	Male 15 & Over 200 IM	LY-VA	7	---	7.94
	30.22	1:07.66 1:48.55 2:22.47				
	(30.22)	(37.44) (40.89) (33.92)				
59.37Y	F # 70B	Male 15 & Over 100 Free	LY-VA	16	---	3.13
	28.59	59.37				
	(28.59)	(30.78)				
2:43.77Y	F # 76B	Male 15 & Over 200 Breast	LY-VA	5	---	21.25
	36.58	1:19.43 2:02.19 2:43.77				
	(36.58)	(42.85) (42.76) (41.58)				
6:05.46Y	F # 80B	Male 15 & Over 500 Free	LY-VA	11	---	25.06
	32.32	1:07.55 1:43.84 2:20.91	2:58.83 3:36.47 4:14.56 4:52.90			
	(32.32)	(35.23) (36.29) (37.07) (37.92) (37.64) (38.09) (38.34)				
	5:30.63	6:05.46				
	(37.73)	(34.83)				
Ava Rainsford (8) F						
18.63Y	F # 35	Female 8 & Under 25 Free	LY-VA	4	---	-1.42
32.99Y	F # 43	Female 8 & Under 25 Breast	LY-VA	8	---	2.45
59.05Y	F # 47A	Female 8 & Under 50 Back	LY-VA	2	---	-7.41
2:09.37Y	F # 59A	Female 8 & Under 100 IM	LY-VA	4	---	---
	1:01.43	2:09.37				
	(1:01.43)	(1:07.94)				
24.93Y	F # 87	Female 8 & Under 25 Back	LY-VA	6	---	-1.17
25.07Y	F # 93	Female 8 & Under 25 Fly	LY-VA	5	---	---
1:20.72Y	F # 97A	Female 8 & Under 50 Breast	LY-VA	5	---	0.71
46.75Y	F # 105A	Female 8 & Under 50 Free	LY-VA	7	---	-2.44

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Hudson Rice (17) M						
22.49Y	F # 6B	Male 15 & Over 50 Free	LY-VA	3	---	0.67
25.42Y	F # 12	200 Medley Relay Lead Off	LY-VA	---	---	0.44
1:50.36Y	F # 16B	Male 15 & Over 200 Free	LY-VA	8	---	5.76
	25.85	54.70 1:23.13 1:50.36				
	(25.85)	(28.85) (28.43) (27.23)				
1:03.97Y	F # 20B	Male 15 & Over 100 Breast	LY-VA	3	---	-0.92
	30.76	1:03.97				
	(30.76)	(33.21)				
56.46Y	F # 22B	Male 15 & Over 100 Back	LY-VA	2	---	1.77
	28.21	56.46				
	(28.21)	(28.25)				
4:12.82Y	F # 28B	Male 15 & Over 400 IM	LY-VA	3	---	14.09
	27.07	58.16 1:32.51 2:06.19	2:40.50 3:16.73 3:46.05 4:12.82			
	(27.07)	(31.09) (34.35) (33.68)	(34.31) (36.23) (29.32) (26.77)			
2:02.20Y	F # 68B	Male 15 & Over 200 IM	LY-VA	2	---	9.24
	26.31	57.76 1:33.08 2:02.20				
	(26.31)	(31.45) (35.32) (29.12)				
51.63Y	F # 70B	Male 15 & Over 100 Free	LY-VA	4	---	3.66
	24.85	51.63				
	(24.85)	(26.78)				
56.12Y	F # 74B	Male 15 & Over 100 Fly	LY-VA	2	---	5.71
	26.25	56.12				
	(26.25)	(29.87)				
4:49.75Y	F # 80B	Male 15 & Over 500 Free	LY-VA	1	---	10.74
	26.89	56.04 1:25.87 1:55.64	2:24.93 2:53.84 3:23.00 3:52.53			
	(26.89)	(29.15) (29.83) (29.77)	(29.29) (28.91) (29.16) (29.53)			
	4:21.51	4:49.75				
	(28.98)	(28.24)				

