

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Eli Aguayo (10) M						
1:09.65Y	F # 34	Male 10 & Under 50 Back	LY-VA	71	---	2.67
2:12.96Y DQ	F # 46	Male 10 & Under 50 Breast	LY-VA	---	---	---
59.96Y	P # 78	Male 10 & Under 50 Free	LY-VA	93	---	-3.49
2:20.58Y	P # 122	Male 10 & Under 100 Back	LY-VA	74	---	-20.78
	1:07.86	2:20.58				
	(1:07.86)	(1:12.72)				
2:13.32Y	P # 126	Male 10 & Under 100 Free	LY-VA	85	---	-3.53
	1:03.94	2:13.32				
	(1:03.94)	(1:09.38)				
Tessa Akershoek (13) F						
1:25.94Y	F # 11	Female 13-14 100 Fly	LY-VA	32	---	-0.54
	39.73	1:25.94				
	(39.73)	(46.21)				
2:44.86Y	F # 19	Female 13-14 200 Free	LY-VA	45	---	-2.50
	36.91	1:20.01 2:03.83 2:44.86				
	(36.91)	(43.10) (43.82) (41.03)				
38.80Y	F # 23	Female 13-14 50 Back	LY-VA	33	---	1.69
1:13.86Y	P # 99	Female 13-14 100 Free	LY-VA	59	---	-1.41
	35.33	1:13.86				
	(35.33)	(38.53)				
3:02.48Y DQ	P # 107	Female 13-14 200 Back	LY-VA	---	---	---
	43.60	1:30.45 2:18.03 3:02.48				
	(43.60)	(46.85) (47.58) (44.45)				
36.81Y	P # 111	Female 13-14 50 Fly	LY-VA	37	---	2.45
Wesley Aukland (8) M						
52.08Y	P # 78	Male 10 & Under 50 Free	LY-VA	89	---	0.08
3:32.07Y DQ	P # 82	Male 10 & Under 100 Breast	LY-VA	---	---	---
	1:39.48	3:32.07				
	(1:39.48)	(1:52.59)				
1:57.37Y DQ	P # 86	Male 10 & Under 50 Fly	LY-VA	---	---	---
2:22.31Y	P # 122	Male 10 & Under 100 Back	LY-VA	75	---	---
	1:05.79	2:22.31				
	(1:05.79)	(1:16.52)				
2:01.22Y	P # 126	Male 10 & Under 100 Free	LY-VA	83	---	-5.61
	56.65	2:01.22				
	(56.65)	(1:04.57)				
2:43.40Y DQ	P # 130	Male 10 & Under 100 IM	LY-VA	---	---	---
	1:27.16	2:43.40				
	(1:27.16)	(1:16.24)				

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Time	F/P/S	Event		Place	Points	Improv
Sydney Ayers (15) F						
3:06.40Y	P # 61	Female 15 & Over 200 IM	LY-VA	65	---	8.06
	40.01	1:26.17 2:23.06 3:06.40				
	(40.01)	(46.16) (56.89) (43.34)				
32.07Y	P # 65	Female 15 & Over 50 Free	LY-VA	85	---	-0.20
43.63Y	P # 69	Female 15 & Over 50 Breast	LY-VA	35	---	2.01
1:11.08Y	P # 101	Female 15 & Over 100 Free	LY-VA	76	---	1.69
	33.38	1:11.08				
	(33.38)	(37.70)				
3:28.99Y	P # 105	Female 15 & Over 200 Breast	LY-VA	34	---	-6.79
	44.95	1:37.90 2:34.21 3:28.99				
	(44.95)	(52.95) (56.31) (54.78)				
35.91Y	P # 113	Female 15 & Over 50 Fly	LY-VA	59	---	-3.25
Quentin Bailey (11) M						
2:48.37Y	F # 36A	Male 11-11 200 Free	LY-VA	7	12	---
	36.52	1:20.06 2:06.28 2:48.37				
	(36.52)	(43.54) (46.22) (42.09)				
1:33.99Y	F # 40A	Male 11-11 100 Fly	LY-VA	8	11	2.91
	43.22	1:33.99				
	(43.22)	(50.77)				
47.24Y	F # 44A	Male 11-11 50 Breast	LY-VA	6	13	-0.04
35.26Y	P # 80A	Male 11-11 50 Free	LY-VA	18	---	-3.21
1:38.64Y DQ	P # 84A	Male 11-11 100 Breast	LY-VA	---	---	---
	46.72	1:38.64				
	(46.72)	(51.92)				
45.15Y	P # 88A	Male 11-11 50 Back	LY-VA	19	---	0.53
Webster Bailey (6) M						
NS	F # 34	Male 10 & Under 50 Back	LY-VA	---	---	---
NS	F # 46	Male 10 & Under 50 Breast	LY-VA	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
Shirley Barger (15) F					
18:32.34Y	F # 1	Female 13 & Over 1650 Free	LY-VA 9	9	---
30.35	1:03.54	1:36.84 2:10.26	2:43.94 3:17.77	3:51.29 4:24.95	
(30.35)	(33.19)	(33.30) (33.42)	(33.68) (33.83)	(33.52) (33.66)	
4:58.81	5:32.57	6:06.03 6:40.07	7:13.86 7:47.70	8:21.63 8:55.33	
(33.86)	(33.76)	(33.46) (34.04)	(33.79) (33.84)	(33.93) (33.70)	
9:29.45	10:03.14	10:37.35 11:11.32	11:45.35 12:19.56	12:53.23 13:27.32	
(34.12)	(33.69)	(34.21) (33.97)	(34.03) (34.21)	(33.67) (34.09)	
14:01.21	14:35.28	15:09.41 15:43.63	16:18.06 16:52.07	17:25.95 17:59.67	
(33.89)	(34.07)	(34.13) (34.22)	(34.43) (34.01)	(33.88) (33.72)	
18:32.34					
(32.67)					
1:17.41Y	F # 17	Female 15 & Over 100 Breast	LY-VA 30	---	1.51
36.21	1:17.41				
(36.21)	(41.20)				
2:03.08Y	F # 21	Female 15 & Over 200 Free	LY-VA 27	---	-1.93
28.67	1:00.24	1:31.77 2:03.08			
(28.67)	(31.57)	(31.53) (31.31)			
2:23.48Y	P # 61	Female 15 & Over 200 IM	LY-VA 36	---	-0.72
30.89	1:07.44	1:51.06 2:23.48			
(30.89)	(36.55)	(43.62) (32.42)			
26.61Y	P # 65	Female 15 & Over 50 Free	LY-VA 39	---	-0.05
5:22.71Y	F # 73	Female 15 & Over 500 Free	LY-VA 9	9	-12.49
29.50	1:00.80	1:33.09 2:05.58	2:38.56 3:11.69	3:44.98 4:18.03	
(29.50)	(31.30)	(32.29) (32.49)	(32.98) (33.13)	(33.29) (33.05)	
4:51.19	5:22.71				
(33.16)	(31.52)				
5:26.00Y	P # 73	Female 15 & Over 500 Free	LY-VA 11	---	-9.20
29.78	1:02.39	1:35.32 2:08.25	2:41.06 3:14.05	3:47.09 4:20.07	
(29.78)	(32.61)	(32.93) (32.93)	(32.81) (32.99)	(33.04) (32.98)	
4:53.46	5:26.00				
(33.39)	(32.54)				
57.25Y	P # 101	Female 15 & Over 100 Free	LY-VA 25	---	-1.20
27.59	57.25				
(27.59)	(29.66)				
57.29Y	F # 101	Female 15 & Over 100 Free	LY-VA 22	---	-1.16
27.32	57.29				
(27.32)	(29.97)				
NS	P # 109	Female 15 & Over 200 Back	LY-VA ---	---	---
10:58.42Y	F # 115	Female 13 & Over 1000 Free	LY-VA 3	16	-28.03
29.97	1:02.45	1:34.80 2:07.52	2:39.94 3:12.63	3:45.90 4:19.02	
(29.97)	(32.48)	(32.35) (32.72)	(32.42) (32.69)	(33.27) (33.12)	
4:52.08	5:25.12	5:58.47 6:31.47	7:04.76 7:38.11	8:11.48 8:44.86	
(33.06)	(33.04)	(33.35) (33.00)	(33.29) (33.35)	(33.37) (33.38)	
9:18.29	9:52.00	10:25.73 10:58.42			
(33.43)	(33.71)	(33.73) (32.69)			

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Time	F/P/S	Event	Place	Points	Improv	
Jackson Barksdale (14) M						
1:08.68Y	F # 12	Male 13-14 100 Fly	LY-VA	15	2	-6.58
	32.10	1:08.68				
	(32.10)	(36.58)				
2:13.13Y	F # 20	Male 13-14 200 Free	LY-VA	23	---	0.89
	30.15	1:04.05 1:39.14 2:13.13				
	(30.15)	(33.90) (35.09) (33.99)				
32.25Y	F # 24	Male 13-14 50 Back	LY-VA	15	2	-0.31
24.46Y	P # 64	Male 13-14 50 Free	LY-VA	10	---	-1.22
24.61Y	F # 64	Male 13-14 50 Free	LY-VA	11	6	-1.07
35.63Y	P # 68	Male 13-14 50 Breast	LY-VA	19	---	-3.94
5:41.66Y	F # 72	Male 13-14 500 Free	LY-VA	15	2	-10.80
	29.75	1:03.36 1:37.66 2:12.82 2:47.80 3:23.17 3:58.77 4:34.27				
	(29.75)	(33.61) (34.30) (35.16) (34.98) (35.37) (35.60) (35.50)				
	5:09.27	5:41.66				
	(35.00)	(32.39)				
5:46.37Y	P # 72	Male 13-14 500 Free	LY-VA	14	---	-6.09
	30.05	1:03.45 2:13.11 --- 2:48.75 3:24.73 --- 4:36.31				
	(30.05)	(33.40) (1:09.66) --- (2:48.75) (35.98) --- (4:36.31)				
	5:11.93	5:46.37				
	(35.62)	(34.44)				
55.09Y	F # 100	Male 13-14 100 Free	LY-VA	11	6	-2.98
	26.53	55.09				
	(26.53)	(28.56)				
56.19Y	P # 100	Male 13-14 100 Free	LY-VA	14	---	-1.88
	27.11	56.19				
	(27.11)	(29.08)				
2:56.56Y	F # 104	Male 13-14 200 Breast	LY-VA	16	1	-8.19
	38.44	1:23.14 2:10.31 2:56.56				
	(38.44)	(44.70) (47.17) (46.25)				
2:56.60Y	P # 104	Male 13-14 200 Breast	LY-VA	17	---	-8.15
	38.75	1:24.28 2:10.69 2:56.60				
	(38.75)	(45.53) (46.41) (45.91)				
28.85Y	P # 112	Male 13-14 50 Fly	LY-VA	15	---	-3.95
29.22Y	F # 112	Male 13-14 50 Fly	LY-VA	17	---	-3.58

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Avi Bourque (12) F						
3:23.50Y	F # 3	Female 11-12 200 IM	LY-VA	28	---	-24.77
	---	1:35.67 2:39.90 3:23.50				
	---	(1:35.67) (1:04.23) (43.60)				
7:29.33Y	F # 7	Female 11-12 500 Free	LY-VA	31	---	---
	39.32	1:24.49 2:09.19 2:54.63	3:40.13 4:26.98	5:12.89 6:00.17		
	(39.32)	(45.17) (44.70) (45.44)	(45.50) (46.85)	(45.91) (47.28)		
	6:47.02	7:29.33				
	(46.85)	(42.31)				
2:52.74Y	F # 35B	Female 12-12 200 Free	LY-VA	23	---	---
	38.92	1:24.09 2:10.01 2:52.74				
	(38.92)	(45.17) (45.92) (42.73)				
1:49.58Y	F # 39B	Female 12-12 100 Fly	LY-VA	29	---	---
	49.69	1:49.58				
	(49.69)	(59.89)				
56.23Y	F # 43B	Female 12-12 50 Breast	LY-VA	27	---	0.46
36.06Y	P # 79B	Female 12-12 50 Free	LY-VA	49	---	---
2:03.96Y	P # 83B	Female 12-12 100 Breast	LY-VA	44	---	0.76
	58.35	2:03.96				
	(58.35)	(1:05.61)				
41.78Y	P # 87B	Female 12-12 50 Back	LY-VA	42	---	-1.36
Boaz Bourque (9) M						
4:00.28Y	F # 6	Male 10 & Under 200 IM	LY-VA	21	---	---
	---	1:53.00 3:12.60 4:00.28				
	---	(1:53.00) (1:19.60) (47.68)				
48.65Y	F # 34	Male 10 & Under 50 Back	LY-VA	53	---	-4.04
3:02.59Y	F # 38	Male 10 & Under 200 Free	LY-VA	39	---	---
	42.15	1:31.43 2:18.19 3:02.59				
	(42.15)	(49.28) (46.76) (44.40)				
1:16.01Y	F # 46	Male 10 & Under 50 Breast	LY-VA	54	---	4.74
40.20Y	P # 78	Male 10 & Under 50 Free	LY-VA	65	---	---
3:01.76Y	P # 82	Male 10 & Under 100 Breast	LY-VA	72	---	44.38
	1:29.45	3:01.76				
	(1:29.45)	(1:32.31)				
49.81Y	P # 86	Male 10 & Under 50 Fly	LY-VA	53	---	-6.53

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Jesse Bourque (11) M					
3:27.45Y DQ	F # 4	Male 11-12 200 IM	LY-VA	---	---
	45.85	1:38.80 2:41.89 3:27.45			
	(45.85)	(52.95) (1:03.09) (45.56)			
2:56.83Y	F # 36A	Male 11-11 200 Free	LY-VA	9	---
	38.68	--- 2:11.82 2:56.83			
	(38.68)	--- (2:11.82) (45.01)			
1:02.63Y	F # 44A	Male 11-11 50 Breast	LY-VA	8	---
39.27Y	P # 80A	Male 11-11 50 Free	LY-VA	22	---
					-41.38
2:34.62Y DQ	P # 84A	Male 11-11 100 Breast	LY-VA	---	---
	1:13.59	2:34.62			
	(1:13.59)	(1:21.03)			
48.95Y	P # 88A	Male 11-11 50 Back	LY-VA	23	---
					-1.09
Silas Bourque (13) M					
1:30.73Y	F # 16	Male 13-14 100 Breast	LY-VA	23	---
	44.04	1:30.73			
	(44.04)	(46.69)			
2:44.02Y	F # 20	Male 13-14 200 Free	LY-VA	36	---
	---	1:20.96 2:03.72 2:44.02			
	---	(1:20.96) (42.76) (40.30)			
40.23Y	F # 24	Male 13-14 50 Back	LY-VA	23	---
1:33.81Y	P # 56	Male 13-14 100 Back	LY-VA	39	---
	---	1:33.81			
	---	(1:33.81)			
32.78Y	P # 64	Male 13-14 50 Free	LY-VA	53	---
41.87Y	P # 68	Male 13-14 50 Breast	LY-VA	30	---

Avery Burkhardt (7) F					
50.59Y	P # 77	Female 10 & Under 50 Free	LY-VA	100	---
					-3.56
1:58.14Y	P # 125	Female 10 & Under 100 Free	LY-VA	94	---
	53.36	1:58.14			
	(53.36)	(1:04.78)			
					-5.53

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George Burkhardt (8) M					
48.96Y DQ	F # 34	Male 10 & Under 50 Back	LY-VA	---	---
3:14.11Y	F # 38	Male 10 & Under 200 Free	LY-VA	---	-12.13
	42.08	1:32.88 2:24.31 3:14.11			
	(42.08)	(50.80) (51.43) (49.80)			
55.84Y	F # 46	Male 10 & Under 50 Breast	LY-VA	---	-5.13
1:00.45Y	F # 50	200 Medley Relay Lead Off	LY-VA	---	13.28
38.21Y	P # 78	Male 10 & Under 50 Free	LY-VA	---	-2.01
51.74Y	P # 86	Male 10 & Under 50 Fly	LY-VA	---	-0.94
1:28.38Y	P # 126	Male 10 & Under 100 Free	LY-VA	---	-1.31
	41.68	1:28.38			
	(41.68)	(46.70)			
1:42.01Y	P # 130	Male 10 & Under 100 IM	LY-VA	---	-16.66
	---	1:42.01			
	---	(1:42.01)			
Ben Cook (8) M					
3:31.61Y	F # 6	Male 10 & Under 200 IM	LY-VA	---	-3.63
	53.21	1:46.73 2:45.98 3:31.61			
	(53.21)	(53.52) (59.25) (45.63)			
8:31.64Y	F # 10	Male 10 & Under 500 Free	LY-VA	---	-8.60
	45.79	1:39.00 2:30.44 3:25.62 4:18.90 5:07.63 6:03.85 6:54.67			
	(45.79)	(53.21) (51.44) (55.18) (53.28) (48.73) (56.22) (50.82)			
	7:44.04	8:31.64			
	(49.37)	(47.60)			
3:05.58Y	F # 38	Male 10 & Under 200 Free	LY-VA	---	-6.26
	40.81	1:29.04 2:18.09 3:05.58			
	(40.81)	(48.23) (49.05) (47.49)			
2:12.18Y	F # 42	Male 10 & Under 100 Fly	LY-VA	---	5.91
	57.77	2:12.18			
	(57.77)	(1:14.41)			
53.72Y	F # 46	Male 10 & Under 50 Breast	LY-VA	---	2.48
40.55Y	P # 78	Male 10 & Under 50 Free	LY-VA	---	1.29
1:55.38Y	P # 82	Male 10 & Under 100 Breast	LY-VA	---	2.19
	54.23	1:55.38			
	(54.23)	(1:01.15)			
50.27Y	P # 86	Male 10 & Under 50 Fly	LY-VA	---	-3.71
38.02Y	F # 90	200 Free Relay Lead Off	LY-VA	---	-1.24

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Isaac Cook (14) M						
55.28Y	F # 12	Male 13-14 100 Fly	LY-VA	2	17	-3.27
	25.87	55.28				
	(25.87)	(29.41)				
1:06.46Y	F # 16	Male 13-14 100 Breast	LY-VA	5	14	-2.64
	31.30	1:06.46				
	(31.30)	(35.16)				
2:03.72Y	F # 60	Male 13-14 200 IM	LY-VA	1	20	-6.74
	26.05	57.91 1:34.84 2:03.72				
	(26.05)	(31.86) (36.93) (28.88)				
2:06.11Y	P # 60	Male 13-14 200 IM	LY-VA	3	---	-4.35
	26.39	57.87 1:35.96 2:06.11				
	(26.39)	(31.48) (38.09) (30.15)				
23.40Y	P # 64	Male 13-14 50 Free	LY-VA	1	---	-0.54
23.49Y	F # 64	Male 13-14 50 Free	LY-VA	4	15	-0.45
30.21Y DQ	P # 68	Male 13-14 50 Breast	LY-VA	---	---	---
Matthew Cook (12) M						
2:35.83Y	F # 4	Male 11-12 200 IM	LY-VA	14	3	-0.63
	34.91	1:14.70 2:02.19 2:35.83				
	(34.91)	(39.79) (47.49) (33.64)				
5:51.80Y	F # 8	Male 11-12 500 Free	LY-VA	6	13	-12.65
	30.86	1:04.50 1:39.43 2:15.22 2:51.62 3:27.82 4:04.32 4:41.35				
	(30.86)	(33.64) (34.93) (35.79) (36.40) (36.20) (36.50) (37.03)				
	5:17.30	5:51.80				
	(35.95)	(34.50)				
2:37.69Y	F # 32B	Male 12-12 200 Back	LY-VA	13	4	-3.95
	36.66	1:16.92 1:58.04 2:37.69				
	(36.66)	(40.26) (41.12) (39.65)				
39.13Y	F # 44B	Male 12-12 50 Breast	LY-VA	11	6	-2.15
5:23.20Y	F # 48	Male 11-12 400 IM	LY-VA	7	12	-15.81
	34.07	1:16.29 1:58.66 2:40.40 3:26.09 4:13.81 4:48.44 5:23.20				
	(34.07)	(42.22) (42.37) (41.74) (45.69) (47.72) (34.63) (34.76)				
2:42.09Y	F # 76	Male 11-12 200 Fly	LY-VA	9	9	---
	34.98	1:17.79 2:00.50 2:42.09				
	(34.98)	(42.81) (42.71) (41.59)				
29.81Y	P # 80B	Male 12-12 50 Free	LY-VA	25	---	-0.24
34.56Y	P # 88B	Male 12-12 50 Back	LY-VA	19	---	-0.90

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Time	F/P/S	Event	Place	Points	Improv	
Sunday Cook (14) F						
1:22.57Y	P # 55	Female 13-14 100 Back	LY-VA	41	---	-2.53
	40.12	1:22.57				
	(40.12)	(42.45)				
3:12.60Y	P # 59	Female 13-14 200 IM	LY-VA	43	---	5.52
	44.18	1:31.61 2:30.96 3:12.60				
	(44.18)	(47.43) (59.35) (41.64)				
35.05Y	P # 63	Female 13-14 50 Free	LY-VA	60	---	0.82
1:15.56Y	P # 99	Female 13-14 100 Free	LY-VA	62	---	1.23
	35.86	1:15.56				
	(35.86)	(39.70)				
2:54.01Y	P # 107	Female 13-14 200 Back	LY-VA	32	---	-7.29
	42.08	--- 2:11.27 2:54.01				
	(42.08)	--- (2:11.27) (42.74)				
40.12Y	P # 111	Female 13-14 50 Fly	LY-VA	40	---	-3.47
Anderson Cox (9) M						
34.43Y	P # 78	Male 10 & Under 50 Free	LY-VA	38	---	-1.06
1:39.38Y	P # 82	Male 10 & Under 100 Breast	LY-VA	16	---	-2.07
	46.78	1:39.38				
	(46.78)	(52.60)				
48.13Y	P # 86	Male 10 & Under 50 Fly	LY-VA	47	---	-0.91
1:35.02Y	P # 122	Male 10 & Under 100 Back	LY-VA	43	---	-20.47
	---	1:35.02				
	---	(1:35.02)				
1:15.74Y	P # 126	Male 10 & Under 100 Free	LY-VA	26	---	-4.89
	35.65	1:15.74				
	(35.65)	(40.09)				
1:33.88Y	P # 130	Male 10 & Under 100 IM	LY-VA	30	---	3.22
	45.86	1:33.88				
	(45.86)	(48.02)				

