

2023 YMCA National SC Swimming Championship, Sanction #: NC 23034AP

Greensboro NC 4/02-4/07 2023

Meet Program - 2nd Day Women Preliminaries

Event 201 Women 200 Yard Backstroke

Championship: 1:51.56 4/5/2016 Meghan Small

National: 1:51.56 4/5/2016 Meghan Small

2:07.29 QUAL 2023 National Qual

Lane Name Age Team Seed Time

Heat 1 of 11 Prelims Starts at 09:00 AM

1				
2				
3	Casey Freeman	16	YOTA	2:37.61
4	Bridget Daab	18	SAY	2:07.10 QUAL
5	Paige O'Keefe	16	YOTA	2:07.14 QUAL
6	Savannah Zirbel	16	KKEE	2:46.87
7				
8				

Heat 2 of 11 Prelims Starts at 09:04 AM

1	Morgan Harlan	14	UMLY	2:06.96 QUAL
2	Maddie Fox	15	UMLY	2:06.91 QUAL
3	Addyson Despeaux	15	RAYS	2:06.87 QUAL
4	Marina Wang	17	UMLY	2:06.75 QUAL
5	Alaina Brown	18	GCY	2:06.77 QUAL
6	Emma Bottensek	17	OSHY	2:06.88 QUAL
7	Sophie Perry	16	YOTA	2:06.94 QUAL
8	Hannah Wentzel	16	KEY	2:07.09 QUAL

Heat 3 of 11 Prelims Starts at 09:06 AM

1	Avery Anderson	15	BBD	2:06.69 QUAL
2	Katie Culbert	17	GMNY	2:06.53 QUAL
3	Lilly Farmer	17	LANY	2:06.49 QUAL
4	Lanie McKenzie	18	BRY	2:06.29 QUAL
5	Teagen Jeffers	17	STRM	2:06.43 QUAL
6	Isabella Sarvis	16	YSSC	2:06.51 QUAL
7	Anna Miler	16	SSTY	2:06.66 QUAL
8	Aspen Whowell	16	GYD	2:06.73 QUAL

Heat 4 of 11 Prelims Starts at 09:09 AM

1	Teagan McEnroe	16	YSSC	2:06.23 QUAL
2	Sara Keefe	16	YLOU	2:06.16 QUAL
3	Kylie McKirryher	14	CDOG	2:06.14 QUAL
4	Amelia Obszarny	17	GMNY	2:06.03 QUAL
5	Grace McBlain	18	RAYS	2:06.08 QUAL
6	Maggie O'Toole	16	ABLY	2:06.15 QUAL
7	Brooke Sowka	17	LEHY	2:06.19 QUAL
8	Celia Francis	14	WYNS	2:06.23 QUAL

Heat 5 of 11 Prelims Starts at 09:12 AM

1	Charlotte Trentalange	17	GMNY	2:05.79 QUAL
2	Hayden Bailey	15	DSMY	2:05.64 QUAL
3	Ella Gussen	15	WRAT	2:05.35 QUAL
4	Meghan MacLaren	16	RYWC	2:04.97 QUAL
5	Alexandra Somers	17	HACY	2:05.27 QUAL
6	Samara Zeinert	15	OSHY	2:05.46 QUAL
7	Eliza Johnson	15	WEST	2:05.66 QUAL
8	Vicky Sluk	13	MYM	2:05.86 QUAL

Heat 6 of 11 Prelims Starts at 09:14 AM

1	Emily Judy	16	LY	2:04.62 QUAL
2	Victoria Kidney	18	WHY	2:04.48 QUAL
3	Erica Maltsev	16	GSCY	2:04.42 QUAL
4	Sophia Krutiyy	14	BYB	2:04.30 QUAL
5	Jacqui Fox	18	FVYT	2:04.40 QUAL
6	Katrine O'Leary	17	CDOG	2:04.44 QUAL
7	Emma Lemler	17	SSTY	2:04.49 QUAL
8	Sarah Fox	17	UMLY	2:04.90 QUAL

