

## 2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

## Meet Program - Day 1 Finals

**Event 109 Women 800 LC Meter Freestyle**

Championship: 8:49.29 7/31/2014 Caitlyn Moon

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
1	Phifer, Izzy	15	York-PA	9:20.22
2	Goodwin, Taylor	15	W.North Carolina	9:19.08
3	Potteiger, McKenna	17	York-PA	9:16.06
4	Fitzgerald, Katelyn	18	Western Br-DE	9:08.20
5	Schneider, Zoe	18	York-PA	9:13.67
6	Pestrichelli, Katie	17	GtrSomersetCtyNJ	9:18.69
7	Davis, Bridget	18	FanwoodScotch-NJ	9:19.56
8	Dietschweiler, Kiersten	14	Oshkosh-WI	9:22.00

**Event 110 Men 800 LC Meter Freestyle**

Championship: 8:11.69 7/29/2016 Karl Bishop

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Finals</b>				
1	McFall, Campbell	17	Indian Valley-CT	8:50.87
2	Lonsberry, Cody	15	Indian Valley-CT	8:34.58
3	Spetz, Nathan	17	Powel Crosley-OH	8:34.13
4	Godino, Dan	18	Western-CT	8:31.19
5	Gordon, JC	17	Lynchburg-VA	8:31.86
6	Markowitz, Owen	17	LakelandHills-NJ	8:34.41
7	Barone, Alex	14	Burbank-MA	8:47.49
8	Council, Lincoln	16	Spartanburg-SC	8:51.06

**Event 101 Women 200 LC Meter Butterfly**

Championship: 2:09.96 8/1/2008 Leah Gingrich

Lane	Name	Age	Team	Prelims
<b>Heat 1 B - Final</b>				
1	Freeman, Maya	15	Gtr Monmouth-NJ	2:26.50
2	Camillone, Maxine	16	Gtr Monmouth-NJ	2:25.17
3	Bauer, Kaitlyn	18	Lynchburg-VA	2:24.61
4	Kudlac, Avery	18	East Hartford-CT	2:23.04
5	Schneider, Zoe	18	York-PA	2:23.55
6	Baumgartner, Lily	16	Lima-OH	2:25.13
7	Harlan, Morgan	15	UpperMainLine-PA	2:26.38
8	McGann, Sarah	14	RidleyArea-PA	2:26.56
<b>Heat 2 A - Final</b>				
1	Richards, Erin	16	FarmingtonVal-CT	2:22.43
2	Washburn, Lizzy	18	SummitBranch-NJ	2:21.57
3	Lillis, Sydney	18	Wilton-CT	2:21.24
4	Shackley, Leah	17	Blair-PA	2:14.01
5	Sherratt, Billie	17	FanwoodScotch-NJ	2:17.81
6	Nowoswiat, Jena	16	UpperMainLine-PA	2:21.34
7	Dickey, Serena	14	LakelandHills-NJ	2:22.25
8	Maltsev, Erica	16	GtrSomersetCtyNJ	2:22.68

**Heat 3 C - Final**

1	McNamara, Ellie	15	West Chester-PA	2:28.48
2	Doersch, Sofia	17	Western-CT	2:28.05
3	Hillebrecht, Natalie	13	GtrSomersetCtyNJ	2:27.20
4	Kilponen, Anna	15	LakelandHills-NJ	2:26.83
5	Fox, Maddie	15	UpperMainLine-PA	2:27.06
6	Goodwin, Taylor	15	W.North Carolina	2:27.25
7	Wolbert, Sydney	15	Pocono-PA	2:28.11
8	Hanus, Lauren	15	Gtr Monmouth-NJ	2:28.93

**Alternates**

1	Byers, Caroline	16	Spartanburg-SC	2:29.54
2	Testa, Madison	18	Western Br-DE	2:29.97

**Heat 4 D - Final**

1				
2	Kaplan, Phoebe	15	FanwoodScotch-NJ	2:36.78
3	Doetsch, Amelia	15	Burbank-MA	2:33.12
4	Dwyer, Meghan	15	SummitBranch-NJ	2:30.18
5	Hinson, Kaliyah	15	York-PA	2:30.36
6	Barnard, Lulu	13	LakelandHills-NJ	2:34.49
7				
8				

