

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

RECORDS 25 yard team record

Yards-Female

8 & U	25	Free	14.28	13-Jan-96	LY	Brittney Jamerson
	50	Free	31.38	17-Feb-96	LY	Brittney Jamerson
	100	Free	1:13.11	20-Dec-96	LY	Melissa Jamerson
	200	Free	2:49.41	14-Mar-19	LY- VA	Broughton Webb at 2019 SC YSSC USRY Y Regional Championships
	500	Free	7:46.21	4-Jan-19	LY- VA	Broughton Webb at 2019 LY YMCA Winter Invitational
	25	Back	17.77	16-Jan-94	LY	Vanessa Cannon
	50	Back	38.08	18-Oct-97	LY	Melissa Jamerson
	100	Back	1:24.55	15-Mar-18	LY- VA	Sarah Warren at USRY Championships hosted by Middle Tyge YMCA
	25	Breast	19.46	13-Nov-93	LY	Bryn Gardner
	50	Breast	43.20	26-Feb-99	LY	Lauren Hines
	100	Breast	1:37.08	20-Oct-18	LY- VA	Kaelyn Mahland at LY 2018 YMCA Fall Meet
	25	Fly	16.39	21-Mar-99	LY	Lauren Hines
	50	Fly	35.67	20-Feb-99	LY	Lauren Hines
	100	Fly	1:28.76	20-Feb-99	LY- VA	Lauren Hines
	100	IM	1:25.31	21-Mar-99	LY	Lauren Hines
	200	IM	3:10.78	21-Sep-18	LY- VA	Ro Phillips at 2018 LY Season Opener
	400	IM	7:44.58	26-Jan-19	LY- VA	Taylor Woodruff at CYAC Winter Invite
	100	Free Relay	1:03.91	19-Feb-80	LY	M.DeMars, S.Howerton, L.DeMars, A.Perrow
	100	Medley Relay	1:11.89	19-Feb-80	LY	A.Perrow, M.DeMars, B.Alexander, L.DeMars
9-10	25	Free	13.92	24-Oct-20	LY- VA	Kaelyn Mahland at LY SPRINT SHOWDOWN
	50	Free	27.19	13-Dec-97	LY	Brittney Jamerson
	100	Free	1:00.04	13-Dec-97	LY	Brittney Jamerson
	200	Free	2:12.31	7-Feb-98	LY	Brittney Jamerson
	500	Free	6:10.89	12-Dec-08	LY- VA	Alyssa Reed at 08 RAYS SNOWFLAKE INVITATIONAL
	1000	Free	30:00.00	1-Jan-01		.
	1650	Free	30:00.00	1-Jan-01		.
	25	Back	16.93	6-Oct-10	LY	Anna Meinke at Best Times Yards
	50	Back	31.89	4-Jan-96	LY	Vanessa Cannon
	100	Back	1:08.29	29-Mar-01	LY	Lauren Hines
	200	Back	2:42.45	3-Jan-20	LY- VA	Sarah Warren at 2020 LY YMCA Winter Invitational
	25	Breast	18.32	24-Oct-20	LY- VA	Kaelyn Mahland at LY SPRINT SHOWDOWN
	50	Breast	35.05	1-Apr-04	LY- VA	SUSANNA WHITE at Eastern Zone SC Swimming Champ
	100	Breast	1:17.81	1-Apr-04	LY- VA	SUSANNA WHITE at Eastern Zone SC Swimming Champ
	200	Breast	2:52.47	19-Sep-20	LY- VA	Ro Phillips at 2020 LY SEASON OPENER INTRASQU
	25	Fly	15.24	24-Oct-20	LY- VA	Kaelyn Mahland at LY SPRINT SHOWDOWN
	50	Fly	30.99	17-Dec-95	LY	Vanessa Cannon
	100	Fly	1:10.77	7-Jan-09	LY- VA	Alyssa Reed
	200	Fly	2:51.22	3-Jan-20	LY- VA	Sarah Warren at 2020 LY YMCA Winter Invitational
	100	IM	1:09.81	19-Sep-20	LY- VA	Ro Phillips at 2020 LY SEASON OPENER INTRASQU
	200	IM	2:32.61	29-Mar-01	LY	Lauren Hines
	400	IM	5:37.42	19-Sep-20	LY- VA	Ro Phillips at 2020 LY SEASON OPENER INTRASQU
	200	Free Relay	2:00.32	7-Dec-17	LY- VA	LY E. Judy, A. Mahland, F. Fenton, E. Hill
	400	Free Relay	30:00.00	1-Jan-01		LY
	200	Medley Relay	2:16.84	20-Dec-08	LY- VA	Lynchburg YMCA Childress, Pfister, Reed, Meinke
	400	Medley Relay	5:58.93	9-Mar-23	LY- VA	Lynchburg YMCA Swim Team S. Parish, C. Nelson, E. Pennington, T. Akershoe
11-12	50	Free	25.41	27-Mar-03	LY	Lauren Hines
	100	Free	55.06	27-Mar-03	LY	Lauren Hines
	200	Free	2:00.99	17-Dec-10	LY- VA	Anna Meinke at 18th Annual TYR Capital Classic

