

2024 YMCA Masters National, Sanction #: 504-R001

Fort Lauderdale Aquatic Center

Results - Thursday

Event 101 Women 18-24 1650 Yard Freestyle

YMCA: 16:53.46 Y 5/4/2017 Genevieve Miller
 NATL: 16:53.46 * 5/4/2017 Genevieve Miller

South Family YMC

Name	Age	Team	Seed Time	Finals Time	Points
1 Csak, Sabina	18	YMCA of Greenwich Inc	21:30.00	20:09.31	9
32.56	1:08.24 (35.68)	1:45.07 (36.83)	2:21.66 (36.59)		
2:58.18 (36.52)	3:34.85 (36.67)	4:11.47 (36.62)	4:48.67 (37.20)		
5:25.50 (36.83)	6:02.63 (37.13)	6:39.93 (37.30)	7:16.77 (36.84)		
7:53.27 (36.50)	8:29.92 (36.65)	9:06.83 (36.91)	9:43.17 (36.34)		
10:20.24 (37.07)	10:56.98 (36.74)	11:33.84 (36.86)	12:10.87 (37.03)		
12:47.69 (36.82)	13:24.41 (36.72)	14:01.34 (36.93)	14:38.24 (36.90)		
15:15.41 (37.17)	15:52.65 (37.24)	16:29.70 (37.05)	17:06.82 (37.12)		
17:43.64 (36.82)	18:20.97 (37.33)	18:57.60 (36.63)	19:34.31 (36.71)	20:09.31 (35.00)	

Event 101 Women 25-29 1650 Yard Freestyle

YMCA: 17:58.19 Y 1994 Shelly Schafer
 NATL: 16:50.17 * 5/19/1991 Karen Burton

Plymouth MI

1 Redmond, Rachel	26	Greater Annapolis Family Cente	25:00.00	20:27.99	9
31.97	1:06.79 (34.82)	1:43.05 (36.26)	2:19.35 (36.30)		
2:56.29 (36.94)	3:33.78 (37.49)	4:11.61 (37.83)	4:49.06 (37.45)		
5:26.50 (37.44)	6:04.35 (37.85)	6:41.17 (36.82)	7:18.77 (37.60)		
7:56.52 (37.75)	8:33.87 (37.35)	9:11.73 (37.86)	9:49.24 (37.51)		
10:27.07 (37.83)	11:04.82 (37.75)	11:42.24 (37.42)	12:19.59 (37.35)		
12:56.72 (37.13)	13:34.19 (37.47)	14:11.55 (37.36)	14:49.13 (37.58)		
15:26.94 (37.81)	16:04.64 (37.70)	16:42.76 (38.12)	17:20.11 (37.35)		
17:58.10 (37.99)	18:36.19 (38.09)	19:13.07 (36.88)	19:51.08 (38.01)	20:27.99 (36.91)	
2 Siefert, Morgan	27	South YMCA	22:00.89	21:06.22	7
32.81	1:09.09 (36.28)	1:46.14 (37.05)	2:23.31 (37.17)		
3:00.95 (37.64)	3:38.68 (37.73)	4:17.25 (38.57)	4:55.65 (38.40)		
5:33.93 (38.28)	6:12.32 (38.39)	6:50.79 (38.47)	7:29.37 (38.58)		
8:07.85 (38.48)	8:46.69 (38.84)	9:25.40 (38.71)	10:04.26 (38.86)		
10:42.89 (38.63)	11:21.82 (38.93)	12:01.24 (39.42)	12:40.11 (38.87)		
13:19.29 (39.18)	13:58.32 (39.03)	14:37.53 (39.21)	15:16.68 (39.15)		
15:55.56 (38.88)	16:34.79 (39.23)	17:13.74 (38.95)	17:52.86 (39.12)		
18:32.22 (39.36)	19:11.44 (39.22)	19:50.38 (38.94)	20:29.12 (38.74)	21:06.22 (37.10)	
3 Grant, Gina	26	YMCA of the Palm Beaches (Palm	26:40.68	27:48.28	6
41.52	1:28.41 (46.89)	2:17.70 (49.29)	3:09.55 (51.85)		
4:51.67 (1:42.12)	6:34.95 (1:43.28)	7:25.98 (51.03)	10:01.55 (2:35.57)		
10:52.75 (51.20)	11:43.85 (51.10)	12:37.21 (53.36)	15:10.89 (2:33.68)		
16:02.43 (51.54)	17:44.79 (1:42.36)	18:34.85 (50.06)	19:24.43 (49.58)		
22:49.04 (3:24.61)	23:40.56 (51.52)	25:21.86 (1:41.30)			
		27:52.71 ()	27:48.28 ()		

Event 101 Women 35-39 1650 Yard Freestyle

YMCA: 17:46.17 Y 2002 Charlotte Peterson
 NATL: 16:46.85 * 11/15/2014 Heidi George

Orlando FL

1 Sciacca, Krysten	36	Nir Family YMCA	18:23.99	19:14.89	9
32.81	1:08.56 (35.75)	1:44.62 (36.06)	2:20.78 (36.16)		
2:56.46 (35.68)	3:32.05 (35.59)	4:07.65 (35.60)	4:43.23 (35.58)		
5:18.85 (35.62)	5:54.45 (35.60)	6:30.27 (35.82)	7:05.50 (35.23)		
7:40.70 (35.20)	8:16.08 (35.38)	8:51.37 (35.29)	9:26.46 (35.09)		
10:02.12 (35.66)	10:37.33 (35.21)	11:12.62 (35.29)	11:47.79 (35.17)		
12:22.64 (34.85)	12:57.22 (34.58)	13:31.53 (34.31)	14:06.07 (34.54)		
14:40.70 (34.63)	15:15.22 (34.52)	15:49.85 (34.63)	16:24.36 (34.51)		
16:58.76 (34.40)	17:33.28 (34.52)	18:07.58 (34.30)	18:41.65 (34.07)	19:14.89 (33.24)	

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(Event 101 Women 35-39 1650 Yard Freestyle)

2	Zeaiter, Janet	39	YMCA of Greater Cincinnati	22:00.00	22:12.56	7
	34.65	1:12.95 (38.30)	1:52.21 (39.26)	2:31.51 (39.30)		
	3:11.48 (39.97)	3:52.54 (41.06)	4:33.48 (40.94)	5:14.35 (40.87)		
	5:56.03 (41.68)	6:37.13 (41.10)	7:18.86 (41.73)	7:59.47 (40.61)		
	8:40.62 (41.15)	9:21.94 (41.32)	10:02.92 (40.98)	10:43.77 (40.85)		
	11:23.22 (39.45)	12:03.50 (40.28)	12:44.60 (41.10)	13:26.07 (41.47)		
	14:07.26 (41.19)	14:47.53 (40.27)	15:27.38 (39.85)	16:07.37 (39.99)		
	16:47.27 (39.90)	17:27.47 (40.20)	18:08.36 (40.89)	18:50.23 (41.87)		
	19:30.61 (40.38)	20:10.88 (40.27)	20:52.05 (41.17)	21:33.08 (41.03)	22:12.56 (39.48)	
3	Kemmet, Caitlin	36	Greater Annapolis Family Cente	24:57.67	24:30.03	6
	36.92	1:19.08 (42.16)	2:01.42 (42.34)	2:44.57 (43.15)		
	3:27.80 (43.23)	4:11.35 (43.55)	4:54.80 (43.45)	5:38.83 (44.03)		
	6:23.32 (44.49)	7:07.77 (44.45)	7:52.02 (44.25)	8:37.31 (45.29)		
	9:21.39 (44.08)	10:05.91 (44.52)	10:50.77 (44.86)	11:35.76 (44.99)		
	12:21.47 (45.71)	13:06.73 (45.26)	13:51.75 (45.02)	14:36.68 (44.93)		
	15:22.23 (45.55)	16:08.18 (45.95)	16:54.09 (45.91)	17:39.77 (45.68)		
	18:25.78 (46.01)	19:12.68 (46.90)	19:58.60 (45.92)	20:43.89 (45.29)		
	21:29.07 (45.18)	22:15.62 (46.55)	23:01.78 (46.16)	23:47.93 (46.15)	24:30.03 (42.10)	
4	Hermann, Laura	35	YMCA of Greater Cincinnati	25:25.50	24:36.42	5
	40.02	1:22.92 (42.90)	2:06.41 (43.49)	2:50.32 (43.91)		
	3:34.39 (44.07)	4:18.60 (44.21)	5:03.94 (45.34)	5:48.90 (44.96)		
	6:33.63 (44.73)	7:18.32 (44.69)	8:03.52 (45.20)	8:48.62 (45.10)		
	9:33.74 (45.12)	10:18.36 (44.62)	11:03.00 (44.64)	11:48.44 (45.44)		
	12:33.53 (45.09)	13:18.60 (45.07)	14:03.66 (45.06)	14:49.51 (45.85)		
	15:34.94 (45.43)	16:20.44 (45.50)	17:05.98 (45.54)	17:51.11 (45.13)		
	18:37.53 (46.42)	19:23.86 (46.33)	20:09.74 (45.88)	20:54.79 (45.05)		
	21:40.23 (45.44)	22:25.42 (45.19)	23:10.78 (45.36)	23:54.66 (43.88)	24:36.42 (41.76)	

Event 101 Women 40-44 1650 Yard Freestyle

YMCA: 18:20.05 Y 5/15/2008 Charlotte Peterson Sarasota FL
NATL: 17:06.37 * 11/4/2018 Heidi George

1	Dye, Lindsey	40	YMCA of Greater Cincinnati	20:05.30	20:06.71	9
	32.90	1:08.49 (35.59)	1:45.01 (36.52)	2:21.53 (36.52)		
	2:58.13 (36.60)	3:35.29 (37.16)	4:12.33 (37.04)	4:49.26 (36.93)		
	5:26.33 (37.07)	6:03.38 (37.05)	6:40.59 (37.21)	7:17.84 (37.25)		
	7:54.90 (37.06)	8:32.21 (37.31)	9:09.59 (37.38)	9:46.77 (37.18)		
	10:23.93 (37.16)	11:01.40 (37.47)	11:38.66 (37.26)	12:15.66 (37.00)		
	12:52.55 (36.89)	13:29.40 (36.85)	14:06.06 (36.66)	14:42.97 (36.91)		
	15:19.95 (36.98)	15:56.56 (36.61)	16:32.70 (36.14)	17:08.93 (36.23)		
	17:45.37 (36.44)	18:21.82 (36.45)	18:58.21 (36.39)	19:33.55 (35.34)	20:06.71 (33.16)	
2	Smith, Tara	44	Nir Family YMCA	23:34.67	21:47.73	7
	36.29	1:15.06 (38.77)	1:54.27 (39.21)	2:33.75 (39.48)		
	3:13.74 (39.99)	3:53.10 (39.36)	4:32.16 (39.06)	5:11.78 (39.62)		
	5:51.34 (39.56)	6:30.50 (39.16)	7:09.73 (39.23)	7:49.43 (39.70)		
	8:28.98 (39.55)	9:08.08 (39.10)	9:48.13 (40.05)	10:27.67 (39.54)		
	11:07.56 (39.89)	11:47.38 (39.82)	12:27.35 (39.97)	13:07.25 (39.90)		
	13:47.44 (40.19)	14:28.42 (40.98)	15:07.84 (39.42)	15:47.57 (39.73)		
	16:27.26 (39.69)	17:07.16 (39.90)	17:47.38 (40.22)	18:27.42 (40.04)		
	19:07.49 (40.07)	19:47.63 (40.14)	20:28.39 (40.76)	21:08.42 (40.03)	21:47.73 (39.31)	

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Results - Thursday

(Event 101 Women 40-44 1650 Yard Freestyle)

3	Haeussler, Jayme	43	Ralph J. Stolle Countryside YM	27:00.00	24:59.42	6
	38.52	1:21.19 (42.67)	2:04.71 (43.52)	2:50.24 (45.53)		
	3:35.74 (45.50)	4:20.91 (45.17)	5:06.14 (45.23)	5:51.29 (45.15)		
	6:36.41 (45.12)	7:21.58 (45.17)	8:07.19 (45.61)	8:52.50 (45.31)		
	9:37.82 (45.32)	10:23.59 (45.77)	11:09.04 (45.45)	11:54.68 (45.64)		
	12:40.66 (45.98)	13:26.79 (46.13)	14:12.61 (45.82)	14:58.59 (45.98)		
	15:44.55 (45.96)	16:30.85 (46.30)	17:16.97 (46.12)	18:03.08 (46.11)		
	18:48.79 (45.71)	19:35.10 (46.31)	20:21.65 (46.55)	21:08.44 (46.79)		
	21:54.94 (46.50)	22:41.10 (46.16)	23:27.52 (46.42)	24:13.76 (46.24)	24:59.42 (45.66)	

Event 101 Women 45-49 1650 Yard Freestyle

YMCA: 17:56.26 Y 4/16/2009 Elene Jones Sarasota FL
NATL: 17:05.13 * 7/21/2021 Heidi George

1	Sullivan, Mary	49	South YMCA	20:31.93	20:12.45	9
	33.10	1:09.52 (36.42)	1:46.74 (37.22)	2:23.98 (37.24)		
	3:01.25 (37.27)	3:38.34 (37.09)	4:15.60 (37.26)	4:52.51 (36.91)		
	5:29.85 (37.34)	6:06.79 (36.94)	6:43.90 (37.11)	7:21.08 (37.18)		
	7:57.96 (36.88)	8:35.13 (37.17)	9:11.85 (36.72)	9:48.51 (36.66)		
	10:25.62 (37.11)	11:02.05 (36.43)	11:38.76 (36.71)	12:14.98 (36.22)		
	12:51.83 (36.85)	13:28.69 (36.86)	14:05.60 (36.91)	14:42.41 (36.81)		
	15:19.52 (37.11)	15:56.93 (37.41)	16:33.45 (36.52)	17:09.77 (36.32)		
	17:47.41 (37.64)	18:23.91 (36.50)	19:00.73 (36.82)	19:37.19 (36.46)	20:12.45 (35.26)	
2	Taddeo, Marta Anne	45	YMCA of Westport Weston CT Inc	23:20.00	23:48.93	7
	36.43	1:16.53 (40.10)	1:57.16 (40.63)	2:38.80 (41.64)		
	3:20.34 (41.54)	4:02.50 (42.16)	4:44.78 (42.28)	5:27.03 (42.25)		
	6:09.51 (42.48)	6:52.29 (42.78)	7:35.06 (42.77)	8:18.00 (42.94)		
	9:00.98 (42.98)	9:43.85 (42.87)	10:26.78 (42.93)	11:09.96 (43.18)		
	11:53.33 (43.37)	12:36.68 (43.35)	13:20.23 (43.55)	14:03.94 (43.71)		
	14:47.74 (43.80)	15:31.46 (43.72)	16:15.16 (43.70)	16:58.81 (43.65)		
	17:42.81 (44.00)	18:26.35 (43.54)	19:10.25 (43.90)	19:53.99 (43.74)		
	20:37.80 (43.81)	21:21.70 (43.90)	22:05.15 (43.45)	22:48.75 (43.60)	23:48.93 (1:00.18)	

Event 101 Women 50-54 1650 Yard Freestyle

YMCA: 18:17.41 Y 5/7/2015 Laurie Hug Ambler - PA-AD
NATL: 18:16.11 * 4/15/2018 Ellen Reynolds

1	Hayden, Alison	52	YMCA of Westport Weston CT Inc	19:26.69	19:30.57	9
	30.82	1:05.34 (34.52)	1:40.98 (35.64)	2:16.85 (35.87)		
	2:52.85 (36.00)	3:28.67 (35.82)	4:04.54 (35.87)	4:40.07 (35.53)		
	5:15.99 (35.92)	5:51.87 (35.88)	6:27.75 (35.88)	7:03.67 (35.92)		
	7:39.43 (35.76)	8:15.20 (35.77)	8:50.86 (35.66)	9:26.66 (35.80)		
	10:02.54 (35.88)	10:38.50 (35.96)	11:14.17 (35.67)	11:49.82 (35.65)		
	12:25.59 (35.77)	13:01.25 (35.66)	13:37.00 (35.75)	14:12.63 (35.63)		
	14:48.40 (35.77)	15:24.13 (35.73)	15:59.66 (35.53)	16:34.83 (35.17)		
	17:10.53 (35.70)	17:45.93 (35.40)	18:21.29 (35.36)	18:56.32 (35.03)	19:30.57 (34.25)	
2	LeClair, Dale	54	YMCA of the Palm Beaches (Palm	21:30.00	21:17.94	7
	34.50	1:12.31 (37.81)	1:51.20 (38.89)	2:30.02 (38.82)		
	3:08.82 (38.80)	3:47.49 (38.67)	4:26.55 (39.06)	5:05.38 (38.83)		
	5:44.00 (38.62)	6:22.62 (38.62)	7:01.17 (38.55)	7:40.06 (38.89)		
	8:18.81 (38.75)	8:57.33 (38.52)	9:36.40 (39.07)	10:15.11 (38.71)		
	10:54.00 (38.89)	11:32.79 (38.79)	12:11.71 (38.92)	12:50.74 (39.03)		
	13:29.45 (38.71)	14:08.14 (38.69)	14:47.23 (39.09)	15:26.29 (39.06)		
	16:05.58 (39.29)	16:44.67 (39.09)	17:23.78 (39.11)	18:02.91 (39.13)		
	18:42.42 (39.51)	19:21.48 (39.06)	20:00.74 (39.26)	20:40.18 (39.44)	21:17.94 (37.76)	

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Results - Thursday

(Event 101 Women 50-54 1650 Yard Freestyle)

3	Whitehead, Beth	51	South YMCA	32:40.32	29:17.28	6
	45.00	1:33.25 (48.25)	2:23.27 (50.02)	3:14.53 (51.26)		
	4:06.59 (52.06)	4:59.37 (52.78)	5:52.87 (53.50)	6:46.83 (53.96)		
	7:40.12 (53.29)	8:33.38 (53.26)	9:26.15 (52.77)	10:19.66 (53.51)		
	11:13.74 (54.08)	12:08.60 (54.86)	13:03.21 (54.61)	13:58.11 (54.90)		
	14:52.77 (54.66)	15:47.21 (54.44)	16:40.70 (53.49)	17:34.62 (53.92)		
	18:29.36 (54.74)	19:23.50 (54.14)	20:18.38 (54.88)	21:11.98 (53.60)		
	22:07.45 (55.47)	23:02.16 (54.71)	23:57.88 (55.72)	24:51.93 (54.05)		
	25:45.72 (53.79)	26:40.06 (54.34)	27:34.01 (53.95)	28:27.57 (53.56)	29:17.28 (49.71)	

Event 101 Women 55-59 1650 Yard Freestyle

YMCA: 19:06.87 Y 5/4/2017 Kelly Parker Palace Sarasota YMCA
NATL: 18:56.04 * 4/16/2010 Laura Val

1	Wheeler, Joan	59	YMCA of the Palm Beaches (Palm	21:20.00	20:48.20	9
	33.27	1:09.71 (36.44)	1:46.80 (37.09)	2:24.52 (37.72)		
	3:02.08 (37.56)	3:39.84 (37.76)	4:17.59 (37.75)	4:55.13 (37.54)		
	5:33.10 (37.97)	6:10.97 (37.87)	6:49.24 (38.27)	7:27.37 (38.13)		
	8:05.58 (38.21)	8:43.72 (38.14)	9:21.96 (38.24)	9:59.95 (37.99)		
	10:38.42 (38.47)	11:16.85 (38.43)	11:55.04 (38.19)	12:33.85 (38.81)		
	13:12.17 (38.32)	13:50.39 (38.22)	14:28.40 (38.01)	15:06.43 (38.03)		
	15:44.67 (38.24)	16:22.70 (38.03)	17:00.98 (38.28)	17:39.17 (38.19)		
	18:17.47 (38.30)	18:55.85 (38.38)	19:34.09 (38.24)	20:11.94 (37.85)	20:48.20 (36.26)	
2	Martin, Jeanie	58	YMCA of Greater Cincinnati	21:25.16	20:52.57	7
	33.53	1:09.98 (36.45)	1:47.69 (37.71)	2:25.83 (38.14)		
	3:04.09 (38.26)	3:42.20 (38.11)	4:20.50 (38.30)	4:58.98 (38.48)		
	5:37.37 (38.39)	6:15.77 (38.40)	6:54.31 (38.54)	7:33.08 (38.77)		
	8:11.53 (38.45)	8:49.77 (38.24)	9:27.55 (37.78)	10:05.71 (38.16)		
	10:43.39 (37.68)	11:21.06 (37.67)	11:59.72 (38.66)	12:38.00 (38.28)		
	13:15.70 (37.70)	13:53.52 (37.82)	14:31.86 (38.34)	15:09.75 (37.89)		
	15:47.89 (38.14)	16:25.95 (38.06)	17:04.32 (38.37)	17:42.44 (38.12)		
	18:21.75 (39.31)	19:00.02 (38.27)	19:38.07 (38.05)	20:15.70 (37.63)	20:52.57 (36.87)	
3	May, Jennifer	55	Rite-Hite Family YMCA (Schroed	21:55.43	21:35.01	6
	35.42	1:13.46 (38.04)	1:52.42 (38.96)	2:31.79 (39.37)		
	3:11.28 (39.49)	3:50.99 (39.71)	4:31.07 (40.08)	5:10.60 (39.53)		
	5:50.17 (39.57)	6:29.83 (39.66)	7:09.39 (39.56)	7:48.98 (39.59)		
	8:28.70 (39.72)	9:08.48 (39.78)	9:48.57 (40.09)	10:28.11 (39.54)		
	11:07.72 (39.61)	11:46.91 (39.19)	12:26.42 (39.51)	13:06.09 (39.67)		
	13:45.64 (39.55)	14:24.76 (39.12)	15:04.20 (39.44)	15:44.14 (39.94)		
	16:23.64 (39.50)	17:03.15 (39.51)	17:42.83 (39.68)	18:22.38 (39.55)		
	19:01.25 (38.87)	19:40.69 (39.44)	20:19.93 (39.24)	20:58.40 (38.47)	21:35.01 (36.61)	
4	Kupan, Cheryl	59	YMCA of Westport Weston CT Inc	25:00.25	22:56.51	5
	38.62	1:18.36 (39.74)	2:00.17 (41.81)	2:41.80 (41.63)		
	3:23.49 (41.69)	4:04.42 (40.93)	4:46.97 (42.55)	5:29.12 (42.15)		
	6:10.57 (41.45)	6:51.68 (41.11)	7:34.16 (42.48)	8:16.06 (41.90)		
	8:58.60 (42.54)	9:40.62 (42.02)	10:23.09 (42.47)	11:04.86 (41.77)		
	11:47.08 (42.22)	12:27.93 (40.85)	13:09.55 (41.62)	13:50.73 (41.18)		
	14:33.48 (42.75)	15:15.49 (42.01)	15:58.13 (42.64)	16:40.06 (41.93)		
	17:22.85 (42.79)	18:04.95 (42.10)	18:47.63 (42.68)	19:29.08 (41.45)		
	20:11.31 (42.23)	20:53.12 (41.81)	21:35.29 (42.17)	22:16.52 (41.23)	22:56.51 (39.99)	

