

2024 YMCA Short Course National Championships Greensboro, NC

Projected Timeline

Tuesday Evening

Event		Heats	Start
	Pool 1		
101	W 200 Medley Relay	8	4:00 PM
	Break		4:20 PM
103	W 1000 Freestyle	Heat 1	4:30 PM
103	W 1000 Freestyle	Heat 2	4:41 PM
103	W 1000 Freestyle	Heat 3	4:52 PM
103	W 1000 Freestyle	Heat 4	5:04 PM
	W 1000 Freestyle	Awards	5:20 PM
105	W 800 Freestyle Relay	3	5:40 PM
	End of Session		6:06 PM

Event		Heats	Start
	Pool 2		
102	M 200 Medley Relay	9	4:00 PM
	Break		4:21 PM
104	M 1000 Freestyle	Heat 1	4:31 PM
104	M 1000 Freestyle	Heat 2	4:41 PM
104	M 1000 Freestyle	Heat 3	4:52 PM
104	M 1000 Freestyle	Heat 4	5:02 PM
	M 1000 Freestyle	Awards	5:30 PM
106	M 800 Freestyle Relay	4	5:40 PM
	End of Session		6:12 PM