



# SCHEDULE OF ACTIVITIES

## YMCA NATIONAL SWIMMING CHAMPIONSHIP

### PRE-MEET ACTIVITIES

<b>11:59PM</b>	<b>03/01 (Friday) Deadline for Team and Coach Annual Registration</b>
11:59PM	03/19 (Tuesday) Deadline for Officials/Timers Pre-registration
<b>9:00PM</b>	<b>03/25 (Monday) Championship Entry Submission Deadline</b>
11:59PM	03/25 (Monday) Deadline for submitting Travel Assistance application
12:00 Noon	03/26 (Tuesday) Deadline for purchasing All Session Spectator Admission pass at Earlybird price
	03/28 (Thursday) Notification to Teams selected for Proof of Times
<b>9:00PM</b>	<b>03/28 (Thursday) Time Trials Online Entries Deadline</b>
<b>11:59PM</b>	<b>03/29 (Friday) Deadline for electronically submitting all Attestation Documents</b>
10:00AM-7:00PM	04/01 (Monday) Pool open for YMCA Swimmers
1:00PM-4:00PM	04/01 (Monday) Facilitation Skills training for Trainer Candidates – Part 1 – Location TBD
4:00PM-6:00PM	04/01 (Monday) Trainer Training Candidates – part 1 – Location TBD
6:00PM	04/01 (Monday) 2024 Rogers Award Presentation – by Invitation Only – Location TBD
	04/04 (Thursday) Deadline for purchasing All Session Spectator Admission pass at Standard price



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### TUESDAY: START OF DAY 1 - CHECK-IN DAY

Day's Event 101 Women's 200 Medley Relay (Prelims - Finals swim Wednesday Evening)

Day's Event 102 Men's 200 Medley Relay (Prelims - Finals swim Wednesday Evening)

Day's Event 103 Women's 1,000 Yard Freestyle (fastest to slowest)

Day's Event 104 Men's 1,000 Yard Freestyle (fastest to slowest)

Day's Event 105 Women's 800 Freestyle Relay (fastest to slowest)

Day's Event 106 Men's 800 Freestyle Relay (fastest to slowest)

- 6:00AM-2:30PM **COACHES:** Pool open exclusively for Meet.
- 8:00AM-12:00PM **OFFICIALS:** Level I Officials Training – Evt Ctr Rm 4
- 8:00AM-12:00PM **OFFICIALS:** Level II Officials Training – Evt Ctr Rm 4
- 8:00AM-12:00PM **OFFICIALS:** Administrative Officials Training – GAC Mezzanine
- 9:00AM-12:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 3
- 9:00AM-12:00PM **COACHES:** Scratch Table Open for 200 Medley Relay, 1000 Freestyle, and 800 Freestyle Relay (Day 1 events) – Events Center - Coaches Check-in (Rm 3)
- 9:00AM-2:00PM **COACHES:** Scratch Table Open for Day 2-5 Events - Events Center – Coaches Check-in(Rm 3) and during All Coaches meeting (Rm 1)
- 9:00AM-12:00PM **OFFICIALS:** Officials Meet Check-in – Evt Ctr Rm 3
- 9:00AM-3:00PM **SPECTATORS:** All Session Parking Pass Sales - Events Center Lobby
- 9:00AM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool
- 9:00AM **SWIMMERS:** Athlete Village Open for Team Move-in
- 11:00AM-12:00PM **ALL:** College Coaches Forum – Evt Ctr – West Wing Rm B
- 12:15PM **COACHES:** New Coaches Meeting – Evt Ctr Rm 1
- 12:15PM-12:45PM **OFFICIALS:** New Officials Meeting - Evt Ctr Rm 4
- 1:00PM-2:00PM **OFFICIALS:** Mandatory Meeting for All Officials - Evt Ctr Rm 4
- 1:00PM **COACHES:** All Coaches Meeting – Evt Ctr Rm 1
- 2:30PM **COACHES:** Pool Opens for Finals Warm-up
- 3:00PM **SPECTATORS:** Stands Open
- 3:00PM **COACHES:** Relay Table Open - Room off pool deck
- 3:00PM **OFFICIALS:** Officials/Timers Briefing – Events Center – Rm 4
- 3:45PM **ALL:** Competition Pool Closes
- 3:45PM **ALL:** Devotion and National Anthem
- 4:00PM** **ALL: Start of Competition**
- 4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 2-5 events
- 4:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in – Evt Ctr Rm 3
- 6:30PM-7:30PM Athlete Welcome with Dinner (begin entry at 6:20PM) – Evt Ctr – West Wing Rm B

