

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 4 Prelims

Event 401 Women 400 LC Meter Freestyle

Championship: 4:16.33 8/2/2019 Abigail Doss

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims Starts at 09:00 AM

1				
2				
3	McEnroe, Teagan	16	Spartanburg-SC	5:10.38Y
4	Lange, Ellen	18	Powel Crosley-OH	5:10.04Y
5	Krauss, Natalie	17	UpperMainLine-PA	5:10.11Y
6				
7				
8				

Heat 2 of 7 Prelims Starts at 09:06 AM

1	Wolf, Jessie	15	Wyckoff-NJ	5:09.43Y
2	McAndrew, Brooke	16	FanwoodScotch-NJ	5:08.78Y
3	Charette, Ellison	14	Greenwich-CT	5:08.35Y
4	Kubiak, Michelle	18	RidleyArea-PA	5:08.11Y
5	Hillebrecht, Natalie	13	GtrSomersetCtyNJ	5:08.24Y
6	Eldridge, Dylann	17	Gtr Monmouth-NJ	5:08.52Y
7	Edge, Riley	16	GtrSomersetCtyNJ	5:09.41Y
8	Oravets, Sevanah	15	Gtr Monmouth-NJ	5:09.94Y

Heat 3 of 7 Prelims Starts at 09:11 AM

1	McNamara, Ellie	15	West Chester-PA	5:07.85Y
2	Burkhart, Chelsea	16	Foothills-SC	5:07.49Y
3	Slavinski, Ivy	15	Gtr Monmouth-NJ	5:07.14Y
4	Fox, Sarah	17	UpperMainLine-PA	5:04.74Y
5	Schneider, Taia	15	Spartanburg-SC	5:06.19Y
6	Nowoswiat, Jena	16	UpperMainLine-PA	5:07.23Y
7	Jeffers, Teagen	17	Nashua-NH	5:07.56Y
8	Robinson, Lily	18	UpperMainLine-PA	5:07.92Y

Heat 4 of 7 Prelims Starts at 09:16 AM

1	Kudlac, Avery	18	East Hartford-CT	5:03.51Y
2	Bauer, Kaitlyn	18	Lynchburg-VA	5:03.08Y
3	Hatzis, Mia	16	Western-CT	5:02.46Y
4	Bull, Colleen	16	GtrSomersetCtyNJ	5:00.03Y
5	Doetsch, Amelia	15	Burbank-MA	5:02.35Y
6	Gangaway, Megan	18	East Hartford-CT	5:03.00Y
7	Arakelian, Zoe	18	GtrSomersetCtyNJ	5:03.09Y
8	Dickey, Serena	14	LakelandHills-NJ	5:04.06Y

Heat 5 of 7 Prelims Starts at 09:21 AM

1	Testa, Madison	18	Western Br-DE	4:36.77
2	Walsh, Aivleen	15	York-PA	4:35.10
3	Bright, Lindsay	16	Lancaster-OH	4:33.92
4	Pestrichelli, Katie	17	GtrSomersetCtyNJ	4:32.11
5	Hastings, Virginia	18	Wilton-CT	4:33.30
6	Harkins, Nicki	17	GtrSomersetCtyNJ	4:34.85
7	Marino, Josie	14	Wyckoff-NJ	4:35.78
8	Sutphin, Audrina	14	ME Lyons-OH	4:36.81

Heat 6 of 7 Prelims Starts at 09:26 AM

1	Pasholk, Elise	17	Oshkosh-WI	4:31.16
2	Washburn, Lizzy	18	SummitBranch-NJ	4:30.10
3	Phifer, Izzy	15	York-PA	4:28.81
4	Page, Lorelai	18	LakelandHills-NJ	4:25.74
5	Fitzgerald, Katelyn	18	Western Br-DE	4:28.22
6	Potteiger, McKenna	17	York-PA	4:29.75
7	Dietschweiler, Kiersten	14	Oshkosh-WI	4:30.47
8	Somers, Alexandra	17	Hamilton Area-NJ	4:31.89

Heat 7 of 7 Prelims Starts at 09:31 AM

1	Sherratt, Billie	17	FanwoodScotch-NJ	4:30.93
2	Dugan, Samantha	18	Gtr Monmouth-NJ	4:29.91
3	Goodwin, Taylor	15	W.North Carolina	4:28.66
4	Penny, Hayden	17	Spartanburg-SC	4:24.89
5	Schneider, Zoe	18	York-PA	4:26.44
6	Bracall, Ellery	16	Spartanburg-SC	4:29.32
7	Davis, Bridget	18	FanwoodScotch-NJ	4:30.23
8	Cinson, Kathryn	15	Hickory-NC	4:31.82

Event 402 Men 400 LC Meter Freestyle

Championship: 3:56.82 8/3/2017 Ross Dant

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims Starts at 09:36 AM

1	Gatti, Domingo Louis	14	GtrSomersetCtyNJ	4:48.38Y
2	McFadden, Ryan	18	Burbank-MA	4:47.91Y
3	Volkov, Nick	17	Gtr Monmouth-NJ	4:46.57Y
4	Ruffer, Max	15	GtrSomersetCtyNJ	4:46.14Y
5	Council, Devin	17	Spartanburg-SC	4:46.42Y
6	Kaczmark, Alex	15	Chambersburg-PA	4:47.06Y
7	Watson, Garrett	18	Spartanburg-SC	4:47.98Y
8	Hampleman, Pierce	15	W.North Carolina	6:11.70

Heat 2 of 5 Prelims Starts at 09:43 AM

1	Moon, Will	17	SummitBranch-NJ	4:45.64Y
2	Mekrami, Adam	16	Gtr Monmouth-NJ	4:43.88Y
3	Zalewski, Peter	16	Cheshire-CT	4:42.47Y
4	Hann, Gus	17	LakelandHills-NJ	4:41.61Y
5	Ritchie, Jed	17	Chambersburg-PA	4:41.76Y
6	Hagenauer, Carter	17	Powel Crosley-OH	4:43.83Y
7	de Vries, Alex	16	UpperMainLine-PA	4:45.19Y
8	Stratton, Caeden	18	Spartanburg-SC	4:45.78Y