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Results - Thursday

(Event 101 Women 55-59 1650 Yard Freestyle)

5	Filar, Linda	56	YMCA of Greenwich Inc	25:27.03	25:47.41	4
	46.55	1:32.62 (46.07)	2:19.14 (46.52)	3:06.21 (47.07)		
	3:52.81 (46.60)	4:40.15 (47.34)	5:26.72 (46.57)	6:13.47 (46.75)		
	6:59.85 (46.38)	7:46.16 (46.31)	8:32.29 (46.13)	9:18.26 (45.97)		
	10:04.62 (46.36)	10:51.40 (46.78)	11:38.58 (47.18)	12:25.08 (46.50)		
	13:11.96 (46.88)	13:59.43 (47.47)	14:46.07 (46.64)	15:32.63 (46.56)		
	16:20.07 (47.44)	17:07.51 (47.44)	17:54.63 (47.12)	18:43.00 (48.37)		
	19:30.09 (47.09)	20:17.37 (47.28)	21:04.39 (47.02)	21:52.04 (47.65)		
	22:40.83 (48.79)	23:28.11 (47.28)	24:15.13 (47.02)	25:01.88 (46.75)	25:47.41 (45.53)	
6	O'Connell, Megan	55	Greater Annapolis Family Cente	26:44.96	26:17.93	3
	42.03	1:27.97 (45.94)	2:15.61 (47.64)	3:02.74 (47.13)		
	3:50.18 (47.44)	4:37.22 (47.04)	5:24.67 (47.45)	6:12.38 (47.71)		
	7:02.02 (49.64)	7:52.68 (50.66)	8:40.66 (47.98)	9:28.37 (47.71)		
	10:17.62 (49.25)	11:05.66 (48.04)	11:54.41 (48.75)	12:41.60 (47.19)		
	13:29.57 (47.97)	14:16.84 (47.27)	15:06.63 (49.79)	15:58.05 (51.42)		
	16:47.86 (49.81)	17:34.61 (46.75)	18:21.99 (47.38)	19:10.21 (48.22)		
	19:58.52 (48.31)	20:47.12 (48.60)	21:35.34 (48.22)	22:23.22 (47.88)		
	23:11.54 (48.32)	23:59.81 (48.27)	24:47.11 (47.30)	25:33.23 (46.12)	26:17.93 (44.70)	

Event 101 Women 60-64 1650 Yard Freestyle

YMCA: 20:16.18 Y 4/19/2018 Karen L Einsidler Sarasota YMCA
NATL: 19:37.27 * 5/17/2019 Bonnie Spivey

1	Courtney, Zena	64	YMCA of the Palm Beaches (Palm	21:21.00	20:53.13	9
	33.47	1:09.34 (35.87)	1:46.40 (37.06)	2:24.24 (37.84)		
	3:01.39 (37.15)	3:38.83 (37.44)	4:16.33 (37.50)	4:53.96 (37.63)		
	5:32.11 (38.15)	6:10.53 (38.42)	6:48.72 (38.19)	7:26.88 (38.16)		
	8:05.06 (38.18)	8:43.18 (38.12)	9:21.37 (38.19)	9:59.83 (38.46)		
	10:38.39 (38.56)	11:16.89 (38.50)	11:55.41 (38.52)	12:34.03 (38.62)		
	13:12.18 (38.15)	13:50.42 (38.24)	14:29.18 (38.76)	15:07.53 (38.35)		
	15:45.83 (38.30)	16:23.94 (38.11)	17:02.13 (38.19)	17:41.07 (38.94)		
	18:20.08 (39.01)	18:59.34 (39.26)	19:37.93 (38.59)	20:15.85 (37.92)	20:53.13 (37.28)	
2	Moss, Pam Henry	62	YMCA of Westport Weston CT Inc	23:31.64	21:59.60	7
	35.30	1:14.08 (38.78)	1:53.28 (39.20)	2:32.66 (39.38)		
	3:12.00 (39.34)	3:51.57 (39.57)	4:31.12 (39.55)	5:10.77 (39.65)		
	5:50.52 (39.75)	6:30.35 (39.83)	7:10.14 (39.79)	7:50.31 (40.17)		
	8:30.10 (39.79)	9:09.89 (39.79)	9:49.72 (39.83)	10:29.49 (39.77)		
	11:09.38 (39.89)	11:49.38 (40.00)	12:29.45 (40.07)	13:09.37 (39.92)		
	13:49.35 (39.98)	14:29.38 (40.03)	15:09.53 (40.15)	15:50.26 (40.73)		
	16:31.28 (41.02)	17:12.63 (41.35)	17:53.61 (40.98)	18:34.59 (40.98)		
	19:16.05 (41.46)	19:57.62 (41.57)	20:38.93 (41.31)	21:19.46 (40.53)	21:59.60 (40.14)	
3	Riazz, Barb	64	South YMCA	22:35.64	22:18.06	6
	36.38	1:16.17 (39.79)	1:57.29 (41.12)	2:38.16 (40.87)		
	3:19.27 (41.11)	4:00.15 (40.88)	4:40.93 (40.78)	5:21.89 (40.96)		
	6:03.05 (41.16)	6:44.54 (41.49)	7:25.67 (41.13)	8:06.82 (41.15)		
	8:48.09 (41.27)	9:29.33 (41.24)	10:10.09 (40.76)	10:51.24 (41.15)		
	11:32.06 (40.82)	12:12.66 (40.60)	12:53.32 (40.66)	13:33.86 (40.54)		
	14:14.34 (40.48)	14:54.72 (40.38)	15:35.56 (40.84)	16:15.84 (40.28)		
	16:56.25 (40.41)	17:36.99 (40.74)	18:17.53 (40.54)	18:58.15 (40.62)		
	19:38.92 (40.77)	20:19.24 (40.32)	20:59.98 (40.74)	21:38.81 (38.83)	22:18.06 (39.25)	

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Fort Lauderdale Aquatic Center

Results - Thursday

(Event 101 Women 60-64 1650 Yard Freestyle)

4	Bergamini, Margaret	61	Greater Annapolis Family Cente	22:58.65	23:07.90	5
	34.89	1:13.28 (38.39)	1:53.10 (39.82)	2:33.59 (40.49)		
	3:14.27 (40.68)	3:55.14 (40.87)	4:36.37 (41.23)	5:17.86 (41.49)		
	6:00.22 (42.36)	6:42.63 (42.41)	7:24.69 (42.06)	8:07.95 (43.26)		
	8:50.00 (42.05)	9:32.96 (42.96)	10:16.30 (43.34)	10:58.80 (42.50)		
	11:41.98 (43.18)	12:24.75 (42.77)	13:07.83 (43.08)	13:50.45 (42.62)		
	14:33.57 (43.12)	15:16.35 (42.78)	15:59.29 (42.94)	16:42.96 (43.67)		
	17:25.97 (43.01)	18:08.92 (42.95)	18:52.06 (43.14)	19:35.15 (43.09)		
	20:18.36 (43.21)	21:01.34 (42.98)	21:44.36 (43.02)	22:27.32 (42.96)	23:07.90 (40.58)	
5	Volski, Polly	60	YMCA of Greater Cincinnati	23:54.78	23:54.94	4
	38.36	1:19.59 (41.23)	2:03.29 (43.70)	2:47.10 (43.81)		
	3:30.64 (43.54)	4:13.98 (43.34)	4:57.42 (43.44)	5:41.21 (43.79)		
	6:24.74 (43.53)	7:08.61 (43.87)	7:51.94 (43.33)	8:35.98 (44.04)		
	9:19.77 (43.79)	10:03.44 (43.67)	10:46.85 (43.41)	11:30.62 (43.77)		
	12:14.67 (44.05)	12:58.45 (43.78)	13:42.51 (44.06)	14:26.18 (43.67)		
	15:10.05 (43.87)	15:53.84 (43.79)	16:37.62 (43.78)	17:21.39 (43.77)		
	18:05.40 (44.01)	18:50.01 (44.61)	19:34.29 (44.28)	20:18.16 (43.87)		
	21:02.14 (43.98)	21:45.68 (43.54)	22:29.33 (43.65)	23:13.02 (43.69)	23:54.94 (41.92)	
6	Schaffer, Robyn	61	Greater Annapolis Family Cente	26:51.13	24:28.07	3
	40.59	1:24.36 (43.77)	2:08.43 (44.07)	2:51.99 (43.56)		
	3:35.81 (43.82)	4:19.59 (43.78)	5:03.10 (43.51)	5:46.46 (43.36)		
	6:30.09 (43.63)	7:14.02 (43.93)	7:57.81 (43.79)	8:41.57 (43.76)		
	9:25.87 (44.30)	10:10.41 (44.54)	10:54.90 (44.49)	11:39.15 (44.25)		
	12:23.62 (44.47)	13:08.16 (44.54)	13:52.65 (44.49)	14:36.79 (44.14)		
	15:22.12 (45.33)	16:06.89 (44.77)	16:51.78 (44.89)	17:36.50 (44.72)		
	18:21.77 (45.27)	19:07.13 (45.36)	19:52.97 (45.84)	20:39.52 (46.55)		
	21:25.26 (45.74)	22:10.84 (45.58)	22:56.35 (45.51)	23:43.04 (46.69)	24:28.07 (45.03)	
7	Bennett, Sarah	61	YMCA of the Palm Beaches (Palm	26:26.18	26:28.17	2
	41.92	1:29.41 (47.49)	2:17.43 (48.02)	3:06.12 (48.69)		
	3:54.11 (47.99)	4:42.06 (47.95)	5:30.41 (48.35)	6:18.43 (48.02)		
	7:06.74 (48.31)	7:55.52 (48.78)	8:43.90 (48.38)	9:32.86 (48.96)		
	10:21.12 (48.26)	11:09.50 (48.38)	11:57.93 (48.43)	12:46.44 (48.51)		
	13:35.07 (48.63)	14:23.83 (48.76)	15:12.27 (48.44)	16:00.91 (48.64)		
	16:49.52 (48.61)	17:37.97 (48.45)	18:26.44 (48.47)	19:14.96 (48.52)		
	20:03.39 (48.43)	20:52.09 (48.70)	21:41.26 (49.17)	22:30.09 (48.83)		
	23:18.55 (48.46)	24:06.57 (48.02)	24:54.92 (48.35)	25:42.70 (47.78)	26:28.17 (45.47)	
8	Polatin, Rita	64	Scenic Rivers YMCA	26:34.49	29:03.36	1
	46.72	1:37.33 (50.61)	2:29.21 (51.88)	3:21.06 (51.85)		
	4:13.16 (52.10)	5:06.08 (52.92)	5:59.62 (53.54)	6:52.76 (53.14)		
	7:45.57 (52.81)	8:38.62 (53.05)	9:32.48 (53.86)	10:26.65 (54.17)		
	11:20.18 (53.53)	12:13.34 (53.16)	13:06.51 (53.17)	14:00.39 (53.88)		
	14:54.56 (54.17)	15:48.38 (53.82)	16:41.66 (53.28)	17:35.42 (53.76)		
	18:28.92 (53.50)	19:21.92 (53.00)	20:14.88 (52.96)	21:08.16 (53.28)		
	22:01.87 (53.71)	22:56.48 (54.61)	23:49.71 (53.23)	24:42.94 (53.23)		
	25:35.42 (52.48)	26:28.24 (52.82)	27:21.33 (53.09)	28:14.35 (53.02)	29:03.36 (49.01)	
9	Bogue, Sherri	60	YMCA of Westport Weston CT Inc	32:08.31	30:54.67	
	47.74	1:41.82 (54.08)	2:37.27 (55.45)	3:33.62 (56.35)		
	4:29.42 (55.80)	5:25.42 (56.00)	6:21.63 (56.21)	7:18.29 (56.66)		
	8:14.65 (56.36)	9:10.78 (56.13)	10:06.64 (55.86)	11:02.63 (55.99)		
	11:59.44 (56.81)	12:56.05 (56.61)	13:52.29 (56.24)	14:48.54 (56.25)		
	15:44.70 (56.16)	16:40.80 (56.10)	17:36.70 (55.90)	18:32.49 (55.79)		
	19:28.67 (56.18)	20:25.19 (56.52)	21:21.80 (56.61)	22:18.54 (56.74)		
	23:16.05 (57.51)	24:14.24 (58.19)	25:12.52 (58.28)	26:10.26 (57.74)		
	27:07.96 (57.70)	28:05.31 (57.35)	29:02.23 (56.92)	29:59.13 (56.90)	30:54.67 (55.54)	

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Results - Thursday

Event 101 Women 65-69 1650 Yard Freestyle

YMCA: 20:43.39 Y 5/9/2024		Nancy Steadman Martin		Westport Weston		
NATL: 20:33.09 * 7/21/2021		N Steadman Martin				
1	Steadman Martin, Nancy	69	YMCA of Westport Weston CT Inc	20:55.50	20:43.39 Y	9
	33.18	1:08.92 (35.74)	1:45.87 (36.95)	2:22.76 (36.89)		
	2:59.90 (37.14)	3:37.29 (37.39)	4:14.73 (37.44)	4:52.27 (37.54)		
	5:30.07 (37.80)	6:07.67 (37.60)	6:45.36 (37.69)	7:23.51 (38.15)		
	8:01.70 (38.19)	8:39.59 (37.89)	9:17.57 (37.98)	9:56.03 (38.46)		
	10:33.84 (37.81)	11:12.49 (38.65)	11:50.45 (37.96)	12:28.73 (38.28)		
	13:06.90 (38.17)	13:45.12 (38.22)	14:22.97 (37.85)	15:00.80 (37.83)		
	15:38.92 (38.12)	16:17.00 (38.08)	16:55.24 (38.24)	17:33.49 (38.25)		
	18:11.54 (38.05)	18:49.95 (38.41)	19:28.10 (38.15)	20:06.47 (38.37)	20:43.39 (36.92)	
2	Rokich, Karen	65	YMCA of Greater Cincinnati	25:00.01	24:56.22	7
	39.00	1:22.29 (43.29)	2:07.48 (45.19)	2:53.21 (45.73)		
	3:39.09 (45.88)	4:24.58 (45.49)	5:10.68 (46.10)	5:56.83 (46.15)		
	6:42.46 (45.63)	7:28.40 (45.94)	8:14.60 (46.20)	9:00.24 (45.64)		
	9:46.17 (45.93)	10:31.29 (45.12)	11:17.09 (45.80)	12:02.76 (45.67)		
	12:48.30 (45.54)	13:34.08 (45.78)	14:19.74 (45.66)	15:05.87 (46.13)		
	15:51.95 (46.08)	16:38.17 (46.22)	17:24.18 (46.01)	18:09.89 (45.71)		
	18:54.80 (44.91)	19:40.80 (46.00)	20:26.68 (45.88)	21:12.17 (45.49)		
	21:57.47 (45.30)	22:43.29 (45.82)	23:28.96 (45.67)	24:14.22 (45.26)	24:56.22 (42.00)	
3	Sikora, Rosanna	68	Scenic Rivers YMCA	26:35.40	26:19.21	6
	43.31	1:30.57 (47.26)	2:17.86 (47.29)	3:06.03 (48.17)		
	3:53.45 (47.42)	4:41.38 (47.93)	5:29.91 (48.53)	6:17.89 (47.98)		
	7:06.48 (48.59)	7:53.82 (47.34)	8:41.98 (48.16)	9:30.02 (48.04)		
	10:18.24 (48.22)	11:05.80 (47.56)	11:53.30 (47.50)	12:41.75 (48.45)		
	13:30.16 (48.41)	14:18.27 (48.11)	15:07.21 (48.94)	15:55.94 (48.73)		
	16:43.39 (47.45)	17:31.25 (47.86)	18:19.18 (47.93)	19:07.54 (48.36)		
	19:56.38 (48.84)	20:44.88 (48.50)	21:32.90 (48.02)	22:20.73 (47.83)		
	23:08.73 (48.00)	23:56.16 (47.43)	24:44.41 (48.25)	25:32.81 (48.40)	26:19.21 (46.40)	
4	Taylor, Susan	66	Greater Annapolis Family Cente	27:15.00	26:43.69	5
	43.49	1:30.45 (46.96)	2:18.67 (48.22)	3:06.19 (47.52)		
	3:53.86 (47.67)	4:41.54 (47.68)	5:29.52 (47.98)	6:17.94 (48.42)		
	7:06.38 (48.44)	7:55.27 (48.89)	8:43.86 (48.59)	9:32.45 (48.59)		
	10:21.15 (48.70)	11:09.55 (48.40)	11:58.79 (49.24)	12:48.55 (49.76)		
	13:37.98 (49.43)	14:27.45 (49.47)	15:16.62 (49.17)	16:05.65 (49.03)		
	16:54.82 (49.17)	17:43.93 (49.11)	18:33.39 (49.46)	19:22.56 (49.17)		
	20:11.98 (49.42)	21:01.47 (49.49)	21:50.33 (48.86)	22:39.80 (49.47)		
	23:29.00 (49.20)	24:18.15 (49.15)	25:07.25 (49.10)	25:56.69 (49.44)	26:43.69 (47.00)	
5	Beck, Pam	67	YMCA of Greater Cincinnati	27:07.24	28:08.58	4
	42.57	1:29.42 (46.85)	2:18.72 (49.30)	3:08.87 (50.15)		
	3:59.38 (50.51)	4:50.08 (50.70)	5:41.05 (50.97)	6:33.36 (52.31)		
	7:25.37 (52.01)	8:17.35 (51.98)	9:09.23 (51.88)	10:00.97 (51.74)		
	10:52.57 (51.60)	11:44.80 (52.23)	12:36.90 (52.10)	13:28.55 (51.65)		
	14:21.57 (53.02)	15:13.05 (51.48)	16:06.18 (53.13)	16:57.98 (51.80)		
	17:49.87 (51.89)	18:40.90 (51.03)	19:33.11 (52.21)	20:24.82 (51.71)		
	21:16.35 (51.53)	22:07.80 (51.45)	23:00.32 (52.52)	23:51.81 (51.49)		
	24:43.35 (51.54)	25:35.26 (51.91)	26:26.98 (51.72)	27:18.41 (51.43)	28:08.58 (50.17)	

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Results - Thursday

(Event 101 Women 65-69 1650 Yard Freestyle)

6	Blubaugh, Diane	67	Greater Annapolis Family Cente	32:45.25	32:16.52	3
	52.11		1:49.06 (56.95)	2:48.43 (59.37)	3:47.49 (59.06)	
	4:45.65 (58.16)		5:44.15 (58.50)	6:44.13 (59.98)	7:42.74 (58.61)	
	8:41.74 (59.00)		9:41.26 (59.52)	10:40.13 (58.87)	11:39.31 (59.18)	
	12:38.71 (59.40)		13:38.80 (1:00.09)	14:38.22 (59.42)	15:37.53 (59.31)	
	16:36.99 (59.46)		17:35.37 (58.38)	18:34.03 (58.66)	19:32.23 (58.20)	
	20:30.54 (58.31)		21:27.88 (57.34)	22:26.93 (59.05)	23:27.25 (1:00.32)	
	24:26.38 (59.13)		25:25.46 (59.08)	26:24.85 (59.39)	27:24.30 (59.45)	
	28:22.62 (58.32)		29:21.66 (59.04)	30:21.59 (59.93)	31:20.55 (58.96)	32:16.52 (55.97)

Event 101 Women 70-74 1650 Yard Freestyle

YMCA: 21:42.32 Y 5/9/2024 Joan Pfnisgraff Greater Annapoli
NATL: 22:25.77 * 3/6/2020 Cecilia McCloskey

1	Pfnisgraff, Joan	70	Greater Annapolis Family Cente	23:00.00	21:42.32 Y	9
	36.88		1:16.32 (39.44)	1:56.39 (40.07)	2:36.49 (40.10)	
	3:16.67 (40.18)		3:56.65 (39.98)	4:36.78 (40.13)	5:16.68 (39.90)	
	5:56.54 (39.86)		6:36.09 (39.55)	7:15.49 (39.40)	7:54.82 (39.33)	
	8:34.60 (39.78)		9:14.17 (39.57)	9:53.96 (39.79)	10:33.95 (39.99)	
	11:13.68 (39.73)		11:53.05 (39.37)	12:32.35 (39.30)	13:11.58 (39.23)	
	13:50.82 (39.24)		14:30.09 (39.27)	15:08.97 (38.88)	15:48.00 (39.03)	
	16:27.51 (39.51)		17:06.77 (39.26)	17:46.09 (39.32)	18:25.48 (39.39)	
	19:05.26 (39.78)		19:44.92 (39.66)	20:24.26 (39.34)	21:04.00 (39.74)	21:42.32 (38.32)

2	Ragalie, Diane	71	YMCA of the Palm Beaches (Palm	28:00.00	27:12.38	7
	44.32		1:32.74 (48.42)	2:22.71 (49.97)	3:11.97 (49.26)	
	4:01.45 (49.48)		4:51.10 (49.65)	5:40.27 (49.17)	6:30.19 (49.92)	
	7:20.04 (49.85)		8:09.55 (49.51)	8:58.87 (49.32)	9:48.59 (49.72)	
	10:38.62 (50.03)		11:28.34 (49.72)	12:18.07 (49.73)	13:08.30 (50.23)	
	13:57.90 (49.60)		14:47.69 (49.79)	15:37.13 (49.44)	16:27.15 (50.02)	
	17:16.82 (49.67)		18:07.09 (50.27)	18:57.18 (50.09)	19:46.79 (49.61)	
	20:36.28 (49.49)		21:25.83 (49.55)	22:15.96 (50.13)	23:06.14 (50.18)	
	23:55.54 (49.40)		24:44.97 (49.43)	25:34.70 (49.73)	26:23.87 (49.17)	27:12.38 (48.51)

