

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2023 YMCA Short Course Nationals 03-Apr-23 to 07-Apr-23 Yards

Sanction: NC 23034AP Location: Greensboro Aquatic Complex

Time	F/P/S	Event	Place	Points	Improv	
Kaitlyn Bauer (18) F						
10:27.28Y	F # 103	SW Female Open 1000 Free	LY-VA	21	---	-4.35
57.42Y	T # 223	Female Open 100 Fly	LY-VA	3	---	-0.45
1:53.36Y	P # 305	SW Female Open 200 Free	LY-VA	30	---	-0.18
5:04.72Y	P # 401	SW Female Open 500 Free	LY-VA	28	---	1.64
53.36Y	T # 429	Female Open 100 Free	LY-VA	9	---	0.08
2:06.72Y	P # 501	SW Female Open 200 Fly	LY-VA	22	---	1.99
2:06.98Y	F # 501	SW Female Open 200 Fly	LY-VA	22	---	2.25
Caroline Falwell (18) F						
2:31.30Y	T # 225	Female Open 200 Breast	LY-VA	18	---	4.71
1:08.91Y	T # 431	Female Open 100 Breast	LY-VA	14	---	1.68
1:09.74Y	P # 505	SW Female Open 100 Breast	LY-VA	123	---	2.51
Frances Fenton (15) F						
2:29.09Y	T # 225	Female Open 200 Breast	LY-VA	8	---	0.39
25.15Y	T # 329	Female Open 50 Free	LY-VA	22	---	0.26
55.00Y	T # 429	Female Open 100 Free	LY-VA	47	---	0.68
1:09.69Y	P # 505	SW Female Open 100 Breast	LY-VA	122	---	1.99
Thomas Fenton (17) M						
2:05.32Y	P # 206	SW Male Open 200 Breast	LY-VA	20	---	-2.30
2:06.28Y	F # 206	SW Male Open 200 Breast	LY-VA	21	---	-1.34
50.75Y	T # 430	Male Open 100 Free	LY-VA	55	---	-0.93
57.86Y	P # 506	SW Male Open 100 Breast	LY-VA	26	---	0.08
J C Gordon (17) M						
9:16.85Y	F # 104	SW Male Open 1000 Free	LY-VA	3	16	-1.42
1:42.95Y	P # 306	SW Male Open 200 Free	LY-VA	41	---	3.26
4:31.27Y	F # 402	SW Male Open 500 Free	LY-VA	10	7	0.83
4:33.49Y	P # 402	SW Male Open 500 Free	LY-VA	11	---	3.05
15:52.08Y	F # 510	SW Male Open 1650 Free	LY-VA	8	11	13.43
Emily Judy (16) F						
2:08.98Y	P # 201	SW Female Open 200 Back	LY-VA	76	---	4.36
1:00.22Y	P # 207	SW 400 Medley Relay Lead Off	LY-VA	---	---	1.95
1:00.48Y	P # 301	SW Female Open 100 Back	LY-VA	111	---	2.21
2:14.44Y	T # 421	Female Open 200 IM	LY-VA	48	---	3.85
1:13.19Y	T # 431	Female Open 100 Breast	LY-VA	32	---	2.87
NS	T # 523	Female Open 100 Free	LY-VA	---	---	---

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Jack Mills (17) M						
20.78Y	F # 102	200 Free Relay Lead Off	LY-VA	---	---	-0.31
48.21Y	P # 204	SW Male Open 100 Fly	LY-VA	2	---	-0.63
48.69Y	F # 204	SW Male Open 100 Fly	LY-VA	6	13	-0.15
1:39.90Y	F # 306	SW Male Open 200 Free	LY-VA	18	---	0.42
1:41.63Y	P # 306	SW Male Open 200 Free	LY-VA	25	---	2.15
21.18Y	T # 330	Male Open 50 Free	LY-VA	1	---	0.09
1:51.28Y	F # 404	SW Male Open 200 IM	LY-VA	11	6	-1.49
1:51.92Y	P # 404	SW Male Open 200 IM	LY-VA	13	---	-0.85
NS	T # 430	Male Open 100 Free	LY-VA	---	---	---
1:48.77Y	F # 502	SW Male Open 200 Fly	LY-VA	3	16	-0.70
1:49.39Y	P # 502	SW Male Open 200 Fly	LY-VA	3	---	-0.08
46.08Y	P # 508	SW 400 Free Relay Lead Off	LY-VA	---	---	0.58
Max Schonfelder (16) M						
2:10.04Y	P # 206	SW Male Open 200 Breast	LY-VA	53	---	-0.43
21.84Y	T # 330	Male Open 50 Free	LY-VA	3	---	0.33
1:57.07Y	P # 404	SW Male Open 200 IM	LY-VA	50	---	1.05
NS	T # 424	Male Open 50 Free	LY-VA	---	---	---
48.14Y	P # 504	SW Male Open 100 Free	LY-VA	116	---	0.93
58.76Y	P # 506	SW Male Open 100 Breast	LY-VA	41	---	0.57
Ava Shopbell (13) F						
1:00.57Y	T # 223	Female Open 100 Fly	LY-VA	59	---	0.42
4:41.33Y	T # 323	Female Open 400 IM	LY-VA	9	---	0.46
2:10.11Y	P # 501	SW Female Open 200 Fly	LY-VA	55	---	0.52
Brendan Whitfield (18) M						
19.83Y	P # 102	200 Free Relay Lead Off	LY-VA	---	---	0.29
46.26Y	F # 204	SW Male Open 100 Fly	LY-VA	1	20	-2.72
47.20Y	P # 204	SW Male Open 100 Fly	LY-VA	1	---	-1.78
47.68Y	P # 208	SW 400 Medley Relay Lead Off	LY-VA	---	---	-0.48
48.83Y	F # 208	SW 400 Medley Relay Lead Off	LY-VA	---	---	0.67
1:33.97Y	F # 306	SW Male Open 200 Free	LY-VA	1	20	-1.30
1:36.17Y	P # 306	SW Male Open 200 Free	LY-VA	1	---	0.90
22.75Y	P # 308	SW 200 Medley Relay Lead Off	LY-VA	---	---	0.26
22.82Y	F # 308	SW 200 Medley Relay Lead Off	LY-VA	---	---	0.33
19.48Y	F # 406	SW Male Open 50 Free	LY-VA	1	20	-0.06
19.85Y	P # 406	SW Male Open 50 Free	LY-VA	1	---	0.31
1:34.13Y	F # 408	SW 800 Free Relay Lead Off	LY-VA	---	---	-1.14
42.67Y	F # 504	SW Male Open 100 Free	LY-VA	1	20	-0.10
43.72Y	P # 504	SW Male Open 100 Free	LY-VA	1	---	0.95
43.37Y	F # 508	SW 400 Free Relay Lead Off	LY-VA	---	---	0.60

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Owen Widzisz (17) M						
52.29Y	P # 204	SW Male Open 100 Fly	LY-VA	101	---	0.77
21.84Y	T # 330	Male Open 50 Free	LY-VA	3	---	0.29
21.79Y	P # 406	SW Male Open 50 Free	LY-VA	99	---	0.24
47.60Y	P # 504	SW Male Open 100 Free	LY-VA	82	---	0.07