



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2024 YMCA National Diving Championships Timeline

WEDNESDAY, MAY 8TH

Open Warmups: 3:30-7:00 pm

THURSDAY, MAY 9TH

Open Warmups: 8:00-11:30 am

EVENT 1- WARM-UP: 11:30-12:00 pm (30 min)

RUN TIME: 12:00-1:00 pm (Simultaneous)

1 METER PRELIM (17 Total Entries)

11-U Boys 1M - 8 Entries

12-13 Boys 1M - 9 Entries

3 METER PRELIM (15 Total Entries)

11-U Girls 3M - 5 Entries

12-13 Girls 3M - 10 Entries

FINAL - WARM-UP: 1:00-1:15 pm (15 min)

RUN TIME: 1:15-1:35 pm

1 METER FINAL (16 Total Entries)

11-U Boys 1M - 8 Entries

12-13 Boys 1M - 8 Entries

3 METER FINAL (13 Total Entries)

11-U Girls 3M - 5 Entries

12-13 Girls 3M - 8 Entries

EVENT 2- WARM-UP: 1:35-2:15 pm (40 min)

RUN TIME: 2:10-3:00 pm (Simultaneous)

1 METER PRELIM

14-15 Boys 1M - 8 Entries

3 METER PRELIM

14-15 Girls 3M - 14 Entries

FINAL - WARM-UP: 3:00-3:15 pm (15 min)

RUN TIME: 3:15-3:30 pm

1 METER FINAL

14-15 Boys 1M - 8 Entries

3 METER FINAL

14-15 Girls 3M - 8 Entries

Open Warmups: Until 5:00 pm

FRIDAY, MAY 10TH

Open Warmups: 7:00-8:20 am

EVENT 3- WARM-UP: 8:20-8:50 am (30 min)

RUN TIME: 9:00-9:50 am (Simultaneous)

1 METER PRELIM (15 Total Entries)

11-U Girls 1M - 5 Entries

12-13 Girls 1M - 10 Entries

3 METER PRELIM (15 Total Entries)

11-U Boys 3M - 7 Entries

12-13 Boys 3M - 8 Entries

FINAL - WARM-UP: 9:50-10:05 am (15 min)

RUN TIME: 10:05-10:25 am

1 METER FINAL (13 Total Entries)

11-U Girls 1M - 5 Entries

12-13 Girls 1M - 8 Entries

3 METER FINAL (15 Total Entries)

11-U Boys 3M - 7 Entries

12-13 Boys 3M - 8 Entries

EVENT 4- WARM-UP: 10:25-11:05 am (40 min)

RUN TIME: 11:05-12:05 pm (Simultaneous)

1 METER PRELIM

14-15 Girls 1M - 14 Entries

3 METER PRELIM

14-15 Boys 3M - 7 Entries

PLATFORM FINAL

16-21 Boys Platform - 7 Entries

FINAL - WARM-UP: 12:05-12:20 pm (15 min)

RUN TIME: 12:20-12:35 pm

1 METER FINAL

14-15 Girls 1M - 8 Entries

3 METER FINAL

14-15 Boys 3M - 7 Entries

EVENT 5- WARM-UP: 12:35-1:05 pm (30 min)

RUN TIME: 1:05-2:25 pm (Split-Board)

3 METER PRELIM

16-21 Girls 3M - 40 Entries

FINAL - WARM-UP: 2:25-2:40 pm (15 min)

RUN TIME: 2:40-2:55 pm

3 METER FINAL

16-21 Girls 3M - 8 Entries

Open Warmups: Until 4:30 pm

YMCA OF THE USA

101 N Wacker Drive, Chicago, IL 60606

P 800 872 9622 F 312 977 9063 ymca.net



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2024 YMCA National Diving Championships Timeline

SATURDAY, MAY 11TH	SUNDAY, MAY 12TH
<p style="text-align: center;">Open Warmups: 7:00-8:20 am</p> <p>EVENT 6- WARM-UP: 8:20-8:50 am (30 min) RUN TIME: 9:00-10:30 am (Combined) PLATFORM FINAL (28 Total Entries) 11-U Girls Platform - 0 Entries 11-U Boys Platform - 3 Entries 12-13 Girls Platform - 8 Entries 12-13 Boys Platform - 5 Entries 14-15 Girls Platform - 6 Entries 14-15 Boys Platform - 6 Entries</p> <p>3 METER PRELIM 16-21 Boys 3M - 9 Entries</p> <p>FINAL - WARM-UP: 9:40-9:55 am (15 min) RUN TIME: 9:55-10:10 am 3 METER FINAL 16-21 Boys 3M - 8 Entries</p> <hr/> <p>EVENT 7- WARM-UP: 10:30-11:00 am (30 min) RUN TIME: 11:00-12:30 pm (Split-Board) 1 METER PRELIM 16-21 Girls 1M - 43 Entries</p> <p>FINAL - WARM-UP: 12:30-12:45 pm (15 min) RUN TIME: 12:45-1:00 pm 1 METER FINAL 16-21 Girls 1M - 8 Entries</p> <p style="text-align: center;">Open Warmups: Until 2:00 pm</p>	<p style="text-align: center;">Open Warmups: 7:30 am</p> <p>EVENT 8- WARM-UP: 8:00-9:00 am (60 min) RUN TIME: 9:00-10:10 am (Simultaneous) 1 METER PRELIM 16-21 Boys 1M - 9 Entries PLATFORM FINAL 16-21 Girls Platform - 18 Entries</p> <p>FINAL - WARM-UP: 9:40-9:55 am (15 min) RUN TIME: 9:55-10:15 am 1 METER FINAL 16-21 Boys 1M - 8 Entries</p>