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11-12	500 Free	5:23.40	17-Dec-10	LY- VA	Anna Meinke at 18th Annual TYR Capital Classic	
	1000 Free	11:37.44	7-Jan-11	LY- VA	Alyssa Reed at 2011 LY YMCA Invitational	
	1650 Free	18:51.96	12-Nov-10	LY- VA	Anna Meinke at 2010 HOKI November Invitational	
	50 Back	28.65	27-Mar-03	LY	Lauren Hines	
	100 Back	1:01.54	6-Dec-19	LY- VA	Emily Judy at 27th Annual YOTA/Arena Capital Classic	
	200 Back	2:15.34	3-Jan-20	LY- VA	Emily Judy at 2020 LY YMCA Winter Invitational	
	50 Breast	31.56	16-Mar-06	LY- VA	Susanna White at 2006 VSI SC Age-group Championships	
	100 Breast	1:09.61	1-Dec-06	LY- VA	AMBER N. WINGFIELD at 2006 Speedo Capital Classic	
	200 Breast	2:34.07	16-Mar-06	LY- VA	Susanna White at 2006 VSI SC Age-group Championships	
	50 Fly	28.17	14-Mar-03	LY	Lauren Hines	
	100 Fly	1:02.14	12-Nov-10	LY- VA	Anna Meinke at 2010 HOKI November Invitational	
	200 Fly	2:12.69	17-Dec-10	LY- VA	Anna Meinke at 18th Annual TYR Capital Classic	
	100 IM	1:04.50	3-Jan-20	LY- VA	Emily Judy at 2020 LY YMCA Winter Invitational	
	200 IM	2:18.21	16-Mar-06	LY- VA	Susanna White at 2006 VSI SC Age-group Championships	
	400 IM	4:47.23	17-Dec-10	LY- VA	Anna Meinke at 18th Annual TYR Capital Classic	
	200 Free Relay	1:47.75	19-Mar-10	LY- VA	Lynchburg YMCA	A. Mauzy, A. Reed, A. Meinke, A. Naylor
	400 Free Relay	3:56.43	19-Mar-10	LY- VA	Lynchburg YMCA	A. Mauzy, A. Meinke, A. Reed, A. Naylor
	200 Medley Relay	1:58.57	19-Mar-10	LY- VA	Lynchburg YMCA	A. Mauzy, A. Meinke, A. Reed, A. Naylor
	400 Medley Relay	4:41.61	2-Dec-21	LY- VA	Lynchburg YMCA Swim Team	E. Cooper, A. Shopbell, S. Warren, A. Holt
13-14	50 Free	24.43	30-Nov-01	LY	Meggie Edwards	
	100 Free	52.83	14-Mar-24	LY- VA	Ann-Margaret Holt at 2024 SC USRY Championships	
	200 Free	1:52.60	14-Dec-07	LY- VA	Susanna White at 15th Annual TYR Capital Classic	
	500 Free	5:03.66	31-Mar-25	LY- VA	Broughton Webb at 2025 YMCA Short Course Nationals	
	1000 Free	10:16.22	13-Mar-25	LY- VA	Broughton Webb at 2025 Virginia Swimming SC Age Group Champions	
	1650 Free	17:25.92	13-Mar-25	LY- VA	Broughton Webb at 2025 Virginia Swimming SC Age Group Champions	
