



THE BARRACUDA BITE

GO TO SLEEP WITH A DREAM AND WAKE UP WITH A PURPOSE!



PRACTICE GROUPS

Group 1 – 9 & Under

Group 2 – 9-11

Group 3 – 11-13+

Senior 1 (group 4) 13+

Senior Dev 11-14

National Dev 14+

Please see page two of this newsletter to view updated branch practice times. These times take effect January 2, 2026. the updated age-groups and new schedule are intended to give our coaches more one on one ,time with each group and to allow for better flow from one group to the next.

UPCOMING EVENTS

12/6 Practice and Pancakes

12/13 Swim Meet @ Snohomish AC

1/10 Swim Meet @ Grays Harbor

January Practice and Pancakes TBA

1/24 Swim Meet @ YMCA State Meet

2/8 Swim Meet @ Skagit Valley

2/21 (Barracuda) Club Championships

3/6 @ YMCA Regional Meet

March Practice and Pancakes TBA

3/28 YSCB Meet @ USA Meet at Stanwood Y

3/30 @ YMCA National Championships

4/18-19 @ USA Meet Snohomish AC

Please check the team events page for more detailed information!

2026 YSCB PRACTICE SCHEDULES EFFECTIVE JAN 2, 2026

Everett

Group 1 Mon & Wed 5:15–6:00 / Thur 6:45–7:30

Group 2 Mon 6:00–7:00, Wed 6:00–7:00, Thur 6:45–7:45

Group 3 Mon 5:00–6:15, Wed 6:00–7:15, Thur 5:30–6:45, Fri 5:00–6:15

Senior 1 Tues 6:30–7:30, Wed and Fri 5:00–6:00

Mill Creek

Group 1 Tues & Thurs 5:00–5:45, Wed 6:00–6:45

Group 2A Mon & Wed 5:00–6:00, Sat 7:30–8:30

Group 2B Tues 5:45–6:45, Wed 6:00–7:00, Sat 8:30–9:30

Group 3 Mon 6:00–7:30, Tues 6:45–7:45, Thurs 5:45–7:15, Sat 7:30–8:30

Senior 1 TBA

Monroe

Group 1 Tues & Wed & Thurs 5:00–5:45

Group 2 Mon 5:00–6:00, Tues & Thurs 5:45–6:45

Group 3 Mon 6:00–7:30, Wed 5:45–7:00, Thurs 6:45–7:45, Fri 4:30–5:45

Senior 1 TBA

Mukilteo

Group 1 Mon & Tues & Wed 6:00–6:45

Group 2A Mon & Wed & Thur 5:00–6:00

Group 2B Tues & Wed & Fri 5:00–6:00

Group 3 Mon & Wed & Thur 6:00–7:15, Fri 5:00–6:15

Senior 1 TBA

Stanwood-Camano

Group 1 Mon & Wed & Fri 5:00–5:45

Group 2 Mon 5:45–6:45, Tues & Thurs 5:00–6:00

Group 3 Mon & Wed 5:45–7:00, Tues & Thurs 6:00–7:15

Senior 1 TBA

Marysville

all groups TBA

Senior Development (11–14)

Tues, Thurs 5:15–6:45 / Fri 4:45–6:15 / Sat 7:15–8:45

National Development (14+up)

TBA (starting later in 2026)