3	Smith, Melinda	71	YMCA of Greater Cincinnati	35:00.00	31:31.09	6
	47.52		1:41.13 (53.61)	2:37.95 (56.82)	3:34.88 (56.93)	
	4:32.79 (57.91)		5:30.40 (57.61)	6:27.51 (57.11)	7:25.14 (57.63)	
	8:24.29 (59.15)		9:22.62 (58.33)	10:21.76 (59.14)	11:20.75 (58.99)	
	12:19.04 (58.29)		13:18.57 (59.53)	14:17.34 (58.77)	15:16.06 (58.72)	
	16:15.28 (59.22)		17:12.81 (57.53)	18:11.57 (58.76)	19:11.75 (1:00.18)	
	20:10.03 (58.28)		21:08.64 (58.61)	22:06.69 (58.05)	23:05.13 (58.44)	
	24:03.99 (58.86)		25:01.82 (57.83)	25:57.61 (55.79)	26:54.36 (56.75)	
	27:50.49 (56.13)		28:47.63 (57.14)	29:42.62 (54.99)	30:39.56 (56.94)	31:31.09 (51.53)

Event 101 Women 75-79 1650 Yard Freestyle

YMCA: 27:53.63 Y 4/15/2004 Betty Lorenzi Geneva Lakes, WI
NATL: 26:47.55 * 4/1/2017 Sarah Kopsky

1	Paukert, Judy	76	YMCA at Nocatee	33:00.86	33:49.37	9
	54.79		1:53.81 (59.02)	2:53.25 (59.44)	3:52.64 (59.39)	
	4:53.42 (1:00.78)		5:55.10 (1:01.68)	6:55.67 (1:00.57)	7:56.79 (1:01.12)	
	8:59.42 (1:02.63)		10:01.88 (1:02.46)	11:04.82 (1:02.94)	12:06.39 (1:01.57)	
	13:07.55 (1:01.16)		14:09.43 (1:01.88)	15:11.34 (1:01.91)	16:14.12 (1:02.78)	
	17:16.27 (1:02.15)		18:19.60 (1:03.33)	19:21.43 (1:01.83)	20:24.15 (1:02.72)	
	21:26.57 (1:02.42)		22:30.14 (1:03.57)	23:32.41 (1:02.27)	24:35.01 (1:02.60)	
	25:36.86 (1:01.85)		26:39.31 (1:02.45)	27:41.61 (1:02.30)	28:43.70 (1:02.09)	
	29:45.86 (1:02.16)		30:47.74 (1:01.88)	31:48.68 (1:00.94)	32:49.84 (1:01.16)	33:49.37 (59.53)

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Event 101 Women 80-84 1650 Yard Freestyle

YMCA: 28:35.79 Y 4/16/2009 Betty S Lorenzi Sarasota FL
NATL: 28:35.79 * 4/19/2009 Betty Lorenzi

1	Foley, Carolynn	80	YMCA of the Palm Beaches (Palm	39:19.36	37:37.96	9
	57.12	2:04.36 (1:07.24)	3:11.43 (1:07.07)	4:16.39 (1:04.96)		
	5:23.81 (1:07.42)	6:32.91 (1:09.10)	7:39.35 (1:06.44)	8:47.76 (1:08.41)		
	9:54.32 (1:06.56)	11:01.43 (1:07.11)	12:07.65 (1:06.22)	13:16.57 (1:08.92)		
	14:25.55 (1:08.98)	15:35.76 (1:10.21)	16:46.09 (1:10.33)	17:54.95 (1:08.86)		
	19:03.24 (1:08.29)	20:13.01 (1:09.77)	21:22.41 (1:09.40)	22:32.57 (1:10.16)		
	23:42.01 (1:09.44)	24:52.40 (1:10.39)	27:12.08 (2:19.68)	28:22.31 (1:10.23)		
	29:31.63 (1:09.32)	30:41.25 (1:09.62)	31:50.64 (1:09.39)			
			35:20.20 ()	36:29.90 (1:09.70)	37:37.96 (1:08.06)	

Event 102 Men 18-24 1650 Yard Freestyle

YMCA: 16:49.56 Y 5/9/2024 Joseph Skotnicki South YMCA
NATL: 15:48.70 * 3/27/2010 Andrew Mueller

1	Skotnicki, Joseph	24	South YMCA	17:24.01	16:49.56 Y	9
	26.16	55.16 (29.00)	1:25.00 (29.84)	1:54.98 (29.98)		
	2:24.92 (29.94)	2:54.92 (30.00)	3:24.99 (30.07)	3:55.44 (30.45)		
	4:25.76 (30.32)	4:56.16 (30.40)	5:26.57 (30.41)	5:57.31 (30.74)		
	6:27.86 (30.55)	6:58.87 (31.01)	7:29.72 (30.85)	8:00.82 (31.10)		
	8:32.20 (31.38)	9:03.02 (30.82)	9:33.90 (30.88)	10:04.82 (30.92)		
	10:35.97 (31.15)	11:07.37 (31.40)	11:38.48 (31.11)	12:09.55 (31.07)		
	12:40.84 (31.29)	13:12.19 (31.35)	13:43.46 (31.27)	14:14.79 (31.33)		
	14:46.12 (31.33)	15:17.48 (31.36)	15:48.79 (31.31)	16:20.25 (31.46)	16:49.56 (29.31)	

Event 102 Men 25-29 1650 Yard Freestyle

YMCA: 15:52.10 Y 1986 James Kegley Monroe Co IN
NATL: 15:44.70 * 5/3/1998 Alex Kostich

1	Wohlfrom, Jonathan	28	YMCA of Greater Cincinnati	20:16.15	22:27.59	9
	33.23	1:10.93 (37.70)	1:50.45 (39.52)	2:30.34 (39.89)		
	3:11.40 (41.06)	3:52.76 (41.36)	4:34.48 (41.72)	5:16.47 (41.99)		
	5:58.50 (42.03)	6:40.18 (41.68)	7:22.22 (42.04)	8:03.96 (41.74)		
	8:45.80 (41.84)	9:27.74 (41.94)	10:09.41 (41.67)	10:50.95 (41.54)		
	11:31.85 (40.90)	12:13.76 (41.91)	12:55.66 (41.90)	13:36.58 (40.92)		
	14:17.76 (41.18)	14:59.22 (41.46)	15:40.72 (41.50)	16:21.60 (40.88)		
	17:03.22 (41.62)	17:44.29 (41.07)	18:25.68 (41.39)	19:07.08 (41.40)		
	19:48.48 (41.40)	20:29.71 (41.23)	21:10.21 (40.50)	21:50.58 (40.37)	22:27.59 (37.01)	

Event 102 Men 30-34 1650 Yard Freestyle

YMCA: 16:27.52 Y 4/20/2023 Drew Modrov Westport- CN
NATL: 15:51.57 * 5/12/1996 Jeff Erwin

1	Chambers, Cameron	33	YMCA of Westport Weston CT Inc	17:00.00	17:26.18	9
	27.69	57.54 (29.85)	1:28.06 (30.52)	1:58.68 (30.62)		
	2:29.54 (30.86)	3:00.57 (31.03)	3:31.68 (31.11)	4:02.78 (31.10)		
	4:34.03 (31.25)	5:05.24 (31.21)	5:36.51 (31.27)	6:07.97 (31.46)		
	6:39.62 (31.65)	7:11.47 (31.85)	7:43.32 (31.85)	8:15.05 (31.73)		
	8:47.09 (32.04)	9:19.28 (32.19)	9:51.85 (32.57)	10:24.39 (32.54)		
	10:57.09 (32.70)	11:29.61 (32.52)	12:02.20 (32.59)	12:34.93 (32.73)		
	13:07.33 (32.40)	13:39.89 (32.56)	14:12.26 (32.37)	14:44.73 (32.47)		
	15:17.75 (33.02)	15:50.41 (32.66)	16:22.54 (32.13)	16:54.90 (32.36)	17:26.18 (31.28)	

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(Event 102 Men 30-34 1650 Yard Freestyle)

2	Benz, Joseph	33	YMCA of Westport Weston CT Inc	18:04.76	18:21.91	7
	28.09		59.44 (31.35)	1:31.47 (32.03)	2:03.73 (32.26)	
	2:36.18 (32.45)		3:08.77 (32.59)	3:41.56 (32.79)	4:14.57 (33.01)	
	4:47.43 (32.86)		5:20.51 (33.08)	5:54.51 (34.00)	6:27.79 (33.28)	
	7:01.17 (33.38)		7:34.37 (33.20)	8:08.33 (33.96)	8:42.19 (33.86)	
	9:15.73 (33.54)		9:49.30 (33.57)	10:23.24 (33.94)	10:57.42 (34.18)	
	11:31.13 (33.71)		12:04.94 (33.81)	12:39.15 (34.21)	13:13.70 (34.55)	
	13:47.94 (34.24)		14:22.30 (34.36)	14:57.11 (34.81)	15:31.81 (34.70)	
	16:06.14 (34.33)		16:40.88 (34.74)	17:15.98 (35.10)	17:49.39 (33.41)	18:21.91 (32.52)

Event 102 Men 35-39 1650 Yard Freestyle

YMCA: 16:04.27 Y 4/15/2004 Jeff Erwin Boise ID
NATL: 15:53.88 * 5/18/2003 Jeff Erwin

1	Ensor, David	35	Greater Annapolis Family Cente	23:00.00	20:53.39	9
	32.51		1:08.96 (36.45)	1:46.39 (37.43)	2:24.41 (38.02)	
	3:02.68 (38.27)		3:40.84 (38.16)	4:19.36 (38.52)	4:57.95 (38.59)	
	5:36.42 (38.47)		6:15.40 (38.98)	6:53.86 (38.46)	7:33.18 (39.32)	
	8:11.71 (38.53)		8:51.26 (39.55)	9:29.94 (38.68)	10:08.81 (38.87)	
	10:47.51 (38.70)		11:26.34 (38.83)	12:05.73 (39.39)	12:45.44 (39.71)	
	13:23.63 (38.19)		14:02.67 (39.04)	14:40.97 (38.30)	15:19.14 (38.17)	
	15:57.71 (38.57)		16:35.90 (38.19)	17:14.01 (38.11)	17:51.02 (37.01)	
	18:28.37 (37.35)		19:04.53 (36.16)	19:41.62 (37.09)	20:18.53 (36.91)	20:53.39 (34.86)
2	Wallace, Dan	39	YMCA of Greater Cincinnati	21:20.00	21:47.09	7
	32.77		1:08.07 (35.30)	1:44.08 (36.01)	2:21.77 (37.69)	
	3:00.05 (38.28)		3:38.62 (38.57)	4:17.49 (38.87)	4:56.05 (38.56)	
	5:35.07 (39.02)		6:14.88 (39.81)	6:54.76 (39.88)	7:34.07 (39.31)	
	8:13.22 (39.15)		8:53.07 (39.85)	9:32.77 (39.70)	10:12.94 (40.17)	
	10:53.20 (40.26)		11:33.88 (40.68)	12:14.53 (40.65)	12:54.93 (40.40)	
	13:36.55 (41.62)		14:17.50 (40.95)	14:58.75 (41.25)	15:39.29 (40.54)	
	16:20.60 (41.31)		17:01.88 (41.28)	17:42.56 (40.68)	18:24.13 (41.57)	
	19:05.36 (41.23)		19:46.36 (41.00)	20:27.65 (41.29)	21:08.01 (40.36)	21:47.09 (39.08)
3	Dowd, Chris	36	YMCA of Greater Cincinnati	23:10.00	23:02.05	6
	34.72		1:13.92 (39.20)	1:56.24 (42.32)	2:38.95 (42.71)	
	3:22.03 (43.08)		4:03.97 (41.94)	4:46.02 (42.05)	5:28.21 (42.19)	
	6:09.99 (41.78)		6:51.76 (41.77)	7:34.92 (43.16)	8:17.73 (42.81)	
	8:59.84 (42.11)		9:41.78 (41.94)	10:22.98 (41.20)	11:05.83 (42.85)	
	11:48.26 (42.43)		12:31.35 (43.09)	13:14.12 (42.77)	13:56.90 (42.78)	
	14:39.25 (42.35)		15:21.15 (41.90)	16:03.87 (42.72)	16:47.03 (43.16)	
	17:30.28 (43.25)		18:13.81 (43.53)	18:57.41 (43.60)	19:40.44 (43.03)	
	20:23.51 (43.07)		21:06.18 (42.67)	21:48.99 (42.81)	22:28.76 (39.77)	23:02.05 (33.29)

Event 102 Men 40-44 1650 Yard Freestyle

YMCA: 17:14.04 Y 5/9/2024 Jeremy Virgil Westport Weston
NATL: 15:51.52 * 5/9/2010 Alex Kostich

1	Virgil, Jeremy	44	YMCA of Westport Weston CT Inc	17:05.90	17:14.04 Y	9
	27.63		58.05 (30.42)	1:29.19 (31.14)	2:00.69 (31.50)	
	2:32.38 (31.69)		3:03.83 (31.45)	3:35.47 (31.64)	4:07.42 (31.95)	
	4:39.24 (31.82)		5:10.93 (31.69)	5:42.59 (31.66)	6:14.05 (31.46)	
	6:45.44 (31.39)		7:16.93 (31.49)	7:48.55 (31.62)	8:19.98 (31.43)	
	8:51.41 (31.43)		9:23.03 (31.62)	9:54.50 (31.47)	10:25.88 (31.38)	
	10:57.79 (31.91)		11:29.21 (31.42)	12:00.33 (31.12)	12:31.77 (31.44)	
	13:03.69 (31.92)		13:35.60 (31.91)	14:07.34 (31.74)	14:39.26 (31.92)	
	15:11.11 (31.85)		15:43.26 (32.15)	16:14.18 (30.92)	16:44.82 (30.64)	17:14.04 (29.22)

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(Event 102 Men 40-44 1650 Yard Freestyle)

2	Fischer, Richie	41	YMCA at Pabst Farms	19:02.82	18:46.74	7
	27.76	59.15 (31.39)	1:31.13 (31.98)	2:04.04 (32.91)		
	2:37.36 (33.32)	3:10.25 (32.89)	3:43.03 (32.78)	4:16.00 (32.97)		
	4:49.48 (33.48)	5:22.94 (33.46)	5:57.06 (34.12)	6:31.32 (34.26)		
	7:05.90 (34.58)	7:40.32 (34.42)	8:15.11 (34.79)	8:49.80 (34.69)		
	9:25.29 (35.49)	10:00.47 (35.18)	10:35.57 (35.10)	11:11.40 (35.83)		
	11:46.23 (34.83)	12:21.43 (35.20)	12:57.01 (35.58)	13:32.33 (35.32)		
	14:07.71 (35.38)	14:42.59 (34.88)	15:18.39 (35.80)	15:53.71 (35.32)		
	16:29.43 (35.72)	17:03.82 (34.39)	17:38.37 (34.55)	18:14.00 (35.63)	18:46.74 (32.74)	
3	Zeaiter, Ahmad	41	YMCA of Greater Cincinnati	22:45.00	21:55.83	6
	34.43	1:11.25 (36.82)	1:53.55 (42.30)	2:32.51 (38.96)		
	3:12.09 (39.58)	3:52.23 (40.14)	4:32.55 (40.32)	5:12.84 (40.29)		
	5:53.99 (41.15)	6:34.02 (40.03)	7:14.28 (40.26)	7:54.86 (40.58)		
	8:35.88 (41.02)	9:15.38 (39.50)	10:01.64 (46.26)	10:40.85 (39.21)		
	11:20.41 (39.56)	12:00.31 (39.90)	12:39.71 (39.40)	13:19.72 (40.01)		
	13:58.88 (39.16)	14:38.78 (39.90)	15:18.14 (39.36)	15:57.30 (39.16)		
	16:36.65 (39.35)	17:16.34 (39.69)	17:56.17 (39.83)	18:36.16 (39.99)		
	19:16.10 (39.94)	19:55.25 (39.15)	20:35.56 (40.31)	21:16.34 (40.78)	21:55.83 (39.49)	
4	Schlechtweg, John	44	YMCA of Westport Weston CT Inc	24:45.45	23:15.57	5
	34.95	1:13.21 (38.26)	1:52.55 (39.34)	2:32.60 (40.05)		
	3:12.94 (40.34)	3:55.05 (42.11)	4:37.72 (42.67)	5:20.16 (42.44)		
	6:02.36 (42.20)	6:45.66 (43.30)	7:28.92 (43.26)	8:11.29 (42.37)		
	8:54.08 (42.79)	9:35.88 (41.80)	10:19.29 (43.41)	11:02.29 (43.00)		
	11:45.43 (43.14)	12:28.45 (43.02)	13:10.46 (42.01)	13:54.03 (43.57)		
	14:37.12 (43.09)	15:19.99 (42.87)	16:04.53 (44.54)	16:48.83 (44.30)		
	17:32.66 (43.83)	18:17.40 (44.74)	19:01.39 (43.99)	19:44.95 (43.56)		
	20:28.66 (43.71)	21:12.47 (43.81)	21:55.39 (42.92)	22:39.14 (43.75)	23:15.57 (36.43)	

Event 102 Men 45-49 1650 Yard Freestyle

YMCA: 16:49.31 Y 4/15/2010 Scott Wells First Coast FL-F
 NATL: 16:08.05 * 5/20/2010 Jeff Erwin

1	Larson, Benjamin	47	YMCA of Greater Cincinnati	22:45.97	22:06.88	9
	34.51	1:12.41 (37.90)	1:51.40 (38.99)	2:31.07 (39.67)		
	3:11.27 (40.20)	3:51.74 (40.47)	4:32.29 (40.55)	5:12.95 (40.66)		
	5:53.58 (40.63)	6:34.58 (41.00)	7:14.39 (39.81)	7:55.15 (40.76)		
	8:36.22 (41.07)	9:16.73 (40.51)	9:57.44 (40.71)	10:38.07 (40.63)		
	11:18.89 (40.82)	11:59.61 (40.72)	12:40.16 (40.55)	13:20.16 (40.00)		
	14:01.11 (40.95)	14:40.93 (39.82)	15:22.72 (41.79)	16:03.46 (40.74)		
	16:44.69 (41.23)	17:25.66 (40.97)	18:48.64 (1:22.98)	19:29.04 (40.40)		
	20:09.70 (40.66)	20:49.98 (40.28)	22:06.88 (1:16.90)	22:48.50 (41.62)	22:06.88 ()	
---	McKinley, Ryan	48	YMCA of Greater Cincinnati	18:30.00	DNF	
	Did not finish					
			3:58.85 ()	4:34.26 (35.41)		
	5:09.89 (35.63)	5:45.53 (35.64)	6:21.09 (35.56)	6:56.70 (35.61)		
	7:32.08 (35.38)	8:07.15 (35.07)	8:42.34 (35.19)	9:17.44 (35.10)		
	9:52.97 (35.53)	11:17.06 (1:24.09)				

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Event 102 Men 50-54 1650 Yard Freestyle

YMCA: 17:02.62 Y 4/12/2007 Mark Drennen Sarasota FL
 NATL: 16:28.77 * 4/23/2015 Jeff Erwin

1	Steighner, Brian	52	YMCA of the Palm Beaches (Palm	20:29.00	20:38.17	9
	34.01	1:11.56 (37.55)	1:49.75 (38.19)	2:27.91 (38.16)		
	3:05.58 (37.67)	3:44.02 (38.44)	4:22.48 (38.46)	5:00.91 (38.43)		
	5:39.17 (38.26)	6:17.47 (38.30)	6:55.59 (38.12)	7:33.61 (38.02)		
	8:11.84 (38.23)	8:49.95 (38.11)	9:28.33 (38.38)	10:06.45 (38.12)		
	10:44.30 (37.85)	11:21.87 (37.57)	11:59.68 (37.81)	12:37.38 (37.70)		
	13:14.77 (37.39)	13:52.26 (37.49)	14:30.05 (37.79)	15:07.64 (37.59)		
	15:45.26 (37.62)	16:23.24 (37.98)	17:00.94 (37.70)	17:38.58 (37.64)		
	18:15.16 (36.58)	18:52.13 (36.97)	19:29.05 (36.92)	20:04.67 (35.62)	20:38.17 (33.50)	

Event 102 Men 55-59 1650 Yard Freestyle

YMCA: 17:22.47 Y 5/4/2017 Arnaldo A Perez Sarasota YMCA
 NATL: 17:11.12 * 5/20/2007 Jim MC Conica

