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Y SWIMMING NEWS NOVEMBER 2024

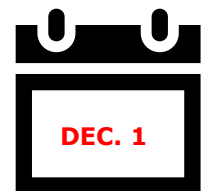
Monthly highlights, updates and reminders for YMCA Swimming coaches, volunteers, and supervisors

[Link Question of the Month](#): How do you incorporate a buddy program (older athlete/younger athlete) into your competitive program? For athletes and/or parents? Join the conversation and share your ideas.

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Register Now! 2023-24 Team and Coach Registration Deadline is Dec. 1

- [Annual registration](#) is for ALL YMCA teams and coaches.
- Register your team first and then all coaches.
- Check that your team's information and contacts are up to date.
- The team information provides important data on the size and scope of YMCA competitive swimming in the U.S.
- The contact information entered during registration enables communication with coaches, officials' coordinators and aquatic directors throughout the year.
- After Dec. 1, only registered coaches will receive e-mails with regional and national information.



Late Coach Fee

Late Coach Registration Fee is now **\$100 per coach** after December 1 deadline.

- All coaches should be current in all required certifications before coaching a practice or meet.
- Registrations are free until December 1. Registrations submitted after December 1 will be charged \$100 to the coach's YMCA. If a coach is hired after December 1, contact your regional representative and complete registration as soon as possible.
- Coach registration provides local YMCAs and meet directors a way to verify that coaches are certified.
- Coach registration also provides contact information so that all coaches receive regular communication about YMCA swimming throughout the year.

Athlete Representatives

There are still openings for athlete representatives to the National Championship Meet Committee, Officials Committee and Eligibility Committee for 2023-24.

- Deadline is Nov 10, 2023
- Interested high school juniors may apply [here](#).
- Athlete representatives are also members of the Athlete Council, which meets online monthly for leadership development and collaboration activities.

Lifeguard Coverage for ALL YMCA Practices and Meets

- Per the YMCA Child Abuse Prevention and Aquatic Safety Membership Qualification, certified lifeguards are to be on duty at all times and have the sole responsibility of guarding the pool(s). Coaches who hold lifeguard certification are not to be considered on-duty lifeguards while actively coaching. See [Swimming Addendum to the Rules That Govern YMCA Competitive Sports](#).
- This applies to all practices and meets including those held at YMCA facilities AND other facilities used by YMCA programs.
- Failure to abide by YMCA Membership Qualifications jeopardizes a YMCA's status and their authorization to operate as a YMCA.



YMCA Swim Coaches Forum

Tuesday, November 14

11:30 am – 12:30 pm ET

- Please [join](#) us for our monthly Coaches Forum on November 14.
- Please note that this month is the second week of the month and not our normal third week due to the Thanksgiving holiday.
- Special guest: **Craig Beardsley**, former world record holder, named to 1980 U.S. Olympic team, began swimming at the Ridgewood YMCA in NJ, ambassador with Swim Across America. He will share his experiences starting at a Y, being a world champion and record holder and now raising money for cancer research through the sport of swimming.

Hosting a YMCA Sanctioned Meet?

- Remember to apply for a sanction no later than **60 days prior to the meet**.
- Meet directors have additional responsibilities this year in order to meet the requirements of a YMCA sanctioned meet.
- If using a meet information template from your LSC, please read it carefully and
 - Remove all language referencing a USA Swimming sanction and requirements around USA Swimming membership
 - Use the [YMCA Sanctioned Meet Rules](#) document and add all of the language required in order to receive a YMCA sanction – Do this prior to submitting your sanction request and sending out meet information to invited teams
- Contact your regional representative with questions.

Swim Officials Training & Testing Updates

- The tests for YMCA Swim Officials courses are now available online through the YMCA Learning and Career Development Center (LCDC).
- YMCA Swim Official certification occurs when a course has been completed and the corresponding test has been passed.
- Trainers received information on the new format and will need to complete their trainer acknowledgement before setting up new courses.
- The YMCA Swim Officials courses themselves are being reviewed and updated with a release planned for later in 2024.
- Virtual trainings may be found in LCDC by looking for the word *Virtual* in the location column of a course listing.



Did You Know?

Closed and Open Competition

- Closed competition refers to competition in which only YMCA teams and swimmers may compete.
- Open competition refers to competition in which teams and swimmers representing any organization compete. This may or may not include YMCA teams and swimmers. (Rules That Govern YMCA Competitive Sports, Rule I).
- USA Swimming and AAU meets are example of open competition.
- More information on the Addendums to the Rules that Govern YMCA Competitive Sports can be found [here](#)

USA Swimming 11-14 Coaching Network

This network will help provide support, resources, and guidance that will be beneficial for coaches of all levels of experience. Building a network of fellow coaches helps to create a community that can help young swimmers thrive.

- USA Swimming will host 6-8 webinars, discussions, and resources scheduled throughout the year and available to any USA Swimming coach members. This network will be centered around the application of *deliberate practice*.
- Webinars will be held on November 14 at Noon ET & November 16 at 2:00 pm ET. To register for one of the webinars click [here](#).
- USA Swimming also offers a **10&Under Coaching Network**. The next session will share ideas around teaching dives – November 28 at 1:00 pm ET. Register [here](#).

2024 U.S. Olympic Team Swimming Trials

[Indianapolis](#), Indiana

June [12-23](#), 2024

Lucas Oil Stadium

The football stadium will be transformed into a natatorium with an Olympic size pool and a warmup pool. The city will be transformed into a place where families will be able to visit and participate even without buying tickets to the actual event. There will be events for teams to spend time swimming in the local area pools.

- Single day [tickets](#) are now available.

