

# 2025 Great Lakes YMCA Zone Qualifying Times

Approved Sept 23, 2024

\* Changed from 2024 Qualifying Times

| Girls           |                 |                |              | Boys           |                 |                 |
|-----------------|-----------------|----------------|--------------|----------------|-----------------|-----------------|
| 50 Meter Course | 25 Meter Course | 25 Yard Course | 10 & Under   | 25 Yard Course | 25 Meter Course | 50 Meter Course |
| :35.42          | :34.73          | :31.29         | * 50 Free    | * :31.49       | :34.95          | :35.64          |
| 1:20.93         | 1:19.35         | 1:11.49        | * 100 Free   | 1:11.29        | 1:19.13         | 1:20.71         |
| 2:59.66         | 2:56.14         | 2:38.69        | * 200 Free   | 2:38.69        | 2:56.14         | 2:59.66         |
| :42.33          | :41.50          | :37.39         | * 50 Back    | * :37.99       | :42.16          | :43.00          |
| 1:33.16         | 1:31.34         | 1:22.29        | * 100 Back   | 1:24.09        | 1:33.33         | 1:35.19         |
| :48.55          | :47.60          | :42.89         | * 50 Breast  | * :43.49       | :48.27          | :49.23          |
| 1:48.33         | 1:46.21         | 1:35.69        | * 100 Breast | * 1:36.99      | 1:47.65         | 1:49.80         |
| :41.42          | :40.61          | :36.59         | * 50 Fly     | * :36.19       | :40.17          | :40.97          |
| 1:41.87         | 1:39.88         | 1:29.99        | 100 Fly      | 1:30.49        | 1:40.44         | 1:42.44         |
|                 | 1:30.67         | 1:21.69        | * 100 IM     | * 1:21.99      | 1:31.00         |                 |
| 3:24.79         | 3:20.78         | 3:00.89        | * 200 IM     | 3:01.29        | 3:21.23         | 3:25.25         |
| 2:53.55         | 2:50.15         | 2:33.29        | 200 M. R.    | 2:34.49        | 2:51.48         | 2:54.90         |
| 2:32.49         | 2:29.50         | 2:14.69        | * 200 F. R   | 2:17.09        | 2:32.16         | 2:35.20         |

| Girls           |                 |                |              | Boys           |                 |                 |
|-----------------|-----------------|----------------|--------------|----------------|-----------------|-----------------|
| 50 Meter Course | 25 Meter Course | 25 Yard Course | 11 - 12      | 25 Yard Course | 25 Meter Course | 50 Meter Course |
| :32.02          | :31.40          | :28.29         | * 50 Free    | * :27.49       | :30.51          | :31.12          |
| 1:10.17         | 1:08.80         | 1:01.99        | * 100 Free   | * 1:00.99      | 1:07.69         | 1:09.04         |
| 2:34.75         | 2:31.72         | 2:16.69        | * 200 Free   | * 2:12.99      | 2:27.61         | 2:30.56         |
| 5:28.86         | 5:22.42         | 6:08.49        | * 500 Free   | * 6:01.99      | 5:16.74         | 5:23.07         |
| :37.00          | :36.28          | :32.69         | 50 Back      | * :32.89       | :36.50          | :37.23          |
| 1:21.38         | 1:19.79         | 1:11.89        | 100 Back     | * 1:11.59      | 1:19.46         | 1:21.04         |
| :42.66          | :41.83          | :37.69         | * 50 Breast  | * :37.19       | :41.28          | :42.10          |
| 1:33.95         | 1:32.11         | 1:22.99        | * 100 Breast | 1:21.99        | 1:31.00         | 1:32.82         |
| :35.42          | :34.73          | :31.29         | 50 Fly       | * :31.39       | :34.84          | :35.53          |
| 1:22.63         | 1:21.01         | 1:12.99        | 100 Fly      | * 1:12.19      | 1:20.13         | 1:21.73         |
|                 | 1:19.46         | 1:11.59        | 100 IM       | * 1:10.29      | 1:18.02         |                 |
| 2:58.41         | 2:54.92         | 2:37.59        | * 200 IM     | 2:33.09        | 2:49.92         | 2:53.31         |
| 2:27.73         | 2:24.84         | 2:10.49        | 200 M. R.    | 2:13.99        | 2:28.72         | 2:31.69         |
| 2:13.13         | 2:10.52         | 1:57.59        | * 200 F. R   | * 1:57.29      | 2:10.19         | 2:12.79         |

