

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 4 Finals

Event 401 Women 400 LC Meter Freestyle

Championship: 4:16.33 8/2/2019 Abigail Doss				
Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Hastings, Virginia	18	Wilton-CT	4:33.65
2	Washburn, Lizzy	18	SummitBranch-NJ	4:33.25
3	Bull, Colleen	16	GtrSomersetCtyNJ	4:33.00
4	Somers, Alexandra	17	Hamilton Area-NJ	4:32.50
5	Davis, Bridget	18	FanwoodScotch-NJ	4:32.92
6	Dietschweiler, Kiersten	14	Oshkosh-WI	4:33.17
7	Harkins, Nicki	17	GtrSomersetCtyNJ	4:33.40
8	Walsh, Aivleen	15	York-PA	4:33.76
Heat 2 A - Final				
1	Pestrichelli, Katie	17	GtrSomersetCtyNJ	4:32.17
2	Sherratt, Billie	17	FanwoodScotch-NJ	4:31.66
3	Goodwin, Taylor	15	W.North Carolina	4:29.47
4	Penny, Hayden	17	Spartanburg-SC	4:26.20
5	Fitzgerald, Katelyn	18	Western Br-DE	4:28.88
6	Potteiger, McKenna	17	York-PA	4:29.50
7	Schneider, Zoe	18	York-PA	4:31.75
8	Page, Lorelai	18	LakelandHills-NJ	4:32.28
Heat 3 C - Final				
1	McEnroe, Teagan	16	Spartanburg-SC	4:36.45
2	Hatzis, Mia	16	Western-CT	4:36.20
3	Phifer, Izzy	15	York-PA	4:35.78
4	Bauer, Kaitlyn	18	Lynchburg-VA	4:34.28
5	Bracall, Ellery	16	Spartanburg-SC	4:34.63
6	McNamara, Ellie	15	West Chester-PA	4:36.04
7	Fox, Sarah	17	UpperMainLine-PA	4:36.37
8	Hillebrecht, Natalie	13	GtrSomersetCtyNJ	4:36.48
Alternates				
1	Slavinski, Ivy	15	Gtr Monmouth-NJ	4:37.18
2	Dickey, Serena	14	LakelandHills-NJ	4:37.27
Heat 4 D - Final				
1	Doetsch, Amelia	15	Burbank-MA	4:42.57
2	Marino, Josie	14	Wyckoff-NJ	4:40.40
3	Sutphin, Audrina	14	ME Lyons-OH	4:38.28
4	Slavinski, Ivy	15	Gtr Monmouth-NJ	4:37.18
5	Dickey, Serena	14	LakelandHills-NJ	4:37.27
6	Oravets, Sevanah	15	Gtr Monmouth-NJ	4:39.03
7	Schneider, Taia	15	Spartanburg-SC	4:41.58
8	Cinson, Kathryn	15	Hickory-NC	4:42.82
Alternates				
1	Wolf, Jessie	15	Wyckoff-NJ	4:47.47
2	Charette, Ellison	14	Greenwich-CT	4:48.21

