

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 3 Finals

Event 301 Women 400 LC Meter IM**Championship:** 4:49.32 8/2/2017 Leah Braswell**Lane Name Age Team Prelims****Heat 1 B - Final**

1	Marino, Josie	14	Wyckoff-NJ	5:12.58
2	Beauchene, Katherine	16	FarmingtonVal-CT	5:11.49
3	Phifer, Izzy	15	York-PA	5:10.62
4	Walsh, Aivleen	15	York-PA	5:08.18
5	Sargent, Devyn	17	UpperMainLine-PA	5:10.20
6	Potteiger, McKenna	17	York-PA	5:11.37
7	Dickey, Serena	14	LakelandHills-NJ	5:11.84
8	Fox, Sarah	17	UpperMainLine-PA	5:12.62

Heat 2 A - Final

1	Hastings, Virginia	18	Wilton-CT	5:06.26
2	Yacoviello, Molly	16	York-PA	5:05.95
3	Sherratt, Billie	17	FanwoodScotch-NJ	5:04.80
4	Moesch, Anna	17	GtrSomersetCtyNJ	5:01.07
5	Maltsev, Erica	16	GtrSomersetCtyNJ	5:02.94
6	Fitzgerald, Katelyn	18	Western Br-DE	5:04.86
7	Schneider, Zoe	18	York-PA	5:06.03
8	Franklin, Delaney	18	Spartanburg-SC	5:07.20

Heat 3 C - Final

1	Ladd, Caelan	16	West Chester-PA	5:18.69
2	Cinson, Kathryn	15	Hickory-NC	5:15.77
3	Eldridge, Dylann	17	Gtr Monmouth-NJ	5:14.51
4	Folcomer, Tiffany	16	York-PA	5:13.58
5	Byers, Caroline	16	Spartanburg-SC	5:13.64
6	Edge, Riley	16	GtrSomersetCtyNJ	5:15.76
7	Yousuf, Sophia	17	LakelandHills-NJ	5:17.79
8	De Keukelaere, Ellie	16	LakelandHills-NJ	5:19.25

Alternates

1	Sutphin, Audrina	14	ME Lyons-OH	5:19.42
2	Fisher, Paige	16	UpperMainLine-PA	5:19.65

Heat 4 D - Final

1				
2				
3	Miller, Hadar	15	UpperMainLine-PA	5:21.54
4	Sutphin, Audrina	14	ME Lyons-OH	5:19.42
5	Sudol, Emily	15	GtrSomersetCtyNJ	5:20.74
6	Curtis, Grace	15	UpperMainLine-PA	5:21.89
7				
8				

Event 302 Men 400 LC Meter IM**Championship:** 4:25.27 8/1/2018 Matt Fallon**Lane Name Age Team Prelims****Heat 1 B - Final**

1	Ruffer, Max	15	GtrSomersetCtyNJ	4:48.54
2	Iturbe Cosano, Riqui	16	GtrSomersetCtyNJ	4:48.07
3	Godino, Dan	18	Western-CT	4:46.36
4	Franklin, Brayden	16	Spartanburg-SC	4:44.23
5	Ternes, Maddex	15	Spartanburg-SC	4:44.85
6	Prevatte, Jake	18	Spartanburg-SC	4:48.07
7	Ronayne, Tristan	17	RidleyArea-PA	4:48.07
8	Nowoswiat, Jake	15	UpperMainLine-PA	4:49.99

Heat 2 A - Final

1	Stull, Oliver	16	Spartanburg-SC	4:43.74
2	Fatta, Kaden	16	York-PA	4:42.26
3	Kelty, Sean	18	Hickory-NC	4:39.69
4	Barnicle, Kenneth	16	GtrSomersetCtyNJ	4:36.78
5	Markowitz, Owen	17	LakelandHills-NJ	4:39.05
6	Spetz, Nathan	17	Powel Crosley-OH	4:40.49
7	Bracall, Nick	18	Spartanburg-SC	4:43.35
8	Hensley, Jack	15	Lancaster-OH	4:44.15

Heat 3 C - Final

1	Wong, Caden	15	SummitBranch-NJ	4:53.70
2	O'Leary, Michael	17	York-PA	4:52.46
3	Schwalm, Grant	17	York-PA	4:51.27
4	Zalewski, Peter	16	Cheshire-CT	4:50.28
5	Henry, Christian	16	York-PA	4:50.74
6	Rees, Jonah	17	York-PA	4:51.95
7	Ritchie, Jed	17	Chambersburg-PA	4:52.78
8	North, Jack	17	Spartanburg-SC	4:53.73