**Event 102 Men 200 LC Meter Butterfly**

Championship: 2:00.41 8/4/2018 Brendan Burns

Lane	Name	Age	Team	Prelims
<b>Heat 1 B - Final</b>				
1	Wong, Caden	15	SummitBranch-NJ	2:12.35
2	Kaczmark, Alex	15	Chambersburg-PA	2:11.78
3	Ronayne, Tristan	17	RidleyArea-PA	2:10.77
4	Gomez, AJ	16	Powel Crosley-OH	2:09.31
5	Aguilar, Sebastian	16	Oshkosh-WI	2:09.49
6	Kilponen, Will	18	LakelandHills-NJ	2:11.68
7	Lin, Gregory	17	Gtr Monmouth-NJ	2:11.86
8	Calderone, Brandon	15	FanwoodScotch-NJ	2:12.35
<b>Heat 2 A - Final</b>				
1	Lee, Harrison	15	Wyckoff-NJ	2:09.15
2	Rusnock, John	16	FarmingtonVal-CT	2:08.50
3	Mills, Jack	17	Lynchburg-VA	2:06.94
4	Rennard, Charlie	17	Gtr Monmouth-NJ	2:04.32
5	Moul, Tommy	18	UpperMainLine-PA	2:05.78
6	Adams, Chase	18	Gtr Monmouth-NJ	2:08.37
7	Karahalis, Alexander	18	Western Br-DE	2:08.74
8	Grisi, Chase	15	ME Lyons-OH	2:09.25

**Heat 3 C - Final**

1	Adams, Michael	17	Wilton-CT	2:13.62
2	Matos, Brendan	17	Cheshire-CT	2:13.49
3	Council, Devin	17	Spartanburg-SC	2:12.74
4	Ritchie, Jed	17	Chambersburg-PA	2:12.54
5	Vadakkan, Siddhant	17	Wyckoff-NJ	2:12.62
6	Stratton, Caeden	18	Spartanburg-SC	2:12.98
7	Yukhvid, Gregory	16	GtrSomersetCtyNJ	2:13.58
8	Bracall, Nick	18	Spartanburg-SC	2:13.77

**Alternates**

1	Franklin, Brayden	16	Spartanburg-SC	2:13.85
2	Hann, Gus	17	LakelandHills-NJ	2:13.85

## 2023 YMCA Long Course Championships, Sanction #: NC23146AP

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## Meet Program - Day 1 Finals

**Heat 4 D - Final (#102 Men 200 LC Meter Butterfly)**

1	Barone, Alex	14	Burbank-MA	2:22.23
2	Paterson, Henry	15	York-PA	2:16.71
3	Hall, Chris	15	Gtr Monmouth-NJ	2:14.08
4	Todd, Brayden	15	York-PA	2:13.86
5	Ruffer, Max	15	GtrSomersetCtyNJ	2:13.89
6	Millhomens, Joey	15	Cheshire-CT	2:15.28
7	Yue, Kevin	15	Dancely-MD	2:18.54
8				

**Event 103 Women 50 LC Meter Breaststroke**

Championship: 32.49 8/1/2018 Jessie McMurray

Lane	Name	Age	Team	Prelims
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**Heat 1 B - Final**

1	Kwarcinski, Alexa	16	Western-CT	34.46
2	Barton, Alison	17	Madison-NJ	34.35
3	Gee, Victoria	16	FanwoodScotch-NJ	34.28
4	Bass, Amelie	16	Hamilton Area-NJ	34.10
5	Jernigan, Hania	13	Hamilton Area-NJ	34.23
6	Fisher, Paige	16	UpperMainLine-PA	34.31
7	Miller, Hadar	15	UpperMainLine-PA	34.44
8	Goret, Maddie	15	FanwoodScotch-NJ	34.55

**Heat 2 A - Final**

1	Hunt, Grace	16	Spartanburg-SC	33.95
2	Franklin, Delaney	18	Spartanburg-SC	33.49
3	Palmer, Sarah	18	Bath Area-ME	33.42
4	Herbert, Julia	16	Western-CT	33.03
5	Sharma, Meghan	17	GtrSomersetCtyNJ	33.08
6	Constable, Emily	17	FanwoodScotch-NJ	33.43
7	Yacoviello, Molly	16	York-PA	33.58
8	Paluska, Annika	17	East Hartford-CT	34.01