1	Lanza, Craig	56	Rite-Hite Family YMCA (Schroed	20:12.00	20:03.32	9
	33.05	1:09.31 (36.26)	1:46.13 (36.82)	2:23.29 (37.16)		
	3:00.36 (37.07)	3:37.59 (37.23)	4:14.51 (36.92)	4:51.45 (36.94)		
	5:28.20 (36.75)	6:04.85 (36.65)	6:41.62 (36.77)	7:18.18 (36.56)		
	7:54.61 (36.43)	8:31.24 (36.63)	9:07.69 (36.45)	9:44.19 (36.50)		
	10:20.55 (36.36)	10:57.02 (36.47)	11:33.58 (36.56)	12:10.08 (36.50)		
	12:46.60 (36.52)	13:23.34 (36.74)	14:00.03 (36.69)	14:36.57 (36.54)		
	15:13.16 (36.59)	15:49.99 (36.83)	16:26.67 (36.68)	17:03.39 (36.72)		
	17:39.82 (36.43)	18:16.16 (36.34)	18:52.47 (36.31)	19:28.34 (35.87)	20:03.32 (34.98)	
2	Anderson, Earl	59	Nir Family YMCA	21:53.94	20:28.47	7
	32.32	1:07.27 (34.95)	1:43.71 (36.44)	2:20.56 (36.85)		
	2:58.10 (37.54)	3:36.24 (38.14)	4:13.86 (37.62)	4:52.19 (38.33)		
	5:30.63 (38.44)	6:09.04 (38.41)	6:47.24 (38.20)	7:24.99 (37.75)		
	8:03.00 (38.01)	8:40.60 (37.60)	9:18.26 (37.66)	9:56.05 (37.79)		
	10:33.44 (37.39)	11:10.66 (37.22)	11:47.70 (37.04)	12:25.09 (37.39)		
	13:02.18 (37.09)	13:39.54 (37.36)	14:16.77 (37.23)	14:53.92 (37.15)		
	15:31.49 (37.57)	16:08.43 (36.94)	16:46.55 (38.12)	17:25.13 (38.58)		
	18:02.93 (37.80)	18:40.69 (37.76)	19:17.37 (36.68)	19:52.72 (35.35)	20:28.47 (35.75)	
3	Boardman, Andrew	56	YMCA of the Palm Beaches (Palm	21:48.30	23:07.24	6
	33.95	1:11.53 (37.58)	1:51.24 (39.71)	2:31.68 (40.44)		
	3:12.43 (40.75)	3:53.25 (40.82)	4:35.35 (42.10)	5:17.47 (42.12)		
	5:59.05 (41.58)	6:40.84 (41.79)	7:22.98 (42.14)	8:05.14 (42.16)		
	8:47.43 (42.29)	9:29.79 (42.36)	10:12.79 (43.00)	10:55.50 (42.71)		
	11:38.32 (42.82)	12:21.43 (43.11)	13:04.18 (42.75)	13:46.99 (42.81)		
	14:30.06 (43.07)	15:12.91 (42.85)	15:56.18 (43.27)	16:38.75 (42.57)		
	17:21.47 (42.72)	18:04.37 (42.90)	18:47.26 (42.89)	19:30.89 (43.63)		
	20:14.60 (43.71)	20:58.09 (43.49)	21:40.68 (42.59)	22:24.07 (43.39)	23:07.24 (43.17)	
4	Mason, Charlie	59	YMCA of Westport Weston CT Inc	28:00.00	25:06.16	5
	36.35	1:17.65 (41.30)	2:00.67 (43.02)	2:45.62 (44.95)		
	3:30.78 (45.16)	4:16.10 (45.32)	5:01.68 (45.58)	5:47.52 (45.84)		
	6:33.35 (45.83)	7:20.79 (47.44)	8:06.92 (46.13)	8:52.58 (45.66)		
	9:39.28 (46.70)	10:25.33 (46.05)	11:12.03 (46.70)	11:58.36 (46.33)		
	12:44.13 (45.77)	13:30.42 (46.29)	14:17.46 (47.04)	15:04.18 (46.72)		
	15:50.71 (46.53)	16:36.62 (45.91)	17:24.80 (48.18)	18:11.76 (46.96)		
	18:58.16 (46.40)	19:44.83 (46.67)	20:31.67 (46.84)	21:18.39 (46.72)		
	22:04.55 (46.16)	22:51.09 (46.54)	23:36.90 (45.81)	24:22.57 (45.67)	25:06.16 (43.59)	

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Results - Thursday

(Event 102 Men 55-59 1650 Yard Freestyle)

5	Flehour, Dan	57	YMCA of Greater Cincinnati	35:00.00	26:04.99	4
	41.35	1:27.09 (45.74)	2:14.16 (47.07)	3:02.57 (48.41)		
	3:50.84 (48.27)	4:39.40 (48.56)	5:26.72 (47.32)	6:13.71 (46.99)		
	7:01.01 (47.30)	7:49.74 (48.73)	8:37.95 (48.21)	9:26.24 (48.29)		
	10:13.39 (47.15)	11:01.41 (48.02)	11:49.54 (48.13)	12:37.29 (47.75)		
	13:25.02 (47.73)	14:12.02 (47.00)	14:59.51 (47.49)	15:47.56 (48.05)		
	16:36.60 (49.04)	17:24.10 (47.50)	18:12.16 (48.06)	19:00.04 (47.88)		
	19:48.37 (48.33)	20:37.69 (49.32)	21:27.37 (49.68)	22:15.38 (48.01)		
	23:02.24 (46.86)	23:49.72 (47.48)	24:36.44 (46.72)	25:21.57 (45.13)	26:04.99 (43.42)	
6	Wilke, Theodore	57	YMCA of Greater Cincinnati	28:25.01	28:59.10	3
	46.64	1:38.93 (52.29)	2:32.52 (53.59)	3:25.78 (53.26)		
	4:18.53 (52.75)	5:10.70 (52.17)	6:02.54 (51.84)	6:55.79 (53.25)		
	7:47.83 (52.04)	8:41.06 (53.23)	9:34.23 (53.17)	10:26.40 (52.17)		
	11:18.81 (52.41)	13:58.44 (2:39.63)	15:46.08 (1:47.64)	16:39.78 (53.70)		
	17:32.20 (52.42)	18:26.12 (53.92)	19:19.43 (53.31)	20:11.98 (52.55)		
	21:05.52 (53.54)	21:58.83 (53.31)	22:53.20 (54.37)			
		23:46.90 ()	24:40.26 (53.36)			
	26:27.61 ()	27:20.78 (53.17)	28:11.90 (51.12)	28:59.49 (47.59)	28:59.10 ()	

Event 102 Men 60-64 1650 Yard Freestyle

YMCA: 18:14.34 Y 4/14/2016 Jerry DeMuro Fairfax County Y
NATL: 17:48.66 * 2/10/2019 Andrew Bray

1	Moore, John	62	Nir Family YMCA	19:55.00	19:47.00	9
	32.99	1:09.59 (36.60)	1:46.01 (36.42)	2:21.71 (35.70)		
	2:57.40 (35.69)	3:33.36 (35.96)	4:09.28 (35.92)	4:45.12 (35.84)		
	5:21.42 (36.30)	5:57.40 (35.98)	6:33.43 (36.03)	7:09.29 (35.86)		
	7:45.39 (36.10)	8:22.24 (36.85)	8:58.39 (36.15)	9:34.78 (36.39)		
	10:11.04 (36.26)	10:47.43 (36.39)	11:23.67 (36.24)	11:59.93 (36.26)		
	12:36.27 (36.34)	13:12.20 (35.93)	13:48.50 (36.30)	14:24.91 (36.41)		
	15:01.09 (36.18)	15:37.42 (36.33)	16:14.08 (36.66)	16:49.89 (35.81)		
	17:25.97 (36.08)	18:02.37 (36.40)	18:38.53 (36.16)	19:15.04 (36.51)	19:47.00 (31.96)	
2	Drees, Glenn	62	YMCA of Greater Cincinnati	25:31.49	24:54.52	7
	40.74	1:25.89 (45.15)	2:10.99 (45.10)	2:56.85 (45.86)		
	3:42.65 (45.80)	4:28.60 (45.95)	5:14.01 (45.41)	5:58.96 (44.95)		
	6:44.25 (45.29)	7:29.97 (45.72)	8:15.55 (45.58)	9:00.96 (45.41)		
	9:46.17 (45.21)	10:31.60 (45.43)	11:17.25 (45.65)	12:02.49 (45.24)		
	12:47.62 (45.13)	13:33.01 (45.39)	14:18.46 (45.45)	15:03.95 (45.49)		
	15:49.33 (45.38)	16:35.34 (46.01)	17:20.64 (45.30)	18:06.66 (46.02)		
	18:53.42 (46.76)	19:39.40 (45.98)	20:24.74 (45.34)	21:09.46 (44.72)		
	21:56.31 (46.85)	22:41.67 (45.36)	23:27.30 (45.63)	24:12.70 (45.40)	24:54.52 (41.82)	
3	Drought, James	63	YMCA of the Northwoods	25:55.82	26:02.46	6
	13:21.13	14:08.75 (47.62)	17:17.61 (3:08.86)	18:06.07 (48.46)		
	22:05.55 (3:59.48)	26:02.46 (3:56.91)				
4	Wheeler, Will	63	Nir Family YMCA	26:25.00	26:14.67	5
	39.99	1:25.70 (45.71)	2:12.12 (46.42)	3:00.65 (48.53)		
	3:47.47 (46.82)	4:34.49 (47.02)	5:22.41 (47.92)	6:09.94 (47.53)		
	6:58.39 (48.45)	7:45.83 (47.44)	8:33.72 (47.89)	9:23.63 (49.91)		
	10:12.06 (48.43)	11:00.43 (48.37)	11:48.47 (48.04)	12:36.64 (48.17)		
	13:25.33 (48.69)	14:14.24 (48.91)	15:04.50 (50.26)	15:52.58 (48.08)		
	16:40.88 (48.30)	17:28.68 (47.80)	18:17.60 (48.92)	19:05.33 (47.73)		
	19:54.05 (48.72)	20:44.72 (50.67)	21:35.11 (50.39)	22:22.99 (47.88)		
	23:11.08 (48.09)	23:57.98 (46.90)	24:43.54 (45.56)	25:31.10 (47.56)	26:14.67 (43.57)	

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Results - Thursday

(Event 102 Men 60-64 1650 Yard Freestyle)

5	Harrison, Zaq	60	YMCA of the Palm Beaches (Palm	30:00.00	29:59.53	4
			5:49.64 ()	5:50.95 ()		
	6:25.64 (34.69)		7:23.33 (57.69)	8:18.82 (55.49)	9:13.76 (54.94)	
	11:07.78 (1:54.02)		12:03.88 (56.10)	12:59.11 (55.23)	13:54.08 (54.97)	
			16:41.65 ()	17:37.93 (56.28)	19:28.87 (1:50.94)	
			22:11.67 ()	23:07.00 (55.33)	24:01.69 (54.69)	
	24:56.20 (54.51)		25:48.63 (52.43)	26:40.93 (52.30)	27:33.06 (52.13)	
			29:15.46 ()	29:59.53 (44.07)		

Event 102 Men 65-69 1650 Yard Freestyle

YMCA: 19:25.90 Y 4/14/2016 Rick B Walker
NATL: 19:07.81 * 4/23/2015 Jim Clemmons

Sarasota YMCA

1	Van De Laarschot, Keith	66	YMCA at Pabst Farms	20:35.00	21:09.89	9
	34.34		1:11.00 (36.66)	1:48.19 (37.19)	2:25.95 (37.76)	
	3:03.99 (38.04)		3:42.37 (38.38)	4:20.52 (38.15)	4:57.75 (37.23)	
	5:38.37 (40.62)		6:17.74 (39.37)	6:56.66 (38.92)	7:35.74 (39.08)	
	8:14.42 (38.68)		8:53.20 (38.78)	9:32.14 (38.94)	10:11.31 (39.17)	
	10:50.15 (38.84)		11:28.98 (38.83)	12:07.76 (38.78)	12:46.47 (38.71)	
	13:25.45 (38.98)		14:04.16 (38.71)	14:43.25 (39.09)	15:21.95 (38.70)	
	16:01.01 (39.06)		16:39.50 (38.49)	17:18.60 (39.10)	17:57.17 (38.57)	
	18:36.37 (39.20)		19:15.60 (39.23)	19:54.69 (39.09)	20:33.51 (38.82)	21:09.89 (36.38)
2	Murray, Craig	66	South YMCA	23:30.00	23:23.63	7
	36.42		1:17.46 (41.04)	1:59.86 (42.40)	2:42.72 (42.86)	
	3:25.96 (43.24)		4:07.84 (41.88)	4:49.95 (42.11)	5:32.51 (42.56)	
	6:15.59 (43.08)		6:59.48 (43.89)	7:43.40 (43.92)	8:27.02 (43.62)	
	9:10.58 (43.56)		9:54.04 (43.46)	10:37.28 (43.24)	11:20.32 (43.04)	
	12:03.37 (43.05)		12:47.34 (43.97)	13:30.41 (43.07)	14:13.57 (43.16)	
	14:56.63 (43.06)		15:40.13 (43.50)	16:23.15 (43.02)	17:06.15 (43.00)	
	17:49.03 (42.88)		18:31.51 (42.48)	19:13.92 (42.41)	19:56.59 (42.67)	
	20:39.31 (42.72)		21:21.38 (42.07)	22:02.88 (41.50)	22:44.13 (41.25)	23:23.63 (39.50)
3	Burbank, Gerald	65	YMCA of Westport Weston CT Inc	24:45.00	24:20.46	6
	35.93		1:17.68 (41.75)	2:01.08 (43.40)	2:44.58 (43.50)	
	3:29.09 (44.51)		4:13.05 (43.96)	4:57.31 (44.26)	5:41.75 (44.44)	
	6:26.16 (44.41)		7:10.81 (44.65)	7:55.75 (44.94)	8:40.71 (44.96)	
	9:25.57 (44.86)		10:10.60 (45.03)	10:55.93 (45.33)	11:40.81 (44.88)	
	12:25.50 (44.69)		13:10.32 (44.82)	13:55.18 (44.86)	14:39.87 (44.69)	
	15:25.37 (45.50)		16:10.76 (45.39)	16:56.08 (45.32)	17:40.63 (44.55)	
	18:25.27 (44.64)		19:10.25 (44.98)	19:55.14 (44.89)	20:40.36 (45.22)	
	21:25.17 (44.81)		22:10.64 (45.47)	22:55.14 (44.50)	23:38.83 (43.69)	24:20.46 (41.63)
4	Mayer, Philippe	68	YMCA of the Palm Beaches (Palm	25:14.19	25:06.43	5
	39.34		1:22.58 (43.24)	2:07.38 (44.80)	2:52.29 (44.91)	
	3:37.35 (45.06)		4:23.02 (45.67)	5:09.23 (46.21)	5:54.69 (45.46)	
	6:39.29 (44.60)		7:24.62 (45.33)	8:10.63 (46.01)	8:56.19 (45.56)	
	9:42.11 (45.92)		10:27.45 (45.34)	11:12.94 (45.49)	11:59.50 (46.56)	
	12:45.53 (46.03)		13:32.23 (46.70)	14:18.90 (46.67)	15:05.35 (46.45)	
	15:51.85 (46.50)		16:38.25 (46.40)	17:24.59 (46.34)	18:13.31 (48.72)	
	18:59.92 (46.61)		19:47.01 (47.09)	20:34.52 (47.51)	21:21.84 (47.32)	
	22:08.78 (46.94)		22:55.57 (46.79)	23:39.28 (43.71)	24:22.70 (43.42)	25:06.43 (43.73)

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Results - Thursday

(Event 102 Men 65-69 1650 Yard Freestyle)

5	Strom, Robert	67	YMCA of Greater Cincinnati	26:00.00	25:48.40	4
	39.01	1:23.42 (44.41)	2:09.79 (46.37)	2:56.09 (46.30)		
	3:42.26 (46.17)	4:28.88 (46.62)	5:16.12 (47.24)	6:02.73 (46.61)		
	6:49.59 (46.86)	7:35.17 (45.58)	8:22.64 (47.47)	9:09.20 (46.56)		
	9:56.35 (47.15)	10:44.29 (47.94)	11:31.73 (47.44)	12:19.56 (47.83)		
	13:07.24 (47.68)	13:54.13 (46.89)	14:42.58 (48.45)	15:30.62 (48.04)		
	16:18.17 (47.55)	17:06.23 (48.06)	17:54.57 (48.34)	18:41.77 (47.20)		
	19:30.15 (48.38)	20:18.09 (47.94)	21:07.52 (49.43)	21:54.74 (47.22)		
	22:41.07 (46.33)	23:29.92 (48.85)	24:17.99 (48.07)	25:05.76 (47.77)	25:48.40 (42.64)	
6	Irminger, Doug	69	Greater Annapolis Family Cente	28:23.53	28:49.47	3
	40.44	1:29.87 (49.43)	2:21.14 (51.27)	3:13.64 (52.50)		
	4:07.15 (53.51)	5:00.91 (53.76)	5:54.94 (54.03)	6:48.55 (53.61)		
	7:42.03 (53.48)	8:34.38 (52.35)	9:27.00 (52.62)	10:19.98 (52.98)		
	11:12.16 (52.18)	12:04.85 (52.69)	12:57.53 (52.68)	13:49.72 (52.19)		
	14:42.89 (53.17)	15:35.49 (52.60)	16:28.90 (53.41)	17:21.61 (52.71)		
	18:14.61 (53.00)	19:08.25 (53.64)	20:01.90 (53.65)	20:55.90 (54.00)		
	21:49.37 (53.47)	22:44.09 (54.72)	23:37.52 (53.43)	24:31.37 (53.85)		
	25:24.27 (52.90)	26:17.32 (53.05)	27:10.15 (52.83)	28:02.46 (52.31)	28:49.47 (47.01)	
7	Robinson, William	67	YMCA of South Florida, Inc	32:18.49	33:12.41	2
	48.81	1:43.50 (54.69)	2:42.84 (59.34)	3:43.50 (1:00.66)		
	4:44.03 (1:00.53)	5:46.48 (1:02.45)	6:47.32 (1:00.84)	7:48.40 (1:01.08)		
	8:48.86 (1:00.46)	9:50.85 (1:01.99)	10:51.12 (1:00.27)	11:52.10 (1:00.98)		
	12:53.16 (1:01.06)	13:54.24 (1:01.08)	14:56.33 (1:02.09)	15:58.53 (1:02.20)		
	16:57.79 (59.26)	17:58.43 (1:00.64)	18:59.28 (1:00.85)	20:01.68 (1:02.40)		
	21:01.45 (59.77)	22:03.23 (1:01.78)	23:03.45 (1:00.22)	24:04.31 (1:00.86)		
	25:04.80 (1:00.49)	26:04.96 (1:00.16)	27:06.37 (1:01.41)	28:06.41 (1:00.04)		
	29:06.56 (1:00.15)	30:07.56 (1:01.00)	31:09.64 (1:02.08)	32:11.45 (1:01.81)	33:12.41 (1:00.96)	
8	Miller, Jamie	69	Kathleen Price Bryan Family YM	34:14.97	34:25.45	1
	53.85	1:58.74 (1:04.89)	3:00.79 (1:02.05)	4:04.42 (1:03.63)		
	5:08.46 (1:04.04)					
	8:22.64 ()		9:28.70 ()	10:33.36 (1:04.66)		
	11:38.85 (1:05.49)	12:41.10 (1:02.25)	13:45.12 (1:04.02)	14:48.73 (1:03.61)		
	15:51.78 (1:03.05)		19:01.72 ()	20:04.70 (1:02.98)		
	21:08.54 (1:03.84)	22:12.25 (1:03.71)				
	27:30.33 ()	28:33.40 (1:03.07)	29:37.35 (1:03.95)	30:36.45 (59.10)		
	31:37.96 (1:01.51)	32:36.47 (58.51)		34:25.89 ()	34:25.45 ()	
---	Threadgill, Peter	68	Greater Annapolis Family Cente	58:27.73	DNF	
	Did not finish					
	57.66	2:16.07 (1:18.41)	3:50.55 (1:34.48)			

Event 102 Men 70-74 1650 Yard Freestyle

YMCA: 20:34.19 Y 2003 Burwell Jones Sarasota FL
 NATL: 19:46.98 * 5/17/2019 Dan Kirkland

1	Modjeska, Mark	71	Prescott YMCA of Yavapai Count	20:27.65	20:54.60	9
	33.45	1:09.59 (36.14)	1:46.91 (37.32)	2:24.20 (37.29)		
	3:01.82 (37.62)	3:39.47 (37.65)	4:16.78 (37.31)	4:54.49 (37.71)		
	5:32.40 (37.91)	6:10.67 (38.27)	6:49.42 (38.75)	7:27.74 (38.32)		
	8:05.95 (38.21)	8:43.97 (38.02)	9:22.14 (38.17)	10:00.63 (38.49)		
	10:39.01 (38.38)	11:17.20 (38.19)	11:55.64 (38.44)	12:33.90 (38.26)		
	13:12.68 (38.78)	13:51.44 (38.76)	14:30.17 (38.73)	15:08.92 (38.75)		
	15:47.72 (38.80)	16:26.39 (38.67)	17:04.90 (38.51)	17:43.47 (38.57)		
	18:21.52 (38.05)	19:00.38 (38.86)	19:38.42 (38.04)	20:16.56 (38.14)	20:54.60 (38.04)	

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Results - Thursday

(Event 102 Men 70-74 1650 Yard Freestyle)

2	Shields, Barry	72	Scenic Rivers YMCA	24:40.00	24:38.83	7
	37.00	1:18.42 (41.42)	2:03.12 (44.70)	2:48.28 (45.16)		
	3:32.94 (44.66)	4:18.36 (45.42)	5:03.71 (45.35)	5:49.75 (46.04)		
	6:36.02 (46.27)	7:21.44 (45.42)	8:07.42 (45.98)	8:53.05 (45.63)		
	9:38.57 (45.52)	10:24.30 (45.73)	11:09.20 (44.90)	11:54.27 (45.07)		
	12:39.13 (44.86)	13:24.42 (45.29)	14:09.32 (44.90)	14:54.78 (45.46)		
	15:40.67 (45.89)	16:25.76 (45.09)	17:11.29 (45.53)	17:56.65 (45.36)		
	18:42.46 (45.81)	19:28.07 (45.61)	20:12.67 (44.60)	20:58.41 (45.74)		
	21:43.72 (45.31)	22:28.88 (45.16)	23:12.84 (43.96)	23:56.10 (43.26)	24:38.83 (42.73)	
3	Keil, Mark	71	Greater Annapolis Family Cente	21:41.40	26:04.94	6
	38.92	1:22.93 (44.01)	2:09.44 (46.51)	2:55.63 (46.19)		
	3:43.66 (48.03)	4:32.25 (48.59)	5:20.12 (47.87)	6:07.40 (47.28)		
	6:57.21 (49.81)	7:44.70 (47.49)	8:32.71 (48.01)	9:21.49 (48.78)		
	10:09.17 (47.68)	10:57.62 (48.45)	11:45.85 (48.23)	12:33.71 (47.86)		
	13:20.64 (46.93)	14:08.53 (47.89)	14:56.63 (48.10)	15:44.68 (48.05)		
	16:33.00 (48.32)	17:21.74 (48.74)	18:09.53 (47.79)	18:57.24 (47.71)		
	19:45.33 (48.09)	20:33.16 (47.83)	21:21.47 (48.31)	22:09.41 (47.94)		
	22:58.78 (49.37)	23:46.15 (47.37)	24:34.55 (48.40)	25:22.70 (48.15)	26:04.94 (42.24)	

