

## 2019 Great Lakes Zone Championship Warm-Up Schedule

### Friday

3:00 pm - assigned warm-ups (two 20-minute assigned sessions)

3:40 pm - one-way starts in all lanes (North and South pool)

3:50 pm - clear both competition pools

4:00 pm - meet begins (Girls in South pool near diving well / Boys in North pool near scoreboard)

### FRIDAY SESSION

First Warm-Up Session			Second Warm-Up Session		
3:00-3:20 pm			3:20-3:40 pm		
One-Way Starts 3:20-3:40 pm			One-Way Starts 3:20-3:40 pm		
Pool	Lane	Team(s)	Pool	Lane	Team(s)
North (near Scoreboard)	1	LTPY	North (near Scoreboard)	1	BBD
	2	LTPY		2	BBD
	3	CY		3	RYD
	4	CY		4	RYD
	5	FMST		5	YYN
	6	FMST		6	YYN
	7	ABLY		7	FFYS
	8	ABLY		8	FFYS
	9	LYST		9	BASH
	10	LYST		10	BASH
South (near Dive Well)	1	GYG	South (near Dive Well)	1	UCY/HAYST/WILD/RAYS-ELKINS
	2	KEY		2	PKB/NOW/YKVK
	3	GO		3	FLY/AMFY/YWRC
	4	PCY		4	GMVY/GTBY/MYAC
	5	RCDB		5	NEY/RCY/SHLBY/TCY
	6	DRY		6	DYP/HURY/LCE/MCY/NLY
	7	RAYS-RAPID AREA		7	EAST/STRS/TUSC/TYP/VFYT
	8	SPY		8	AAV/AYAA/BWS/BYB/DCY/FWCY/LCWE/LYBD
	9	CFY/GYB		9	WCFY/NCY
	10	CFYN/GCYD		10	YWSC/WHY/WAVE
Dive Well	1	General	Dive Well	1	General
	2	General		2	General
	3	General		3	General
	4	General		4	General
	5	General		5	General
	6	General		6	General

### Saturday and Sunday Morning

7:40 am - assigned warm-ups (two 20-minute assigned sessions)

8:20 am - one-way sprints in all lanes (North and South pool)

8:30 am - clear the competition pools

8:40 am - meet begins (all competition will be held in South pool near dive well)

### SATURDAY AND SUNDAY MORNING SESSION

First Warm-Up Session			Second Warm-Up Session		
7:40-8:00 am			8:00-8:20 am		
One-Way Starts 8:20-8:30 am			One-Way Starts 8:20-8:30 am		
Pool	Lane	Team(s)	Pool	Lane	Team(s)
North (near Scoreboard)	1	PCY	North (near Scoreboard)	1	GO
	2	PCY		2	GO
	3	PCY/WHY		3	RYD
	4	BASH		4	RYD
	5	BASH		5	YYN
	6	FFYS		6	YYN
	7	FFYS/WCFY		7	NCY
	8	RCDB		8	NCY
	9	RCDB/AYAA		9	CY
	10	NOW		10	CY/MCY
South (near Dive Well)	1	BBD	South (near Dive Well)	1	LYST
	2	BBD		2	LYST/DRY
	3	BBD		3	HURY/RAYS-ELKINS
	4	SPY		4	GYG/FLY
	5	SPY/HAYST		5	RAYS-RAPID AREA
	6	ABLY/WAVE/TYP		6	CFY
	7	EAST		7	GMVY
	8	LTPY/EAST		8	TCY/YOGI/WILD
	9	LTPY		9	FMST/FWCY/LCE/LKY
	10	LTPY		10	GTBY/RCY
Dive Well	1	LYSC/TUSC/STRS	Dive Well	1	CFYN/NEY
	2	YMMI/SIDY/LCY		2	PKB/MLY
	3	PUT/LCCY/KZY/JOY		3	SYS/LAKY
	4	AMFY/DCY/BHSI		4	UCY/GCYD
	5	BYB/VFYT		5	YWRC/DYP
	6	KEY/SHLBY		6	YWSC/AAV

Saturday and Sunday Afternoon		
1:40 pm - assigned warm-ups (two 20-minute assigned sessions)		
2:20 pm - one-way sprints in all lanes (North and South pool)		
2:30 pm - clear the competition pools		
2:40 pm - meet begins (all competition will be held in South pool near dive well)		
SATURDAY AND SUNDAY AFTERNOON SESSION		
First Warm-Up Session		
1:40-2:00 pm		
One-Way Starts 2:20-2:30 pm		
Pool	Lane	Team(s)
North (near Scoreboard)	1	CY
	2	CY
	3	AMFY
	4	AMFY/DYP
	5	PCY
	6	PCY/NCY
	7	FLY/BWS
	8	FFYS
	9	YYN
	10	BASH
South (near Dive Well)	1	NEY
	2	NEY
	3	RAYS-RAPID AREA
	4	RAYS-RAPID AREA
	5	ABLY/CFYN
	6	SPY/LCE
	7	AYAA/AAV
	8	KEY/PKB
	9	RCDB/SHLBY
	10	TCY/WAVE
Dive Well	1	NLY/OYST
	2	LYBD/TYP
	3	BWO/CNYW/DAYS
	4	DCY DEKALB & DARKE
	5	GCYD/GMVY/HHY/LCCY
	6	LYSC/MLY/MYAC/NBYM
Second Warm-Up Session		
2:00-2:20 pm		
One-Way Starts 2:20-2:30 pm		
Pool	Lane	Team(s)
North (near Scoreboard)	1	BBD
	2	BBD
	3	BBD
	4	FMST
	5	FMST
	6	FMST/LYSC
	7	RYD/GO
	8	GYB/GTBY
	9	CFY/WCFY
	10	LAKY/JOY
South (near Dive Well)	1	YKVK/LCY
	2	YMMI/WHY
	3	BYB/TUSC
	4	YWSC/FWCY
	5	RAYS-ELKINS/NOW
	6	MCY/MYST
	7	DRY
	8	GYG
	9	EAST/LYST
	10	HURY/LCWE
Dive Well	1	LTPY
	2	RCY/SIDY/UCY/VFYT
	3	WCM/WILD/YOGI/YWRC
	4	WAD/AYF/WCY/STRS
	5	Unassigned Teams
	6	Unassigned Teams