	50 Back	28.13	31-Mar-25	LY- VA	Taylor Woodruff at 2025 YMCA Short Course Nationals	
	50 Back	28.13	5-Dec-24	LY- VA	Taylor Woodruff at 31st Annual YOTA/Arena Capital Classic	
	100 Back	59.31	2-Dec-21	LY- VA	Emily Judy at 28th Annual YOTA/Arena Capital Classic	
	200 Back	2:07.71	2-Dec-21	LY- VA	Emily Judy at 28th Annual YOTA/Arena Capital Classic	
	50 Breast	32.30	6-Oct-10	LY	AMBER N. WINGFIELD at Best Times Yards	
	100 Breast	1:06.91	14-Dec-07	LY- VA	Susanna White @Capital 2007	
	200 Breast	2:18.75	14-Dec-07	LY- VA	Susanna White at 15th Annual TYR Capital Classic	
	50 Fly	27.40	13-Mar-25	LY- VA	Taylor Woodruff at 2025 Virginia Swimming SC Age Group Champions	
	100 Fly	57.53	3-Mar-25	LY- VA	Taylor Woodruff at 2025 VHSL Class 4 State Championship	
	200 Fly	2:03.92	31-Mar-25	LY- VA	Taylor Woodruff at 2025 YMCA Short Course Nationals	
	100 IM	1:04.34	24-Oct-20	LY- VA	Emily Judy at LY SPRINT SHOWDOWN	
	200 IM	2:05.50	1-Apr-08	LY- VA	Susanna White at 2008 YMCA Nationals Short Course	
	400 IM	4:30.65	31-Mar-25	LY- VA	Broughton Webb at 2025 YMCA Short Course Nationals	
	200 Free Relay	1:42.91	14-Mar-24	LY- VA	Lynchburg YMCA Swim Team	T. Woodruff, E. Webb, K. King, A. Holt
	400 Free Relay	3:45.45	30-Nov-23	LY- VA	Lynchburg YMCA Swim Team	T. Woodruff, S. Warren, B. Webb, A. Holt
	800 Free Relay	8:02.47	30-Nov-23	LY- VA	Lynchburg YMCA Swim Team	T. Woodruff, S. Warren, A. Holt, B. Webb
	200 Medley Relay	1:52.51	30-Nov-23	LY- VA	Lynchburg YMCA Swim Team	T. Woodruff, E. Webb, A. Shopbell, A. Holt
	400 Medley Relay	4:07.87	7-Mar-24	LY- VA	Lynchburg YMCA Swim Team	T. Woodruff, E. Webb, A. Shopbell, A. Holt
15-16	50 Free	23.76	4-Mar-10	LY- VA	Susanna White at 2010 VSI SC Senior Championships	
	100 Free	50.90	6-Apr-09	LY- VA	Susanna White at 2009 YMCA Nationals Short Course	
	200 Free	1:51.80	3-Mar-25	LY- VA	Ann-Margaret Holt at 2025 VHSL Class 4 State Championship	
	500 Free	4:58.99	6-Mar-25	LY- VA	Ann-Margaret Holt at 2025 VSI SC Senior Championships	
	1000 Free	10:19.99	28-Feb-19	LY- VA	Ellie Eckert at 2019 VSI SC Senior Championships	
	1650 Free	17:15.94	2-Apr-07	LY- VA	Jamie H. Chong at 2007 YMCA Nationals Short Course	
	50 Back	26.60	7-Jan-11	LY	AINSLEY S. REED	at 2011 LY YMCA Invitational