Heat 7 of 11 Prelims Starts at 09:17 AM

1	Addie Scott	18	KJAY	2:03.94 QUAL
2	Mary Kupsyky	16	WBY	2:03.77 QUAL
3	Giulia Beverini	17	GSCY	2:03.60 QUAL
4	Cadence Vincent	18	RAYS	2:02.97 QUAL
5	Lauren Ramsey	17	RY	2:03.03 QUAL
6	Sophie Milhomens	17	CDOG	2:03.65 QUAL
7	Ella Glass	16	YNWL	2:03.83 QUAL
8	Melanie Schweikert	17	CY	2:04.25 QUAL

Heat 8 of 11 Prelims Starts at 09:19 AM

1	Lauren Lane	18	FSPY	2:02.46 QUAL
2	Mary Kubiak	18	RAYS	2:02.30 QUAL
3	Virginia Hastings	17	WYW	2:02.08 QUAL
4	Julie Addison	17	CA-Y	2:01.70 QUAL
5	Lilly Zippel	18	SSTY	2:01.96 QUAL
6	Alyssa Claborn	15	LOY	2:02.28 QUAL
7	Maggie Dickinson	13	SSTY	2:02.36 QUAL
8	Abi Winnicki	16	WYNS	2:02.79 QUAL

Heat 9 of 11 Prelims Starts at 09:22 AM

1	Charlotte Holliday	18	GSCY	2:01.44 QUAL
2	Cambria Jewett	16	STRM	2:00.55 QUAL
3	Ela Habjan	18	LHY	1:58.91 QUAL
4	Hayden Penny	16	YSSC	1:56.91 QUAL
5	Clare Logan	17	FSPY	1:58.32 QUAL
6	Lorelai Page	18	LHY	2:00.22 QUAL
7	Reina Liu	13	GCY	2:01.13 QUAL
8	Emma Tenhundfeld	15	KEY	2:01.57 QUAL

Heat 10 of 11 Prelims Starts at 09:24 AM

1	Tessa Bendokas	18	GMNY	2:01.34 QUAL
2	Madi McGlothen	17	YKVK	2:00.54 QUAL
3	Bella Hoffman	18	HCY	1:58.53 QUAL
4	Sarah Rodrigues	16	NJBL	1:55.27 QUAL
5	Devyn Sargent	17	UMLY	1:58.32 QUAL
6	Clarissa Bezuidenhout	18	YOTA	1:59.79 QUAL
7	Georgia Colborn	17	WEST	2:00.84 QUAL
8	Tara Wiarda	18	LHY	2:01.54 QUAL

Heat 11 of 11 Prelims Starts at 09:27 AM

1	Kimberly Shannon	17	GSVY	2:01.18 QUAL
2	Chrisna Bezuidenhout	18	YOTA	2:00.30 QUAL
3	Elizabeth Beam	17	SSTY	1:58.45 QUAL
4	Leah Shackley	16	BRY	1:53.45 QUAL
5	Maya Schweikert	15	CY	1:57.30 QUAL
6	Lauren Clippard	18	PCY	1:59.32 QUAL
7	Anne Dickinson	15	SSTY	2:00.83 QUAL
8	Julia Barto	16	CDOG	2:01.45 QUAL

2023 YMCA National SC Swimming Championship, Sanction #: NC 23034AP

Greensboro NC 4/02-4/07 2023

Meet Program - 2nd Day Women Preliminaries

Event 203 Women 100 Yard Butterfly

Championship:	52.43	4/5/2016	Caitlin Tycz
National:	52.43	4/5/2016	Caitlin Tycz

58.69 QUAL 2023 National Qual

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 16 Prelims Starts at 09:29 AM

1				
2				
3	Sophie Milhomens	17	CDOG	1:05.18L QUAL
4	Bridget Daab	18	SAY	58.67 QUAL
5	Sophie Baker	15	MYG	58.69 QUAL
6				
7				
8				

Heat 2 of 16 Prelims Starts at 09:31 AM

1	Sydney Wolbert	15	PFY	58.65 QUAL
2	Maxine Camillone	16	GMNY	58.63 QUAL
3	Olivia Willemsen	18	WY	58.59 QUAL
4	Madisyn Upton	13	GCY	58.56 QUAL
5	Meghan Dwyer	15	SAY	58.56 QUAL
6	Mia Cuiffo	15	GSCY	58.62 QUAL
7	Elise Pasholk	17	OSHY	58.64 QUAL
8	Francesca Scarabottolo	17	LCG	58.67 QUAL