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards
Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Mitchell Rogers (15) M						
24.13Y	F # 6B	Male 15 & Over 50 Free	LY-VA	8	---	0.08
10:47.54Y	F # 10C	Male 15 & Over 1000 Free	LY-VA	4	---	29.63
	29.01	1:00.87 1:33.46 2:06.24	2:39.26 3:12.17 3:45.07	4:17.95		
	(29.01)	(31.86) (32.59) (32.78)	(33.02) (32.91) (32.90)	(32.88)		
	4:50.79	5:23.62 5:56.17 6:28.37	7:00.99 7:33.56 8:05.93	8:38.23		
	(32.84)	(32.83) (32.55) (32.20)	(32.62) (32.57) (32.37)	(32.30)		
	9:10.12	9:42.46 10:15.13 10:47.54				
	(31.89)	(32.34) (32.67) (32.41)				
2:01.20Y	F # 16B	Male 15 & Over 200 Free	LY-VA	31	---	4.18
	27.59	58.09 1:29.69 2:01.20				
	(27.59)	(30.50) (31.60) (31.51)				
1:10.19Y	F # 20B	Male 15 & Over 100 Breast	LY-VA	11	---	4.45
	32.75	1:10.19				
	(32.75)	(37.44)				
2:08.70Y	F # 24B	Male 15 & Over 200 Fly	LY-VA	3	---	7.10
	28.19	1:00.83 1:34.21 2:08.70				
	(28.19)	(32.64) (33.38) (34.49)				
4:36.19Y	F # 28B	Male 15 & Over 400 IM	LY-VA	15	---	14.43
	28.13	1:01.13 1:38.65 2:15.56	2:54.82 3:34.84 4:06.42	4:36.19		
	(28.13)	(33.00) (37.52) (36.91)	(39.26) (40.02) (31.58)	(29.77)		
2:11.60Y	F # 68B	Male 15 & Over 200 IM	LY-VA	5	---	4.60
	27.42	1:02.00 1:40.93 2:11.60				
	(27.42)	(34.58) (38.93) (30.67)				
53.90Y	F # 70B	Male 15 & Over 100 Free	LY-VA	9	---	2.54
	26.33	53.90				
	(26.33)	(27.57)				
59.06Y	F # 74B	Male 15 & Over 100 Fly	LY-VA	5	---	3.80
	27.47	59.06				
	(27.47)	(31.59)				
5:18.46Y	F # 80B	Male 15 & Over 500 Free	LY-VA	4	---	19.01
	28.27	59.85 1:31.95 2:04.35	2:36.51 3:08.62 3:40.66	4:13.14		
	(28.27)	(31.58) (32.10) (32.40)	(32.16) (32.11) (32.04)	(32.48)		
	4:45.94	5:18.46				
	(32.80)	(32.52)				
Elijah Roh (8) M						
25.81Y	F # 36	Male 8 & Under 25 Free	LY-VA	10	---	-4.29
2:08.05Y	F # 40A	Male 8 & Under 100 Free	LY-VA	5	---	-19.63
	1:00.42	2:08.05				
	(1:00.42)	(1:07.63)				
35.25Y DQ	F # 44	Male 8 & Under 25 Breast	LY-VA	---	---	---
1:07.04Y	F # 48A	Male 8 & Under 50 Back	LY-VA	9	---	-2.47
26.45Y	F # 88	Male 8 & Under 25 Back	LY-VA	8	---	-2.79
36.07Y DQ	F # 94	Male 8 & Under 25 Fly	LY-VA	---	---	---
1:10.34Y DQ	F # 98A	Male 8 & Under 50 Breast	LY-VA	---	---	---
1:02.91Y	F # 106A	Male 8 & Under 50 Free	LY-VA	8	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards
Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Jayden Roh (12) M					
3:39.12Y DQ	F # 2	Male 11-12 200 IM	LY-VA	---	---
	50.82	1:52.57 --- 3:39.12			
	(50.82)	(1:01.75) --- (3:39.12)			
1:28.68Y	F # 38	Male 11-12 100 Free	LY-VA	21	---
	---	1:28.68			-10.56
	---	(1:28.68)			
1:39.59Y	F # 50	Male 11-12 100 Breast	LY-VA	8	---
	47.50	1:39.59			-18.88
	(47.50)	(52.09)			
53.79Y	F # 54	Male 11-12 50 Fly	LY-VA	17	---
1:52.25Y	F # 58	Male 11-12 100 IM	LY-VA	21	---
	---	1:52.25			-12.61
	---	(1:52.25)			-9.79
3:35.78Y	F # 90	Male 11-12 200 Free	LY-VA	10	---
	44.37	1:42.19 --- 3:35.78			
	(44.37)	(57.82) --- (3:35.78)			
47.10Y	F # 96	Male 11-12 50 Breast	LY-VA	8	---
45.17Y	F # 104	Male 11-12 50 Free	LY-VA	17	---
1:59.36Y	F # 108	Male 11-12 100 Back	LY-VA	12	---
	58.33	1:59.36			-7.76
	(58.33)	(1:01.03)			
Hadley Saechao (9) F					
3:18.26Y	F # 3B	Female 9-10 200 IM	LY-VA	4	---
	45.47	1:37.90 2:34.68 3:18.26			-16.19
	(45.47)	(52.43) (56.78) (43.58)			
8:26.32Y	F # 7B	Female 9-10 500 Free	LY-VA	4	---
	47.65	--- 2:34.54 3:28.09	---	---	-3.10
	(47.65)	--- (2:34.54) (53.55)	---	---	
	7:42.44	8:26.32			
	(50.06)	(43.88)			
1:23.88Y	F # 39B	Female 9-10 100 Free	LY-VA	3	---
	39.47	1:23.88			-5.91
	(39.47)	(44.41)			
44.31Y	F # 47B	Female 9-10 50 Back	LY-VA	5	---
1:34.47Y	F # 59B	Female 9-10 100 IM	LY-VA	3	---
	46.09	1:34.47			-2.35
	(46.09)	(48.38)			-9.80
3:33.52Y	F # 61B	Female 9-10 200 Back	LY-VA	3	---
	51.20	1:45.70 2:41.69 3:33.52			
	(51.20)	(54.50) (55.99) (51.83)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: lamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Landon Saechao (12) M						
2:49.76Y	F # 2	Male 11-12 200 IM	LY-VA	4	---	-6.21
	37.88	1:19.10 2:13.38 2:49.76				
	(37.88)	(41.22) (54.28) (36.38)				
30.32Y	F # 34	200 Free Relay Lead Off	LY-VA	---	---	-0.34
33.60Y	F # 46	Male 11-12 50 Back	LY-VA	2	---	-0.79
36.69Y	F # 54	Male 11-12 50 Fly	LY-VA	7	---	-5.23
1:19.51Y	F # 58	Male 11-12 100 IM	LY-VA	4	---	-5.84
	38.49	1:19.51				
	(38.49)	(41.02)				
2:43.19Y	F # 62C	Male 11-12 200 Back	LY-VA	4	---	-8.24
	39.00	1:22.87 2:04.93 2:43.19				
	(39.00)	(43.87) (42.06) (38.26)				
Ava Schuckert (8) F						
31.13Y	F # 35	Female 8 & Under 25 Free	LY-VA	12	---	-4.68
32.46Y	F # 43	Female 8 & Under 25 Breast	LY-VA	7	---	---
1:09.68Y	F # 47A	Female 8 & Under 50 Back	LY-VA	3	---	-1.39
Ava Shopbell (16) F						
27.66Y	F # 5B	Female 15 & Over 50 Free	LY-VA	7	---	1.30
NS	F # 17B	Female 15 & Over 50 Fly	LY-VA	---	---	---
NS	F # 21B	Female 15 & Over 100 Back	LY-VA	---	---	---
NS	F # 23B	Female 15 & Over 200 Fly	LY-VA	---	---	---
NS	F # 67B	Female 15 & Over 200 IM	LY-VA	---	---	---
NS	F # 69B	Female 15 & Over 100 Free	LY-VA	---	---	---
NS	F # 73B	Female 15 & Over 100 Fly	LY-VA	---	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Addy Smith (14) F						
28.83Y	F # 5A	Female 13-14 50 Free	LY-VA	2	---	0.36
12:31.11Y	F # 9B	Female 13-14 1000 Free	LY-VA	2	---	---
	34.24	1:11.41 1:48.91 2:26.66	3:04.14 3:41.64 4:19.97	4:58.22		
	(34.24)	(37.17) (37.50) (37.75)	(37.48) (37.50) (38.33)	(38.25)		
	5:37.34	6:15.44 6:53.62 7:32.05	8:09.87 8:47.80 9:25.92	10:04.25		
	(39.12)	(38.10) (38.18) (38.43)	(37.82) (37.93) (38.12)	(38.33)		
	10:42.25	11:20.12 11:57.01 12:31.11				
	(38.00)	(37.87) (36.89) (34.10)				
31.78Y	F # 13	200 Medley Relay Lead Off	LY-VA	---	---	0.84
2:15.25Y	F # 15A	Female 13-14 200 Free	LY-VA	3	---	1.38
	32.62	1:06.75 1:41.11 2:15.25				
	(32.62)	(34.13) (34.36) (34.14)				
31.30Y	F # 17A	Female 13-14 50 Fly	LY-VA	5	---	-0.31
1:08.45Y	F # 21A	Female 13-14 100 Back	LY-VA	3	---	1.11
	33.49	1:08.45				
	(33.49)	(34.96)				
5:32.14Y	F # 27A	Female 13-14 400 IM	LY-VA	3	---	-4.91
	34.57	1:13.90 1:55.66 2:37.91	3:29.15 4:20.45 4:56.80	5:32.14		
	(34.57)	(39.33) (41.76) (42.25)	(51.24) (51.30) (36.35)	(35.34)		
1:02.25Y	F # 69A	Female 13-14 100 Free	LY-VA	2	---	1.68
	30.10	1:02.25				
	(30.10)	(32.15)				
2:27.63Y	F # 71A	Female 13-14 200 Back	LY-VA	2	---	5.18
	36.07	1:13.60 1:51.29 2:27.63				
	(36.07)	(37.53) (37.69) (36.34)				
32.48Y	F # 77A	Female 13-14 50 Back	LY-VA	2	---	1.54
6:05.03Y	F # 79A	Female 13-14 500 Free	LY-VA	1	---	9.53
	34.09	1:11.38 1:48.74 2:25.69	3:02.09 3:39.61 4:17.09	4:54.26		
	(34.09)	(37.29) (37.36) (36.95)	(36.40) (37.52) (37.48)	(37.17)		
	5:30.49	6:05.03				
	(36.23)	(34.54)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Elaine Smith (10) F						
3:37.83Y	F # 3B	Female 9-10 200 IM	LY-VA	6	---	2.41
	50.56	1:48.34 2:47.52 3:37.83				
	(50.56)	(57.78) (59.18) (50.31)				
8:48.75Y	F # 7B	Female 9-10 500 Free	LY-VA	6	---	1.50
	43.25	1:35.00 2:31.12 3:27.10 4:22.51 5:16.57 6:13.60 7:07.54				
	(43.25)	(51.75) (56.12) (55.98) (55.41) (54.06) (57.03) (53.94)				
	8:01.92	8:48.75				
	(54.38)	(46.83)				
1:26.08Y	F # 39B	Female 9-10 100 Free	LY-VA	6	---	-2.39
	40.76	1:26.08				
	(40.76)	(45.32)				
52.44Y DQ	F # 47B	Female 9-10 50 Back	LY-VA	---	---	---
1:47.09Y	F # 51B	Female 9-10 100 Breast	LY-VA	2	---	6.12
	50.73	1:47.09				
	(50.73)	(56.36)				
1:42.95Y	F # 59B	Female 9-10 100 IM	LY-VA	5	---	-4.00
	50.74	1:42.95				
	(50.74)	(52.21)				
Avery Snyder (17) M						
24.24Y	F # 6B	Male 15 & Over 50 Free	LY-VA	10	---	1.00
Seth Snyder (10) M						
6:24.01Y	F # 8B	Male 9-10 500 Free	LY-VA	2	---	-15.88
	35.18	1:13.31 1:53.43 2:33.65 3:12.64 3:52.37 4:31.56 5:09.85				
	(35.18)	(38.13) (40.12) (40.22) (38.99) (39.73) (39.19) (38.29)				
	5:47.87	6:24.01				
	(38.02)	(36.14)				
32.74Y	F # 32	200 Free Relay Lead Off	LY-VA	---	---	0.63
1:11.38Y	F # 40B	Male 9-10 100 Free	LY-VA	6	---	0.17
	34.31	1:11.38				
	(34.31)	(37.07)				
3:03.43Y	F # 42B	Male 9-10 200 Fly	LY-VA	3	---	---
	41.89	1:30.53 2:21.37 3:03.43				
	(41.89)	(48.64) (50.84) (42.06)				
36.21Y	F # 48B	Male 9-10 50 Back	LY-VA	2	---	-0.15
2:43.76Y	F # 62B	Male 9-10 200 Back	LY-VA	1	---	-10.69
	41.45	1:23.35 2:04.01 2:43.76				
	(41.45)	(41.90) (40.66) (39.75)				
45.28Y	F # 98B	Male 9-10 50 Breast	LY-VA	7	---	-2.68
1:15.16Y	F # 102B	Male 9-10 100 Fly	LY-VA	1	---	-7.49
	36.79	1:15.16				
	(36.79)	(38.37)				
32.59Y	F # 106B	Male 9-10 50 Free	LY-VA	5	---	0.48
1:19.29Y	F # 110B	Male 9-10 100 Back	LY-VA	3	---	-1.27
	38.88	1:19.29				
	(38.88)	(40.41)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Audrey Spivey (9) F					
4:08.01Y DQ	F # 3B	Female 9-10 200 IM	LY-VA	---	---
	---	2:03.17 --- 4:08.01			
	---	(2:03.17) --- (4:08.01)			
9:55.83Y	F # 7B	Female 9-10 500 Free	LY-VA	10	---
	47.43	1:45.62 2:44.42 3:45.35 4:45.47 5:47.10 6:50.53	---		17.95
	(47.43)	(58.19) (58.80) (1:00.93) (1:00.12) (1:01.63) (1:03.43)	---		
	---	9:55.83			
	---	(9:55.83)			
NS	F # 39B	Female 9-10 100 Free	LY-VA	---	---
NS	F # 51B	Female 9-10 100 Breast	LY-VA	---	---
NS	F # 55B	Female 9-10 50 Fly	LY-VA	---	---
NS	F # 59B	Female 9-10 100 IM	LY-VA	---	---
Jude Spivey (10) M					
3:15.64Y	F # 4B	Male 9-10 200 IM	LY-VA	4	---
	46.28	1:36.84 2:36.17 3:15.64			0.25
	(46.28)	(50.56) (59.33) (39.47)			
7:25.91Y	F # 8B	Male 9-10 500 Free	LY-VA	6	---
	37.73	1:20.25 2:05.37 2:50.96 3:38.03 4:23.00 5:09.94 5:56.60			11.11
	(37.73)	(42.52) (45.12) (45.59) (47.07) (44.97) (46.94) (46.66)			
	---	7:25.91			
	---	(7:25.91)			
1:13.74Y	F # 40B	Male 9-10 100 Free	LY-VA	10	---
	35.59	1:13.74			-4.09
	(35.59)	(38.15)			
1:41.63Y	F # 52B	Male 9-10 100 Breast	LY-VA	10	---
	48.70	1:41.63			0.64
	(48.70)	(52.93)			
42.00Y	F # 56B	Male 9-10 50 Fly	LY-VA	8	---
1:29.75Y	F # 60B	Male 9-10 100 IM	LY-VA	9	---
	45.12	1:29.75			-1.04
	(45.12)	(44.63)			-4.44