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15-16	100	Back	58.27	2-Mar-23	LY- VA	Emily Judy at 2023 VSI SC Senior Championships
	200	Back	2:04.62	28-Mar-22	LY- VA	Emily Judy at 2022 YMCA National Championships
	50	Breast	30.44	17-Feb-17	LY	Tara Enneking at VHSL 4A Swimming & Diving Championship
	100	Breast	1:04.44	3-Apr-17	LY- VA	Tara Enneking at 2017 YMCA Nationals Short Course
	200	Breast	2:22.43	1-Dec-17	LY- VA	Tara Enneking at 25th Annual YOTA/Arena Capital Classic
	50	Fly	27.76	7-Nov-25	LY- VA	Ava Shopbell at 2025 Commonwealth Cup
	100	Fly	56.42	6-Apr-09	LY- VA	AMBER N. WINGFIELD at 2009 YMCA Nationals Short Course
	200	Fly	2:03.69	31-Mar-25	LY- VA	Ava Shopbell at 2025 YMCA Short Course Nationals
	100	IM	1:06.00	24-Oct-20	LY- VA	Caroline Falwell at LY SPRINT SHOWDOWN
	200	IM	2:03.01	6-Apr-09	LY- VA	Susanna White at 2009 YMCA Nationals Short Course
15-18	400	IM	4:30.11	7-Nov-25	LY- VA	Broughton Webb at 2025 Commonwealth Cup
	200	Free Relay	1:39.18	17-Mar-13	LY	Ainsley, Alyssa, Meinke, Mauzy
	400	Free Relay	3:40.33	14-Apr-03	LY- VA	Ly Edwards, Turner, Doby, Ritchie
	200	Medley Relay	1:50.07	5-Apr-17	LY- VA	Sennett, A, Enneking, T, Plogger, L, Erquiaga, C at Y Nationals
Open	400	Medley Relay	3:57.26	2-Mar-17	LY	Sennett, A, Enneking, T, Plogger, L., Erquiaga, C
	50	Free	23.14	26-Feb-11	LY- VA	Susanna White Va high school champs
	100	Free	50.59	5-Apr-11	LY- VA	Susanna White @ Y Nationals
	200	Free	1:51.80	3-Mar-25	LY- VA	Ann-Margaret Holt at 2025 VHSL Class 4 State Championship
	500	Free	4:58.79	6-Apr-99	LY	Jordan Marsh
	1000	Free	10:16.22	13-Mar-25	LY- VA	Broughton Webb at 2025 Virginia Swimming SC Age Group Champions
	1650	Free	17:12.10	6-Apr-99	LY	Jordan Marsh
	50	Back	26.60	7-Jan-11	LY	AINSLEY S. REED at 2011 LY YMCA Invitational
	100	Back	55.81	26-Feb-09	LY- VA	LAUREN A. HINES at 2009 AA High School State Championship
	200	Back	2:04.62	28-Mar-22	LY- VA	Emily Judy at 2022 YMCA National Championships
	50	Breast	30.44	17-Feb-17	LY	Tara Enneking at VHSL 4A Swimming & Diving Championship
	100	Breast	1:02.18	5-Apr-11	LY- VA	Susanna White @ Y Nationals
	200	Breast	2:17.16	17-Dec-10	LY- VA	Susanna White @Capital Classic
	50	Fly	27.40	13-Mar-25	LY- VA	Taylor Woodruff at 2025 Virginia Swimming SC Age Group Champions
	100	Fly	56.42	6-Apr-09	LY	Amber Wingfield
	200	Fly	2:03.69	31-Mar-25	LY- VA	Ava Shopbell at 2025 YMCA Short Course Nationals
	100	IM	1:04.50	3-Jan-20	LY	Emily Judy at 2020 LY YMCA Winter Invitational
	200	IM	1:58.90	5-Apr-11	LY- VA	Susanna White at 2011 YMCA Nationals Short Course
	400	IM	4:29.14	17-Dec-10	LY- VA	Susanna White at 2010 Capital
	200	Free Relay	1:39.07	5-Apr-11	LY- VA	Lynchburg YMCA Swim Team S. White, A. REED, A. Meinke, A. WINGFIELD
	400	Free Relay	3:34.45	5-Apr-11	LY- VA	Lynchburg YMCA Swim Team Reid, Fredericksen, Mauzy, White
	800	Free Relay	7:45.63	30-Nov-18	LY- VA	Lynchburg YMCA Swim Team T. Enneking, A. Plogger, A. Tiller, E. Eckert
	200	Medley Relay	1:49.35	3-Apr-18	LY- VA	Lynchburg YMCA Swim Team A. Sennett, T. Enneking, E. Russell, A. Plogger
	400	Medley Relay	3:57.26	2-Mar-17	LY- VA	Lynchburg YMCA Swim Team A. Sennett, T. Enneking, A. Plogger, C. Erquiaga