Heat 3 of 16 Prelims Starts at 09:32 AM

1	Jimena Mazon Grande	15	UPY	58.51 QUAL
2	Julia Lo	15	NJBL	58.45 QUAL
3	Belle Kolatis	15	RAYS	58.39 QUAL
4	Hailey DuVall	17	SPY	58.35 QUAL
5	Sofia Doersch	17	RYWC	58.39 QUAL
6	Kaitlyn Landers	16	HACY	58.40 QUAL
7	Reegan Brown	18	GYST	58.46 QUAL
8	Yasmine Kwong	17	YOTA	58.55 QUAL

Heat 4 of 16 Prelims Starts at 09:34 AM

1	Sophia Bellissimo	16	LOY	58.33 QUAL
2	AK Gill	13	GCY	58.28 QUAL
3	Lily Blankenship	17	ABLY	58.25 QUAL
4	Marisol Swenson	17	WYNS	58.22 QUAL
5	Amelia Betancourt	16	LOY	58.23 QUAL
6	Mary Gillen	17	MAY	58.28 QUAL
7	Eva Tzouvelekas	17	YSSC	58.31 QUAL
8	Clare Schwartz	18	SCY	58.35 QUAL

Heat 5 of 16 Prelims Starts at 09:35 AM

1	Emme D'Errico	17	FFYS	58.20 QUAL
2	Hope Ivanovich	17	WRAT	58.16 QUAL
3	Abby Bebel	18	WY	58.16 QUAL
4	Jane Brierley	18	EHY	58.13 QUAL
5	Claire Roussakis	13	UMLY	58.15 QUAL
6	Audrey Frondoza	17	TYDE	58.16 QUAL
7	Riga Riga	18	RAYS	58.17 QUAL
8	Sydney Lillis	17	WYW	58.21 QUAL

Heat 6 of 16 Prelims Starts at 09:37 AM

1	Elizabeth Bodie	16	CDOG	58.10 QUAL
2	Annie Gao	16	RY	58.08 QUAL
3	Natalie Johnson	18	WEST	58.05 QUAL
4	Sophia Liwanag	15	NJBL	58.02 QUAL
5	Ava Tenhundfeld	17	KEY	58.03 QUAL
6	Grace Brunk	16	YOTA	58.05 QUAL
7	Lily Roberts	17	ABLY	58.10 QUAL
8	Ella Ciez	17	UNTY	58.10 QUAL

Heat 7 of 16 Prelims Starts at 09:38 AM

1	Laura Kim	16	FSPY	57.96 QUAL
2	Cadence Vincent	18	RAYS	57.94 QUAL
3	Morgan Ruebusch	15	YSST	57.87 QUAL
4	JJ Gowetski	17	FLY	57.86 QUAL
5	Morgan Wiles	17	TYDE	57.86 QUAL
6	Addy Hirsbrunner	16	OSHY	57.93 QUAL
7	Maya Freeman	15	GMNY	57.95 QUAL
8	Evangeline Iman	15	LHY	57.99 QUAL

Heat 8 of 16 Prelims Starts at 09:40 AM

1	Emily Kyre	16	KEY	57.83 QUAL
2	Brenna Ross	18	GSVY	57.80 QUAL
3	Kseniia Luniushina	17	PFY	57.73 QUAL
4	Avery Potyrala	17	CDOG	57.67 QUAL
5	Fran Hunt	15	BY	57.70 QUAL
6	Marie Lochridge	15	NCY	57.74 QUAL
7	Lucy Art	18	SSTY	57.81 QUAL
8	Julia Herbert	16	RYWC	57.83 QUAL

Heat 9 of 16 Prelims Starts at 09:41 AM

1	Carly Frank	17	LHY	57.58 QUAL
2	Isabel Lee	16	WFY	57.55 QUAL
3	Eve Phillips	16	WAY	57.48 QUAL
4	Alexandra Sotek	18	PYPB	57.46 QUAL
5	Braelyn Wilson	16	STRM	57.47 QUAL
6	Grace McBlain	18	RAYS	57.50 QUAL
7	Julia Havice	16	YY	57.55 QUAL
8	Victoria Castro	15	GSCY	57.66 QUAL

