



## Meeting & Session Start Times

### Friday, March 8 – NL Aquatic Center

	Session 1	Session 2	Session 3
Age Groups	11-12 Timed Finals	13-14 Timed Finals	15-21 Timed Finals
Warm-up Start	10:00 AM	1:00 PM	5:10 PM
Officials Meeting	10:15 AM	1:20 PM	5:30 PM
Scratch Sheets Due	10:20 AM	1:25 PM	5:35 PM
Timers Meeting	10:30 AM	1:35 PM	5:45 PM
Start of Session	11:00 AM	2:05 PM	6:15 PM

### Saturday, March 9 – NL Aquatic Center

	Session 4	Session 5	Session 6
Age Groups	11-12 & 10 & U Timed Finals	13-14 Timed Finals	15-21 Timed Finals
Warm-up Start	8:15 AM	1:00 PM	5:00 PM
Officials Meeting	8:45 AM	1:20 PM	5:20 PM
Scratch Sheets Due	8:50 AM	1:25 PM	5:25 PM
Timers Meeting	9:00 AM	1:35 PM	5:35 PM
Start of Session	9:30 AM	2:05 PM	6:05 PM

### Sunday, March 10 – NL Aquatic Center

	Session 7	Session 8	Session 9
Age Groups	11-12 & 10 & U Timed Finals	13-14 Timed Finals	15-21 Timed Finals
Warm-up Start	8:15 AM	1:10 PM	5:00 PM
Officials Meeting	8:45 AM	1:30 PM	5:20 PM
Scratch Sheets Due	8:50 AM	1:35 PM	5:25 PM
Timers Meeting	9:00 AM	1:45 PM	5:35 PM
Start of Session	9:30 AM	2:15 PM	6:05 PM