

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2025 Commonwealth Cup 07-Nov-25 to 09-Nov-25 Yards

Location: SwimRVA-CSAC

Time	F/P/S	Event		Place	Points	Improv
Benjamin Costa (15) M						
1:55.59Y	P # 2	Male 13 & Over 200 Free	LY-VA	108	---	-0.93
26.27Y	P # 4	Male 13 & Over 50 Back	LY-VA	29	---	-1.19
57.34Y	P # 8	Male 13 & Over 100 Fly	LY-VA	91	---	0.47
Tyler Eakkhattiyakorn (14) M						
2:06.25Y	P # 2	Male 13 & Over 200 Free	LY-VA	136	---	-3.70
1:07.47Y	P # 6	Male 13 & Over 100 Breast	LY-VA	85	---	-2.16
26.56Y	P # 18	Male 13 & Over 50 Free	LY-VA	141	---	-0.31
2:24.41Y	F # 20	Male 13 & Over 200 Breast	LY-VA	29	---	-6.52
2:26.67Y	P # 20	Male 13 & Over 200 Breast	LY-VA	63	---	-4.26
5:39.69Y	P # 24	Male 13 & Over 500 Free	LY-VA	88	---	-12.85
30.83Y	F # 32	Male 13 & Over 50 Breast	LY-VA	28	---	-1.75
30.93Y	P # 32	Male 13 & Over 50 Breast	LY-VA	54	---	-1.65
57.74Y	P # 34	Male 13 & Over 100 Free	LY-VA	156	---	-1.64
2:23.68Y	P # 36	Male 13 & Over 200 IM	LY-VA	113	---	-1.36
Chandler Henry (17) M						
1:53.49Y	P # 2	Male 13 & Over 200 Free	LY-VA	93	---	-4.87
1:05.09Y	P # 6	Male 13 & Over 100 Breast	LY-VA	61	---	-0.10
4:29.23Y	P # 10	Male 13 & Over 400 IM	LY-VA	37	---	-7.52
30.10Y	P # 32	Male 13 & Over 50 Breast	LY-VA	43	---	-0.66
52.64Y	P # 34	Male 13 & Over 100 Free	LY-VA	126	---	0.01
2:06.11Y	P # 36	Male 13 & Over 200 IM	LY-VA	60	---	-2.01
Ann-Margaret Holt (16) F						
1:53.87Y	F # 1	Female 13 & Over 200 Free	LY-VA	17	---	2.07
1:55.13Y	P # 1	Female 13 & Over 200 Free	LY-VA	18	---	3.33
1:00.59Y	P # 7	Female 13 & Over 100 Fly	LY-VA	29	---	0.76
2:02.66Y	F # 11	800 Free Relay Lead Off	LY-VA	---	---	10.86
25.12Y	P # 17	Female 13 & Over 50 Free	LY-VA	31	---	0.63
5:05.96Y	F # 23	Female 13 & Over 500 Free	LY-VA	19	---	6.97
5:08.72Y	P # 23	Female 13 & Over 500 Free	LY-VA	19	---	9.73
2:05.60Y	F # 29	Female 13 & Over 200 Back	LY-VA	10	7	-2.25
2:09.57Y	P # 29	Female 13 & Over 200 Back	LY-VA	15	---	1.72
52.86Y	F # 33	Female 13 & Over 100 Free	LY-VA	19	---	1.00
53.22Y	P # 33	Female 13 & Over 100 Free	LY-VA	19	---	1.36