Heat 3 of 5 Prelims Starts at 09:48 AM

1	Prevatte, Jake	18	Spartanburg-SC	4:40.07Y
2	Heinze, Will	17	FanwoodScotch-NJ	4:17.73
3	Pestrichelli, Will	17	GtrSomersetCtyNJ	4:17.01
4	Todd, Brayden	15	York-PA	4:16.66
5	Higinbotham, Owen	18	FanwoodScotch-NJ	4:16.89
6	Barone, Alex	14	Burbank-MA	4:17.21
7	Stull, Oliver	16	Spartanburg-SC	4:37.78Y
8	Adams, Michael	17	Wilton-CT	4:40.72Y

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 4 Prelims

Heat 4 Prelims (#402 Men 400 LC Meter Freestyle)

1	Wool, Blake	15	FarmingtonVal-CT	4:15.76
2	Iturbe Cosano, Riqui	16	GtrSomersetCtyNJ	4:13.41
3	Richards, Logan	18	UpperMainLine-PA	4:10.05
4	Menchhofer, Bryce	18	Blue Ash-OH	4:05.28
5	Markowitz, Owen	17	LakelandHills-NJ	4:08.36
6	Ozbas, Derin	16	GtrSomersetCtyNJ	4:11.67
7	Council, Lincoln	16	Spartanburg-SC	4:15.15
8	Ternes, Maddex	15	Spartanburg-SC	4:16.07

Heat 5 of 5 Prelims Starts at 09:57 AM

1	Madan, Ben	18	New Canaan-CT	4:15.66
2	Kuenzel, Hunter	17	Gtr Monmouth-NJ	4:11.86
3	Godino, Dan	18	Western-CT	4:08.41
4	Spetz, Nathan	17	Powel Crosley-OH	4:04.97
5	Gordon, JC	17	Lynchburg-VA	4:05.71
6	Lonsberry, Cody	15	Indian Valley-CT	4:11.26
7	Bracall, Nick	18	Spartanburg-SC	4:14.09
8	McFall, Campbell	17	Indian Valley-CT	4:15.91

Event 403 Women 50 LC Meter Butterfly

Championship: 27.24 7/22/2022 Alexa Fulton

Championship: 27.24 7/22/2022 Alexa Fulton

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Prelims Starts at 10:02 AM

1				
2				
3	Kidney, Victoria	18	Wheeling-WV	25.84Y
4	Kaplan, Phoebe	15	FanwoodScotch-NJ	33.80
5	Rynkiewicz, Bridget	17	LakelandHills-NJ	33.99
6				
7				
8				

Heat 2 of 9 Prelims Starts at 10:03 AM

1	Pitts, Emma	17	Hickory-NC	33.11
2	Lembo, Julia	14	Burbank-MA	32.67
3	Fusco, Francesca	15	Western-CT	32.09
4	MacLaren, Meghan	16	Western-CT	31.95
5	Foltz, Molly	17	UpperMainLine-PA	31.99
6	Panko, Hannah	17	R.C. Durr-KY	32.22
7	De Keukelaere, Ellie	16	LakelandHills-NJ	32.67
8	Cahill, Carly	16	Cheshire-CT	33.21

Heat 3 of 9 Prelims Starts at 10:04 AM

1	Willemsen, Olivia	18	Westfield-NJ	31.63
2	Hoffman, Ashlyn	17	Powel Crosley-OH	31.35
3	Parker, Allie	15	Spartanburg-SC	31.12
4	Lillis, Sydney	18	Wilton-CT	30.99
5	Abel, Maddie	16	U Perkiomen-PA	31.04
6	Barnard, Lulu	13	LakelandHills-NJ	31.31
7	Hanus, Lauren	15	Gtr Monmouth-NJ	31.35
8	Fox, Maddie	15	UpperMainLine-PA	31.76

Heat 4 of 9 Prelims Starts at 10:05 AM

1	Ruebusch, Morgan	15	Hickory-NC	30.94
2	Dwyer, Meghan	15	SummitBranch-NJ	30.88
3	McBlain, Grace	18	RidleyArea-PA	30.79
4	Sadri, Ali	15	ME Lyons-OH	30.62
5	Pontoriero, Maria	14	GtrSomersetCtyNJ	30.75
6	Viney, Gardner	18	Spartanburg-SC	30.81
7	Lee, Isabel	16	Wyckoff-NJ	30.89
8	Iyer, Anya	18	Wilton-CT	30.98

Heat 5 of 9 Prelims Starts at 10:06 AM

1	Huffman-Wynn, Maeley	16	Coffman - OH	30.53
2	Roberts, Lily	17	ME Lyons-OH	30.33
3	Freeman, Maya	15	Gtr Monmouth-NJ	30.32
4	Camillone, Maxine	16	Gtr Monmouth-NJ	30.22
5	Johnson, Natalie	18	Western Br-DE	30.23
6	Liwanag, Sophia	15	LakelandHills-NJ	30.33
7	Landers, Kaitlyn	16	Hamilton Area-NJ	30.43
8	Wills, Hailey	17	Powel Crosley-OH	30.60

Heat 6 of 9 Prelims Starts at 10:07 AM

1	McGann, Sarah	14	RidleyArea-PA	30.14
2	Havice, Julia	17	York-PA	30.03
3	McKirryher, Kylie	15	Cheshire-CT	29.96
4	Lan, Chloe	17	Annapolis-MD	29.84
5	Blankenship, Lily	18	ME Lyons-OH	29.89
6	Hoffman, Bella	18	Hunterdon-NJ	29.96
7	Kyre, Emily	16	South-OH	30.08
8	Doersch, Sofia	17	Western-CT	30.15

Heat 7 of 9 Prelims Starts at 10:08 AM

1	Hinson, Kaliyah	15	York-PA	29.62
2	Rourke, Meghan	18	Wyckoff-NJ	29.49
3	Kilponen, Anna	15	LakelandHills-NJ	28.86
4	Padilla, Kenzie	17	UpperMainLine-PA	27.87
5	Lawrence, Katie	16	Wyckoff-NJ	28.62
6	Everly, Karinne	17	Spartanburg-SC	29.31
7	Harkins, Nicki	17	GtrSomersetCtyNJ	29.55
8	Gillen, Mary	17	Madison-NJ	29.79