**Heat 3 C - Final**

1	Zjawin, Victoria	17	LakelandHills-NJ	34.95
2	Rieskamp, Corine	16	Powel Crosley-OH	34.90
3	Davies, Zoe	17	LakelandHills-NJ	34.83
4	Liwanag, Sophia	15	LakelandHills-NJ	34.60
5	Neno, Natalie	16	Gtr Monmouth-NJ	34.73
6	Marco, Eliza	17	Bath Area-ME	34.88
7	Niemczyk, Jocie	16	Indian Valley-CT	34.92
8	Reilly, Reese	15	Blue Ash-OH	35.01

**Alternates**

1	Carmella, Keira	14	West Chester-PA	35.04
2	Chow, Ying	16	FanwoodScotch-NJ	35.13

**Heat 4 D - Final**

1	Donnelly, Noelle	14	Gtr Monmouth-NJ	35.89
2	Oravets, Sevanah	15	Gtr Monmouth-NJ	35.65
3	Brodowicz, Milena	15	East Hartford-CT	35.36
4	Carmella, Keira	14	West Chester-PA	35.04
5	Dolan, Reilly	15	UpperMainLine-PA	35.13
6	Davies, Alexia	12	LakelandHills-NJ	35.37
7	Sgarra, Ava	15	UpperMainLine-PA	35.85
8	Saldivia, Isabela	14	Hamilton Area-NJ	35.93

**Alternates**

1	Luo, Tingting	14	GtrSomersetCtyNJ	35.96
2	Herlihy, Grace	15	West Chester-PA	36.02

**Event 104 Men 50 LC Meter Breaststroke**

Championship: 27.83 8/2/2017 Maxwell McHugh

Lane	Name	Age	Team	Prelims
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**Heat 1 B - Final**

1	Poag, Jack	19	Sumter-SC	30.59
2	Mui, Carter	17	Pocono-PA	30.43
3	Stevens, Aaron	16	Western Br-DE	30.21
4	Henry, Christian	16	York-PA	30.19
5	Granin, Michael	17	Wyckoff-NJ	30.21
6	Fatta, Kaden	16	York-PA	30.32
7	Ko, Colin	17	LakelandHills-NJ	30.56
8	McGeehan, Tyler	16	FanwoodScotch-NJ	30.68

**Heat 2 A - Final**

1	Kutufaris, Ben	18	RidleyArea-PA	30.08
2	Parker, Will	18	York-PA	29.76
3	Gaerthofner, Drew	16	Oshkosh-WI	29.53
4	Fournier, Ian	17	Kennebec-ME	29.20
5	Seong, Daniel	16	Wyckoff-NJ	29.50
6	Katz, Noah	18	Kennebec-ME	29.53
7	Austin, Nick	17	South Shore-MA	29.81
8	Connelly, Max	18	LakelandHills-NJ	30.17

**Heat 3 C - Final**

1	Newcomb, Jackson	15	AuglaizeMercerOH	31.03
2	Dinesh, Ian	16	FanwoodScotch-NJ	30.92
3	Kelty, Sean	18	Hickory-NC	30.87
4	Keane, Logan	17	Western-CT	30.77
5	Hang, Kai	17	U Perkiomen-PA	30.81
6	Kavanagh, Colin	18	FanwoodScotch-NJ	30.92
7	Dentino, Dante	17	Gtr Monmouth-NJ	30.95
8	Stenken, Cooper	16	Powel Crosley-OH	31.03

**Alternates**

1	Fenton, Thomas	17	Lynchburg-VA	31.12
2	Schoelwer, Sean	18	Blue Ash-OH	31.12

**Heat 4 D - Final**

1	Tith, Sebastian	14	UpperMainLine-PA	31.94
2	Nowoswiat, Jake	15	UpperMainLine-PA	31.80
3	Brooks, Dalton	14	LakelandHills-NJ	31.67
4	Stefanowicz, Milo	15	Gtr Monmouth-NJ	31.21
5	Harmon, Owen	15	Spartanburg-SC	31.47
6	Torres, Roman	15	York-PA	31.68
7	Sellinger, Drew	15	Gtr Monmouth-NJ	31.82
8	Detwiler, Sean	15	Chambersburg-PA	31.98