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Emerson Stauder (9) F						
3:14.41Y	F # 3B	Female 9-10 200 IM	LY-VA	3	---	-8.35
	50.59	1:39.17 2:33.54 3:14.41				
	(50.59)	(48.58) (54.37) (40.87)				
7:13.86Y	F # 7B	Female 9-10 500 Free	LY-VA	2	---	-2.59
	37.38	1:20.98 2:06.78 2:51.85 3:36.81 4:20.90 5:04.92 5:48.60				
	(37.38)	(43.60) (45.80) (45.07) (44.96) (44.09) (44.02) (43.68)				
	6:33.03	7:13.86				
	(44.43)	(40.83)				
1:13.98Y	F # 39B	Female 9-10 100 Free	LY-VA	2	---	-2.13
	35.29	1:13.98				
	(35.29)	(38.69)				
48.34Y DQ	F # 55B	Female 9-10 50 Fly	LY-VA	---	---	---
1:30.84Y	F # 59B	Female 9-10 100 IM	LY-VA	2	---	1.96
	42.78	1:30.84				
	(42.78)	(48.06)				
3:10.97Y	F # 61B	Female 9-10 200 Back	LY-VA	2	---	---
	45.09	1:33.75 2:22.67 3:10.97				
	(45.09)	(48.66) (48.92) (48.30)				
NS	F # 91B	Female 9-10 200 Free	LY-VA	---	---	---
NS	F # 97B	Female 9-10 50 Breast	LY-VA	---	---	---
NS	F # 105B	Female 9-10 50 Free	LY-VA	---	---	---
NS	F # 111B	Female 9-10 200 Breast	LY-VA	---	---	---
Kolbie Stauder (6) F						
30.34Y	F # 35	Female 8 & Under 25 Free	LY-VA	11	---	---
37.01Y	F # 43	Female 8 & Under 25 Breast	LY-VA	9	---	---
1:26.37Y	F # 47A	Female 8 & Under 50 Back	LY-VA	6	---	---
35.96Y	F # 87	Female 8 & Under 25 Back	LY-VA	12	---	---
39.42Y DQ	F # 93	Female 8 & Under 25 Fly	LY-VA	---	---	---
1:17.78Y	F # 105A	Female 8 & Under 50 Free	LY-VA	12	---	---
Aidan Stawasz (11) M						
3:01.19Y	F # 42C	Male 11-12 200 Fly	LY-VA	6	---	---
	35.78	1:21.85 2:11.73 3:01.19				
	(35.78)	(46.07) (49.88) (49.46)				
37.17Y	F # 46	Male 11-12 50 Back	LY-VA	6	---	0.23
1:20.80Y	F # 58	Male 11-12 100 IM	LY-VA	6	---	-0.26
	36.77	1:20.80				
	(36.77)	(44.03)				
2:51.99Y	F # 62C	Male 11-12 200 Back	LY-VA	7	---	---
	40.67	1:25.70 2:09.85 2:51.99				
	(40.67)	(45.03) (44.15) (42.14)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Colby Stewart (10) M						
2:01.53Y	F # 40B	Male 9-10 100 Free	LY-VA	30	---	19.92
	55.10	2:01.53				
	(55.10)	(1:06.43)				
51.11Y	F # 48B	Male 9-10 50 Back	LY-VA	19	---	1.95
1:02.93Y	F # 56B	Male 9-10 50 Fly	LY-VA	23	---	-2.67
2:20.62Y	F # 60B	Male 9-10 100 IM	LY-VA	21	---	---
	1:00.83	2:20.62				
	(1:00.83)	(1:19.79)				
Bailie Stickle (14) F						
31.76Y	F # 5A	Female 13-14 50 Free	LY-VA	8	---	-0.24
2:46.11Y	F # 15A	Female 13-14 200 Free	LY-VA	12	---	-8.52
	37.96	1:19.96 2:03.40 2:46.11				
	(37.96)	(42.00) (43.44) (42.71)				
1:27.60Y	F # 19A	Female 13-14 100 Breast	LY-VA	6	---	0.28
	41.68	1:27.60				
	(41.68)	(45.92)				
1:32.50Y	F # 21A	Female 13-14 100 Back	LY-VA	17	---	-0.90
	45.13	1:32.50				
	(45.13)	(47.37)				
39.88Y	F # 25A	Female 13-14 50 Breast	LY-VA	6	---	1.40
3:15.49Y	F # 67A	Female 13-14 200 IM	LY-VA	7	---	12.85
	42.21	1:36.34 2:29.74 3:15.49				
	(42.21)	(54.13) (53.40) (45.75)				
1:17.07Y	F # 69A	Female 13-14 100 Free	LY-VA	12	---	5.36
	37.18	1:17.07				
	(37.18)	(39.89)				
1:38.48Y	F # 73A	Female 13-14 100 Fly	LY-VA	8	---	---
	43.48	1:38.48				
	(43.48)	(55.00)				
3:26.77Y	F # 75A	Female 13-14 200 Breast	LY-VA	5	---	13.21
	46.55	1:39.33 2:34.36 3:26.77				
	(46.55)	(52.78) (55.03) (52.41)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Jaxon Stickle (11) M						
2:54.95Y	F # 2	Male 11-12 200 IM	LY-VA	6	---	-18.41
	39.70	1:21.84 2:15.35 2:54.95				
	(39.70)	(42.14) (53.51) (39.60)				
6:47.92Y	F # 8C	Male 11-12 500 Free	LY-VA	3	---	---
	34.83	1:15.10 1:56.40 2:38.01 3:20.70 4:02.88 4:45.68 5:27.43				
	(34.83)	(40.27) (41.30) (41.61) (42.69) (42.18) (42.80) (41.75)				
	6:09.55	6:47.92				
	(42.12)	(38.37)				
31.42Y	F # 34	200 Free Relay Lead Off	LY-VA	---	---	-0.62
1:09.24Y	F # 38	Male 11-12 100 Free	LY-VA	9	---	-1.65
	32.59	1:09.24				
	(32.59)	(36.65)				
36.61Y	F # 46	Male 11-12 50 Back	LY-VA	5	---	-1.95
1:30.46Y	F # 50	Male 11-12 100 Breast	LY-VA	5	---	-1.23
	42.46	1:30.46				
	(42.46)	(48.00)				
40.23Y	F # 54	Male 11-12 50 Fly	LY-VA	10	---	-1.66
36.33Y	F # 86	200 Medley Relay Lead Off	LY-VA	---	---	-2.23
2:33.19Y	F # 90	Male 11-12 200 Free	LY-VA	6	---	---
	33.53	1:12.65 1:52.61 2:33.19				
	(33.53)	(39.12) (39.96) (40.58)				
1:35.52Y	F # 100	Male 11-12 100 Fly	LY-VA	7	---	---
	42.24	1:35.52				
	(42.24)	(53.28)				
31.60Y	F # 104	Male 11-12 50 Free	LY-VA	10	---	-0.44
1:22.86Y	F # 108	Male 11-12 100 Back	LY-VA	7	---	---
	39.88	1:22.86				
	(39.88)	(42.98)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place			Points	Improv
Tyler Stickle (16) M										
24.42Y	F # 6B	Male 15 & Over 50 Free				LY-VA		11	---	1.32
12:25.11Y	F # 10C	Male 15 & Over 1000 Free				LY-VA		13	---	---
	30.47	1:05.38	1:40.86	2:17.64	2:54.47	3:31.98	4:09.59	4:47.37		
	(30.47)	(34.91)	(35.48)	(36.78)	(36.83)	(37.51)	(37.61)	(37.78)		
	5:25.45	6:03.78	6:41.85	7:19.70	7:58.30	8:37.10	9:16.59	9:55.26		
	(38.08)	(38.33)	(38.07)	(37.85)	(38.60)	(38.80)	(39.49)	(38.67)		
	10:33.97	11:12.76	11:49.68	12:25.11						
	(38.71)	(38.79)	(36.92)	(35.43)						
2:04.39Y	F # 16B	Male 15 & Over 200 Free				LY-VA		34	---	-8.71
	26.95	58.41	1:31.49	2:04.39						
	(26.95)	(31.46)	(33.08)	(32.90)						
26.41Y	F # 18B	Male 15 & Over 50 Fly				LY-VA		4	---	0.75
1:00.50Y	F # 22B	Male 15 & Over 100 Back				LY-VA		11	---	2.26
	29.16	1:00.50								
	(29.16)	(31.34)								
5:20.11Y	F # 28B	Male 15 & Over 400 IM				LY-VA		27	---	---
	30.26	1:10.16	1:51.19	2:31.71	3:19.17	4:06.23	4:43.16	5:20.11		
	(30.26)	(39.90)	(41.03)	(40.52)	(47.46)	(47.06)	(36.93)	(36.95)		
54.63Y	F # 70B	Male 15 & Over 100 Free				LY-VA		12	---	2.23
	26.01	54.63								
	(26.01)	(28.62)								
2:26.03Y	F # 72B	Male 15 & Over 200 Back				LY-VA		6	---	15.34
	33.04	1:10.10	1:48.57	2:26.03						
	(33.04)	(37.06)	(38.47)	(37.46)						
1:06.24Y	F # 74B	Male 15 & Over 100 Fly				LY-VA		10	---	---
	29.53	1:06.24								
	(29.53)	(36.71)								
27.36Y	F # 78B	Male 15 & Over 50 Back				LY-VA		3	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Keaton Tanner (9) M						
3:26.66Y	F # 4B	Male 9-10 200 IM	LY-VA	6	---	-6.71
	51.03	1:42.85 2:45.95 3:26.66				
	(51.03)	(51.82) (1:03.10) (40.71)				
7:46.91Y	F # 8B	Male 9-10 500 Free	LY-VA	7	---	-58.49
	41.08	1:28.77 2:15.93 3:04.44 3:52.19 4:40.87 5:28.75 6:16.05				
	(41.08)	(47.69) (47.16) (48.51) (47.75) (48.68) (47.88) (47.30)				
	7:03.74	7:46.91				
	(47.69)	(43.17)				
1:21.86Y	F # 40B	Male 9-10 100 Free	LY-VA	17	---	3.58
	40.01	1:21.86				
	(40.01)	(41.85)				
44.10Y	F # 48B	Male 9-10 50 Back	LY-VA	10	---	0.81
49.49Y	F # 56B	Male 9-10 50 Fly	LY-VA	15	---	1.14
3:21.08Y	F # 62B	Male 9-10 200 Back	LY-VA	4	---	---
	47.97	1:38.03 2:31.45 3:21.08				
	(47.97)	(50.06) (53.42) (49.63)				
2:49.68Y	F # 92B	Male 9-10 200 Free	LY-VA	7	---	-0.69
	38.02	1:22.03 2:06.64 2:49.68				
	(38.02)	(44.01) (44.61) (43.04)				
51.92Y	F # 98B	Male 9-10 50 Breast	LY-VA	14	---	-2.81
36.76Y	F # 106B	Male 9-10 50 Free	LY-VA	14	---	2.42
1:35.43Y	F # 110B	Male 9-10 100 Back	LY-VA	11	---	3.57
	47.79	1:35.43				
	(47.79)	(47.64)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
Alaina Thomas (11) F					
4:09.08Y	F # 1	Female 11-12 200 IM	LY-VA	12	---
	58.04	1:58.54 --- 4:09.08			
	(58.04)	(1:00.50) --- (4:09.08)			
9:36.19Y	F # 7C	Female 11-12 500 Free	LY-VA	8	---
	45.36	1:43.44 2:41.72 3:43.46 4:44.14 5:45.53 6:46.72 7:46.10			18.11
	(45.36)	(58.08) (58.28) (1:01.74) (1:00.68) (1:01.39) (1:01.19) (59.38)			
	8:42.97	9:36.19			
	(56.87)	(53.22)			
1:36.36Y	F # 37	Female 11-12 100 Free	LY-VA	29	---
	---	1:36.36			2.03
	---	(1:36.36)			
49.39Y	F # 45	Female 11-12 50 Back	LY-VA	22	---
58.88Y DQ	F # 53	Female 11-12 50 Fly	LY-VA	---	---
3:45.75Y	F # 61C	Female 11-12 200 Back	LY-VA	11	---
	53.04	--- --- 3:45.75			
	(53.04)	--- --- (3:45.75)			
3:23.14Y	F # 89	Female 11-12 200 Free	LY-VA	17	---
	43.15	1:35.26 --- 3:23.14			-15.89
	(43.15)	(52.11) --- (3:23.14)			
1:04.27Y	F # 95	Female 11-12 50 Breast	LY-VA	17	---
44.02Y	F # 103	Female 11-12 50 Free	LY-VA	20	---
1:49.26Y	F # 107	Female 11-12 100 Back	LY-VA	23	---
	---	1:49.26			2.85
	---	(1:49.26)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv			
Brandon Thomas (14) M								
27.78Y	F # 6A	Male 13-14 50 Free	LY-VA	7	---	-0.14		
12:14.66Y	F # 10B	Male 13-14 1000 Free	LY-VA	4	---	---		
	31.95	1:07.67	1:43.83	2:20.53	2:57.15	3:33.86	4:11.81	4:49.14
	(31.95)	(35.72)	(36.16)	(36.70)	(36.62)	(36.71)	(37.95)	(37.33)
	5:27.07	6:04.22	6:41.67	7:19.77	7:57.36	8:35.83	9:13.64	9:50.74
	(37.93)	(37.15)	(37.45)	(38.10)	(37.59)	(38.47)	(37.81)	(37.10)
	10:28.71	11:04.60	11:40.63	12:14.66				
	(37.97)	(35.89)	(36.03)	(34.03)				
2:12.13Y	F # 16A	Male 13-14 200 Free	LY-VA	9	---	-5.89		
	30.54	1:04.01	1:38.31	2:12.13				
	(30.54)	(33.47)	(34.30)	(33.82)				
34.39Y	F # 18A	Male 13-14 50 Fly	LY-VA	15	---	0.46		
1:12.11Y	F # 22A	Male 13-14 100 Back	LY-VA	14	---	-0.30		
	35.22	1:12.11						
	(35.22)	(36.89)						
5:37.34Y	F # 28A	Male 13-14 400 IM	LY-VA	6	---	-20.87		
	38.49	1:23.54	2:06.24	2:48.56	3:36.59	4:26.77	5:01.85	5:37.34
	(38.49)	(45.05)	(42.70)	(42.32)	(48.03)	(50.18)	(35.08)	(35.49)
1:00.82Y	F # 70A	Male 13-14 100 Free	LY-VA	7	---	0.93		
	29.69	1:00.82						
	(29.69)	(31.13)						
2:43.33Y	F # 72A	Male 13-14 200 Back	LY-VA	7	---	4.27		
	39.66	1:20.81	2:02.97	2:43.33				
	(39.66)	(41.15)	(42.16)	(40.36)				
1:18.98Y	F # 74A	Male 13-14 100 Fly	LY-VA	12	---	-10.41		
	36.44	1:18.98						
	(36.44)	(42.54)						
5:51.26Y	F # 80A	Male 13-14 500 Free	LY-VA	1	---	-6.74		
	31.50	1:06.69	1:42.67	2:18.78	2:54.98	3:31.32	4:07.17	4:42.89
	(31.50)	(35.19)	(35.98)	(36.11)	(36.20)	(36.34)	(35.85)	(35.72)
	5:17.87	5:51.26						
	(34.98)	(33.39)						
Camryn Thomas (6) F								
29.35Y	F # 35	Female 8 & Under 25 Free	LY-VA	10	---	1.31		
2:32.88Y	F # 39A	Female 8 & Under 100 Free	LY-VA	4	---	11.99		
	---	2:32.88						
	---	(2:32.88)						
44.79Y DQ	F # 43	Female 8 & Under 25 Breast	LY-VA	---	---	---		
1:17.64Y	F # 47A	Female 8 & Under 50 Back	LY-VA	5	---	6.59		
30.85Y	F # 87	Female 8 & Under 25 Back	LY-VA	10	---	1.07		
50.94Y DQ	F # 93	Female 8 & Under 25 Fly	LY-VA	---	---	---		
DQ	F # 97A	Female 8 & Under 50 Breast	LY-VA	---	---	---		
1:00.67Y	F # 105A	Female 8 & Under 50 Free	LY-VA	10	---	-11.04		