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Clayton Cox (12) M						
2:42.37Y	F # 4	Male 11-12 200 IM	LY-VA	17	---	-5.20
	33.61	1:16.23 2:07.09 2:42.37				
	(33.61)	(42.62) (50.86) (35.28)				
2:50.43Y	F # 32B	Male 12-12 200 Back	LY-VA	15	2	-23.66
	38.90	1:22.32 2:07.21 2:50.43				
	(38.90)	(43.42) (44.89) (43.22)				
2:24.68Y	F # 36B	Male 12-12 200 Free	LY-VA	20	---	-4.48
	32.67	1:09.62 1:48.15 2:24.68				
	(32.67)	(36.95) (38.53) (36.53)				
1:15.59Y	F # 40B	Male 12-12 100 Fly	LY-VA	16	1	-4.37
	34.90	1:15.59				
	(34.90)	(40.69)				
2:45.52Y	F # 76	Male 11-12 200 Fly	LY-VA	10	7	-9.18
	35.61	1:18.09 2:02.11 2:45.52				
	(35.61)	(42.48) (44.02) (43.41)				
29.30Y	P # 80B	Male 12-12 50 Free	LY-VA	21	---	-0.30
37.61Y	P # 88B	Male 12-12 50 Back	LY-VA	28	---	-2.05
32.57Y	P # 120B	Male 12-12 50 Fly	LY-VA	13	---	-1.00
1:20.92Y	P # 124B	Male 12-12 100 Back	LY-VA	21	---	-1.49
	39.77	1:20.92				
	(39.77)	(41.15)				
1:05.63Y	P # 128B	Male 12-12 100 Free	LY-VA	18	---	0.35
	32.55	1:05.63				
	(32.55)	(33.08)				

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Liam Cox (11) M					
2:53.73Y DQ	F # 4	Male 11-12 200 IM	LY-VA	---	---
	40.02	1:25.28 2:17.41 2:53.73			
	(40.02)	(45.26) (52.13) (36.32)			
6:19.49Y	F # 8	Male 11-12 500 Free	LY-VA	13	4
	34.72	1:12.43 1:50.85 2:30.35 3:08.89 3:47.85 4:25.95 5:04.42			
	(34.72)	(37.71) (38.42) (39.50) (38.54) (38.96) (38.10) (38.47)			
	5:42.57	6:19.49			
	(38.15)	(36.92)			
NS	F # 36A	Male 11-11 200 Free	LY-VA	---	---
NS	F # 44A	Male 11-11 50 Breast	LY-VA	---	---
NS	F # 48	Male 11-12 400 IM	LY-VA	---	---
33.38Y	P # 80A	Male 11-11 50 Free	LY-VA	15	---
1:39.96Y	P # 84A	Male 11-11 100 Breast	LY-VA	10	---
	47.62	1:39.96			
	(47.62)	(52.34)			
38.86Y	P # 88A	Male 11-11 50 Back	LY-VA	13	---
35.72Y	F # 92	200 Free Relay Lead Off	LY-VA	---	---
37.10Y	F # 120A	Male 11-11 50 Fly	LY-VA	6	13
37.74Y	P # 120A	Male 11-11 50 Fly	LY-VA	7	---
1:21.82Y	F # 124A	Male 11-11 100 Back	LY-VA	6	13
	39.73	1:21.82			
	(39.73)	(42.09)			
1:22.89Y	P # 124A	Male 11-11 100 Back	LY-VA	6	---
	39.73	1:22.89			
	(39.73)	(43.16)			
1:09.13Y	F # 128A	Male 11-11 100 Free	LY-VA	9	9
	33.16	1:09.13			
	(33.16)	(35.97)			
1:10.07Y	P # 128A	Male 11-11 100 Free	LY-VA	9	---
	34.07	1:10.07			
	(34.07)	(36.00)			

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Lucas Cox (15) M					
21:21.80Y	F # 2	Male 13 & Over 1650 Free	LY-VA	18	---
	33.19	1:10.73 1:48.52 2:26.36	3:04.57 3:43.66	4:22.51 5:01.65	
	(33.19)	(37.54) (37.79) (37.84)	(38.21) (39.09)	(38.85) (39.14)	
	5:41.41	6:21.22 7:01.13 7:41.39	8:21.50 9:01.02	9:40.63 10:19.79	
	(39.76)	(39.81) (39.91) (40.26)	(40.11) (39.52)	(39.61) (39.16)	
	10:59.82	11:39.85 12:20.33 12:59.77	13:38.86 14:18.38	14:57.98 15:36.82	
	(40.03)	(40.03) (40.48) (39.44)	(39.09) (39.52)	(39.60) (38.84)	
	16:15.19	16:54.12 17:32.56 18:11.03	18:49.04 19:27.28	20:06.46 20:44.92	
	(38.37)	(38.93) (38.44) (38.47)	(38.01) (38.24)	(39.18) (38.46)	
	21:21.80				
	(36.88)				
1:02.54Y	P # 102	Male 15 & Over 100 Free	LY-VA	84	---
	30.14	1:02.54			-0.40
	(30.14)	(32.40)			
3:00.94Y	P # 106	Male 15 & Over 200 Breast	LY-VA	31	---
	41.22	1:27.82 2:15.07 3:00.94			2.83
	(41.22)	(46.60) (47.25) (45.87)			
12:45.19Y	F # 116	Male 13 & Over 1000 Free	LY-VA	23	---
	32.88	1:10.57 1:48.62 2:27.70	3:06.38 3:44.96	4:22.95 5:01.46	
	(32.88)	(37.69) (38.05) (39.08)	(38.68) (38.58)	(37.99) (38.51)	
	5:39.82	6:18.34 6:57.18 7:36.28	8:14.72 8:54.02	9:33.61 10:14.02	
	(38.36)	(38.52) (38.84) (39.10)	(38.44) (39.30)	(39.59) (40.41)	
	10:54.07	11:32.76 12:09.50 12:45.19			
	(40.05)	(38.69) (36.74) (35.69)			

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Meredith Cox (14) F						
1:16.61Y	F # 11	Female 13-14 100 Fly	LY-VA	30	---	-0.99
	35.54	1:16.61				
	(35.54)	(41.07)				
2:25.16Y	F # 19	Female 13-14 200 Free	LY-VA	39	---	-5.53
	35.23	1:12.44 1:50.03 2:25.16				
	(35.23)	(37.21) (37.59) (35.13)				
5:50.83Y	F # 27	Female 13-14 400 IM	LY-VA	23	---	-12.88
	39.05	1:24.93 2:10.13 2:52.59 3:43.35 4:33.41 5:12.84 5:50.83				
	(39.05)	(45.88) (45.20) (42.46) (50.76) (50.06) (39.43) (37.99)				
2:46.86Y	P # 59	Female 13-14 200 IM	LY-VA	32	---	-5.25
	37.65	1:20.89 2:10.68 2:46.86				
	(37.65)	(43.24) (49.79) (36.18)				
31.93Y	P # 63	Female 13-14 50 Free	LY-VA	48	---	-0.37
6:31.37Y	P # 71	Female 13-14 500 Free	LY-VA	29	---	-1.62
	37.06	1:17.03 1:57.48 2:38.04 3:18.65 3:59.12 4:38.48 5:17.88				
	(37.06)	(39.97) (40.45) (40.56) (40.61) (40.47) (39.36) (39.40)				
	5:55.85	6:31.37				
	(37.97)	(35.52)				
3:00.50Y	F # 95	Female 13-14 200 Fly	LY-VA	9	9	-14.18
	38.93	1:24.03 2:12.82 3:00.50				
	(38.93)	(45.10) (48.79) (47.68)				
3:01.56Y	P # 95	Female 13-14 200 Fly	LY-VA	12	---	-13.12
	40.84	1:26.97 2:15.41 3:01.56				
	(40.84)	(46.13) (48.44) (46.15)				
1:10.67Y	P # 99	Female 13-14 100 Free	LY-VA	53	---	-0.51
	34.78	1:10.67				
	(34.78)	(35.89)				
2:45.38Y	P # 107	Female 13-14 200 Back	LY-VA	30	---	-14.72
	41.68	1:24.14 2:05.24 2:45.38				
	(41.68)	(42.46) (41.10) (40.14)				

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Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Grey Dawson (9) M						
46.00Y	F # 34	Male 10 & Under 50 Back	LY-VA	50	---	-3.41
3:08.35Y	F # 38	Male 10 & Under 200 Free	LY-VA	44	---	-0.94
	42.57	1:33.20 2:24.17 3:08.35				
	(42.57)	(50.63) (50.97) (44.18)				
54.69Y	F # 46	Male 10 & Under 50 Breast	LY-VA	35	---	1.15
39.24Y	P # 78	Male 10 & Under 50 Free	LY-VA	63	---	0.49
1:56.83Y	P # 82	Male 10 & Under 100 Breast	LY-VA	52	---	3.20
	55.23	1:56.83				
	(55.23)	(1:01.60)				
48.88Y	P # 86	Male 10 & Under 50 Fly	LY-VA	49	---	-1.66
1:44.68Y DQ	P # 122	Male 10 & Under 100 Back	LY-VA	---	---	---
	48.03	1:44.68				
	(48.03)	(56.65)				
1:31.49Y	P # 126	Male 10 & Under 100 Free	LY-VA	57	---	8.37
	42.14	1:31.49				
	(42.14)	(49.35)				
1:35.09Y	P # 130	Male 10 & Under 100 IM	LY-VA	34	---	-9.50
	44.61	1:35.09				
	(44.61)	(50.48)				
Jack Deacon (6) M						
1:14.82Y	P # 78	Male 10 & Under 50 Free	LY-VA	96	---	13.52
2:29.28Y	P # 122	Male 10 & Under 100 Back	LY-VA	77	---	---
	1:12.47	2:29.28				
	(1:12.47)	(1:16.81)				
2:27.17Y	P # 126	Male 10 & Under 100 Free	LY-VA	86	---	2.88
	1:09.19	2:27.17				
	(1:09.19)	(1:17.98)				
Maddie Deacon (9) F						
38.25Y	P # 77	Female 10 & Under 50 Free	LY-VA	59	---	0.88
1:43.38Y	P # 81	Female 10 & Under 100 Breast	LY-VA	32	---	2.05
	47.70	1:43.38				
	(47.70)	(55.68)				
48.08Y	P # 85	Female 10 & Under 50 Fly	LY-VA	54	---	0.63
1:44.10Y	P # 121	Female 10 & Under 100 Back	LY-VA	59	---	-6.97
	50.08	1:44.10				
	(50.08)	(54.02)				
1:25.39Y	P # 125	Female 10 & Under 100 Free	LY-VA	48	---	1.68
	40.37	1:25.39				
	(40.37)	(45.02)				
1:34.70Y DQ	P # 129	Female 10 & Under 100 IM	LY-VA	---	---	---
	47.34	1:34.70				
	(47.34)	(47.36)				

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Individual Meet Results

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Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Evie Douglas (9) F						
48.64Y	P # 77	Female 10 & Under 50 Free	LY-VA	97	---	-5.36
2:13.82Y	P # 81	Female 10 & Under 100 Breast	LY-VA	78	---	-2.93
	1:02.55	2:13.82				
	(1:02.55)	(1:11.27)				
1:23.92Y DQ	P # 85	Female 10 & Under 50 Fly	LY-VA	---	---	---
1:55.84Y	P # 121	Female 10 & Under 100 Back	LY-VA	73	---	---
	---	1:55.84				
	---	(1:55.84)				
2:00.82Y	P # 125	Female 10 & Under 100 Free	LY-VA	97	---	6.60
	54.24	2:00.82				
	(54.24)	(1:06.58)				
2:13.34Y	P # 129	Female 10 & Under 100 IM	LY-VA	83	---	-2.22
	1:06.90	2:13.34				
	(1:06.90)	(1:06.44)				
Avery Duff (15) F						
1:15.28Y	F # 13	Female 15 & Over 100 Fly	LY-VA	55	---	-5.45
	34.05	1:15.28				
	(34.05)	(41.23)				
1:16.93Y	P # 57	Female 15 & Over 100 Back	LY-VA	58	---	-1.55
	36.76	1:16.93				
	(36.76)	(40.17)				
2:48.52Y	P # 61	Female 15 & Over 200 IM	LY-VA	61	---	-3.17
	36.86	1:21.05 2:13.12 2:48.52				
	(36.86)	(44.19) (52.07) (35.40)				
28.30Y	P # 65	Female 15 & Over 50 Free	LY-VA	66	---	-0.16
1:03.09Y	P # 101	Female 15 & Over 100 Free	LY-VA	63	---	0.44
	29.54	1:03.09				
	(29.54)	(33.55)				

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Location: s Liberty University

Time	F/P/S	Event		Place				Points	Improv
Tammy Eakkhattiyakorn (12) F									
2:26.68Y	F # 35B	Female	12-12 200 Free	LY-VA		15		2	-3.50
	33.60	1:10.28	1:48.55	2:26.68					
	(33.60)	(36.68)	(38.27)	(38.13)					
39.76Y	F # 43B	Female	12-12 50 Breast	LY-VA		15		2	-0.88
5:52.86Y	F # 47	Female	11-12 400 IM	LY-VA		11		6	-2.85
	39.17	1:27.23	2:11.58	2:54.70	3:44.96	4:33.91	5:13.91	5:52.86	
	(39.17)	(48.06)	(44.35)	(43.12)	(50.26)	(48.95)	(40.00)	(38.95)	
30.96Y	P # 79B	Female	12-12 50 Free	LY-VA		38		---	-0.58
1:26.95Y	P # 83B	Female	12-12 100 Breast	LY-VA		22		---	-2.23
	42.39	1:26.95							
	(42.39)	(44.56)							
36.70Y	P # 87B	Female	12-12 50 Back	LY-VA		29		---	-0.15
3:03.45Y	F # 117	Female	11-12 200 Breast	LY-VA		8		11	-2.95
	41.00	1:28.35	2:16.04	3:03.45					
	(41.00)	(47.35)	(47.69)	(47.41)					
1:06.28Y	P # 127B	Female	12-12 100 Free	LY-VA		17		---	-1.84
	32.10	1:06.28							
	(32.10)	(34.18)							
1:17.67Y	P # 131B	Female	12-12 100 IM	LY-VA		15		---	-0.70
	36.43	1:17.67							
	(36.43)	(41.24)							

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14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Tyler Eakkhattiyakorn (14) M						
1:06.28Y	F # 16	Male 13-14 100 Breast	LY-VA	3	16	-1.19
	32.01	1:06.28				
	(32.01)	(34.27)				
2:04.08Y	F # 20	Male 13-14 200 Free	LY-VA	16	1	-2.17
	29.25	1:00.80 1:33.10 2:04.08				
	(29.25)	(31.55) (32.30) (30.98)				
32.51Y	F # 24	Male 13-14 50 Back	LY-VA	17	---	-2.05
2:24.16Y	P # 60	Male 13-14 200 IM	LY-VA	21	---	0.48
	31.95	1:11.51 1:50.35 2:24.16				
	(31.95)	(39.56) (38.84) (33.81)				
30.40Y	F # 68	Male 13-14 50 Breast	LY-VA	5	14	-0.43
30.89Y	P # 68	Male 13-14 50 Breast	LY-VA	5	---	0.06
5:39.42Y	F # 72	Male 13-14 500 Free	LY-VA	13	4	-0.27
	30.14	1:04.06 1:38.16 2:12.62 2:47.18 3:22.10 3:57.56 4:32.43				
	(30.14)	(33.92) (34.10) (34.46) (34.56) (34.92) (35.46) (34.87)				
	5:07.23	5:39.42				
	(34.80)	(32.19)				
5:46.54Y	P # 72	Male 13-14 500 Free	LY-VA	15	---	6.85
	30.16	1:03.63 1:38.05 2:13.65 2:49.04 3:24.96 4:01.07 4:37.57				
	(30.16)	(33.47) (34.42) (35.60) (35.39) (35.92) (36.11) (36.50)				
	5:12.61	5:46.54				
	(35.04)	(33.93)				
2:25.06Y	F # 104	Male 13-14 200 Breast	LY-VA	4	15	0.65
	31.97	1:07.76 1:46.03 2:25.06				
	(31.97)	(35.79) (38.27) (39.03)				
2:27.79Y	P # 104	Male 13-14 200 Breast	LY-VA	3	---	3.38
	32.75	1:10.01 1:48.52 2:27.79				
	(32.75)	(37.26) (38.51) (39.27)				
2:29.47Y	F # 108	Male 13-14 200 Back	LY-VA	10	7	-14.73
	35.71	1:13.18 1:51.96 2:29.47				
	(35.71)	(37.47) (38.78) (37.51)				
2:36.51Y	P # 108	Male 13-14 200 Back	LY-VA	20	---	-7.69
	37.23	1:16.87 1:58.21 2:36.51				
	(37.23)	(39.64) (41.34) (38.30)				
30.45Y	P # 112	Male 13-14 50 Fly	LY-VA	20	---	-1.80
Jacob Eaton (7) M						
1:09.20Y	F # 34	Male 10 & Under 50 Back	LY-VA	70	---	-15.29
1:27.23Y	F # 46	Male 10 & Under 50 Breast	LY-VA	55	---	---
1:02.09Y	P # 78	Male 10 & Under 50 Free	LY-VA	94	---	-12.67

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Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Evy Edwards (12) F						
3:08.41Y	F # 3	Female 11-12 200 IM	LY-VA	27	---	4.67
	40.42	1:30.98 2:26.31 3:08.41				
	(40.42)	(50.56) (55.33) (42.10)				
1:23.63Y	F # 39B	Female 12-12 100 Fly	LY-VA	23	---	-1.41
	38.38	1:23.63				
	(38.38)	(45.25)				
41.82Y	F # 43B	Female 12-12 50 Breast	LY-VA	18	---	-3.40
32.33Y	P # 79B	Female 12-12 50 Free	LY-VA	43	---	-0.34
1:33.18Y	P # 83B	Female 12-12 100 Breast	LY-VA	33	---	-6.39
	44.48	1:33.18				
	(44.48)	(48.70)				
38.03Y	P # 87B	Female 12-12 50 Back	LY-VA	34	---	-1.53
33.67Y	F # 91	200 Free Relay Lead Off	LY-VA	---	---	1.00
35.73Y	P # 119B	Female 12-12 50 Fly	LY-VA	23	---	-0.85
1:17.39Y	P # 127B	Female 12-12 100 Free	LY-VA	32	---	-0.27
	36.50	1:17.39				
	(36.50)	(40.89)				
1:22.18Y	P # 131B	Female 12-12 100 IM	LY-VA	25	---	-2.72
	38.13	1:22.18				
	(38.13)	(44.05)				
Josh Edwards (17) M						
NS	P # 58	Male 15 & Over 100 Back	LY-VA	---	---	---
NS	P # 66	Male 15 & Over 50 Free	LY-VA	---	---	---
NS	P # 70	Male 15 & Over 50 Breast	LY-VA	---	---	---
54.44Y	P # 102	Male 15 & Over 100 Free	LY-VA	64	---	2.09
	25.30	54.44				
	(25.30)	(29.14)				
2:51.05Y	P # 106	Male 15 & Over 200 Breast	LY-VA	28	---	17.03
	36.89	1:20.05 2:05.47 2:51.05				
	(36.89)	(43.16) (45.42) (45.58)				
27.03Y	P # 114	Male 15 & Over 50 Fly	LY-VA	40	---	-0.24

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Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Sam Edwards (15) M						
58.26Y	F # 14	Male 15 & Over 100 Fly	LY-VA	47	---	-2.29
	26.61	58.26				
	(26.61)	(31.65)				
1:58.56Y	F # 22	Male 15 & Over 200 Free	LY-VA	54	---	1.33
	26.07	56.12 1:27.64 1:58.56				
	(26.07)	(30.05) (31.52) (30.92)				
28.10Y	F # 26	Male 15 & Over 50 Back	LY-VA	22	---	-0.10
1:00.26Y	P # 58	Male 15 & Over 100 Back	LY-VA	40	---	0.76
	28.66	1:00.26				
	(28.66)	(31.60)				
24.75Y	P # 66	Male 15 & Over 50 Free	LY-VA	50	---	-0.74
NS	P # 102	Male 15 & Over 100 Free	LY-VA	---	---	---
NS	P # 110	Male 15 & Over 200 Back	LY-VA	---	---	---
NS	P # 114	Male 15 & Over 50 Fly	LY-VA	---	---	---
Evan Fong (16) M						
55.98Y	F # 14	Male 15 & Over 100 Fly	LY-VA	26	---	-1.95
	25.78	55.98				
	(25.78)	(30.20)				
1:04.16Y	F # 18	Male 15 & Over 100 Breast	LY-VA	12	5	-2.36
	30.12	1:04.16				
	(30.12)	(34.04)				
26.82Y	F # 26	Male 15 & Over 50 Back	LY-VA	15	2	-0.29
56.00Y	F # 58	Male 15 & Over 100 Back	LY-VA	15	2	-0.96
	26.88	56.00				
	(26.88)	(29.12)				
56.04Y	P # 58	Male 15 & Over 100 Back	LY-VA	17	---	-0.92
	27.19	56.04				
	(27.19)	(28.85)				
2:09.75Y	P # 62	Male 15 & Over 200 IM	LY-VA	28	---	0.07
	27.98	59.30 1:38.23 2:09.75				
	(27.98)	(31.32) (38.93) (31.52)				
2:10.65Y	F # 62	Male 15 & Over 200 IM	LY-VA	25	---	0.97
	28.12	1:00.80 1:39.76 2:10.65				
	(28.12)	(32.68) (38.96) (30.89)				
24.40Y	P # 66	Male 15 & Over 50 Free	LY-VA	46	---	0.15
52.30Y	P # 102	Male 15 & Over 100 Free	LY-VA	42	---	-1.04
	24.90	52.30				
	(24.90)	(27.40)				
2:07.48Y	P # 110	Male 15 & Over 200 Back	LY-VA	15	---	-4.01
	28.73	1:00.68 1:34.07 2:07.48				
	(28.73)	(31.95) (33.39) (33.41)				
25.70Y	P # 114	Male 15 & Over 50 Fly	LY-VA	26	---	-0.62

