



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Y SWIMMING NEWS – OCTOBER 2023

Monthly highlights, updates and reminders for YMCA Swimming coaches, volunteers, and supervisors

Link Question of the Month: Do you hold a new parent orientation for your team and if so, what topics are covered? Join the conversation and share your ideas!

Contact:

Meredith Griffin
Manager, Event Services
Competitive Events
YMCA of the USA
(312) 419-2984
meredith.griffin@ymca.net

ICYMI: YMCA Swimming Rules & FAQs Webinar Recording

This webinar – for coaches, officials, directors and volunteers - covered commonly referenced rules and frequently asked questions, especially from:

- Rules That Govern YMCA Sports
- Swimming Addendum to the Rules That Govern
- YMCA Sanctioned Meet Rules
- Best Practices for YMCA Competitive Swimming Programs

Find [recording](#) and [slides](#) under the [Coaches tab](#) on the YMCA Swimming and Diving website.

Register Now! 2023-24 Team and Coach Registration

- [Annual registration](#) is for ALL YMCA teams and coaches.
- Register your team first and then all coaches.
- Check that your team's information and contacts are up to date.
- The team information provides important data on the size and scope of YMCA competitive swimming in the U.S.
- The contact information entered during registration enables communication with coaches, officials' coordinators and aquatic directors throughout the year.

Updated Coach Certification Requirements for Registration Document is Posted

- Refer to [this document](#) for all accepted providers and courses. If it is not on this document, it will not be accepted.
- There are updates to course names, links and providers in 2023-24.

Late Coach Registration Fee is Now \$100 Per Coach

- All coaches should be current in all required certifications before coaching a practice or meet.
- The deadline for submission of coach registrations is December 1. Registrations are free until December 1. Registrations submitted after December 1 will be charged \$100 to the coach's YMCA. If a coach is hired after December 1, contact your regional representative and complete registration as soon as possible.

- Coach registration provides local YMCAs and meet directors a way to verify that coaches are certified.
- Coach registration also provides contact information so that all coaches receive regular communication about YMCA swimming throughout the year.

Athlete Representatives

There are still openings for athlete representatives to the National Championship Meet Committee, Officials Committee and Eligibility Committee for 2023-24.

- Interested high school juniors may apply **by October 10** [at this link](#).

Vote for YMCA Swimmers for Golden Goggles Awards

Jack Alexy (Greater Somerset YMCA) and Thomas Heilman (Piedmont Family YMCA) are both nominated for 2023 Golden Goggles Awards.



Voting is open through October 15. Visit [USA Swimming News](#) for more information and to vote. The Golden Goggles Awards are on November 19 at the J.W. Marriott at LA Live in Los Angeles, CA.



YMCA Swim Coaches Forum

- Third Tuesday of each month, 11:30 am – 12:30 pm Eastern.
- Find recordings on the [Coaches tab](#) of the Swimming and Diving website.
- All coaches and aquatic directors are welcome.
- Send topic suggestions and questions to [Mike Gobrecht](#) or [Meredith Griffin](#).
 - October 17 topic is Parent Engagement & Orientation, plus it will feature a **vendor spotlight with TritonWear** as well as guests from USA Swimming and plenty of Q&A time.

Annual Tom Warrick Virtual Invitational is Underway

- This unique competition is an opportunity for swimmers and teams to participate and compete with others around the country. It is the only virtual meet recognized as a valid YMCA inter-association meet.
- Meet Information and event file [HERE](#).
- Local meets may be held between October 6 and November 5*.
 - *Teams in states where Y meet participation is restricted during the high school season may hold meets between December 1 and December 10.
- Follow the meet information carefully and do not change the event file or event numbers.

2024 YMCA National Championships

- YMCA National Short Course Championships – April 2-6 in Greensboro, NC
 - Time standards are [posted](#).
 - Please use the hotel booking system, which enables the Travel Assistance Program to provide financial assistance for athletes who would not be able to participate otherwise.
- YMCA National Long Course Championships – Announcement coming soon.
 - Time standards are [posted](#).

