

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results - Standard: YNAT25

2025 Commonwealth Cup 07-Nov-25 to 09-Nov-25 Yards

Location: SwimRVA-CSAC

Time	F/P/S	Event	Place	Points	Improv
Broderick Nelson (15) M					
1:57.45Y	YNAT P # 36	Male 13 & Over 200 IM	LY-VA 13	---	-0.95
Hudson Rice (16) M					
21.96Y	YNAT F # 18	Male 13 & Over 50 Free	LY-VA 18	---	-0.46
47.97Y	YNAT F # 34	Male 13 & Over 100 Free	LY-VA 18	---	-0.96
48.03Y	YNAT P # 34	Male 13 & Over 100 Free	LY-VA 19	---	-0.90
Brody Wall (15) M					
47.83Y	YNAT F # 34	Male 13 & Over 100 Free	LY-VA 17	---	-0.55
Taylor Woodruff (15) F					
59.01Y	YNAT F # 21	Female 13 & Over 100 Back	LY-VA 19	---	-0.97
59.34Y	YNAT P # 21	Female 13 & Over 100 Back	LY-VA 17	---	-0.64
5:08.58Y	YNAT P # 23	Female 13 & Over 500 Free	LY-VA 16	---	-7.79