Lynchburg YMCA Swim Team
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RECORDS 25 yard team record

Yards-Male

8 & U	25	Free	14.47	26-Jan-19	LY- VA	Jackson Carpenter at CYAC Winter Invite
	50	Free	31.24	4-Jan-19	LY- VA	Jackson Carpenter at 2019 LY YMCA Winter Invitational
	100	Free	1:08.31	18-Mar-11	LY- VA	Colby Childress at 2011 USYMCA SC CHAMPIONSHIP
	200	Free	2:28.23	25-Feb-11	LY- VA	Colby Childress at 2011 Blue Ridge Region Championship
	500	Free	6:28.47	18-Mar-11	LY- VA	Colby Childress at 2011 USYMCA SC CHAMPIONSHIP
	25	Back	17.25	9-Feb-19	LY- VA	Liam Muminovic at Southwest District 8 & Under Championships
	50	Back	35.40	25-Feb-11	LY- VA	Colby Childress at 2011 Blue Ridge Region Championship
	100	Back	1:15.14	25-Feb-11	LY- VA	Colby Childress at 2011 Blue Ridge Region Championship
	25	Breast	19.41	28-Feb-89	LY	Mark Elder
	50	Breast	40.49	4-Mar-94	LY	Graham Whitley
	100	Breast	1:32.34	25-Feb-11	LY- VA	Colby Childress at 2011 Blue Ridge Region Championship
	25	Fly	15.37	12-Feb-22	LY- VA	Mac Morrison at Southwest District 8 and Under Championship
	50	Fly	35.09	26-Feb-94	LY	Graham Whitley
	100	Fly	1:17.51	25-Feb-11	LY- VA	Colby Childress at 2011 Blue Ridge Region Championship
	100	IM	1:17.92	18-Mar-11	LY- VA	Colby Childress at 2011 USYMCA SC CHAMPIONSHIP
	200	IM	2:47.86	18-Mar-11	LY- VA	Colby Childress at 2011 USYMCA SC CHAMPIONSHIP
	400	IM	6:10.10	26-Jan-19	LY- VA	Jackson Carpenter at CYAC Winter Invite
	100	Free Relay	1:03.48	4-Jan-19	LY- VA	Lynchburg YMCA Swim Team L. Muminovic, M. Rogers, B. Nelson, J. Carpenter
	100	Medley Relay	1:12.75	12-Mar-94	LY	R.Madden, S.Frankfort, G.Whitley, W.Cook
9-10	25	Free	13.22	24-Oct-20	LY- VA	Jackson Carpenter at LY SPRINT SHOWDOWN
	50	Free	27.43	17-Jan-20	LY- VA	Graham Woodruff at 2020 TAC TITANS Polar Plunge Meet
	100	Free	1:00.60	17-Jan-20	LY- VA	Luke Hottle at 2020 TAC TITANS Polar Plunge Meet
	200	Free	2:10.65	9-Jan-21	LY- VA	Jackson Carpenter at 2021 LY Winter Invitational
	500	Free	5:43.59	14-Mar-13	LY- VA	Colby Childress at 2013 SC RAYS UPPER SOUTHEAST REGION YMCA CHAM
	1000	Free	30:00.00	1-Jan-01		.
	1650	Free	30:00.00	1-Jan-01		.
	25	Back	17.13	24-Oct-20	LY- VA	Jackson Carpenter at LY SPRINT SHOWDOWN
	50	Back	31.70	14-Mar-13	LY- VA	Colby Childress at 2013 SC RAYS UPPER SOUTHEAST REGION YMCA CHAM
	100	Back	1:08.23	14-Mar-13	LY- VA	Colby Childress at 2013 SC RAYS UPPER SOUTHEAST REGION YMCA CHAM
	200	Back	2:37.83	18-Oct-25	LY- VA	Titus Wu at LY 2025 YMCA October Meet
	25	Breast	17.90	24-Oct-20	LY- VA	Jackson Carpenter at LY SPRINT SHOWDOWN
	50	Breast	33.85	5-Apr-83	LY	Trey Tanner
	100	Breast	1:14.68	15-Mar-83	LY	Trey Tanner
	200	Breast	2:54.79	9-Jan-21	LY- VA	Broderick Nelson at 2021 LY Winter Invitational
	25	Fly	14.42	24-Oct-20	LY- VA	Jackson Carpenter at LY SPRINT SHOWDOWN
	50	Fly	29.58	9-Jul-79	LY	Nicky Salido
	100	Fly	1:07.35	9-Jan-21	LY- VA	Jackson Carpenter at 2021 LY Winter Invitational
	200	Fly	2:34.88	9-Jan-21	LY- VA	Jackson Carpenter at 2021 LY Winter Invitational
	100	IM	1:08.71	14-Mar-13	LY- VA	Colby Childress at 2013 SC RAYS UPPER SOUTHEAST REGION YMCA CHAM
	200	IM	2:27.70	14-Mar-13	LY- VA	Colby Childress at 2013 SC RAYS UPPER SOUTHEAST REGION YMCA CHAM
	400	IM	5:14.44	9-Jan-21	LY- VA	Jackson Carpenter at 2021 LY Winter Invitational
	200	Free Relay	1:55.42	15-Mar-79	LY- VA	Lynchburg YMCA Barnes, Salido, Roberts, Gerhardt
	400	Free Relay	4:42.37	7-Mar-19	LY	G. Woodruff, J. Carpenter, W. Sutphin, L. Hottle
	200	Medley Relay	2:12.41	17-Jan-20	LY- VA	Lynchburg YMCA Swim Team H. Manning, L. Hottle, M. Rogers, G. Woodruff
	400	Medley Relay	5:19.18	7-Mar-19	LY	G. Woodruff, H. Manning, L. Hottle, J. Carpenter
11-12	50	Free	24.02	1-Apr-99	LY	Kip Abbott
	100	Free	53.16	18-Mar-11	LY- VA	Ethan Navarro at 2011 USYMCA SC CHAMPIONSHIP
	200	Free	1:53.89	9-Nov-12	LY- VA	Steven Mills at 2012 HOKI November Invitational