ESTIMATED SESSION END TIME: 6:15PM



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## YMCA NATIONAL SWIMMING CHAMPIONSHIP

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### WEDNESDAY: START OF DAY 2

Day's Event 201 Women's 200 Yard Backstroke  
Day's Event 202 Men's 200 Yard Backstroke  
Day's Event 203 Women's 100 Yard Butterfly  
Day's Event 204 Men's 100 Yard Butterfly  
Day's Event 205 Women's 200 Yard Breaststroke  
Day's Event 206 Men's 200 Yard Breaststroke  
Day's Event 101 Women's 200 Yard Medley Relay  
Day's Event 102 Men's 200 Yard Medley Relay

6:00AM **COACHES:** Pool Opens Prelims Warm-up  
6:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4  
6:00AM-12:00PM **SPECTATORS:** All Session Parking Pass Sales – Parking Lot Entrance Booth  
6:30AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool  
7:00AM-10:00AM **COACHES:** Time Trial Table Open- Time Trial Room  
7:00AM **SPECTATORS:** Stands Open  
7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open- Scratch Room Off Pool Deck  
7:45AM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1  
8:45AM **ALL:** Competition Pool Closes  
8:45AM **ALL:** Devotion and National Anthem  
**8:45AM** **ALL: 2024 Joseph G. Rogers Award Announcement**  
**9:00AM** **ALL: Prelims Start**

### **30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START**

4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool  
4:00PM **COACHES:** Pool Opens for Finals Warm-up  
4:00PM **SPECTATORS:** Stands Open  
4:00PM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1  
5:00PM **COACHES:** Scratch Table Open for Day 3-5 events - Scratch Room Off Pool Deck  
4:00PM **COACHES:** Relay Table Open- Scratch Room Off Pool Deck  
4:35PM **COACHES:** Assembly of Athletes for Opening Ceremonies - Events Center  
4:45PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4  
4:50PM **ALL:** Competition Pool Closes  
**4:50PM** **ALL: Opening Ceremonies - Parade of Athletes**  
5:10PM **ALL:** Devotion and National Anthem  
**5:15PM** **ALL: Finals Start with B, A, C, D Heats**

800 Freestyle Relay Awards-Women after Heat D of #201, Men after Heat D of #202

ESTIMATED SESSION END TIME: 8:00PM



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## YMCA NATIONAL SWIMMING CHAMPIONSHIP

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### THURSDAY: START OF DAY 3

Day's Event 301 Women's 100 Yard Backstroke  
Day's Event 302 Men's 100 Yard Backstroke  
Day's Event 303 Women's 400 Yard IM  
Day's Event 304 Men's 400 Yard IM  
Day's Event 305 Women's 200 Yard Freestyle  
Day's Event 306 Men's 200 Yard Freestyle  
Day's Event 307 Women's 200 Yard Freestyle Relay  
Day's Event 308 Men's 200 Yard Freestyle Relay

6:00AM **COACHES:** Pool Opens Prelims Warm-up  
7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4  
7:00AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool  
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Time Trial Room  
7:00AM **SPECTATORS:** Stands Open  
7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open- Scratch Room Off Pool Deck  
7:30AM **OFFICIALS:** Picture - Spectator Stands  
7:45AM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1  
8:45AM **ALL:** Competition Pool Closes  
8:45AM **ALL:** Devotion and National Anthem  
**8:45AM ALL: Senior Recognition**  
**8:45AM ALL: Adolf Kiefer YMCA Youth Character Awards Announced**  
**9:00AM ALL: Prelims Start**