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Wave Thomasey (12) F						
1:10.28Y	F # 37	Female 11-12 100 Free	LY-VA	12	---	-1.32
	33.79	1:10.28				
	(33.79)	(36.49)				
35.38Y	F # 45	Female 11-12 50 Back	LY-VA	2	---	-0.99
1:28.89Y	F # 49	Female 11-12 100 Breast	LY-VA	5	---	0.12
	---	1:28.89				
	---	(1:28.89)				
1:19.09Y	F # 57	Female 11-12 100 IM	LY-VA	6	---	-6.99
	36.87	1:19.09				
	(36.87)	(42.22)				
Hadley Tinnell (9) F						
2:59.56Y	F # 3B	Female 9-10 200 IM	LY-VA	2	---	-2.43
	41.62	1:28.41 2:21.28 2:59.56				
	(41.62)	(46.79) (52.87) (38.28)				
7:19.91Y	F # 7B	Female 9-10 500 Free	LY-VA	3	---	-2.31
	37.76	1:21.62 2:07.45 2:53.58 3:39.56 4:24.34 5:09.77 5:54.91				
	(37.76)	(43.86) (45.83) (46.13) (45.98) (44.78) (45.43) (45.14)				
	6:39.16	7:19.91				
	(44.25)	(40.75)				
33.13Y	F # 31	200 Free Relay Lead Off	LY-VA	---	---	0.06
1:13.89Y	F # 39B	Female 9-10 100 Free	LY-VA	1	---	-1.63
	35.67	1:13.89				
	(35.67)	(38.22)				
40.11Y	F # 47B	Female 9-10 50 Back	LY-VA	3	---	2.40
39.47Y	F # 55B	Female 9-10 50 Fly	LY-VA	1	---	-0.60
3:00.43Y	F # 61B	Female 9-10 200 Back	LY-VA	1	---	---
	42.30	1:28.79 2:15.60 3:00.43				
	(42.30)	(46.49) (46.81) (44.83)				
39.39Y	F # 83	200 Medley Relay Lead Off	LY-VA	---	---	1.68
46.56Y	F # 97B	Female 9-10 50 Breast	LY-VA	3	---	0.91
34.38Y	F # 105B	Female 9-10 50 Free	LY-VA	3	---	1.31
1:24.59Y	F # 109B	Female 9-10 100 Back	LY-VA	1	---	-4.67
	41.53	1:24.59				
	(41.53)	(43.06)				
3:38.44Y	F # 111B	Female 9-10 200 Breast	LY-VA	2	---	1.62
	48.80	1:44.02 2:40.55 3:38.44				
	(48.80)	(55.22) (56.53) (57.89)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv			
Bri Torrence (12) F								
3:16.99Y	F # 1	Female 11-12 200 IM	LY-VA	11	---	0.70		
	44.28	1:32.00	---	3:16.99				
	(44.28)	(47.72)	---	(3:16.99)				
7:15.11Y	F # 7C	Female 11-12 500 Free	LY-VA	4	---	-8.94		
	37.50	1:21.66	2:07.38	2:53.22	3:38.79	4:22.90	5:07.60	5:51.63
	(37.50)	(44.16)	(45.72)	(45.84)	(45.57)	(44.11)	(44.70)	(44.03)
	6:36.16	7:15.11						
	(44.53)	(38.95)						
1:15.95Y	F # 37	Female 11-12 100 Free	LY-VA	22	---	-2.38		
	35.73	1:15.95						
	(35.73)	(40.22)						
43.04Y	F # 53	Female 11-12 50 Fly	LY-VA	15	---	0.88		
1:31.25Y	F # 57	Female 11-12 100 IM	LY-VA	22	---	-5.53		
	40.59	1:31.25						
	(40.59)	(50.66)						
3:02.60Y	F # 61C	Female 11-12 200 Back	LY-VA	8	---	---		
	43.01	1:30.44	2:18.15	3:02.60				
	(43.01)	(47.43)	(47.71)	(44.45)				
Hallie Townsend (13) F								
30.18Y	F # 5A	Female 13-14 50 Free	LY-VA	5	---	-0.63		
35.23Y	F # 13	200 Medley Relay Lead Off	LY-VA	---	---	0.70		
2:31.94Y	F # 15A	Female 13-14 200 Free	LY-VA	10	---	-1.61		
	35.71	1:15.02	1:55.14	2:31.94				
	(35.71)	(39.31)	(40.12)	(36.80)				
36.74Y	F # 17A	Female 13-14 50 Fly	LY-VA	12	---	-0.14		
1:19.12Y	F # 21A	Female 13-14 100 Back	LY-VA	11	---	2.18		
	39.33	1:19.12						
	(39.33)	(39.79)						
46.20Y	F # 25A	Female 13-14 50 Breast	LY-VA	12	---	0.43		
1:08.08Y	F # 69A	Female 13-14 100 Free	LY-VA	10	---	0.28		
	33.01	1:08.08						
	(33.01)	(35.07)						
2:57.32Y	F # 71A	Female 13-14 200 Back	LY-VA	6	---	1.68		
	40.22	1:26.05	2:13.75	2:57.32				
	(40.22)	(45.83)	(47.70)	(43.57)				
35.23Y	F # 77A	Female 13-14 50 Back	LY-VA	4	---	0.70		
7:09.52Y	F # 79A	Female 13-14 500 Free	LY-VA	4	---	19.23		
	34.03	1:14.38	1:57.55	2:42.22	3:27.42	4:11.87	4:56.48	5:42.35
	(34.03)	(40.35)	(43.17)	(44.67)	(45.20)	(44.45)	(44.61)	(45.87)
	6:28.08	7:09.52						
	(45.73)	(41.44)						

