



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAFETY TRAINING FOR SWIM COACHES CERTIFICATION REQUIREMENT

YMCA Swim Coaches must maintain current certifications in CPR, First Aid and Safety Training for Swim Coaches. The YMCA of the USA recognizes the following basic-level certifications as meeting the Safety Training for Swim Coaches requirement (Note: Instructor certifications are not acceptable.):

SAFETY TRAINING FOR SWIM COACHES CERTIFICATION

There is no additional safety training course or test necessary if coaches maintain the following course certification:

American Red Cross:

- Safety Training for Swim Coaches (full course, fast track option, review or challenge; 3 year certification)

LIFEGUARDING AND AQUATIC SAFETY CERTIFICATIONS

The following lifeguard and aquatic safety certifications listed below will be accepted **WITH** proof of successful completion of the online Safety Training for Swim Coaches written test housed on USA Swimming's website. Click [HERE](#) for further information on how to take the online written test.

Upon successful completion of the online written test you will receive a confirming e-mail from USA Swimming indicating successful completion. Print the confirmation e-mail and submit it and a copy of the acceptable required lifeguard card to your regional [**YMCA Swimming Group Representative**](#).

The expiration date, for the safety requirement purposes, will be the earliest date on either the confirming Safety Training for Swim Coaches e-mail (valid for three years) or the acceptable lifeguard certification

YMCA of the USA:

- YMCA Lifeguard (2 year certification) with Safety Training for Swim Coaches online written test
- YMCA Aquatic Safety Assistant (2 year certification) with Safety Training for Swim Coaches online written test.

American Red Cross:

- Lifeguarding/First Aid/CPR/AED (2 year certification) with Safety Training for Swim Coaches online written test

International Lifeguard Training Program (Ellis & Associates):

- Pool Lifeguard Training (1 year license validity) with Safety Training for Swim Coaches online written test
- Special Facilities Training (1 year license validity) with Safety Training for Swim Coaches online written test

Starfish Aquatics Institute:

- StarGuard (1 year certification) with Safety Training for Swim Coaches online written test