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Luke Hottle (16) M						
1:46.46Y	P # 2	Male 13 & Over 200 Free	LY-VA	33	---	2.44
1:00.44Y	P # 6	Male 13 & Over 100 Breast	LY-VA	20	---	0.79
1:00.50Y	F # 6	Male 13 & Over 100 Breast	LY-VA	19	---	0.85
4:10.81Y	F # 10	Male 13 & Over 400 IM	LY-VA	13	4	8.87
4:11.37Y	P # 10	Male 13 & Over 400 IM	LY-VA	15	---	9.43
1:59.29Y	P # 16	Male 13 & Over 200 Fly	LY-VA	26	---	4.95
2:08.17Y	F # 20	Male 13 & Over 200 Breast	LY-VA	17	---	-0.71
2:14.88Y	P # 20	Male 13 & Over 200 Breast	LY-VA	22	---	6.00
4:52.99Y	P # 24	Male 13 & Over 500 Free	LY-VA	30	---	8.51
27.09Y	F # 32	Male 13 & Over 50 Breast	LY-VA	9	9	-1.45
27.56Y	P # 32	Male 13 & Over 50 Breast	LY-VA	11	---	-0.98
47.74Y	P # 34	Male 13 & Over 100 Free	LY-VA	15	---	-0.42
1:53.17Y	F # 36	Male 13 & Over 200 IM	LY-VA	2	17	-0.71
1:53.32Y	P # 36	Male 13 & Over 200 IM	LY-VA	2	---	-0.56
Kathleen King (15) F						
27.31Y	P # 17	Female 13 & Over 50 Free	LY-VA	142	---	1.16
1:05.19Y	P # 21	Female 13 & Over 100 Back	LY-VA	82	---	4.82
Jacob Leger (16) M						
1:51.63Y	P # 2	Male 13 & Over 200 Free	LY-VA	82	---	-4.15
1:11.04Y	P # 6	Male 13 & Over 100 Breast	LY-VA	99	---	1.27
57.19Y	P # 8	Male 13 & Over 100 Fly	LY-VA	89	---	-1.40
2:02.53Y	P # 16	Male 13 & Over 200 Fly	LY-VA	39	---	-5.46
24.47Y	P # 18	Male 13 & Over 50 Free	LY-VA	127	---	0.96
2:33.25Y	P # 20	Male 13 & Over 200 Breast	LY-VA	79	---	-2.80
Luke Morrison (16) M						
2:03.81Y	P # 16	Male 13 & Over 200 Fly	LY-VA	43	---	-5.32
23.93Y	P # 18	Male 13 & Over 50 Free	LY-VA	104	---	-0.27
4:57.82Y	P # 24	Male 13 & Over 500 Free	LY-VA	44	---	-2.92
51.25Y	P # 34	Male 13 & Over 100 Free	LY-VA	93	---	-0.80
2:07.14Y	P # 36	Male 13 & Over 200 IM	LY-VA	67	---	-4.79
25.92Y	P # 38	Male 13 & Over 50 Fly	LY-VA	53	---	-1.14

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Broderick Nelson (15) M						
1:47.18Y	P # 2	Male 13 & Over 200 Free	LY-VA	36	---	-4.26
1:01.23Y	P # 6	Male 13 & Over 100 Breast	LY-VA	29	---	0.34
4:07.65Y	F # 10	Male 13 & Over 400 IM	LY-VA	12	5	-6.03
4:11.84Y	P # 10	Male 13 & Over 400 IM	LY-VA	16	---	-1.84
2:14.30Y	P # 20	Male 13 & Over 200 Breast	LY-VA	20	---	1.90
2:15.27Y	F # 20	Male 13 & Over 200 Breast	LY-VA	22	---	2.87
56.24Y	P # 22	Male 13 & Over 100 Back	LY-VA	46	---	-1.66
1:57.47Y	P # 30	Male 13 & Over 200 Back	LY-VA	15	---	-3.81
1:57.92Y	F # 30	Male 13 & Over 200 Back	LY-VA	14	3	-3.36
27.98Y	F # 32	Male 13 & Over 50 Breast	LY-VA	18	---	-1.98
28.30Y	P # 32	Male 13 & Over 50 Breast	LY-VA	17	---	-1.66
1:57.45Y	P # 36	Male 13 & Over 200 IM	LY-VA	13	---	-0.95
1:58.31Y	F # 36	Male 13 & Over 200 IM	LY-VA	14	3	-0.09
Caroline Nelson (13) F						
2:06.38Y	P # 1	Female 13 & Over 200 Free	LY-VA	104	---	-0.44
1:16.67Y	P # 5	Female 13 & Over 100 Breast	LY-VA	82	---	3.26
1:08.81Y	P # 7	Female 13 & Over 100 Fly	LY-VA	107	---	3.59
26.99Y	P # 17	Female 13 & Over 50 Free	LY-VA	132	---	0.24
2:37.31Y	F # 19	Female 13 & Over 200 Breast	LY-VA	32	---	-1.47
2:37.48Y	P # 19	Female 13 & Over 200 Breast	LY-VA	53	---	-1.30
34.69Y	P # 31	Female 13 & Over 50 Breast	LY-VA	53	---	1.12
59.39Y	P # 33	Female 13 & Over 100 Free	LY-VA	138	---	0.17
2:23.21Y	P # 35	Female 13 & Over 200 IM	LY-VA	74	---	1.57
Owen Porter (15) M						
1:06.80Y	P # 6	Male 13 & Over 100 Breast	LY-VA	78	---	2.34
1:04.19Y	P # 8	Male 13 & Over 100 Fly	LY-VA	119	---	1.04
NS	P # 10	Male 13 & Over 400 IM	LY-VA	---	---	---
NS	P # 18	Male 13 & Over 50 Free	LY-VA	---	---	---
NS	P # 20	Male 13 & Over 200 Breast	LY-VA	---	---	---
NS	P # 22	Male 13 & Over 100 Back	LY-VA	---	---	---