Alternates

1	Wright, Cam	16	Spartanburg-SC	4:53.95
2	Milhomens, Joey	15	Cheshire-CT	4:54.39

Heat 4 D - Final

1				
2	Harmon, Owen	15	Spartanburg-SC	4:57.58
3	Regan, Bobby	15	Western-CT	4:56.88
4	Milhomens, Joey	15	Cheshire-CT	4:54.39
5	McGraw, Cullen	14	Chambersburg-PA	4:54.45
6	Brooks, Dalton	14	LakelandHills-NJ	4:57.01
7	Kelty, Max	14	Hickory-NC	5:06.34
8				

Event 303 Women 50 LC Meter Backstroke**Championship:** 28.61 7/25/2023 Clare Logan**Lane Name Age Team Prelims****Heat 1 B - Final**

1	Despeaux, Addyson	15	RidleyArea-PA	31.41
2	Clippard, Lauren	19	Powel Crosley-OH	31.39
3	Kubiak, Mary	18	RidleyArea-PA	31.34
4	Washington, Amira	15	Gtr Monmouth-NJ	31.21
5	Truskett, Flynn	18	UpperMainLine-PA	31.22
6	Eckert, Jayla	15	York-PA	31.35
7	Zeinert, Samara	16	Oshkosh-WI	31.40
8	Sarvis, Isabella	16	Spartanburg-SC	31.44

Heat 2 A - Final

1	Latimer, Mia	18	Powel Crosley-OH	31.01
2	Sluk, Vicky	13	LakelandHills-NJ	30.74
3	Luniushina, Kseniia	17	Pocono-PA	30.23
4	Logan, Clare	17	FanwoodScotch-NJ	29.23
5	Sargent, Devyn	17	UpperMainLine-PA	29.77
6	Holliday, Charlotte	18	GtrSomersetCtyNJ	30.28
7	Kidney, Victoria	18	Wheeling-WV	30.85
8	Tenhundfeld, Emma	16	South-OH	31.07

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 3 Finals

Heat 3 C - Final (#303 Women 50 LC Meter Backstroke)

1	Beauchene, Katherine	16	FarmingtonVal-CT	31.67
2	Dugan, Samantha	18	Gtr Monmouth-NJ	31.61
3	Milhomens, Sophie	17	Cheshire-CT	31.51
4	Johnson, Eliza	15	Western Br-DE	31.45
5	O'Toole, Maggie	17	ME Lyons-OH	31.46
6	Scott, Addie	18	Kennett&JvilleMA	31.56
7	Aguanno, Ava	14	Gtr Monmouth-NJ	31.66
8	Rauhauser, Ashley	17	York-PA	31.73

Alternates

1	Lane, Lauren	18	FanwoodScotch-NJ	31.73
2	Haas, Keira	18	UpperMainLine-PA	31.78

Heat 4 D - Final

1	Noll, Natalie	15	MonValley-PA	32.52
2	Gojakovic, Vanya	14	McGaw-IL	32.30
3	Uku, Mya	15	FanwoodScotch-NJ	32.13
4	Del Rosario, Xiomara	15	Chambersburg-PA	31.96
5	Kavanagh, Jane	13	FanwoodScotch-NJ	32.08
6	Pontoriero, Maria	14	GtrSomersetCtyNJ	32.21
7	Bucio, Bella	15	AuglaizeMercerOH	32.45
8	Leishman, Taylor	13	Wyckoff-NJ	32.63

Alternates

1	Montgomery, Ella	15	Down East-ME	32.82
2	Fusco, Francesca	15	Western-CT	32.85

Event 304 Men 50 LC Meter Backstroke

Championship: 25.32 7/21/2022 Daniel Diehl

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 B - Final

1	Stevens, Aaron	16	Western Br-DE	27.92
2	Hoole, Jonathan	16	RidleyArea-PA	27.85
3	Lilley, Joey	17	Spartanburg-SC	27.78
4	Patrick, Gavin	16	Wyckoff-NJ	27.67
5	Reddy, Raaghav	17	GtrSomersetCtyNJ	27.76
6	Rowan, Riley	17	Spartanburg-SC	27.84
7	Meyers, Hayden	16	ME Lyons-OH	27.88
8	Hidalgo, Carlos	18	York-PA	28.10

Heat 2 A - Final

1	Kavanagh, Colin	18	FanwoodScotch-NJ	27.19
2	Gaerthofner, Drew	16	Oshkosh-WI	27.04
3	Kennedy, Jake	17	RidleyArea-PA	26.85
4	Horan, Peter	17	Western-CT	26.10
5	Eckler, Shane	17	RidleyArea-PA	26.84
6	Johnson, Connor	15	LakelandHills-NJ	26.90
7	Condon, Luke	19	Gtr Monmouth-NJ	27.19
8	Kohl, Rayburn	16	McGaw-IL	27.43