Event 102 Men 75-79 1650 Yard Freestyle

YMCA: 24:11.42 Y 5/4/2017 Mike R Freshley YMCA of South FL
NATL: 20:25.49 * 5/10/2009 David Radcliff

1	Cowing, John	75	YMCA of Westport Weston CT Inc	29:02.83	28:29.08	9
	48.24	1:39.88 (51.64)	2:32.24 (52.36)	3:24.39 (52.15)		
	4:16.61 (52.22)	5:08.23 (51.62)	5:59.82 (51.59)	6:50.98 (51.16)		
	7:42.88 (51.90)	8:34.56 (51.68)	9:26.90 (52.34)	10:19.18 (52.28)		
	11:11.11 (51.93)	12:03.83 (52.72)	12:56.19 (52.36)	13:48.85 (52.66)		
	14:41.82 (52.97)	15:34.35 (52.53)	16:26.26 (51.91)	17:18.45 (52.19)		
	18:10.23 (51.78)	19:01.79 (51.56)	19:53.29 (51.50)	20:45.11 (51.82)		
	21:36.78 (51.67)	22:28.25 (51.47)	23:19.90 (51.65)	24:11.60 (51.70)		
	25:03.44 (51.84)	25:54.98 (51.54)	26:47.18 (52.20)	27:39.30 (52.12)	28:29.08 (49.78)	

Event 102 Men 80-84 1650 Yard Freestyle

YMCA: 24:12.69 Y 4/10/2014 Burwell Jones Sarasota FL-FL
NATL: 21:54.87 * 5/1/2014 David Radcliff

1	Cannan, Patrick	83	YMCA of the Palm Beaches (Palm	36:46.58	37:16.42	9
	57.44	2:02.67 (1:05.23)	3:08.91 (1:06.24)	4:16.83 (1:07.92)		
	5:23.62 (1:06.79)	6:30.94 (1:07.32)	7:38.20 (1:07.26)	8:47.35 (1:09.15)		
	11:02.02 (2:14.67)	12:10.93 (1:08.91)	13:18.77 (1:07.84)	14:26.97 (1:08.20)		
	15:33.22 (1:06.25)	16:39.97 (1:06.75)	17:48.48 (1:08.51)	18:58.11 (1:09.63)		
	21:15.08 (2:16.97)	22:24.48 (1:09.40)	23:33.15 (1:08.67)	25:50.54 (2:17.39)		
	27:00.98 (1:10.44)	28:09.49 (1:08.51)	29:16.51 (1:07.02)	30:26.14 (1:09.63)		
	32:46.31 (2:20.17)	33:55.35 (1:09.04)	35:03.84 (1:08.49)			
	36:14.21 ()	37:16.42 (1:02.21)	37:16.42 ()			

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Results - Thursday

Event 102 Men 90-94 1650 Yard Freestyle

YMCA: 35:57.64 Y 5/18/2006 Austin Newman Ocena NJ
NATL: 30:23.70 * 11/9/2013 Willard Lamb

1	Salzmann, Fred	91	Rite-Hite Family YMCA (Schroed	34:36.19	44:18.16	9
	1:16.64	2:36.77 (1:20.13)	3:55.92 (1:19.15)	5:14.12 (1:18.20)		
	6:33.76 (1:19.64)	7:54.41 (1:20.65)	9:12.91 (1:18.50)	10:30.77 (1:17.86)		
	11:49.93 (1:19.16)	13:10.18 (1:20.25)	14:31.78 (1:21.60)	15:53.25 (1:21.47)		
	17:13.11 (1:19.86)	18:34.10 (1:20.99)	19:54.79 (1:20.69)	21:13.80 (1:19.01)		
	22:33.46 (1:19.66)	23:53.56 (1:20.10)	25:15.80 (1:22.24)	26:41.03 (1:25.23)		
	28:00.97 (1:19.94)	29:21.98 (1:21.01)	30:45.28 (1:23.30)	32:07.22 (1:21.94)		
	33:26.55 (1:19.33)	34:46.19 (1:19.64)		36:07.36 ()		
		37:28.59 ()	38:48.63 (1:20.04)	42:57.15 (4:08.52)	44:18.16 (1:21.01)	

Event 103 Women 25-29 1000 Yard Freestyle

YMCA: 10:53.61 Y 1994 Shelly Schafer Plymouth MI
NATL: 10:10.67 * 2/3/2017 Hannah Saiz

1	Redmond, Rachel	26	Greater Annapolis Family Cente	13:00.00	12:00.83	9
	31.68	1:05.93 (34.25)	1:40.82 (34.89)	2:16.34 (35.52)		
	2:52.18 (35.84)	3:27.68 (35.50)	4:03.84 (36.16)	4:40.26 (36.42)		
	5:16.70 (36.44)	5:53.32 (36.62)	6:29.77 (36.45)	7:05.71 (35.94)		
	7:42.99 (37.28)	8:19.37 (36.38)	8:56.05 (36.68)	9:32.92 (36.87)		
	10:10.06 (37.14)	10:47.16 (37.10)	11:24.60 (37.44)	12:00.83 (36.23)		
2	Stephenson, Laura	29	YMCA of Greater Cincinnati	12:55.67	13:12.33	7
	34.82	1:11.51 (36.69)	1:50.34 (38.83)	2:30.52 (40.18)		
	3:10.68 (40.16)	3:50.68 (40.00)	4:30.90 (40.22)	5:11.22 (40.32)		
	5:52.35 (41.13)	6:32.89 (40.54)	7:12.90 (40.01)	7:53.47 (40.57)		
	8:34.46 (40.99)	9:15.51 (41.05)	9:55.53 (40.02)	10:34.86 (39.33)		
	11:15.40 (40.54)	11:55.52 (40.12)	12:34.74 (39.22)	13:12.33 (37.59)		

Event 103 Women 35-39 1000 Yard Freestyle

YMCA: 10:33.29 Y 2002 Charlotte Peterson Orlando FL
NATL: 10:11.23 * 11/15/2014 Heidi George

1	Sciacca, Krysten	36	Nir Family YMCA	11:10.05	11:31.99	9
	32.46	1:08.01 (35.55)	1:44.25 (36.24)	2:20.12 (35.87)		
	2:55.86 (35.74)	3:31.52 (35.66)	4:06.72 (35.20)	4:41.82 (35.10)		
	5:16.91 (35.09)	5:51.67 (34.76)	6:26.29 (34.62)	7:00.96 (34.67)		
	7:35.37 (34.41)	8:09.95 (34.58)	8:44.33 (34.38)	9:18.54 (34.21)		
	9:52.64 (34.10)	10:26.73 (34.09)	11:00.06 (33.33)	11:31.99 (31.93)		
2	Retotar, Allison	37	YMCA of Westport Weston CT Inc	12:08.67	12:30.27	7
	32.86	1:08.97 (36.11)	1:45.59 (36.62)	2:22.50 (36.91)		
	2:59.59 (37.09)	3:36.76 (37.17)	4:14.32 (37.56)	4:51.79 (37.47)		
	5:29.69 (37.90)	6:07.80 (38.11)	6:46.33 (38.53)	7:24.71 (38.38)		
	8:03.06 (38.35)	8:41.77 (38.71)	9:19.93 (38.16)	9:58.25 (38.32)		
	10:36.87 (38.62)	11:15.15 (38.28)	11:53.20 (38.05)	12:30.27 (37.07)		
3	Zeaiter, Janet	39	YMCA of Greater Cincinnati	13:00.00	13:05.26	6
	33.28	1:11.43 (38.15)	1:51.53 (40.10)	2:31.84 (40.31)		
	3:11.94 (40.10)	3:52.10 (40.16)	4:31.98 (39.88)	5:12.27 (40.29)		
	5:52.04 (39.77)	6:31.42 (39.38)	7:11.11 (39.69)	7:50.55 (39.44)		
	8:30.25 (39.70)	9:09.95 (39.70)	9:49.84 (39.89)	10:29.62 (39.78)		
	11:08.58 (38.96)	11:47.81 (39.23)	12:27.17 (39.36)	13:05.26 (38.09)		
4	Hermann, Laura	35	YMCA of Greater Cincinnati	13:54.65	14:36.46	5
	40.82	1:24.51 (43.69)	2:09.32 (44.81)	2:54.02 (44.70)		
	3:38.75 (44.73)	4:22.99 (44.24)	5:07.58 (44.59)	5:51.12 (43.54)		
	6:35.32 (44.20)	7:19.14 (43.82)	8:03.35 (44.21)	8:47.40 (44.05)		
	9:31.27 (43.87)	10:15.10 (43.83)	10:58.86 (43.76)	11:42.78 (43.92)		
	12:26.78 (44.00)	13:11.11 (44.33)	13:54.54 (43.43)	14:36.46 (41.92)		

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(Event 103 Women 35-39 1000 Yard Freestyle)

5	Kemmet, Caitlin	36	Greater Annapolis Family Cente	15:10.94	14:44.67	4
	36.23	1:16.78 (40.55)	1:58.35 (41.57)	2:40.97 (42.62)		
	3:25.06 (44.09)	4:09.81 (44.75)	4:54.12 (44.31)	5:38.15 (44.03)		
	6:23.69 (45.54)	7:08.75 (45.06)	7:54.36 (45.61)	8:39.75 (45.39)		
	9:26.04 (46.29)	10:12.12 (46.08)	10:57.65 (45.53)	11:43.65 (46.00)		
	12:30.82 (47.17)	13:16.73 (45.91)	14:02.40 (45.67)	14:44.67 (42.27)		

Event 103 Women 40-44 1000 Yard Freestyle

YMCA: 10:44.25 Y 4/21/2005 Liz Dillman NAY

NATL: 10:20.45 * 12/21/2003 K Pipes-Neilsen

1	Dye, Lindsey	40	YMCA of Greater Cincinnati	12:03.78	12:04.90	9
	32.58	1:08.56 (35.98)	1:45.07 (36.51)	2:22.27 (37.20)		
	2:59.42 (37.15)	3:36.34 (36.92)	4:13.42 (37.08)	4:50.06 (36.64)		
	5:26.48 (36.42)	6:03.15 (36.67)	6:39.29 (36.14)	7:16.45 (37.16)		
	7:52.87 (36.42)	8:29.57 (36.70)	9:06.39 (36.82)	9:43.10 (36.71)		
	10:19.98 (36.88)	10:56.26 (36.28)	11:32.15 (35.89)	12:04.90 (32.75)		
2	Swanson, Margaret	42	South YMCA	12:30.42	12:33.51	7
	35.38	1:13.64 (38.26)	1:52.27 (38.63)	2:31.40 (39.13)		
	3:10.91 (39.51)	3:49.57 (38.66)	4:27.49 (37.92)	5:05.31 (37.82)		
	5:43.17 (37.86)	6:21.13 (37.96)	6:58.96 (37.83)	7:36.52 (37.56)		
	8:13.63 (37.11)	8:51.27 (37.64)	9:29.02 (37.75)	10:07.18 (38.16)		
	10:45.15 (37.97)	11:23.49 (38.34)	12:00.17 (36.68)	12:33.51 (33.34)		
3	Smith, Tara	44	Nir Family YMCA	14:10.01	13:04.25	6
	35.64	1:13.85 (38.21)	1:52.81 (38.96)	2:32.17 (39.36)		
	3:11.86 (39.69)	3:51.05 (39.19)	4:30.96 (39.91)	5:10.74 (39.78)		
	5:50.92 (40.18)	6:30.12 (39.20)	7:10.33 (40.21)	7:49.94 (39.61)		
	8:29.43 (39.49)	9:08.54 (39.11)	9:48.10 (39.56)	10:27.29 (39.19)		
	11:06.99 (39.70)	11:46.57 (39.58)	12:25.79 (39.22)	13:04.25 (38.46)		
4	Beckmann, Beth	43	Nir Family YMCA	15:00.00	13:17.70	5
	35.72	1:14.68 (38.96)	1:54.36 (39.68)	2:34.97 (40.61)		
	3:15.58 (40.61)	3:56.51 (40.93)	4:37.15 (40.64)	5:17.94 (40.79)		
	5:58.33 (40.39)	6:38.70 (40.37)	7:19.12 (40.42)	7:59.65 (40.53)		
	8:40.49 (40.84)	9:21.22 (40.73)	10:01.65 (40.43)	10:41.67 (40.02)		
	11:21.13 (39.46)	12:00.83 (39.70)	12:40.30 (39.47)	13:17.70 (37.40)		
5	Seidler, Mindy	44	Rite-Hite Family YMCA (Schroed	14:05.08	13:57.19	4
	34.42	1:12.69 (38.27)	1:52.51 (39.82)	2:33.58 (41.07)		
	3:14.74 (41.16)	3:56.67 (41.93)	4:38.49 (41.82)	5:20.78 (42.29)		
	6:03.15 (42.37)	6:45.88 (42.73)	7:28.88 (43.00)	8:11.63 (42.75)		
	8:54.50 (42.87)	9:37.86 (43.36)	10:21.45 (43.59)	11:04.91 (43.46)		
	11:48.44 (43.53)	12:31.88 (43.44)	13:14.73 (42.85)	13:57.19 (42.46)		
6	Haeussler, Jayme	43	Ralph J. Stolle Countryside YM	16:30.00	14:35.27	3
	39.18	1:22.50 (43.32)	2:07.44 (44.94)	2:52.23 (44.79)		
	3:37.09 (44.86)	4:21.85 (44.76)	5:06.50 (44.65)	5:51.01 (44.51)		
	6:35.31 (44.30)	7:19.44 (44.13)	8:03.83 (44.39)	8:47.92 (44.09)		
	9:32.00 (44.08)	10:16.13 (44.13)	11:00.30 (44.17)	11:44.55 (44.25)		
	12:28.70 (44.15)	13:12.53 (43.83)	13:56.04 (43.51)	14:35.27 (39.23)		
7	Wideman, Melissa	41	YMCA of Greater Cincinnati	13:49.37	15:43.45	2
	37.72	1:18.24 (40.52)	2:01.29 (43.05)	2:45.46 (44.17)		
	3:31.51 (46.05)	4:18.72 (47.21)	5:05.90 (47.18)	5:54.08 (48.18)		
	6:44.54 (50.46)	7:34.29 (49.75)	8:23.89 (49.60)	9:13.64 (49.75)		
	10:03.41 (49.77)	10:52.54 (49.13)	11:41.17 (48.63)	12:30.05 (48.88)		
	13:20.26 (50.21)	14:08.81 (48.55)	14:56.78 (47.97)	15:43.45 (46.67)		

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Event 103 Women 45-49 1000 Yard Freestyle

YMCA: 10:32.91 Y 4/16/2009 Karyn Pipes-Nielsen

Mid-Delmarva MD

NATL: 10:18.26 * 12/16/2021 Heidi George

1	Maidenberg, Eve	47	Nir Family YMCA	11:55.94	12:01.65	9
	31.96	1:07.61 (35.65)	1:43.85 (36.24)	2:20.19 (36.34)		
	2:56.11 (35.92)	3:31.99 (35.88)	4:07.75 (35.76)	4:43.75 (36.00)		
	5:20.12 (36.37)	5:56.21 (36.09)	6:32.61 (36.40)	7:09.29 (36.68)		
	7:45.56 (36.27)	8:21.98 (36.42)	8:58.84 (36.86)	9:36.11 (37.27)		
	10:13.36 (37.25)	10:50.10 (36.74)	11:26.47 (36.37)	12:01.65 (35.18)		
2	Sullivan, Mary	49	South YMCA	12:19.45	12:07.56	7
	32.78	1:08.76 (35.98)	1:45.72 (36.96)	2:22.61 (36.89)		
	2:59.68 (37.07)	3:36.46 (36.78)	4:13.35 (36.89)	4:50.00 (36.65)		
	5:26.70 (36.70)	6:03.27 (36.57)	6:39.78 (36.51)	7:16.80 (37.02)		
	7:53.54 (36.74)	8:30.39 (36.85)	9:07.16 (36.77)	9:43.65 (36.49)		
	10:19.78 (36.13)	10:56.22 (36.44)	11:32.75 (36.53)	12:07.56 (34.81)		
3	McCarthy, Michelle	48	YMCA at Pabst Farms	12:53.61	12:36.26	6
	33.57	1:10.50 (36.93)	1:48.99 (38.49)	2:27.38 (38.39)		
	3:05.94 (38.56)	3:43.89 (37.95)	4:22.36 (38.47)	5:00.72 (38.36)		
	5:39.00 (38.28)	6:17.65 (38.65)	6:56.15 (38.50)	7:34.49 (38.34)		
	8:12.52 (38.03)	8:50.84 (38.32)	9:29.35 (38.51)	10:07.81 (38.46)		
	10:45.26 (37.45)	11:22.41 (37.15)	12:00.80 (38.39)	12:36.26 (35.46)		
4	Morchio, Paola	47	Greater Somerset County YMCA	12:55.83	13:01.20	5
	34.09	1:11.07 (36.98)	1:49.40 (38.33)	2:27.70 (38.30)		
	3:05.86 (38.16)	3:44.46 (38.60)	4:23.58 (39.12)	5:02.70 (39.12)		
	5:42.08 (39.38)	6:21.96 (39.88)	7:02.06 (40.10)	7:41.82 (39.76)		
	8:21.39 (39.57)	9:01.23 (39.84)	9:41.39 (40.16)	10:21.69 (40.30)		
	11:01.78 (40.09)	11:42.16 (40.38)	12:22.22 (40.06)	13:01.20 (38.98)		
5	Larson, Sarah	49	YMCA of Greater Cincinnati	21:00.00	18:53.84	4
	48.24	1:41.55 (53.31)	2:37.87 (56.32)	3:34.46 (56.59)		
	4:31.58 (57.12)	5:28.75 (57.17)	6:25.98 (57.23)	7:23.06 (57.08)		
	8:19.96 (56.90)	9:17.12 (57.16)	10:16.66 (59.54)	11:13.85 (57.19)		
	12:11.54 (57.69)	13:08.76 (57.22)	14:07.17 (58.41)	15:05.07 (57.90)		
	16:02.88 (57.81)	17:00.24 (57.36)	17:58.82 (58.58)	18:53.84 (55.02)		

Event 103 Women 50-54 1000 Yard Freestyle

YMCA: 11:09.00 Y 5/7/2015 Ellen M Reynolds

Treasure Valley

NATL: 10:58.56 * 4/23/2015 Jill Hernandez

1	Texel, Paula	53	YMCA of Westport Weston CT Inc	12:20.00	12:11.45	9
	31.93	1:07.09 (35.16)	1:43.91 (36.82)	2:20.25 (36.34)		
	2:57.07 (36.82)	3:33.91 (36.84)	4:10.52 (36.61)	4:48.01 (37.49)		
	5:25.75 (37.74)	6:03.89 (38.14)	6:40.10 (36.21)	7:16.50 (36.40)		
	7:53.29 (36.79)	8:30.05 (36.76)	9:07.10 (37.05)	9:44.39 (37.29)		
	10:21.79 (37.40)	10:58.96 (37.17)	11:35.62 (36.66)	12:11.45 (35.83)		
2	Kellner, Tracy	53	Rite-Hite Family YMCA (Schroed	13:45.00	13:21.30	7
	33.75	1:12.29 (38.54)	1:52.11 (39.82)	2:32.18 (40.07)		
	3:12.82 (40.64)	3:53.91 (41.09)	4:34.87 (40.96)	5:15.96 (41.09)		
	5:56.78 (40.82)	6:37.69 (40.91)	7:18.48 (40.79)	7:58.78 (40.30)		
	8:39.28 (40.50)	9:19.82 (40.54)	10:00.23 (40.41)	10:40.64 (40.41)		
	11:20.94 (40.30)	12:01.12 (40.18)	12:41.56 (40.44)	13:21.30 (39.74)		
3	Davidson, Michelle	53	YMCA of Westport Weston CT Inc	14:00.00	13:39.00	6
	35.84	1:16.30 (40.46)	1:58.17 (41.87)	2:40.11 (41.94)		
	3:21.34 (41.23)	4:02.60 (41.26)	4:44.23 (41.63)	5:26.01 (41.78)		
	6:07.76 (41.75)	6:49.26 (41.50)	7:30.73 (41.47)	8:11.97 (41.24)		
	8:52.97 (41.00)	9:34.09 (41.12)	10:14.94 (40.85)	10:55.86 (40.92)		
	11:36.70 (40.84)	12:17.91 (41.21)	12:59.15 (41.24)	13:39.00 (39.85)		

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Results - Thursday

(Event 103 Women 50-54 1000 Yard Freestyle)

4	Long, Sharon	53	YMCA of the Triangle Area	15:50.00	14:41.11	5
	38.30	1:20.77 (42.47)	2:05.07 (44.30)	2:49.20 (44.13)		
	3:33.15 (43.95)	4:17.55 (44.40)	5:02.19 (44.64)	5:46.37 (44.18)		
	6:30.59 (44.22)	7:14.87 (44.28)	7:58.95 (44.08)	8:43.77 (44.82)		
	9:28.35 (44.58)	10:12.94 (44.59)	10:57.51 (44.57)	11:42.16 (44.65)		
	12:27.86 (45.70)	13:12.76 (44.90)	13:57.35 (44.59)	14:41.11 (43.76)		
5	Whitehead, Beth	51	South YMCA	19:30.00	17:42.51	4
	46.93	1:39.01 (52.08)	2:32.04 (53.03)	3:25.32 (53.28)		
	4:18.63 (53.31)	5:11.77 (53.14)	6:05.28 (53.51)	6:58.60 (53.32)		
	7:52.78 (54.18)	8:46.93 (54.15)	9:40.76 (53.83)	10:34.87 (54.11)		
	11:28.61 (53.74)	12:22.22 (53.61)	13:16.02 (53.80)	14:10.18 (54.16)		
	15:04.41 (54.23)	15:57.63 (53.22)	16:51.68 (54.05)	17:42.51 (50.83)		

Event 103 Women 55-59 1000 Yard Freestyle

YMCA: 11:54.15 Y 4/20/2023 Laurie Hug YMCA of the Palm
NATL: 11:19.85 * 2/5/2017 K Parker Palace