### **30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START**

4:00PM **COACHES:** Pool Opens for Finals Warm-up  
4:00PM **SPECTATORS:** Stands open  
4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool  
4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 4-5 events - Scratch Room Off Pool Deck  
4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch Room Off Pool Deck  
4:15PM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1  
5:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4  
5:00PM **ALL:** Competition Pool Closes  
5:00PM **ALL:** Devotion and National Anthem  
**5:15PM ALL: Finals Start with B, A, C, D Heats**

ESTIMATED SESSION END TIME: 7:50PM



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## YMCA NATIONAL SWIMMING CHAMPIONSHIP

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### FRIDAY: START OF DAY 4

Day's Event 401 Women's 500 Yard Freestyle  
Day's Event 402 Men's 500 Yard Freestyle  
Day's Event 403 Women's 200 Yard IM  
Day's Event 404 Men's 200 Yard IM  
Day's Event 405 Women's 50 Yard Freestyle  
Day's Event 406 Men's 50 Yard Freestyle  
Day's Event 407 Women's 400 Yard Med Rly  
Day's Event 408 Men's 400 Yard Med Rly

6:00AM **COACHES:** Pool Opens Prelims Warm-up

7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4

7:00AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool

7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Time Trial Room

7:00AM **SPECTATORS:** Stands Open

7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open- Scratch Room Off Pool Deck

7:45AM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1

8:45AM **ALL:** Competition Pool Closes

8:45AM **ALL:** Devotion and National Anthem

**8:45AM** **ALL: Moment of Remembrance**

**8:45AM** **ALL: 2024 Conrad Carroll Award Announcement**

**9:00AM** **ALL: Prelims Start**

### **30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START**

4:00PM **COACHES:** Pool Opens for Finals Warm-up

4:00PM **SPECTATORS:** Stands open

4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool

4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 5- Scratch Room Off Pool Deck

4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch Room Off Pool Deck

4:15PM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1

5:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4

5:00PM **ALL:** Competition Pool Closes

5:00PM **ALL:** Devotion and National Anthem

**5:15PM** **ALL: Finals Start with B, A, C, D Heats**

ESTIMATED SESSION END TIME: 8:05PM



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### SATURDAY: START OF DAY 5

Day's Event 501 Women's 100 Yard Freestyle  
Day's Event 502 Men's 100 Yard Freestyle  
Day's Event 503 Women's 200 Yard Butterfly  
Day's Event 504 Men's 200 Yard Butterfly  
Day's Event 505 Women's 100 Yard Breaststroke  
Day's Event 506 Men's 100 Yard Breaststroke  
Day's Event 507 Women's 400 Yard Freestyle Relay  
Day's Event 508 Men's 400 Yard Freestyle Relay  
Day's Event 509 Women's 1,650 Yard Freestyle (Prelims fastest to slowest - Top seeded heat swim first event at Finals)  
Day's Event 510 Men's 1,650 Yard Freestyle (Prelims fastest to slowest - Top Seeded heat swim first event at Finals)

6:00AM **COACHES:** Pool Opens Prelims Warm-up  
7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4  
7:00AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool  
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Time Trial Room  
7:00AM **SPECTATORS:** Stands Open  
7:00AM **COACHES:** Relay Table Open- Scratch Room Off Pool Deck  
7:45AM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1  
8:45AM **ALL:** Competition Pool Closes  
8:45AM **ALL:** Devotion and National Anthem  
**8:45AM ALL: 2025 Joseph G. Rogers Award Announced**  
**8:45AM ALL: Coach of the Year Award**  
**9:00AM ALL: Prelims Start**

### **30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START**

4:00PM **COACHES:** Pool Opens for Finals Warm-up  
4:00PM **SPECTATORS:** Stands Open  
4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool  
4:00PM **COACHES:** Relay Table Open- Scratch Room Off Pool Deck  
4:15PM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1  
5:00PM **ALL:** Competition Pool Closes  
5:00PM **ALL:** Devotion and National Anthem  
**5:00PM ALL: Coach of the Meet Award**  
**5:15PM ALL: Finals Start with B, A, C, D Heats**

ESTIMATED SESSION END TIME: 8:30PM