Event 402 Men 400 LC Meter Freestyle

Championship: 3:56.82 8/3/2017 Ross Dant				
Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	McFall, Campbell	17	Indian Valley-CT	4:14.09
2	Prevatte, Jake	18	Spartanburg-SC	4:13.62
3	Pestrichelli, Will	17	GtrSomersetCtyNJ	4:13.20
4	Ternes, Maddex	15	Spartanburg-SC	4:12.91
5	Bracall, Nick	18	Spartanburg-SC	4:13.08
6	Iturbe Cosano, Riqui	16	GtrSomersetCtyNJ	4:13.41
7	Council, Lincoln	16	Spartanburg-SC	4:13.66
8	Zalewski, Peter	16	Cheshire-CT	4:14.32
Heat 2 A - Final				
1	Lonsberry, Cody	15	Indian Valley-CT	4:10.06
2	Godino, Dan	18	Western-CT	4:09.17
3	Richards, Logan	18	UpperMainLine-PA	4:07.20
4	Gordon, JC	17	Lynchburg-VA	4:04.61
5	Spetz, Nathan	17	Powel Crosley-OH	4:05.30
6	Markowitz, Owen	17	LakelandHills-NJ	4:08.53
7	Menchhofer, Bryce	18	Blue Ash-OH	4:09.97
8	Stull, Oliver	16	Spartanburg-SC	4:12.84
Heat 3 C - Final				
1	Ozbas, Derin	16	GtrSomersetCtyNJ	4:19.10
2	Wool, Blake	15	FarmingtonVal-CT	4:17.48
3	Ritchie, Jed	17	Chambersburg-PA	4:16.45
4	Heinze, Will	17	FanwoodScotch-NJ	4:15.07
5	Kaczmark, Alex	15	Chambersburg-PA	4:15.82
6	Hann, Gus	17	LakelandHills-NJ	4:17.25
7	Watson, Garrett	18	Spartanburg-SC	4:17.96
8	Gatti, Domingo Louis	14	GtrSomersetCtyNJ	4:19.45
Alternates				
1	Mekrami, Adam	16	Gtr Monmouth-NJ	4:19.73
2	Stratton, Caeden	18	Spartanburg-SC	4:20.90
Heat 4 D - Final				
1				
2				
3				
4	Barone, Alex	14	Burbank-MA	4:21.05
5	Ruffer, Max	15	GtrSomersetCtyNJ	4:23.91
6				
7				
8				

2023 YMCA Long Course Championships, Sanction #: NC23146AP

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Event 403 Women 50 LC Meter Butterfly

Championship:		27.05	7/27/2023	Leah Shackley	
Championship:		27.24	7/22/2022	Alexa Fulton	
Lane	Name	Age	Team	Prelims	
Heat 1 B - Final					
1	Washington, Amira	15	Gtr Monmouth-NJ	29.20	
2	Castro, Victoria	16	GtrSomersetCtyNJ	29.07	
3	Wilson, Camrynn	18	Spartanburg-SC	29.04	
4	McKirryher, Kylie	15	Cheshire-CT	28.91	
5	Baumgartner, Lily	16	Lima-OH	29.02	
6	Havice, Julia	17	York-PA	29.04	
7	Frank, Carly	17	LakelandHills-NJ	29.17	
8	Everly, Karinne	17	Spartanburg-SC	29.22	
Heat 2 A - Final					
1	Kilponen, Anna	15	LakelandHills-NJ	28.62	
2	Fulton, Alexa	18	UpperMainLine-PA	28.16	
3	Way, Emily	17	York-PA	27.98	
4	Padilla, Kenzie	17	UpperMainLine-PA	27.79	
5	Headley, Mackenzie	16	FarmingtonVal-CT	27.88	
6	Logan, Clare	17	FanwoodScotch-NJ	28.03	
7	Lawrence, Katie	16	Wyckoff-NJ	28.47	
8	Kidney, Victoria	18	Wheeling-WV	28.71	
Heat 3 C - Final					
1	Rourke, Meghan	18	Wyckoff-NJ	29.65	
2	Freeman, Maya	15	Gtr Monmouth-NJ	29.35	
3	Kudlac, Riley	18	East Hartford-CT	29.30	
4	Kyre, Emily	16	South-OH	29.27	
5	Montgomery, Ella	15	Down East-ME	29.29	
6	Doersch, Sofia	17	Western-CT	29.33	
7	Kim, Laura	16	FanwoodScotch-NJ	29.49	
8	Dwyer, Meghan	15	SummitBranch-NJ	29.68	
Alternates					
1	Lee, Isabel	16	Wyckoff-NJ	29.71	
2	Napier, Alyssa	15	Western Br-DE	29.71	
Heat 4 D - Final					
1	Ruebusch, Morgan	15	Hickory-NC	30.50	
2	Sadri, Ali	15	ME Lyons-OH	30.46	
3	Fox, Maddie	15	UpperMainLine-PA	30.13	
4	Napier, Alyssa	15	Western Br-DE	29.71	
5	Hinson, Kaliyah	15	York-PA	29.86	
6	Pontoriero, Maria	14	GtrSomersetCtyNJ	30.29	
7	Liwanag, Sophia	15	LakelandHills-NJ	30.47	
8	McGann, Sarah	14	RidleyArea-PA	30.61	
Alternates					
1	Parker, Allie	15	Spartanburg-SC	30.63	
2	Barnard, Lulu	13	LakelandHills-NJ	30.68	

