

2009 Great Lakes Zone Championships, March 20–22, 2009

YMCA Name: _____

Abbreviation: _____ YMCA Association Number: _____

Team Name (If different than Official YMCA name): _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Coach's Name: _____

Coach's Address: _____

City: _____ State: _____ Zip: _____

Coach's Phone: Home (_____) _____ Work (_____) _____

E-mail Address _____

Great Lakes Zone YMCA Swimming Championships Rules of Conduct

Considering the level of competition and the YMCA Philosophy, it is expected that swimmers, parents and coaches comply with and help enforce the following rules:

1. There is no shaving permitted on pool premise; this includes locker rooms and restroom of the Natatorium **PENALTY --- EJECTION FROM THE MEET**
2. There is to be no use of oils for swimmer rubdowns. This is a safety hazard on deck as well as being a problem with proper pool maintenance.
3. Glass containers of any kind are not permitted in the pool area or locker rooms.
4. Coolers, noise makers and balloons are not permitted.
5. Disorderly conduct will not be tolerated.
6. Vandalism of any nature will be just cause for team disqualification.
7. Teams are expected to police the areas they occupy between events.
8. All swimmers are required to wear some type of footwear when they leave the pool deck.
9. A designated person shall be responsible for the supervision and conduct of their team members.
10. Swimmers are not permitted on deck until a certified coach is on deck
11. Deck changing is not permitted, and is cause for ejection from the meet.

Depending on the severity of the infraction, and violation or disregard for these rules may result in disqualification of the swimmer or entire team from meet participation.

Once your entry has been accepted you are responsible for payment of entry fees – even if you do not attend the meet.

This form must be returned in order for your entry form to be processed.

Return this portion by **February 12, 2009** with the coach's signature to verify that team members are aware of these rules and that the team and coach agree to abide by these rules.

Coach's Signature: _____

Executive Director Signature: _____

Mail forms to:

Ken Posten, 2009 Zone Swim Meet, 2430 Marlene Dr., Swartz Creek, MI 48473

**Great Lakes Zone
YMCA Swimming Championships
Rules of Time Standard Verification and Waiver**

***NEW For the 2009 Great Lakes zone meet we are relying on the integrity of the coaches and we will not ask for a blanket proof of time. If any times are in question you will be informed and you must bring proof of time to the meet. If you are not informed, you do not need to bring meet results.

1. If you are notified that you must prove times the following are acceptable:
 - a. **Original, good carbon, or Xeroxed copy signed by the referee head scorer and both coaches**, Signatures are only necessary on hand written results. Computer generated results do not need to be signed. Either the referee or the scorer must be a YMCA certified official.
 - b. **Official results from invitational meets or championship meet and YMCA, USA Swimming or High School competitions.**
 - c. The referee or head scorer and both coaches must sign high school dual meet result sheets. The referee or head scorer must hold some type of certification and that must be indicated on the result sheet.
 - d. Newspaper results are NOT acceptable.
 - e. Any entry will be scratched if the seed time cannot be verified prior to the start of the individual's session.
 - f. Coaches who are unable to prove a sufficient number of times will be banned from next year's Zone Meet, and a letter will be sent to the Executive Director explaining the action.
 - g. **A Team Manager Top Times Report is not acceptable at the proof of time table.**
 - h. **A printout from USA-swimming SWIMS is acceptable**

In order that all coaches understand the rules, please read and sign the statement below, along with your Executive director, and return with by February 12 for free registration.

Release: In consideration of acceptance of this entry, I/We hereby, for ourselves, our heirs, administrators and assigns, waive and release any and all claims against Oakland University and YMCA of Greater Flint for injuries, losses, and expenses incurred by me/us at said swim meet, or on the road to and from the meet. I/We are bonifide amateur athletes and eligible to compete in all events entered.

The _____ YMCA has read and understand the Rules of Verification adopted by the Great Lakes Competitive Swimming Committee on August 24, 1989, and the Release as printed below. These rules supersede all previous rules on verification by the Zone.

Coach (Print) _____ Signed _____

Executive
Director (Print) _____ Signed _____

Date _____

Mail forms to:

Ken Posten, 2009 Zone Swim Meet, 2430 Marlene Dr. , Swartz Creek, MI 48473