1	Westerman, Karen	56	YMCA of Westport Weston CT Inc	12:57.95	12:17.88	9
	33.05	1:08.83 (35.78)	1:45.74 (36.91)	2:23.06 (37.32)		
	3:00.48 (37.42)	3:37.62 (37.14)	4:15.08 (37.46)	4:53.20 (38.12)		
	5:30.89 (37.69)	6:08.70 (37.81)	6:46.21 (37.51)	7:23.65 (37.44)		
	8:01.14 (37.49)	8:38.88 (37.74)	9:15.98 (37.10)	9:52.73 (36.75)		
	10:29.99 (37.26)	11:06.32 (36.33)	11:42.94 (36.62)	12:17.88 (34.94)		
2	Martin, Jeanie	58	YMCA of Greater Cincinnati	12:38.69	12:35.94	7
	33.16	1:09.94 (36.78)	1:47.58 (37.64)	2:25.59 (38.01)		
	3:03.44 (37.85)	3:41.25 (37.81)	4:19.36 (38.11)	4:57.71 (38.35)		
	5:35.81 (38.10)	6:14.14 (38.33)	6:52.63 (38.49)	7:30.86 (38.23)		
	8:09.42 (38.56)	8:47.85 (38.43)	9:25.80 (37.95)	10:04.44 (38.64)		
	10:42.69 (38.25)	11:21.52 (38.83)	11:59.54 (38.02)	12:35.94 (36.40)		
3	Pursell, Kirsten	56	Mission Valley YMCA	13:19.36	13:07.85	6
	35.04	1:14.12 (39.08)	1:52.58 (38.46)	2:32.07 (39.49)		
	3:11.98 (39.91)	3:51.91 (39.93)	4:31.81 (39.90)	5:12.07 (40.26)		
	5:51.42 (39.35)	6:31.03 (39.61)	7:10.66 (39.63)	7:50.03 (39.37)		
	8:30.01 (39.98)	9:10.15 (40.14)	9:49.98 (39.83)	10:30.17 (40.19)		
	11:10.06 (39.89)	11:49.58 (39.52)	12:29.64 (40.06)	13:07.85 (38.21)		
4	Freund, Shelle	59	Nir Family YMCA	12:59.33	13:44.47	5
	33.81	1:13.04 (39.23)	1:53.92 (40.88)	2:35.28 (41.36)		
	3:16.60 (41.32)	3:57.94 (41.34)	4:39.50 (41.56)	5:21.40 (41.90)		
	6:03.11 (41.71)	6:45.13 (42.02)	7:27.34 (42.21)	8:09.23 (41.89)		
	8:51.51 (42.28)	9:33.32 (41.81)	10:15.50 (42.18)	10:57.74 (42.24)		
	11:39.72 (41.98)	12:22.01 (42.29)	13:03.90 (41.89)	13:44.47 (40.57)		
5	Ide, Carol	57	Scenic Rivers YMCA	14:25.00	14:03.38	4
	38.26	1:20.05 (41.79)	2:02.38 (42.33)	2:44.77 (42.39)		
	3:27.30 (42.53)	4:09.84 (42.54)	4:52.62 (42.78)	5:35.72 (43.10)		
	6:18.68 (42.96)	7:00.87 (42.19)	7:43.42 (42.55)	8:26.70 (43.28)		
	9:09.36 (42.66)	9:51.92 (42.56)	10:34.33 (42.41)	11:16.95 (42.62)		
	11:59.65 (42.70)	12:41.86 (42.21)	13:23.23 (41.37)	14:03.38 (40.15)		
6	Bailey, Denise	56	YMCA of Northwest North Caroli	18:30.50	15:39.46	3
	42.43	1:27.83 (45.40)	2:14.48 (46.65)	3:00.95 (46.47)		
	3:48.28 (47.33)	4:35.33 (47.05)	5:22.77 (47.44)	6:10.29 (47.52)		
	6:56.85 (46.56)	7:44.77 (47.92)	8:32.30 (47.53)	9:20.60 (48.30)		
	10:08.88 (48.28)	10:57.05 (48.17)	11:46.50 (49.45)	12:32.88 (46.38)		
	13:20.41 (47.53)	14:06.91 (46.50)	14:54.87 (47.96)	15:39.46 (44.59)		

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Results - Thursday

(Event 103 Women 55-59 1000 Yard Freestyle)

7	O'Connell, Megan	55	Greater Annapolis Family Cente	16:09.87	15:46.68	2
	41.01	1:27.57 (46.56)	2:14.97 (47.40)	3:02.90 (47.93)		
	3:50.80 (47.90)	4:38.74 (47.94)	5:27.41 (48.67)	6:15.10 (47.69)		
	7:03.58 (48.48)	7:51.52 (47.94)	8:40.09 (48.57)	9:27.94 (47.85)		
	10:14.83 (46.89)	11:02.70 (47.87)	11:49.77 (47.07)	12:38.47 (48.70)		
	13:25.41 (46.94)	14:13.33 (47.92)	15:00.25 (46.92)	15:46.68 (46.43)		
8	Tepe, Stacey	56	YMCA of Greater Cincinnati	16:02.08	16:26.99	1
	42.56	1:29.61 (47.05)	2:18.06 (48.45)	3:08.04 (49.98)		
	3:57.76 (49.72)	4:48.55 (50.79)	5:38.38 (49.83)	6:29.02 (50.64)		
	7:19.16 (50.14)	8:09.17 (50.01)	8:59.23 (50.06)	9:49.59 (50.36)		
	10:39.14 (49.55)	11:29.44 (50.30)	12:19.46 (50.02)	13:09.15 (49.69)		
	13:58.81 (49.66)	14:49.21 (50.40)	15:38.86 (49.65)	16:26.99 (48.13)		

Event 103 Women 60-64 1000 Yard Freestyle

YMCA: 12:07.71 Y 4/19/2018 Karen L Einsidler Sarasota YMCA
NATL: 11:40.89 * 5/19/2019 Bonnie Spivey

1	Michael, Tait	60	YMCA of Westport Weston CT Inc	12:14.36	12:17.58	9
	32.33	1:07.76 (35.43)	1:43.63 (35.87)	2:20.22 (36.59)		
	2:57.15 (36.93)	3:34.04 (36.89)	4:10.85 (36.81)	4:48.01 (37.16)		
	5:25.53 (37.52)	6:03.16 (37.63)	6:40.54 (37.38)	7:17.81 (37.27)		
	7:55.19 (37.38)	8:32.81 (37.62)	9:10.49 (37.68)	9:48.07 (37.58)		
	10:25.73 (37.66)	11:03.49 (37.76)	11:40.95 (37.46)	12:17.58 (36.63)		
2	Rohner, Patricia	64	YMCA of the Triangle Area	12:49.83	12:37.80	7
	33.43	1:10.06 (36.63)	1:47.68 (37.62)	2:25.34 (37.66)		
	3:03.35 (38.01)	3:41.49 (38.14)	4:19.31 (37.82)	4:57.78 (38.47)		
	5:35.93 (38.15)	6:14.32 (38.39)	6:52.64 (38.32)	7:30.86 (38.22)		
	8:09.56 (38.70)	8:48.16 (38.60)	9:26.85 (38.69)	10:05.64 (38.79)		
	10:44.40 (38.76)	11:22.77 (38.37)	12:01.13 (38.36)	12:37.80 (36.67)		
3	Tippen, Catherine	63	YMCA of Metropolitan Dallas	12:41.66	12:40.04	6
	33.93	1:10.64 (36.71)	1:49.28 (38.64)	2:28.08 (38.80)		
	3:06.58 (38.50)	3:45.31 (38.73)	4:23.76 (38.45)	5:02.11 (38.35)		
	5:40.27 (38.16)	6:18.44 (38.17)	6:56.50 (38.06)	7:34.88 (38.38)		
	8:13.26 (38.38)	8:51.66 (38.40)	9:29.98 (38.32)	10:07.94 (37.96)		
	10:46.17 (38.23)	11:24.30 (38.13)	12:02.64 (38.34)	12:40.04 (37.40)		
4	Moss, Pam Henry	62	YMCA of Westport Weston CT Inc	13:15.60	13:16.05	5
	36.94	1:15.44 (38.50)	1:54.71 (39.27)	2:34.15 (39.44)		
	3:13.95 (39.80)	3:54.23 (40.28)	4:34.98 (40.75)	5:15.67 (40.69)		
	5:55.93 (40.26)	6:36.30 (40.37)	7:16.41 (40.11)	7:56.33 (39.92)		
	8:36.11 (39.78)	9:16.26 (40.15)	9:56.25 (39.99)	10:36.21 (39.96)		
	11:16.51 (40.30)	11:56.70 (40.19)	12:37.05 (40.35)	13:16.05 (39.00)		
5	Riazzzi, Barb	64	South YMCA	13:37.64	13:36.31	4
	36.65	1:17.19 (40.54)	1:57.28 (40.09)	2:37.01 (39.73)		
	3:17.78 (40.77)	3:58.87 (41.09)	4:40.53 (41.66)	5:22.41 (41.88)		
	6:04.03 (41.62)	6:45.93 (41.90)	7:27.19 (41.26)	8:08.51 (41.32)		
	8:49.78 (41.27)	9:31.27 (41.49)	10:12.73 (41.46)	10:53.68 (40.95)		
	11:34.96 (41.28)	12:15.63 (40.67)	12:56.36 (40.73)	13:36.31 (39.95)		
6	Bergamini, Margaret	61	Greater Annapolis Family Cente	13:38.87	13:43.09	3
	36.38	1:17.01 (40.63)	1:58.29 (41.28)	2:39.57 (41.28)		
	3:20.98 (41.41)	4:02.48 (41.50)	4:44.17 (41.69)	5:25.83 (41.66)		
	6:07.48 (41.65)	6:49.11 (41.63)	7:31.35 (42.24)	8:13.35 (42.00)		
	8:55.24 (41.89)	9:36.38 (41.14)	10:17.81 (41.43)	10:59.95 (42.14)		
	11:41.41 (41.46)	12:23.14 (41.73)	13:04.24 (41.10)	13:43.09 (38.85)		

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Results - Thursday

(Event 103 Women 60-64 1000 Yard Freestyle)

7	Irish Bostic, Linda	60	YMCA of the Palm Beaches (Palm	13:54.54	13:53.76	2
	36.50	1:17.05 (40.55)	1:58.45 (41.40)	2:38.94 (40.49)		
	3:20.09 (41.15)	4:01.72 (41.63)	4:43.71 (41.99)	5:25.71 (42.00)		
	6:07.28 (41.57)	6:50.19 (42.91)	7:32.96 (42.77)	8:15.30 (42.34)		
	8:58.27 (42.97)	9:40.95 (42.68)	10:23.86 (42.91)	11:06.42 (42.56)		
	11:49.10 (42.68)	12:31.22 (42.12)	13:13.32 (42.10)	13:53.76 (40.44)		
8	Pappas, Gina	62	Nir Family YMCA	14:39.19	14:10.08	1
	39.01	1:21.87 (42.86)	2:06.28 (44.41)	2:49.57 (43.29)		
	3:33.75 (44.18)	4:17.25 (43.50)	5:00.40 (43.15)	5:42.87 (42.47)		
	6:26.38 (43.51)	7:09.11 (42.73)	7:51.24 (42.13)	8:33.41 (42.17)		
	9:16.56 (43.15)	9:59.15 (42.59)	10:41.21 (42.06)	11:23.34 (42.13)		
	12:05.77 (42.43)	12:47.76 (41.99)	13:29.24 (41.48)	14:10.08 (40.84)		
9	Volski, Polly	60	YMCA of Greater Cincinnati	14:35.03	14:31.56	
	38.15	1:20.17 (42.02)	2:04.29 (44.12)	2:48.36 (44.07)		
	3:32.08 (43.72)	4:16.01 (43.93)	4:59.94 (43.93)	5:43.65 (43.71)		
	6:27.73 (44.08)	7:11.81 (44.08)	7:56.31 (44.50)	8:40.46 (44.15)		
	9:24.87 (44.41)	10:09.28 (44.41)	10:53.63 (44.35)	11:37.92 (44.29)		
	12:22.20 (44.28)	13:07.15 (44.95)	13:51.15 (44.00)	14:31.56 (40.41)		
10	Bogue, Sherri	60	YMCA of Westport Weston CT Inc	19:14.29	18:38.28	
	47.86	1:41.03 (53.17)	2:35.29 (54.26)	3:30.84 (55.55)		
	4:27.20 (56.36)	5:24.04 (56.84)	6:20.55 (56.51)	7:17.27 (56.72)		
	8:13.41 (56.14)	9:10.54 (57.13)	10:07.63 (57.09)	11:04.60 (56.97)		
	12:01.46 (56.86)	12:58.05 (56.59)	13:54.81 (56.76)	14:52.00 (57.19)		
	15:48.95 (56.95)	16:45.51 (56.56)	17:42.47 (56.96)	18:38.28 (55.81)		

Event 103 Women 65-69 1000 Yard Freestyle

YMCA: 12:28.24 Y 5/9/2024 Nancy Steadman Martin Westport Weston
NATL: 11:59.50 * 4/9/2017 Laura Val

1	Steadman Martin, Nancy	69	YMCA of Westport Weston CT Inc	12:28.50	12:28.24 Y	9
	33.02	1:09.01 (35.99)	1:46.09 (37.08)	2:23.36 (37.27)		
	3:00.53 (37.17)	3:37.92 (37.39)	4:15.37 (37.45)	4:53.05 (37.68)		
	5:30.33 (37.28)	6:08.39 (38.06)	6:46.39 (38.00)	7:24.40 (38.01)		
	8:02.37 (37.97)	8:40.85 (38.48)	9:19.04 (38.19)	9:57.04 (38.00)		
	10:35.21 (38.17)	11:13.67 (38.46)	11:51.74 (38.07)	12:28.24 (36.50)		
2	Hallett, Connie	65	YMCA of Southern Maine	13:22.22	13:27.67	7
	35.18	1:14.44 (39.26)	1:54.00 (39.56)	2:34.53 (40.53)		
	3:14.13 (39.60)	3:54.23 (40.10)	4:34.38 (40.15)	5:14.68 (40.30)		
	5:54.75 (40.07)	6:34.58 (39.83)	7:15.16 (40.58)	7:55.86 (40.70)		
	8:37.05 (41.19)	9:18.25 (41.20)	10:00.00 (41.75)	10:41.51 (41.51)		
	11:23.59 (42.08)	12:05.61 (42.02)	12:47.37 (41.76)	13:27.67 (40.30)		
3	Rokich, Karen	65	YMCA of Greater Cincinnati	15:39.28	14:49.85	6
	37.42	1:19.58 (42.16)	2:02.96 (43.38)	2:47.56 (44.60)		
	3:32.33 (44.77)	4:17.32 (44.99)	5:02.22 (44.90)	5:47.81 (45.59)		
	6:33.14 (45.33)	7:18.21 (45.07)	8:03.67 (45.46)	8:49.44 (45.77)		
	9:35.22 (45.78)	10:21.02 (45.80)	11:06.57 (45.55)	11:51.74 (45.17)		
	12:37.21 (45.47)	13:23.38 (46.17)	14:08.26 (44.88)	14:49.85 (41.59)		
4	Sikora, Rosanna	68	Scenic Rivers YMCA	16:55.32	15:51.39	5
	42.50	1:30.01 (47.51)	2:18.46 (48.45)	3:05.91 (47.45)		
	3:53.85 (47.94)	4:41.12 (47.27)	5:28.98 (47.86)	6:17.16 (48.18)		
	7:05.44 (48.28)	7:53.67 (48.23)	8:41.01 (47.34)	9:29.05 (48.04)		
	10:16.84 (47.79)	11:05.40 (48.56)	11:53.30 (47.90)	12:41.11 (47.81)		
	13:29.41 (48.30)	14:17.29 (47.88)	15:05.17 (47.88)	15:51.39 (46.22)		

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Results - Thursday

(Event 103 Women 65-69 1000 Yard Freestyle)

5	Taylor, Susan	66	Greater Annapolis Family Cente	16:45.00	16:02.12	4
	42.82		1:30.04 (47.22)	2:17.93 (47.89)	3:06.10 (48.17)	
	3:54.46 (48.36)		4:42.22 (47.76)	5:30.17 (47.95)	6:18.38 (48.21)	
	7:07.11 (48.73)		7:55.54 (48.43)	8:43.45 (47.91)	9:31.42 (47.97)	
	10:19.87 (48.45)		11:08.72 (48.85)	11:57.57 (48.85)	12:46.66 (49.09)	
	13:35.95 (49.29)		14:25.03 (49.08)	15:13.84 (48.81)	16:02.12 (48.28)	
6	Snyder, Sharon	65	YMCA of Greater New York	19:03.24	17:49.42	3
	47.95		1:39.67 (51.72)	2:33.67 (54.00)	3:27.54 (53.87)	
	4:19.89 (52.35)		5:13.92 (54.03)	6:07.07 (53.15)	6:59.97 (52.90)	
	7:53.77 (53.80)		8:47.12 (53.35)	9:40.42 (53.30)	10:33.76 (53.34)	
	11:26.64 (52.88)		12:19.47 (52.83)	13:12.76 (53.29)	14:06.13 (53.37)	
	14:59.39 (53.26)		15:52.98 (53.59)	16:43.71 (50.73)	17:49.42 (1:05.71)	
7	Blubaugh, Diane	67	Greater Annapolis Family Cente	19:22.48	19:09.69	2
	50.34		1:45.42 (55.08)	2:42.08 (56.66)	3:37.76 (55.68)	
	4:34.80 (57.04)		5:31.94 (57.14)	6:30.19 (58.25)	7:28.30 (58.11)	
	8:27.37 (59.07)		9:25.19 (57.82)	10:23.46 (58.27)	11:22.64 (59.18)	
	12:20.48 (57.84)		13:18.98 (58.50)	14:17.26 (58.28)	15:16.40 (59.14)	
	16:15.04 (58.64)		17:14.21 (59.17)	18:12.94 (58.73)	19:09.69 (56.75)	

Event 103 Women 70-74 1000 Yard Freestyle

YMCA: 13:06.13 Y 5/9/2024 Joan Pfinagraff Greater Annapoli
NATL: 13:35.83 * 3/6/2020 Cecilia McCloskey

1	Pfinagraff, Joan	70	Greater Annapolis Family Cente	13:20.00	13:06.13Y	9
	36.00		1:14.41 (38.41)	1:53.47 (39.06)	2:32.96 (39.49)	
	3:12.55 (39.59)		3:52.65 (40.10)	4:32.51 (39.86)	5:12.13 (39.62)	
	5:51.87 (39.74)		6:31.44 (39.57)	7:10.80 (39.36)	7:50.68 (39.88)	
	8:30.35 (39.67)		9:10.09 (39.74)	9:49.54 (39.45)	10:29.13 (39.59)	
	11:08.60 (39.47)		11:48.10 (39.50)	12:27.66 (39.56)	13:06.13 (38.47)	
2	Wingenroth, Kris	70	YMCA of the Greater Houston Ar	15:13.93	14:31.24	7
	39.49		1:22.97 (43.48)	2:07.20 (44.23)	2:50.95 (43.75)	
	3:35.18 (44.23)		4:19.29 (44.11)	5:03.15 (43.86)	5:47.22 (44.07)	
	6:31.48 (44.26)		7:15.81 (44.33)	7:59.58 (43.77)	8:43.51 (43.93)	
	9:27.97 (44.46)		10:11.75 (43.78)	10:55.46 (43.71)	11:39.88 (44.42)	
	12:23.79 (43.91)		13:06.95 (43.16)	13:50.36 (43.41)	14:31.24 (40.88)	
3	Swedler, Susan	70	Rite-Hite Family YMCA (Schroed	16:40.50	15:20.38	6
	41.68		1:27.08 (45.40)	2:13.25 (46.17)	3:00.06 (46.81)	
	3:46.53 (46.47)		4:32.61 (46.08)	5:19.15 (46.54)	6:05.56 (46.41)	
	6:51.82 (46.26)		7:37.68 (45.86)	8:23.97 (46.29)	9:10.29 (46.32)	
	9:56.65 (46.36)		10:43.10 (46.45)	11:29.54 (46.44)	12:15.74 (46.20)	
	13:02.30 (46.56)		13:48.72 (46.42)	14:35.07 (46.35)	15:20.38 (45.31)	
4	Ragalie, Diane	71	YMCA of the Palm Beaches (Palm	17:46.00	16:02.77	5
	44.23		1:32.58 (48.35)	2:21.49 (48.91)	3:10.14 (48.65)	
	3:58.47 (48.33)		4:46.83 (48.36)	5:34.62 (47.79)	6:22.94 (48.32)	
	7:11.11 (48.17)		7:59.20 (48.09)	8:47.15 (47.95)	9:35.68 (48.53)	
	10:24.70 (49.02)		11:13.51 (48.81)	12:02.11 (48.60)	12:51.06 (48.95)	
	13:39.32 (48.26)		14:27.68 (48.36)	15:16.32 (48.64)	16:02.77 (46.45)	
5	Adamson, Chris	73	YMCA of Greater Cincinnati	22:00.00	17:09.08	4
	43.49		1:33.22 (49.73)	2:24.58 (51.36)	3:16.68 (52.10)	
	4:09.53 (52.85)		5:02.66 (53.13)	5:55.12 (52.46)	6:47.53 (52.41)	
	7:39.75 (52.22)		8:32.35 (52.60)	9:24.47 (52.12)	10:17.20 (52.73)	
	11:09.30 (52.10)		12:00.95 (51.65)	14:37.14 (2:36.19)	15:28.50 (51.36)	
	16:19.85 (51.35)		17:09.27 (49.42)	17:09.08 ()		