| Girls           |                 |                |              | Boys           |                 |                 |
|-----------------|-----------------|----------------|--------------|----------------|-----------------|-----------------|
| 50 Meter Course | 25 Meter Course | 25 Yard Course | 13 - 14      | 25 Yard Course | 25 Meter Course | 50 Meter Course |
| :30.10          | :29.51          | :26.59         | 50 Free      | :24.19         | :26.85          | :27.38          |
| 1:05.42         | 1:04.14         | :57.79         | * 100 Free   | * :53.69       | :59.59          | 1:00.78         |
| 2:22.63         | 2:19.84         | 2:05.99        | * 200 Free   | * 1:57.99      | 2:10.96         | 2:13.57         |
| 5:04.32         | 4:58.36         | 5:40.99        | * 500 Free   | * 5:20.49      | 4:40.42         | 4:46.02         |
| 1:14.03         | 1:12.58         | 1:05.39        | 100 Back     | * 1:01.29      | 1:08.03         | 1:09.39         |
| 1:26.13         | 1:24.45         | 1:16.09        | * 100 Breast | 1:10.29        | 1:18.02         | 1:19.58         |
| 1:14.36         | 1:12.91         | 1:05.69        | * 100 Fly    | 1:00.29        | 1:06.92         | 1:08.25         |
| 2:42.34         | 2:39.16         | 2:23.39        | 200 IM       | 2:13.79        | 2:28.50         | 2:31.47         |
| 2:22.18         | 2:19.40         | 2:05.59        | * 200 M. R.  | * 1:58.59      | 2:11.63         | 2:14.26         |
| 2:04.52         | 2:02.08         | 1:49.99        | * 200 F. R   | * 1:44.79      | 1:56.31         | 1:58.63         |

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| Girls           |                 |                |                | Boys           |                 |                 |
|-----------------|-----------------|----------------|----------------|----------------|-----------------|-----------------|
| 50 Meter Course | 25 Meter Course | 25 Yard Course | 15 & Over      | 25 Yard Course | 25 Meter Course | 50 Meter Course |
| :29.41          | :28.84          | :25.99         | * 50 Free      | :22.69         | :25.18          | :25.68          |
| 1:03.38         | 1:02.14         | :55.99         | * 100 Free *   | :49.99         | :55.48          | :56.58          |
| 2:19.24         | 2:16.51         | 2:02.99        | * 200 Free *   | 1:49.99        | 2:02.08         | 2:04.52         |
| 4:58.44         | 4:52.59         | 5:34.39        | * 500 Free *   | 5:08.59        | 4:30.01         | 4:35.41         |
| 1:11.30         | 1:09.91         | 1:02.99        | * 100 Back *   | :56.49         | 1:02.70         | 1:03.95         |
| 1:21.49         | 1:19.90         | 1:11.99        | * 100 Breast * | 1:03.99        | 1:11.02         | 1:12.44         |
| 1:10.74         | 1:09.36         | 1:02.49        | 100 Fly *      | :55.59         | 1:01.70         | 1:02.93         |
| 2:36.22         | 2:33.16         | 2:17.99        | 200 IM *       | 2:06.49        | 2:20.40         | 2:23.20         |

| Girls           |                 |                |               | Boys           |                 |                 |
|-----------------|-----------------|----------------|---------------|----------------|-----------------|-----------------|
| 50 Meter Course | 25 Meter Course | 25 Yard Course | Senior        | 25 Yard Course | 25 Meter Course | 50 Meter Course |
| 10:29.19        | 10:16.86        | 11:44.99       | * 1000 Free * | 10:59.59       | 9:37.14         | 9:48.68         |
| 20:20.31        | 19:56.39        | 19:59.99       | * 1650 Free * | 18:34.99       | 18:31.64        | 18:53.87        |
| :34.05          | :33.39          | :30.09         | * 50 Back     | :26.99         | :29.95          | :30.54          |
| 2:35.88         | 2:32.83         | 2:17.69        | 200 Back      | 2:07.99        | 2:22.06         | 2:24.90         |
| :38.25          | :37.50          | :33.79         | 50 Breast     | :30.19         | :33.51          | :34.18          |
| 2:57.17         | 2:53.70         | 2:36.49        | 200 Breast *  | 2:22.99        | 2:38.71         | 2:41.88         |
| :32.92          | :32.28          | :29.09         | * 50 Fly      | :25.59         | :28.40          | :28.96          |
| 2:44.38         | 2:41.16         | 2:25.19        | 200 Fly *     | 2:14.99        | 2:29.83         | 2:32.82         |
| 5:45.30         | 5:38.53         | 5:04.99        | * 400 IM *    | 4:39.79        | 5:10.56         | 5:16.77         |
| 1:59.65         | 1:57.31         | 1:45.69        | * 200 F. R. * | 1:35.49        | 1:45.99         | 1:48.10         |
| 4:21.97         | 4:16.84         | 3:51.39        | * 400 F. R. * | 3:32.39        | 3:55.75         | 4:00.46         |
| 9:40.46         | 9:29.08         | 8:32.69        | * 800 F. R. * | 7:59.99        | 8:52.78         | 9:03.43         |
| 2:14.03         | 2:11.41         | 1:58.39        | * 200 M. R.   | 1:47.09        | 1:58.86         | 2:01.23         |
| 4:48.24         | 4:42.59         | 4:14.59        | * 400 M. R.   | 3:53.39        | 4:19.06         | 4:24.24         |

Qualifying Period for the 2025 Zone Meet is  
January 1, 2024 through the entry deadline.

## Conversions from Hy-tek

|       |                                      |
|-------|--------------------------------------|
| 1.11  | SC Meters to/from Yards              |
| 2%    | SC Meters to/from LC Meters          |
| 0.875 | 400/500 and 800/1000 Meters to Yards |
| 0.997 | 1500 Meters to/from 1650 Yards       |

Swimmers entered in only one individual event or in only one relay event per day, may enter one bonus event for the same day. This is for Saturday and Sunday's events only. These swimmers may enter a maximum of two Bonus events, one Saturday and one Sunday.