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Aj Tracey (7) M						
30.43Y	F # 36	Male 8 & Under 25 Free	LY-VA	14	---	-5.30
1:16.82Y	F # 48A	Male 8 & Under 50 Back	LY-VA	10	---	4.14
35.35Y	F # 88	Male 8 & Under 25 Back	LY-VA	11	---	---
1:13.98Y	F # 106A	Male 8 & Under 50 Free	LY-VA	10	---	-3.77
Syrus Tracey (10) M						
2:42.12Y	F # 4B	Male 9-10 200 IM	LY-VA	2	---	-10.90
	36.75	1:18.20 2:05.38 2:42.12				
	(36.75)	(41.45) (47.18) (36.74)				
1:05.73Y	F # 40B	Male 9-10 100 Free	LY-VA	1	---	-0.08
	30.77	1:05.73				
	(30.77)	(34.96)				
36.41Y	F # 48B	Male 9-10 50 Back	LY-VA	3	---	-1.48
35.70Y	F # 56B	Male 9-10 50 Fly	LY-VA	4	---	-1.31
1:18.28Y	F # 60B	Male 9-10 100 IM	LY-VA	2	---	-1.04
	37.59	1:18.28				
	(37.59)	(40.69)				
39.72Y	F # 98B	Male 9-10 50 Breast	LY-VA	1	---	-1.59
1:16.18Y	F # 110B	Male 9-10 100 Back	LY-VA	2	---	-3.26
	37.28	1:16.18				
	(37.28)	(38.90)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Kinley Tuck (14) F						
31.02Y	F # 5A	Female 13-14 50 Free	LY-VA	7	---	0.30
12:48.24Y	F # 9B	Female 13-14 1000 Free	LY-VA	4	---	-67.33
	37.24	1:16.74 1:56.97 2:37.58	3:18.08 3:58.47 4:39.50	5:20.46		
	(37.24)	(39.50) (40.23) (40.61)	(40.50) (40.39) (41.03)	(40.96)		
	6:01.46	6:42.40 7:23.69 8:04.79	8:46.13 9:27.51 10:08.67	10:48.24		
	(41.00)	(40.94) (41.29) (41.10)	(41.34) (41.38) (41.16)	(39.57)		
	11:28.73	12:08.63 --- 12:48.24				
	(40.49)	(39.90) --- (12:48.24)				
2:24.72Y	F # 15A	Female 13-14 200 Free	LY-VA	8	---	-4.15
	34.53	1:11.40 1:48.46 2:24.72				
	(34.53)	(36.87) (37.06) (36.26)				
36.30Y	F # 17A	Female 13-14 50 Fly	LY-VA	11	---	0.05
1:17.33Y	F # 21A	Female 13-14 100 Back	LY-VA	8	---	2.87
	38.05	1:17.33				
	(38.05)	(39.28)				
2:48.31Y	F # 23A	Female 13-14 200 Fly	LY-VA	5	---	6.07
	38.43	1:21.14 --- 2:48.31				
	(38.43)	(42.71) --- (2:48.31)				
1:06.98Y	F # 69A	Female 13-14 100 Free	LY-VA	8	---	-1.06
	32.73	1:06.98				
	(32.73)	(34.25)				
2:41.11Y	F # 71A	Female 13-14 200 Back	LY-VA	5	---	4.63
	39.50	1:20.14 2:01.19 2:41.11				
	(39.50)	(40.64) (41.05) (39.92)				
1:17.13Y	F # 73A	Female 13-14 100 Fly	LY-VA	5	---	-2.47
	36.36	1:17.13				
	(36.36)	(40.77)				
36.57Y	F # 77A	Female 13-14 50 Back	LY-VA	5	---	0.37