Event 404 Men 50 LC Meter Butterfly

Championship:		24.18	7/30/2009	Tim Phillips	
Lane	Name	Age	Team	Prelims	
Heat 1 B - Final					
1	Schoelwer, Sean	18	Blue Ash-OH	26.08	
2	Parker, Will	18	York-PA	26.00	
3	Rennard, Charlie	17	Gtr Monmouth-NJ	25.77	
4	Stakauskas, Andy	17	Powel Crosley-OH	25.64	
5	Hidalgo, Carlos	18	York-PA	25.76	
6	Kilponen, Will	18	LakelandHills-NJ	25.83	
7	Kennedy, Jake	17	RidleyArea-PA	26.01	
8	Grisi, Chase	15	ME Lyons-OH	26.12	
Heat 2 A - Final					
1	Rusnock, John	16	FarmingtonVal-CT	25.49	
2	Welker, Nathan	18	York-PA	25.32	
3	Condon, Luke	19	Gtr Monmouth-NJ	25.10	
4	Gould, Garrett	17	GtrSomersetCtyNJ	24.78	
5	Redding, Zachary	18	Western Br-DE	25.07	
6	Nebrich, Luke	17	Rowan-NC	25.27	
7	Eckler, Shane	17	RidleyArea-PA	25.39	
8	Mills, Jack	17	Lynchburg-VA	25.52	
Heat 3 C - Final					
1	Ma, Ashton	17	FarmingtonVal-CT	26.34	
2	Torres, Roman	15	York-PA	26.30	
3	Smiley, Drew	18	Spartanburg-SC	26.19	
4	Mignery, Luke	15	Powel Crosley-OH	26.13	
5	Green, Nick	16	UpperMainLine-PA	26.16	
6	Buniowski, Kacper	17	GtrSomersetCtyNJ	26.23	
7	Batchelor, Kai	16	LakelandHills-NJ	26.32	
8	Voss, Cooper	18	LakelandHills-NJ	26.43	
Alternates					
1	Paterson, Henry	15	York-PA	26.49	
2	Crowley, Phelim	16	Foothills-SC	26.51	
Heat 4 D - Final					
1	Wilson, Cole	14	Wyckoff-NJ	27.19	
2	Tasker, Amir	14	Chambersburg-PA	27.04	
3	Pong, Cristian	15	Chambersburg-PA	26.67	
4	Paterson, Henry	15	York-PA	26.49	
5	Chandgie, Wade	15	Spartanburg-SC	26.64	
6	Lee, Harrison	15	Wyckoff-NJ	26.91	
7	Sperling, Sam	15	UpperMainLine-PA	27.13	
8	Wong, Caden	15	SummitBranch-NJ	27.24	
Alternates					
1	Calderone, Brandon	15	FanwoodScotch-NJ	27.37	
2	Beck, Billy	15	UpperMainLine-PA	27.53	

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Event 405 Women 100 LC Meter Breaststroke

