

**2024 YMCA Short Course National Championships
Greensboro, NC**

Projected Timeline for Finals

Projected Timeline for Finals

Wednesday Finals			
Event		Heats	Start
201	W 200 Backstroke	B,A,C,D Final	5:15 PM
202	M 200 Backstroke	B,A,C,D Final	5:44 PM
203	W 100 Butterfly	B,A,C,D Final	6:13 PM
204	M 100 Butterfly	B,A,C,D Final	6:28 PM
205	W 200 Breaststroke	B,A,C,D Final	6:42 PM
206	M 200 Breaststroke	B,A,C,D Final	7:03 PM
	Relay Break - 5 Minutes		7:23 PM
101	W 200 Medley Relay	B, A Final	7:28 PM
102	M 200 Medley Relay	B, A Final	7:35 PM
	End of Session		8:01 PM

Friday Finals			
Event		Heats	Start
401	W 500 Freestyle	B,A,C,D Final	5:15 PM
402	M 500 Freestyle	B,A,C,D Final	5:47 PM
403	W 200 Individual Medley	B,A,C,D Final	6:17 PM
404	M 200 Individual Medley	B,A,C,D Final	6:37 PM
405	W 50 Freestyle	B,A,C,D Final	6:56 PM
406	M 50 Freestyle	B,A,C,D Final	7:08 PM
	Relay Break - 5 Minutes		7:21 PM
407	W 400 Medley Relay	B, A Final	7:26 PM
408	M 400 Medley Relay	B, A Final	7:37 PM
	End of Session		8:07 PM

Thursday Finals			
Event		Heats	Start
301	W 100 Backstroke	B,A,C,D Final	5:15 PM
302	M 100 Backstroke	B,A,C,D Final	5:29 PM
303	W 400 Individual Medley	B,A,C,D Final	5:44 PM
304	M 400 Individual Medley	B,A,C,D Final	6:13 PM
305	W 200 Freestyle	B,A,C,D Final	6:41 PM
306	M 200 Freestyle	B,A,C,D Final	7:00 PM
	Relay Break - 5 Minutes		7:18 PM
307	W 200 Freestyle Relay	B, A Final	7:23 PM
308	M 200 Freestyle Relay	B, A Final	7:30 PM
	End of Session		7:55 PM

Saturday Finals			
Event		Heats	Start
509	W 1650 Freestyle	Fastest	5:15 PM
510	M 1650 Freestyle	Fastest	5:35 PM
501	W 100 Freestyle	B,A,C,D Final	6:07 PM
502	M 100 Freestyle	B,A,C,D Final	6:22 PM
503	W 200 Butterfly	B,A,C,D Final	6:36 PM
504	M 200 Butterfly	B,A,C,D Final	6:56 PM
505	W 100 Breaststroke	B,A,C,D Final	7:15 PM
506	M 100 Breaststroke	B,A,C,D Final	7:30 PM
	Relay Break - 5 Minutes		7:45 PM
507	W 400 Freestyle Relay	B, A Final	7:50 PM
508	M 400 Freestyle Relay	B, A Final	8:01 PM
	End of Session		8:30 PM
	Team Awards Follow		