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Hudson Rice (16) M						
24.98Y	F # 4	Male 13 & Over 50 Back	LY-VA	17	---	-0.54
25.34Y	P # 4	Male 13 & Over 50 Back	LY-VA	19	---	-0.18
53.27Y	P # 8	Male 13 & Over 100 Fly	LY-VA	30	---	1.96
4:05.04Y	F # 10	Male 13 & Over 400 IM	LY-VA	10	7	3.18
4:11.08Y	P # 10	Male 13 & Over 400 IM	LY-VA	13	---	9.22
1:46.84Y	F # 12	800 Free Relay Lead Off	LY-VA	---	---	2.24
1:51.03Y	F # 16	Male 13 & Over 200 Fly	LY-VA	2	17	-4.42
1:54.53Y	P # 16	Male 13 & Over 200 Fly	LY-VA	7	---	-0.92
21.96Y	F # 18	Male 13 & Over 50 Free	LY-VA	18	---	-0.46
22.21Y	P # 18	Male 13 & Over 50 Free	LY-VA	22	---	-0.21
4:39.01Y	F # 24	Male 13 & Over 500 Free	LY-VA	17	---	-1.12
4:46.83Y	P # 24	Male 13 & Over 500 Free	LY-VA	17	---	6.70
47.97Y	F # 34	Male 13 & Over 100 Free	LY-VA	18	---	-0.96
48.03Y	P # 34	Male 13 & Over 100 Free	LY-VA	19	---	-0.90
1:56.94Y	F # 36	Male 13 & Over 200 IM	LY-VA	18	---	0.06
2:00.58Y	P # 36	Male 13 & Over 200 IM	LY-VA	25	---	3.70
16:32.13Y	F # 42	Male 13 & Over 1650 Free	LY-VA	12	5	11.22
Mitchell Rogers (15) M						
1:06.01Y	P # 6	Male 13 & Over 100 Breast	LY-VA	73	---	0.27
56.11Y	P # 8	Male 13 & Over 100 Fly	LY-VA	71	---	-1.91
4:21.76Y	P # 10	Male 13 & Over 400 IM	LY-VA	29	---	-9.97
2:01.60Y	P # 16	Male 13 & Over 200 Fly	LY-VA	34	---	-5.27
24.05Y	P # 18	Male 13 & Over 50 Free	LY-VA	111	---	-0.42
5:00.86Y	P # 24	Male 13 & Over 500 Free	LY-VA	52	---	0.49
31.72Y	P # 32	Male 13 & Over 50 Breast	LY-VA	61	---	-0.26
52.47Y	P # 34	Male 13 & Over 100 Free	LY-VA	123	---	-0.72
2:07.87Y	P # 36	Male 13 & Over 200 IM	LY-VA	72	---	-0.32
Ava Shopbell (16) F						
1:00.36Y	P # 7	Female 13 & Over 100 Fly	LY-VA	25	---	2.30
4:34.77Y	P # 9	Female 13 & Over 400 IM	LY-VA	9	---	3.77
4:35.73Y	F # 9	Female 13 & Over 400 IM	LY-VA	11	6	4.73
2:04.04Y	P # 15	Female 13 & Over 200 Fly	LY-VA	3	---	0.35
2:05.28Y	F # 15	Female 13 & Over 200 Fly	LY-VA	4	15	1.59
1:03.09Y	P # 21	Female 13 & Over 100 Back	LY-VA	59	---	-0.26
2:12.14Y	F # 35	Female 13 & Over 200 IM	LY-VA	21	---	2.64
2:12.94Y	P # 35	Female 13 & Over 200 IM	LY-VA	22	---	3.44
27.76Y	P # 37	Female 13 & Over 50 Fly	LY-VA	35	---	-1.02