Championship: 1:11.26 7/31/2009 KC Moss

Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Reilly, Reese	15	Blue Ash-OH	1:16.43
2	Paluska, Annika	17	East Hartford-CT	1:16.33
3	Neno, Natalie	16	Gtr Monmouth-NJ	1:16.15
4	Fisher, Paige	16	UpperMainLine-PA	1:15.71
5	Marco, Eliza	17	Bath Area-ME	1:15.99
6	Davies, Zoe	17	LakelandHills-NJ	1:16.19
7	Herbert, Julia	16	Western-CT	1:16.37
8	Niemczyk, Jocie	16	Indian Valley-CT	1:16.62
Heat 2 A - Final				
1	Palmer, Sarah	18	Bath Area-ME	1:14.87
2	Yacoviello, Molly	16	York-PA	1:13.95
3	Sharma, Meghan	17	GtrSomersetCtyNJ	1:12.83
4	Franklin, Delaney	18	Spartanburg-SC	1:12.05
5	Hunt, Grace	16	Spartanburg-SC	1:12.76
6	Headley, Mackenzie	16	FarmingtonVal-CT	1:13.88
7	Constable, Emily	17	FanwoodScotch-NJ	1:13.97
8	Byers, Caroline	16	Spartanburg-SC	1:15.51
Heat 3 C - Final				
1	Speakman, Macey	16	Phoenixville-PA	1:17.17
2	Barton, Alison	17	Madison-NJ	1:17.04
3	Curtis, Grace	15	UpperMainLine-PA	1:16.91
4	Goret, Maddie	15	FanwoodScotch-NJ	1:16.87
5	Tray, Kaya	17	Cheshire-CT	1:16.88
6	Dolan, Reilly	15	UpperMainLine-PA	1:16.95
7	Gao, Emily	17	GtrSomersetCtyNJ	1:17.06
8	Jernigan, Hania	13	Hamilton Area-NJ	1:17.31
Alternates				
1	McGuinness, Eve	16	Gtr Monmouth-NJ	1:17.51
2	Bass, Amelie	16	Hamilton Area-NJ	1:17.55
Heat 4 D - Final				
1	Burns, Claire	13	Spartanburg-SC	1:19.98
2	Carmella, Keira	14	West Chester-PA	1:19.05
3	Oravets, Sevanah	15	Gtr Monmouth-NJ	1:18.19
4	Miller, Hadar	15	UpperMainLine-PA	1:17.97
5	Liwanag, Sophia	15	LakelandHills-NJ	1:18.12
6	Davies, Alexia	12	LakelandHills-NJ	1:18.62
7	Sudol, Emily	15	GtrSomersetCtyNJ	1:19.68
8	Lewis, Brynn	15	Phoenixville-PA	1:20.14
Alternates				
1	Donnelly, Noelle	14	Gtr Monmouth-NJ	1:20.20
2	Luo, Tingting	14	GtrSomersetCtyNJ	1:20.30

Event 406 Men 100 LC Meter Breaststroke

Championship: 1:02.64 8/3/2017 Maxwell McHugh

Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Henry, Christian	16	York-PA	1:07.58
2	Hang, Kai	17	U Perkiomen-PA	1:07.12
3	Fenton, Thomas	17	Lynchburg-VA	1:06.98
4	Parker, Will	18	York-PA	1:06.90
5	Fatta, Kaden	16	York-PA	1:06.94
6	Austin, Nick	17	South Shore-MA	1:07.04
7	Katz, Noah	18	Kennebec-ME	1:07.25
8	Johnson, Connor	15	LakelandHills-NJ	1:07.60
Heat 2 A - Final				
1	Mui, Carter	17	Pocono-PA	1:06.29
2	Green, Mason	18	UpperMainLine-PA	1:06.01
3	Connelly, Max	18	LakelandHills-NJ	1:05.49
4	Gaerthofner, Drew	16	Oshkosh-WI	1:04.57
5	Seong, Daniel	16	Wyckoff-NJ	1:05.00
6	Karahalis, Alexander	18	Western Br-DE	1:05.57
7	Fournier, Ian	17	Kennebec-ME	1:06.06
8	Stevens, Aaron	16	Western Br-DE	1:06.39
Heat 3 C - Final				
1	Hensley, Jack	15	Lancaster-OH	1:08.54
2	Kelty, Sean	18	Hickory-NC	1:08.25
3	Dinesh, Ian	16	FanwoodScotch-NJ	1:07.77
4	Schoelwer, Sean	18	Blue Ash-OH	1:07.70
5	Kutufaris, Ben	18	RidleyArea-PA	1:07.76
6	Lin, Gregory	17	Gtr Monmouth-NJ	1:08.18
7	Ko, Colin	17	LakelandHills-NJ	1:08.38
8	Cao, Kevin	16	GtrSomersetCtyNJ	1:08.56
Alternates				
1	Granin, Michael	17	Wyckoff-NJ	1:08.62
2	Yukhvid, Gregory	16	GtrSomersetCtyNJ	1:08.63
Heat 4 D - Final				
1	Brooks, Dalton	14	LakelandHills-NJ	1:10.18
2	Newcomb, Jackson	15	AuglaizeMercerOH	1:09.88
3	Nowoswiat, Jake	15	UpperMainLine-PA	1:09.54
4	Stefanowicz, Milo	15	Gtr Monmouth-NJ	1:09.02
5	Regan, Bobby	15	Western-CT	1:09.16
6	Harmon, Owen	15	Spartanburg-SC	1:09.78
7	Detwiler, Sean	15	Chambersburg-PA	1:10.01
8	Torres, Roman	15	York-PA	1:10.24
Alternates				
1	Tith, Sebastian	14	UpperMainLine-PA	1:10.37
2	Sellinger, Drew	15	Gtr Monmouth-NJ	1:10.48