Heat 8 of 9 Prelims Starts at 10:09 AM

1	Piccinich, Izzi	16	Wyckoff-NJ	29.60
2	Frank, Carly	17	LakelandHills-NJ	29.37
3	Kudlac, Riley	18	East Hartford-CT	28.82
4	Headley, Mackenzie	16	FarmingtonVal-CT	27.68
5	Logan, Clare	17	FanwoodScotch-NJ	27.95
6	Baumgartner, Lily	16	Lima-OH	29.28
7	Montgomery, Ella	15	Down East-ME	29.54
8	Kongettira, Aanya	17	Wilton-CT	29.73

Heat 9 of 9 Prelims Starts at 10:10 AM

1	Washington, Amira	15	Gtr Monmouth-NJ	29.56
2	Wilson, Camrynn	18	Spartanburg-SC	29.31
3	Castro, Victoria	16	GtrSomersetCtyNJ	28.76
4	Fulton, Alexa	18	UpperMainLine-PA	27.24
5	Way, Emily	17	York-PA	27.87
6	Napier, Alyssa	15	Western Br-DE	28.90
7	Goger, Amelia	17	Annapolis-MD	29.52
8	Kim, Laura	16	FanwoodScotch-NJ	29.63

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 4 Prelims

Event 404 Men 50 LC Meter Butterfly

Championship:		24.18	7/30/2009	Tim Phillips
Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Prelims Starts at 10:11 AM				
1	McFadden, Ryan	18	Burbank-MA	25.76Y
2	Thompson, Noah	17	Ocean County-NJ	25.33Y
3	McDonough, Gaffney	16	Bath Area-ME	24.88Y
4	Easter, Zach	18	VA Blue Ridge-VA	29.86
5	Yost, Evan	17	Wheeling-WV	24.17Y
6	Sperling, Sam	15	UpperMainLine-PA	25.15Y
7	Tomasko, Anthony	16	Cheshire-CT	25.65Y
8				
Heat 2 of 11 Prelims Starts at 10:12 AM				
1	Moran, Brendan	16	Dancely-MD	29.07
2	Davis, Dalton	16	Spartanburg-SC	28.99
3	Wilson, Cole	14	Wyckoff-NJ	28.82
4	Cory, Daniel	18	Burbank-MA	28.80
5	Paterson, Henry	15	York-PA	28.81
6	Watson, Jack	17	Indian Valley-CT	28.96
7	Hall, Chris	15	Gtr Monmouth-NJ	29.07
8	Steimel, Bailey	16	West Chester-PA	29.60
Heat 3 of 11 Prelims Starts at 10:13 AM				
1	Hilliard, Finn	17	Lansdowne-PA	28.66
2	Matos, Brendan	17	Cheshire-CT	28.61
3	Chandgie, Wade	15	Spartanburg-SC	28.51
4	Malave, Dylan	17	Randolph-NJ	28.35
5	Swenson, Logan	16	FanwoodScotch-NJ	28.36
6	Doubek, Dean	18	Dancely-MD	28.54
7	Haddad, Benjamin	16	Western-CT	28.63
8	Stratton, Caeden	18	Spartanburg-SC	28.76
Heat 4 of 11 Prelims Starts at 10:14 AM				
1	DaSilva-Grondin, Zachary	17	Burbank-MA	28.18
2	Shewfelt, Finch	15	McGaw-IL	28.07
3	Kyre, Nathan	15	South-OH	28.00
4	Beck, Billy	15	UpperMainLine-PA	27.98
5	Duriseti, Vrishak	18	Wilton-CT	27.99
6	Ma, Ashton	17	FarmingtonVal-CT	28.05
7	Hershfeld, Tate	18	GtrSomersetCtyNJ	28.07
8	Gomez, AJ	16	Powel Crosley-OH	28.20
Heat 5 of 11 Prelims Starts at 10:15 AM				
1	Breikaa, Aly	17	Madison-NJ	27.92
2	Patterson, Bryce	17	Brandywine-DE	27.81
3	Welty, Max	16	Blue Ash-OH	27.77
4	Paterson, Aiden	18	York-PA	27.72
5	Nebrich, Luke	17	Rowan-NC	27.75
6	Summa, Gabe	17	Kennett&JvilleMA	27.80
7	Pham, Cory	16	Coffman - OH	27.83
8	Leighton, Andrew	18	Bath Area-ME	27.98

Heat 6 of 11 Prelims Starts at 10:16 AM

1	Walter, Aiden	18	Powel Crosley-OH	27.69
2	Oliveira, Josh	17	Western-CT	27.68
3	Wong, Caden	15	SummitBranch-NJ	27.60
4	Burke, Cooper	17	ME Lyons-OH	27.51
5	de Vries, Alex	16	UpperMainLine-PA	27.59
6	Kavanagh, Colin	18	FanwoodScotch-NJ	27.62
7	Adams, Chase	18	Gtr Monmouth-NJ	27.68
8	Grubelich, Tyler	18	FarmingtonVal-CT	27.71

Heat 7 of 11 Prelims Starts at 10:17 AM

1	Kennedy, Luke	18	RidleyArea-PA	27.48
2	Chan, Alex	17	RidleyArea-PA	27.40
3	Rhee, Nehemiah	17	Wyckoff-NJ	27.30
4	Daniele, Alex	17	FarmingtonVal-CT	27.22
5	Tasker, Amir	14	Chambersburg-PA	27.26
6	Mignery, Luke	15	Powel Crosley-OH	27.36
7	Kennedy, Jake	17	RidleyArea-PA	27.48
8	Jordan, Colin	19	Spartanburg-SC	27.49

Heat 8 of 11 Prelims Starts at 10:18 AM

1	Torres, Roman	15	York-PA	27.10
2	Calderone, Brandon	15	FanwoodScotch-NJ	27.06
3	Gibbons, Patrick	17	Powel Crosley-OH	27.00
4	Pong, Cristian	15	Chambersburg-PA	26.94
5	Buniowski, Kacper	17	GtrSomersetCtyNJ	26.98
6	Glatt, Landon	17	Blue Ash-OH	27.02
7	Schoelwer, Sean	18	Blue Ash-OH	27.07
8	Lee, Harrison	15	Wyckoff-NJ	27.17

