

2019 YMCA PA Central District Swimming Champs - 3/8/2019 to 3/10/2019**2019 YMCA Central District Swimming Championships****MA Approval # MA 1819 ap YMCA Sanction # CAQ - 2017 - PA1****Session Report**

Session: 1 Friday Evening, March 9, Jr/Sr Distance (13 and Over)

Day of Meet: 1 Starts at 06:30 PM Heat Interval: 20 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	101 Girls 13-14 400 IM	13	2 u	06:30 PM	_____
Finals	102 Boys 13-14 400 IM	13	2 u	06:42 PM	_____
Finals	103 Girls 13-14 500 Freestyle	14	2 u	06:53 PM	_____
Finals	104 Boys 13-14 500 Freestyle	12	2 u	07:06 PM	_____
	Break: 10 Minutes:				
Finals	105 Girls 15 & Over 400 IM	17	3 u	07:27 PM	_____
Finals	106 Boys 15 & Over 400 IM	13	2 u	07:44 PM	_____
Finals	107 Girls 15 & Over 500 Freestyle	22	3 u	07:54 PM	_____
Finals	108 Boys 15 & Over 500 Freestyle	21	3 u	08:13 PM	_____
	Swimmers Counts for Warm-ups: 125	====	====		
	Entry / Heat Totals:	125	19		
	Finish Time			08:29 PM	_____

2019 YMCA PA Central District Swimming Champs - 3/8/2019 to 3/10/2019**2019 YMCA Central District Swimming Championships****MA Approval # MA 1819 ap YMCA Sanction # CAQ - 2017 - PA1****Session Report**

Session: 2 Saturday Morning, March 10, ages 13-14

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	201 Girls 13-14 200 Medley Relay	14	2 u	09:00 AM	_____
Finals	202 Boys 13-14 200 Medley Relay	12	2 u	09:06 AM	_____
	Break: 5 Minutes:				
Finals	203 Girls 13-14 200 Freestyle	16	2 u	09:16 AM	_____
Finals	204 Boys 13-14 200 Freestyle	18	3 u	09:21 AM	_____
	Break: 10 Minutes:				
Finals	205 Girls 13-14 50 Freestyle	43	6 u	09:38 AM	_____
Finals	206 Boys 13-14 50 Freestyle	25	4 u	09:43 AM	_____
Finals	207 Girls 13-14 100 Backstroke	24	3 u	09:46 AM	_____
Finals	208 Boys 13-14 100 Backstroke	35	5 u	09:51 AM	_____
	Break: 10 Minutes:				
Finals	209 Girls 13-14 100 Breaststroke	18	3 u	10:09 AM	_____
Finals	210 Boys 13-14 100 Breaststroke	26	4 u	10:14 AM	_____
Finals	211 Girls 13-14 200 Butterfly	8	1 u	10:20 AM	_____
Finals	212 Boys 13-14 200 Butterfly	10	2 u	10:23 AM	_____
	Break: 10 Minutes:				
Finals	213 Girls 13-14 100 Freestyle	26	4 u	10:39 AM	_____
Finals	214 Boys 13-14 100 Freestyle	29	4 u	10:44 AM	_____
Finals	215 Girls 13-14 200 Backstroke	22	3 u	10:49 AM	_____
Finals	216 Boys 13-14 200 Backstroke	19	3 u	10:58 AM	_____
	Break: 10 Minutes:				
Finals	217 Girls 13-14 200 Breaststroke	12	2 u	11:16 AM	_____
Finals	218 Boys 13-14 200 Breaststroke	12	2 u	11:23 AM	_____
Finals	219 Girls 13-14 100 Butterfly	19	3 u	11:29 AM	_____
Finals	220 Boys 13-14 100 Butterfly	23	3 u	11:33 AM	_____
	Break: 10 Minutes:				
Finals	221 Girls 13-14 200 IM	27	4 u	11:47 AM	_____
Finals	222 Boys 13-14 200 IM	25	4 u	11:59 AM	_____
	Break: 5 Minutes:				
Finals	223 Girls 13-14 200 Freestyle Relay	20	3 u	12:15 PM	_____
Finals	224 Boys 13-14 200 Freestyle Relay	14	2 u	12:22 PM	_____
	Swimmers Counts for Warm-ups: 229	=====	=====		
	Entry / Heat Totals:	497	74		
	Finish Time			12:26 PM	_____