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv			
Brody Wall (15) M								
22.63Y	F # 6B	Male 15 & Over 50 Free	LY-VA	4	---	0.81		
1:50.67Y	F # 16B	Male 15 & Over 200 Free	LY-VA	9	---	6.56		
	25.98	54.53	1:23.19	1:50.67				
	(25.98)	(28.55)	(28.66)	(27.48)				
23.85Y	F # 18B	Male 15 & Over 50 Fly	LY-VA	1	---	1.31		
1:04.74Y	F # 22B	Male 15 & Over 100 Back	LY-VA	15	---	7.40		
	31.39	1:04.74						
	(31.39)	(33.35)						
2:14.89Y	F # 24B	Male 15 & Over 200 Fly	LY-VA	9	---	10.91		
	28.90	1:02.78	1:38.26	2:14.89				
	(28.90)	(33.88)	(35.48)	(36.63)				
22.69Y	F # 64	200 Free Relay Lead Off	LY-VA	---	---	0.87		
49.85Y	F # 70B	Male 15 & Over 100 Free	LY-VA	2	---	2.13		
	24.37	49.85						
	(24.37)	(25.48)						
54.17Y	F # 74B	Male 15 & Over 100 Fly	LY-VA	1	---	4.31		
	25.87	54.17						
	(25.87)	(28.30)						
27.17Y	F # 78B	Male 15 & Over 50 Back	LY-VA	2	---	-0.88		
5:23.13Y	F # 80B	Male 15 & Over 500 Free	LY-VA	6	---	11.62		
	28.15	1:00.53	1:33.25	2:05.81	2:38.56	3:11.33	3:43.47	4:16.42
	(28.15)	(32.38)	(32.72)	(32.56)	(32.75)	(32.77)	(32.14)	(32.95)
	4:50.28	5:23.13						
	(33.86)	(32.85)						
Sarah Warren (16) F								
2:08.69Y	F # 15B	Female 15 & Over 200 Free	LY-VA	11	---	3.39		
	30.90	1:04.10	1:36.63	2:08.69				
	(30.90)	(33.20)	(32.53)	(32.06)				
29.85Y	F # 17B	Female 15 & Over 50 Fly	LY-VA	4	---	0.43		
1:04.82Y	F # 21B	Female 15 & Over 100 Back	LY-VA	4	---	2.81		
	31.60	1:04.82						
	(31.60)	(33.22)						
2:15.36Y	F # 23B	Female 15 & Over 200 Fly	LY-VA	3	---	6.97		
	31.41	1:05.97	1:40.81	2:15.36				
	(31.41)	(34.56)	(34.84)	(34.55)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event				Place				Points	Improv
Broughton Webb (15) F											
27.10Y	F # 5B	Female 15 & Over 50 Free				LY-VA		4	---	0.98	
10:38.01Y	F # 9C	Female 15 & Over 1000 Free				LY-VA		2	---	23.77	
	28.92	1:00.39	1:32.67	2:04.87	2:36.49	3:07.93	3:39.58	4:11.27			
	(28.92)	(31.47)	(32.28)	(32.20)	(31.62)	(31.44)	(31.65)	(31.69)			
	4:43.11	5:15.08	5:47.30	6:19.69	6:51.98	7:24.22	7:56.22	8:28.62			
	(31.84)	(31.97)	(32.22)	(32.39)	(32.29)	(32.24)	(32.00)	(32.40)			
	9:01.10	9:33.44	10:06.03	10:38.01							
	(32.48)	(32.34)	(32.59)	(31.98)							
1:11.53Y	F # 19B	Female 15 & Over 100 Breast				LY-VA		2	---	4.40	
	33.69	1:11.53									
	(33.69)	(37.84)									
1:05.43Y	F # 21B	Female 15 & Over 100 Back				LY-VA		6	---	2.55	
	31.86	1:05.43									
	(31.86)	(33.57)									
33.16Y	F # 25B	Female 15 & Over 50 Breast				LY-VA		1	---	0.60	
4:40.09Y	F # 27B	Female 15 & Over 400 IM				LY-VA		3	---	9.98	
	31.22	1:06.05	1:42.27	2:17.30	2:55.96	3:35.25	4:08.04	4:40.09			
	(31.22)	(34.83)	(36.22)	(35.03)	(38.66)	(39.29)	(32.79)	(32.05)			
59.12Y	F # 69B	Female 15 & Over 100 Free				LY-VA		2	---	3.18	
	28.19	59.12									
	(28.19)	(30.93)									
2:21.07Y	F # 71B	Female 15 & Over 200 Back				LY-VA		2	---	10.62	
	33.19	1:09.00	1:45.14	2:21.07							
	(33.19)	(35.81)	(36.14)	(35.93)							
2:32.70Y	F # 75B	Female 15 & Over 200 Breast				LY-VA		1	---	7.22	
	34.72	1:13.80	1:53.03	2:32.70							
	(34.72)	(39.08)	(39.23)	(39.67)							
5:23.73Y	F # 79B	Female 15 & Over 500 Free				LY-VA		2	---	20.07	
	29.28	1:01.23	1:34.08	2:07.04	2:39.61	3:12.32	3:45.04	4:18.12			
	(29.28)	(31.95)	(32.85)	(32.96)	(32.57)	(32.71)	(32.72)	(33.08)			
	4:51.29	5:23.73									
	(33.17)	(32.44)									
Adam Wells (15) M											
23.40Y	F # 6B	Male 15 & Over 50 Free				LY-VA		7	---	1.17	
11:58.00Y	F # 10C	Male 15 & Over 1000 Free				LY-VA		12	---	-25.41	
	29.72	1:04.40	1:39.92	2:15.85	2:51.43	3:27.98	4:04.59	4:41.67			
	(29.72)	(34.68)	(35.52)	(35.93)	(35.58)	(36.55)	(36.61)	(37.08)			
	5:19.56	5:56.41	6:33.68	7:10.44	7:46.49	8:21.71	8:59.38	9:35.39			
	(37.89)	(36.85)	(37.27)	(36.76)	(36.05)	(35.22)	(37.67)	(36.01)			
	10:12.30	10:47.34	11:22.32	11:58.00							
	(36.91)	(35.04)	(34.98)	(35.68)							

