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Y SWIMMING NEWS – JANUARY 2023

Welcome 2023, the 100th year of YMCA National Swimming and Diving Championships!

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Centennial Celebration

Whether you have athletes competing in this year's national championship meets or not, YOU can be part of the celebration! In fact, **YOUR participation is NEEDED.**

- [Contribute video reflections or photos](#) from your Y Nationals experience – **by January 31**
- Find photos or articles from your YMCA showing its participation since 1923
- Attend the Alumni Reception on Monday, April 3 in Greensboro, NC
- Share [information](#) with alumni of the events
- Celebrate at your YMCA

Share Video Reflections and Photos

A video is being created to mark 100 years of YMCA National Swimming and Diving Championships. It will feature photos and video reflections from alumni. Please share the information with alumni (athletes, coaches, meet volunteers). *See the announcement at the bottom of this newsletter.*

Videos should be no more than 2 minutes long and answer:

- What is your favorite memory from the meet?
- How has your participation in YMCA Swimming or Diving been transformational to you?
- If you were a meet volunteer, in what role did you serve and why was it important to you?

Submit videos [here](#).

Facebook Page

<https://www.facebook.com/profile.php?id=100087962987060>

This page will contain information on the celebration. Invite alumni to follow.

Alumni Reception and Recognition

Monday, April 3, 2023

7:00-9:00 pm, Piedmont Hall (adjacent to Greensboro Aquatic Center)

Cost: \$25 per person, includes heavy hors d'oeuvres, cash bar, entertainment, commemorative item

Registration required – link will be posted on Centennial Page of the website and on the Facebook page

Athlete Dinner and Talk Show

Rowdy Gaines will host a "talk show" interview format with distinguished YMCA Swimming alumni during an Athlete Dinner on Monday, April 3, 5:45-7:00 pm.

Cost and registration information will be sent out and posted on the meet website. Team registration and payment will be required.

YMCA OF THE USA

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YMCA National Championships – Did You Know?

In the 3rd YMCA National Swimming and Diving Championship meet held on April 3-4, 1925, Walter Spence began his legacy. Walter Spence was born and raised in the jungle near Christiansburg, British Guyana. He learned how to swim in rivers and streams near his home while also avoiding being bitten by piranhas. After years of competitive swimming in British Guyana, he decided to come to the United States at age 22 where he swam for the Brooklyn Central YMCA. In his first YMCA National meet in Cincinnati, Ohio, he set two records - in the 440 yard freestyle and the 200 yard breaststroke. Spence was able to lift his team to a win over the Central Parkway Branch (Cincinnati, OH).



YMCA Top 16 Lists for 2021-22 [Now Posted](#)

The Top 16 is calculated through meet results submitted to SwimCloud. Age is determined by the swimmer's age on the first day of a meet, regardless of how a meet is formatted. A swimmer must be a member of, and representing, a registered YMCA team in order to be included in the YMCA Top 16.

Ft. Lauderdale Aquatic Center Will Host YMCA National Masters Meet and YMCA National Diving Championship Meet

In 100 years of YMCA Swimming and Diving Championship Meets, Ft. Lauderdale has hosted 34 times, more than any other location. After a three year renovation, the Ft. Lauderdale Aquatic Center re-opened in September and will host both of these YMCA events this spring.

[YMCA National Diving Championship](#)

March 30-April 2

Find qualifying standards and entry requirements on the website.

[YMCA National Masters Meet](#)

April 20-23

There are no qualifying times. YMCA membership is the only requirement.

YMCA Coaches Forum

January Topic: Service and Swimming – Incorporating community service into your program

There will also be updates from USA Swimming, ASCA and in intro to Swimmingly.

Tuesday, Jan. 17, 11:30 am – 12:30 pm EST

See Zoom link and/or submit questions on [Forums page](#) under Coaches tab.

PLEASE SHARE:



Help Us Celebrate **100** **Years of Swimming** **and Diving** history



Upload your photos, video footage, and video reflections through **Dropbox** link/QR code and then email marketing@ymca.net with your contact information.

When sharing your reflections, **please share the following:**

- Your favorite memory from YMCA Nationals.
- How the YMCA Swimming and/or Diving experience has been transformational for you.

Please keep your videos to no more than 2 minutes.

Deadline for submissions is Jan. 31.

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