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6	Saipe, Nancy	70	YMCA of Westport Weston CT Inc	17:00.00	17:44.56	3
	40.62	1:28.18 (47.56)	2:18.36 (50.18)	3:09.64 (51.28)		
	4:03.84 (54.20)	4:57.68 (53.84)	5:51.62 (53.94)	6:46.29 (54.67)		
	7:41.53 (55.24)	8:37.31 (55.78)	9:31.24 (53.93)	10:25.84 (54.60)		
	11:20.84 (55.00)	12:15.13 (54.29)	13:11.03 (55.90)	14:06.49 (55.46)		
	15:01.26 (54.77)	15:56.71 (55.45)	16:51.58 (54.87)	17:44.56 (52.98)		
7	Sigler, Leslie	70	YMCA of Greater Cincinnati	23:09.00	21:13.53	2
	55.40	1:58.39 (1:02.99)	3:02.36 (1:03.97)	4:05.72 (1:03.36)		
	5:09.23 (1:03.51)	6:13.20 (1:03.97)	7:16.78 (1:03.58)	8:20.44 (1:03.66)		
	9:24.30 (1:03.86)	10:28.04 (1:03.74)	11:31.84 (1:03.80)	12:36.05 (1:04.21)		
	13:40.15 (1:04.10)	14:44.98 (1:04.83)	15:50.11 (1:05.13)	16:55.06 (1:04.95)		
	17:59.52 (1:04.46)	19:04.69 (1:05.17)	20:10.04 (1:05.35)	21:13.53 (1:03.49)		
8	Smith, Phyllis	70	Rite-Hite Family YMCA (Schroed	25:00.00	25:11.35	1
	1:05.18	2:18.96 (1:13.78)	3:33.00 (1:14.04)	4:46.68 (1:13.68)		
	6:00.38 (1:13.70)	7:14.67 (1:14.29)	8:29.91 (1:15.24)	9:45.37 (1:15.46)		
	11:03.76 (1:18.39)	12:20.35 (1:16.59)	13:37.27 (1:16.92)	14:55.41 (1:18.14)		
	16:12.34 (1:16.93)	17:29.53 (1:17.19)		20:03.45 ()		
			25:10.66 ()	25:11.35 (0.69)		

Event 103 Women 75-79 1000 Yard Freestyle

YMCA: 16:06.49 Y 4/21/2005 Gail Roper SCFY
NATL: 15:47.72 * 3/18/2009 Ronnie Kamphausen

1	Paukert, Judy	76	YMCA at Nocatee	19:31.38	20:38.89	9
	56.04	1:55.41 (59.37)	2:56.02 (1:00.61)	3:56.78 (1:00.76)		
	4:58.62 (1:01.84)	6:00.58 (1:01.96)	7:03.05 (1:02.47)	8:06.18 (1:03.13)		
	9:08.97 (1:02.79)	10:12.64 (1:03.67)	11:15.45 (1:02.81)	12:18.91 (1:03.46)		
	13:21.03 (1:02.12)	14:24.08 (1:03.05)	15:28.06 (1:03.98)	16:32.05 (1:03.99)		
	17:33.83 (1:01.78)	18:36.47 (1:02.64)	19:39.38 (1:02.91)	20:38.89 (59.51)		
2	Seidler, Jeanne	77	Rite-Hite Family YMCA (Schroed	31:20.43	32:02.47	7
	1:31.21	3:08.58 (1:37.37)	4:44.12 (1:35.54)	6:19.66 (1:35.54)		
	7:56.63 (1:36.97)	9:31.56 (1:34.93)	11:03.89 (1:32.33)	12:39.87 (1:35.98)		
	14:15.89 (1:36.02)	15:53.04 (1:37.15)	17:31.67 (1:38.63)	19:11.98 (1:40.31)		
	20:47.29 (1:35.31)	22:22.59 (1:35.30)	24:00.62 (1:38.03)	25:37.47 (1:36.85)		
	27:14.03 (1:36.56)	28:50.97 (1:36.94)	30:26.95 (1:35.98)	32:02.47 (1:35.52)		

Event 103 Women 80-84 1000 Yard Freestyle

YMCA: 18:32.02 Y 4/20/2023 Joan Leilich Gtr Pittsburgh
NATL: 17:13.42 * 1/12/2020 Anne Williams

1	Foley,Carolynn	80	YMCA of the Palm Beaches (Palm	23:00.00	22:24.04	9
	56.67	2:01.95 (1:05.28)	3:10.29 (1:08.34)	4:17.48 (1:07.19)		
	5:24.80 (1:07.32)	6:32.49 (1:07.69)	7:40.87 (1:08.38)	8:48.45 (1:07.58)		
	9:56.32 (1:07.87)	11:04.79 (1:08.47)	12:12.48 (1:07.69)	13:17.59 (1:05.11)		
	14:26.14 (1:08.55)	15:34.27 (1:08.13)	16:43.18 (1:08.91)	17:51.71 (1:08.53)		
	19:00.35 (1:08.64)	20:08.19 (1:07.84)	21:16.43 (1:08.24)	22:24.04 (1:07.61)		

Event 103 Women 85-89 1000 Yard Freestyle

YMCA: 22:37.93 Y 4/10/2014 Phyllis Goodlad YOTC - MD-MD
NATL: 18:40.21 * 4/11/2013 Betty Lorenzi

1	Henderson, Martha	87	YMCA of Westport Weston CT Inc	24:49.34	25:36.56	9
	1:07.64	2:18.57 (1:10.93)	3:36.21 (1:17.64)	4:51.58 (1:15.37)		
		7:26.55 ()				
	11:21.64 ()	12:39.91 (1:18.27)				
	16:30.63 ()		24:21.40 ()	25:36.56 (1:15.16)		

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Event 104 Men 25-29 1000 Yard Freestyle

YMCA: 9:53.76 Y 2001 Adam Dawkins Jordan IN
 NATL: 9:19.61 * 3/15/2014 Tobias Work

1	Wohlfrom, Jonathan	28	YMCA of Greater Cincinnati	11:45.54	13:05.27	9
	29.40	1:02.87 (33.47)	1:40.92 (38.05)	2:20.16 (39.24)		
	3:00.63 (40.47)	3:41.44 (40.81)	4:22.51 (41.07)	5:03.82 (41.31)		
	5:45.33 (41.51)	6:26.46 (41.13)	7:07.45 (40.99)	7:49.53 (42.08)		
	8:30.62 (41.09)	9:11.97 (41.35)	9:52.58 (40.61)	10:33.18 (40.60)		
	11:13.23 (40.05)	11:52.77 (39.54)	12:30.53 (37.76)	13:05.27 (34.74)		

Event 104 Men 30-34 1000 Yard Freestyle

YMCA: 9:25.01 Y 5/9/2024 Drew Modrov Westport Weston
 NATL: 9:26.93 * 3/23/2003 Joshua Woodruff

1	Modrov, Drew	34	YMCA of Westport Weston CT Inc	9:39.18	9:25.01 Y	9
	24.77	52.16 (27.39)	1:20.30 (28.14)	1:49.07 (28.77)		
	2:17.96 (28.89)	2:46.91 (28.95)	3:15.98 (29.07)	3:44.73 (28.75)		
	4:13.68 (28.95)	4:42.59 (28.91)	5:11.08 (28.49)	5:39.63 (28.55)		
	6:08.18 (28.55)	6:37.13 (28.95)	7:06.13 (29.00)	7:34.85 (28.72)		
	8:03.27 (28.42)	8:31.83 (28.56)	8:59.78 (27.95)	9:25.01 (25.23)		
2	Stickle, Christopher	33	YMCA of Westport Weston CT Inc	10:30.15	10:48.93	7
	27.32	58.11 (30.79)	1:29.71 (31.60)	2:02.19 (32.48)		
	2:34.61 (32.42)	3:07.45 (32.84)	3:40.47 (33.02)	4:13.42 (32.95)		
	4:46.90 (33.48)	5:20.16 (33.26)	5:53.38 (33.22)	6:26.72 (33.34)		
	6:59.59 (32.87)	7:32.50 (32.91)	8:05.60 (33.10)	8:38.30 (32.70)		
	9:11.45 (33.15)	9:44.38 (32.93)	10:16.82 (32.44)	10:48.93 (32.11)		
3	Merianos, Marc	33	YMCA of Metropolitan Dallas	13:00.00	14:07.82	6
	32.00	1:09.52 (37.52)	1:49.93 (40.41)	2:31.98 (42.05)		
	3:15.67 (43.69)	3:59.02 (43.35)	4:42.40 (43.38)	5:26.40 (44.00)		
	6:09.81 (43.41)	6:53.78 (43.97)	7:38.44 (44.66)	8:22.79 (44.35)		
	9:06.98 (44.19)	9:50.78 (43.80)	10:33.76 (42.98)	11:17.34 (43.58)		
	12:01.14 (43.80)	12:45.58 (44.44)	13:29.09 (43.51)	14:07.82 (38.73)		

Event 104 Men 35-39 1000 Yard Freestyle

YMCA: 9:45.58 Y 4/15/2004 Jeff Erwin Boise ID
 NATL: 9:27.97 * 5/20/2010 Eric Christensen

1	Schildknecht, Calvin	39	YMCA of Greater Cincinnati	12:30.99	11:46.25	9
	23.21	48.60 (25.39)	1:41.67 (53.07)	2:21.12 (39.45)		
	2:58.62 (37.50)	3:35.71 (37.09)	4:12.30 (36.59)	4:50.07 (37.77)		
	5:25.44 (35.37)	6:01.07 (35.63)	6:36.67 (35.60)	7:11.30 (34.63)		
	7:45.31 (34.01)	8:19.01 (33.70)	8:53.37 (34.36)	9:28.07 (34.70)		
	10:03.61 (35.54)	10:38.19 (34.58)	11:12.44 (34.25)	11:46.25 (33.81)		
2	Ensor, David	35	Greater Annapolis Family Cente	12:30.00	12:14.12	7
	31.10	1:05.32 (34.22)	1:41.53 (36.21)	2:18.50 (36.97)		
	2:55.48 (36.98)	3:33.16 (37.68)	4:10.65 (37.49)	4:48.44 (37.79)		
	5:26.26 (37.82)	6:03.89 (37.63)	6:41.79 (37.90)	7:20.04 (38.25)		
	7:58.07 (38.03)	8:35.96 (37.89)	9:13.62 (37.66)	9:50.77 (37.15)		
	10:28.42 (37.65)	11:05.77 (37.35)	11:41.45 (35.68)	12:14.12 (32.67)		
3	Wallace, Dan	39	YMCA of Greater Cincinnati	13:00.00	13:01.06	6
	33.86	1:10.56 (36.70)	1:48.63 (38.07)	2:27.28 (38.65)		
	3:06.29 (39.01)	3:45.41 (39.12)	4:24.67 (39.26)	5:03.50 (38.83)		
	5:43.84 (40.34)	6:23.80 (39.96)	7:03.86 (40.06)	7:44.03 (40.17)		
	8:23.64 (39.61)	9:03.69 (40.05)	9:44.07 (40.38)	10:23.90 (39.83)		
	11:03.60 (39.70)	11:43.67 (40.07)	12:23.44 (39.77)	13:01.06 (37.62)		

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(Event 104 Men 35-39 1000 Yard Freestyle)

4	Dowd, Chris	36	YMCA of Greater Cincinnati	13:39.00	13:39.03	5
	35.71	1:17.00 (41.29)	1:59.21 (42.21)	2:41.48 (42.27)		
	3:24.09 (42.61)	4:06.10 (42.01)	4:48.14 (42.04)	5:29.60 (41.46)		
	6:10.79 (41.19)	6:51.52 (40.73)	7:33.88 (42.36)	8:16.05 (42.17)		
	8:58.47 (42.42)	9:40.92 (42.45)	10:22.34 (41.42)	11:03.59 (41.25)		
	11:45.59 (42.00)	12:27.53 (41.94)	13:06.79 (39.26)	13:39.03 (32.24)		

Event 104 Men 40-44 1000 Yard Freestyle

YMCA: 10:13.01 Y 4/16/2009 Daniel Israel Plymouth MI
NATL: 9:32.66 * 5/7/2010 Alex Kostich

1	Virgil, Jeremy	44	YMCA of Westport Weston CT Inc	10:15.37	10:17.94	9
	26.71	57.02 (30.31)	1:27.96 (30.94)	1:58.95 (30.99)		
	2:29.73 (30.78)	3:00.63 (30.90)	3:31.80 (31.17)	4:02.95 (31.15)		
	4:34.01 (31.06)	5:05.05 (31.04)	5:36.23 (31.18)	6:07.80 (31.57)		
	6:39.43 (31.63)	7:11.16 (31.73)	7:43.16 (32.00)	8:14.76 (31.60)		
	8:46.30 (31.54)	9:18.17 (31.87)	9:49.13 (30.96)	10:17.94 (28.81)		
2	York, Jesse	40	YMCA of Westport Weston CT Inc	12:16.12	12:10.96	7
	30.14	1:03.94 (33.80)	1:39.21 (35.27)	2:15.29 (36.08)		
	2:52.11 (36.82)	3:29.04 (36.93)	4:05.90 (36.86)	4:42.95 (37.05)		
	5:20.04 (37.09)	5:57.31 (37.27)	6:33.50 (36.19)	7:10.36 (36.86)		
	7:48.06 (37.70)	8:25.82 (37.76)	9:02.70 (36.88)	9:40.42 (37.72)		
	10:18.82 (38.40)	10:57.08 (38.26)	12:10.96 (1:13.88)			
3	Zeaiter, Ahmad	41	YMCA of Greater Cincinnati	13:00.00	13:18.63	6
	33.80	1:13.20 (39.40)	1:53.48 (40.28)	2:34.22 (40.74)		
	3:14.21 (39.99)	3:54.93 (40.72)	4:35.61 (40.68)	5:16.14 (40.53)		
	5:56.77 (40.63)	6:37.69 (40.92)	7:18.56 (40.87)	7:58.98 (40.42)		
	8:39.26 (40.28)	9:19.72 (40.46)	10:00.15 (40.43)	10:40.24 (40.09)		
	11:20.56 (40.32)	12:01.15 (40.59)	12:41.38 (40.23)	13:18.63 (37.25)		
4	Schlechtweg, John	44	YMCA of Westport Weston CT Inc	15:00.00	13:29.87	5
	34.83	1:12.02 (37.19)	1:50.79 (38.77)	2:29.89 (39.10)		
	3:10.87 (40.98)	3:51.90 (41.03)	4:33.28 (41.38)	5:13.90 (40.62)		
	5:55.55 (41.65)	6:37.59 (42.04)	7:20.00 (42.41)	8:02.25 (42.25)		
	8:44.57 (42.32)	9:25.56 (40.99)	10:07.36 (41.80)	10:48.98 (41.62)		
	11:30.60 (41.62)	12:12.20 (41.60)	12:53.44 (41.24)	13:29.87 (36.43)		

Event 104 Men 45-49 1000 Yard Freestyle

YMCA: 9:52.53 Y 1/16/2009 D Scott Wells First Coast FL
NATL: 9:43.93 * 5/20/2010 Keith Switzer

1	McKinley, Ryan	48	YMCA of Greater Cincinnati	10:50.00	11:13.33	9
	29.57	1:02.74 (33.17)	1:37.21 (34.47)	2:12.09 (34.88)		
	2:46.47 (34.38)	3:21.31 (34.84)	3:55.73 (34.42)	4:30.09 (34.36)		
	5:04.20 (34.11)	5:37.92 (33.72)	6:11.83 (33.91)	6:45.07 (33.24)		
	7:18.86 (33.79)	7:52.98 (34.12)	8:26.82 (33.84)	9:00.58 (33.76)		
	9:34.58 (34.00)	10:08.39 (33.81)	10:41.56 (33.17)	11:13.33 (31.77)		

Event 104 Men 50-54 1000 Yard Freestyle

YMCA: 10:06.92 Y 4/19/2018 Ricardo J Valdivia YMCA of South FL
NATL: 9:55.84 * 4/6/2013 Keith Switzer

1	Muchow, Steven	54	Greater Annapolis Family Cente	13:06.93	13:29.22	9
	34.41	1:12.57 (38.16)	1:52.21 (39.64)	2:32.52 (40.31)		
	3:12.73 (40.21)	3:53.24 (40.51)	4:33.71 (40.47)	5:14.94 (41.23)		
	5:57.23 (42.29)	6:38.87 (41.64)	7:20.42 (41.55)	8:01.89 (41.47)		
	8:42.94 (41.05)	9:24.47 (41.53)	10:06.49 (42.02)	10:48.29 (41.80)		
	11:29.46 (41.17)	12:10.72 (41.26)	12:52.20 (41.48)	13:29.22 (37.02)		

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2	Linkenheld, David	54	YMCA of Greater Cincinnati	16:30.21	15:01.35	7
	38.66	1:21.32 (42.66)	2:05.66 (44.34)	2:51.33 (45.67)		
	3:36.30 (44.97)	4:21.40 (45.10)	5:08.08 (46.68)	5:54.91 (46.83)		
	6:39.06 (44.15)	7:25.67 (46.61)	8:10.10 (44.43)	8:56.93 (46.83)		
	9:43.50 (46.57)	10:29.59 (46.09)	11:15.85 (46.26)	12:01.07 (45.22)		
	12:48.46 (47.39)	13:34.00 (45.54)	14:18.76 (44.76)	15:01.35 (42.59)		

Event 104 Men 55-59 1000 Yard Freestyle

YMCA: 10:49.39 Y 4/16/2009 George Keenan McHenry IL
NATL: 10:07.36 * 5/14/2006 Jim MC Conica

1	Lynch, Myles	57	YMCA of Westport Weston CT Inc	11:30.00	11:01.73	9
	29.64	1:01.76 (32.12)	1:34.54 (32.78)	2:07.43 (32.89)		
	2:40.63 (33.20)	3:14.19 (33.56)	3:47.76 (33.57)	4:21.29 (33.53)		
	4:54.80 (33.51)	5:28.38 (33.58)	6:02.19 (33.81)	6:35.81 (33.62)		
	7:09.34 (33.53)	7:42.79 (33.45)	8:16.32 (33.53)	8:49.59 (33.27)		
	9:22.87 (33.28)	9:56.22 (33.35)	10:29.65 (33.43)	11:01.73 (32.08)		
2	Kellner, Todd	55	Rite-Hite Family YMCA (Schroed	12:30.00	11:55.11	7
	29.62	1:03.04 (33.42)	1:38.22 (35.18)	2:13.26 (35.04)		
	2:48.21 (34.95)	3:23.43 (35.22)	3:59.37 (35.94)	4:36.24 (36.87)		
	5:13.29 (37.05)	5:49.52 (36.23)	6:26.59 (37.07)	7:03.61 (37.02)		
	7:40.60 (36.99)	8:18.02 (37.42)	8:54.85 (36.83)	9:30.87 (36.02)		
	10:07.09 (36.22)	10:43.03 (35.94)	11:19.32 (36.29)	11:55.11 (35.79)		
3	Lanza, Craig	56	Rite-Hite Family YMCA (Schroed	12:10.00	11:59.99	6
	32.68	1:07.95 (35.27)	1:44.31 (36.36)	2:20.97 (36.66)		
	2:57.71 (36.74)	3:34.25 (36.54)	4:10.62 (36.37)	4:47.04 (36.42)		
	5:23.35 (36.31)	5:59.38 (36.03)	6:35.63 (36.25)	7:11.83 (36.20)		
	7:47.85 (36.02)	8:24.45 (36.60)	9:00.45 (36.00)	9:36.48 (36.03)		
	10:12.58 (36.10)	10:48.52 (35.94)	11:24.49 (35.97)	11:59.99 (35.50)		
4	Anderson, Earl	59	Nir Family YMCA	13:30.43	12:18.27	5
	32.91	1:07.82 (34.91)	1:44.49 (36.67)	2:21.55 (37.06)		
	2:59.14 (37.59)	3:37.48 (38.34)	4:15.51 (38.03)	4:54.14 (38.63)		
	5:32.51 (38.37)	6:10.78 (38.27)	6:48.38 (37.60)	7:26.65 (38.27)		
	8:04.56 (37.91)	8:42.14 (37.58)	9:19.52 (37.38)	9:56.35 (36.83)		
	10:33.22 (36.87)	11:09.24 (36.02)	11:44.92 (35.68)	12:18.27 (33.35)		
5	Betz, Steven	56	YMCA of Greater Cincinnati	13:31.35	13:14.26	4
	35.02	1:12.60 (37.58)	1:51.73 (39.13)	2:31.32 (39.59)		
	3:10.63 (39.31)	3:50.52 (39.89)	4:30.57 (40.05)	5:10.34 (39.77)		
	5:50.34 (40.00)	6:30.50 (40.16)	7:10.83 (40.33)	7:51.76 (40.93)		
	8:32.53 (40.77)	9:12.99 (40.46)	9:53.41 (40.42)	10:34.02 (40.61)		
	11:14.85 (40.83)	11:56.06 (41.21)	12:36.87 (40.81)	13:14.26 (37.39)		
6	Boardman, Andrew	56	YMCA of the Palm Beaches (Palm	13:10.14	13:50.40	3
	34.91	1:13.35 (38.44)	1:53.69 (40.34)	2:35.20 (41.51)		
	3:17.04 (41.84)	3:59.26 (42.22)	4:40.99 (41.73)	5:23.13 (42.14)		
	6:05.94 (42.81)	6:48.86 (42.92)	7:31.65 (42.79)	8:13.96 (42.31)		
	8:56.91 (42.95)	9:39.34 (42.43)	10:21.07 (41.73)	11:03.30 (42.23)		
	11:45.88 (42.58)	12:28.36 (42.48)	13:09.96 (41.60)	13:50.40 (40.44)		
7	Kinross, Brian	58	YMCA of Greater Cincinnati	17:19.80	16:25.43	2
	38.90	1:22.84 (43.94)	2:09.78 (46.94)	2:57.90 (48.12)		
	3:47.28 (49.38)	4:37.79 (50.51)	5:27.42 (49.63)	6:17.41 (49.99)		
	7:08.12 (50.71)	7:59.27 (51.15)	8:50.10 (50.83)	9:41.86 (51.76)		
	10:33.00 (51.14)	11:23.52 (50.52)	12:14.20 (50.68)	13:05.78 (51.58)		
	13:56.97 (51.19)	14:48.03 (51.06)	15:37.75 (49.72)	16:25.43 (47.68)		

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Results - Thursday

(Event 104 Men 55-59 1000 Yard Freestyle)