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Zachary Fong (11) M					
NS	P # 80A	Male 11-11 50 Free	LY-VA	---	---
1:42.35Y	P # 84A	Male 11-11 100 Breast	LY-VA	---	-2.08
	48.12	1:42.35			
	(48.12)	(54.23)			
42.62Y	P # 88A	Male 11-11 50 Back	LY-VA	---	-0.67
1:31.00Y	F # 124A	Male 11-11 100 Back	LY-VA	9	-0.21
	43.96	1:31.00			
	(43.96)	(47.04)			
1:31.09Y	P # 124A	Male 11-11 100 Back	LY-VA	---	-0.12
	43.52	1:31.09			
	(43.52)	(47.57)			
1:24.79Y	P # 128A	Male 11-11 100 Free	LY-VA	---	-2.74
	38.80	1:24.79			
	(38.80)	(45.99)			
1:34.16Y	F # 132A	Male 11-11 100 IM	LY-VA	12	1.23
	43.09	1:34.16			
	(43.09)	(51.07)			
1:35.95Y	P # 132A	Male 11-11 100 IM	LY-VA	---	3.02
	44.43	1:35.95			
	(44.43)	(51.52)			
Jocelyn French (15) F					
29.08Y	P # 65	Female 15 & Over 50 Free	LY-VA	---	-1.73
37.24Y	P # 69	Female 15 & Over 50 Breast	LY-VA	---	-1.15
6:36.55Y	P # 73	Female 15 & Over 500 Free	LY-VA	---	5.26
	33.88	1:12.60 1:53.13 2:33.45 3:14.51 3:56.04 4:36.83 5:18.62			
	(33.88)	(38.72) (40.53) (40.32) (41.06) (41.53) (40.79) (41.79)			
	5:59.66	6:36.55			
	(41.04)	(36.89)			
Lorelei Gans (10) F					
52.14Y	F # 33	Female 10 & Under 50 Back	LY-VA	---	---
1:07.36Y DQ	F # 45	Female 10 & Under 50 Breast	LY-VA	---	---
48.81Y	P # 77	Female 10 & Under 50 Free	LY-VA	---	---
2:31.98Y DQ	P # 81	Female 10 & Under 100 Breast	LY-VA	---	---
	1:09.97	2:31.98			
	(1:09.97)	(1:22.01)			
2:00.18Y	P # 121	Female 10 & Under 100 Back	LY-VA	---	---
	57.71	2:00.18			
	(57.71)	(1:02.47)			
1:47.31Y	P # 125	Female 10 & Under 100 Free	LY-VA	---	---
	50.19	1:47.31			
	(50.19)	(57.12)			

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Samuel Gans (13) M					
NS	F # 16	Male 13-14 100 Breast	LY-VA	---	---
NS	F # 20	Male 13-14 200 Free	LY-VA	---	---
NS	F # 24	Male 13-14 50 Back	LY-VA	---	---
1:50.37Y	P # 100	Male 13-14 100 Free	LY-VA	47	---
	1:05.51	1:50.37			
	(1:05.51)	(44.86)			
3:54.39Y DQ	P # 104	Male 13-14 200 Breast	LY-VA	---	---
	51.81	1:52.57 2:52.47 3:54.39			
	(51.81)	(1:00.76) (59.90) (1:01.92)			
42.42Y DQ	P # 112	Male 13-14 50 Fly	LY-VA	---	---
Emma Graterol (8) F					
3:47.86Y DQ	F # 5	Female 10 & Under 200 IM	LY-VA	---	---
	1:00.10	1:56.31 2:58.79 3:47.86			
	(1:00.10)	(56.21) (1:02.48) (49.07)			
47.53Y	F # 33	Female 10 & Under 50 Back	LY-VA	45	---
3:18.14Y	F # 37	Female 10 & Under 200 Free	LY-VA	37	---
	43.31	1:34.61 2:26.70 3:18.14			
	(43.31)	(51.30) (52.09) (51.44)			
58.29Y DQ	F # 45	Female 10 & Under 50 Breast	LY-VA	---	---
42.06Y	P # 77	Female 10 & Under 50 Free	LY-VA	75	---
2:06.30Y DQ	P # 81	Female 10 & Under 100 Breast	LY-VA	---	---
	1:01.54	2:06.30			
	(1:01.54)	(1:04.76)			
1:01.46Y	P # 85	Female 10 & Under 50 Fly	LY-VA	80	---
44.37Y	F # 89	200 Free Relay Lead Off	LY-VA	---	---
1:40.76Y	P # 121	Female 10 & Under 100 Back	LY-VA	54	---
	49.38	1:40.76			
	(49.38)	(51.38)			
1:32.76Y	P # 125	Female 10 & Under 100 Free	LY-VA	61	---
	44.76	1:32.76			
	(44.76)	(48.00)			
1:53.22Y	P # 129	Female 10 & Under 100 IM	LY-VA	67	---
	55.27	1:53.22			
	(55.27)	(57.95)			

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event				Place				Points	Improv
Camille Greenlaw (12) F											
2:41.58Y	F # 3	Female	11-12	200 IM	LY-VA				14	3	-7.91
	36.50	1:18.79	2:04.14	2:41.58							
	(36.50)	(42.29)	(45.35)	(37.44)							
6:06.17Y	F # 7	Female	11-12	500 Free	LY-VA				10	7	-28.75
	31.81	1:07.68	1:44.69	2:22.00	3:00.15	3:37.93	4:15.86	4:54.62			
	(31.81)	(35.87)	(37.01)	(37.31)	(38.15)	(37.78)	(37.93)	(38.76)			
	5:31.01	6:06.17									
	(36.39)	(35.16)									
1:19.24Y	F # 39B	Female	12-12	100 Fly	LY-VA				21	---	-6.50
	35.79	1:19.24									
	(35.79)	(43.45)									
5:49.44Y	F # 47	Female	11-12	400 IM	LY-VA				10	7	-25.11
	37.44	---	2:07.88	2:51.93	3:43.40	4:33.18	5:12.26	5:49.44			
	(37.44)	---	(2:07.88)	(44.05)	(51.47)	(49.78)	(39.08)	(37.18)			
28.71Y	P # 79B	Female	12-12	50 Free	LY-VA				14	---	-1.20
1:14.74Y	P # 123B	Female	12-12	100 Back	LY-VA				14	---	0.19
	---	1:14.74									
	---	(1:14.74)									
1:01.41Y	F # 127B	Female	12-12	100 Free	LY-VA				3	16	-1.85
	29.68	1:01.41									
	(29.68)	(31.73)									
1:02.31Y	P # 127B	Female	12-12	100 Free	LY-VA				8	---	-0.95
	30.55	1:02.31									
	(30.55)	(31.76)									
1:14.46Y	P # 131B	Female	12-12	100 IM	LY-VA				11	---	-4.29
	35.26	1:14.46									
	(35.26)	(39.20)									

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv			
Zelynn Gustafson (16) F								
1:15.60Y	P # 57	Female 15 & Over 100 Back	LY-VA	54	---	-0.47		
	36.57	1:15.60						
	(36.57)	(39.03)						
28.13Y	P # 65	Female 15 & Over 50 Free	LY-VA	62	---	-0.29		
6:02.56Y	P # 73	Female 15 & Over 500 Free	LY-VA	46	---	1.29		
	1:07.36	---	1:44.11	2:21.09	2:58.17	---	4:12.63	4:50.15
	(1:07.36)	---	(1:44.11)	(36.98)	(37.08)	---	(4:12.63)	(37.52)
	5:27.23	6:02.56						
	(37.08)	(35.33)						
1:00.81Y	F # 93	400 Free Relay Lead Off	LY-VA	---	---	-1.12		
	28.74							
	(28.74)							
1:00.01Y	P # 101	Female 15 & Over 100 Free	LY-VA	51	---	-1.92		
	28.56	1:00.01						
	(28.56)	(31.45)						
2:44.29Y	P # 109	Female 15 & Over 200 Back	LY-VA	46	---	0.19		
	38.93	1:20.94	2:03.61	2:44.29				
	(38.93)	(42.01)	(42.67)	(40.68)				
32.61Y	P # 113	Female 15 & Over 50 Fly	LY-VA	55	---	-0.63		
Cheyanne Henderson (13) F								
1:27.36Y	F # 11	Female 13-14 100 Fly	LY-VA	33	---	-6.28		
	40.33	1:27.36						
	(40.33)	(47.03)						
2:39.85Y	F # 19	Female 13-14 200 Free	LY-VA	42	---	-5.08		
	35.44	1:17.74	2:01.20	2:39.85				
	(35.44)	(42.30)	(43.46)	(38.65)				
39.10Y	F # 23	Female 13-14 50 Back	LY-VA	35	---	-0.65		

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Individual Meet Results

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Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Chandler Henry (17) M						
2:02.01Y	F # 62	Male 15 & Over 200 IM	LY-VA	11	6	-4.10
	26.05	57.34 1:32.77 2:02.01				
	(26.05)	(31.29) (35.43) (29.24)				
2:02.62Y	P # 62	Male 15 & Over 200 IM	LY-VA	13	---	-3.49
	26.00	57.11 1:32.69 2:02.62				
	(26.00)	(31.11) (35.58) (29.93)				
29.30Y	F # 70	Male 15 & Over 50 Breast	LY-VA	12	5	-0.80
29.31Y	P # 70	Male 15 & Over 50 Breast	LY-VA	12	---	-0.79
5:06.38Y	P # 74	Male 15 & Over 500 Free	LY-VA	20	---	-7.42
	27.85	58.59 1:29.54 2:01.66	2:33.05 3:03.77 3:34.91 4:05.46			
	(27.85)	(30.74) (30.95) (32.12)	(31.39) (30.72) (31.14) (30.55)			
	4:36.39	5:06.38				
	(30.93)	(29.99)				
5:09.49Y	F # 74	Male 15 & Over 500 Free	LY-VA	18	---	-4.31
	28.03	58.70 1:30.08 2:01.81	2:33.50 3:04.69 3:36.03 4:07.76			
	(28.03)	(30.67) (31.38) (31.73)	(31.69) (31.19) (31.34) (31.73)			
	4:39.31	5:09.49				
	(31.55)	(30.18)				
Connor Henry (12) M						
2:53.55Y	F # 4	Male 11-12 200 IM	LY-VA	24	---	-8.24
	39.29	1:28.10 2:16.28 2:53.55				
	(39.29)	(48.81) (48.18) (37.27)				
6:45.27Y	F # 8	Male 11-12 500 Free	LY-VA	16	1	-14.57
	34.89	1:16.22 1:58.26 2:40.15	3:21.29 4:03.19 4:44.21 5:26.33			
	(34.89)	(41.33) (42.04) (41.89)	(41.14) (41.90) (41.02) (42.12)			
	6:06.97	6:45.27				
	(40.64)	(38.30)				
2:34.98Y	F # 36B	Male 12-12 200 Free	LY-VA	23	---	-12.02
	33.91	1:15.17 1:56.59 2:34.98				
	(33.91)	(41.26) (41.42) (38.39)				
1:28.82Y	F # 40B	Male 12-12 100 Fly	LY-VA	20	---	-10.54
	39.87	1:28.82				
	(39.87)	(48.95)				
40.96Y	F # 44B	Male 12-12 50 Breast	LY-VA	17	---	0.58
31.50Y	P # 80B	Male 12-12 50 Free	LY-VA	35	---	-0.14
1:30.14Y DQ	P # 84B	Male 12-12 100 Breast	LY-VA	---	---	---
	42.36	1:30.14				
	(42.36)	(47.78)				
42.36Y	P # 88B	Male 12-12 50 Back	LY-VA	43	---	-0.03

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Individual Meet Results

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Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv			
Myer Henry (8) M								
57.29Y	F # 34	Male 10 & Under 50 Back	LY-VA	67	---	-5.19		
4:21.84Y	F # 38	Male 10 & Under 200 Free	LY-VA	60	---	---		
	55.56	2:03.98	3:12.77	4:21.84				
	(55.56)	(1:08.42)	(1:08.79)	(1:09.07)				
1:15.24Y	F # 46	Male 10 & Under 50 Breast	LY-VA	53	---	5.80		
52.54Y	P # 78	Male 10 & Under 50 Free	LY-VA	91	---	-2.42		
2:35.03Y	P # 82	Male 10 & Under 100 Breast	LY-VA	71	---	---		
	1:14.91	2:35.03						
	(1:14.91)	(1:20.12)						
1:04.49Y	P # 86	Male 10 & Under 50 Fly	LY-VA	76	---	---		
Trevor Henry (15) M								
1:07.62Y	F # 14	Male 15 & Over 100 Fly	LY-VA	64	---	-3.10		
	30.37	1:07.62						
	(30.37)	(37.25)						
2:09.24Y	F # 22	Male 15 & Over 200 Free	LY-VA	66	---	-5.52		
	29.56	1:03.04	1:36.88	2:09.24				
	(29.56)	(33.48)	(33.84)	(32.36)				
31.90Y	F # 26	Male 15 & Over 50 Back	LY-VA	33	---	-1.90		
NS	P # 58	Male 15 & Over 100 Back	LY-VA	---	---	---		
26.70Y	P # 66	Male 15 & Over 50 Free	LY-VA	66	---	2.23		
5:28.42Y	P # 74	Male 15 & Over 500 Free	LY-VA	41	---	-19.40		
	29.46	1:02.81	1:36.56	2:09.81	2:43.16	3:16.45	3:49.42	4:22.81
	(29.46)	(33.35)	(33.75)	(33.25)	(33.35)	(33.29)	(32.97)	(33.39)
	4:56.79	5:28.42						
	(33.98)	(31.63)						
2:25.00Y	F # 98	Male 15 & Over 200 Fly	LY-VA	19	---	-1.87		
	31.42	1:08.61	1:46.69	2:25.00				
	(31.42)	(37.19)	(38.08)	(38.31)				
2:25.61Y	P # 98	Male 15 & Over 200 Fly	LY-VA	27	---	-1.26		
	31.74	1:09.65	1:47.47	2:25.61				
	(31.74)	(37.91)	(37.82)	(38.14)				

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Ty Henry (10) M					
3:11.95Y DQ	F # 6	Male 10 & Under 200 IM	LY-VA	---	---
	45.19	1:34.96 2:29.78 3:11.95			
	(45.19)	(49.77) (54.82) (42.17)			
7:06.92Y	F # 10	Male 10 & Under 500 Free	LY-VA	10	7
	38.03	1:22.14 2:06.01 2:49.68 3:33.40 4:16.69 5:01.07 5:44.42			
	(38.03)	(44.11) (43.87) (43.67) (43.72) (43.29) (44.38) (43.35)			
	6:26.17	7:06.92			
	(41.75)	(40.75)			
41.04Y	F # 34	Male 10 & Under 50 Back	LY-VA	27	---
2:43.55Y	F # 38	Male 10 & Under 200 Free	LY-VA	20	---
	37.14	1:19.19 2:03.12 2:43.55			
	(37.14)	(42.05) (43.93) (40.43)			
47.36Y	F # 46	Male 10 & Under 50 Breast	LY-VA	18	---
43.38Y	F # 50	200 Medley Relay Lead Off	LY-VA	---	---
35.88Y	P # 78	Male 10 & Under 50 Free	LY-VA	49	---
1:49.59Y	P # 82	Male 10 & Under 100 Breast	LY-VA	39	---
	51.57	1:49.59			
	(51.57)	(58.02)			
46.06Y	P # 86	Male 10 & Under 50 Fly	LY-VA	43	---
Margaret Herman (8) F					
4:03.42Y DQ	F # 5	Female 10 & Under 200 IM	LY-VA	---	---
	58.85	2:02.04 3:07.03 4:03.42			
	(58.85)	(1:03.19) (1:04.99) (56.39)			
55.08Y	F # 33	Female 10 & Under 50 Back	LY-VA	61	---
3:28.17Y	F # 37	Female 10 & Under 200 Free	LY-VA	40	---
	45.38	1:39.61 2:34.36 3:28.17			
	(45.38)	(54.23) (54.75) (53.81)			
57.61Y	F # 45	Female 10 & Under 50 Breast	LY-VA	47	---
43.65Y	P # 77	Female 10 & Under 50 Free	LY-VA	79	---
2:05.12Y	P # 81	Female 10 & Under 100 Breast	LY-VA	70	---
	1:01.16	2:05.12			
	(1:01.16)	(1:03.96)			
1:00.03Y	P # 85	Female 10 & Under 50 Fly	LY-VA	76	---
1:55.84Y	P # 121	Female 10 & Under 100 Back	LY-VA	73	---
	55.35	1:55.84			
	(55.35)	(1:00.49)			
1:36.09Y	P # 125	Female 10 & Under 100 Free	LY-VA	65	---
	45.41	1:36.09			
	(45.41)	(50.68)			
1:54.62Y	P # 129	Female 10 & Under 100 IM	LY-VA	69	---
	59.33	1:54.62			
	(59.33)	(55.29)			

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Nathaniel Herman (9) M						
3:19.50Y	F # 6	Male 10 & Under 200 IM	LY-VA	17	---	-14.93
	---	1:32.68 2:38.18 3:19.50				
	---	(1:32.68) (1:05.50) (41.32)				
7:27.63Y	F # 10	Male 10 & Under 500 Free	LY-VA	18	---	-27.33
	38.54	1:21.78 2:06.77 2:53.04	3:39.18 4:26.08 5:11.64 5:59.51			
	(38.54)	(43.24) (44.99) (46.27)	(46.14) (46.90) (45.56) (47.87)			
	6:46.34	7:27.63				
	(46.83)	(41.29)				
42.43Y DQ	F # 34	Male 10 & Under 50 Back	LY-VA	---	---	---
2:44.51Y	F # 38	Male 10 & Under 200 Free	LY-VA	22	---	4.49
	36.33	1:19.23 2:03.26 2:44.51				
	(36.33)	(42.90) (44.03) (41.25)				
1:38.54Y	F # 42	Male 10 & Under 100 Fly	LY-VA	15	2	-6.27
	45.19	1:38.54				
	(45.19)	(53.35)				
33.96Y	P # 78	Male 10 & Under 50 Free	LY-VA	31	---	0.59
1:51.42Y	P # 82	Male 10 & Under 100 Breast	LY-VA	41	---	-10.75
	52.83	1:51.42				
	(52.83)	(58.59)				
40.90Y	P # 86	Male 10 & Under 50 Fly	LY-VA	31	---	-5.24
34.60Y	F # 90	200 Free Relay Lead Off	LY-VA	---	---	1.23
1:35.61Y DQ	P # 122	Male 10 & Under 100 Back	LY-VA	---	---	---
	47.15	1:35.61				
	(47.15)	(48.46)				
1:15.24Y	P # 126	Male 10 & Under 100 Free	LY-VA	24	---	-5.95
	35.70	1:15.24				
	(35.70)	(39.54)				
1:30.87Y	P # 130	Male 10 & Under 100 IM	LY-VA	26	---	-2.09
	42.23	1:30.87				
	(42.23)	(48.64)				
Carson Hill (11) M						
38.50Y	P # 80A	Male 11-11 50 Free	LY-VA	21	---	-0.62
1:54.21Y	P # 84A	Male 11-11 100 Breast	LY-VA	15	---	-1.37
	53.17	1:54.21				
	(53.17)	(1:01.04)				
46.80Y	P # 88A	Male 11-11 50 Back	LY-VA	21	---	-2.18
1:40.76Y	P # 124A	Male 11-11 100 Back	LY-VA	13	---	-7.79
	---	1:40.76				
	---	(1:40.76)				
1:30.35Y	P # 128A	Male 11-11 100 Free	LY-VA	16	---	3.39
	---	1:30.35				
	---	(1:30.35)				
1:42.35Y DQ	P # 132A	Male 11-11 100 IM	LY-VA	---	---	---
	48.02	1:42.35				
	(48.02)	(54.33)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards
Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Rory Hill (7) F						
56.93Y	P # 77	Female 10 & Under 50 Free	LY-VA	111	---	-7.51
2:35.56Y	P # 121	Female 10 & Under 100 Back	LY-VA	91	---	---
	1:09.58	2:35.56				
	(1:09.58)	(1:25.98)				
2:29.65Y DQ	P # 125	Female 10 & Under 100 Free	LY-VA	---	---	---
	1:07.37	2:29.65				
	(1:07.37)	(1:22.28)				

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Sydney Hill (15) F					
21:00.19Y	F # 1	Female 13 & Over 1650 Free	LY-VA 22	---	-73.55
	31.42	1:06.22 1:42.60 2:18.90 2:54.98 3:32.52 4:10.77 4:49.49			
	(31.42)	(34.80) (36.38) (36.30) (36.08) (37.54) (38.25) (38.72)			
	5:27.91	6:05.89 6:44.91 7:24.38 8:03.38 8:42.18 9:21.19 10:00.19			
	(38.42)	(37.98) (39.02) (39.47) (39.00) (38.80) (39.01) (39.00)			
	10:39.09	11:17.55 11:56.86 12:35.64 13:14.88 13:54.95 14:34.13 15:13.07			
	(38.90)	(38.46) (39.31) (38.78) (39.24) (40.07) (39.18) (38.94)			
	15:52.20	16:32.05 17:10.56 17:49.85 18:28.95 19:07.19 19:45.89 20:24.26			
	(39.13)	(39.85) (38.51) (39.29) (39.10) (38.24) (38.70) (38.37)			
	21:00.19				
	(35.93)				
1:12.63Y	F # 13	Female 15 & Over 100 Fly	LY-VA 53	---	-5.31
	33.07	1:12.63			
	(33.07)	(39.56)			
2:08.40Y	F # 21	Female 15 & Over 200 Free	LY-VA 50	---	-7.11
	30.51	1:03.92 1:36.88 2:08.40			
	(30.51)	(33.41) (32.96) (31.52)			
31.79Y	F # 25	Female 15 & Over 50 Back	LY-VA 20	---	-1.08
2:35.59Y	P # 61	Female 15 & Over 200 IM	LY-VA 54	---	-0.01
	32.42	1:12.60 2:01.12 2:35.59			
	(32.42)	(40.18) (48.52) (34.47)			
27.30Y	P # 65	Female 15 & Over 50 Free	LY-VA 50	---	-0.22
5:57.50Y	P # 73	Female 15 & Over 500 Free	LY-VA 45	---	-9.83
	1:08.34	--- 1:44.87 2:21.44 2:58.05 --- 4:11.05 4:47.35			
	(1:08.34)	--- (1:44.87) (36.57) (36.61) --- (4:11.05) (36.30)			
	5:23.28	5:57.50			
	(35.93)	(34.22)			
58.32Y	P # 101	Female 15 & Over 100 Free	LY-VA 37	---	0.85
	28.35	58.32			
	(28.35)	(29.97)			
2:29.40Y	P # 109	Female 15 & Over 200 Back	LY-VA 35	---	0.63
	35.28	1:13.72 1:52.27 2:29.40			
	(35.28)	(38.44) (38.55) (37.13)			
12:29.29Y	F # 115	Female 13 & Over 1000 Free	LY-VA 23	---	-42.46
	33.82	1:11.01 1:48.68 2:26.52 3:04.58 3:42.03 4:20.25 4:58.71			
	(33.82)	(37.19) (37.67) (37.84) (38.06) (37.45) (38.22) (38.46)			
	5:37.19	--- 6:53.88 7:31.85 8:09.92 8:47.77 9:26.12 10:04.46			
	(38.48)	--- (6:53.88) (37.97) (38.07) (37.85) (38.35) (38.34)			
	10:42.39	11:19.58 11:56.60 12:29.29			
	(37.93)	(37.19) (37.02) (32.69)			