Heat 9 of 11 Prelims Starts at 10:19 AM

1	Crowley, Phelim	16	Foothills-SC	26.71
2	Kilponen, Will	18	LakelandHills-NJ	26.57
3	Hidalgo, Carlos	18	York-PA	26.07
4	Redding, Zachary	18	Western Br-DE	25.30
5	Grisi, Chase	15	ME Lyons-OH	25.83
6	Batchelor, Kai	16	LakelandHills-NJ	26.51
7	Green, Nick	16	UpperMainLine-PA	26.66
8	Aguilar, Sebastian	16	Oshkosh-WI	26.89

Heat 10 of 11 Prelims Starts at 10:20 AM

1	Stakauskas, Andy	17	Powel Crosley-OH	26.69
2	Voss, Cooper	18	LakelandHills-NJ	26.55
3	Smiley, Drew	18	Spartanburg-SC	26.01
4	Welker, Nathan	18	York-PA	25.28
5	Eckler, Shane	17	RidleyArea-PA	25.67
6	Waibel, Owen	16	FanwoodScotch-NJ	26.33
7	Faraher, Collin	18	Madison-NJ	26.63
8	Vadakkan, Siddhant	17	Wyckoff-NJ	26.88

Heat 11 of 11 Prelims Starts at 10:21 AM

1	Lennon, Nick	16	Western Br-DE	26.69
2	Parker, Will	18	York-PA	26.51
3	Gould, Garrett	17	GtrSomersetCtyNJ	25.94
4	Condon, Luke	19	Gtr Monmouth-NJ	25.12
5	Rusnock, John	16	FarmingtonVal-CT	25.62
6	Mills, Jack	17	Lynchburg-VA	26.26
7	Rennard, Charlie	17	Gtr Monmouth-NJ	26.57
8	Jiang, Andy	16	AuglaizeMercerOH	26.79

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 4 Prelims

Event 405 Women 100 LC Meter Breaststroke**Championship:** 1:11.26 7/31/2009 KC Moss

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Prelims Starts at 10:22 AM

1				
2				
3	Behling, Ella	17	Western-CT	1:08.45Y
4	Fischer, Grace	17	Western-CT	1:08.41Y
5	Davidkhanian, Emma	16	SummitBranch-NJ	1:08.42Y
6				
7				
8				

Heat 2 of 9 Prelims Starts at 10:24 AM

1	Callahan, Margot	17	SummitBranch-NJ	1:08.38Y
2	Rieskamp, Corine	16	Powel Crosley-OH	1:08.27Y
3	Jurs, Anah	16	Spartanburg-SC	1:08.18Y
4	Iman, Evangeline	16	LakelandHills-NJ	1:07.93Y
5	Liwanag, Sophia	15	LakelandHills-NJ	1:08.04Y
6	Lewis, Brynn	15	Phoenixville-PA	1:08.20Y
7	Beverluis, Normandie	15	FanwoodScotch-NJ	1:08.33Y
8				

Heat 3 of 9 Prelims Starts at 10:25 AM

1	Mitchell, Lily	17	ME Lyons-OH	1:07.81Y
2	Fenton, Frances	16	Lynchburg-VA	1:07.70Y
3	Herlihy, Grace	15	West Chester-PA	1:07.37Y
4	Oravets, Sevanah	15	Gtr Monmouth-NJ	1:07.29Y
5	Zjawin, Victoria	17	LakelandHills-NJ	1:07.37Y
6	Basile, Jillian	17	Gtr Monmouth-NJ	1:07.54Y
7	Livingston, Claire	15	Kennett&JvilleMA	1:07.73Y
8	Oslislo, Hannah	17	Annapolis-MD	1:07.90Y

Heat 4 of 9 Prelims Starts at 10:27 AM

1	Sadowski, Maris	18	Phoenixville-PA	1:07.10Y
2	Robinson, Lily	18	UpperMainLine-PA	1:06.75Y
3	Luo, Tingting	14	GtrSomersetCtyNJ	1:06.08Y
4	Marco, Eliza	17	Bath Area-ME	1:06.06Y
5	Cadigan, Elle	16	FanwoodScotch-NJ	1:06.06Y
6	Gee, Victoria	16	FanwoodScotch-NJ	1:06.51Y
7	Ganger, Gracie	17	South-OH	1:06.92Y
8	Rhoge, Elana	17	Hamilton Area-NJ	1:07.19Y

Heat 5 of 9 Prelims Starts at 10:29 AM

1	Deeney, Maddy	16	Phoenixville-PA	1:05.55Y
2	Penny, Hayden	17	Spartanburg-SC	1:03.92Y
3	Speakman, Macey	16	Phoenixville-PA	1:18.87
4	Bass, Amelie	16	Hamilton Area-NJ	1:18.51
5	Davies, Zoe	17	LakelandHills-NJ	1:18.54
6	Donnelly, Noelle	14	Gtr Monmouth-NJ	1:18.94
7	Miller, Hadar	15	UpperMainLine-PA	1:05.05Y
8	Chow, Ying	16	FanwoodScotch-NJ	1:05.90Y

Heat 6 of 9 Prelims Starts at 10:31 AM

1	Starzman, Emme	16	Cheshire-CT	1:18.30
2	Sudol, Emily	15	GtrSomersetCtyNJ	1:18.12
3	Davies, Alexia	12	LakelandHills-NJ	1:17.94
4	Robinson, Meghan	17	GtrSomersetCtyNJ	1:17.71
5	Jernigan, Hania	13	Hamilton Area-NJ	1:17.78
6	Cooper, Addison	14	West Chester-PA	1:18.07
7	Kwarcinski, Alexa	16	Western-CT	1:18.20
8	Carmella, Keira	14	West Chester-PA	1:18.30

Heat 7 of 9 Prelims Starts at 10:33 AM

1	Burns, Claire	13	Spartanburg-SC	1:17.28
2	Palmer, Sarah	18	Bath Area-ME	1:16.88
3	Paluska, Annika	17	East Hartford-CT	1:16.39
4	Hunt, Grace	16	Spartanburg-SC	1:12.92
5	Headley, Mackenzie	16	FarmingtonVal-CT	1:14.51
6	Reilly, Reese	15	Blue Ash-OH	1:16.51
7	Brodowicz, Milena	15	East Hartford-CT	1:17.12
8	Kiss, Eszter	17	GtrSomersetCtyNJ	1:17.63