8	Wilke, Theodore	57	YMCA of Greater Cincinnati	17:00.00	17:10.14	1
	45.42	1:35.74 (50.32)	2:27.97 (52.23)	3:20.67 (52.70)		
	4:12.32 (51.65)	5:04.14 (51.82)	5:56.74 (52.60)	6:49.03 (52.29)		
	7:41.59 (52.56)	8:35.28 (53.69)	9:27.51 (52.23)	10:19.45 (51.94)		
	11:11.25 (51.80)	12:04.86 (53.61)	12:56.79 (51.93)	13:48.47 (51.68)		
	14:41.25 (52.78)	15:32.72 (51.47)	16:23.15 (50.43)	17:10.14 (46.99)		
---	Rossi, Matthew	56	YMCA of Westport Weston CT Inc	11:35.00	DQ DQ	
	Did not finish					
	26.82	56.78 (29.96)	1:33.07 (36.29)	2:22.53 (49.46)		
	3:20.32 (57.79)					

Event 104 Men 60-64 1000 Yard Freestyle

YMCA: 11:15.77 Y 4/16/2009 Frank McElroy Wyckoff NJ
NATL: 10:42.16 * 4/23/2015 Michael Mann

1	Moore, John	62	Nir Family YMCA	11:55.00	11:48.15	9
	33.19	1:09.44 (36.25)	1:45.60 (36.16)	2:22.15 (36.55)		
	2:58.27 (36.12)	3:34.66 (36.39)	4:10.84 (36.18)	4:47.10 (36.26)		
	5:23.29 (36.19)	5:59.23 (35.94)	6:35.17 (35.94)	7:10.82 (35.65)		
	7:46.59 (35.77)	8:21.64 (35.05)	8:56.90 (35.26)	9:31.98 (35.08)		
	10:07.29 (35.31)	10:41.85 (34.56)	11:16.04 (34.19)	11:48.15 (32.11)		
2	Gallant, John	64	Scenic Rivers YMCA	12:07.14	11:54.55	7
	33.07	1:09.37 (36.30)	1:46.08 (36.71)	2:22.73 (36.65)		
	2:58.97 (36.24)	3:34.88 (35.91)	4:11.36 (36.48)	4:47.48 (36.12)		
	5:23.70 (36.22)	5:59.66 (35.96)	6:35.13 (35.47)	7:10.61 (35.48)		
	7:46.19 (35.58)	8:21.56 (35.37)	8:57.21 (35.65)	9:32.13 (34.92)		
	10:07.02 (34.89)	10:42.11 (35.09)	11:18.51 (36.40)	11:54.55 (36.04)		
3	McFarland, James	64	Nir Family YMCA	13:45.08	13:55.16	6
	38.22	1:20.18 (41.96)	2:02.06 (41.88)	2:45.16 (43.10)		
	3:27.93 (42.77)	4:10.38 (42.45)	4:52.97 (42.59)	5:34.97 (42.00)		
	6:17.47 (42.50)	6:59.57 (42.10)	7:41.81 (42.24)	8:24.14 (42.33)		
	9:05.94 (41.80)	9:47.93 (41.99)	10:29.44 (41.51)	11:11.32 (41.88)		
	11:53.41 (42.09)	12:35.03 (41.62)	13:15.90 (40.87)	13:55.16 (39.26)		
4	Heaney, Steven	60	Scenic Rivers YMCA	15:00.00	14:06.78	5
	37.80	1:18.82 (41.02)	2:00.54 (41.72)	2:42.69 (42.15)		
	3:24.89 (42.20)	4:07.23 (42.34)	4:49.41 (42.18)	5:32.14 (42.73)		
	6:14.90 (42.76)	6:58.03 (43.13)	7:40.95 (42.92)	8:23.97 (43.02)		
	9:07.06 (43.09)	9:50.04 (42.98)	10:32.99 (42.95)	11:15.91 (42.92)		
	11:58.61 (42.70)	12:41.53 (42.92)	13:24.77 (43.24)	14:06.78 (42.01)		
5	Keen, John	60	YMCA of the Greater Houston Ar	14:30.00	14:44.57	4
	37.56	1:20.45 (42.89)	2:04.73 (44.28)	2:49.73 (45.00)		
	3:34.79 (45.06)	4:19.80 (45.01)	5:05.30 (45.50)	5:50.41 (45.11)		
	6:35.75 (45.34)	7:20.81 (45.06)	8:05.91 (45.10)	8:50.92 (45.01)		
	9:35.98 (45.06)	10:20.86 (44.88)	11:05.55 (44.69)	11:50.11 (44.56)		
	12:34.61 (44.50)	13:18.93 (44.32)	14:02.56 (43.63)	14:44.57 (42.01)		
6	Drees, Glenn	62	YMCA of Greater Cincinnati	15:33.01	14:53.12	3
	40.74	1:25.20 (44.46)	2:10.47 (45.27)	2:56.00 (45.53)		
	3:41.69 (45.69)	4:27.06 (45.37)	5:12.70 (45.64)	5:59.17 (46.47)		
	6:44.58 (45.41)	7:29.68 (45.10)	8:14.75 (45.07)	9:00.15 (45.40)		
	9:44.93 (44.78)	10:30.01 (45.08)	11:15.01 (45.00)	11:59.92 (44.91)		
	12:45.38 (45.46)	13:30.27 (44.89)	14:14.08 (43.81)	14:53.12 (39.04)		

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(Event 104 Men 60-64 1000 Yard Freestyle)

7	Wheeler, Will	63	Nir Family YMCA	15:24.00	15:59.59	2
	41.78	1:27.01 (45.23)	2:13.30 (46.29)	3:02.45 (49.15)		
	3:50.56 (48.11)	4:38.82 (48.26)	5:26.01 (47.19)	6:14.07 (48.06)		
	7:04.15 (50.08)	7:53.47 (49.32)	8:43.98 (50.51)	9:34.01 (50.03)		
	10:31.22 (57.21)	11:19.12 (47.90)	12:08.00 (48.88)	12:56.03 (48.03)		
	13:43.14 (47.11)	14:31.88 (48.74)	15:17.10 (45.22)	15:59.59 (42.49)		
8	Harrison, Zaq	60	YMCA of the Palm Beaches (Palm	17:19.83	17:12.02	1
	44.08	1:33.09 (49.01)	2:24.53 (51.44)	3:16.42 (51.89)		
	4:08.96 (52.54)	5:02.39 (53.43)	5:54.00 (51.61)	6:47.35 (53.35)		
	7:40.07 (52.72)	8:32.98 (52.91)	9:25.59 (52.61)	10:17.62 (52.03)		
	11:12.31 (54.69)	12:05.25 (52.94)	12:58.17 (52.92)	13:51.56 (53.39)		
	14:44.86 (53.30)	15:37.26 (52.40)	16:24.83 (47.57)	17:12.02 (47.19)		

Event 104 Men 65-69 1000 Yard Freestyle

YMCA: 11:31.13 Y 4/11/2019 Jeffrey Boatright Sarasota YMCA
NATL: 11:23.13 * 4/16/2016 Jim MC Conica

1	Callahan, Jim	66	YMCA of Greater Cincinnati	11:53.55	11:56.61	9
	33.06	1:08.88 (35.82)	1:44.84 (35.96)	2:20.84 (36.00)		
	2:57.20 (36.36)	3:33.31 (36.11)	4:09.85 (36.54)	4:46.18 (36.33)		
	5:22.58 (36.40)	5:59.10 (36.52)	6:35.57 (36.47)	7:11.67 (36.10)		
	7:48.10 (36.43)	8:24.28 (36.18)	9:00.60 (36.32)	9:36.86 (36.26)		
	10:12.28 (35.42)	10:47.82 (35.54)	11:22.90 (35.08)	11:56.61 (33.71)		
2	Berting, David	67	Nir Family YMCA	12:10.00	12:19.94	7
	33.69	1:09.22 (35.53)	1:46.01 (36.79)	2:23.03 (37.02)		
	2:59.59 (36.56)	3:36.06 (36.47)	4:13.32 (37.26)	4:50.01 (36.69)		
	5:26.88 (36.87)	6:04.05 (37.17)	6:40.87 (36.82)	7:18.40 (37.53)		
	7:55.98 (37.58)	8:33.75 (37.77)	9:11.31 (37.56)	9:49.53 (38.22)		
	10:27.48 (37.95)	11:05.58 (38.10)	11:43.34 (37.76)	12:19.94 (36.60)		
3	McLaughlin, John	66	Greater Annapolis Family Cente	15:30.00	14:28.96	6
		1:17.75 ()	2:00.66 (42.91)	2:45.37 (44.71)		
		4:14.55 ()	5:43.85 (1:29.30)	6:28.44 (44.59)		
	7:11.94 (43.50)		7:55.64 ()	8:38.76 (43.12)		
	9:22.54 (43.78)			11:35.81 ()		
	12:19.83 (44.02)		13:48.68 ()	14:28.96 (40.28)		
4	Sigler, Chris	68	YMCA of Greater Cincinnati	15:41.87	15:38.14	5
	40.74	1:25.99 (45.25)	2:12.88 (46.89)	3:00.63 (47.75)		
	3:48.69 (48.06)	4:36.47 (47.78)	5:24.92 (48.45)	6:12.92 (48.00)		
	7:00.86 (47.94)	7:48.22 (47.36)	8:35.58 (47.36)	9:22.87 (47.29)		
	10:10.45 (47.58)	10:58.93 (48.48)	11:46.25 (47.32)	12:34.52 (48.27)		
	13:21.59 (47.07)	14:08.82 (47.23)	14:54.89 (46.07)	15:38.14 (43.25)		
5	Strom, Robert	67	YMCA of Greater Cincinnati	15:00.00	15:49.95	4
	39.16	1:24.24 (45.08)	2:11.39 (47.15)	2:58.54 (47.15)		
	3:45.61 (47.07)	4:34.30 (48.69)	5:22.42 (48.12)	6:10.23 (47.81)		
	6:57.51 (47.28)	7:46.61 (49.10)	8:35.34 (48.73)	9:24.42 (49.08)		
	10:12.01 (47.59)	11:01.48 (49.47)	11:51.29 (49.81)	12:40.27 (48.98)		
	13:28.62 (48.35)	14:17.06 (48.44)	15:04.77 (47.71)	15:49.95 (45.18)		
6	Taber, Mike	66	YMCA of the Palm Beaches (Palm	17:30.99	16:52.29	3
	45.69	1:34.20 (48.51)	2:26.37 (52.17)	3:18.66 (52.29)		
	4:08.28 (49.62)	4:59.50 (51.22)	5:50.76 (51.26)	6:41.21 (50.45)		
	7:31.02 (49.81)	8:24.26 (53.24)	9:14.57 (50.31)	10:05.06 (50.49)		
	10:56.24 (51.18)	11:52.19 (55.95)	12:42.05 (49.86)	13:32.92 (50.87)		
	14:25.16 (52.24)	15:14.93 (49.77)	16:03.62 (48.69)	16:52.29 (48.67)		

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(Event 104 Men 65-69 1000 Yard Freestyle)

7	Irminger, Doug	69	Greater Annapolis Family Cente	17:10.09	17:38.45	2
	42.13	1:31.29 (49.16)	2:22.96 (51.67)	3:17.53 (54.57)		
	4:11.94 (54.41)	5:05.65 (53.71)	5:59.12 (53.47)	6:53.30 (54.18)		
	7:47.83 (54.53)	8:42.20 (54.37)	9:36.63 (54.43)	10:31.36 (54.73)		
	11:25.30 (53.94)	12:19.60 (54.30)	13:13.78 (54.18)	14:07.07 (53.29)		
	15:02.51 (55.44)	15:55.80 (53.29)	16:49.87 (54.07)	17:38.45 (48.58)		
8	Robinson, William	67	YMCA of South Florida, Inc	19:22.25	20:13.45	1
	52.83	1:51.54 (58.71)	2:49.21 (57.67)	3:48.73 (59.52)		
	4:48.07 (59.34)	5:49.36 (1:01.29)	6:50.27 (1:00.91)	7:51.05 (1:00.78)		
	8:53.17 (1:02.12)	9:55.11 (1:01.94)	10:57.53 (1:02.42)	11:59.45 (1:01.92)		
	13:00.31 (1:00.86)	14:02.20 (1:01.89)	15:02.33 (1:00.13)	16:03.51 (1:01.18)		
	17:07.62 (1:04.11)	18:09.02 (1:01.40)	19:10.77 (1:01.75)	20:13.45 (1:02.68)		

Event 104 Men 70-74 1000 Yard Freestyle

YMCA: 12:06.66 Y 5/9/2024 Mark Modjeska Prescott YMCA of
NATL: 11:46.94 * 4/13/2019 Dan Kirkland

1	Modjeska, Mark	71	Prescott YMCA of Yavapai Count	12:12.92	12:06.66 Y	9
	32.16	1:06.96 (34.80)	1:42.39 (35.43)	2:18.31 (35.92)		
	2:55.11 (36.80)	3:31.39 (36.28)	4:08.08 (36.69)	4:44.83 (36.75)		
	5:22.21 (37.38)	5:59.29 (37.08)	6:36.17 (36.88)	7:12.54 (36.37)		
	7:48.94 (36.40)	8:25.68 (36.74)	9:02.53 (36.85)	9:39.57 (37.04)		
	10:17.19 (37.62)	10:54.43 (37.24)	11:31.01 (36.58)	12:06.66 (35.65)		
2	Fochios, Dean	70	Rite-Hite Family YMCA (Schroed	12:15.00	12:13.82	7
	32.94	1:09.10 (36.16)	1:45.78 (36.68)	2:22.19 (36.41)		
	2:58.71 (36.52)	3:35.14 (36.43)	4:12.18 (37.04)	4:49.04 (36.86)		
	5:25.67 (36.63)	6:02.27 (36.60)	6:39.23 (36.96)	7:16.37 (37.14)		
	7:53.36 (36.99)	8:30.36 (37.00)	9:07.26 (36.90)	9:44.61 (37.35)		
	10:22.65 (38.04)	11:00.09 (37.44)	11:37.68 (37.59)	12:13.82 (36.14)		
3	Shields, Barry	72	Scenic Rivers YMCA	15:00.00	14:33.22	6
	36.67	1:18.36 (41.69)	2:01.21 (42.85)	2:44.95 (43.74)		
	3:28.39 (43.44)	4:12.17 (43.78)	4:56.85 (44.68)	5:41.47 (44.62)		
	6:26.25 (44.78)	7:10.57 (44.32)	7:55.11 (44.54)	8:39.55 (44.44)		
	9:24.23 (44.68)	10:08.60 (44.37)	10:53.24 (44.64)	11:37.92 (44.68)		
	12:22.23 (44.31)	13:06.55 (44.32)	13:50.33 (43.78)	14:33.22 (42.89)		
4	Battistini, Rick	70	YMCA of Southern Maine	15:15.00	15:40.31	5
	37.82	1:20.18 (42.36)	2:04.21 (44.03)	2:48.73 (44.52)		
	3:33.66 (44.93)	4:19.12 (45.46)	5:04.37 (45.25)	5:50.14 (45.77)		
	6:37.01 (46.87)	7:24.12 (47.11)	8:13.14 (49.02)	9:00.50 (47.36)		
	9:49.78 (49.28)	10:40.15 (50.37)	11:29.55 (49.40)	12:20.55 (51.00)		
	14:01.91 (1:41.36)	14:52.00 (50.09)	15:40.31 (48.31)			
5	Muthler, Stephen	72	Scenic Rivers YMCA	19:57.36	17:04.64	4
	39.34	1:25.53 (46.19)	2:13.62 (48.09)	3:03.55 (49.93)		
	3:55.11 (51.56)	4:46.80 (51.69)	5:38.89 (52.09)	6:30.36 (51.47)		
	7:22.06 (51.70)	8:13.82 (51.76)	9:07.24 (53.42)	10:01.54 (54.30)		
	10:54.27 (52.73)	11:47.46 (53.19)	12:43.11 (55.65)	13:38.84 (55.73)		
	14:31.18 (52.34)	15:22.82 (51.64)	16:14.55 (51.73)	17:04.64 (50.09)		
6	Wetzel, James	70	YMCA of Greater Cincinnati	18:05.77	17:08.62	3
	43.06	1:28.92 (45.86)	2:17.60 (48.68)	3:07.65 (50.05)		
	3:58.64 (50.99)	4:50.13 (51.49)	5:43.77 (53.64)	6:34.98 (51.21)		
	7:27.78 (52.80)	8:19.62 (51.84)	9:12.55 (52.93)	10:11.17 (58.62)		
	11:11.50 (1:00.33)	12:02.96 (51.46)	12:55.16 (52.20)	13:46.86 (51.70)		
	14:38.62 (51.76)	15:30.06 (51.44)	16:20.99 (50.93)	17:08.62 (47.63)		

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(Event 104 Men 70-74 1000 Yard Freestyle)

7	Martin, Francis	70	Greater Annapolis Family Cente	19:00.00	17:23.81	2
	43.55	1:32.98 (49.43)	2:25.27 (52.29)	3:19.18 (53.91)		
	4:13.71 (54.53)	5:08.31 (54.60)	6:02.21 (53.90)	6:56.38 (54.17)		
	7:50.85 (54.47)	8:43.60 (52.75)	9:38.02 (54.42)	10:31.26 (53.24)		
	11:24.95 (53.69)	12:17.19 (52.24)	13:08.65 (51.46)	14:01.13 (52.48)		
	14:53.67 (52.54)	15:44.54 (50.87)	16:36.23 (51.69)	17:23.81 (47.58)		

Event 104 Men 75-79 1000 Yard Freestyle

YMCA: 12:32.28 Y 4/16/2009 Burwell Jones Sarasota FL
NATL: 12:20.59 * 5/10/2009 David Radcliff

1	Tompkins, Richard	77	Greater Annapolis Family Cente	15:57.93	15:36.14	9
	41.16	1:25.98 (44.82)	2:11.73 (45.75)	2:58.31 (46.58)		
	3:44.66 (46.35)	4:31.35 (46.69)	5:18.45 (47.10)	6:06.02 (47.57)		
	6:53.09 (47.07)	7:40.97 (47.88)	8:28.27 (47.30)	9:15.88 (47.61)		
	10:03.67 (47.79)	10:51.40 (47.73)	11:39.69 (48.29)	12:26.92 (47.23)		
	13:15.36 (48.44)	14:03.42 (48.06)	14:50.68 (47.26)	15:36.14 (45.46)		
2	Peters, Michael	78	Ralph J. Stolle Countryside YM	25:54.55	23:49.59	7
	58.04	2:04.98 (1:06.94)	3:16.04 (1:11.06)	4:28.03 (1:11.99)		
	5:41.17 (1:13.14)	6:54.45 (1:13.28)	8:07.06 (1:12.61)	9:20.25 (1:13.19)		
	10:33.18 (1:12.93)	11:46.91 (1:13.73)	12:59.41 (1:12.50)	14:12.19 (1:12.78)		
	15:25.60 (1:13.41)	16:39.42 (1:13.82)	17:53.18 (1:13.76)	19:06.22 (1:13.04)		
	20:18.67 (1:12.45)	21:31.20 (1:12.53)	22:41.77 (1:10.57)	23:49.59 (1:07.82)		

Event 104 Men 85-89 1000 Yard Freestyle

YMCA: 21:11.84 Y 4/7/2022 Fred F Salzmann Schroeder YMCA
NATL: 15:25.19 * 5/17/2019 David Radcliff

1	Kirwan, William	86	Greater Annapolis Family Cente	26:00.00	26:57.73	9
	1:04.95	2:20.28 (1:15.33)	3:39.88 (1:19.60)	4:59.33 (1:19.45)		
	6:19.93 (1:20.60)	7:37.46 (1:17.53)	8:56.74 (1:19.28)	10:16.72 (1:19.98)		
	11:39.78 (1:23.06)	13:02.62 (1:22.84)	14:25.33 (1:22.71)	15:48.55 (1:23.22)		
	17:12.47 (1:23.92)	18:35.63 (1:23.16)	19:59.53 (1:23.90)	21:23.82 (1:24.29)		
	22:50.59 (1:26.77)	24:14.18 (1:23.59)	25:39.08 (1:24.90)	26:57.73 (1:18.65)		

Event 104 Men 90-94 1000 Yard Freestyle

YMCA: 21:00.85 Y 5/18/2006 Austin Newman Ocean County NJ
NATL: 18:13.07 * 11/9/2013 Willard Lamb

1	Salzmann, Fred	91	Rite-Hite Family YMCA (Schroed	21:11.84	27:22.29	9
	1:18.24	2:39.74 (1:21.50)	3:59.80 (1:20.06)	5:17.77 (1:17.97)		
	6:36.64 (1:18.87)	7:56.19 (1:19.55)	9:20.12 (1:23.93)	10:39.25 (1:19.13)		
	11:59.66 (1:20.41)	13:20.99 (1:21.33)	14:44.28 (1:23.29)	16:08.74 (1:24.46)		
	17:34.39 (1:25.65)	18:55.62 (1:21.23)	20:20.15 (1:24.53)	21:44.68 (1:24.53)		
	23:10.55 (1:25.87)	24:36.25 (1:25.70)	25:59.12 (1:22.87)	27:22.29 (1:23.17)		

Combined Team Scores

Combined Team Scores - Through Event 104

1. YMCA of Greater Cincinnati	239	2. YMCA of Westport Weston CT Inc	199
3. Greater Annapolis Family Cente	138	4. YMCA of the Palm Beaches (Palm	105
5. Nir Family YMCA	101	6. Rite-Hite Family YMCA (Schroed	78
7. South YMCA	66	8. Scenic Rivers YMCA	45
9. YMCA at Pabst Farms	22	10. YMCA at Nocatee	18
10. Prescott YMCA of Yavapai Count	18	12. Ralph J. Stolle Countryside YM	16
13. YMCA of Greenwich Inc	13	14. YMCA of Metropolitan Dallas	12

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Results - Thursday

(Combined Team Scores)

14. YMCA of the Triangle Area	12	14. YMCA of Southern Maine	12
17. YMCA of the Greater Houston Ar	11	18. Mission Valley YMCA	6
18. YMCA of the Northwoods	6	20. Greater Somerset County YMCA	5
21. YMCA of Northwest North Caroli	3	21. YMCA of South Florida, Inc	3
21. YMCA of Greater New York	3	24. Kathleen Price Bryan Family YM	1