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Cooper Holofchak (13) M						
1:28.98Y	F # 16	Male 13-14 100 Breast	LY-VA	22	---	-5.88
	41.47	1:28.98				
	(41.47)	(47.51)				
2:35.66Y	F # 20	Male 13-14 200 Free	LY-VA	34	---	-11.76
	34.69	---	1:55.00	2:35.66		
	(34.69)	---	(1:55.00)	(40.66)		
39.57Y	F # 24	Male 13-14 50 Back	LY-VA	22	---	---
2:58.71Y	P # 60	Male 13-14 200 IM	LY-VA	36	---	-21.32
	35.50	1:25.62	2:21.57	2:58.71		
	(35.50)	(50.12)	(55.95)	(37.14)		
30.11Y	P # 64	Male 13-14 50 Free	LY-VA	48	---	0.35
39.71Y	P # 68	Male 13-14 50 Breast	LY-VA	27	---	---
1:08.13Y	P # 100	Male 13-14 100 Free	LY-VA	41	---	-1.97
	32.47	1:08.13				
	(32.47)	(35.66)				
3:31.70Y	P # 104	Male 13-14 200 Breast	LY-VA	23	---	---
	46.44	1:41.89	2:34.10	3:31.70		
	(46.44)	(55.45)	(52.21)	(57.60)		
36.26Y	P # 112	Male 13-14 50 Fly	LY-VA	33	---	---
Jaewon Hur (12) M						
NS	P # 80B	Male 12-12 50 Free	LY-VA	---	---	---
NS	P # 84B	Male 12-12 100 Breast	LY-VA	---	---	---
NS	P # 88B	Male 12-12 50 Back	LY-VA	---	---	---
Ky?mani Joseph (11) M						
NS	P # 124A	Male 11-11 100 Back	LY-VA	---	---	---
NS	P # 128A	Male 11-11 100 Free	LY-VA	---	---	---
NS	P # 132A	Male 11-11 100 IM	LY-VA	---	---	---
Lilli Kastroll (10) F						
51.14Y	P # 77	Female 10 & Under 50 Free	LY-VA	101	---	-8.18
2:31.16Y DQ	P # 81	Female 10 & Under 100 Breast	LY-VA	---	---	---
	1:10.88	2:31.16				
	(1:10.88)	(1:20.28)				
2:29.48Y	P # 121	Female 10 & Under 100 Back	LY-VA	90	---	1.28
	1:11.13	2:29.48				
	(1:11.13)	(1:18.35)				
2:08.27Y	P # 125	Female 10 & Under 100 Free	LY-VA	103	---	-8.37
	---	2:08.27				
	---	(2:08.27)				

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Tripp Kastroll (12) M					
NS	P # 80B	Male 12-12 50 Free	LY-VA	---	---
1:37.76Y	P # 84B	Male 12-12 100 Breast	LY-VA	---	-3.52
	46.17	1:37.76			
	(46.17)	(51.59)			
43.11Y	P # 88B	Male 12-12 50 Back	LY-VA	---	-0.62
3:31.65Y	F # 118	Male 11-12 200 Breast	LY-VA	4	-4.92
	---	1:44.20 2:38.41 3:31.65			
	---	(1:44.20) (54.21) (53.24)			
45.38Y	P # 120B	Male 12-12 50 Fly	LY-VA	---	-8.14
1:13.90Y	P # 128B	Male 12-12 100 Free	LY-VA	---	-3.45
	36.02	1:13.90			
	(36.02)	(37.88)			
Eva Kendall (14) F					
1:20.32Y	F # 15	Female 13-14 100 Breast	LY-VA	---	-3.32
	37.84	1:20.32			
	(37.84)	(42.48)			
2:20.82Y	F # 19	Female 13-14 200 Free	LY-VA	---	1.52
	31.89	1:07.66 1:44.45 2:20.82			
	(31.89)	(35.77) (36.79) (36.37)			
34.17Y	F # 23	Female 13-14 50 Back	LY-VA	---	-2.16
2:36.91Y	P # 59	Female 13-14 200 IM	LY-VA	---	-2.77
	35.61	1:16.12 2:01.22 2:36.91			
	(35.61)	(40.51) (45.10) (35.69)			
28.82Y	P # 63	Female 13-14 50 Free	LY-VA	---	-0.39
38.36Y	P # 67	Female 13-14 50 Breast	LY-VA	---	-1.68
1:02.75Y	P # 99	Female 13-14 100 Free	LY-VA	---	-0.15
	29.98	1:02.75			
	(29.98)	(32.77)			
2:55.32Y	F # 103	Female 13-14 200 Breast	LY-VA	---	-2.97
	38.79	1:23.52 2:09.74 2:55.32			
	(38.79)	(44.73) (46.22) (45.58)			
2:55.78Y	P # 103	Female 13-14 200 Breast	LY-VA	---	-2.51
	38.58	1:23.62 2:09.91 2:55.78			
	(38.58)	(45.04) (46.29) (45.87)			
34.12Y	P # 111	Female 13-14 50 Fly	LY-VA	---	-1.33
Phillip Kendall (12) M					
50.59Y	P # 120B	Male 12-12 50 Fly	LY-VA	---	0.78
1:31.71Y	P # 124B	Male 12-12 100 Back	LY-VA	---	0.26
	45.12	1:31.71			
	(45.12)	(46.59)			
1:24.49Y	P # 128B	Male 12-12 100 Free	LY-VA	---	2.89
	40.68	1:24.49			
	(40.68)	(43.81)			

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Abbi Kenny (13) F					
NS	F # 15	Female 13-14 100 Breast	LY-VA	---	---
NS	F # 19	Female 13-14 200 Free	LY-VA	---	---
NS	F # 23	Female 13-14 50 Back	LY-VA	---	---
1:23.41Y	P # 99	Female 13-14 100 Free	LY-VA	67	---
	38.99	1:23.41			-6.61
	(38.99)	(44.42)			
47.55Y	P # 111	Female 13-14 50 Fly	LY-VA	47	---
Montana Kimball (10) F					
54.91Y	F # 33	Female 10 & Under 50 Back	LY-VA	60	---
3:54.30Y	F # 37	Female 10 & Under 200 Free	LY-VA	49	---
	48.29	1:48.41 2:51.51 3:54.30			
	(48.29)	(1:00.12) (1:03.10) (1:02.79)			
1:02.80Y	F # 45	Female 10 & Under 50 Breast	LY-VA	53	---
44.16Y	P # 77	Female 10 & Under 50 Free	LY-VA	82	---
2:19.01Y	P # 81	Female 10 & Under 100 Breast	LY-VA	81	---
	1:04.50	2:19.01			-25.27
	(1:04.50)	(1:14.51)			
1:00.11Y	P # 85	Female 10 & Under 50 Fly	LY-VA	77	---
2:00.36Y	P # 121	Female 10 & Under 100 Back	LY-VA	78	---
	57.63	2:00.36			-3.12
	(57.63)	(1:02.73)			-2.87
1:46.01Y	P # 125	Female 10 & Under 100 Free	LY-VA	84	---
	---	1:46.01			-3.83
	---	(1:46.01)			
2:00.53Y	P # 129	Female 10 & Under 100 IM	LY-VA	75	---
	57.98	2:00.53			-8.19
	(57.98)	(1:02.55)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Kathleen King (15) F						
1:02.86Y	P # 57	Female 15 & Over 100 Back	LY-VA	14	---	2.49
	30.22	1:02.86				
	(30.22)	(32.64)				
1:04.15Y	F # 57	Female 15 & Over 100 Back	LY-VA	17	---	3.78
	30.59	1:04.15				
	(30.59)	(33.56)				
26.86Y	P # 65	Female 15 & Over 50 Free	LY-VA	44	---	0.71
5:57.42Y	P # 73	Female 15 & Over 500 Free	LY-VA	44	---	8.58
	31.99	1:07.43 1:43.35 2:19.48	---	3:32.88 4:09.52	---	
	(31.99)	(35.44) (35.92) (36.13)	---	(3:32.88) (36.64)	---	
	5:22.67	5:57.42				
	(5:22.67)	(34.75)				
1:00.72Y	P # 101	Female 15 & Over 100 Free	LY-VA	54	---	3.27
	28.75	1:00.72				
	(28.75)	(31.97)				
2:23.77Y	P # 109	Female 15 & Over 200 Back	LY-VA	24	---	6.41
	33.18	1:09.67 1:47.38 2:23.77				
	(33.18)	(36.49) (37.71) (36.39)				
2:26.86Y	F # 109	Female 15 & Over 200 Back	LY-VA	18	---	9.50
	33.06	1:10.51 1:49.10 2:26.86				
	(33.06)	(37.45) (38.59) (37.76)				
29.98Y	P # 113	Female 15 & Over 50 Fly	LY-VA	40	---	-0.65

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Colt Kirby (14) M						
2:14.41Y	F # 60	Male 13-14 200 IM	LY-VA	11	6	-4.01
	28.84	1:04.75 1:44.84 2:14.41				
	(28.84)	(35.91) (40.09) (29.57)				
2:15.88Y	P # 60	Male 13-14 200 IM	LY-VA	13	---	-2.54
	28.69	1:05.07 1:44.73 2:15.88				
	(28.69)	(36.38) (39.66) (31.15)				
25.40Y	P # 64	Male 13-14 50 Free	LY-VA	16	---	-0.98
25.53Y	F # 64	Male 13-14 50 Free	LY-VA	17	---	-0.85
5:24.44Y	F # 72	Male 13-14 500 Free	LY-VA	5	14	-6.19
	29.63	1:02.04 1:35.44 2:08.43 2:41.21 3:14.42 3:46.88 4:20.35				
	(29.63)	(32.41) (33.40) (32.99) (32.78) (33.21) (32.46) (33.47)				
	4:53.31	5:24.44				
	(32.96)	(31.13)				
5:29.82Y	P # 72	Male 13-14 500 Free	LY-VA	7	---	-0.81
	29.22	1:02.12 1:35.69 2:09.56 2:42.75 3:15.83 3:49.64 4:23.36				
	(29.22)	(32.90) (33.57) (33.87) (33.19) (33.08) (33.81) (33.72)				
	4:57.54	5:29.82				
	(34.18)	(32.28)				
2:13.85Y	F # 96	Male 13-14 200 Fly	LY-VA	3	16	-3.44
	29.24	1:03.77 1:38.81 2:13.85				
	(29.24)	(34.53) (35.04) (35.04)				
2:15.97Y	P # 96	Male 13-14 200 Fly	LY-VA	5	---	-1.32
	29.70	1:04.56 1:40.00 2:15.97				
	(29.70)	(34.86) (35.44) (35.97)				
56.65Y	F # 100	Male 13-14 100 Free	LY-VA	14	3	-0.02
	27.33	56.65				
	(27.33)	(29.32)				
57.01Y	P # 100	Male 13-14 100 Free	LY-VA	17	---	0.34
	27.76	57.01				
	(27.76)	(29.25)				
27.02Y	F # 112	Male 13-14 50 Fly	LY-VA	7	12	-1.94
27.12Y	P # 112	Male 13-14 50 Fly	LY-VA	7	---	-1.84

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Amelia Kobek (10) F						
38.44Y	F # 33	Female 10 & Under 50 Back	LY-VA	15	2	0.28
2:39.97Y	F # 37	Female 10 & Under 200 Free	LY-VA	10	7	-7.00
	37.37	1:18.71 2:01.05 2:39.97				
	(37.37)	(41.34) (42.34) (38.92)				
1:25.58Y	F # 41	Female 10 & Under 100 Fly	LY-VA	3	16	-1.92
	37.99	1:25.58				
	(37.99)	(47.59)				
32.13Y	P # 77	Female 10 & Under 50 Free	LY-VA	18	---	-0.96
1:33.12Y	F # 81	Female 10 & Under 100 Breast	LY-VA	7	12	-4.93
	43.94	1:33.12				
	(43.94)	(49.18)				
1:33.81Y	P # 81	Female 10 & Under 100 Breast	LY-VA	9	---	-4.24
	44.30	1:33.81				
	(44.30)	(49.51)				
33.85Y	F # 85	Female 10 & Under 50 Fly	LY-VA	3	16	-1.49
34.39Y	P # 85	Female 10 & Under 50 Fly	LY-VA	1	---	-0.95
1:24.01Y	P # 121	Female 10 & Under 100 Back	LY-VA	16	---	-2.23
	39.88	1:24.01				
	(39.88)	(44.13)				
1:11.60Y	P # 125	Female 10 & Under 100 Free	LY-VA	13	---	-1.86
	33.93	1:11.60				
	(33.93)	(37.67)				
1:21.61Y	P # 129	Female 10 & Under 100 IM	LY-VA	9	---	-3.65
	36.89	1:21.61				
	(36.89)	(44.72)				
1:21.77Y	F # 129	Female 10 & Under 100 IM	LY-VA	9	9	-3.49
	36.96	1:21.77				
	(36.96)	(44.81)				
Evangeline Korby (14) F						
1:23.54Y	P # 55	Female 13-14 100 Back	LY-VA	42	---	2.69
	---	1:23.54				
	---	(1:23.54)				
2:54.57Y	P # 59	Female 13-14 200 IM	LY-VA	34	---	6.70
	40.33	1:23.76 2:15.70 2:54.57				
	(40.33)	(43.43) (51.94) (38.87)				
29.98Y	P # 63	Female 13-14 50 Free	LY-VA	40	---	0.98

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Jon Korby (14) M						
1:13.92Y	P # 56	Male 13-14 100 Back	LY-VA	32	---	-2.24
	35.81	1:13.92				
	(35.81)	(38.11)				
27.60Y	P # 64	Male 13-14 50 Free	LY-VA	31	---	-1.07
6:19.42Y	P # 72	Male 13-14 500 Free	LY-VA	22	---	-29.38
	31.89	1:08.73 1:47.10 2:26.52 3:05.52 3:45.12 4:25.22 5:05.65				
	(31.89)	(36.84) (38.37) (39.42) (39.00) (39.60) (40.10) (40.43)				
	5:44.36	6:19.42				
	(38.71)	(35.06)				
Jefferson Koscielny (14) M						
1:11.76Y	F # 12	Male 13-14 100 Fly	LY-VA	18	---	-2.62
	32.63	1:11.76				
	(32.63)	(39.13)				
2:28.02Y	F # 20	Male 13-14 200 Free	LY-VA	33	---	1.38
	33.06	1:10.96 1:51.24 2:28.02				
	(33.06)	(37.90) (40.28) (36.78)				
38.76Y	F # 24	Male 13-14 50 Back	LY-VA	21	---	-3.57
2:46.14Y	P # 60	Male 13-14 200 IM	LY-VA	32	---	2.90
	33.40	1:18.86 2:07.91 2:46.14				
	(33.40)	(45.46) (49.05) (38.23)				
28.77Y	P # 64	Male 13-14 50 Free	LY-VA	41	---	-1.90
6:39.15Y	P # 72	Male 13-14 500 Free	LY-VA	23	---	9.01
	32.62	1:11.62 1:51.92 2:33.97 3:16.80 3:58.44 4:40.28 5:21.52				
	(32.62)	(39.00) (40.30) (42.05) (42.83) (41.64) (41.84) (41.24)				
	6:03.48	6:39.15				
	(41.96)	(35.67)				
NS	P # 100	Male 13-14 100 Free	LY-VA	---	---	---
NS	P # 104	Male 13-14 200 Breast	LY-VA	---	---	---
NS	P # 112	Male 13-14 50 Fly	LY-VA	---	---	---
Jacob Kovarik (16) M						
58.74Y	P # 102	Male 15 & Over 100 Free	LY-VA	80	---	4.58
	27.59	58.74				
	(27.59)	(31.15)				
2:56.70Y	P # 106	Male 15 & Over 200 Breast	LY-VA	30	---	16.71
	38.44	1:24.43 2:11.61 2:56.70				
	(38.44)	(45.99) (47.18) (45.09)				
29.63Y	P # 114	Male 15 & Over 50 Fly	LY-VA	54	---	0.55

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Hank Lancaster (10) M					
4:15.55Y	F # 6	Male 10 & Under 200 IM	LY-VA	23	---
	---	2:03.22 3:27.10 4:15.55			
	---	(2:03.22) (1:23.88) (48.45)			
51.64Y	F # 34	Male 10 & Under 50 Back	LY-VA	59	---
3:36.05Y	F # 38	Male 10 & Under 200 Free	LY-VA	53	---
		50.18 1:49.30 2:45.95 3:36.05			
		(50.18) (59.12) (56.65) (50.10)			
1:07.64Y	F # 46	Male 10 & Under 50 Breast	LY-VA	51	---
43.73Y	P # 78	Male 10 & Under 50 Free	LY-VA	78	---
2:22.56Y	P # 82	Male 10 & Under 100 Breast	LY-VA	69	---
		1:11.38 2:22.56			
		(1:11.38) (1:11.18)			
57.97Y	P # 86	Male 10 & Under 50 Fly	LY-VA	68	---
1:50.22Y	P # 122	Male 10 & Under 100 Back	LY-VA	61	---
		53.98 1:50.22			
		(53.98) (56.24)			
1:37.07Y	P # 126	Male 10 & Under 100 Free	LY-VA	66	---
		46.83 1:37.07			
		(46.83) (50.24)			
1:58.67Y	P # 130	Male 10 & Under 100 IM	LY-VA	62	---
	---	1:58.67			
	---	(1:58.67)			
Yeva Langeland (8) F					
3:05.90Y	F # 37	Female 10 & Under 200 Free	LY-VA	32	---
		40.20 1:29.15 2:18.49 3:05.90			
		(40.20) (48.95) (49.34) (47.41)			
NS	F # 41	Female 10 & Under 100 Fly	LY-VA	---	---
51.13Y	F # 45	Female 10 & Under 50 Breast	LY-VA	37	---
38.02Y	P # 77	Female 10 & Under 50 Free	LY-VA	57	---
1:50.44Y	P # 81	Female 10 & Under 100 Breast	LY-VA	47	---
		52.18 1:50.44			
		(52.18) (58.26)			
47.77Y	P # 85	Female 10 & Under 50 Fly	LY-VA	52	---
39.66Y	F # 89	200 Free Relay Lead Off	LY-VA	---	---
1:39.93Y DQ	P # 121	Female 10 & Under 100 Back	LY-VA	---	---
		48.57 1:39.93			
		(48.57) (51.36)			
1:26.11Y	P # 125	Female 10 & Under 100 Free	LY-VA	49	---
		41.13 1:26.11			
		(41.13) (44.98)			
1:35.88Y	P # 129	Female 10 & Under 100 IM	LY-VA	42	---
		44.69 1:35.88			
		(44.69) (51.19)			

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Abby Lawrence (9) F						
50.28Y	F # 33	Female 10 & Under 50 Back	LY-VA	50	---	-2.45
3:47.57Y	F # 37	Female 10 & Under 200 Free	LY-VA	46	---	---
	51.80	1:51.48 2:52.41 3:47.57				
	(51.80)	(59.68) (1:00.93) (55.16)				
1:18.16Y DQ	F # 45	Female 10 & Under 50 Breast	LY-VA	---	---	---
51.43Y	F # 49	200 Medley Relay Lead Off	LY-VA	---	---	-1.30
47.17Y	P # 77	Female 10 & Under 50 Free	LY-VA	93	---	-1.60
1:07.16Y DQ	P # 85	Female 10 & Under 50 Fly	LY-VA	---	---	---
1:49.33Y	P # 121	Female 10 & Under 100 Back	LY-VA	67	---	-19.41
	53.21	1:49.33				
	(53.21)	(56.12)				
1:48.95Y DQ	P # 125	Female 10 & Under 100 Free	LY-VA	---	---	---
	52.17	1:48.95				
	(52.17)	(56.78)				
2:13.97Y	P # 129	Female 10 & Under 100 IM	LY-VA	84	---	---
	59.85	2:13.97				
	(59.85)	(1:14.12)				
Lennon Leedy (8) F						
39.91Y	P # 77	Female 10 & Under 50 Free	LY-VA	65	---	0.79
1:58.90Y	P # 81	Female 10 & Under 100 Breast	LY-VA	65	---	-1.17
	1:01.47	1:58.90				
	(1:01.47)	(57.43)				
58.90Y	P # 85	Female 10 & Under 50 Fly	LY-VA	75	---	5.97
1:53.44Y	P # 121	Female 10 & Under 100 Back	LY-VA	69	---	-2.38
	57.11	1:53.44				
	(57.11)	(56.33)				
1:32.28Y	P # 125	Female 10 & Under 100 Free	LY-VA	60	---	3.93
	42.91	1:32.28				
	(42.91)	(49.37)				
1:44.90Y	P # 129	Female 10 & Under 100 IM	LY-VA	63	---	0.91
	52.55	1:44.90				
	(52.55)	(52.35)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Benjamin Leger (10) M						
2:55.44Y	F # 6	Male 10 & Under 200 IM	LY-VA	11	6	-4.69
	38.86	1:23.05 2:16.36 2:55.44				
	(38.86)	(44.19) (53.31) (39.08)				
6:42.17Y	F # 10	Male 10 & Under 500 Free	LY-VA	6	13	-6.78
	35.85	1:16.34 1:57.85 2:39.21 3:20.33 4:02.16 4:42.90 5:23.08				
	(35.85)	(40.49) (41.51) (41.36) (41.12) (41.83) (40.74) (40.18)				
	6:03.63	6:42.17				
	(40.55)	(38.54)				
2:31.25Y	F # 38	Male 10 & Under 200 Free	LY-VA	9	9	-0.92
	34.87	1:13.97 1:53.85 2:31.25				
	(34.87)	(39.10) (39.88) (37.40)				
1:25.80Y	F # 42	Male 10 & Under 100 Fly	LY-VA	12	5	-3.54
	39.37	1:25.80				
	(39.37)	(46.43)				
43.97Y	F # 46	Male 10 & Under 50 Breast	LY-VA	11	6	-1.14
33.25Y	P # 78	Male 10 & Under 50 Free	LY-VA	26	---	0.43
39.75Y	P # 86	Male 10 & Under 50 Fly	LY-VA	27	---	1.31
1:10.19Y	P # 126	Male 10 & Under 100 Free	LY-VA	12	---	-2.58
	33.47	1:10.19				
	(33.47)	(36.72)				
1:23.35Y	P # 130	Male 10 & Under 100 IM	LY-VA	11	---	-0.90
	39.37	1:23.35				
	(39.37)	(43.98)				
Jacob Leger (16) M						
54.76Y	F # 14	Male 15 & Over 100 Fly	LY-VA	18	---	-2.43
	25.46	54.76				
	(25.46)	(29.30)				
23.72Y	P # 66	Male 15 & Over 50 Free	LY-VA	31	---	0.21
52.10Y	P # 102	Male 15 & Over 100 Free	LY-VA	36	---	-0.91
	25.28	52.10				
	(25.28)	(26.82)				
53.30Y	F # 102	Male 15 & Over 100 Free	LY-VA	26	---	0.29
	25.93	53.30				
	(25.93)	(27.37)				
25.02Y	P # 114	Male 15 & Over 50 Fly	LY-VA	15	---	-3.53
25.92Y	F # 114	Male 15 & Over 50 Fly	LY-VA	18	---	-2.63