Heat 10 of 16 Prelims Starts at 09:43 AM

1	Megan Unruh	18	BYNS	57.43 QUAL
2	Karis Francis	17	WYNS	57.38 QUAL
3	Serena Dickey	14	LHY	57.32 QUAL
4	Jacki Bonavilla	13	YCSC	57.20 QUAL
5	Jena Nowoswiat	16	UMLY	57.31 QUAL
6	Hayden Bailey	15	DSMY	57.35 QUAL
7	Rhyan Price	16	BYB	57.41 QUAL
8	Karinne Everly	17	YSSC	57.44 QUAL

Heat 11 of 16 Prelims Starts at 09:44 AM

1	Summer Jones	17	EHY	57.11 QUAL
2	Maddie Fox	15	UMLY	57.09 QUAL
3	Eliza Johnson	15	WEST	56.99 QUAL
4	Sarah McGann	14	WCAY	56.86 QUAL
5	Colleen Bull	15	GSCY	56.90 QUAL
6	Kalayah Hinson	14	YY	57.08 QUAL
7	Aziza Meyer	16	BYST	57.09 QUAL
8	Ella Montgomery	15	DEFY	57.19 QUAL

2023 YMCA National SC Swimming Championship, Sanction #: NC 23034AP

Greensboro NC 4/02-4/07 2023

Meet Program - 2nd Day Women Preliminaries

Heat 12 Prelims (#203 Women 100 Yard Butterfly)

1	Sophia Latini	17	GSCY	56.82	QUAL
2	Meghan Rourke	18	WFY	56.70	QUAL
3	Erin Richards	15	FVYT	56.67	QUAL
4	Eliza Osada	14	CA-Y	56.64	QUAL
5	Julianna Tyler	17	CDOG	56.66	QUAL
6	Savanna Bush	17	LOY	56.67	QUAL
7	Emma Littrell	17	ABLY	56.74	QUAL
8	Ashley Chui	18	GMNY	56.82	QUAL

Heat 13 of 16 Prelims Starts at 09:47 AM

1	Kylie McKirryher	14	CDOG	56.45	QUAL
2	Camrynn Wilson	17	YSSC	56.43	QUAL
3	Elodie Mitchell	17	YOTA	56.19	QUAL
4	Peyton Watson	18	YCV	56.09	QUAL
5	Sophia Krutiy	14	BYB	56.17	QUAL
6	Evi Blennert	18	WYNS	56.42	QUAL
7	Riley Kudlac	17	LEHY	56.45	QUAL
8	Alyssa Claborn	15	LOY	56.59	QUAL

Heat 14 of 16 Prelims Starts at 09:48 AM

1	Ryleigh Collins	17	WBY	55.47	QUAL
2	Anna Kilponen	15	LHY	55.12	QUAL
3	Maddie Foster	17	WILD	54.24	QUAL
4	Emily Thompson	17	GSCY	53.06	QUAL
5	Alexa Fulton	18	UMLY	54.04	QUAL
6	Katie Lawrence	16	WFY	54.61	QUAL
7	Carly Larson	16	GBY	55.38	QUAL
8	Alyssa Napier	15	WEST	55.78	QUAL

Heat 15 of 16 Prelims Starts at 09:50 AM

1	Lily Baumgartner	16	LYSC	55.46	QUAL
2	Lizzy Washburn	18	SAY	54.98	QUAL
3	Avery Kudlac	17	LEHY	54.20	QUAL
4	Sydney Gring	18	BYNS	53.00	QUAL
5	Angie Coe	18	HEAT	53.66	QUAL
6	Kenzie Padilla	17	UMLY	54.61	QUAL
7	Samantha Clifford	17	BBD	55.36	QUAL
8	Flynn Truskett	18	UMLY	55.71	QUAL

Heat 16 of 16 Prelims Starts at 09:51 AM

1	Maya Schweikert	15	CY	55.46	QUAL
2	Billie Sherratt	17	FSPY	54.85	QUAL
3	Mackenzie Headley	16	FVYT	54.13	QUAL
4	Leah Shackley	16	BRY	51.93	QUAL
5	Alana Berlin	16	SSTY	53.09	QUAL
6	Emily Way	16	YY	54.55	QUAL
7	Victoria Kidney	18	WHY	55.20	QUAL
8	Morgan Thomas	17	CA-Y	55.55	QUAL

