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## 2026 YMCA National Gymnastics Championship & Invitational QUALIFYING SCORES

- Score must be achieved in a meet setting, judged by USAG Certified Gymnastics judges per USAG rules beginning August 1, 2025. The last day to submit qualifying scores for verification is May 24, 2026. No scores from a previous YMCA national championship and invitational may count as qualifying scores.
- Meet results must be dated and submitted per individual gymnast as requirements for eligibility. No signatures are required. (Any submitted score that has not been verified with official meet results by May 24, 2026, will result in gymnast's ineligible status to compete and no refund will be issued.
- An individual gymnast qualifying score must be highlighted in yellow and an asterisk (\*) on the meet result form along with dates and level of competition.
- Gymnast's petitions including division mobility, injuries, etc. will be reviewed on a case-by-case basis by the committee. Coaches may access the petition form: Coming Soon

### Women's Equipment Qualifying Scores Required to Compete:

2021–2029 USAG rules apply. USAG age requirements are in effect.

**Individual event specialists permitted in Levels 6, 7–Championship, Xcel Platinum, Diamond, and Sapphire, with a score of 8.5. Must be indicated during registration.**

- Championship Division is 32.0 All-Around at Level 9, 10, Elite or 33.0 All-Around at Level 8.
- Level 8 Division is 32.0 All-Around at Level 8 or 33.0 at Level 7 or 35.0 at Sapphire or Diamond.
- Level 7 Division: 32.0 All-Around at Level 7 or 33.0 at Level 5 or 6.
- Level 6 Division: 32.0 All-Around at Level 6 or 33.0 at Level 5 or 36.0 twice at Level 4.
- Level 5 Division: 31.0 All-Around at Level 5 or 33.0 at Level 4.
- Level 4 Division: 32.0 All-Around at Level 4 or 35.0 at Level 3.
- Level 3 Division: 32.0 All-Around at Level 3 or 35.0 at Level 2.
- Level 2 Division: 32.0 All-Around at Level 2 or 35.0 at Level 1.
- Level 1 Division: 32.0 All-Around at Level 1.
- Xcel Sapphire Division: 33.0 All-Around at Sapphire or 35.0 at Diamond, Level 8, 9 or 10.
- Xcel Diamond Division: 33.0 All-Around at Diamond or 35.0 at Level 7, 8 or Platinum.
- Xcel Platinum Division: 33.0 All-Around at Platinum or 35.0 at Level 5, 6, 7 or Gold.
- Xcel Gold Division: 33.0 All-Around at Xcel Gold or 35.0 at level 4 or Silver.
- Xcel Silver Division: 33.0 All-Around at Xcel Silver or 35.0 at level 3 or Bronze.
- Xcel Bronze Division: 33.0 All-Around at Xcel Bronze or 35.0 at level 2.
- HUGS all divisions: must have represented their YMCA where competition exists.

### Men's Equipment Qualifying Scores Required to Compete:

2025–2028 USAG rules apply. USAG age requirements are in effect.

**Individual event specialists permitted in Levels 7–Championship, Xcel Platinum, Diamond, and Sapphire, with a score of 8.5. Must be indicated during registration.**

- The Championship Division consisting of optional gymnasts must compete in one meet at Level 8, 9 or 10. (Event specialists are permitted with a minimum score of 8.5)
- Level 7: 40.0 All-Around or 42.0 at Level 6.
- Level 6 Division 1 or 2: 40.0 All-Around or 42.0 at Level 5.
- Level 5 Division 1 or 2: 40.0 All-Around or 42.0 at Level 4.
- Level 4 Division 1 or 2: 40.0 All-Around or 42.0 at Level 3.
- Level 3 Division 1 or 2: 40.0 All-Around.
- Club Division (Bronze, Silver, Gold, Platinum, Diamond and Sapphire): 40.0 All-Around
- HEROS all divisions: must have represented their YMCA where competition exists.