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Noah Leger (13) M						
1:18.66Y	F # 16	Male 13-14 100 Breast	LY-VA	16	1	-3.80
	37.69	1:18.66				
	(37.69)	(40.97)				
2:16.04Y	F # 20	Male 13-14 200 Free	LY-VA	25	---	-1.52
	31.80	1:07.13 1:42.78 2:16.04				
	(31.80)	(35.33) (35.65) (33.26)				
5:24.99Y	F # 28	Male 13-14 400 IM	LY-VA	11	6	-10.19
	---	1:17.47 2:00.65 2:43.84 3:28.32 4:15.80 4:51.37 5:24.99				
	---	(1:17.47) (43.18) (43.19) (44.48) (47.48) (35.57) (33.62)				
2:37.46Y	P # 60	Male 13-14 200 IM	LY-VA	29	---	5.68
	34.92	1:16.54 2:01.03 2:37.46				
	(34.92)	(41.62) (44.49) (36.43)				
28.38Y	P # 64	Male 13-14 50 Free	LY-VA	37	---	-0.55
5:57.88Y	F # 72	Male 13-14 500 Free	LY-VA	16	1	-6.50
	31.44	1:07.78 1:45.73 2:22.72 3:00.02 3:36.23 4:13.13 4:49.45				
	(31.44)	(36.34) (37.95) (36.99) (37.30) (36.21) (36.90) (36.32)				
	5:24.83	5:57.88				
	(35.38)	(33.05)				
6:07.58Y	P # 72	Male 13-14 500 Free	LY-VA	18	---	3.20
	33.12	1:12.49 1:50.71 2:27.84 3:05.85 3:43.50 4:21.18 4:59.31				
	(33.12)	(39.37) (38.22) (37.13) (38.01) (37.65) (37.68) (38.13)				
	5:35.58	6:07.58				
	(36.27)	(32.00)				
2:46.13Y	P # 96	Male 13-14 200 Fly	LY-VA	10	---	-10.56
	36.07	1:19.21 2:03.59 2:46.13				
	(36.07)	(43.14) (44.38) (42.54)				
1:04.55Y	P # 100	Male 13-14 100 Free	LY-VA	36	---	1.06
	30.76	1:04.55				
	(30.76)	(33.79)				
3:06.29Y	P # 104	Male 13-14 200 Breast	LY-VA	20	---	7.53
	41.88	1:30.28 2:20.20 3:06.29				
	(41.88)	(48.40) (49.92) (46.09)				

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Olivia Lemmi (8) F						
53.89Y	F # 33	Female 10 & Under 50 Back	LY-VA	58	---	-4.08
3:49.18Y	F # 37	Female 10 & Under 200 Free	LY-VA	47	---	26.32
	49.03	1:48.71 2:49.70 3:49.18				
	(49.03)	(59.68) (1:00.99) (59.48)				
1:17.36Y	F # 45	Female 10 & Under 50 Breast	LY-VA	57	---	---
46.69Y	P # 77	Female 10 & Under 50 Free	LY-VA	91	---	-3.27
2:37.27Y	P # 81	Female 10 & Under 100 Breast	LY-VA	86	---	---
	---	2:37.27				
	---	(2:37.27)				
1:18.08Y	P # 85	Female 10 & Under 50 Fly	LY-VA	90	---	---
2:03.78Y	P # 121	Female 10 & Under 100 Back	LY-VA	81	---	---
	58.20	2:03.78				
	(58.20)	(1:05.58)				
1:48.43Y	P # 125	Female 10 & Under 100 Free	LY-VA	90	---	-1.27
	48.82	1:48.43				
	(48.82)	(59.61)				
2:22.62Y	P # 129	Female 10 & Under 100 IM	LY-VA	89	---	---
	1:06.33	2:22.62				
	(1:06.33)	(1:16.29)				
Eli McGee (7) M						
1:06.40Y	F # 34	Male 10 & Under 50 Back	LY-VA	68	---	2.18
4:05.38Y	F # 38	Male 10 & Under 200 Free	LY-VA	58	---	---
	49.28	1:57.16 2:58.88 4:05.38				
	(49.28)	(1:07.88) (1:01.72) (1:06.50)				
1:18.02Y DQ	F # 46	Male 10 & Under 50 Breast	LY-VA	---	---	---
52.28Y	P # 78	Male 10 & Under 50 Free	LY-VA	90	---	3.92
1:13.35Y	P # 86	Male 10 & Under 50 Fly	LY-VA	81	---	---
2:22.89Y	P # 122	Male 10 & Under 100 Back	LY-VA	76	---	---
	1:09.78	2:22.89				
	(1:09.78)	(1:13.11)				
1:47.07Y	P # 126	Male 10 & Under 100 Free	LY-VA	79	---	-11.28
	49.07	1:47.07				
	(49.07)	(58.00)				
2:17.15Y	P # 130	Male 10 & Under 100 IM	LY-VA	66	---	-2.60
	1:08.42	2:17.15				
	(1:08.42)	(1:08.73)				
Ansel McMullen (8) M						
58.60Y DQ	F # 34	Male 10 & Under 50 Back	LY-VA	---	---	---
1:03.96Y	F # 46	Male 10 & Under 50 Breast	LY-VA	48	---	---
38.92Y	P # 78	Male 10 & Under 50 Free	LY-VA	61	---	-4.51
53.41Y	P # 86	Male 10 & Under 50 Fly	LY-VA	65	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Virgil McMullen (10) M						
36.06Y	F # 34	Male 10 & Under 50 Back	LY-VA	9	9	-2.68
48.30Y	F # 46	Male 10 & Under 50 Breast	LY-VA	20	---	---
31.29Y	P # 78	Male 10 & Under 50 Free	LY-VA	12	---	-1.52
1:46.02Y	P # 82	Male 10 & Under 100 Breast	LY-VA	33	---	---
	49.46	1:46.02				
	(49.46)	(56.56)				
34.80Y	P # 86	Male 10 & Under 50 Fly	LY-VA	10	---	-1.81

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Lawson McSwain (11) M						
2:42.10Y	F # 4	Male 11-12 200 IM	LY-VA	16	1	-5.16
	36.49	1:16.47 2:04.38 2:42.10				
	(36.49)	(39.98) (47.91) (37.72)				
6:13.16Y	F # 8	Male 11-12 500 Free	LY-VA	11	6	-12.10
	34.18	1:11.85 1:49.85 2:27.98 3:06.30 3:44.63 4:21.40 4:58.58				
	(34.18)	(37.67) (38.00) (38.13) (38.32) (38.33) (36.77) (37.18)				
	5:36.72	6:13.16				
	(38.14)	(36.44)				
2:23.11Y	F # 36A	Male 11-11 200 Free	LY-VA	3	16	-0.17
	32.89	1:09.64 1:46.91 2:23.11				
	(32.89)	(36.75) (37.27) (36.20)				
1:22.64Y	F # 40A	Male 11-11 100 Fly	LY-VA	7	12	-1.65
	38.13	1:22.64				
	(38.13)	(44.51)				
5:45.62Y	F # 48	Male 11-12 400 IM	LY-VA	11	6	-2.94
	37.92	1:23.37 2:06.75 2:49.46 3:37.53 4:27.46 5:07.14 5:45.62				
	(37.92)	(45.45) (43.38) (42.71) (48.07) (49.93) (39.68) (38.48)				
3:06.88Y DQ	F # 76	Male 11-12 200 Fly	LY-VA	---	---	---
	39.13	1:24.84 --- 3:06.88				
	(39.13)	(45.71) --- (3:06.88)				
30.19Y	F # 80A	Male 11-11 50 Free	LY-VA	9	9	-0.88
30.58Y	P # 80A	Male 11-11 50 Free	LY-VA	9	---	-0.49
36.50Y	P # 88A	Male 11-11 50 Back	LY-VA	8	---	-0.04
36.68Y	F # 88A	Male 11-11 50 Back	LY-VA	9	9	0.14
31.29Y	F # 92	200 Free Relay Lead Off	LY-VA	---	---	0.22
1:16.91Y	F # 124A	Male 11-11 100 Back	LY-VA	5	14	-0.91
	37.37	1:16.91				
	(37.37)	(39.54)				
1:17.49Y	P # 124A	Male 11-11 100 Back	LY-VA	5	---	-0.33
	38.19	1:17.49				
	(38.19)	(39.30)				
1:06.33Y	F # 128A	Male 11-11 100 Free	LY-VA	6	13	-0.88
	31.83	1:06.33				
	(31.83)	(34.50)				
1:06.60Y	P # 128A	Male 11-11 100 Free	LY-VA	5	---	-0.61
	32.52	1:06.60				
	(32.52)	(34.08)				
1:16.06Y	F # 132A	Male 11-11 100 IM	LY-VA	3	16	-2.33
	36.20	1:16.06				
	(36.20)	(39.86)				
1:18.39Y	P # 132A	Male 11-11 100 IM	LY-VA	3	---	---
	38.44	1:18.39				
	(38.44)	(39.95)				

Lynchburg YMCA Swim Team
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Individual Meet Results

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Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Collins Melcher (7) F						
53.03Y	F # 33	Female 10 & Under 50 Back	LY-VA	56	---	0.09
3:50.06Y	F # 37	Female 10 & Under 200 Free	LY-VA	48	---	---
	49.36	1:49.03	---	3:50.06		
	(49.36)	(59.67)	---	(3:50.06)		
1:15.97Y DQ	F # 45	Female 10 & Under 50 Breast	LY-VA	---	---	---
1:00.18Y	F # 49	200 Medley Relay Lead Off	LY-VA	---	---	7.24
45.36Y	P # 77	Female 10 & Under 50 Free	LY-VA	88	---	-0.04
1:02.82Y	P # 85	Female 10 & Under 50 Fly	LY-VA	82	---	---
1:55.49Y DQ	P # 121	Female 10 & Under 100 Back	LY-VA	---	---	---
	---	1:55.49				
	---	(1:55.49)				
1:44.84Y	P # 125	Female 10 & Under 100 Free	LY-VA	81	---	0.24
	48.86	1:44.84				
	(48.86)	(55.98)				
2:11.67Y	P # 129	Female 10 & Under 100 IM	LY-VA	82	---	---
	59.58	2:11.67				
	(59.58)	(1:12.09)				
Blythe Miller (17) F						
1:19.42Y	F # 17	Female 15 & Over 100 Breast	LY-VA	36	---	3.86
	36.96	1:19.42				
	(36.96)	(42.46)				
2:08.31Y	F # 21	Female 15 & Over 200 Free	LY-VA	48	---	-1.72
	29.46	1:02.70	1:36.34	2:08.31		
	(29.46)	(33.24)	(33.64)	(31.97)		
33.49Y	F # 25	Female 15 & Over 50 Back	LY-VA	27	---	-4.84
2:32.51Y	P # 61	Female 15 & Over 200 IM	LY-VA	51	---	-0.99
	33.58	1:14.11	1:58.51	2:32.51		
	(33.58)	(40.53)	(44.40)	(34.00)		
27.68Y	P # 65	Female 15 & Over 50 Free	LY-VA	57	---	0.16
5:49.38Y	P # 73	Female 15 & Over 500 Free	LY-VA	38	---	0.39
	30.39	1:04.10	1:39.15	2:14.32	2:50.20	3:26.12
	(30.39)	(33.71)	(35.05)	(35.17)	(35.88)	(35.92)
	5:14.73	5:49.38			4:02.54	4:38.78
	(35.95)	(34.65)			(36.42)	(36.24)

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Ren Mobley (9) M						
56.05Y	F # 34	Male 10 & Under 50 Back	LY-VA	65	---	1.39
4:15.54Y	F # 38	Male 10 & Under 200 Free	LY-VA	59	---	-15.89
	53.45	2:00.92 3:09.28 4:15.54				
	(53.45)	(1:07.47) (1:08.36) (1:06.26)				
1:06.90Y	F # 46	Male 10 & Under 50 Breast	LY-VA	50	---	-2.55
51.06Y	P # 78	Male 10 & Under 50 Free	LY-VA	87	---	0.10
2:23.91Y DQ	P # 82	Male 10 & Under 100 Breast	LY-VA	---	---	---
	1:09.41	2:23.91				
	(1:09.41)	(1:14.50)				
1:14.44Y DQ	P # 86	Male 10 & Under 50 Fly	LY-VA	---	---	---
1:51.98Y	P # 122	Male 10 & Under 100 Back	LY-VA	62	---	-9.89
	54.00	1:51.98				
	(54.00)	(57.98)				
1:54.15Y	P # 126	Male 10 & Under 100 Free	LY-VA	80	---	2.98
	52.88	1:54.15				
	(52.88)	(1:01.27)				
2:07.43Y	P # 130	Male 10 & Under 100 IM	LY-VA	65	---	-2.17
	59.70	2:07.43				
	(59.70)	(1:07.73)				
Maggie Morgan (10) F						
54.73Y	F # 33	Female 10 & Under 50 Back	LY-VA	59	---	---
1:02.15Y	F # 45	Female 10 & Under 50 Breast	LY-VA	52	---	---
37.32Y	P # 77	Female 10 & Under 50 Free	LY-VA	54	---	---
2:35.32Y DQ	P # 81	Female 10 & Under 100 Breast	LY-VA	---	---	---
	1:04.95	2:35.32				
	(1:04.95)	(1:30.37)				
Dabney Morrison (11) F						
31.11Y	P # 79A	Female 11-11 50 Free	LY-VA	21	---	-1.29
1:31.18Y	P # 83A	Female 11-11 100 Breast	LY-VA	18	---	0.34
	43.23	1:31.18				
	(43.23)	(47.95)				
36.94Y	P # 87A	Female 11-11 50 Back	LY-VA	18	---	-1.65
33.82Y	P # 119A	Female 11-11 50 Fly	LY-VA	10	---	-0.59
1:18.01Y	P # 123A	Female 11-11 100 Back	LY-VA	14	---	0.35
	38.08	1:18.01				
	(38.08)	(39.93)				
1:19.47Y	P # 131A	Female 11-11 100 IM	LY-VA	15	---	2.60
	35.83	1:19.47				
	(35.83)	(43.64)				
Luke Morrison (16) M						
NS	F # 14	Male 15 & Over 100 Fly	LY-VA	---	---	---
NS	F # 22	Male 15 & Over 200 Free	LY-VA	---	---	---
NS	P # 74	Male 15 & Over 500 Free	LY-VA	---	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Mac Morrison (12) M					
32.78Y	F # 52	200 Medley Relay Lead Off	LY-VA	---	0.40
2:31.85Y	F # 76	Male 11-12 200 Fly	LY-VA	14	-25.78
	32.85	1:12.42 1:52.54 2:31.85			
	(32.85)	(39.57) (40.12) (39.31)			
26.96Y	P # 80B	Male 12-12 50 Free	LY-VA	---	0.03
1:07.84Y	P # 132B	Male 12-12 100 IM	LY-VA	---	-1.09
	30.42	1:07.84			
	(30.42)	(37.42)			
1:08.28Y	F # 132B	Male 12-12 100 IM	LY-VA	14	-0.65
	30.64	1:08.28			
	(30.64)	(37.64)			
Aidan Moss (14) M					
1:00.22Y	F # 56	Male 13-14 100 Back	LY-VA	14	-3.12
	29.02	1:00.22			
	(29.02)	(31.20)			
1:00.23Y	P # 56	Male 13-14 100 Back	LY-VA	---	-3.11
	29.28	1:00.23			
	(29.28)	(30.95)			
5:33.44Y	F # 72	Male 13-14 500 Free	LY-VA	9	-16.23
	28.56	1:00.67 1:33.24 2:06.75 2:40.71 3:15.02 3:49.84 4:24.88			
	(28.56)	(32.11) (32.57) (33.51) (33.96) (34.31) (34.82) (35.04)			
	4:59.94	5:33.44			
	(35.06)	(33.50)			
5:34.05Y	P # 72	Male 13-14 500 Free	LY-VA	---	-15.62
	29.64	1:02.80 1:37.08 2:11.06 2:45.22 3:19.47 3:53.61 4:27.66			
	(29.64)	(33.16) (34.28) (33.98) (34.16) (34.25) (34.14) (34.05)			
	5:01.70	5:34.05			
	(34.04)	(32.35)			
2:16.30Y	F # 96	Male 13-14 200 Fly	LY-VA	15	-13.51
	29.05	1:03.11 1:39.80 2:16.30			
	(29.05)	(34.06) (36.69) (36.50)			
2:20.62Y	P # 96	Male 13-14 200 Fly	LY-VA	---	-9.19
	29.55	1:05.19 1:42.82 2:20.62			
	(29.55)	(35.64) (37.63) (37.80)			
26.53Y	F # 112	Male 13-14 50 Fly	LY-VA	13	-3.39
26.68Y	P # 112	Male 13-14 50 Fly	LY-VA	---	-3.24

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
William Moss (10) M						
38.72Y	F # 34	Male 10 & Under 50 Back	LY-VA	20	---	0.18
2:39.35Y	F # 38	Male 10 & Under 200 Free	LY-VA	17	---	-6.21
	36.06	1:17.61 1:58.94 2:39.35				
	(36.06)	(41.55) (41.33) (40.41)				
1:39.41Y	F # 42	Male 10 & Under 100 Fly	LY-VA	16	1	-1.18
	44.29	1:39.41				
	(44.29)	(55.12)				
41.10Y	F # 50	200 Medley Relay Lead Off	LY-VA	---	---	2.56
33.55Y	P # 78	Male 10 & Under 50 Free	LY-VA	29	---	0.62
1:39.07Y	P # 82	Male 10 & Under 100 Breast	LY-VA	15	---	-6.12
	46.08	1:39.07				
	(46.08)	(52.99)				
40.15Y DQ	P # 86	Male 10 & Under 50 Fly	LY-VA	---	---	---
1:27.06Y	P # 122	Male 10 & Under 100 Back	LY-VA	29	---	2.17
	42.72	1:27.06				
	(42.72)	(44.34)				
1:16.47Y	P # 126	Male 10 & Under 100 Free	LY-VA	28	---	1.93
	35.77	1:16.47				
	(35.77)	(40.70)				
1:27.14Y	P # 130	Male 10 & Under 100 IM	LY-VA	20	---	-0.47
	40.21	1:27.14				
	(40.21)	(46.93)				
Sara Mrabet (10) F						
45.11Y	P # 77	Female 10 & Under 50 Free	LY-VA	85	---	-0.20
2:17.17Y DQ	P # 81	Female 10 & Under 100 Breast	LY-VA	---	---	---
	1:04.23	2:17.17				
	(1:04.23)	(1:12.94)				
1:01.47Y	P # 85	Female 10 & Under 50 Fly	LY-VA	81	---	-4.25
2:04.28Y	P # 121	Female 10 & Under 100 Back	LY-VA	82	---	-12.95
	1:00.87	2:04.28				
	(1:00.87)	(1:03.41)				
1:38.95Y	P # 125	Female 10 & Under 100 Free	LY-VA	72	---	-5.25
	45.54	1:38.95				
	(45.54)	(53.41)				
2:02.11Y	P # 129	Female 10 & Under 100 IM	LY-VA	77	---	-1.56
	1:00.91	2:02.11				
	(1:00.91)	(1:01.20)				

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Kaitlyn Nordquist (12) F					
32.62Y DQ	P # 119B	Female 12-12 50 Fly	LY-VA	---	---
1:03.81Y	P # 127B	Female 12-12 100 Free	LY-VA	---	-6.43
	31.16	1:03.81			
	(31.16)	(32.65)			
1:03.84Y	F # 127B	Female 12-12 100 Free	LY-VA	12	-6.40
	31.02	1:03.84			
	(31.02)	(32.82)			
1:17.21Y	P # 131B	Female 12-12 100 IM	LY-VA	---	-3.58
	38.33	1:17.21			
	(38.33)	(38.88)			
Anwuli Ogbu (8) F					
45.33Y	P # 77	Female 10 & Under 50 Free	LY-VA	---	-2.26
2:23.19Y	P # 81	Female 10 & Under 100 Breast	LY-VA	---	---
	---	2:23.19			
	---	(2:23.19)			
Onye Ogbu (11) F					
35.71Y	P # 79A	Female 11-11 50 Free	LY-VA	---	-4.18
2:10.83Y DQ	P # 83A	Female 11-11 100 Breast	LY-VA	---	---
	1:00.59	2:10.83			
	(1:00.59)	(1:10.24)			