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Avery Snyder (17) M						
1:48.20Y	P # 2	Male 13 & Over 200 Free	LY-VA	47	---	-2.92
1:01.12Y	P # 6	Male 13 & Over 100 Breast	LY-VA	25	---	-0.43
23.24Y	P # 18	Male 13 & Over 50 Free	LY-VA	73	---	-0.63
2:15.34Y	P # 20	Male 13 & Over 200 Breast	LY-VA	23	---	-1.40
2:17.82Y	F # 20	Male 13 & Over 200 Breast	LY-VA	24	---	1.08
4:54.59Y	P # 24	Male 13 & Over 500 Free	LY-VA	33	---	-7.26
28.05Y	P # 32	Male 13 & Over 50 Breast	LY-VA	16	---	-1.17
28.14Y	F # 32	Male 13 & Over 50 Breast	LY-VA	15	2	-1.08
50.38Y	P # 34	Male 13 & Over 100 Free	LY-VA	73	---	-1.72
16:46.03Y	F # 42	Male 13 & Over 1650 Free	LY-VA	16	1	-23.70
10:05.20Y	P # 200	Mixed Open 1000 Free	LY-VA	4	---	-7.54
Brody Wall (15) M						
1:45.54Y	P # 2	Male 13 & Over 200 Free	LY-VA	26	---	-1.20
50.46Y	F # 8	Male 13 & Over 100 Fly	LY-VA	9	8	-1.01
51.36Y	P # 8	Male 13 & Over 100 Fly	LY-VA	9	---	-0.11
22.29Y	P # 18	Male 13 & Over 50 Free	LY-VA	27	---	0.38
57.34Y	P # 22	Male 13 & Over 100 Back	LY-VA	58	---	-0.88
47.83Y	F # 34	Male 13 & Over 100 Free	LY-VA	17	---	-0.55
48.41Y	P # 34	Male 13 & Over 100 Free	LY-VA	25	---	0.03
23.09Y	P # 38	Male 13 & Over 50 Fly	LY-VA	5	---	-0.05
23.29Y	F # 38	Male 13 & Over 50 Fly	LY-VA	7	12	0.15
Sarah Warren (16) F						
30.24Y	P # 3	Female 13 & Over 50 Back	LY-VA	36	---	0.89
1:02.87Y	P # 7	Female 13 & Over 100 Fly	LY-VA	62	---	3.90
4:58.98Y DQ	P # 9	Female 13 & Over 400 IM	LY-VA	---	---	---
2:13.61Y	F # 15	Female 13 & Over 200 Fly	LY-VA	18	---	5.22
2:13.86Y	P # 15	Female 13 & Over 200 Fly	LY-VA	18	---	5.47
1:04.05Y	P # 21	Female 13 & Over 100 Back	LY-VA	68	---	1.83
5:26.11Y	P # 23	Female 13 & Over 500 Free	LY-VA	45	---	-4.72
2:19.61Y	P # 29	Female 13 & Over 200 Back	LY-VA	59	---	3.29
58.54Y	P # 33	Female 13 & Over 100 Free	LY-VA	124	---	-0.03
29.50Y	P # 37	Female 13 & Over 50 Fly	LY-VA	80	---	0.08

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Time	F/P/S	Event		Place	Points	Improv
Broughton Webb (15) F						
1:57.93Y	P # 1	Female 13 & Over 200 Free	LY-VA	35	---	2.58
1:10.39Y	P # 5	Female 13 & Over 100 Breast	LY-VA	32	---	3.26
4:30.11Y	F # 9	Female 13 & Over 400 IM	LY-VA	9	9	-0.54
4:36.29Y	P # 9	Female 13 & Over 400 IM	LY-VA	10	---	5.64
26.24Y	P # 17	Female 13 & Over 50 Free	LY-VA	91	---	0.12
2:25.74Y	F # 19	Female 13 & Over 200 Breast	LY-VA	19	---	0.26
2:29.44Y	P # 19	Female 13 & Over 200 Breast	LY-VA	18	---	3.96
5:05.81Y	F # 23	Female 13 & Over 500 Free	LY-VA	18	---	2.15
5:10.38Y	P # 23	Female 13 & Over 500 Free	LY-VA	20	---	6.72
2:15.67Y	P # 29	Female 13 & Over 200 Back	LY-VA	37	---	5.22
56.01Y	P # 33	Female 13 & Over 100 Free	LY-VA	61	---	0.07
2:15.77Y	P # 35	Female 13 & Over 200 IM	LY-VA	32	---	5.94
Taylor Woodruff (15) F						
1:56.89Y	P # 1	Female 13 & Over 200 Free	LY-VA	29	---	0.22
27.81Y	P # 3	Female 13 & Over 50 Back	LY-VA	10	---	-0.32
27.87Y	F # 3	Female 13 & Over 50 Back	LY-VA	11	6	-0.26
58.65Y	F # 7	Female 13 & Over 100 Fly	LY-VA	17	---	1.12
59.08Y	P # 7	Female 13 & Over 100 Fly	LY-VA	18	---	1.55
2:04.50Y	F # 15	Female 13 & Over 200 Fly	LY-VA	3	16	0.58
2:06.77Y	P # 15	Female 13 & Over 200 Fly	LY-VA	7	---	2.85
59.01Y	F # 21	Female 13 & Over 100 Back	LY-VA	19	---	-0.97
59.34Y	P # 21	Female 13 & Over 100 Back	LY-VA	17	---	-0.64
5:08.58Y	P # 23	Female 13 & Over 500 Free	LY-VA	16	---	-7.79
2:08.67Y	F # 29	Female 13 & Over 200 Back	LY-VA	19	---	-0.72
2:11.97Y	P # 29	Female 13 & Over 200 Back	LY-VA	21	---	2.58
55.72Y	P # 33	Female 13 & Over 100 Free	LY-VA	54	---	1.09
17:30.38Y	F # 41	Female 13 & Over 1650 Free	LY-VA	6	13	-2.63