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RECORDS 25 yard team record

11-12	500	Free	5:05.76	9-Nov-12	LY- VA	Steven Mills at 2012 HOKI November Invitational
	1000	Free	10:38.46	9-Nov-12	LY- VA	Steven Mills at 2012 HOKI November Invitational
	1650	Free	17:51.61	16-Mar-12	LY- VA	Steven Mills at 2012 USYMCA SC CHAMPIONSHIP
	50	Back	27.87	6-Feb-93	LY	Hunt Chipley
	100	Back	1:01.23	16-Dec-12	LY	Josh Hankey
	200	Back	2:10.17	16-Dec-12	LY- VA	Josh Hankey at CapitalClassic
	50	Breast	29.68	11-Apr-85	LY	Trey Tanner
	100	Breast	1:05.69	11-Apr-85	LY	Trey Tanner
	200	Breast	2:25.33	6-Jan-23	LY- VA	Broderick Nelson at 2023 LY Winter Invitational
	50	Fly	26.05	11-Mar-99	LY	Kip Abbott
	100	Fly	1:00.74	7-Jan-22	LY- VA	Luke Hottle at 2022 LY Winter Invitational
	200	Fly	2:15.24	26-Mar-15	LY- VA	Connor Sauls at 2015 Nor'Eastern Championships
	100	IM	59.35	11-Apr-85	LY	Trey Tanner
	200	IM	2:07.65	11-Apr-85	LY	Trey Tanner
	400	IM	4:40.70	16-Dec-12	LY- VA	Josh Hankey at CapitalClassic
	200	Free Relay	1:42.53	6-Feb-93	LY- VA	Lynchburg YMCA Chipley, Frazier, Lockridge, Frankfort
	400	Free Relay	3:49.18	13-Mar-14	LY- VA	Lynchburg YMCA Swim Team D. Pettyjohn, G. Pendleton, C. Sauls, J. Gordon
	200	Medley Relay	1:54.58	6-Feb-93	LY- VA	Lynchburg YMCA Chipley, Frazier, Lockridge, Frankfort
	400	Medley Relay	4:20.43	2-Dec-21	LY- VA	Lynchburg YMCA Swim Team G. Woodruff, H. Rice, L. Hottle, C. Campbell
13-14	50	Free	21.47	30-Nov-23	LY- VA	Graham Woodruff at 30th Annual YOTA/Arena Capital Classic
	100	Free	48.03	30-Nov-23	LY- VA	Graham Woodruff at 30th Annual YOTA/Arena Capital Classic
	200	Free	1:45.39	6-Apr-09	LY- VA	Caleb WILLIAMS at 2009 YMCA Nationals Short Course
	500	Free	4:41.55	18-Feb-16	LY- VA	JohnMichael Gordon at VHSL 4A Swimming & Diving Championship
	1000	Free	9:49.95	3-Apr-17	LY- VA	Connor Sauls at 2017 YMCA Nationals Short Course
	1650	Free	16:14.78	2-Mar-17	LY- VA	Connor Sauls at 2017 VA SC SR Championships
	50	Back	25.69	30-Nov-23	LY- VA	Graham Woodruff at 30th Annual YOTA/Arena Capital Classic
	100	Back	53.74	18-Feb-16	LY- VA	JohnMichael Gordon at VHSL 4A Swimming & Diving Championship
	200	Back	1:55.03	11-Dec-15	LY- VA	JohnMichael Gordon at 2015 Swim and Tri Winter Championships
	50	Breast	28.46	11-Mar-21	LY	Max Schonfelder at Age Group Champs
	100	Breast	1:00.35	17-Mar-00	LY	Stuart Frankfort
	200	Breast	2:12.56	30-Nov-23	LY- VA	Luke Hottle at 30th Annual YOTA/Arena Capital Classic
	50	Fly	23.14	13-Mar-25	LY- VA	Brody S. Wall at 2025 Virginia Swimming SC Age Group Champions
	100	Fly	51.47	13-Mar-25	LY- VA	Brody S. Wall at 2025 Virginia Swimming SC Age Group Champions
	200	Fly	1:57.94	9-Mar-17	LY- VA	Connor Sauls at 2017 VSI SC Age Group Champs-HOKI
	100	IM	59.95	24-Oct-20	LY- VA	Max Schonfelder at LY SPRINT SHOWDOWN
	200	IM	1:58.64	30-Nov-23	LY- VA	Luke Hottle at 30th Annual YOTA/Arena Capital Classic
	400	IM	4:11.57	14-Mar-13	LY- VA	Ethan Navarro at 2013 SC RAYS UPPER SOUTHEAST REGION YMCA CHAM
	200	Free Relay	1:30.19	30-Nov-23	LY- VA	Graham Woodruff, Hudson Rice, Luke Hottle, Cole Campbell
	400	Free Relay	3:20.37	2-Dec-23	LY- VA	Luke Hottle, Hudson Rice Cole Campbell, Graham Woodruff
	800	Free Relay	7:18.26	1-Dec-23	LY- VA	Luke Hottle, Broderick Nels on, Hudson Rice, Graham Woodruff
	200	Medley Relay	1:41.05	30-Nov-23	LY	Graham Woodruff, Luke Hottle, Hudson Rice, Cole Campbell
	400	Medley Relay	3:42.10	3-Dec-23	LY- VA	Graham Woodruff, L uke Hottle, Hudson Rice, Cole Campbell
15-16	50	Free	20.82	4-Mar-21	LY- VA	Brendan Whitfield at 2021 VSI SC Senior Champs
	100	Free	46.58	17-Feb-18	LY- VA	Matthew Davidson at 2018 VA O VHSL Class 4 Swim & Diving Champs
	200	Free	1:39.58	17-Feb-18	LY- VA	JohnMichael Gordon at 2018 VA O VHSL Class 4 Swim & Diving Champs
	500	Free	4:29.39	17-Feb-18	LY- VA	JohnMichael Gordon at 2018 VA O VHSL Class 4 Swim & Diving Champs
	1000	Free	9:18.27	28-Mar-22	LY- VA	J C Gordon at 2022 YMCA National Championships
	1650	Free	15:38.65	2-Dec-21	LY- VA	J C Gordon at 28th Annual YOTA/Arena Capital Classic
	50	Back	24.54	1-Dec-22	LY- VA	Owen Widzisz at 29th Annual YOTA/Arena Capital Classic
	100	Back	49.14	4-Mar-21	LY- VA	Brendan Whitfield at 2021 VSI SC Senior Champs