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Selah Parish (12) F						
2:26.41Y	F # 3	Female 11-12 200 IM	LY-VA	2	17	-5.29
	31.32	1:10.07 1:52.32 2:26.41				
	(31.32)	(38.75) (42.25) (34.09)				
5:51.20Y	F # 7	Female 11-12 500 Free	LY-VA	4	15	-1.27
	30.98	1:06.26 1:42.06 2:18.48 2:54.89 3:31.57 4:06.58 4:42.27				
	(30.98)	(35.28) (35.80) (36.42) (36.41) (36.68) (35.01) (35.69)				
	5:17.99	5:51.20				
	(35.72)	(33.21)				
1:02.55Y	F # 39B	Female 12-12 100 Fly	LY-VA	3	16	-1.79
	29.09	1:02.55				
	(29.09)	(33.46)				
37.37Y	F # 43B	Female 12-12 50 Breast	LY-VA	8	11	1.20
5:07.96Y	F # 47	Female 11-12 400 IM	LY-VA	4	15	15.29
	31.74	1:09.68 1:49.10 2:27.33 3:12.07 3:57.28 4:32.74 5:07.96				
	(31.74)	(37.94) (39.42) (38.23) (44.74) (45.21) (35.46) (35.22)				
2:19.40Y	F # 75	Female 11-12 200 Fly	LY-VA	2	17	-8.40
	30.92	1:07.58 1:45.00 2:19.40				
	(30.92)	(36.66) (37.42) (34.40)				
26.09Y	F # 79B	Female 12-12 50 Free	LY-VA	2	17	-0.73
26.45Y	P # 79B	Female 12-12 50 Free	LY-VA	3	---	-0.37
1:18.78Y	F # 83B	Female 12-12 100 Breast	LY-VA	5	14	-0.18
	38.44	1:18.78				
	(38.44)	(40.34)				
1:20.78Y	P # 83B	Female 12-12 100 Breast	LY-VA	7	---	1.82
	38.12	1:20.78				
	(38.12)	(42.66)				

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Aidan Parker (16) M						
2:16.58Y	F # 22	Male 15 & Over 200 Free	LY-VA	71	---	0.81
	31.80	1:07.04 1:41.61 2:16.58				
	(31.80)	(35.24) (34.57) (34.97)				
32.19Y	F # 26	Male 15 & Over 50 Back	LY-VA	34	---	-1.10
1:09.39Y	P # 58	Male 15 & Over 100 Back	LY-VA	55	---	-1.30
	34.22	1:09.39				
	(34.22)	(35.17)				
27.90Y	P # 66	Male 15 & Over 50 Free	LY-VA	69	---	0.40
6:02.73Y	P # 74	Male 15 & Over 500 Free	LY-VA	50	---	-15.20
	33.17	1:09.29 1:46.17 2:23.79 3:01.47 3:39.06 4:15.63 4:51.81				
	(33.17)	(36.12) (36.88) (37.62) (37.68) (37.59) (36.57) (36.18)				
	5:28.54	6:02.73				
	(36.73)	(34.19)				
1:02.41Y	P # 102	Male 15 & Over 100 Free	LY-VA	83	---	0.23
	30.05	1:02.41				
	(30.05)	(32.36)				
2:38.85Y	P # 110	Male 15 & Over 200 Back	LY-VA	37	---	8.36
	36.41	1:15.77 1:57.28 2:38.85				
	(36.41)	(39.36) (41.51) (41.57)				
32.40Y	P # 114	Male 15 & Over 50 Fly	LY-VA	60	---	-3.48

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Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Mason Patterson (12) M						
2:25.48Y	F # 32B	Male 12-12 200 Back	LY-VA	7	12	---
	34.25	1:11.35 1:49.05 2:25.48				
	(34.25)	(37.10) (37.70) (36.43)				
34.02Y	F # 44B	Male 12-12 50 Breast	LY-VA	4	15	-0.99
2:32.29Y	F # 76	Male 11-12 200 Fly	LY-VA	6	13	---
	32.53	1:11.45 1:52.58 2:32.29				
	(32.53)	(38.92) (41.13) (39.71)				
1:12.83Y	P # 84B	Male 12-12 100 Breast	LY-VA	2	---	-3.37
	34.28	1:12.83				
	(34.28)	(38.55)				
1:16.15Y	F # 84B	Male 12-12 100 Breast	LY-VA	4	15	-0.05
	35.80	1:16.15				
	(35.80)	(40.35)				
27.31Y	F # 92	200 Free Relay Lead Off	LY-VA	---	---	-0.84
57.39Y	F # 128B	Male 12-12 100 Free	LY-VA	4	15	-2.56
	27.74	57.39				
	(27.74)	(29.65)				
58.02Y	P # 128B	Male 12-12 100 Free	LY-VA	7	---	-1.93
	28.27	58.02				
	(28.27)	(29.75)				
1:08.20Y	F # 132B	Male 12-12 100 IM	LY-VA	4	15	-0.81
	32.05	1:08.20				
	(32.05)	(36.15)				
1:08.73Y	P # 132B	Male 12-12 100 IM	LY-VA	7	---	-0.28
	32.60	1:08.73				
	(32.60)	(36.13)				

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Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Ella Pennington (15) F					
1:08.86Y DQ	F # 13	Female 15 & Over 100 Fly	LY-VA	---	---
	30.58	1:08.86			
	(30.58)	(38.28)			
2:15.17Y	F # 21	Female 15 & Over 200 Free	LY-VA	61	---
	30.61	1:04.76 1:40.16 2:15.17			3.65
	(30.61)	(34.15) (35.40) (35.01)			
5:09.05Y	F # 29	Female 15 & Over 400 IM	LY-VA	22	---
	32.79	1:11.63 1:50.51 2:28.63 3:13.84 3:58.91 4:34.22 5:09.05			1.31
	(32.79)	(38.84) (38.88) (38.12) (45.21) (45.07) (35.31) (34.83)			
1:08.79Y	P # 57	Female 15 & Over 100 Back	LY-VA	41	---
	33.34	1:08.79			0.63
	(33.34)	(35.45)			
2:30.38Y	P # 61	Female 15 & Over 200 IM	LY-VA	48	---
	31.51	1:09.02 1:54.63 2:30.38			7.37
	(31.51)	(37.51) (45.61) (35.75)			
5:52.26Y	P # 73	Female 15 & Over 500 Free	LY-VA	41	---
	31.87	1:06.45 1:41.71 2:16.81 2:52.07 3:27.66 4:04.30 4:40.46			9.50
	(31.87)	(34.58) (35.26) (35.10) (35.26) (35.59) (36.64) (36.16)			
	5:16.86	5:52.26			
	(36.40)	(35.40)			
2:34.60Y	F # 97	Female 15 & Over 200 Fly	LY-VA	17	---
	32.27	1:11.02 1:52.67 2:34.60			4.78
	(32.27)	(38.75) (41.65) (41.93)			
2:34.78Y	P # 97	Female 15 & Over 200 Fly	LY-VA	18	---
	32.10	1:10.38 1:52.03 2:34.78			4.96
	(32.10)	(38.28) (41.65) (42.75)			
2:21.71Y	F # 109	Female 15 & Over 200 Back	LY-VA	15	2
	33.43	1:09.09 1:45.52 2:21.71			-3.37
	(33.43)	(35.66) (36.43) (36.19)			
2:22.20Y	P # 109	Female 15 & Over 200 Back	LY-VA	22	---
	33.39	1:08.96 1:45.70 2:22.20			-2.88
	(33.39)	(35.57) (36.74) (36.50)			
11:52.20Y	F # 115	Female 13 & Over 1000 Free	LY-VA	19	---
	32.04	1:07.21 1:42.84 2:18.56 2:53.86 3:29.68 4:05.09 4:40.69			-29.05
	(32.04)	(35.17) (35.63) (35.72) (35.30) (35.82) (35.41) (35.60)			
	5:15.86	5:50.83 6:26.21 7:01.54 7:37.20 8:13.02 8:48.90 9:25.23			
	(35.17)	(34.97) (35.38) (35.33) (35.66) (35.82) (35.88) (36.33)			
	10:02.00	10:39.19 11:16.29 11:52.20			
	(36.77)	(37.19) (37.10) (35.91)			

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Max Pennington (8) M						
43.34Y	P # 78	Male 10 & Under 50 Free	LY-VA	77	---	-4.34
1:57.81Y	P # 82	Male 10 & Under 100 Breast	LY-VA	57	---	-8.47
	55.81	1:57.81				
	(55.81)	(1:02.00)				
1:05.57Y DQ	P # 86	Male 10 & Under 50 Fly	LY-VA	---	---	---
1:54.25Y	P # 122	Male 10 & Under 100 Back	LY-VA	66	---	-5.56
	55.45	1:54.25				
	(55.45)	(58.80)				
1:38.55Y	P # 126	Male 10 & Under 100 Free	LY-VA	68	---	-5.71
	46.20	1:38.55				
	(46.20)	(52.35)				
1:54.07Y	P # 130	Male 10 & Under 100 IM	LY-VA	56	---	-7.96
	58.50	1:54.07				
	(58.50)	(55.57)				

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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Charlotte Pickeral (10) F						
6:09.29Y	F # 9	Female 10 & Under 500 Free	LY-VA	1	20	-16.03
	32.76	1:09.63 1:47.15 2:23.83	3:01.52 3:39.69	4:18.03 4:56.20		
	(32.76)	(36.87) (37.52) (36.68)	(37.69) (38.17)	(38.34) (38.17)		
	5:33.23	6:09.29				
	(37.03)	(36.06)				
35.60Y	F # 33	Female 10 & Under 50 Back	LY-VA	4	15	-0.09
2:19.51Y	F # 37	Female 10 & Under 200 Free	LY-VA	1	20	-7.15
	32.41	1:08.59 1:45.40 2:19.51				
	(32.41)	(36.18) (36.81) (34.11)				
1:26.54Y	F # 41	Female 10 & Under 100 Fly	LY-VA	5	14	1.17
	38.91	1:26.54				
	(38.91)	(47.63)				
29.60Y	F # 77	Female 10 & Under 50 Free	LY-VA	2	17	-0.49
29.94Y	P # 77	Female 10 & Under 50 Free	LY-VA	2	---	-0.15
1:29.72Y	F # 81	Female 10 & Under 100 Breast	LY-VA	3	16	-5.58
	43.15	1:29.72				
	(43.15)	(46.57)				
1:32.42Y	P # 81	Female 10 & Under 100 Breast	LY-VA	6	---	-2.88
	43.46	1:32.42				
	(43.46)	(48.96)				
33.47Y	F # 85	Female 10 & Under 50 Fly	LY-VA	2	17	-1.46
34.39Y	P # 85	Female 10 & Under 50 Fly	LY-VA	1	---	-0.54
1:18.41Y	P # 121	Female 10 & Under 100 Back	LY-VA	4	---	-2.71
	37.97	1:18.41				
	(37.97)	(40.44)				
1:20.14Y	F # 121	Female 10 & Under 100 Back	LY-VA	8	11	-0.98
	39.06	1:20.14				
	(39.06)	(41.08)				
1:06.21Y	F # 125	Female 10 & Under 100 Free	LY-VA	2	17	0.88
	31.73	1:06.21				
	(31.73)	(34.48)				
1:08.21Y	P # 125	Female 10 & Under 100 Free	LY-VA	5	---	2.88
	32.14	1:08.21				
	(32.14)	(36.07)				
1:18.37Y	F # 129	Female 10 & Under 100 IM	LY-VA	6	13	-4.84
	35.82	1:18.37				
	(35.82)	(42.55)				
1:20.71Y	P # 129	Female 10 & Under 100 IM	LY-VA	7	---	-2.50
	36.59	1:20.71				
	(36.59)	(44.12)				

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Ava Rainsford (8) F					
2:06.90Y	P # 121	Female 10 & Under 100 Back	LY-VA	83	---
	58.87	2:06.90			
	(58.87)	(1:08.03)			
1:45.20Y	P # 125	Female 10 & Under 100 Free	LY-VA	83	---
	47.58	1:45.20			-14.58
	(47.58)	(57.62)			
2:10.32Y DQ	P # 129	Female 10 & Under 100 IM	LY-VA	---	---
	58.06	2:10.32			
	(58.06)	(1:12.26)			
Liam Ray (11) M					
NS	F # 4	Male 11-12 200 IM	LY-VA	---	---
NS	F # 8	Male 11-12 500 Free	LY-VA	---	---
Ava Rempfer (14) F					
NS	F # 15	Female 13-14 100 Breast	LY-VA	---	---
NS	F # 19	Female 13-14 200 Free	LY-VA	---	---
NS	F # 23	Female 13-14 50 Back	LY-VA	---	---
1:03.58Y	P # 99	Female 13-14 100 Free	LY-VA	43	---
	29.98	1:03.58			-3.28
	(29.98)	(33.60)			
NS	P # 107	Female 13-14 200 Back	LY-VA	---	---
NS	P # 111	Female 13-14 50 Fly	LY-VA	---	---
Hadley Saechao (9) F					
34.77Y	P # 77	Female 10 & Under 50 Free	LY-VA	33	---
1:40.66Y	P # 81	Female 10 & Under 100 Breast	LY-VA	22	---
	48.23	1:40.66			-5.52
	(48.23)	(52.43)			
44.56Y	P # 85	Female 10 & Under 50 Fly	LY-VA	43	---
					-5.14
Landon Saechao (11) M					
30.66Y	P # 80A	Male 11-11 50 Free	LY-VA	10	---
1:36.38Y	F # 84A	Male 11-11 100 Breast	LY-VA	9	9
	45.34	1:36.38			-8.66
	(45.34)	(51.04)			
1:38.82Y	P # 84A	Male 11-11 100 Breast	LY-VA	9	---
	47.87	1:38.82			-6.22
	(47.87)	(50.95)			
34.65Y	P # 88A	Male 11-11 50 Back	LY-VA	6	---
34.78Y	F # 88A	Male 11-11 50 Back	LY-VA	6	13
					0.26
					0.39

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Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Ben Schewel (8) M						
4:25.07Y	F # 6	Male 10 & Under 200 IM	LY-VA	24	---	---
	1:10.95	2:12.03 3:22.40 4:25.07				
	(1:10.95)	(1:01.08) (1:10.37) (1:02.67)				
53.89Y	F # 34	Male 10 & Under 50 Back	LY-VA	62	---	0.95
3:37.89Y	F # 38	Male 10 & Under 200 Free	LY-VA	55	---	-1.96
	46.39	1:43.67 2:41.69 3:37.89				
	(46.39)	(57.28) (58.02) (56.20)				
56.75Y	F # 46	Male 10 & Under 50 Breast	LY-VA	41	---	-1.40
42.97Y	P # 78	Male 10 & Under 50 Free	LY-VA	76	---	-3.99
2:04.67Y DQ	P # 82	Male 10 & Under 100 Breast	LY-VA	---	---	---
	59.98	2:04.67				
	(59.98)	(1:04.69)				
1:12.14Y	P # 86	Male 10 & Under 50 Fly	LY-VA	80	---	---
1:52.22Y	P # 122	Male 10 & Under 100 Back	LY-VA	63	---	1.79
	53.27	1:52.22				
	(53.27)	(58.95)				
1:45.66Y	P # 126	Male 10 & Under 100 Free	LY-VA	78	---	-2.79
	48.44	1:45.66				
	(48.44)	(57.22)				
2:02.99Y	P # 130	Male 10 & Under 100 IM	LY-VA	64	---	6.39
	59.76	2:02.99				
	(59.76)	(1:03.23)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Addy Smith (14) F					
NS	F # 11	Female 13-14 100 Fly	LY-VA	---	---
2:13.87Y	F # 19	Female 13-14 200 Free	LY-VA	29	---
	31.41	1:06.16 1:41.00 2:13.87			-5.10
	(31.41)	(34.75) (34.84) (32.87)			
30.94Y	F # 23	Female 13-14 50 Back	LY-VA	12	5
1:07.34Y	P # 55	Female 13-14 100 Back	LY-VA	21	---
	32.23	1:07.34			-0.35
	(32.23)	(35.11)			
28.47Y	P # 63	Female 13-14 50 Free	LY-VA	29	---
5:55.50Y	P # 71	Female 13-14 500 Free	LY-VA	23	---
	33.12	1:09.12 1:44.43 2:20.32 2:56.54 3:32.73 4:09.24 4:45.54			-4.78
	(33.12)	(36.00) (35.31) (35.89) (36.22) (36.19) (36.51) (36.30)			
	5:21.46	5:55.50			
	(35.92)	(34.04)			
1:00.57Y	P # 99	Female 13-14 100 Free	LY-VA	33	---
	28.92	1:00.57			-3.34
	(28.92)	(31.65)			
2:22.69Y	P # 107	Female 13-14 200 Back	LY-VA	16	---
	34.25	1:10.28 1:46.54 2:22.69			-4.19
	(34.25)	(36.03) (36.26) (36.15)			
2:22.45Y	F # 107	Female 13-14 200 Back	LY-VA	18	---
	33.70	1:09.54 1:46.34 2:22.45			-4.43
	(33.70)	(35.84) (36.80) (36.11)			
31.61Y	P # 111	Female 13-14 50 Fly	LY-VA	23	---
					-0.47
Elaine Smith (10) F					
3:35.42Y	F # 5	Female 10 & Under 200 IM	LY-VA	17	---
	50.44	1:49.28 2:45.10 3:35.42			-4.99
	(50.44)	(58.84) (55.82) (50.32)			
8:47.25Y	F # 9	Female 10 & Under 500 Free	LY-VA	15	2
	42.81	1:35.90 2:30.66 3:26.63 4:18.77 5:12.24 6:06.75 7:01.47			-10.63
	(42.81)	(53.09) (54.76) (55.97) (52.14) (53.47) (54.51) (54.72)			
	7:55.36	8:47.25			
	(53.89)	(51.89)			
37.89Y	P # 77	Female 10 & Under 50 Free	LY-VA	56	---
1:40.97Y	P # 81	Female 10 & Under 100 Breast	LY-VA	24	---
	47.99	1:40.97			-5.96
	(47.99)	(52.98)			
46.74Y	P # 85	Female 10 & Under 50 Fly	LY-VA	49	---
					-17.26

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Seth Snyder (9) M						
39.49Y	F # 34	Male 10 & Under 50 Back	LY-VA	21	---	3.13
2:29.29Y	F # 38	Male 10 & Under 200 Free	LY-VA	7	12	-1.14
	35.00	1:13.58 1:52.12 2:29.29				
	(35.00)	(38.58) (38.54) (37.17)				
1:23.52Y	F # 42	Male 10 & Under 100 Fly	LY-VA	10	7	0.87
	40.34	1:23.52				
	(40.34)	(43.18)				
32.11Y	P # 78	Male 10 & Under 50 Free	LY-VA	15	---	---
1:40.63Y	P # 82	Male 10 & Under 100 Breast	LY-VA	19	---	-0.99
	47.40	1:40.63				
	(47.40)	(53.23)				
32.69Y	F # 86	Male 10 & Under 50 Fly	LY-VA	5	14	-1.54
34.06Y	P # 86	Male 10 & Under 50 Fly	LY-VA	6	---	-0.17
1:21.30Y	P # 122	Male 10 & Under 100 Back	LY-VA	15	---	0.74
	39.79	1:21.30				
	(39.79)	(41.51)				
1:11.21Y	P # 126	Male 10 & Under 100 Free	LY-VA	15	---	-1.82
	34.21	1:11.21				
	(34.21)	(37.00)				
1:23.10Y	P # 130	Male 10 & Under 100 IM	LY-VA	10	---	-1.30
	36.73	1:23.10				
	(36.73)	(46.37)				
Audrey Spivey (9) F						
3:53.81Y	F # 5	Female 10 & Under 200 IM	LY-VA	22	---	-5.54
	52.25	1:51.85 3:00.07 3:53.81				
	(52.25)	(59.60) (1:08.22) (53.74)				
9:38.98Y	F # 9	Female 10 & Under 500 Free	LY-VA	16	1	1.10
	46.82	--- 2:43.76 3:43.53 4:44.62 --- 6:45.52 7:45.68				
	(46.82)	--- (2:43.76) (59.77) (1:01.09) --- (6:45.52) (1:00.16)				
	8:43.85	9:38.98				
	(58.17)	(55.13)				
50.04Y	F # 33	Female 10 & Under 50 Back	LY-VA	49	---	-7.16
3:38.01Y	F # 37	Female 10 & Under 200 Free	LY-VA	44	---	---
	43.14	1:40.60 2:42.42 3:38.01				
	(43.14)	(57.46) (1:01.82) (55.59)				
58.49Y	F # 45	Female 10 & Under 50 Breast	LY-VA	48	---	-2.89
41.78Y	P # 77	Female 10 & Under 50 Free	LY-VA	74	---	-12.07
2:06.30Y	P # 81	Female 10 & Under 100 Breast	LY-VA	72	---	-11.00
	1:00.13	2:06.30				
	(1:00.13)	(1:06.17)				
50.31Y	P # 85	Female 10 & Under 50 Fly	LY-VA	59	---	-7.69