Heat 3 C - Final

1	Turley, Ben	17	Burlington Co-NJ	28.72
2	Gessner, Drew	17	Miami County-OH	28.68
3	Tomasko, Anthony	16	Cheshire-CT	28.50
4	Wilkens, Bryce	18	Gtr Monmouth-NJ	28.25
5	Kirby, Connor	15	UpperMainLine-PA	28.25
6	Breikaa, Aly	17	Madison-NJ	28.52
7	North, Jack	17	Spartanburg-SC	28.72
8	Cheng, Johnathon	16	Wyckoff-NJ	28.75

Alternates

1	Hidalgo, Jomar	14	York-PA	28.85
2	Owens, Jay	16	Foothills-SC	28.86

Heat 4 D - Final

1	Pong, Cristian	15	Chambersburg-PA	29.31
2	Sperling, Sam	15	UpperMainLine-PA	29.23
3	Frank, Aaron	15	FanwoodScotch-NJ	29.12
4	Hidalgo, Jomar	14	York-PA	28.85
5	Bengard, Jack	15	Spartanburg-SC	28.98
6	Fleming, Grant	14	West Chester-PA	29.19
7	Dripchak, Kyle	15	FanwoodScotch-NJ	29.26
8	Burk, Kyle	14	Kennett&JvilleMA	29.34

Alternates

1	Martin, Shane	15	UpperMainLine-PA	29.38
2	Iyer, Hirsh	15	Wilton-CT	29.58

Event 305 Women 100 LC Meter Butterfly

Championship: 58.40 7/27/2023 Leah Shackley

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 B - Final

1	Bauer, Kaitlyn	18	Lynchburg-VA	1:04.80
2	Kudlac, Riley	18	East Hartford-CT	1:04.52
3	Way, Emily	17	York-PA	1:03.91
4	Bendokas, Tessa	18	Gtr Monmouth-NJ	1:03.77
5	Lawrence, Katie	16	Wyckoff-NJ	1:03.84
6	Richards, Erin	16	FarmingtonVal-CT	1:04.37
7	Kudlac, Avery	18	East Hartford-CT	1:04.74
8	Truskett, Flynn	18	UpperMainLine-PA	1:04.96

Heat 2 A - Final

1	Padilla, Kenzie	17	UpperMainLine-PA	1:03.42
2	Fulton, Alexa	18	UpperMainLine-PA	1:02.99
3	Washburn, Lizzy	18	SummitBranch-NJ	1:01.83
4	Shackley, Leah	17	Blair-PA	58.40
5	Thompson, Emily	17	GtrSomersetCtyNJ	1:01.16
6	Kilponen, Anna	15	LakelandHills-NJ	1:02.73
7	Headley, Mackenzie	16	FarmingtonVal-CT	1:03.38
8	Baumgartner, Lily	16	Lima-OH	1:03.71

Heat 3 C - Final

1	Castro, Victoria	16	GtrSomersetCtyNJ	1:05.71
2	Freeman, Maya	15	Gtr Monmouth-NJ	1:05.56
3	McKirryher, Kylie	15	Cheshire-CT	1:05.35
4	Bull, Colleen	16	GtrSomersetCtyNJ	1:05.03
5	Doersch, Sofia	17	Western-CT	1:05.32
6	Nowoswiat, Jena	16	UpperMainLine-PA	1:05.39
7	Everly, Karinne	17	Spartanburg-SC	1:05.62
8	Tzouvelekas, Eva	17	Spartanburg-SC	1:05.72

Alternates

1	Dwyer, Meghan	15	SummitBranch-NJ	1:05.72
2	Fox, Maddie	15	UpperMainLine-PA	1:05.73

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 3 Finals

Heat 4 D - Final (#305 Women 100 LC Meter Butterfly)

1	Wolbert, Sydney	15	Pocono-PA	1:06.11
2	McGann, Sarah	14	RidleyArea-PA	1:05.93
3	McNamara, Ellie	15	West Chester-PA	1:05.91
4	Dwyer, Meghan	15	SummitBranch-NJ	1:05.72
5	Fox, Maddie	15	UpperMainLine-PA	1:05.73
6	Hinson, Kaliyah	15	York-PA	1:05.92
7	Krutiy, Sophia	14	Burbank-MA	1:06.00
8	Liwanag, Sophia	15	LakelandHills-NJ	1:06.31

Alternates

1	Hillebrecht, Natalie	13	GtrSomersetCtyNJ	1:07.37
2	Parker, Allie	15	Spartanburg-SC	1:07.44

Event 306 Men 100 LC Meter Butterfly**Championship:** 52.88 7/29/2009 **Tim Phillips**