Heat 8 of 9 Prelims Starts at 10:34 AM

1	Fisher, Paige	16	UpperMainLine-PA	1:17.21
2	Tray, Kaya	17	Cheshire-CT	1:16.72
3	Neno, Natalie	16	Gtr Monmouth-NJ	1:15.70
4	Franklin, Delaney	18	Spartanburg-SC	1:12.16
5	Constable, Emily	17	FanwoodScotch-NJ	1:13.96
6	Goret, Maddie	15	FanwoodScotch-NJ	1:16.49
7	Dolan, Reilly	15	UpperMainLine-PA	1:17.03
8	McGuinness, Eve	16	Gtr Monmouth-NJ	1:17.56

Heat 9 of 9 Prelims Starts at 10:36 AM

1	Gao, Emily	17	GtrSomersetCtyNJ	1:17.17
2	Curtis, Grace	15	UpperMainLine-PA	1:16.58
3	Byers, Caroline	16	Spartanburg-SC	1:15.46
4	Sharma, Meghan	17	GtrSomersetCtyNJ	1:12.12
5	Yacoviello, Molly	16	York-PA	1:13.47
6	Herbert, Julia	16	Western-CT	1:16.40
7	Barton, Alison	17	Madison-NJ	1:16.91
8	Niemczyk, Jocie	16	Indian Valley-CT	1:17.51

Event 406 Men 100 LC Meter Breaststroke**Championship:** 1:02.64 8/3/2017 Maxwell McHugh

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims Starts at 10:38 AM

1				
2	Boeckx, Eric	18	RidleyArea-PA	1:01.38Y
3	Kwon, Ethan	17	SummitBranch-NJ	1:01.30Y
4	Harter, Eric	18	U Perkiomen-PA	1:01.08Y
5	MacMillan, Jack	16	GtrSomersetCtyNJ	1:01.08Y
6	Faraher, Collin	18	Madison-NJ	1:01.37Y
7	Easter, Zach	18	VA Blue Ridge-VA	1:01.40Y
8				

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 4 Prelims

Heat 2 Prelims (#406 Men 100 LC Meter Breaststroke)

1	Poag, Jack	19	Sumter-SC	1:00.99Y
2	Summers, Evan	14	E.Lycoming-PA	1:00.96Y
3	Abeyasinghe, Anuthra	15	Madison-NJ	1:00.73Y
4	Sauls, Matthew	16	FanwoodScotch-NJ	1:00.65Y
5	Hariegel, Josh	17	Gtr Monmouth-NJ	1:00.72Y
6	Yang, Arthur	17	Dancely-MD	1:00.74Y
7	Green, Brayden	17	Cheshire-CT	1:00.99Y
8	Sadowski, Blaise	16	UpperMainLine-PA	1:01.05Y

Heat 3 of 12 Prelims Starts at 10:41 AM

1	Verb, Riley	18	Putnam-OH	1:00.57Y
2	Petersen, Andrew	14	Gtr Monmouth-NJ	1:00.35Y
3	Chan, Alex	17	RidleyArea-PA	59.94Y
4	Roman, Grady	17	Spartanburg-SC	59.37Y
5	Chang, Ransom	17	Madison-NJ	59.82Y
6	Saunders, Aidan	17	Bath Area-ME	1:00.14Y
7	Tith, Sebastian	14	UpperMainLine-PA	1:00.45Y
8	Chang, Atticus	18	Madison-NJ	1:00.63Y

Heat 4 of 12 Prelims Starts at 10:43 AM

1	Dentino, Dante	17	Gtr Monmouth-NJ	58.15Y
2	Davis, Dalton	16	Spartanburg-SC	1:11.91
3	Brooks, Dalton	14	LakelandHills-NJ	1:11.88
4	Liu, Mason	16	Westfield-NJ	1:11.81
5	Sellinger, Drew	15	Gtr Monmouth-NJ	1:11.88
6	Clauditz, Niklas	16	Spartanburg-SC	1:11.90
7	Ko, Colin	17	LakelandHills-NJ	1:11.93
8	Young, Robert	18	GtrSomersetCtyNJ	58.93Y

Heat 5 of 12 Prelims Starts at 10:45 AM

1	Hjelman, Layton	16	York-PA	1:11.78
2	Schoelwer, Sean	18	Blue Ash-OH	1:11.76
3	Lagrimas, Dylan	15	FanwoodScotch-NJ	1:11.71
4	Reiman, Grady	15	Phoenixville-PA	1:11.61
5	Moffatt, Cooper	16	LakelandHills-NJ	1:11.66
6	Torres, Roman	15	York-PA	1:11.74
7	O'Leary, Michael	17	York-PA	1:11.77
8	Kyre, Nathan	15	South-OH	1:11.78

Heat 6 of 12 Prelims Starts at 10:46 AM

1	Tao, Quentin	18	GtrSomersetCtyNJ	1:11.50
2	Johnson, Connor	15	LakelandHills-NJ	1:11.42
3	Regan, Bobby	15	Western-CT	1:11.39
4	Stefanowicz, Milo	15	Gtr Monmouth-NJ	1:11.23
5	Newcomb, Jackson	15	AuglaizeMercerOH	1:11.39
6	Johnson, Noah	17	Kishwaukee-IL	1:11.41
7	Glatt, Landon	17	Blue Ash-OH	1:11.49
8	Detwiler, Sean	15	Chambersburg-PA	1:11.52

Heat 7 of 12 Prelims Starts at 10:48 AM

1	Crall, Will	18	FanwoodScotch-NJ	1:11.22
2	Huang, Alex	14	Wyckoff-NJ	1:11.01
3	Leary, Sean	18	FarmingtonVal-CT	1:10.91
4	Savage, Caleb	19	South-OH	1:10.81
5	Young, Patrick	17	Grove City-PA	1:10.86
6	Lancaster, Will	14	Spartanburg-SC	1:10.93
7	Ochoa, Aidan	17	Randolph-NJ	1:11.22
8	Wong, Christian	17	GtrSomersetCtyNJ	1:11.22