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Jude Spivey (10) M						
3:15.39Y	F # 6	Male 10 & Under 200 IM	LY-VA	16	1	-4.62
	44.88	1:36.86 2:34.14 3:15.39				
	(44.88)	(51.98) (57.28) (41.25)				
7:14.80Y	F # 10	Male 10 & Under 500 Free	LY-VA	14	3	-17.38
	36.76	---	---	5:01.87	5:46.54	
	(36.76)	---	---	(5:01.87)	(44.67)	
	6:32.14	7:14.80				
	(45.60)	(42.66)				
44.40Y	F # 34	Male 10 & Under 50 Back	LY-VA	44	---	-3.87
2:43.84Y	F # 38	Male 10 & Under 200 Free	LY-VA	21	---	-68.68
	---	---				
	---	(2:43.84) (0.00)				
46.72Y	F # 46	Male 10 & Under 50 Breast	LY-VA	17	---	-1.69
34.19Y	P # 78	Male 10 & Under 50 Free	LY-VA	33	---	-2.22
1:40.99Y	P # 82	Male 10 & Under 100 Breast	LY-VA	21	---	-5.28
	47.26	1:40.99				
	(47.26)	(53.73)				
43.04Y	P # 86	Male 10 & Under 50 Fly	LY-VA	36	---	-3.02
Emerson Stauder (9) F						
7:16.45Y	F # 9	Female 10 & Under 500 Free	LY-VA	7	12	-42.34
	37.61	1:20.80 2:05.91 2:51.74	3:35.96 4:21.62 5:07.61	5:51.54		
	(37.61)	(43.19) (45.11) (45.83)	(44.22) (45.66) (45.99)	(43.93)		
	6:34.43	7:16.45				
	(42.89)	(42.02)				
40.35Y	F # 33	Female 10 & Under 50 Back	LY-VA	26	---	-0.73
1:44.58Y	F # 41	Female 10 & Under 100 Fly	LY-VA	16	1	---
	45.96	1:44.58				
	(45.96)	(58.62)				
46.04Y	F # 45	Female 10 & Under 50 Breast	LY-VA	14	3	-1.65
34.04Y	P # 77	Female 10 & Under 50 Free	LY-VA	25	---	0.89
1:39.10Y	P # 81	Female 10 & Under 100 Breast	LY-VA	20	---	-2.81
	46.77	1:39.10				
	(46.77)	(52.33)				
46.43Y	P # 85	Female 10 & Under 50 Fly	LY-VA	47	---	0.95
1:28.73Y	P # 121	Female 10 & Under 100 Back	LY-VA	30	---	-3.56
	42.52	1:28.73				
	(42.52)	(46.21)				
1:16.11Y	P # 125	Female 10 & Under 100 Free	LY-VA	26	---	-3.77
	35.84	1:16.11				
	(35.84)	(40.27)				
1:29.33Y	P # 129	Female 10 & Under 100 IM	LY-VA	25	---	0.45
	42.55	1:29.33				
	(42.55)	(46.78)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Aidan Stawasz (11) M						
30.05Y	F # 80A	Male 11-11 50 Free	LY-VA	8	11	-0.59
30.19Y	P # 80A	Male 11-11 50 Free	LY-VA	7	---	-0.45
1:40.66Y	P # 84A	Male 11-11 100 Breast	LY-VA	11	---	-7.81
	47.84	1:40.66				
	(47.84)	(52.82)				
37.47Y	P # 88A	Male 11-11 50 Back	LY-VA	10	---	0.53
32.90Y	P # 120A	Male 11-11 50 Fly	LY-VA	4	---	-5.15
33.61Y	F # 120A	Male 11-11 50 Fly	LY-VA	4	15	-4.44
1:06.62Y	P # 128A	Male 11-11 100 Free	LY-VA	6	---	-28.70
	30.11	1:06.62				
	(30.11)	(36.51)				
1:06.67Y	F # 128A	Male 11-11 100 Free	LY-VA	7	12	-28.65
	30.51	1:06.67				
	(30.51)	(36.16)				
1:21.06Y	P # 132A	Male 11-11 100 IM	LY-VA	4	---	---
	35.67	1:21.06				
	(35.67)	(45.39)				
1:21.83Y	F # 132A	Male 11-11 100 IM	LY-VA	4	15	---
	36.63	1:21.83				
	(36.63)	(45.20)				
Paige Stawasz (11) F						
35.69Y	P # 79A	Female 11-11 50 Free	LY-VA	41	---	-0.72
1:45.24Y	P # 83A	Female 11-11 100 Breast	LY-VA	28	---	-5.88
	50.37	1:45.24				
	(50.37)	(54.87)				
42.64Y	P # 87A	Female 11-11 50 Back	LY-VA	36	---	0.59
1:31.27Y	P # 123A	Female 11-11 100 Back	LY-VA	24	---	-1.96
	44.09	1:31.27				
	(44.09)	(47.18)				
1:22.95Y	P # 127A	Female 11-11 100 Free	LY-VA	33	---	-34.50
	1:22.95	1:22.95				
	(1:22.95)	(0.00)				
1:32.90Y	P # 131A	Female 11-11 100 IM	LY-VA	24	---	---
	42.05	1:32.90				
	(42.05)	(50.85)				
Colby Stewart (10) M						
46.94Y	P # 78	Male 10 & Under 50 Free	LY-VA	84	---	---
2:18.74Y DQ	P # 82	Male 10 & Under 100 Breast	LY-VA	---	---	---
	1:09.67	2:18.74				
	(1:09.67)	(1:09.07)				
1:05.60Y	P # 86	Male 10 & Under 50 Fly	LY-VA	77	---	---

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Bailie Stickle (14) F						
3:02.64Y	P # 59	Female 13-14 200 IM	LY-VA	39	---	-9.22
	39.93	1:28.68 2:19.45 3:02.64				
	(39.93)	(48.75) (50.77) (43.19)				
32.00Y	P # 63	Female 13-14 50 Free	LY-VA	49	---	-0.70
38.48Y	F # 67	Female 13-14 50 Breast	LY-VA	14	3	---
40.46Y	P # 67	Female 13-14 50 Breast	LY-VA	15	---	---
1:11.84Y	P # 99	Female 13-14 100 Free	LY-VA	55	---	0.13
	33.86	1:11.84				
	(33.86)	(37.98)				
3:13.56Y	P # 103	Female 13-14 200 Breast	LY-VA	24	---	-2.83
	41.89	1:30.45 2:22.56 3:13.56				
	(41.89)	(48.56) (52.11) (51.00)				
3:21.04Y	P # 107	Female 13-14 200 Back	LY-VA	39	---	---
	45.41	1:37.41 2:31.45 3:21.04				
	(45.41)	(52.00) (54.04) (49.59)				
Jaxon Stickle (11) M						
32.04Y	P # 80A	Male 11-11 50 Free	LY-VA	12	---	-0.77
1:29.59Y DQ	P # 84A	Male 11-11 100 Breast	LY-VA	---	---	---
	43.33	1:29.59				
	(43.33)	(46.26)				
38.56Y	P # 88A	Male 11-11 50 Back	LY-VA	12	---	-0.81
3:10.70Y	F # 118	Male 11-12 200 Breast	LY-VA	9	9	---
	42.17	1:31.46 2:21.52 3:10.70				
	(42.17)	(49.29) (50.06) (49.18)				
1:21.19Y DQ	P # 124A	Male 11-11 100 Back	LY-VA	---	---	---
	39.08	1:21.19				
	(39.08)	(42.11)				
1:10.89Y	P # 128A	Male 11-11 100 Free	LY-VA	10	---	-3.05
	33.93	1:10.89				
	(33.93)	(36.96)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Tyler Stickle (16) M						
58.24Y	P # 58	Male 15 & Over 100 Back	LY-VA	32	---	-1.11
	28.04	58.24				
	(28.04)	(30.20)				
23.59Y	P # 66	Male 15 & Over 50 Free	LY-VA	28	---	-0.88
6:02.93Y	P # 74	Male 15 & Over 500 Free	LY-VA	51	---	-4.89
	30.25	1:04.76 1:41.00 2:18.40	2:56.02 3:34.28 4:12.54 4:51.08			
	(30.25)	(34.51) (36.24) (37.40)	(37.62) (38.26) (38.26) (38.54)			
	5:27.75	6:02.93				
	(36.67)	(35.18)				
52.40Y	P # 102	Male 15 & Over 100 Free	LY-VA	45	---	-2.84
	24.51	52.40				
	(24.51)	(27.89)				
2:10.69Y	F # 110	Male 15 & Over 200 Back	LY-VA	17	---	-10.32
	28.68	1:01.34 1:35.45 2:10.69				
	(28.68)	(32.66) (34.11) (35.24)				
2:12.05Y	P # 110	Male 15 & Over 200 Back	LY-VA	22	---	-8.96
	29.46	1:02.34 1:36.87 2:12.05				
	(29.46)	(32.88) (34.53) (35.18)				
25.66Y	P # 114	Male 15 & Over 50 Fly	LY-VA	25	---	---
26.15Y	F # 114	Male 15 & Over 50 Fly	LY-VA	27	---	---
23.10Y	S # 366	Male 15 & Over 50 Free	LY-VA	3	---	-1.37
Keaton Tanner (9) M						
43.29Y	F # 34	Male 10 & Under 50 Back	LY-VA	41	---	-0.18
2:50.37Y	F # 38	Male 10 & Under 200 Free	LY-VA	29	---	-11.18
	39.62	1:25.39 2:10.85 2:50.37				
	(39.62)	(45.77) (45.46) (39.52)				
1:59.08Y DQ	F # 42	Male 10 & Under 100 Fly	LY-VA	---	---	---
	51.99	1:59.08				
	(51.99)	(1:07.09)				
36.91Y	P # 78	Male 10 & Under 50 Free	LY-VA	54	---	2.57
1:56.75Y	P # 82	Male 10 & Under 100 Breast	LY-VA	51	---	-12.03
	56.33	1:56.75				
	(56.33)	(1:00.42)				
53.33Y	P # 86	Male 10 & Under 50 Fly	LY-VA	64	---	4.98
1:31.86Y	P # 122	Male 10 & Under 100 Back	LY-VA	37	---	-5.83
	45.43	1:31.86				
	(45.43)	(46.43)				
1:18.28Y	P # 126	Male 10 & Under 100 Free	LY-VA	35	---	-1.78
	38.48	1:18.28				
	(38.48)	(39.80)				
1:36.91Y	P # 130	Male 10 & Under 100 IM	LY-VA	38	---	-1.64
	45.74	1:36.91				
	(45.74)	(51.17)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event				Place	Points	Improv
Alaina Thomas (11) F								
42.69Y	P # 79A	Female	11-11	50 Free	LY-VA	51	---	1.69
2:20.49Y	P # 83A	Female	11-11	100 Breast	LY-VA	42	---	-3.56
	1:03.89	2:20.49						
	(1:03.89)	(1:16.60)						
51.77Y	P # 87A	Female	11-11	50 Back	LY-VA	48	---	3.13
1:46.41Y	P # 123A	Female	11-11	100 Back	LY-VA	28	---	-0.97
	50.45	1:46.41						
	(50.45)	(55.96)						
1:34.33Y	P # 127A	Female	11-11	100 Free	LY-VA	38	---	-1.98
	43.48	1:34.33						
	(43.48)	(50.85)						
1:52.59Y	P # 131A	Female	11-11	100 IM	LY-VA	31	---	-2.31
	52.22	1:52.59						
	(52.22)	(1:00.37)						
Brandon Thomas (13) M								
1:12.41Y	P # 56	Male	13-14	100 Back	LY-VA	30	---	-2.03
	34.58	1:12.41						
	(34.58)	(37.83)						
27.92Y	P # 64	Male	13-14	50 Free	LY-VA	35	---	-0.97
5:58.88Y	F # 72	Male	13-14	500 Free	LY-VA	17	---	0.88
	---	1:06.27	---	---	---	---	---	
	---	(1:06.27)	---	---	---	---	---	
	---	5:58.88						
	---	(5:58.88)						
6:00.16Y	P # 72	Male	13-14	500 Free	LY-VA	17	---	2.16
	---	---	1:42.40	---	---	---	4:46.96	
	---	---	(1:42.40)	---	---	---	(4:46.96)	
	5:23.92	6:00.16						
	(36.96)	(36.24)						
59.89Y	P # 100	Male	13-14	100 Free	LY-VA	28	---	-3.31
	---	59.89						
	---	(59.89)						
2:39.06Y	F # 108	Male	13-14	200 Back	LY-VA	13	4	-9.61
	35.62	1:15.85	1:57.74	2:39.06				
	(35.62)	(40.23)	(41.89)	(41.32)				
2:39.22Y	P # 108	Male	13-14	200 Back	LY-VA	24	---	-9.45
	37.22	1:17.52	1:59.19	2:39.22				
	(37.22)	(40.30)	(41.67)	(40.03)				
33.93Y	P # 112	Male	13-14	50 Fly	LY-VA	27	---	-2.13

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Wave Thomasey (12) F						
29.38Y	P # 79B	Female 12-12 50 Free	LY-VA	20	---	-0.03
1:28.77Y	P # 83B	Female 12-12 100 Breast	LY-VA	23	---	-42.85
	40.95	1:28.77				
	(40.95)	(47.82)				
36.37Y	P # 87B	Female 12-12 50 Back	LY-VA	25	---	-0.22
30.80Y	F # 91	200 Free Relay Lead Off	LY-VA	---	---	1.39
NS	P # 123B	Female 12-12 100 Back	LY-VA	---	---	---
NS	P # 127B	Female 12-12 100 Free	LY-VA	---	---	---
NS	P # 131B	Female 12-12 100 IM	LY-VA	---	---	---
Hadley Tinnell (9) F						
3:05.00Y	F # 5	Female 10 & Under 200 IM	LY-VA	9	9	3.01
	41.73	1:29.23 2:23.55 3:05.00				
	(41.73)	(47.50) (54.32) (41.45)				
38.78Y	F # 33	Female 10 & Under 50 Back	LY-VA	19	---	1.07
2:43.06Y	F # 37	Female 10 & Under 200 Free	LY-VA	14	3	-2.04
	37.13	1:19.64 2:02.72 2:43.06				
	(37.13)	(42.51) (43.08) (40.34)				
46.48Y	F # 45	Female 10 & Under 50 Breast	LY-VA	16	1	0.83
39.25Y	F # 49	200 Medley Relay Lead Off	LY-VA	---	---	1.54
33.98Y	P # 77	Female 10 & Under 50 Free	LY-VA	24	---	0.91
1:37.24Y	P # 81	Female 10 & Under 100 Breast	LY-VA	16	---	-1.89
	46.03	1:37.24				
	(46.03)	(51.21)				
41.63Y	P # 85	Female 10 & Under 50 Fly	LY-VA	28	---	1.56
33.86Y	F # 89	200 Free Relay Lead Off	LY-VA	---	---	0.79
1:24.07Y DQ	P # 121	Female 10 & Under 100 Back	LY-VA	---	---	---
	40.53	1:24.07				
	(40.53)	(43.54)				
1:15.52Y	P # 125	Female 10 & Under 100 Free	LY-VA	22	---	-0.63
	35.62	1:15.52				
	(35.62)	(39.90)				
1:25.55Y	P # 129	Female 10 & Under 100 IM	LY-VA	15	---	-2.01
	40.21	1:25.55				
	(40.21)	(45.34)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Bri Torrence (11) F						
2:45.04Y	F # 35A	Female 11-11 200 Free	LY-VA	21	---	-6.85
	36.12	1:20.10 2:03.83 2:45.04				
	(36.12)	(43.98) (43.73) (41.21)				
1:43.41Y	F # 39A	Female 11-11 100 Fly	LY-VA	28	---	-5.87
	44.40	1:43.41				
	(44.40)	(59.01)				
50.83Y	F # 43A	Female 11-11 50 Breast	LY-VA	32	---	-15.13
35.24Y	P # 79A	Female 11-11 50 Free	LY-VA	39	---	-0.07
1:52.23Y	P # 83A	Female 11-11 100 Breast	LY-VA	35	---	-8.14
	54.11	1:52.23				
	(54.11)	(58.12)				
40.58Y	P # 87A	Female 11-11 50 Back	LY-VA	31	---	-1.66
Hallie Townsend (13) F						
1:39.78Y	F # 15	Female 13-14 100 Breast	LY-VA	27	---	-1.43
	46.41	1:39.78				
	(46.41)	(53.37)				
2:38.41Y	F # 19	Female 13-14 200 Free	LY-VA	41	---	4.86
	36.27	1:17.49 1:59.61 2:38.41				
	(36.27)	(41.22) (42.12) (38.80)				
35.95Y	F # 23	Female 13-14 50 Back	LY-VA	27	---	1.42
1:18.18Y	P # 55	Female 13-14 100 Back	LY-VA	37	---	1.24
	37.61	1:18.18				
	(37.61)	(40.57)				
3:06.77Y DQ	P # 59	Female 13-14 200 IM	LY-VA	---	---	---
	41.12	1:29.68 2:23.78 3:06.77				
	(41.12)	(48.56) (54.10) (42.99)				
32.10Y	P # 63	Female 13-14 50 Free	LY-VA	50	---	1.29
1:12.36Y	P # 99	Female 13-14 100 Free	LY-VA	56	---	4.56
	35.55	1:12.36				
	(35.55)	(36.81)				
2:55.64Y	P # 107	Female 13-14 200 Back	LY-VA	34	---	-2.34
	41.64	1:27.57 2:14.26 2:55.64				
	(41.64)	(45.93) (46.69) (41.38)				
37.35Y	P # 111	Female 13-14 50 Fly	LY-VA	38	---	0.47
Aj Tracey (7) M						
1:12.68Y	F # 34	Male 10 & Under 50 Back	LY-VA	72	---	-21.59
1:35.02Y DQ	F # 46	Male 10 & Under 50 Breast	LY-VA	---	---	---
1:18.18Y	P # 78	Male 10 & Under 50 Free	LY-VA	97	---	0.43
2:42.68Y	P # 126	Male 10 & Under 100 Free	LY-VA	87	---	---
	---	2:42.68				
	---	(2:42.68)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Syrus Tracey (10) M						
2:53.02Y	F # 6	Male 10 & Under 200 IM	LY-VA	8	11	-1.63
	38.55	1:22.37 2:13.73 2:53.02				
	(38.55)	(43.82) (51.36) (39.29)				
6:46.78Y	F # 10	Male 10 & Under 500 Free	LY-VA	7	12	0.10
	34.00	1:13.76 1:55.66 2:36.14 3:18.20 4:00.75 4:43.45 5:24.60				
	(34.00)	(39.76) (41.90) (40.48) (42.06) (42.55) (42.70) (41.15)				
	6:07.03	6:46.78				
	(42.43)	(39.75)				
38.08Y	F # 34	Male 10 & Under 50 Back	LY-VA	16	1	0.19
2:30.75Y	F # 38	Male 10 & Under 200 Free	LY-VA	8	11	-7.79
	33.78	1:13.10 1:52.65 2:30.75				
	(33.78)	(39.32) (39.55) (38.10)				
41.31Y	F # 46	Male 10 & Under 50 Breast	LY-VA	3	16	-1.44
29.62Y	F # 78	Male 10 & Under 50 Free	LY-VA	4	15	-1.22
29.66Y	P # 78	Male 10 & Under 50 Free	LY-VA	4	---	-1.18
1:30.39Y	F # 82	Male 10 & Under 100 Breast	LY-VA	7	12	-5.28
	42.03	1:30.39				
	(42.03)	(48.36)				
1:31.70Y	P # 82	Male 10 & Under 100 Breast	LY-VA	8	---	-3.97
	41.73	1:31.70				
	(41.73)	(49.97)				
37.01Y	P # 86	Male 10 & Under 50 Fly	LY-VA	16	---	-0.26
30.17Y	F # 90	200 Free Relay Lead Off	LY-VA	---	---	-0.67
1:19.44Y	P # 122	Male 10 & Under 100 Back	LY-VA	12	---	-1.43
	38.15	1:19.44				
	(38.15)	(41.29)				
1:05.81Y	P # 126	Male 10 & Under 100 Free	LY-VA	3	---	-3.61
	30.98	1:05.81				
	(30.98)	(34.83)				
1:06.07Y	F # 126	Male 10 & Under 100 Free	LY-VA	4	15	-3.35
	31.00	1:06.07				
	(31.00)	(35.07)				
1:19.32Y	P # 130	Male 10 & Under 100 IM	LY-VA	5	---	-1.13
	36.90	1:19.32				
	(36.90)	(42.42)				
1:20.95Y	F # 130	Male 10 & Under 100 IM	LY-VA	9	9	0.50
	38.28	1:20.95				
	(38.28)	(42.67)				

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Kinley Tuck (14) F						
1:14.60Y	P # 55	Female 13-14 100 Back	LY-VA	30	---	0.14
	36.50	1:14.60				
	(36.50)	(38.10)				
30.72Y	P # 63	Female 13-14 50 Free	LY-VA	46	---	-0.02
6:32.40Y	P # 71	Female 13-14 500 Free	LY-VA	30	---	5.07
	34.97	1:13.90 1:54.08 2:34.40	3:14.99 3:55.78 4:36.53 5:17.04			
	(34.97)	(38.93) (40.18) (40.32)	(40.59) (40.79) (40.75) (40.51)			
	5:55.79	6:32.40				
	(38.75)	(36.61)				
2:42.24Y	F # 95	Female 13-14 200 Fly	LY-VA	7	12	-2.55
	35.25	1:16.12 1:59.32 2:42.24				
	(35.25)	(40.87) (43.20) (42.92)				
2:44.96Y	P # 95	Female 13-14 200 Fly	LY-VA	10	---	0.17
	35.91	1:17.95 2:01.57 2:44.96				
	(35.91)	(42.04) (43.62) (43.39)				
1:08.70Y	P # 99	Female 13-14 100 Free	LY-VA	52	---	0.66
	33.07	1:08.70				
	(33.07)	(35.63)				
2:36.48Y	P # 107	Female 13-14 200 Back	LY-VA	28	---	-0.11
	37.17	1:16.94 1:57.30 2:36.48				
	(37.17)	(39.77) (40.36) (39.18)				
Brody Wall (15) M						
47.87Y	P # 102	Male 15 & Over 100 Free	LY-VA	2	---	0.04
	23.16	47.87				
	(23.16)	(24.71)				
48.06Y	F # 102	Male 15 & Over 100 Free	LY-VA	3	16	0.23
	23.34	48.06				
	(23.34)	(24.72)				
22.54Y	F # 114	Male 15 & Over 50 Fly	LY-VA	1	20	-0.55
22.72Y	P # 114	Male 15 & Over 50 Fly	LY-VA	1	---	-0.37

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Adam Wells (15) M						
55.05Y	F # 14	Male 15 & Over 100 Fly	LY-VA	19	---	-2.71
	25.50	55.05				
	(25.50)	(29.55)				
1:54.96Y	F # 22	Male 15 & Over 200 Free	LY-VA	39	---	-2.30
	26.14	56.10 1:25.87 1:54.96				
	(26.14)	(29.96) (29.77) (29.09)				
27.71Y	F # 26	Male 15 & Over 50 Back	LY-VA	21	---	-1.33
NS	P # 58	Male 15 & Over 100 Back	LY-VA	---	---	---
22.23Y	F # 66	Male 15 & Over 50 Free	LY-VA	10	7	-0.61
22.37Y	P # 66	Male 15 & Over 50 Free	LY-VA	11	---	-0.47
5:34.04Y	P # 74	Male 15 & Over 500 Free	LY-VA	43	---	-2.10
	28.07	1:01.25 1:34.82 2:09.34 2:43.58 3:17.74 3:51.97 4:27.00				
	(28.07)	(33.18) (33.57) (34.52) (34.24) (34.16) (34.23) (35.03)				
	5:01.34	5:34.04				
	(34.34)	(32.70)				
51.19Y	F # 94	400 Free Relay Lead Off	LY-VA	---	---	-1.69
	24.21					
	(24.21)					
51.62Y	P # 102	Male 15 & Over 100 Free	LY-VA	30	---	-1.26
	24.54	51.62				
	(24.54)	(27.08)				
52.43Y	F # 102	Male 15 & Over 100 Free	LY-VA	25	---	-0.45
	24.52	52.43				
	(24.52)	(27.91)				
2:28.44Y	P # 110	Male 15 & Over 200 Back	LY-VA	34	---	15.28
	32.69	1:10.13 1:49.54 2:28.44				
	(32.69)	(37.44) (39.41) (38.90)				
2:32.28Y	F # 110	Male 15 & Over 200 Back	LY-VA	23	---	19.12
	33.80	1:11.74 1:52.09 2:32.28				
	(33.80)	(37.94) (40.35) (40.19)				
24.85Y	P # 114	Male 15 & Over 50 Fly	LY-VA	13	---	-0.51
25.17Y	F # 114	Male 15 & Over 50 Fly	LY-VA	15	2	-0.19