Event 205 Women 200 Yard Breaststroke

Championship: 2:10.79 3/31/2015 Savanna Faulconer

National: 2:09.50 3/17/2021 Letitia Sims

2:27.59 QUAL 2023 National Qual

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 13 Prelims Starts at 09:53 AM

1				
2				
3	Lexie Gliniecki	15	WYNS	2:27.58 QUAL
4	Samantha Jackson	15	CDOG	2:27.43 QUAL
5	Lindsay Louwers	16	BBD	2:27.55 QUAL
6				
7				
8				

Heat 2 of 13 Prelims Starts at 09:55 AM

1				
2	Macey Speakman	16	PAY	2:27.38 QUAL
3	Maris Sadowski	18	PAY	2:27.34 QUAL
4	Lina Hofmann	18	CBR	2:27.33 QUAL
5	Tingting Luo	14	GSCY	2:27.33 QUAL
6	Kylie Sullens	14	SPY	2:27.36 QUAL
7	Brenda Zhang	18	SAY	2:27.41 QUAL
8				

Heat 3 of 13 Prelims Starts at 09:58 AM

1	Katherine Vongsouvanh	15	RYWC	2:27.32 QUAL
2	Eliza Fleenor	17	VABR	2:27.16 QUAL
3	Paige Fisher	16	UMLY	2:27.06 QUAL
4	Ashley Kirby	18	RY	2:26.91 QUAL
5	Lauren Wagner	18	RY	2:27.06 QUAL
6	Gaby Stanton	17	BY	2:27.13 QUAL
7	Alison Barton	17	MAY	2:27.29 QUAL
8	Claire Livingston	15	KJAY	2:27.32 QUAL

Heat 4 of 13 Prelims Starts at 10:01 AM

1	Sevanah Oravets	15	GMNY	2:26.86 QUAL
2	Reilly Dolan	15	UMLY	2:26.79 QUAL
3	Adelaide McRoberts	16	GBY	2:26.73 QUAL
4	Josie Marino	14	WFY	2:26.63 QUAL
5	Anah Jurs	16	YSSC	2:26.64 QUAL
6	Addison Cooper	14	WCAY	2:26.78 QUAL
7	Babette Bradley	15	HEAT	2:26.86 QUAL
8	Cailin Maley	14	KJAY	2:26.87 QUAL

Heat 5 of 13 Prelims Starts at 10:04 AM

1	Ava Haese	15	RAYS	2:26.53 QUAL
2	Breanna Smith	16	YOTA	2:26.41 QUAL
3	Addie Hein	14	RAYS	2:26.33 QUAL
4	Chelsea Burkhart	16	FAY	2:26.27 QUAL
5	Lily Mitchell	16	ABLY	2:26.30 QUAL
6	Demetra Bicos	17	BBD	2:26.37 QUAL
7	Mira Marino	17	LHY	2:26.53 QUAL
8	Dylann Eldridge	16	GMNY	2:26.58 QUAL

2023 YMCA National SC Swimming Championship, Sanction #: NC 23034AP

Greensboro NC 4/02-4/07 2023

Meet Program - 2nd Day Women Preliminaries

Heat 6 Prelims (#205 Women 200 Yard Breaststroke)

1	Maddy Deeney	16	PAY	2:26.06	QUAL
2	Anna Erickson	13	CY	2:25.85	QUAL
3	Vienna Eckerstrom	17	GMNY	2:25.41	QUAL
4	Faith Risa	17	MYST	2:25.34	QUAL
5	Sophia Yousuf	17	LHY	2:25.36	QUAL
6	Keira Carmella	14	WCAY	2:25.61	QUAL
7	Alexa Kwarcinski	15	RYWC	2:25.88	QUAL
8	Eszter Kiss	17	GSCY	2:26.19	QUAL

