



YMCA Swimming News – October 2022

YMCA Swimming Rules Documents – 2022-23 Updates

- The [Swimming Addendum to the Rules That Govern YMCA Sports](#) and the [YMCA Sanctioned Meet Rules](#) have been updated for 2022-23.
- The only change to the Sanctioned Meet Rules is to send meet results to SwimCloud.
- There are several items to note in the Swimming Addendum:
 - **Summer league participation** rule was simplified/clarified. (p.2)
 - The language around **competition category and swimsuit exemptions** was added. (p.7) This previously only existed in a stand-alone document.
 - A provision was added to the minimum requirements for a closed YMCA inter-association meet by which a defined **“Distance” meet** may be considered valid. (p.9)
 - A clarification was added for **counting the number of meet events** offered in order to meet the required minimum for a closed YMCA inter-association meet. (p.9)
 - Teams and swimmers **may no longer automatically count participation in two or more days of a closed YMCA meet as participation in two separate YMCA meets**. This allowance will now only be granted through application to the National Eligibility Committee prior to the meet. This allowance has always been intended only for those teams at significant geographical distance from other YMCAs. (p.10)

Centennial YMCA National Swimming and Diving Championship Meets

- 2023 marks 100 years since the first YMCA National Swimming and Diving Championship, which was held in Brooklyn, NY in 1923 with only 9 teams, including one from Toronto.
- A committee of current and former athletes, coaches, volunteers and Y-USA staff is working on several special commemorative activities in Greensboro to mark the occasion.
- Watch for regular updates and announcements through the year, but especially this fall as unique events are being planned for athletes, coaches, volunteers, families and alumni.
- YMCA National Short Course Swimming Championship Meet – April 3-7 in Greensboro, NC. See meet website including hotel information.
- YMCA National Diving Championship Meet – Date and location to be announced very soon.

YMCA Swim Coaches Forum

- Tuesday, October 18, 11:30 am ET (Third Tuesday of each month)
- Topic: Intro to the YMCA Swim Coaches Association (it's free, no application and all coaches are members) with Mike Leonard
- Find recordings and related resources on the YMCA Swimming and Diving website under the [Coaches tab](#).
- Submit questions ahead of time to [Meredith Griffin](#) or [Mike Gobrecht](#) if you cannot join live.

Athlete Representatives

- There are still openings for athlete representatives to the National Championship Meet Committee, Officials Committee and Eligibility Committee for 2022-23.
- Interested high school juniors may **apply by November 10** at [this link](#).
- Congratulations to Kaitlyn Culbert (YMCA of Greater Monmouth – NJ), Ariel Grannis (Limestone YMCA – KY) and Grace Brunk (YMCA of the Triangle – NC) on being named new athlete representatives.
- Find more information and see the full list of athlete representatives on the YMCA Swimming and Diving website under [Swimmers tab](#).

Congratulations

- **Daniel Diehl** (Cumberland YMCA – MD) has been named to the U.S. National Team.
- **Anna Moesch** (Greater Somerset County YMCA – NJ), **Alexa Fulton** (Upper Main Line YMCA – PA), **Claire Tuggle** (Piedmont Family YMCA – VA), **Thomas Heilman** (Piedmont Family YMCA – VA) and **Tommy Janton** (Western Branch YMCA – DE) have been named to the U.S. National Junior Team.
- **Coach Alessandro Eramo** (Burbank YMCA – MA) was named the Coach of the Year for New England Swimming

YMCA Annual Tom Warrick Virtual Meet

- The National Advisory Committee approved the renaming of the YMCA Annual Fall Virtual Invitational Meet to the YMCA Annual Tom Warrick Virtual Meet.
- Tom Warrick was the creator and longtime meet director of the meet, which was designed to bring the YMCA swimming community closer together in a fun and competitive way each fall.
- Tom passed away this year after battling several health issues. He was a Joseph G. Rogers Award recipient, decades-long volunteer, innovator and champion of YMCA swimming.
- Find information and instructions for submitting results on this year's meet on the [YMCA Swimming and Diving website](#). The meet is currently ongoing through Oct. 30, with alternate dates of Nov. 25-Dec. 11 in states where Y meet participation is restricted during fall high school seasons.