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Meet Program - Day 4 Finals

Event 407 Women 100 LC Meter Backstroke

Championship: 1:01.69 7/27/2023 Clare Logan				
Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Dugan, Samantha	18	Gtr Monmouth-NJ	1:07.15
2	Baumgartner, Lily	16	Lima-OH	1:06.86
3	Krutiy, Sophia	14	Burbank-MA	1:06.46
4	Tenhundfeld, Emma	16	South-OH	1:05.72
5	Sluk, Vicky	13	LakelandHills-NJ	1:05.74
6	Zeinert, Samara	16	Oshkosh-WI	1:06.76
7	Clippard, Lauren	19	Powel Crosley-OH	1:06.90
8	Kubiak, Mary	18	RidleyArea-PA	1:07.29
Heat 2 A - Final				
1	Bendokas, Tessa	18	Gtr Monmouth-NJ	1:05.09
2	Luniushina, Kseniia	17	Pocono-PA	1:03.97
3	Thompson, Emily	17	GtrSomersetCtyNJ	1:02.90
4	Shackley, Leah	17	Blair-PA	1:00.50
5	Logan, Clare	17	FanwoodScotch-NJ	1:02.74
6	Sargent, Devyn	17	UpperMainLine-PA	1:03.11
7	Holliday, Charlotte	18	GtrSomersetCtyNJ	1:04.66
8	Moesch, Anna	17	GtrSomersetCtyNJ	1:05.21
Heat 3 C - Final				
1	Haas, Keira	18	UpperMainLine-PA	1:07.84
2	Eckert, Jayla	15	York-PA	1:07.68
3	Sarvis, Isabella	16	Spartanburg-SC	1:07.64
4	Havice, Julia	17	York-PA	1:07.45
5	Lane, Lauren	18	FanwoodScotch-NJ	1:07.59
6	Fox, Maddie	15	UpperMainLine-PA	1:07.65
7	Tzouvelekas, Eva	17	Spartanburg-SC	1:07.84
8	Milhomens, Sophie	17	Cheshire-CT	1:07.92
Alternates				
1	Rauhauser, Ashley	17	York-PA	1:07.92
2	Kyre, Emily	16	South-OH	1:08.08
Heat 4 D - Final				
1	Aguanno, Ava	14	Gtr Monmouth-NJ	1:09.00
2	Del Rosario, Xiomara	15	Chambersburg-PA	1:08.57
3	Leishman, Taylor	13	Wyckoff-NJ	1:08.51
4	Fusco, Francesca	15	Western-CT	1:08.11
5	Despeaux, Addyson	15	RidleyArea-PA	1:08.24
6	Duprey, Caitrin	15	Nashua-NH	1:08.53
7	Johnson, Eliza	15	Western Br-DE	1:08.80
8	Gojakovic, Vanya	14	McGaw-IL	1:09.92
Alternates				
1	Pontoriero, Maria	14	GtrSomersetCtyNJ	1:09.94
2	Kavanagh, Jane	13	FanwoodScotch-NJ	1:09.95