Heat 7 of 13 Prelims Starts at 10:10 AM

1	Brynn Lewis	14	PAY	2:25.10	QUAL
2	Lila Hadley	14	RAYS	2:24.93	QUAL
3	Ana Tate	17	YY	2:24.73	QUAL
4	Grace Herlihy	15	WCAY	2:24.58	QUAL
5	Eve McGuinness	16	GMNY	2:24.64	QUAL
6	Jillian Basile	17	GMNY	2:24.82	QUAL
7	Fran Hunt	15	BY	2:25.05	QUAL
8	Alyssa Kelly	17	WBY	2:25.26	QUAL

Heat 8 of 13 Prelims Starts at 10:13 AM

1	Jocie Niemczyk	16	IVY	2:24.45	QUAL
2	Nadia Switalski	17	SSTY	2:24.31	QUAL
3	Casey Sanders	17	FFYS	2:24.09	QUAL
4	Meghan Robinson	17	GSCY	2:23.91	QUAL
5	Lauren Zeni	17	GMNY	2:24.02	QUAL
6	Katie Fisher	18	CY	2:24.19	QUAL
7	Zoe Davies	16	LHY	2:24.36	QUAL
8	Julia Herbert	16	RYWC	2:24.55	QUAL

Heat 9 of 13 Prelims Starts at 10:16 AM

1	Elle Cadigan	16	FSPY	2:23.77	QUAL
2	Lily Turco	18	UMLY	2:23.56	QUAL
3	Eve Czirjak	18	CA-Y	2:23.56	QUAL
4	Caroline Byers	16	YSSC	2:23.45	QUAL
5	Sarah Palmer	17	LRSC	2:23.48	QUAL
6	Amelia Betancourt	16	LOY	2:23.56	QUAL
7	Amy Hu	15	SSTY	2:23.60	QUAL
8	Annika Paluska	17	LEHY	2:23.86	QUAL

Heat 10 of 13 Prelims Starts at 10:19 AM

1	Emily Sudol	14	GSCY	2:23.42	QUAL
2	Natalie Neno	16	GMNY	2:22.82	QUAL
3	Gracie Maughan	16	SFY	2:22.33	QUAL
4	Grace Curtis	14	UMLY	2:21.89	QUAL
5	Ella Romberg	18	OSHY	2:22.08	QUAL
6	Kelley Hassett	16	BBD	2:22.42	QUAL
7	Hadar Miller	15	UMLY	2:22.83	QUAL
8	Ying Chow	15	FSPY	2:23.45	QUAL

Heat 11 of 13 Prelims Starts at 10:22 AM

1	Lindi Worrell	17	MLY	2:21.71	QUAL
2	Emily Gao	17	GSCY	2:19.79	QUAL
3	Layla Welsch	16	CA-Y	2:17.67	QUAL
4	Sara Czirjak	15	CA-Y	2:16.02	QUAL
5	Gabi Augustyn	17	YCV	2:17.07	QUAL
6	Olivia Herbert	18	RYWC	2:18.64	QUAL
7	Emma Veilleux	17	STRM	2:19.89	QUAL
8	Brenna Ross	18	GSVY	2:21.76	QUAL

Heat 12 of 13 Prelims Starts at 10:25 AM

1	Cameron Smith	17	CA-Y	2:20.88	QUAL
2	Scout McQueen	14	WYNS	2:18.81	QUAL
3	Meghan Sharma	17	GSCY	2:17.60	QUAL
4	Delaney Franklin	18	YSSC	2:15.73	QUAL
5	Giona Lavorini	16	BYAC	2:16.89	QUAL
6	Molly Yacoviello	16	YY	2:17.97	QUAL
7	Reese Reilly	15	BASH	2:19.82	QUAL
8	Mac Thomas	17	SEA	2:21.74	QUAL

Heat 13 of 13 Prelims Starts at 10:27 AM

1	Izzy Phifer	15	YY	2:20.79	QUAL
2	Peyton Scott	16	INDY	2:18.74	QUAL
3	Emily Constable	17	FSPY	2:17.47	QUAL
4	Tori Brostowitz	17	SSTY	2:14.23	QUAL
5	Grace Hunt	15	YSSC	2:16.59	QUAL
6	Elliott McAlpine	16	RAYS	2:17.82	QUAL
7	Allisan Bendall	16	CA-Y	2:19.80	QUAL
8	Karis Francis	17	WYNS	2:21.74	QUAL

