



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GIVING AND GETTING

INCORPORATING COMMUNITY SERVICE INTO YOUR Y SWIM TEAM PROGRAM

January 17, 2023



WHAT YOU GIVE

- Youth Development, Healthy Living, SOCIAL RESPONSIBILITY
- Help to those in need
- Respect toward other human beings, creatures, spaces
- Hope and love
- Opportunities to develop leadership
- Setting an example for others to follow



WHAT YOU GET

- Understanding how simple it is to make a difference
- Greater sense of purpose, pride
- Greater connection with community – in & outside of the Y
- Awareness
- Building Empathy
- Teamwork & Stronger team connection
- Greater team image/reputation in Y & community



TIPS FOR SUCCESSFUL SERVICE

- Identify a meaningful opportunity
 - Connection with the Y, your program or a team member
 - A community need
 - Ask your swimmers and/or families
 - Start planning earlier than you think you should
- Communicate regularly – the WHY, what, when, how
 - Before and after your service
- Build a long term relationship
 - Sustained commitment = greater understanding, impact, mutual benefits

IDEAS

- Soup Kitchen
- Food Pantry
- Food Drive or Other collection
- YMCA – cleanup, annual campaign, events
- Safety Around Water / Learn to Swim
- Special event support
- Special Olympics
- Visitations – senior centers, hospitals
- Other?