Heat 8 of 12 Prelims Starts at 10:50 AM

1	McEnroe, Finn	14	Spartanburg-SC	1:10.66
2	Hensley, Max	17	Lancaster-OH	1:10.60
3	Simon, Elliot	14	South-OH	1:10.33
4	Giesselbach, Danny	18	York-PA	1:10.28
5	Keane, Logan	17	Western-CT	1:10.29
6	Bien, Liam	16	ME Lyons-OH	1:10.50
7	Katz, Noah	18	Kennebec-ME	1:10.62
8	Liwanag, Aidan	18	LakelandHills-NJ	1:10.77

Heat 9 of 12 Prelims Starts at 10:51 AM

1	Kutufaris, Ben	18	RidleyArea-PA	1:09.57
2	Henry, Christian	16	York-PA	1:09.41
3	Fernandez, John	16	South Shore-MA	1:09.34
4	Christenson, Matthew	19	Miami County-OH	1:09.28
5	Franklin, Brayden	16	Spartanburg-SC	1:09.32
6	Beverini, Gabriele	16	GtrSomersetCtyNJ	1:09.36
7	Nowoswiat, Jake	15	UpperMainLine-PA	1:09.48
8	Harmon, Owen	15	Spartanburg-SC	1:10.01

Heat 10 of 12 Prelims Starts at 10:53 AM

1	Fenton, Thomas	17	Lynchburg-VA	1:08.75
2	Connolly, Max	18	LakelandHills-NJ	1:07.94
3	Dinesh, Ian	16	FanwoodScotch-NJ	1:07.29
4	Karahalis, Alexander	18	Western Br-DE	1:05.91
5	Stevens, Aaron	16	Western Br-DE	1:06.55
6	Mui, Carter	17	Pocono-PA	1:07.90
7	Hensley, Jack	15	Lancaster-OH	1:08.35
8	Schonfelder, Max	16	Lynchburg-VA	1:09.06

Heat 11 of 12 Prelims Starts at 10:55 AM

1	Stenken, Cooper	16	Powel Crosley-OH	1:08.58
2	Green, Mason	18	UpperMainLine-PA	1:07.93
3	Austin, Nick	17	South Shore-MA	1:07.09
4	Lin, Gregory	17	Gtr Monmouth-NJ	1:05.37
5	Parker, Will	18	York-PA	1:06.09
6	Yukhvid, Gregory	16	GtrSomersetCtyNJ	1:07.72
7	Keyes, Jake	18	Friendship-PA	1:08.27
8	Granin, Michael	17	Wyckoff-NJ	1:08.93

Heat 12 of 12 Prelims Starts at 10:56 AM

1	Cao, Kevin	16	GtrSomersetCtyNJ	1:08.52
2	McGeehan, Tyler	16	FanwoodScotch-NJ	1:07.90
3	Hang, Kai	17	U Perkiomen-PA	1:06.58
4	Gaerthofner, Drew	16	Oshkosh-WI	1:04.20
5	Seong, Daniel	16	Wyckoff-NJ	1:05.95
6	Fatta, Kaden	16	York-PA	1:07.71
7	Kelty, Sean	18	Hickory-NC	1:08.05
8	Fournier, Ian	17	Kennebec-ME	1:08.80

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 4 Prelims

Event 407 Women 100 LC Meter Backstroke**Championship: 1:01.99 7/22/2022 Clare Logan**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Prelims Starts at 10:58 AM

1	Noll, Natalie	15	MonValley-PA	59.49Y
2	McKenzie, Lanie	18	Brandywine-DE	59.43Y
3	Rentosa, Gabby	16	Down East-ME	59.27Y
4	Hoffman, Ashlyn	17	Powel Crosley-OH	59.03Y
5	Wolbert, Sydney	15	Pocono-PA	59.13Y
6	McEnroe, Teagan	16	Spartanburg-SC	59.38Y
7	Duprey, Caitrin	15	Nashua-NH	59.49Y
8	Hoffman, Bella	18	Hunterdon-NJ	59.55Y

Heat 2 of 9 Prelims Starts at 11:00 AM

1	Scott, Alivia	17	Powel Crosley-OH	58.99Y
2	Panko, Hannah	17	R.C. Durr-KY	58.94Y
3	Montgomery, Ella	15	Down East-ME	58.52Y
4	Obszarny, Amelia	17	Gtr Monmouth-NJ	58.34Y
5	Washington, Amira	15	Gtr Monmouth-NJ	58.35Y
6	Gojakovic, Vanya	14	McGaw-IL	58.55Y
7	Christie, Ayva	16	RidleyArea-PA	58.97Y
8	Kavanagh, Jane	13	FanwoodScotch-NJ	59.01Y

Heat 3 of 9 Prelims Starts at 11:02 AM

1	McBlain, Grace	18	RidleyArea-PA	58.02Y
2	Moesch, Anna	17	GtrSomersetCtyNJ	55.64Y
3	Ritter, Catherine	16	FanwoodScotch-NJ	1:09.49
4	Derr, Lola	14	Springfield-OH	1:09.48
5	Pontoriero, Maria	14	GtrSomersetCtyNJ	1:09.48
6	Hayes, Callie	15	South-OH	1:09.51
7	Despeaux, Addyson	15	RidleyArea-PA	57.40Y
8	Sadowski, Maris	18	Phoenixville-PA	58.17Y

Heat 4 of 9 Prelims Starts at 11:03 AM

1	Sowka, Brooke	17	East Hartford-CT	1:09.36
2	Uku, Mya	15	FanwoodScotch-NJ	1:09.22
3	Lee, Isabel	16	Wyckoff-NJ	1:08.91
4	Jeffers, Teagen	17	Nashua-NH	1:08.68
5	Leishman, Taylor	13	Wyckoff-NJ	1:08.74
6	Fusco, Francesca	15	Western-CT	1:09.20
7	Wentzel, Hannah	17	South-OH	1:09.29
8	Graeter, Megan	15	Burbank-MA	1:09.47

Heat 5 of 9 Prelims Starts at 11:05 AM

1	Fox, Maddie	15	UpperMainLine-PA	1:08.64
2	Aguanno, Ava	14	Gtr Monmouth-NJ	1:08.58
3	Tzouvelekas, Eva	17	Spartanburg-SC	1:08.55
4	Kudlac, Riley	18	East Hartford-CT	1:08.38
5	Eckert, Jayla	15	York-PA	1:08.45
6	Kyre, Emily	16	South-OH	1:08.56
7	Sarvis, Isabella	16	Spartanburg-SC	1:08.61
8	Del Rosario, Xiomara	15	Chambersburg-PA	1:08.65

