



2024 YMCA National Gymnastics Championship & Invitational Qualifying Scores

Women's Equipment Qualifying Scores Required to Compete:

2021-2029 USAG rules apply. USAG age requirements are in effect.

Individual event specialists permitted in Levels 7-Championship, Xcel Platinum, Diamond and Sapphire, with a score of 8.5. Must be indicated during registration.

- **Championship Division is 32.0 All-Around** at Level 9, 10, Elite or 33.0 All-Around at Level 8. (Event specialists are permitted with a minimum score of 8.5)
- **Level 8 Division is 32.0 All-Around** at Level 8 or 33.0 at Level 7 or 35.0 at Sapphire or Diamond.
- **Level 7 Division: 32.0 All-Around** at Level 7 or 33.0 at Level 5 or 6. This division is not for experienced Level 8 gymnasts.
- **Level 6 Division: 32.0 All-Around** at Level 6 or 33.0 at Level 5 or 36.0 twice at Level 4.
- **Level 5 Division: 31.0 All-Around** at Level 5 or 33.0 at Level 4.
- **Level 4 Division: 32.0 All-Around** at Level 4 or 35.0 at Level 3.
- **Level 3 Division: 32.0 All-Around** at Level 3 or 35.0 at Level 2.
- **Level 2 Division: 32.0 All-Around** at Level 2 or 35.0 at Level 1.
- **Level 1 Division: 32.0 All-Around** at Level 1.
- **Xcel Sapphire: 33.0 All-Around** at Sapphire or 35.0 at Level 8, 9 or 10.
- **Xcel Diamond Division: 33.0 All-Around** at Diamond or 35.0 at Level 7, 8 or Platinum.
- **Xcel Platinum Division: 33.0 All-Around** at Platinum or 35.0 at Level 5, 6, 7 or Gold.
- **Xcel Gold Division: 33.0 All-Around** at Xcel Gold or 35.0 at level 4 or Silver.
- **Xcel Silver Division: 33.0 All-Around** at Xcel Silver or 35.0 at level 3 or Bronze.
- **Xcel Bronze Division: 33.0 All-Around** at Xcel Bronze or 35.0 at level 2.
- **HUGS all divisions:** must have represented their YMCA where competition exists.

Men's Equipment Qualifying Scores Required to Compete:

2021-2029 USAG rules apply. USAG age requirements are in effect.

Individual event specialists permitted in Levels 7-Championship, Xcel Platinum, Diamond and Sapphire, with a score of 8.5. Must be indicated during registration.

- **Championship Division consisting of optional gymnasts must compete in one meet at Level 8, 9 or 10. (Event specialists are permitted with a minimum score of 9.0)**
- **Level 7: 40.0 All-Around** or 42.0 at Level 6.
- **Level 6 Division 1 or 2: 40.0 All-Around** or 42.0 at Level 5.
- **Level 5 Division 1 or 2: 40.0 All-Around** or 42.0 at Level 4.
- **Level 4 Division 1 or 2: 40.0 All-Around** or 42.0 at Level 3.
- **Level 3 Division 1 or 2: 40.0 All-Around.**
- **Club Division (Bronze, Silver, Gold, Platinum): 40.0 All-Around**
- **HUGS all divisions:** must have represented their YMCA where competition exists.