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Session: 3 Saturday Afternoon, March 10, ages 15&Over

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	301 Girls 15 & Over 200 Medley Relay	14	2 u	02:00 PM	_____
Finals	302 Boys 15 & Over 200 Medley Relay	14	2 u	02:06 PM	_____
	Break: 5 Minutes:				
Finals	303 Girls 15 & Over 200 Freestyle	28	4 u	02:15 PM	_____
Finals	304 Boys 15 & Over 200 Freestyle	23	3 u	02:25 PM	_____
	Break: 10 Minutes:				
Finals	305 Girls 15 & Over 50 Freestyle	52	7 u	02:42 PM	_____
Finals	306 Boys 15 & Over 50 Freestyle	57	8 u	02:47 PM	_____
Finals	307 Girls 15 & Over 100 Backstroke	38	5 u	02:53 PM	_____
Finals	308 Boys 15 & Over 100 Backstroke	23	3 u	03:01 PM	_____
	Break: 10 Minutes:				
Finals	309 Girls 15 & Over 100 Breaststroke	30	4 u	03:16 PM	_____
Finals	310 Boys 15 & Over 100 Breaststroke	31	4 u	03:22 PM	_____
Finals	311 Girls 15 & Over 200 Butterfly	20	3 u	03:28 PM	_____
Finals	312 Boys 15 & Over 200 Butterfly	22	3 u	03:36 PM	_____
	Break: 10 Minutes:				
Finals	313 Girls 15 & Over 100 Freestyle	46	6 u	03:54 PM	_____
Finals	314 Boys 15 & Over 100 Freestyle	35	5 u	04:01 PM	_____
Finals	315 Girls 15 & Over 200 Backstroke	24	3 u	04:07 PM	_____
Finals	316 Boys 15 & Over 200 Backstroke	12	2 u	04:16 PM	_____
	Break: 10 Minutes:				
Finals	317 Girls 15 & Over 200 Breaststroke	23	3 u	04:31 PM	_____
Finals	318 Boys 15 & Over 200 Breaststroke	17	3 u	04:41 PM	_____
Finals	319 Girls 15 & Over 100 Butterfly	28	4 u	04:49 PM	_____
Finals	320 Boys 15 & Over 100 Butterfly	39	5 u	04:55 PM	_____
	Break: 10 Minutes:				
Finals	321 Girls 15 & Over 200 IM	32	4 u	05:11 PM	_____
Finals	322 Boys 15 & Over 200 IM	22	3 u	05:22 PM	_____
	Break: 5 Minutes:				
Finals	323 Girls 15 & Over 400 Freestyle Relay	11	2 u	05:35 PM	_____
Finals	324 Boys 15 & Over 400 Freestyle Relay	13	2 u	05:43 PM	_____
	Swimmers Counts for Warm-ups: 276	=====	=====		
	Entry / Heat Totals:	654	90		
	Finish Time			05:51 PM	_____
	Finish Time			06:00 PM	_____

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Session: 4 Sunday Morning, March 11, Age 10 & Under