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Individual Meet Results

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Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv	
Noah Wells (18) M						
55.31Y	F # 14	Male 15 & Over 100 Fly	LY-VA	21	---	-1.40
	26.03	55.31				
	(26.03)	(29.28)				
1:48.16Y	F # 22	Male 15 & Over 200 Free	LY-VA	15	2	-0.51
	24.05	51.50 1:19.86 1:48.16				
	(24.05)	(27.45) (28.36) (28.30)				
27.42Y	F # 26	Male 15 & Over 50 Back	LY-VA	20	---	-0.05
5:03.03Y	F # 74	Male 15 & Over 500 Free	LY-VA	16	1	-9.91
	26.26	55.98 1:25.98 1:56.26 2:27.48 2:59.08 3:31.04 4:03.10				
	(26.26)	(29.72) (30.00) (30.28) (31.22) (31.60) (31.96) (32.06)				
	4:33.99	5:03.03				
	(30.89)	(29.04)				
5:05.40Y	P # 74	Male 15 & Over 500 Free	LY-VA	19	---	-7.54
	26.08	55.72 1:25.83 1:56.79 2:27.74 2:58.99 3:31.02 4:03.09				
	(26.08)	(29.64) (30.11) (30.96) (30.95) (31.25) (32.03) (32.07)				
	4:35.51	5:05.40				
	(32.42)	(29.89)				
Sammy Wells (11) M						
2:52.93Y	F # 4	Male 11-12 200 IM	LY-VA	23	---	-2.09
	34.89	1:20.38 2:17.00 2:52.93				
	(34.89)	(45.49) (56.62) (35.93)				
6:15.25Y	F # 8	Male 11-12 500 Free	LY-VA	12	5	-4.78
	32.40	1:09.74 1:47.64 2:26.27 3:04.32 3:43.56 4:21.05 4:59.35				
	(32.40)	(37.34) (37.90) (38.63) (38.05) (39.24) (37.49) (38.30)				
	5:38.05	6:15.25				
	(38.70)	(37.20)				
2:51.98Y	F # 32A	Male 11-11 200 Back	LY-VA	6	13	-18.51
	40.26	1:23.77 2:10.32 2:51.98				
	(40.26)	(43.51) (46.55) (41.66)				
2:22.70Y	F # 36A	Male 11-11 200 Free	LY-VA	2	17	-4.82
	32.77	1:09.66 1:46.84 2:22.70				
	(32.77)	(36.89) (37.18) (35.86)				
1:18.10Y	F # 40A	Male 11-11 100 Fly	LY-VA	5	14	1.43
	34.66	1:18.10				
	(34.66)	(43.44)				
2:57.12Y	F # 76	Male 11-12 200 Fly	LY-VA	15	2	0.34
	36.77	1:22.56 2:09.87 2:57.12				
	(36.77)	(45.79) (47.31) (47.25)				
32.15Y	P # 80A	Male 11-11 50 Free	LY-VA	13	---	0.52
39.36Y DQ	P # 88A	Male 11-11 50 Back	LY-VA	---	---	---

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Ruby Wood (8) F						
3:52.55Y	F # 5	Female 10 & Under 200 IM	LY-VA	20	---	---
	1:00.26	1:55.75 2:59.30 3:52.55				
	(1:00.26)	(55.49) (1:03.55) (53.25)				
51.56Y	F # 33	Female 10 & Under 50 Back	LY-VA	53	---	0.78
3:40.52Y	F # 37	Female 10 & Under 200 Free	LY-VA	45	---	-1.84
	---	1:48.02 --- 3:40.52				
	---	(1:48.02) --- (3:40.52)				
56.98Y	F # 45	Female 10 & Under 50 Breast	LY-VA	44	---	3.03
46.92Y	P # 77	Female 10 & Under 50 Free	LY-VA	92	---	0.82
2:05.29Y	P # 81	Female 10 & Under 100 Breast	LY-VA	71	---	6.22
	1:00.49	2:05.29				
	(1:00.49)	(1:04.80)				
1:01.33Y	P # 85	Female 10 & Under 50 Fly	LY-VA	79	---	2.09
46.36Y	F # 89	200 Free Relay Lead Off	LY-VA	---	---	0.26
1:46.78Y	P # 121	Female 10 & Under 100 Back	LY-VA	62	---	---
	53.54	1:46.78				
	(53.54)	(53.24)				
1:44.43Y	P # 125	Female 10 & Under 100 Free	LY-VA	78	---	-4.75
	49.90	1:44.43				
	(49.90)	(54.53)				
1:52.65Y	P # 129	Female 10 & Under 100 IM	LY-VA	65	---	-1.14
	55.69	1:52.65				
	(55.69)	(56.96)				

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Austin Woodruff (13) M					
20:34.96Y	F # 2	Male 13 & Over 1650 Free	LY-VA 16	1	---
33.46	1:09.86	1:46.95 2:24.31	3:02.38 3:40.07	4:17.74 4:55.63	
(33.46)	(36.40)	(37.09) (37.36)	(38.07) (37.69)	(37.67) (37.89)	
5:32.97	6:10.91	6:48.16 7:25.69	8:03.94 8:41.25	9:18.37 9:55.90	
(37.34)	(37.94)	(37.25) (37.53)	(38.25) (37.31)	(37.12) (37.53)	
10:33.67	11:11.30	11:49.18 12:27.33	13:05.55 13:43.78	14:21.92 15:00.43	
(37.77)	(37.63)	(37.88) (38.15)	(38.22) (38.23)	(38.14) (38.51)	
15:37.47	16:15.71	16:53.45 17:30.90	18:08.58 18:46.00	19:22.77 19:59.51	
(37.04)	(38.24)	(37.74) (37.45)	(37.68) (37.42)	(36.77) (36.74)	
20:34.96					
(35.45)					
1:21.51Y	F # 16	Male 13-14 100 Breast	LY-VA 20	---	-4.96
37.65	1:21.51				
(37.65)	(43.86)				
2:18.25Y	F # 20	Male 13-14 200 Free	LY-VA 28	---	1.16
31.97	1:08.16	1:43.79 2:18.25			
(31.97)	(36.19)	(35.63) (34.46)			
32.29Y	F # 24	Male 13-14 50 Back	LY-VA 16	1	0.09
1:11.59Y	P # 56	Male 13-14 100 Back	LY-VA 27	---	1.19
34.05	1:11.59				
(34.05)	(37.54)				
29.11Y	P # 64	Male 13-14 50 Free	LY-VA 43	---	0.36
6:03.50Y	F # 72	Male 13-14 500 Free	LY-VA 18	---	2.07
32.08	1:07.90	1:44.67 2:21.53	2:58.54 3:36.04	4:13.34 4:50.82	
(32.08)	(35.82)	(36.77) (36.86)	(37.01) (37.50)	(37.30) (37.48)	
5:27.60	6:03.50				
(36.78)	(35.90)				
6:08.44Y	P # 72	Male 13-14 500 Free	LY-VA 19	---	7.01
31.98	1:08.60	1:45.71 2:23.66	3:01.79 3:39.35	4:17.50 4:55.04	
(31.98)	(36.62)	(37.11) (37.95)	(38.13) (37.56)	(38.15) (37.54)	
5:32.70	6:08.44				
(37.66)	(35.74)				
1:04.90Y	P # 100	Male 13-14 100 Free	LY-VA 38	---	0.77
30.65	1:04.90				
(30.65)	(34.25)				
2:29.65Y	F # 108	Male 13-14 200 Back	LY-VA 11	6	-4.77
34.58	---	1:51.99 2:29.65			
(34.58)	---	(1:51.99) (37.66)			
2:38.62Y	P # 108	Male 13-14 200 Back	LY-VA 22	---	4.20
37.52	1:18.30	1:59.09 2:38.62			
(37.52)	(40.78)	(40.79) (39.53)			

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event	Place	Points	Improv
Austin Woodruff (13) M					
12:32.60Y	F # 116	Male 13 & Over 1000 Free	LY-VA 22	---	-0.14
	32.68	1:09.10 1:46.43 2:23.72 3:01.17 3:39.09 4:17.07 4:55.18			
	(32.68)	(36.42) (37.33) (37.29) (37.45) (37.92) (37.98) (38.11)			
	5:33.99	6:12.30 6:50.61 7:29.18 8:07.85 8:46.53 9:24.64 10:03.00			
	(38.81)	(38.31) (38.31) (38.57) (38.67) (38.68) (38.11) (38.36)			
	10:40.92	11:18.88 11:56.28 12:32.60			
	(37.92)	(37.96) (37.40) (36.32)			
12:27.33Y	F # 702	Male 13 & Over 1000 Free	LY-VA 1	---	-5.41
6:10.91Y	F # 703	Male 13 & Over 500 Free	LY-VA 1	---	9.48
Graham Woodruff (16) M					
1:43.11Y	F # 22	Male 15 & Over 200 Free	LY-VA 1	20	0.18
	23.78	49.70 1:16.38 1:43.11			
	(23.78)	(25.92) (26.68) (26.73)			
24.51Y	F # 26	Male 15 & Over 50 Back	LY-VA 3	16	-0.35
53.47Y	P # 58	Male 15 & Over 100 Back	LY-VA 8	---	0.42
	25.54	53.47			
	(25.54)	(27.93)			
54.38Y	F # 58	Male 15 & Over 100 Back	LY-VA 9	9	1.33
	25.87	54.38			
	(25.87)	(28.51)			
21.12Y	F # 66	Male 15 & Over 50 Free	LY-VA 1	20	-0.19
22.07Y	P # 66	Male 15 & Over 50 Free	LY-VA 6	---	0.76
4:44.57Y	F # 74	Male 15 & Over 500 Free	LY-VA 2	17	1.67
	25.69	54.62 1:24.47 1:54.01 2:23.04 2:52.02 3:21.20 3:50.11			
	(25.69)	(28.93) (29.85) (29.54) (29.03) (28.98) (29.18) (28.91)			
	4:18.44	4:44.57			
	(28.33)	(26.13)			
4:47.10Y	P # 74	Male 15 & Over 500 Free	LY-VA 3	---	4.20
	25.94	55.21 1:25.11 1:55.29 2:25.59 2:54.10 3:23.50 3:52.49			
	(25.94)	(29.27) (29.90) (30.18) (30.30) (28.51) (29.40) (28.99)			
	4:21.73	4:47.10			
	(29.24)	(25.37)			
47.51Y	F # 102	Male 15 & Over 100 Free	LY-VA 1	20	0.33
	23.03	47.51			
	(23.03)	(24.48)			
48.34Y	P # 102	Male 15 & Over 100 Free	LY-VA 6	---	1.16
	23.18	48.34			
	(23.18)	(25.16)			
NS	P # 110	Male 15 & Over 200 Back	LY-VA ---	---	---
NS	F # 116	Male 13 & Over 1000 Free	LY-VA ---	---	---

Lynchburg YMCA Swim Team
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Individual Meet Results

14th Annual Swim & Tri Speedo Winter Champs 04-Dec-25 to 07-Dec-25 Yards

Location: s Liberty University

Time	F/P/S	Event		Place	Points	Improv
Taylor Woodruff (15) F						
58.54Y	F # 13	Female 15 & Over 100 Fly	LY-VA	11	6	1.01
	27.42	58.54				
	(27.42)	(31.12)				
1:55.74Y	F # 21	Female 15 & Over 200 Free	LY-VA	7	12	-0.93
	26.99	56.60 1:26.88 1:55.74				
	(26.99)	(29.61) (30.28) (28.86)				
1:01.17Y	P # 57	Female 15 & Over 100 Back	LY-VA	8	---	2.16
	29.23	1:01.17				
	(29.23)	(31.94)				
1:01.50Y	F # 57	Female 15 & Over 100 Back	LY-VA	8	11	2.49
	29.77	1:01.50				
	(29.77)	(31.73)				
25.05Y	P # 65	Female 15 & Over 50 Free	LY-VA	11	---	-0.26
25.19Y	F # 65	Female 15 & Over 50 Free	LY-VA	13	4	-0.12
2:05.82Y	F # 97	Female 15 & Over 200 Fly	LY-VA	1	20	1.90
	28.13	1:00.08 1:32.59 2:05.82				
	(28.13)	(31.95) (32.51) (33.23)				
2:09.17Y	P # 97	Female 15 & Over 200 Fly	LY-VA	1	---	5.25
	28.46	1:01.14 1:35.10 2:09.17				
	(28.46)	(32.68) (33.96) (34.07)				
2:09.13Y	F # 109	Female 15 & Over 200 Back	LY-VA	3	16	0.46
	30.72	1:04.40 1:37.65 2:09.13				
	(30.72)	(33.68) (33.25) (31.48)				
2:14.37Y	P # 109	Female 15 & Over 200 Back	LY-VA	7	---	5.70
	32.05	1:06.65 1:41.02 2:14.37				
	(32.05)	(34.60) (34.37) (33.35)				

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

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Time	F/P/S	Event		Place	Points	Improv
Caleb Wu (15) M						
1:05.15Y	F # 18	Male 15 & Over 100 Breast	LY-VA	17	---	0.95
	31.04	1:05.15				
	(31.04)	(34.11)				
2:02.34Y	F # 22	Male 15 & Over 200 Free	LY-VA	59	---	3.22
	28.34	59.68 1:31.32 2:02.34				
	(28.34)	(31.34) (31.64) (31.02)				
4:49.62Y	F # 30	Male 15 & Over 400 IM	LY-VA	21	---	-9.33
	28.76	1:03.64 1:41.69 2:18.85 3:00.31 3:41.70 4:16.98 4:49.62				
	(28.76)	(34.88) (38.05) (37.16) (41.46) (41.39) (35.28) (32.64)				
2:13.71Y	P # 62	Male 15 & Over 200 IM	LY-VA	40	---	-2.56
	27.72	1:02.25 1:41.90 2:13.71				
	(27.72)	(34.53) (39.65) (31.81)				
30.33Y	F # 70	Male 15 & Over 50 Breast	LY-VA	21	---	0.54
30.18Y	P # 70	Male 15 & Over 50 Breast	LY-VA	21	---	0.39
5:36.21Y	P # 74	Male 15 & Over 500 Free	LY-VA	44	---	4.36
	29.86	1:02.84 1:36.89 2:10.87 2:45.25 3:19.79 3:54.99 4:29.67				
	(29.86)	(32.98) (34.05) (33.98) (34.38) (34.54) (35.20) (34.68)				
	5:03.83	5:36.21				
	(34.16)	(32.38)				
56.31Y	P # 102	Male 15 & Over 100 Free	LY-VA	72	---	1.89
	26.79	56.31				
	(26.79)	(29.52)				
2:31.46Y	P # 106	Male 15 & Over 200 Breast	LY-VA	24	---	12.05
	33.73	1:11.76 1:51.40 2:31.46				
	(33.73)	(38.03) (39.64) (40.06)				
27.64Y	P # 114	Male 15 & Over 50 Fly	LY-VA	44	---	-1.62

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Individual Meet Results

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Time	F/P/S	Event		Place	Points	Improv
Daniel Wu (7) M						
49.29Y	F # 34	Male 10 & Under 50 Back	LY-VA	54	---	-2.84
3:24.73Y	F # 38	Male 10 & Under 200 Free	LY-VA	50	---	-10.34
	47.59	1:38.24 2:31.69 3:24.73				
	(47.59)	(50.65) (53.45) (53.04)				
1:00.11Y	F # 46	Male 10 & Under 50 Breast	LY-VA	45	---	0.83
40.77Y	P # 78	Male 10 & Under 50 Free	LY-VA	68	---	-1.63
2:08.10Y	P # 82	Male 10 & Under 100 Breast	LY-VA	63	---	-4.01
	1:02.22	2:08.10				
	(1:02.22)	(1:05.88)				
1:02.33Y	P # 86	Male 10 & Under 50 Fly	LY-VA	73	---	3.78
1:56.22Y	P # 122	Male 10 & Under 100 Back	LY-VA	67	---	---
	56.81	1:56.22				
	(56.81)	(59.41)				
1:37.80Y	P # 126	Male 10 & Under 100 Free	LY-VA	67	---	3.10
	45.35	1:37.80				
	(45.35)	(52.45)				
1:54.95Y	P # 130	Male 10 & Under 100 IM	LY-VA	60	---	-8.95
	55.92	1:54.95				
	(55.92)	(59.03)				

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Individual Meet Results

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Time	F/P/S	Event	Place	Points	Improv	
Titus Wu (10) M						
2:34.68Y	F # 6	Male 10 & Under 200 IM	LY-VA	1	20	-2.12
	33.56	1:14.06 2:00.70 2:34.68				
	(33.56)	(40.50) (46.64) (33.98)				
6:14.08Y	F # 10	Male 10 & Under 500 Free	LY-VA	2	17	-11.28
	32.76	1:10.90 1:50.11 2:27.83 3:06.66 3:45.52 4:23.72 5:01.64				
	(32.76)	(38.14) (39.21) (37.72) (38.83) (38.86) (38.20) (37.92)				
	5:38.99	6:14.08				
	(37.35)	(35.09)				
34.01Y	F # 34	Male 10 & Under 50 Back	LY-VA	2	17	0.35
2:19.78Y	F # 38	Male 10 & Under 200 Free	LY-VA	2	17	-0.63
	31.96	1:08.01 1:44.46 2:19.78				
	(31.96)	(36.05) (36.45) (35.32)				
1:12.85Y	F # 42	Male 10 & Under 100 Fly	LY-VA	3	16	-3.09
	34.37	1:12.85				
	(34.37)	(38.48)				
35.35Y	F # 50	200 Medley Relay Lead Off	LY-VA	---	---	1.69
29.01Y	F # 78	Male 10 & Under 50 Free	LY-VA	2	17	-0.93
29.64Y	P # 78	Male 10 & Under 50 Free	LY-VA	3	---	-0.30
1:23.67Y	F # 82	Male 10 & Under 100 Breast	LY-VA	3	16	-4.96
	39.57	1:23.67				
	(39.57)	(44.10)				
1:25.33Y	P # 82	Male 10 & Under 100 Breast	LY-VA	4	---	-3.30
	39.48	1:25.33				
	(39.48)	(45.85)				
31.62Y	F # 86	Male 10 & Under 50 Fly	LY-VA	3	16	-0.91
32.14Y	P # 86	Male 10 & Under 50 Fly	LY-VA	3	---	-0.39
1:10.95Y	F # 122	Male 10 & Under 100 Back	LY-VA	1	20	-3.08
	34.02	1:10.95				
	(34.02)	(36.93)				
1:12.30Y	P # 122	Male 10 & Under 100 Back	LY-VA	1	---	-1.73
	34.74	1:12.30				
	(34.74)	(37.56)				
1:03.99Y	F # 126	Male 10 & Under 100 Free	LY-VA	1	20	-2.88
	30.85	1:03.99				
	(30.85)	(33.14)				
1:05.14Y	P # 126	Male 10 & Under 100 Free	LY-VA	1	---	-1.73
	31.07	1:05.14				
	(31.07)	(34.07)				
1:12.94Y	F # 130	Male 10 & Under 100 IM	LY-VA	2	17	-2.24
	33.60	1:12.94				
	(33.60)	(39.34)				
1:13.92Y	P # 130	Male 10 & Under 100 IM	LY-VA	2	---	-1.26
	34.09	1:13.92				
	(34.09)	(39.83)				

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Time	F/P/S	Event		Place	Points	Improv
Spence Young (10) M						
41.10Y	F # 34	Male 10 & Under 50 Back	LY-VA	28	---	-4.32
2:47.20Y	F # 38	Male 10 & Under 200 Free	LY-VA	24	---	-2.34
	37.86	1:21.49 2:06.07 2:47.20				
	(37.86)	(43.63) (44.58) (41.13)				
43.89Y	F # 46	Male 10 & Under 50 Breast	LY-VA	10	7	-3.63
34.20Y	P # 78	Male 10 & Under 50 Free	LY-VA	34	---	-0.84
1:36.55Y	P # 82	Male 10 & Under 100 Breast	LY-VA	10	---	-5.08
	45.17	1:36.55				
	(45.17)	(51.38)				
49.40Y	P # 86	Male 10 & Under 50 Fly	LY-VA	51	---	1.42
35.51Y	F # 90	200 Free Relay Lead Off	LY-VA	---	---	0.47
Ark Zhao (17) M						
56.51Y	F # 14	Male 15 & Over 100 Fly	LY-VA	29	---	-2.66
	25.53	56.51				
	(25.53)	(30.98)				
1:01.01Y	F # 18	Male 15 & Over 100 Breast	LY-VA	4	15	-2.50
	29.14	1:01.01				
	(29.14)	(31.87)				
2:00.07Y	F # 22	Male 15 & Over 200 Free	LY-VA	56	---	-1.75
	28.41	59.78 1:30.82 2:00.07				
	(28.41)	(31.37) (31.04) (29.25)				
58.58Y	P # 58	Male 15 & Over 100 Back	LY-VA	34	---	-0.40
	28.19	58.58				
	(28.19)	(30.39)				
2:08.86Y	P # 62	Male 15 & Over 200 IM	LY-VA	27	---	-1.59
	27.85	1:00.28 1:36.86 2:08.86				
	(27.85)	(32.43) (36.58) (32.00)				
2:09.04Y DQ	F # 62	Male 15 & Over 200 IM	LY-VA	---	---	---
	27.71	1:01.03 1:37.99 2:09.04				
	(27.71)	(33.32) (36.96) (31.05)				
28.38Y	F # 70	Male 15 & Over 50 Breast	LY-VA	7	12	---
28.65Y	P # 70	Male 15 & Over 50 Breast	LY-VA	6	---	---
53.68Y	P # 102	Male 15 & Over 100 Free	LY-VA	57	---	0.57
	26.21	53.68				
	(26.21)	(27.47)				
2:22.47Y	F # 106	Male 15 & Over 200 Breast	LY-VA	13	4	-4.21
	31.14	1:06.90 1:44.34 2:22.47				
	(31.14)	(35.76) (37.44) (38.13)				
2:24.38Y	P # 106	Male 15 & Over 200 Breast	LY-VA	14	---	-2.30
	32.23	1:08.92 1:46.47 2:24.38				
	(32.23)	(36.69) (37.55) (37.91)				
26.07Y	F # 114	Male 15 & Over 50 Fly	LY-VA	25	---	-0.67
26.38Y	P # 114	Male 15 & Over 50 Fly	LY-VA	33	---	-0.36