Event 408 Men 100 LC Meter Backstroke

Championship: 54.74 7/22/2022 Daniel Diehl				
Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Wilkins, Bryce	18	Gtr Monmouth-NJ	1:00.30
2	Rusnock, John	16	FarmingtonVal-CT	1:00.04
3	Moul, Tommy	18	UpperMainLine-PA	59.75
4	Rowan, Riley	17	Spartanburg-SC	59.16
5	Reddy, Raaghav	17	GtrSomersetCtyNJ	59.66
6	Beeson, Jimmy	15	Spartanburg-SC	59.91
7	Stabach, Oliver	16	Indian Valley-CT	1:00.16
8	Meyers, Hayden	16	ME Lyons-OH	1:00.56
Heat 2 A - Final				
1	Gould, Garrett	17	GtrSomersetCtyNJ	58.74
2	Anbar, Kalen	18	New Canaan-CT	58.71
3	Horan, Peter	17	Western-CT	57.22
4	Diehl, Daniel	17	Cumberland-MD	55.54
5	Barnicle, Kenneth	16	GtrSomersetCtyNJ	56.47
6	Welker, Nathan	18	York-PA	57.50
7	Kohl, Rayburn	16	McGaw-IL	58.72
8	Kennedy, Jake	17	RidleyArea-PA	59.13
Heat 3 C - Final				
1	Kirby, Connor	15	UpperMainLine-PA	1:01.11
2	North, Jack	17	Spartanburg-SC	1:01.06
3	Patrick, Gavin	16	Wyckoff-NJ	1:00.83
4	Ronayne, Tristan	17	RidleyArea-PA	1:00.59
5	Zalewski, Peter	16	Cheshire-CT	1:00.73
6	Skibo, Sam	16	Wyckoff-NJ	1:01.05
7	Hoole, Jonathan	16	RidleyArea-PA	1:01.09
8	Cheng, Johnathon	16	Wyckoff-NJ	1:01.23
Alternates				
1	Owens, Jay	16	Foothills-SC	1:01.77
2	Ferroni, Ethan	17	York-PA	1:01.79
Heat 4 D - Final				
1	Bengard, Jack	15	Spartanburg-SC	1:02.67
2	Burk, Kyle	14	Kennett&JvilleMA	1:02.48
3	McGraw, Cullen	14	Chambersburg-PA	1:02.28
4	Hidalgo, Jomar	14	York-PA	1:02.06
5	Dripchak, Kyle	15	FanwoodScotch-NJ	1:02.27
6	Frank, Aaron	15	FanwoodScotch-NJ	1:02.44
7	XU, Cyrus	15	FarmingtonVal-CT	1:02.59
8	Jun, Matthew	13	Wyckoff-NJ	1:02.72
Alternates				
1	Milhomens, Joey	15	Cheshire-CT	1:02.94
2	Fleming, Grant	14	West Chester-PA	1:03.16

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Meet Program - Day 4 Finals

Event 409 Women 800 LC Meter Freestyle Relay

Championship: 8:20.61 7/26/2012 Middle Tyger YMCA

H Lips, K Knopka, A Galyer, A Gillig

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

1	East Hartford-CT		8:42.59
2	FanwoodScotch-NJ		8:38.02
3	York-PA		8:33.23
4	GtrSomersetCtyNJ		8:21.62
5	UpperMainLine-PA		8:30.25
6	Spartanburg-SC		8:35.10
7	Gtr Monmouth-NJ		8:38.83
8	LakelandHills-NJ		8:50.15

Event 410 Men 800 LC Meter Freestyle Relay

Championship: 7:39.91 7/31/2014 Countryside - OH

G House, K George, R Westrick, M Slabe

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

1	York-PA		8:00.11
2	Indian Valley-CT		7:59.55
3	Spartanburg-SC		7:56.47
4	Lynchburg-VA		7:50.03
5	GtrSomersetCtyNJ		7:51.06
6	Gtr Monmouth-NJ		7:57.43
7	LakelandHills-NJ		8:00.02
8	FanwoodScotch-NJ		8:03.88