



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAFETY TRAINING FOR SWIM COACHES IN-WATER SKILLS VERIFICATION FORM

This form is used to verify that a coach has successfully reviewed and demonstrated the skills required as part of the in-water skills component of the YMCA Safety Training for Swim Coaches (STSC) certification requirement. Verification of skills must be conducted by an instructor from an approved YMCA training agency (see below). Upon completion of the in-water skills component, coaches must upload this form along with the American Red Cross (ARC) STSC Online Content Only certificate to their YMCA coach registration on the [YMCA Swimming and Diving website](#).

STUDENT INFORMATION

Name: _____ Signature: _____

Address: _____ City _____ State _____ Zip: _____

Date of ARC STSC Online Content Only Certificate Presented: _____

INSTRUCTOR INFORMATION

Name: _____ Signature: * _____

Address: _____ City _____ State _____ Zip: _____

Phone: _____ E-Mail: _____

Approved Instructor Certification Agency: YMCA of the USA American Red Cross Ellis & Associates
 Starfish Aquatics Institute (StarGuard) Boy Scouts of America

Approved Instructor Certification: Lifeguarding Water Safety/Swimming

Expiration Date of Instructor Certification: _____

*Your signature indicates that you have an approved instructor certification from the above list of YMCA of the USA acceptable training agencies to conduct this skills verification. YMCA of the USA reserves the right to verify instructor credentials with the certifying agency.

IN-WATER SKILLS VERIFICATION

The following are the skills required for students to review and demonstrate in order to successfully complete the in-water skills component.

Skill	Date	Instructor's Initials
Reaching Assist with Equipment	_____	_____
Reaching Assist without Equipment	_____	_____
Reaching Assist without Equipment from a Position in the Water	_____	_____
Throwing Assist – Ring Buoy	_____	_____
Extrication Using a Backboard at the Pool Edge	_____	_____
Head Splint – Face Up & Face Down	_____	_____