

2020 WEST DISTRICTS SCHEDULE OF EVENTS

Session #1- March 6 – Friday PM – Distance Events Ages 13-14 / 15 & over

5:00 pm	Registration for Coaches, Officials, Volunteers
6:00 pm	Doors open for swimmers
6:00 pm	Doors open for spectators
6:00 pm	Officials Meeting
6:00 pm	Coaches Scratch Meeting
6:30 pm	Timers Meeting
6:30 pm-6:50pm	13-14 and 15+ Warm Ups
6:55 pm	Opening Ceremony
7:00 pm-7:50 pm	13-14 400 IM / 500 Free Competition
7:55 pm-8:45 pm	15 & Over 400 IM / 500 Free Competition

***15+ athletes also have access to the adjacent pool for warm ups during the 13-14 competition**

Sessions 2 & 3 – March 7 – Saturday AM

Pool 1 – Deep: Age 13-14

Pool 2 – Shallow: Age 10 & under

6:30 am	Registration for Coaches, Officials, Volunteers
6:30 am	Doors open for swimmers
6:30 am	Doors open for spectators
7:00 am-8:15 am	Warm Ups (both pools)
7:15 am	Officials Meeting
7:15 am	Coaches Scratch Meeting
7:45 am	Timers Meeting
8:15 am	Opening Ceremony
8:30am-12:15 pm	Competition
12:30 pm	Session complete

Sessions 4 & 5 – March 7 – Saturday PM

Pool 1 – Deep: Age 15 & over

Pool 2 – Shallow: Age 11-12

1:15 pm	Registration for Coaches, Officials, Volunteers
1:15 pm	Doors open for swimmers
1:15 pm	Doors open for spectators
1:30 pm-2:45 pm	Warm Ups (both pools)
1:30 pm	Officials Meeting
1:30 pm	Coaches Scratch Meeting
2:00 pm	Timers Meeting
2:45 pm	Opening Ceremony – Pump McLaughlin Award
3:00 pm-6:30pm	Competition
6:45 pm	Session complete