**Alternates**

1	Petersen, Andrew	14	Gtr Monmouth-NJ	32.07
2	McEnroe, Finn	14	Spartanburg-SC	32.28

## 2023 YMCA Long Course Championships, Sanction #: NC23146AP

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## Meet Program - Day 1 Finals

## Event 105 Women 100 LC Meter Freestyle

Championship: 54.33 7/19/2022 Anna Moesch				
Lane	Name	Age	Team	Prelims
<b>Heat 1 B - Final</b>				
1	Latimer, Mia	18	Powel Crosley-OH	59.57
2	Bendokas, Tessa	18	Gtr Monmouth-NJ	59.32
3	Padilla, Kenzie	17	UpperMainLine-PA	58.81
4	Ritter, Catherine	16	FanwoodScotch-NJ	58.58
5	Bull, Colleen	16	GtrSomersetCtyNJ	58.67
6	Luniushina, Kseniia	17	Pocono-PA	59.20
7	Robinson, Lily	18	UpperMainLine-PA	59.50
8	Hatzis, Mia	16	Western-CT	59.57
<b>Heat 2 A - Final</b>				
1	Hastings, Virginia	18	Wilton-CT	58.36
2	Shackley, Leah	17	Blair-PA	58.25
3	Thompson, Emily	17	GtrSomersetCtyNJ	57.40
4	Fulton, Alexa	18	UpperMainLine-PA	56.52
5	Lawrence, Katie	16	Wyckoff-NJ	57.27
6	Headley, Mackenzie	16	FarmingtonVal-CT	58.25
7	Way, Emily	17	York-PA	58.27
8	Logan, Clare	17	FanwoodScotch-NJ	58.49
<b>Heat 3 C - Final</b>				
1	Kudlac, Riley	18	East Hartford-CT	59.80
2	Rourke, Meghan	18	Wyckoff-NJ	59.72
3	Maltsev, Erica	16	GtrSomersetCtyNJ	59.63
4	Kennedy, Katherine	15	Gtr Monmouth-NJ	59.61
5	Spetz, Cora	16	Powel Crosley-OH	59.62
6	Truskett, Flynn	18	UpperMainLine-PA	59.64
7	Kavanagh, Jane	13	FanwoodScotch-NJ	59.79
8	Napier, Alyssa	15	Western Br-DE	59.85
<b>Alternates</b>				
1	Dietschweiler, Kiersten	14	Oshkosh-WI	59.86
2	Landers, Kaitlyn	16	Hamilton Area-NJ	59.94
<b>Heat 4 D - Final</b>				
1	Eckert, Jayla	15	York-PA	1:00.90
2	Doetsch, Amelia	15	Burbank-MA	1:00.49
3	McKirryher, Kylie	15	Cheshire-CT	1:00.45
4	Dietschweiler, Kiersten	14	Oshkosh-WI	59.86
5	Yonke, Etta	13	Oshkosh-WI	59.98
6	Del Rosario, Xiomara	15	Chambersburg-PA	1:00.47
7	Roussakis, Claire	14	UpperMainLine-PA	1:00.52
8	Pontoriero, Maria	14	GtrSomersetCtyNJ	1:00.92
<b>Alternates</b>				
1	Wolf, Jessie	15	Wyckoff-NJ	1:00.95
2	Lewis, Brynn	15	Phoenixville-PA	1:01.18

