

Great Lakes YMCA Zone Swimming Championship Meet March 14 – 16, 2025 -- Bowling Green State University

Pre-Meet Notes

Meet website - www.qlzyswim.net

Link for tickets, heat sheets, results, scores, live stream, etc.

Entry Fees Due Before the meet

Check your swimcloud account to make sure your entry fees have been paid. All fees must be paid by credit card before the meet. Invoices have been created and emailed.

Warm-up Assignments

There are <u>assigned warm-ups for Saturday and Sunday</u>. Friday PM is all open. Please be kind to other teams especially if you're sharing a lane with another team. Morning Sessions are planned for about 12-15 swimmers per lane. Afternoons are at 16-18 swimmers per lane. Warm-ups must be directly supervised by a coach. Safety First. Enter feet first.

Time Trials

Time Trials offered after the morning session. \$25 Individuals / \$50 Relays. Cash Only. Entries due at the scoring table by 10:30 AM.

Heat Sheets

will be available online by noon on Thursday. We will have a limited number of heat sheets available for coaches. *Please print heat sheets before coming to the meet*. <u>Click HERE</u>. Heat sheets will be available for FREE on meet mobile.

Parking

Do not park in Lot X. The best parking is in Lot 10 (Ice Arena) Parking information is available on the website. Lots 16 & 18 are also good. <u>PARKING MAP</u>

Friday ONLY- you need to purchase a \$5 day parking pass. You will need the PayByPhone App. Do not pay before arriving at BGSU. Parking is free on Saturday and Sunday.

Facility Entrance

Coaches & Officials Only may enter the 'back door' off of Lot X, only if arriving before the start of the meet. All others must use the main building entrance on the Southwest side of the Rec Center. If you need assisted access, please email 2025ymcazone@gmail.com to make arrangements in advance of the meet.

Coaches Check-in

In the back hallway of the Lot X entrance, or at the Scoring Table if checking in after Friday afternoon.

We will confirm entry fees are paid.

You'll get a wristband as your deck pass if you're on the approved coach list.

You'll get your team packet with swimmer deck passes.

Your Relay Sheets will be in your team packet.



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Hospitality

Located off the pool deck behind lane 5. For Coaches and Officials Only.

Positive Check in.

<u>500's Free</u> have been pre-seeded. Start times are on the posted heat sheet to help with travel plans. The warm-up pool will be available for those that wish to warm-up later in the session.

800 Free Relay will be deck seeded and require POSITIVE CHECK-IN. All relay sheets need to be turned in to the Admin. Table by **5 PM Friday** to be seeded in the meet.

<u>1000 Free & 1650 Free</u> will be deck seeded and require POSITIVE CHECK-IN. Swimmers / Coaches need to **check in by 10:30 AM** or swimmers will be scratched. Check-in at the scoring table.

Coach Certifications:

The group representatives have been collecting the required certifications through the online team / coach registration. Coaches must be pre-registered with the YMCA of the USA before attending the meet. Additional trainings required by the State of Ohio.

- Concussion Training
- Sudden Cardiac Arrest / Lindsay's Law Certification

SafeSport for Athletes:

All coaches must have completed the Safesport training as part of their coaches certification. 18 & Over athletes must also take a Safesport training.

Timer Requirements

Timing spots must be filled by teams. Otherwise teams may be fined for each worker not provided. <u>TIMERS SIGN-UP HERE</u> <u>TEAM TIMING ASSIGNMENTS</u>

Admission

<u>Tickets are sold online through HomeTown Ticketing Only</u>. (See the admission table if you need help.)

\$5 per person per session. *The number of tickets offered per session will be limited.* We don't expect to exceed capacity but order ahead. Sales start at 6:00 AM on Monday, March 10, 2025.

LiveStreaming

See the link on the tickets / heat sheet page.

Deck Access

Only Coaches, Athletes, Officials, and Volunteers are permitted on deck.

Swimmers will get their deck passes from their coach.

Timers will get a deck pass at the Volunteer Table at the Main Entrance.



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Vendors

Thank you to our meet vendors. Please support them during the meet.

Northwest Designs Swimville USA

Facility Notes

Court #1 is available for Spectators and Athletes to sit during the meet.

Please do not camp out in the hallways to allow proper access for members and guests Facility Day Passes are available to use the Rec Center Facilities (other than the pool for athletes)

Meet Participants and Spectators are Limited to the specified areas.

No Seat Saving

Officials

Officials are still encouraged to work the meet. email 2025ymcazone@gmail.com

Senior Recognition

Sunday Morning. <u>Complete your Senior BIO forms online</u> by the end of the session Saturday AM. We will announce the Seniors at 8:30 AM on Sunday.

Relay Sheets

Turn in Relay sheets to the scoring table 30 minutes before the start of the session, only if you have changes to your original entry. 800 Free Relay Sheets must be turned in as Positive Checkin for that event.

National Anthem & Devotions

We are still looking for Athletes, Coaches, or Spectators to offer Devotions and perform the National Anthem during opening ceremonies. Email <u>dstannert@ymcatoledo.org</u> to sign-up. Space is limited so email ASAP!

Locker Rooms / Rest Rooms

Youth (17 & Under) will use the main Locker Rooms

Adult Athletes (18 & Over) Must use the individual family locker rooms in the wet hallway, located past the main locker room.

Coaches restrooms are available in the family locker room, upstairs, or in the back office area.

Weather / Emergency Information

If a weather or other emergency would be issued before or during the meet, any updates and information will be posted on the meet website and emailed to the coach / entry chairperson listed on the swimcloud entry.

Awards

Pick up awards before you leave. Awards will not be mailed.

Team awards will be presented immediately after the end of the last event.