



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

PRE-MEET ACTIVITIES

11:59PM	03/01 (Wednesday) Deadline for Team and Coach Annual Registration
11:59PM	03/19 (Sunday) Deadline for Officials/Timers Pre-registration
11:59PM	03/24 (Friday) Deadline for submitting Travel Assistance application
9:00PM	03/27 (Monday) Championship Entry Submission Deadline
12:00 Noon	03/28 (Tuesday) Deadline for purchasing All Session Spectator Admission pass at Earlybird price
	03/30 (Thursday) Notification to Teams selected for Proof of Times
9:00PM	03/30 (Thursday) Time Trials Online Entries Deadline
11:59PM	03/30 (Thursday) Deadline for electronically submitting all Attestation Documents
10:00AM-7:00PM	04/02 (Sunday) Pool open for YMCA Swimmers for \$6 fee – Training pool only
1:00PM-4:00PM	04/02 (Sunday) Facilitation Skills training for Trainer Candidates – Part 1 – Location TBD
4:00PM-6:00PM	04/02 (Sunday) Trainer Training Candidates – part 1 – Location TBD
6:00PM	04/02 (Sunday) 2023 Rogers Award Presentation – by Invitation Only – Location TBD
	04/05 (Wednesday) Deadline for purchasing All Session Spectator Admission pass at Regular price



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

MONDAY: START OF DAY 1 - CHECK-IN DAY

Day's Event 101 Women's 200 Freestyle Relay (Prelims - Finals swim Tuesday Evening)

Day's Event 102 Men's 200 Freestyle Relay (Prelims - Finals swim Tuesday Evening)

Day's Event 103 Women's 1,000 Yard Freestyle (fastest to slowest)

Day's Event 104 Men's 1,000 Yard Freestyle (fastest to slowest)

- 6:00AM-2:30PM **COACHES:** Pool open exclusively for Meet Swimmers and Coaches
- 8:00AM-12:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 3
- 8:00AM-12:00PM **COACHES:** Scratch Table Open for 1000 Freestyle and 200 Freestyle Relay (Day 1 events) – Events Center - Coaches Check-in (Rm 3)
- 8:00AM-2:00PM **COACHES:** Scratch Table Open for Day 2-5 Events - Events Center – Coaches Check-in(Rm 3) and during All Coaches meeting
- 8:00AM-12:00PM **OFFICIALS:** Officials Meet Check-in - Events Center - Rm 3
- 8:00AM-12:00PM **OFFICIALS:** Level I Officials Training - Pool - TBD
- 8:00AM-12:00PM **OFFICIALS:** Level II Officials Training - Pool - TBD
- 9:00AM-3:00PM **SPECTATORS:** All Session Parking Pass Sales - Events Center
- 9:00AM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool
- 9:00AM **SWIMMERS:** Athlete Village Open for Team Move-in - Events Center
- 12:15PM **COACHES:** New Coaches Meeting - Events Center - Rm 4
- 12:15PM-12:45PM **OFFICIALS:** New Officials Meeting - Champs Board Rm
- 1:00PM-2:00PM **OFFICIALS:** Mandatory Meeting for All Officials - Champs Board Rm
- 1:00PM **COACHES:** All Coaches Meeting - Events Center - Rm 1
- 2:30PM **COACHES:** Pool Opens for Finals Warm-up
- 3:00PM **SPECTATORS:** Stands Open
- 3:00PM **COACHES:** Relay Table Open - Room off pool deck
- 3:00PM **OFFICIALS:** Officials/Timers Briefing – Events Center – Rm 1
- 3:45PM **ALL:** Competition Pool Closes
- 3:45PM **ALL:** Devotion and National Anthem
- 4:00PM** **ALL: Start of Competition**
- 4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 2-5 events – Room Off Pool Deck
- 4:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
- 6:00PM – 7:00PM Athlete Welcome with Dinner (start serving at 5:45)
- 7:15PM – 9:00PM Alumni Celebration – Piedmont Hall

ESTIMATED SESSION END TIME: 6:00PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

TUESDAY: START OF DAY 2

Day's Event 201 Women's 200 Yard Backstroke
Day's Event 202 Men's 200 Yard Backstroke
Day's Event 203 Women's 100 Yard Butterfly
Day's Event 204 Men's 100 Yard Butterfly
Day's Event 205 Women's 200 Yard Breaststroke
Day's Event 206 Men's 200 Yard Breaststroke
Day's Event 207 Women's 400 Yard Medley Relay
Day's Event 208 Men's 400 Yard Medley Relay

6:00AM **COACHES:** Pool Opens Prelims Warm-up
6:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
6:00AM-12:00PM **SPECTATORS:** All Session Parking Pass Sales – Parking Lot Entrance Booth
6:30AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool
7:00AM-10:00AM **COACHES:** Time Trial Table Open- Time Trial Room
7:00AM **SPECTATORS:** Stands Open
7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open- Scratch Room Off Pool Deck
7:45AM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1
8:45AM **ALL:** Competition Pool Closes
8:45AM **ALL:** Devotion and National Anthem
8:45AM **ALL: 2023 Joseph G. Rogers Award Announcement**
9:00AM **ALL: Prelims Start**