## Event 106 Men 100 LC Meter Freestyle

Championship: 50.05 7/19/2022 Daniel Diehl				
Lane	Name	Age	Team	Prelims
<b>Heat 1 B - Final</b>				
1	Green, Mason	18	UpperMainLine-PA	53.41
2	Jordan, Colin	19	Spartanburg-SC	53.06
3	Nebrich, Luke	17	Rowan-NC	53.03
4	Horan, Peter	17	Western-CT	52.52
5	Waibel, Owen	16	FanwoodScotch-NJ	52.96
6	Mills, Jack	17	Lynchburg-VA	53.05
7	Tasker, Amir	14	Chambersburg-PA	53.33
8	Condon, Luke	19	Gtr Monmouth-NJ	53.54
<b>Heat 2 A - Final</b>				
1	Redding, Zachary	18	Western Br-DE	52.42
2	Menchhofer, Bryce	18	Blue Ash-OH	52.28
3	Gould, Garrett	17	GtrSomersetCtyNJ	51.87
4	Diehl, Daniel	17	Cumberland-MD	50.89
5	Eckler, Shane	17	RidleyArea-PA	51.74
6	Barnicle, Kenneth	16	GtrSomersetCtyNJ	52.08
7	Kennedy, Jake	17	RidleyArea-PA	52.41
8	Hidalgo, Carlos	18	York-PA	52.47
<b>Heat 3 C - Final</b>				
1	Kuenzel, Hunter	17	Gtr Monmouth-NJ	54.05
2	Doubek, Dean	18	Dancely-MD	53.97
3	Gibbons, Patrick	17	Powel Crosley-OH	53.79
4	Johnson, Connor	15	LakelandHills-NJ	53.55
5	Granin, Michael	17	Wyckoff-NJ	53.63
6	Kohl, Rayburn	16	McGaw-IL	53.85
7	Batchelor, Kai	16	LakelandHills-NJ	53.99
8	Buniowski, Kacper	17	GtrSomersetCtyNJ	54.13
<b>Alternates</b>				
1	Wool, Blake	15	FarmingtonVal-CT	54.14
2	Moon, Will	17	SummitBranch-NJ	54.29
<b>Heat 4 D - Final</b>				
1	Kirby, Connor	15	UpperMainLine-PA	55.59
2	Wilson, Cole	14	Wyckoff-NJ	55.32
3	Beeson, Jimmy	15	Spartanburg-SC	54.68
4	Wool, Blake	15	FarmingtonVal-CT	54.14
5	Changie, Wade	15	Spartanburg-SC	54.37
6	Grisi, Chase	15	ME Lyons-OH	54.71
7	Frank, Aaron	15	FanwoodScotch-NJ	55.52
8	XU, Cyrus	15	FarmingtonVal-CT	55.77
<b>Alternates</b>				
1	Lawrence, Zach	15	Goldsboro-NC	56.03
2	Pope, Benjamin	15	Indian Valley-CT	56.06

## 2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 1 Finals

**Event 107 Women 200 LC Meter Medley Relay**

Championship: 1:55.88 7/19/2022 Greater Somerset County YMCA

C Holliday, M Sharma, E Thompson, A Moesch

Lane	Team	Relay	Prelims
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**Heat 1 B - Final**

1	Bath Area-ME		2:05.19
2	South-OH		2:04.70
3	Cheshire-CT		2:03.20
4	Hamilton Area-NJ		2:03.14
5	East Hartford-CT		2:03.18
6	Powel Crosley-OH		2:03.47
7	Wyckoff-NJ		2:04.92
8	Western Br-DE		2:05.56

**Heat 2 A - Final**

1	Spartanburg-SC		2:02.02
2	LakelandHills-NJ		2:00.29
3	UpperMainLine-PA		1:58.42
4	GtrSomersetCtyNJ		1:57.14
5	FanwoodScotch-NJ		1:58.26
6	York-PA		1:59.09
7	Gtr Monmouth-NJ		2:01.87
8	Western-CT		2:02.71

**Alternates**

1	Madison Area YMCA		2:05.85
2	Oshkosh Community YMCA		2:06.11

**Event 108 Men 200 LC Meter Medley Relay**

Championship: 1:43.76 7/19/2022 Western Branch YMCA

T Janton, A Elder, A Karahalidis, S Simmons

Championship: 1:43.76 7/19/2022 Western Branch YMCA Wahoos

T Janton, A Elder, A Karahalidis, S Simmons

Lane	Team	Relay	Prelims
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**Heat 1 B - Final**

1	Lynchburg-VA		1:51.08
2	ME Lyons-OH		1:50.51
3	Kennebec-ME		1:49.54
4	Western-CT		1:48.39
5	UpperMainLine-PA		1:49.36
6	FanwoodScotch-NJ		1:49.86
7	Blue Ash-OH		1:50.72
8	Powel Crosley-OH		1:51.13

**Heat 2 A - Final**

1	GtrSomersetCtyNJ		1:47.79
2	Gtr Monmouth-NJ		1:47.38
3	Western Br-DE		1:46.78
4	LakelandHills-NJ		1:46.25
5	York-PA		1:46.42
6	RidleyArea-PA		1:46.96
7	Wyckoff-NJ		1:47.57
8	Spartanburg-SC		1:48.14

**Alternates**

1	Upper Perkiomen Valley YM		1:52.23
2	Chambersburg Memorial YI		1:52.28