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards
Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv
John Wells (14) M					
2:22.34Y	F # 16A	Male 13-14 200 Free	LY-VA	17	---
	31.24	1:07.08 1:45.41 2:22.34			
	(31.24)	(35.84) (38.33) (36.93)			
30.52Y	F # 18A	Male 13-14 50 Fly	LY-VA	9	---
1:17.77Y	F # 22A	Male 13-14 100 Back	LY-VA	22	---
	---	1:17.77			
	---	(1:17.77)			
34.84Y	F # 26A	Male 13-14 50 Breast	LY-VA	4	---
Noah Wells (18) M					
23.26Y	F # 6B	Male 15 & Over 50 Free	LY-VA	6	---
11:03.04Y	F # 10C	Male 15 & Over 1000 Free	LY-VA	7	---
	27.40	59.34 1:31.60 2:03.97 2:36.70 3:09.56 3:43.31 4:16.37			
	(27.40)	(31.94) (32.26) (32.37) (32.73) (32.86) (33.75) (33.06)			
	4:49.88	5:23.57 5:57.83 6:31.05 7:05.76 7:40.32 8:14.67 8:48.82			
	(33.51)	(33.69) (34.26) (33.22) (34.71) (34.56) (34.35) (34.15)			
	9:22.91	9:56.95 10:31.01 11:03.04			
	(34.09)	(34.04) (34.06) (32.03)			
1:58.49Y	F # 16B	Male 15 & Over 200 Free	LY-VA	24	---
	26.98	57.63 1:27.95 1:58.49			
	(26.98)	(30.65) (30.32) (30.54)			
26.49Y	F # 18B	Male 15 & Over 50 Fly	LY-VA	5	---
1:05.90Y	F # 22B	Male 15 & Over 100 Back	LY-VA	18	---
	31.55	1:05.90			
	(31.55)	(34.35)			
2:22.57Y	F # 24B	Male 15 & Over 200 Fly	LY-VA	10	---
	30.07	1:05.04 1:43.12 2:22.57			
	(30.07)	(34.97) (38.08) (39.45)			
50.35Y	F # 70B	Male 15 & Over 100 Free	LY-VA	3	---
	24.19	50.35			
	(24.19)	(26.16)			
59.78Y	F # 74B	Male 15 & Over 100 Fly	LY-VA	7	---
	28.48	59.78			
	(28.48)	(31.30)			
28.82Y	F # 78B	Male 15 & Over 50 Back	LY-VA	4	---
5:27.74Y	F # 80B	Male 15 & Over 500 Free	LY-VA	7	---
	27.50	59.51 1:32.10 2:04.75 2:37.71 3:11.00 3:45.63 4:20.71			
	(27.50)	(32.01) (32.59) (32.65) (32.96) (33.29) (34.63) (35.08)			
	4:54.61	5:27.74			
	(33.90)	(33.13)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Sammy Wells (11) M						
3:00.82Y	F # 2	Male 11-12 200 IM	LY-VA	8	---	7.89
	35.86	1:22.88 2:21.68 3:00.82				
	(35.86)	(47.02) (58.80) (39.14)				
12:46.78Y	F # 10A	Male 11-12 1000 Free	LY-VA	3	---	---
	34.36	1:12.58 1:50.90 2:29.44 3:08.49 3:47.46 4:25.43 5:04.86				
	(34.36)	(38.22) (38.32) (38.54) (39.05) (38.97) (37.97) (39.43)				
	5:44.90	6:23.39 7:02.12 7:40.45 8:18.65 8:56.63 9:36.50 10:14.71				
	(40.04)	(38.49) (38.73) (38.33) (38.20) (37.98) (39.87) (38.21)				
	10:53.90	11:32.93 12:10.76 12:46.78				
	(39.19)	(39.03) (37.83) (36.02)				
2:55.57Y	F # 42C	Male 11-12 200 Fly	LY-VA	5	---	-1.21
	35.09	1:19.31 2:06.91 2:55.57				
	(35.09)	(44.22) (47.60) (48.66)				
40.54Y	F # 46	Male 11-12 50 Back	LY-VA	9	---	0.23
34.83Y	F # 54	Male 11-12 50 Fly	LY-VA	4	---	1.33
1:24.87Y	F # 58	Male 11-12 100 IM	LY-VA	10	---	1.57
	38.84	1:24.87				
	(38.84)	(46.03)				
Ruby Wood (9) F						
3:54.65Y DQ	F # 3B	Female 9-10 200 IM	LY-VA	---	---	---
	1:03.50	1:59.77 3:03.81 3:54.65				
	(1:03.50)	(56.27) (1:04.04) (50.84)				
9:07.28Y	F # 7B	Female 9-10 500 Free	LY-VA	9	---	-14.33
	49.64	1:45.15 2:40.78 3:35.65 4:32.47 5:29.04 6:25.69 7:21.87				
	(49.64)	(55.51) (55.63) (54.87) (56.82) (56.57) (56.65) (56.18)				
	8:18.34	9:07.28				
	(56.47)	(48.94)				
1:39.57Y	F # 39B	Female 9-10 100 Free	LY-VA	16	---	-4.86
	48.95	1:39.57				
	(48.95)	(50.62)				
2:01.37Y	F # 51B	Female 9-10 100 Breast	LY-VA	6	---	2.30
	58.48	2:01.37				
	(58.48)	(1:02.89)				
1:04.68Y	F # 55B	Female 9-10 50 Fly	LY-VA	9	---	5.44
3:45.80Y	F # 61B	Female 9-10 200 Back	LY-VA	4	---	---
	55.65	1:52.17 --- 3:45.80				
	(55.65)	(56.52) --- (3:45.80)				
3:33.00Y	F # 91B	Female 9-10 200 Free	LY-VA	9	---	-7.52
	49.47	1:46.79 2:41.84 3:33.00				
	(49.47)	(57.32) (55.05) (51.16)				
54.34Y	F # 97B	Female 9-10 50 Breast	LY-VA	7	---	0.39
47.97Y	F # 105B	Female 9-10 50 Free	LY-VA	15	---	1.87
1:50.94Y	F # 109B	Female 9-10 100 Back	LY-VA	12	---	4.16
	56.42	1:50.94				
	(56.42)	(54.52)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards
Location: lamerson YMCA

Time	F/P/S	Event	Place	Points	Improv			
Austin Woodruff (13) M								
31.01Y	F # 6A	Male 13-14 50 Free	LY-VA	10	---	2.26		
1:15.43Y	F # 22A	Male 13-14 100 Back	LY-VA	19	---	5.03		
	36.57	1:15.43						
	(36.57)	(38.86)						
33.82Y	F # 78A	Male 13-14 50 Back	LY-VA	4	---	1.62		
Graham Woodruff (16) M								
22.48Y	F # 6B	Male 15 & Over 50 Free	LY-VA	2	---	1.36		
10:22.09Y	F # 10C	Male 15 & Over 1000 Free	LY-VA	2	---	27.02		
	27.12	56.65	1:27.03	1:57.37	2:27.38	2:58.10	3:29.13	4:00.01
	(27.12)	(29.53)	(30.38)	(30.34)	(30.01)	(30.72)	(31.03)	(30.88)
	4:31.25	5:03.47	5:36.38	6:09.04	6:41.10	7:13.05	7:45.25	8:17.13
	(31.24)	(32.22)	(32.91)	(32.66)	(32.06)	(31.95)	(32.20)	(31.88)
	8:49.45	9:21.79	9:53.04	10:22.09				
	(32.32)	(32.34)	(31.25)	(29.05)				
1:55.65Y	F # 16B	Male 15 & Over 200 Free	LY-VA	16	---	13.47		
	26.06	55.55	1:26.09	1:55.65				
	(26.06)	(29.49)	(30.54)	(29.56)				
24.63Y	F # 18B	Male 15 & Over 50 Fly	LY-VA	2	---	-0.23		
59.24Y	F # 22B	Male 15 & Over 100 Back	LY-VA	9	---	6.19		
	28.12	59.24						
	(28.12)	(31.12)						
31.03Y	F # 26B	Male 15 & Over 50 Breast	LY-VA	4	---	0.39		
52.26Y	F # 70B	Male 15 & Over 100 Free	LY-VA	5	---	5.36		
	24.13	52.26						
	(24.13)	(28.13)						
2:05.06Y	F # 72B	Male 15 & Over 200 Back	LY-VA	1	---	8.10		
	30.47	1:02.08	1:34.76	2:05.06				
	(30.47)	(31.61)	(32.68)	(30.30)				
27.09Y	F # 78B	Male 15 & Over 50 Back	LY-VA	1	---	2.58		
NS	F # 80B	Male 15 & Over 500 Free	LY-VA	---	---	---		