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	401 Girls 10 & Under 200 Medley Relay	13	2 u	09:00 AM	_____
Finals	402 Boys 10 & Under 200 Medley Relay	13	2 u	09:07 AM	_____
	Break: 5 Minutes:				
Finals	403 Girls 10 & Under 200 Freestyle	7	1 u	09:18 AM	_____
Finals	404 Boys 10 & Under 200 Freestyle	10	2 u	09:21 AM	_____
	Break: 10 Minutes:				
Finals	405 Girls 10 & Under 50 Freestyle	42	6 u	09:37 AM	_____
Finals	406 Boys 10 & Under 50 Freestyle	42	6 u	09:43 AM	_____
Finals	407 Girls 10 & Under 50 Backstroke	27	4 u	09:48 AM	_____
Finals	408 Boys 10 & Under 50 Backstroke	44	6 u	09:53 AM	_____
	Break: 10 Minutes:				
Finals	409 Girls 10 & Under 50 Breaststroke	16	2 u	10:10 AM	_____
Finals	410 Boys 10 & Under 50 Breaststroke	25	4 u	10:12 AM	_____
Finals	411 Girls 10 & Under 100 Butterfly	12	2 u	10:17 AM	_____
Finals	412 Boys 10 & Under 100 Butterfly	13	2 u	10:20 AM	_____
	Break: 10 Minutes:				
Finals	413 Girls 10 & Under 100 Freestyle	31	4 u	10:34 AM	_____
Finals	414 Boys 10 & Under 100 Freestyle	36	5 u	10:40 AM	_____
Finals	415 Girls 10 & Under 100 Backstroke	13	2 u	10:48 AM	_____
Finals	416 Boys 10 & Under 100 Backstroke	23	3 u	10:52 AM	_____
	Break: 10 Minutes:				
Finals	417 Girls 10 & Under 100 Breaststroke	7	1 u	11:08 AM	_____
Finals	418 Boys 10 & Under 100 Breaststroke	13	2 u	11:10 AM	_____
Finals	419 Girls 10 & Under 50 Butterfly	17	3 u	11:14 AM	_____
Finals	420 Boys 10 & Under 50 Butterfly	25	4 u	11:17 AM	_____
	Break: 10 Minutes:				
Finals	421 Girls 10 & Under 100 IM	10	2 u	11:31 AM	_____
Finals	422 Boys 10 & Under 100 IM	13	2 u	11:34 AM	_____
	Break: 5 Minutes:				
Finals	423 Girls 10 & Under 200 Freestyle Relay	14	2 u	11:43 AM	_____
Finals	424 Boys 10 & Under 200 Freestyle Relay	14	2 u	11:48 AM	_____
	Swimmers Counts for Warm-ups: 207	=====	=====		
	Entry / Heat Totals:	480	71		
	Finish Time			11:54 AM	_____

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Session: 5 Sunday Afternoon, March 11, ages 11-12

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	501 Girls 11-12 200 Medley Relay	16	2 u	02:00 PM	_____
Finals	502 Boys 11-12 200 Medley Relay	14	2 u	02:06 PM	_____
	Break: 5 Minutes:				
Finals	503 Girls 11-12 200 Freestyle	21	3 u	02:17 PM	_____
Finals	504 Boys 11-12 200 Freestyle	20	3 u	02:25 PM	_____
	Break: 10 Minutes:				
Finals	505 Girls 11-12 50 Freestyle	46	6 u	02:43 PM	_____
Finals	506 Boys 11-12 50 Freestyle	35	5 u	02:48 PM	_____
Finals	507 Girls 11-12 50 Backstroke	36	5 u	02:52 PM	_____
Finals	508 Boys 11-12 50 Backstroke	44	6 u	02:58 PM	_____
	Break: 10 Minutes:				
Finals	509 Girls 11-12 50 Breaststroke	30	4 u	03:14 PM	_____
Finals	510 Boys 11-12 50 Breaststroke	31	4 u	03:18 PM	_____
Finals	511 Girls 11-12 100 Butterfly	16	2 u	03:22 PM	_____
Finals	512 Boys 11-12 100 Butterfly	10	2 u	03:26 PM	_____
	Break: 10 Minutes:				
Finals	513 Girls 11-12 100 Freestyle	40	5 u	03:39 PM	_____
Finals	514 Boys 11-12 100 Freestyle	30	4 u	03:46 PM	_____
Finals	515 Girls 11-12 100 Backstroke	26	4 u	03:52 PM	_____
Finals	516 Boys 11-12 100 Backstroke	16	2 u	03:59 PM	_____
	Break: 10 Minutes:				
Finals	517 Girls 11-12 100 Breaststroke	16	2 u	04:12 PM	_____
Finals	518 Boys 11-12 100 Breaststroke	13	2 u	04:16 PM	_____
Finals	519 Girls 11-12 50 Butterfly	34	5 u	04:19 PM	_____
Finals	520 Boys 11-12 50 Butterfly	41	6 u	04:24 PM	_____
	Break: 10 Minutes:				
Finals	521 Girls 11-12 200 IM	12	2 u	04:39 PM	_____
Finals	522 Boys 11-12 200 IM	23	3 u	04:45 PM	_____
	Break: 5 Minutes:				
Finals	523 Girls 11-12 200 Freestyle Relay	19	3 u	04:59 PM	_____
Finals	524 Boys 11-12 200 Freestyle Relay	12	2 u	05:06 PM	_____
	Swimmers Counts for Warm-ups: 244	=====	=====		
	Entry / Heat Totals:	601	84		
	Finish Time			05:11 PM	_____