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

RECORDS 25 yard team record

15-16	200	Back	1:46.78	26-Mar-21	LY- VA	Brendan Whitfield at 2021 EZ SC Speedo Championship Meet
	50	Breast	27.09	7-Nov-25	LY- VA	Luke Hottle at 2025 Commonwealth Cup
	100	Breast	58.19	2-Mar-23	LY- VA	Max Schonfelder at 2023 VSI SC Senior Championships
	200	Breast	2:08.17	7-Nov-25	LY- VA	Luke Hottle at 2025 Commonwealth Cup
	50	Fly	23.09	7-Nov-25	LY- VA	Brody S. Wall at 2025 Commonwealth Cup
	100	Fly	48.98	26-Mar-21	LY- VA	Brendan Whitfield at 2021 EZ SC Speedo Championship Meet
	200	Fly	1:50.62	2-Dec-21	LY- VA	Jack Mills at 28th Annual YOTA/Arena Capital Classic
	100	IM	58.03	24-Oct-20	LY- VA	Brendan Whitfield at LY SPRINT SHOWDOWN
	200	IM	1:51.80	1-Dec-17	LY- VA	JohnMichael Gordon at 25th Annual YOTA/Arena Capital Classic
15-18	400	IM	3:57.35	1-Dec-17	LY- VA	JohnMichael Gordon at 25th Annual YOTA/Arena Capital Classic
	200	Free Relay	1:27.28 *	8-Apr-97	LY	B.Pettigrew, H.Chipley, A.Mabery, F.Frazier
	200	Free Relay	1:27.28 *	14-Apr-03	LY	K.Abbott, S.Frankfort, R.Madden, W.Cook
	400	Free Relay	3:03.81	18-Feb-23	LY	LY J. Mills, O Widzisz, M Schonfelder, B Whitfield
	200	Medley Relay	1:36.37	4-Apr-06	LY	C. McBratney, T. Stauder, C. Wombwell, J. Stauder
Open	400	Medley Relay	3:32.60	4-Apr-06	LY	C. McBratney, T. Stauder, C. Wombwell, J. Stauder
	50	Free	19.48	3-Apr-23	LY- VA	Brendan Whitfield at 2023 YMCA Short Course Nationals
	100	Free	42.67	3-Apr-23	LY- VA	Brendan Whitfield at 2023 YMCA Short Course Nationals
	200	Free	1:33.97	3-Apr-23	LY- VA	Brendan Whitfield at 2023 YMCA Short Course Nationals
	500	Free	4:27.61	5-Apr-11	LY- VA	Kemp Pettyjohn at 2011 YMCA Nationals Short Course
	1000	Free	9:16.85	3-Apr-23	LY- VA	J C Gordon at 2023 YMCA Short Course Nationals
	1650	Free	15:30.12	2-Apr-24	LY- VA	J C Gordon at 2024 YMCA Short Course Nationals
	50	Back	22.49	18-Feb-22	LY- VA	Brendan Whitfield at VHSL Class 4 Swimming & Diving Championship
	100	Back	47.68	3-Apr-23	LY- VA	Brendan Whitfield at 2023 YMCA Short Course Nationals
	200	Back	1:46.63	28-Mar-22	LY- VA	Brendan Whitfield at 2022 YMCA National Championships
	50	Breast	27.19	2-Apr-07	LY	TRAVIS K. STAUDER at 2007 YMCA Nationals Short Course