Heat 6 of 9 Prelims Starts at 11:07 AM

1	Johnson, Eliza	15	Western Br-DE	1:08.32
2	Latimer, Mia	18	Powel Crosley-OH	1:08.23
3	Yousuf, Sophia	17	LakelandHills-NJ	1:08.19
4	Rauhauser, Ashley	17	York-PA	1:07.93
5	MacLaren, Meghan	16	Western-CT	1:07.94
6	Haas, Keira	18	UpperMainLine-PA	1:08.21
7	Beverini, Giulia	17	GtrSomersetCtyNJ	1:08.26
8	Hummel, Meredith	14	Phoenixville-PA	1:08.34

Heat 7 of 9 Prelims Starts at 11:09 AM

1	Kidney, Victoria	18	Wheeling-WV	1:07.65
2	Dugan, Samantha	18	Gtr Monmouth-NJ	1:06.97
3	Tenhundfeld, Emma	16	South-OH	1:06.04
4	Thompson, Emily	17	GtrSomersetCtyNJ	1:02.96
5	Holliday, Charlotte	18	GtrSomersetCtyNJ	1:04.95
6	Milhomens, Sophie	17	Cheshire-CT	1:06.71
7	Baumgartner, Lily	16	Lima-OH	1:07.34
8	Zeinert, Samara	16	Oshkosh-WI	1:07.92

Heat 8 of 9 Prelims Starts at 11:11 AM

1	O'Toole, Maggie	17	ME Lyons-OH	1:07.57
2	Lane, Lauren	18	FanwoodScotch-NJ	1:06.96
3	Clippard, Lauren	19	Powel Crosley-OH	1:05.86
4	Logan, Clare	17	FanwoodScotch-NJ	1:01.99
5	Bendokas, Tessa	18	Gtr Monmouth-NJ	1:04.57
6	Somers, Alexandra	17	Hamilton Area-NJ	1:06.67
7	Sluk, Vicky	13	LakelandHills-NJ	1:07.19
8	Richards, Erin	16	FarmingtonVal-CT	1:07.90

Heat 9 of 9 Prelims Starts at 11:13 AM

1	Scott, Addie	18	Kennett&JvilleMA	1:07.46
2	Krutiy, Sophia	14	Burbank-MA	1:06.75
3	Kubiak, Mary	18	RidleyArea-PA	1:05.70
4	Shackley, Leah	17	Blair-PA	59.55
5	Sargent, Devyn	17	UpperMainLine-PA	1:03.71
6	Luniushina, Kseniia	17	Pocono-PA	1:06.60
7	Havice, Julia	17	York-PA	1:07.04
8	Beauchene, Katherine	16	FarmingtonVal-CT	1:07.73

Event 408 Men 100 LC Meter Backstroke**Championship: 54.74 7/22/2022 Daniel Diehl**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Prelims Starts at 11:14 AM

1				
2				
3	Chauhan, Shreyas	17	SummitBranch-NJ	54.34Y
4	Gauthier, Michael	17	Cheshire-CT	54.13Y
5	Croghan, Nick	17	York-PA	54.14Y
6				
7				
8				

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 4 Prelims

Heat 2 Prelims (#408 Men 100 LC Meter Backstroke)

1	Widzisz, Owen	17	Lynchburg-VA	54.11Y
2	Mckatten, Zach	16	LakelandHills-NJ	53.86Y
3	Wright, Cam	16	Spartanburg-SC	53.81Y
4	Lilley, Joey	17	Spartanburg-SC	53.68Y
5	Miller, Patrick	17	Westfield-NJ	53.73Y
6	Mekrami, Adam	16	Gtr Monmouth-NJ	53.84Y
7	McMasters, Will	16	Lancaster-OH	53.93Y
8				

Heat 3 of 11 Prelims Starts at 11:18 AM

1	Roer, Tyler	16	LakelandHills-NJ	53.63Y
2	Yost, Evan	17	Wheeling-WV	53.44Y
3	Calderone, Brandon	15	FanwoodScotch-NJ	53.26Y
4	Frank, Aaron	15	FanwoodScotch-NJ	1:03.96
5	Rhee, Nehemiah	17	Wyckoff-NJ	52.70Y
6	Arnold, Jady	18	Kennebec-ME	53.37Y
7	Bonfils, Marceau	17	ME Lyons-OH	53.62Y
8	Leighton, Andrew	18	Bath Area-ME	53.66Y

Heat 4 of 11 Prelims Starts at 11:19 AM

1	Crowley, Phelim	16	Foothills-SC	1:03.86
2	Martin, Shane	15	UpperMainLine-PA	1:03.82
3	Gomez, AJ	16	Powel Crosley-OH	1:03.73
4	Abd, Lucas	16	Hunterdon-NJ	1:03.64
5	Tomasko, Anthony	16	Cheshire-CT	1:03.72
6	Sperling, Sam	15	UpperMainLine-PA	1:03.79
7	Doubek, Dean	18	Dancely-MD	1:03.85
8	Milhomens, Joey	15	Cheshire-CT	1:03.90

Heat 5 of 11 Prelims Starts at 11:21 AM

1	Burk, Kyle	14	Kennett&JvilleMA	1:03.63
2	Walt, Austin	16	Wilton-CT	1:03.50
3	Gutierrez, Chris	16	LakelandHills-NJ	1:03.46
4	Fleming, Grant	14	West Chester-PA	1:03.45
5	Kirby, Connor	15	UpperMainLine-PA	1:03.46
6	Gessner, Drew	17	Miami County-OH	1:03.50
7	Woerner, Davis	18	UpperMainLine-PA	1:03.52
8	Regan, Bobby	15	Western-CT	1:03.64

