



# Pennsylvania YMCA Districts – EAST 2026

## March 6-8, 2026

### APPENDIX 2: QUALIFYING TIMES

#### AGE GROUP: 10 & Under

Stroke	Girls	Boys
50 Yard Freestyle	35.99	35.99
100 Yard Freestyle	1:19.99	1:20.99
200 Yard Freestyle	2:56.99	2:47.99
50 Yard Backstroke	41.99	42.99
50 Yard Breaststroke	46.99	48.99
50 Yard Butterfly	41.99	42.99
100 Yard Backstroke	1:29.99	1:29.99
100 Yard Breaststroke	1:44.99	1:41.99
100 Yard Butterfly	1:38.99	1:46.99
100 Yard Individual Medley	1:30.99	1:29.99
200 Yard Individual Medley	3:15.99	3:13.99
200 Yard Medley Relay	2:46.99	2:50.99
200 Yard Freestyle Relay	2:34.99	2:34.99

#### AGE GROUP: 11-12

Stroke	Girls	Boys
50 Yard Freestyle	30.99	31.99
100 Yard Freestyle	1:07.99	1:10.99
200 Yard Freestyle	2:28.99	2:32.99
500 Yard Freestyle	6:38.99	6:38.99
50 Yard Backstroke	36.99	38.99
50 Yard Breaststroke	39.99	42.99
50 Yard Butterfly	34.99	37.99
100 Yard Backstroke	1:17.99	1:17.99
100 Yard Breaststroke	1:26.99	1:27.99
100 Yard Butterfly	1:19.99	1:18.99
200 Yard Backstroke	2:43.99	2:43.99
200 Yard Breaststroke	3:06.99	3:06.99
200 Yard Butterfly	2:47.99	2:47.99
100 Yard Individual Medley	1:17.99	1:18.99
200 Yard Individual Medley	2:46.99	2:53.99
200 Yard Medley Relay	2:39.99	2:39.99
200 Yard Freestyle Relay	2:11.99	2:15.99
400 Yard Freestyle Relay	4:39.99	4:51.99

#### AGE GROUP: 13-14

Stroke	Girls	Boys
50 Yard Freestyle	29.99	27.99
100 Yard Freestyle	1:02.99	1:00.99
200 Yard Freestyle	2:17.99	2:12.99
500 Yard Freestyle	6:18.99	5:58.99
1000 Yard Freestyle	13:01.99	12:23.99
1650 Yard Freestyle	21:43.99	20:43.99
100 Yard Backstroke	1:11.99	1:11.99
100 Yard Breaststroke	1:21.99	1:18.99
100 Yard Butterfly	1:12.99	1:12.99
200 Yard Backstroke	2:34.99	2:28.99
200 Yard Breaststroke	2:56.99	2:47.99
200 Yard Butterfly	2:42.99	2:36.99
200 Yard Individual Medley	2:37.99	2:39.99
400 Yard Individual Medley	5:43.99	5:36.99
200 Yard Medley Relay	2:20.99	2:19.99
200 Yard Freestyle Relay	2:07.99	1:59.99
400 Yard Freestyle Relay	4:19.99	4:11.99

#### AGE GROUP: 15-21

Stroke	Girls	Boys
50 Yard Freestyle	28.99	24.99
100 Yard Freestyle	1:00.99	55.99
200 Yard Freestyle	2:13.99	2:01.99
500 Yard Freestyle	6:11.99	5:39.99
1000 Yard Freestyle	12:49.99	11:57.99
1650 Yard Freestyle	21:26.99	20:02.99
100 Yard Backstroke	1:08.99	1:03.99
100 Yard Breaststroke	1:19.99	1:11.99
100 Yard Butterfly	1:08.99	1:01.99
200 Yard Backstroke	2:30.99	2:18.99
200 Yard Breaststroke	2:54.99	2:37.99
200 Yard Butterfly	2:32.99	2:24.99
200 Yard Individual Medley	2:34.99	2:19.99
400 Yard Individual Medley	5:33.99	5:14.99
200 Yard Medley Relay	2:10.99	2:09.99
200 Yard Freestyle Relay	1:59.99	1:43.99
400 Yard Freestyle Relay	4:07.99	3:47.99