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 B - Final

1	Eckler, Shane	17	RidleyArea-PA	57.82
2	Adams, Chase	18	Gtr Monmouth-NJ	57.65
3	Kilponen, Will	18	LakelandHills-NJ	56.96
4	Rennard, Charlie	17	Gtr Monmouth-NJ	56.76
5	Menchhofer, Bryce	18	Blue Ash-OH	56.88
6	Moul, Tommy	18	UpperMainLine-PA	57.19
7	Grisi, Chase	15	ME Lyons-OH	57.72
8	Torres, Roman	15	York-PA	57.89

Heat 2 A - Final

1	Aguilar, Sebastian	16	Oshkosh-WI	56.44
2	Karahalis, Alexander	18	Western Br-DE	55.56
3	Welker, Nathan	18	York-PA	55.38
4	Diehl, Daniel	17	Cumberland-MD	53.91
5	Mills, Jack	17	Lynchburg-VA	55.14
6	Gould, Garrett	17	GtrSomersetCtyNJ	55.51
7	Redding, Zachary	18	Western Br-DE	56.29
8	Rusnock, John	16	FarmingtonVal-CT	56.67

Heat 3 C - Final

1	Green, Nick	16	UpperMainLine-PA	58.34
2	Stakauskas, Andy	17	Powel Crosley-OH	58.18
3	Beeson, Jimmy	15	Spartanburg-SC	58.05
4	Pestrichelli, Will	17	GtrSomersetCtyNJ	57.97
5	Yukhvid, Gregory	16	GtrSomersetCtyNJ	58.04
6	Lin, Gregory	17	Gtr Monmouth-NJ	58.16
7	Nebrich, Luke	17	Rowan-NC	58.26
8	Lonsberry, Cody	15	Indian Valley-CT	58.35

Alternates

1	Lee, Harrison	15	Wyckoff-NJ	58.40
2	Kaczmark, Alex	15	Chambersburg-PA	58.50

Heat 4 D - Final

1	Todd, Brayden	15	York-PA	59.28
2	Chandgie, Wade	15	Spartanburg-SC	59.05
3	Tasker, Amir	14	Chambersburg-PA	58.62
4	Lee, Harrison	15	Wyckoff-NJ	58.40
5	Kaczmark, Alex	15	Chambersburg-PA	58.50
6	Wong, Caden	15	SummitBranch-NJ	59.01
7	Mignery, Luke	15	Powel Crosley-OH	59.26
8	Pong, Cristian	15	Chambersburg-PA	59.51

Alternates

1	Paterson, Henry	15	York-PA	59.63
2	Yue, Kevin	15	Dancely-MD	59.68

2023 YMCA Long Course Championships, Sanction #: NC23146AP

July 25-29, 2023

Meet Program - Day 3 Finals

Event 307 Women 400 LC Meter Medley Relay

Championship: 4:15.06 8/1/2013 Middle Tyger SC

K Crawford, C Fore, H Lips, R Carne

Lane	Team	Relay	Prelims
Heat 1 B - Final			
1	RidleyArea-PA		4:36.05
2	Wyckoff-NJ		4:33.06
3	East Hartford-CT		4:30.90
4	Western-CT		4:30.19
5	Hamilton Area-NJ		4:30.30
6	South-OH		4:32.29
7	Powel Crosley-OH		4:34.13
8	ME Lyons-OH		4:36.78
Heat 2 A - Final			
1	Gtr Monmouth-NJ		4:26.48
2	York-PA		4:24.71
3	Spartanburg-SC		4:22.87
4	GtrSomersetCtyNJ		4:20.59
5	FanwoodScotch-NJ		4:20.96
6	UpperMainLine-PA		4:22.98
7	LakelandHills-NJ		4:25.99
8	Cheshire-CT		4:29.43
Alternates			
1	West Chester Area YMCA		4:37.74
2	Wilton Family YMCA		4:39.09

Event 308 Men 400 LC Meter Medley Relay

Championship: 3:49.13 8/2/2013 Somerset Valley, NJ

D Sali, Z Warner, D Chung, B Zhroik

Lane	Team	Relay	Prelims
Heat 1 B - Final			
1	Indian Valley-CT		4:04.16
2	ME Lyons-OH		4:03.19
3	Western Br-DE		4:02.20
4	Western-CT		3:59.32
5	RidleyArea-PA		3:59.63
6	Blue Ash-OH		4:03.06
7	Chambersburg-PA		4:03.66
8	Powel Crosley-OH		4:04.16
Heat 2 A - Final			
1	Spartanburg-SC		3:58.68
2	Gtr Monmouth-NJ		3:57.50
3	GtrSomersetCtyNJ		3:55.91
4	LakelandHills-NJ		3:53.73
5	York-PA		3:55.85
6	Wyckoff-NJ		3:56.70
7	FanwoodScotch-NJ		3:57.72
8	UpperMainLine-PA		3:59.27
Alternates			
1	New Canaan Community YM		4:04.29
2	Farmington Valley Branch Y		4:06.48