Heat 6 of 11 Prelims Starts at 11:23 AM

1	Pong, Cristian	15	Chambersburg-PA	1:03.36
2	Patrick, Gavin	16	Wyckoff-NJ	1:03.29
3	Bengard, Jack	15	Spartanburg-SC	1:03.23
4	North, Jack	17	Spartanburg-SC	1:03.06
5	Jun, Matthew	13	Wyckoff-NJ	1:03.12
6	Clippard, Andrew	16	Powel Crosley-OH	1:03.23
7	Austin, Nick	17	South Shore-MA	1:03.35
8	Dripchak, Kyle	15	FanwoodScotch-NJ	1:03.39

Heat 7 of 11 Prelims Starts at 11:25 AM

1	XU, Cyrus	15	FarmingtonVal-CT	1:02.90
2	Lawrence, Zach	15	Goldsboro-NC	1:02.86
3	Watson, Jack	17	Indian Valley-CT	1:02.80
4	Rees, Jonah	17	York-PA	1:02.77
5	Kwon, Eric	16	Wyckoff-NJ	1:02.80
6	Iyer, Hirsh	15	Wilton-CT	1:02.85
7	McGraw, Cullen	14	Chambersburg-PA	1:02.87
8	Patterson, Bryce	17	Brandywine-DE	1:03.05

Heat 8 of 11 Prelims Starts at 11:26 AM

1	Breikaa, Aly	17	Madison-NJ	1:02.70
2	Verga, Cole	18	Hamilton Area-NJ	1:02.37
3	Rowan, Riley	17	Spartanburg-SC	1:02.08
4	Hoole, Jonathan	16	RidleyArea-PA	1:02.01
5	Cheng, Johnathon	16	Wyckoff-NJ	1:02.01
6	Aiken, Will	16	Spartanburg-SC	1:02.19
7	Brady, Noah	16	Blue Ash-OH	1:02.57
8	Hidalgo, Jomar	14	York-PA	1:02.75

Heat 9 of 11 Prelims Starts at 11:28 AM

1	Zalewski, Peter	16	Cheshire-CT	1:01.86
2	Moul, Tommy	18	UpperMainLine-PA	1:00.84
3	Meyers, Hayden	16	ME Lyons-OH	59.97
4	Welker, Nathan	18	York-PA	57.50
5	Gould, Garrett	17	GtrSomersetCtyNJ	59.05
6	Beeson, Jimmy	15	Spartanburg-SC	1:00.44
7	Pham, Colin	18	Coffman - OH	1:01.36
8	Skibo, Sam	16	Wyckoff-NJ	1:02.00

Heat 10 of 11 Prelims Starts at 11:30 AM

1	Owens, Jay	16	Foothills-SC	1:01.57
2	Stabach, Oliver	16	Indian Valley-CT	1:00.80
3	Kohl, Rayburn	16	McGaw-IL	59.41
4	Barnicle, Kenneth	16	GtrSomersetCtyNJ	56.01
5	Anbar, Kalen	18	New Canaan-CT	58.79
6	Reddy, Raaghav	17	GtrSomersetCtyNJ	1:00.31
7	Turley, Ben	17	Burlington Co-NJ	1:01.34
8	Ronayne, Tristan	17	RidleyArea-PA	1:01.99

Heat 11 of 11 Prelims Starts at 11:32 AM

1	Ferroni, Ethan	17	York-PA	1:01.52
2	Wilkens, Bryce	18	Gtr Monmouth-NJ	1:00.48
3	Kennedy, Jake	17	RidleyArea-PA	59.20
4	Diehl, Daniel	17	Cumberland-MD	53.07
5	Horan, Peter	17	Western-CT	58.03
6	Rusnock, John	16	FarmingtonVal-CT	1:00.09
7	Kuenzel, Hunter	17	Gtr Monmouth-NJ	1:01.24
8	Gustavsson, Leo	16	Blue Ash-OH	1:01.95

Event 409 Women 800 LC Meter Freestyle Relay

Championship: 8:20.61 7/26/2012 Middle Tyger YMCA

H Lips, K Knopka, A Galyer, A Gillig

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals - Swimming with Finals

1	East Hartford-CT	8:42.59
2	FanwoodScotch-NJ	8:38.02
3	York-PA	8:33.23
4	GtrSomersetCtyNJ	8:21.62
5	UpperMainLine-PA	8:30.25
6	Spartanburg-SC	8:35.10
7	Gtr Monmouth-NJ	8:38.83
8	LakelandHills-NJ	8:50.15

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 4 Prelims

Heat 2 Finals (#409 Women 800 LC Meter Freestyle Relay)

1	RidleyArea-PA	7:46.37Y
2	Powel Crosley-OH	7:39.59Y
3	Cheshire-CT	8:56.36
4	ME Lyons-OH	8:53.96
5	Oshkosh-WI	8:55.95
6	Wyckoff-NJ	8:57.19
7	Wilton-CT	7:41.08Y
8	South-OH	7:48.48Y

Heat 3 of 3 Finals Starts at 11:48 AM Event 410, Heat 3 will swim with Event 409, Heat 3

1		
2	Phoenixville-PA	7:50.31Y
3	Hamilton Area-NJ	7:48.81Y
4	Western Br-DE	7:49.48Y
5		
6		
7		
8		

Event 410 Men 800 LC Meter Freestyle Relay

Championship: 7:39.91 7/31/2014 Countryside - OH

G House, K George, R Westrick, M Slabe

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals - Swimming with Finals

1	York-PA	8:00.11
2	Indian Valley-CT	7:59.55
3	Spartanburg-SC	7:56.47
4	Lynchburg-VA	7:50.03
5	GtrSomersetCtyNJ	7:51.06
6	Gtr Monmouth-NJ	7:57.43
7	LakelandHills-NJ	8:00.02
8	FanwoodScotch-NJ	8:03.88

Heat 2 of 3 Finals Starts at 11:57 AM

1	Blue Ash-OH	8:11.78
2	Wyckoff-NJ	8:09.69
3	ME Lyons-OH	8:06.88
4	Chambersburg-PA	8:05.08
5	UpperMainLine-PA	8:06.27
6	Powel Crosley-OH	8:06.92
7	FarmingtonVal-CT	8:09.78
8	RidleyArea-PA	6:51.87Y

Heat 3 of 3 Finals Starts at 12:06 PM

1		
2		
3		
4		
5		
6	Springfield-OH	7:03.02Y
7	Western Br-DE	6:54.06Y
8	Cheshire-CT	7:04.51Y