30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START

4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool
4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM **SPECTATORS:** Stands Open
4:00PM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1
5:00PM **COACHES:** Scratch Table Open for Day 3-5 events - Scratch Room Off Pool Deck
4:00PM **COACHES:** Relay Table Open- Scratch Room Off Pool Deck
4:35PM **COACHES:** Assembly of Athletes for Opening Ceremonies - Events Center
4:45PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
4:50PM **ALL:** Competition Pool Closes
4:50PM **ALL: Opening Ceremonies - Parade of Athletes**
5:10PM **ALL:** Devotion and National Anthem
5:15PM **ALL: Finals Start with B, A, C, D Heats**
5:15PM Swim Finals for 200 Freestyle Relay - Women then Men
5:15PM 1000 Freestyle Awards-Women after Women relay awards, Men after Men relay awards

ESTIMATED SESSION END TIME: 8:30PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

WEDNESDAY: START OF DAY 3

Day's Event 301 Women's 100 Yard Backstroke
Day's Event 302 Men's 100 Yard Backstroke
Day's Event 303 Women's 400 Yard IM
Day's Event 304 Men's 400 Yard IM
Day's Event 305 Women's 200 Yard Freestyle
Day's Event 306 Men's 200 Yard Freestyle
Day's Event 307 Women's 200 Yard Medley Relay
Day's Event 308 Men's 200 Yard Medley Relay

6:00AM **COACHES:** Pool Opens Prelims Warm-up
7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Time Trial Room
7:00AM **SPECTATORS:** Stands Open
7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open- Scratch Room Off Pool Deck
7:30AM **OFFICIALS:** Picture - Spectator Stands
7:45AM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1
8:45AM **ALL:** Competition Pool Closes
8:45AM **ALL:** Devotion and National Anthem
8:45AM ALL: Senior Recognition
8:45AM ALL: Adolf Kiefer YMCA Youth Character Awards Announced
9:00AM ALL: Prelims Start

30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START

4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM **SPECTATORS:** Stands open
4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool
4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 4-5 events - Scratch Room Off Pool Deck
4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch Room Off Pool Deck
4:15PM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1
5:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
5:00PM **ALL:** Competition Pool Closes
5:00PM **ALL:** Devotion and National Anthem
5:15PM ALL: Finals Start with B, A, C, D Heats

ESTIMATED SESSION END TIME: 7:45PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

THURSDAY: START OF DAY 4

Day's Event 401 Women's 500 Yard Freestyle
Day's Event 402 Men's 500 Yard Freestyle
Day's Event 403 Women's 200 Yard IM
Day's Event 404 Men's 200 Yard IM
Day's Event 405 Women's 50 Yard Freestyle
Day's Event 406 Men's 50 Yard Freestyle
Day's Event 407 Women's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)
Day's Event 408 Men's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)

6:00AM **COACHES:** Pool Opens Prelims Warm-up
7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Time Trial Room
7:00AM **SPECTATORS:** Stands Open
7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open- Scratch Room Off Pool Deck
7:45AM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1
8:45AM **ALL:** Competition Pool Closes
8:45AM **ALL:** Devotion and National Anthem
8:45AM ALL: Moment of Remembrance
8:45AM ALL: 2023 Conrad Carroll Award Announcement
9:00AM ALL: Prelims Start

30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START

4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM **SPECTATORS:** Stands open
4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool
4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 5- Scratch Room Off Pool Deck
4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch Room Off Pool Deck
4:15PM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1
5:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
5:00PM **ALL:** Competition Pool Closes
5:00PM **ALL:** Devotion and National Anthem
5:15PM ALL: Finals Start with B, A, C, D Heats

ESTIMATED SESSION END TIME: 8:15PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

FRIDAY: START OF DAY 5

Day's Event 501 Women's 200 Yard Butterfly
Day's Event 502 Men's 200 Yard Butterfly
Day's Event 503 Women's 100 Yard Freestyle
Day's Event 504 Men's 100 Yard Freestyle
Day's Event 505 Women's 100 Yard Breaststroke
Day's Event 506 Men's 100 Yard Breaststroke
Day's Event 507 Women's 400 Yard Freestyle Relay
Day's Event 508 Men's 400 Yard Freestyle Relay
Day's Event 509 Women's 1,650 Yard Freestyle (Prelims fastest to slowest - Top seeded heat swim first event at Finals)
Day's Event 510 Men's 1,650 Yard Freestyle (Prelims fastest to slowest - Top Seeded heat swim first event at Finals)

6:00AM **COACHES:** Pool Opens Prelims Warm-up
7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Time Trial Room
7:00AM **SPECTATORS:** Stands Open
7:00AM **COACHES:** Relay Table Open- Scratch Room Off Pool Deck
7:45AM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1
8:45AM **ALL:** Competition Pool Closes
8:45AM **ALL:** Devotion and National Anthem
8:45AM ALL: 2024 Joseph G. Rogers Award Announced
8:45AM ALL: Coach of the Year Award
9:00AM ALL: Prelims Start

30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START

4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM **SPECTATORS:** Stands Open
4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool
4:00PM **COACHES:** Relay Table Open- Scratch Room Off Pool Deck
4:15PM **OFFICIALS:** Officials/Timers Meeting & Check-in - Events Center – Rm 1
5:00PM **ALL:** Competition Pool Closes
5:00PM **ALL:** Devotion and National Anthem
5:00PM ALL: Coach of the Meet Award
5:15PM ALL: Finals Start with B, A, C, D Heats

ESTIMATED SESSION END TIME: 8:30PM