	100	Breast	56.52	5-Dec-24	LY- VA	Max Schonfelder at 31st Annual YOTA/Arena Capital Classic
	200	Breast	2:02.85	6-Dec-19	LY- VA	Daniel Pettyjohn at 27th Annual YOTA/Arena Capital Classic
	50	Fly	22.89	26-Mar-21	LY- VA	Brendan Whitfield at Sectional
	100	Fly	46.26	3-Apr-23	LY- VA	Brendan Whitfield at 2023 YMCA Short Course Nationals
	200	Fly	1:46.85	2-Apr-24	LY- VA	Jack Mills at 2024 YMCA Short Course Nationals
	100	IM	58.04	24-Oct-20	LY- VA	Brendan Whitfield at LY SPRINT SHOWDOWN
	200	IM	1:49.43	29-Feb-24	LY- VA	Jack Mills at 2024 VSI SC Senior Championships
	400	IM	3:56.56	5-Dec-18	LY- VA	JohnMichael Gordon at 2018 East Speedo Winter Juniors
	200	Free Relay	1:22.68	3-Apr-23	LY- VA	Lynchburg YMCA Swim Team J. Mills, O. Widzisz, J. Gordon, B. Whitfield
	400	Free Relay	3:01.98	3-Apr-23	LY- VA	Lynchburg YMCA Swim Team B. Whitfield, J. Gordon, O. Widzisz, J. Mills
	800	Free Relay	6:39.00	3-Apr-23	LY- VA	Lynchburg YMCA Swim Team B. Whitfield, M. Schonfelder, J. Gordon, J. Mills
	200	Medley Relay	1:33.19	3-Apr-23	LY- VA	Lynchburg YMCA Swim Team B. Whitfield, T. Fenton, J. Mills, M. Schonfelder
	400	Medley Relay	3:21.34	3-Apr-23	LY- VA	Lynchburg YMCA Swim Team B. Whitfield, T. Fenton, J. Mills, J. Gordon

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

RECORDS 25 yard team record

Yards-Mixed

8 & U	100	Free Relay	1:06.49	22-Oct-17	LY	G. Woodruff, K. Mahland, A. Shopbell, L. Hottle	
	100	Medley Relay	1:15.24	21-Oct-17	LY	L. Hottle, K. Mahland, A. Shopbell, G. Woodruff	
9-10	200	Free Relay	2:01.45	21-Oct-23	LY- VA	LY	M. Morrison, C. Nelson, S. Parish, A. Woodruff
	200	Medley Relay	2:17.83	19-Oct-19	LY- VA	LY	G. Woodruff, R. Phillips, S. Warren, L. Hottle
11-12	200	Free Relay	1:45.56	23-Oct-21	LY- VA	LY	S. Warren, R. Phillips, L. Hottle, G. Woodruff
	200	Medley Relay	1:58.74	23-Oct-21	LY- VA	LY	S. Warren, R. Phillips, L. Hottle, G. Woodruff
13-14	200	Free Relay	1:38.22	21-Oct-23	LY- VA	LY	L. Hottle, A. Holt, T. Woodruff, G. Woodruff
	200	Medley Relay	1:49.97	21-Oct-23	LY- VA	LY	T. Woodruff, L. Hottle, A. Shopbell, G. Woodruff
Open	200	Free Relay	1:35.26	1-Feb-25	LY- VA	Lynchburg YMCA Swim Team	L. Hottle, A. Holt, R. Duis, G. Woodruff
	200	Medley Relay	1:44.52	5-Dec-24	LY- VA	Lynchburg YMCA Swim Team	D. Hottle, D. Stevenson, A. Shopbell, R. Duis