Event 207 Women 400 Yard Medley Relay

Championship: 3:37.81 4/1/2015 Middle Tyger YMCA

A Galyer, S Faulconer, J Snover, K Konopka

National: 3:37.81 4/1/2015 Middle Tyger YMCA

A Galyer, S Faulconer, J Snover, K Konopka

4:00.39 QUAL 2023 National Qual

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 7 Prelims Starts at 10:45 AM

1	WestportWestonCT	4:00.37	QUAL
2	NorthJersey-NJ	4:00.25	QUAL
3	Powel Crosley-OH	3:59.94	QUAL
4	Lima-OH	3:59.73	QUAL
5	Annapolis-MD	3:59.82	QUAL
6	Pocono-PA	3:59.97	QUAL
7	Hamilton Area-NJ	4:00.34	QUAL
8			

Heat 2 of 7 Prelims Starts at 10:50 AM

1	Madison-NJ	3:59.00	QUAL
2	Phoenixville-PA	3:58.90	QUAL
3	Farmington-MI	3:58.52	QUAL
4	Lynchburg-VA	3:58.22	QUAL
5	SummitBranch-NJ	3:58.23	QUAL
6	Wilton-CT	3:58.69	QUAL
7	West Chester-PA	3:58.93	QUAL
8	Kennett&JvilleMA	3:59.38	QUAL

Heat 3 of 7 Prelims Starts at 10:55 AM

1	Columbia-SC	3:57.81	QUAL
2	Butler-PA	3:57.54	QUAL
3	Oshkosh-WI	3:57.47	QUAL
4	Chippewa-WI	3:57.24	QUAL
5	Westfield-NJ	3:57.31	QUAL
6	Boise-ID	3:57.52	QUAL
7	Western-CT	3:57.76	QUAL
8	Rapid Area-MI	3:58.01	QUAL

2023 YMCA National SC Swimming Championship, Sanction #: NC 23034AP

Greensboro NC 4/02-4/07 2023

Meet Program - 2nd Day Women Preliminaries

Heat 4 Prelims (#207 Women 400 Yard Medley Relay)

1	UpperPalmetto-SC	3:56.78	QUAL
2	RidleyArea-PA	3:55.66	QUAL
3	Wilkes-Barre-PA	3:54.44	QUAL
4	South-OH	3:54.04	QUAL
5	Birmingham-MI	3:54.35	QUAL
6	Greensboro-NC	3:55.05	QUAL
7	Northwest-NC	3:56.49	QUAL
8	Blue Ash-OH	3:56.83	QUAL

Heat 5 of 7 Prelims Starts at 11:04 AM

1	ME Lyons-OH	3:53.86	QUAL
2	Cheshire-CT	3:53.46	QUAL
3	Boyertown-PA	3:53.29	QUAL
4	Triangle Area-NC	3:52.59	QUAL
5	Wyckoff-NJ	3:52.60	QUAL
6	East Hampton-NY	3:53.30	QUAL
7	Nashua-NH	3:53.70	QUAL
8	ReadingBerks-PA	3:53.94	QUAL

Heat 6 of 7 Prelims Starts at 11:09 AM

1	Countryside-OH	3:51.39	QUAL
2	Lowes-NC	3:47.68	QUAL
3	Spartanburg-SC	3:46.41	QUAL
4	Schroeder-WI	3:40.92	QUAL
5	UpperMainLine-PA	3:43.85	QUAL
6	FarmingtonVal-CT	3:47.33	QUAL
7	Gtr Monmouth-NJ	3:50.25	QUAL
8	Woodson-WI	3:52.35	QUAL

Heat 7 of 7 Prelims Starts at 11:13 AM

1	East Hartford-CT	3:51.25	QUAL
2	LakelandHills-NJ	3:47.35	QUAL
3	Piedmont-VA	3:45.54	QUAL
4	GtrSomersetCtyNJ	3:38.51	QUAL
5	FanwoodScotch-NJ	3:41.98	QUAL
6	York-PA	3:46.75	QUAL
7	Western Br-DE	3:49.45	QUAL
8	Champaign-IL	3:51.63	QUAL