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards
Location: Jamerson YMCA

Time	F/P/S	Event	Place	Points	Improv	
Taylor Woodruff (15) F						
26.00Y	F # 5B	Female 15 & Over 50 Free	LY-VA	2	---	1.06
11:14.76Y	F # 9C	Female 15 & Over 1000 Free	LY-VA	3	---	46.80
	31.44	1:05.26 1:39.14 2:13.38	2:47.69 3:21.81 3:55.82	4:30.30		
	(31.44)	(33.82) (33.88) (34.24)	(34.31) (34.12) (34.01)	(34.48)		
	5:04.86	5:38.93 6:12.54 6:46.89	7:20.54 7:52.77 8:27.63	9:01.03		
	(34.56)	(34.07) (33.61) (34.35)	(33.65) (32.23) (34.86)	(33.40)		
	9:34.51	10:09.98 10:44.02 11:14.76				
	(33.48)	(35.47) (34.04) (30.74)				
2:01.39Y	F # 15B	Female 15 & Over 200 Free	LY-VA	5	---	5.65
	28.59	59.92 1:31.38 2:01.39				
	(28.59)	(31.33) (31.46) (30.01)				
1:05.40Y	F # 21B	Female 15 & Over 100 Back	LY-VA	5	---	6.67
	31.11	1:05.40				
	(31.11)	(34.29)				
2:11.94Y	F # 23B	Female 15 & Over 200 Fly	LY-VA	1	---	10.01
	30.46	1:04.36 1:38.27 2:11.94				
	(30.46)	(33.90) (33.91) (33.67)				
4:46.01Y	F # 27B	Female 15 & Over 400 IM	LY-VA	7	---	-44.36
	30.82	1:05.37 1:42.88 2:18.39	2:58.87 3:41.13 4:15.07	4:46.01		
	(30.82)	(34.55) (37.51) (35.51)	(40.48) (42.26) (33.94)	(30.94)		
NS	F # 69B	Female 15 & Over 100 Free	LY-VA	---	---	---
NS	F # 71B	Female 15 & Over 200 Back	LY-VA	---	---	---
NS	F # 73B	Female 15 & Over 100 Fly	LY-VA	---	---	---
NS	F # 77B	Female 15 & Over 50 Back	LY-VA	---	---	---
Caleb Wu (15) M						
25.63Y	F # 6B	Male 15 & Over 50 Free	LY-VA	18	---	0.88
11:42.18Y	F # 10C	Male 15 & Over 1000 Free	LY-VA	10	---	1.83
	30.30	1:03.62 1:37.99 2:12.69	2:47.96 3:23.15 3:58.71	4:33.84		
	(30.30)	(33.32) (34.37) (34.70)	(35.27) (35.19) (35.56)	(35.13)		
	5:09.81	5:45.68 6:21.30 6:57.17	7:33.18 8:09.26 8:44.99	9:20.96		
	(35.97)	(35.87) (35.62) (35.87)	(36.01) (36.08) (35.73)	(35.97)		
	9:56.92	10:32.48 11:07.82 11:42.18				
	(35.96)	(35.56) (35.34) (34.36)				
2:05.24Y	F # 16B	Male 15 & Over 200 Free	LY-VA	36	---	6.12
	28.60	1:00.62 1:33.87 2:05.24				
	(28.60)	(32.02) (33.25) (31.37)				
29.27Y	F # 18B	Male 15 & Over 50 Fly	LY-VA	13	---	1.63
1:08.66Y	F # 20B	Male 15 & Over 100 Breast	LY-VA	8	---	4.46
	32.93	1:08.66				
	(32.93)	(35.73)				
31.72Y	F # 26B	Male 15 & Over 50 Breast	LY-VA	5	---	1.93

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards
Location: lamerson YMCA

Time	F/P/S	Event				Place				Points	Improv	
Daniel Wu (7) M												
18.60Y	F # 36	Male 8 & Under 25 Free				LY-VA				3	---	0.45
1:39.87Y	F # 40A	Male 8 & Under 100 Free				LY-VA				2	---	5.17
	45.34	1:39.87										
	(45.34)	(54.53)										
26.84Y	F # 44	Male 8 & Under 25 Breast				LY-VA				2	---	-1.61
1:01.19Y	F # 56A	Male 8 & Under 50 Fly				LY-VA				2	---	2.64
52.46Y	F # 82	100 Medley Relay Lead Off				LY-VA				---	---	29.95
3:36.56Y	F # 92A	Male 8 & Under 200 Free				LY-VA				3	---	11.83
	50.02	1:46.10	2:44.60	3:36.56								
	(50.02)	(56.08)	(58.50)	(51.96)								
25.98Y	F # 94	Male 8 & Under 25 Fly				LY-VA				5	---	-2.04
58.71Y	F # 98A	Male 8 & Under 50 Breast				LY-VA				4	---	-0.57
44.70Y	F # 106A	Male 8 & Under 50 Free				LY-VA				3	---	3.93
Titus Wu (10) M												
2:37.90Y	F # 4B	Male 9-10 200 IM				LY-VA				1	---	3.22
	34.89	1:15.89	2:03.29	2:37.90								
	(34.89)	(41.00)	(47.40)	(34.61)								
6:16.81Y	F # 8B	Male 9-10 500 Free				LY-VA				1	---	2.73
	32.92	1:10.98	1:49.94	2:28.83	3:07.53	3:46.36	4:25.14	5:03.16				
	(32.92)	(38.06)	(38.96)	(38.89)	(38.70)	(38.83)	(38.78)	(38.02)				
	5:40.53	6:16.81										
	(37.37)	(36.28)										
2:57.72Y	F # 42B	Male 9-10 200 Fly				LY-VA				1	---	---
	38.62	1:24.68	2:12.23	2:57.72								
	(38.62)	(46.06)	(47.55)	(45.49)								
34.81Y	F # 48B	Male 9-10 50 Back				LY-VA				1	---	1.15
33.04Y	F # 56B	Male 9-10 50 Fly				LY-VA				1	---	1.42
1:15.14Y	F # 60B	Male 9-10 100 IM				LY-VA				1	---	2.20
	35.16	1:15.14										
	(35.16)	(39.98)										
34.41Y	F # 84	200 Medley Relay Lead Off				LY-VA				---	---	0.75
2:22.10Y	F # 92B	Male 9-10 200 Free				LY-VA				1	---	2.32
	32.39	1:09.28	1:46.47	2:22.10								
	(32.39)	(36.89)	(37.19)	(35.63)								
40.21Y	F # 98B	Male 9-10 50 Breast				LY-VA				2	---	0.17
30.37Y	F # 106B	Male 9-10 50 Free				LY-VA				1	---	1.36
3:06.48Y	F # 112B	Male 9-10 200 Breast				LY-VA				1	---	2.36
	41.76	1:30.65	2:19.87	3:06.48								
	(41.76)	(48.89)	(49.22)	(46.61)								

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2026 LY Winter Invitational 02-Jan-26 to 04-Jan-26 Yards

Location: Jamerson YMCA

Time	F/P/S	Event		Place	Points	Improv
Eric Yan (8) M						
21.39Y	F # 36	Male 8 & Under 25 Free	LY-VA	7	---	-4.55
36.22Y DQ	F # 44	Male 8 & Under 25 Breast	LY-VA	---	---	---
50.05Y	F # 48A	Male 8 & Under 50 Back	LY-VA	3	---	---
22.33Y	F # 88	Male 8 & Under 25 Back	LY-VA	4	---	---
32.77Y DQ	F # 94	Male 8 & Under 25 Fly	LY-VA	---	---	---
1:23.28Y DQ	F # 98A	Male 8 & Under 50 Breast	LY-VA	---	---	---
51.12Y	F # 106A	Male 8 & Under 50 Free	LY-VA	5	---	---
Spence Young (10) M						
1:19.19Y	F # 40B	Male 9-10 100 Free	LY-VA	14	---	-6.81
	37.36	1:19.19				
	(37.36)	(41.83)				
1:40.73Y	F # 52B	Male 9-10 100 Breast	LY-VA	7	---	4.18
	46.17	1:40.73				
	(46.17)	(54.56)				
50.57Y	F # 56B	Male 9-10 50 Fly	LY-VA	18	---	2.59
1:32.90Y	F # 60B	Male 9-10 100 IM	LY-VA	12	---	-2.22
	45.96	1:32.90				
	(45.96)	(46.94)				